

NJ Youth Camp Safety Standards Subchapter 5: HEALTH

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5.1 Program

- Establish a medical program
- Under the direction of a physician or a dedicated health director
- Arrangements made with the local EMS
- Documented in writing (for medical transport)



5.1 Program

- The health director will maintain on-site:
 - Written parental consent for emergency medical treatment
 - Provide a copy of the consent to accompany each camper on all off-site trips
 - Bound medical log:
 - ✓ listing the date, name of patient, ailment, treatment **and**
 - ✓ the name of the person who administered treatment



5.1 Program

- Serious injury or illness the health director shall notify parent or guardian ASAP
- Written outline of daily procedures for health surveillance of campers and staff
- Isolate any camper or staff member suspected having a communicable disease
- Document all obvious and unusual observations
- Report all serious injuries to the NJDHSS' Public Health Sanitation & Safety Program within 24 hrs

5.2 Health Director

- Resident and Day camps health director, must be:
 - On duty at all times,
 - An adult,
 - **And** either:
 - ✓ A physician
 - ✓ RN or LPN
 - ✓ Paramedic
 - ✓ EMT or first responder
 - ✓ BOC-certified athletic trainer
 - ✓ Resident camps individual who is certified in AFA
 - ✓ Day camps certified by ARC in SFA, or equivalent-approved certification



5.2 Health Director

- Camp director cannot be the health director, if camp has over 50 children
- All camp health directors should have professional-level CPR training
- Health director cannot have responsibilities in a high-risk activity such as horseback riding, archery, and so on

5.3 Medication Administration and Storage

- Prescription medications administered with written authorization
- Written medical policy and procedures for illness, injury and administration of non-prescription drugs
- All medications:
 - ✓ Labeled and stored properly
 - ✓ Stored in a secure area
 - ✓ Refrigeration provided and locked
 - ✓ Refrigerator has thermometer



5.3 Medication Administration and Storage

- Keep external and internal drugs separate
- Dispense drug only to prescribed camper
- Inform staff of medication needs of campers
- Maintain a MAR



5.3 Medication Administration and Storage

- Camper's name and parental authorization
- Name of the medication
- Reason for medication and precautions
- Instructions
- Date, time, and name of giver
- Any medication errors
- Any adverse drug reaction

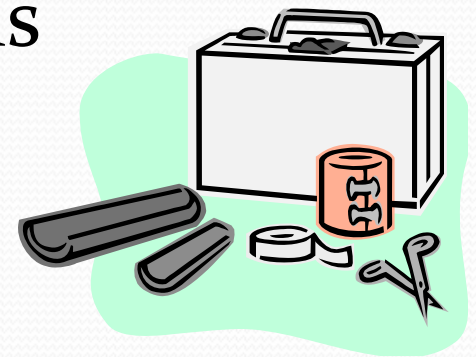


5.3 Medication Administration and Storage

- Informed the parent if the youth camp does not administer medications
- Return unused medications within 3 days
- Destroy any medications unable to return
- First aid supplies (maintain minimum)

5.3 Medication Administration and Storage

- Fully restocked within 48 hours of use
- Health director ensures a first aid kit is:
 - ✓ Available for out-of-camp trips
 - ✓ Stocked with appropriate items



5.5 Health Records

- Written health histories (Staff and Campers)
- Physical conditions
- Mental conditions
- Allergies
- Health histories secured at the camp for entire season
- Campers must be immunized, or
 - ✓ Provide a statement from a physician that it is in progress
 - ✓ Medical exemptions and religious exemptions allowed