

# PREVENT LEAD POISONING

## STAY LEAD-FREE TEST TWICE BEFORE 3



Get your child tested for lead at ages **1** and **2** years, or as soon as possible before the age of **6**.



## Sources of lead contamination:



### Lead-based paint

Houses built before 1978 may contain lead-based paint.



### Contaminated soil

Older homes near busy roadways with chipped or peeling paint.



### Jobs/Hobbies

Construction, pottery, and demolition work.



### Leaded pipes

Old water pipes with lead might contaminate drinking water.



### Imported goods

Toys, cosmetics, candy, spices and cultural powders such as sindoor.



### Herbal remedies

Some herbal remedies and traditional medicines.