

Revised Healthy New Jersey 2020 Objectives, Baselines, and Targets

Some original targets have already been achieved. In those cases, new targets were set for the remainder of the decade. Those new targets are denoted by red text.

Topic Area Objective	Total		White		Black		Hispanic		Asian	
	Baseline	Target	Baseline	Target	Baseline	Target	Baseline	Target	Baseline	Target
AHS Access to Health Services										
1	Increase the proportion of persons with health insurance									
	85.0%	93.3%	90.8%	99.1%	83.9%	93.0%	69.0%	86.7%		
	a under 65 years of age									
	93.7%	96.5%								
	b under 19 years of age									
2	Increase the proportion of persons with a personal doctor or health care provider									
	83.5%	90.0%	88.8%	90.0%	81.8%	90.0%	65.4%	80.0%	84.1%	90.0%
AS Asthma										
1	Reduce the death rate due to asthma (age-adjusted)									
	0.9	0.8	0.6	0.5	2.7	2.4	1.0	0.9		
2	Reduce the hospitalization rate due to asthma†									
	246	221	143	129	586	527	243	219	86	77
	a aged under 5 years									
	74	67	43	39	201	181	80	72	13	12
	b aged 5 to 64 years									
	81	73	57	51	151	136	163	147	55	50
	c aged 65 years and older									
3	Reduce the rate of ED visits due to asthma†									
	1,225	1,103	618	556	3,432	3,089	1,305	1,175	274	247
	a aged under 5 years									
	592	533	297	267	1,848	1,663	653	588	71	64
	b aged 5 to 64 years									
	168	151	87	78	537	483	369	332	67	60
	c aged 65 years and older									
4	Reduce the proportion of persons with asthma who miss school or work days									
	a Children attending school or preschool with asthma who miss days because of asthma									
	52.5%	42.4%								
	b Adults aged 18 years and older with asthma who miss work days or limit usual activities because of asthma									
	35.5%	26.5%								
5	Increase the proportion of persons with asthma who have ever received an asthma action, management, or treatment plan from a health professional									
	a Children aged 0 to 17 years									
	56.5%	66.5%								
	b Adults aged 18 years and older									
	36.5%	45.6%								
6	Increase the proportion of persons with asthma who have ever been advised by a health professional to change things in the home, school, or work to improve their asthma									
	a Children aged 0 to 17 years									
	43.9%	53.3%								
	b Adults aged 18 years and older									
	41.8%	50.5%								
CA Cancer										
1	Reduce the death rate due to all cancers (age-adjusted)									
	181.0	135.8	191.0	144.0	208.9	161.8	102.9	91.9	72.5	65.3
2	Reduce the death rate due to lung cancer (age-adjusted)									
	47.1	31.5	52.5	35.2	46.3	33.8	17.0	13.8	14.5	13.5
3	Reduce the death rate due to female breast cancer (age-adj.)									
	26.3	19.0	27.6	19.6	31.8	26.1	12.4	11.1	12.1	10.0
4	Reduce the death rate due to uterine cervix cancer (age-adj.)									
	2.1	1.8	1.9	1.4	4.0	3.6	4.3	2.8		
5	Reduce the death rate due to colorectal cancer (age-adj.)									
	18.8	12.9	19.3	13.4	24.0	17.1	11.2	9.5	6.3	5.4
6	Reduce the death rate due to oropharyngeal cancer (age-adj.)									
	2.2	1.8	2.1	1.8	4.0	2.1	1.2	1.0	1.8	1.5
7	Reduce the death rate due to prostate cancer (age-adj.)									
	23.7	15.4	21.9	13.9	53.4	38.6	20.1	10.9		
8	Reduce the death rate due to melanoma cancer (age-adj.)									
	2.8	1.9	3.4	2.5						
9	Reduce the incidence rate of invasive colorectal cancer (age-adj.)									
	46.0	39.7	46.2	39.8	50.4	41.2	39.7	31.2	30.6	21.6

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10	Reduce the incidence rate of invasive uterine cervical cancer (age-adjusted)	8.8	7.2	8.9	7.1	11.8	9.0	12.9	11.6	4.0	3.6
11	Reduce the incidence rate of late-stage female breast cancer (age-adjusted)	48.1	43.7	48.3	43.3	54.9	48.9	38.5	35.7	33.1	30.1
13	Increase the proportion of cancer survivors who are living 5 years or longer after diagnosis (†diagnosed 2003-07 and followed thru 2010)	66.6%	74.6%	66.8%	75.0%	58.7%	65.7%	67.3%	74.6%	69.0%	75.2%
14	Increase the proportion of women aged 21 to 65 years who receive a cervical cancer screening based on the most recent guidelines (Pap smear within past 3 years)	85.1%	93.6%	86.3%	94.9%	90.3%	99.3%	86.1%	94.7%	72.5%	79.8%
15	Increase the proportion of adults aged 50 to 75 years who receive a colorectal cancer screening based on the most recent guidelines	63.8%	70.2%	65.5%	72.1%	65.0%	71.5%	62.9%	69.2%	49.1%	62.6%
16	Increase the proportion of women aged 50 to 74 years who receive a breast cancer screening based on the most recent guidelines (mammogram in past 2 years)	79.5%	87.5%	78.5%	86.4%	85.0%	93.5%	83.5%	91.9%	72.9%	91.5%
17	Increase the proportion of men aged 40 and over whose doctor, nurse or other health professional have ever talked to them about the advantages and disadvantages of the prostate-specific antigen (PSA) test to screen for prostate cancer	22.2%	24.4%	20.8%	25.2%	34.8%	38.3%	22.1%	24.3%	14.5%	23.5%
18	Reduce the proportion of adults aged 18 years and older who report sunburn	23.9%	16.0%	34.1%	23.9%	5.0%	4.5%	12.9%	10.3%	8.2%	7.4%
CKD Chronic Kidney Disease											
1	Reduce the death rate due to kidney disease (age-adjusted)	17.6	13	16.3	12.3	31.9	22.6	11.5	9.0	11.8	6.4
2	Reduce the incidence of end-stage renal disease (ESRD)*	37.5	33.8	31.7	28.5	75.4	67.9			18.9	17.0
3	Reduce the incidence of ESRD due to diabetes among adults aged 18 years and older with diagnosed diabetes	22.4	20.2								
4	Reduce the death rate due to end-stage renal disease (ESRD) (age-adjusted)	4.4	4.0	3.6	3.2	12.2	10.9	4.0	3.6	2.2	2.0
DM Diabetes											
1	Reduce the death rate due to diabetes (age-adjusted)	24.5	15.8	21.6	13.9	48.4	32.0	29.4	16.9	18.0	12.0
2	Reduce the rate of lower extremity amputations in persons with diagnosed diabetes (per 1,000)	2.7	2.4	2.8	2.5	4.8	4.3	1.4	1.3	0.5	0.45
3	Increase the proportion of adults with diabetes who have an annual dilated eye examination (age-adjusted)	67.8%	74.6%	66.6%	73.3%	69.7%	76.7%	64.3%	70.7%	72.7%	80.0%
4	Increase the proportion of adults with diabetes who have a glycosylated hemoglobin measurement (A1C) at least twice a year (age-adjusted)	61.8%	68.0%	67.6%	74.4%	64.4%	70.8%	46.6%	51.3%	79.1%	87.0%

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EH Environmental Health												
1	Reduce the number of unhealthful days throughout the state, as determined by the Air Quality Index											
a	Carbon monoxide		0	0								
b	Particulate matter		0	0								
c	Lead		0	0								
d	Sulfur dioxide		4	0								
e	Nitrogen dioxide		2	0								
2	Increase the percentage of homes in New Jersey that have ever been tested for radon		25.4%	35.0%								
3	Increase the percentage of homes testing equal to or greater than 4 picocuries per liter of air that have been mitigated		43.6%	50.0%								
4	Maintain or increase the percentage of community water systems in compliance with all current state and federal drinking water requirements for water quality											
a	Chemical standard		98%	100%								
b	Radiological standard		98%	100%								
c	Microbiological standard		94%	100%								
5	Reduce the number of beach closings due to elevated bacteriological levels		48.3	30								
HAI Healthcare-Associated Infections												
1	Reduce central line blood related infections (CLASBI)		0.73	0.49								
2	Reduce catheter associated urinary tract infections (CAUTI)		1.00	0.74								
3	Reduce surgical site infections (SSI) in colon surgeries		0.83	0.69								
4	Reduce surgical site infections (SSI) in coronary artery bypass grafts (CABGs)		0.80	0.74								
5	Reduce surgical site infections (SSI) in abdominal hysterectomies		1.21	0.70								
6	Reduce surgical site infections (SSI) in knee arthroplasties		0.95	0.70								
HDS Heart Disease and Stroke												
1	Reduce the death rate due to coronary heart disease (age-adjusted)		141.3	94.3	146.0	99.7	168.5	105.7	78.4	59.8	66.2	38.9
2	Reduce the death rate due to stroke (age-adjusted)		36.2	28.6	35.4	28.0	52.9	41.4	21.5	17.1	21.7	17.4
3	Increase the proportion of adults who have had their blood cholesterol checked within the preceding 5 years (age-adjusted)		78.8%	86.7%	81.3%	89.4%	80.4%	88.4%	68.7%	75.6%	81.0%	89.1%
HIV HIV/AIDS												
1	Reduce the rate of HIV transmission among adolescents and adults		15.6	12.5	4.5	2.7	65.3	42.6	23.2	18.6	6.4	2.3
2	Increase the proportion of HIV-infected adolescents and adults who receive HIV care and treatment consistent with current standards		54%	65%	56%	67%	55%	67%	49%	60%		

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3	Reduce the death rate due to HIV infection	5.3	2.0	1.7	0.5	27.6	9.2	6.0	2.0		
4	Increase the proportion of HIV+ adults in care achieving a suppressed viral load (VL <= 200 copies/ml)	48%	93.5%	58%	100.0%	44%	85.7%	49%	95.5%		
5	Reduce the proportion of cases simultaneously diagnosed with HIV and AIDS	26.6%	21.3%	22.9%	18.3%	26.7%	21.3%	30.0%	24.0%		
IMM Immunization											
1	Increase effective vaccination coverage levels for universally recommended vaccines among young children										
a	4 doses diphtheria-tetanus-acellular pertussis (DTaP) vaccine by age 19 to 35 months	86.7%	95.0%								
b	birth dose of hepatitis B vaccine (0 to 3 days between birth date and date of vaccination, reported by annual birth cohort)	47.3%	75.0%								
c	4 doses of pneumococcal conjugate vaccine (PCV) among children by age 19 to 35 months	83.9%	90.0%								
2	Increase the percentage of children aged 19 to 35 months who receive the recommended doses of DTaP, polio, MMR, Hib, hepatitis B, varicella and pneumococcal conjugate vaccine (PCV)	67.9%	80.0%								
3	Increase the percentage of noninstitutionalized adults aged 65 years and older who have ever been vaccinated against pneumococcal infections	65.6%	72.2%	70.9%	78.0%	46.5%	63.9%	56.3%	61.9%		
4	Increase the percentage of noninstitutionalized adults aged 65 years and older who are vaccinated annually against seasonal influenza	61.3%	67.4%	65.5%	72.1%	39.6%	63.8%	49.0%	60.9%	61.6%	67.8%
IVP Injury and Violence Prevention											
1	Reduce the death rate due to homicide										
a	age-adjusted	4.9	4.3	1.3	0.9	20.9	18.6	5.3	3.1		
b	15-19 year old males	16.6	9.2			80.6	50.6	15.4	10.4		
c	20-34 years old - both genders	13.7	10.1	2.8	1.1	64.2	51.5	9.6	6.8		
2	Reduce the death rates due to firearm-related injuries										
a	age-adjusted	5.3	4.7	2.8	2.4	17.7	15.8	4.0	1.9		
b	15-19 year old males	15.3	9.5	DSU	DSU	75.6	49.1				
3	Reduce the age-adjusted suicide rate	6.7	5.9	8.0	7.0	2.9	2.5	6.1	3.5	5.2	4.0
4	Reduce suicide attempts by adolescents (grades 9 through 12)	7.2%	6.5%	4.8%	4.3%	9.1%	8.2%	11.7%	10.5%		
5	Reduce the death rate due to motor vehicle-related injuries	8.3	5.8	7.8	2.4	11.5	7.7	9.1	5.9	5.1	3.2
6	Reduce the death rate due to unintentional poisonings	7.7	6.8	9.7	8.6	9.7	8.6	3.4	3.1		
7	Increase seat belt use										
a	"always" by adults aged 18 years and older (self-reported)	91.0%	100.0%	90.9%	100.0%	89.1%	98.0%	90.5%	99.6%	94.8%	100.0%
c	observational	93.7%	100.0%								
MCH Maternal and Child Health											

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	Baseline	Target	Baseline	Target	Baseline	Target	Baseline	Target	Baseline	Target
1 Reduce the rate of all infant deaths	5.1	3.7	3.1	1.9	10.9	6.0	5.4	3.3	2.3	1.8
2 Reduce low birth weight (LBW) and very low birth weight (VLBW)										
a low birth weight (LBW)	8.1%	7.7%	7.3%	6.0%	13.0%	12.4%	7.5%	7.1%	8.3%	7.9%
b very low birth weight (VLBW)	1.5%	1.3%	1.3%	0.9%	3.1%	2.9%	1.5%	1.3%	1.0%	1.0%
3 Increase the proportion of pregnant women who receive prenatal care beginning in first trimester	72.1%	75.7%	79.5%	83.5%	58.6%	61.5%	65.0%	68.3%	78.5%	82.4%
4 Decrease use of alcohol among pregnant women	8.9%	8.0%	9.2%	8.3%	8.4%	7.6%	9.7%	8.7%	4.5%	4.1%
5 Decrease use of tobacco among pregnant women	3.8%	3.4%	5.0%	4.5%	6.2%	5.6%	2.0%	1.8%	0.31%	0.28%
6 Increase the proportion of infants who are put to sleep on their backs	67.4%	74.1%	76.1%	83.7%	48.8%	53.7%	60.7%	66.8%	75.0%	82.5%
7 Increase the proportion of infants who are breastfed										
a Ever	80.5%	85.0%								
b Exclusively through 3 months	37.0%	45.0%								
c Exclusively through 6 months	14.0%	25.5%								
8 Reduce the proportion of breastfeeding infants who receive formula supplementation before two days of age	35.0%	10.0%								
9 Increase the percentage of New Jersey delivery facilities that provide maternal and newborn care consistent with the WHO/UNICEF Ten Steps to Successful Breastfeeding	0%	50.0%								
10 Reduce the birth rate among females aged 15-17	11.5	3.6	2.6	0.7	25.4	6.7	29.1	9.1		
11 Reduce the blood lead level that 97.5% of children aged 1 to 5 years are below	5 µg/dL	4.5 µg/dL								
12 Reduce mean blood lead levels in children aged 1 to 5 years	3.4 µg/dL	1.5 µg/dL								
13 Increase the percentage of infants receiving diagnostic follow-up after a positive screen for hearing loss by 3 months of age	58.5%	80.0%	66.3%	80.0%	53.0%	80.0%	53.2%	80.0%	70.5%	80.0%
14 Reduce c-sections among low-risk women	34.9%	27.9%	34.8%	27.0%	36.0%	29.3%	33.5%	27.6%	37.5%	30.2%
NF Nutrition and Fitness										
1 Prevent an increase in the proportion of the population that is obese										
a adults 20 years and older (age-adjusted)	23.8%	23.8%	22.4%	22.4%	32.5%	32.5%	28.0%	28.0%	11.0%	11.0%
b high school students	10.7%	7.8%	8.2%	6.5%	16.5%	8.4%	14.4%	13.1%	2.5%	2.3%
2 Increase the proportion of adults who consume fruits and vegetables										
a at least one serving of fruit per day										
b at least one serving of vegetables per day										
3 Increase aerobic physical activity										
a proportion of NJ adults who meet current Federal physical activity guidelines for moderate or vigorous physical activity (age-adjusted)	53.2%	58.5%	57.1%	62.8%	50.6%	55.7%	43.6%	48.0%	49.2%	54.1%

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b proportion of NJ high school students that meet current physical activity guidelines for aerobic physical activity (<i>data shown are 60+ min, 5+ days/wk</i>)	41.5%	54.8%	45.2%	58.9%	33.9%	48.5%	37.6%	46.3%	43.8%	48.2%
4 Reduce screen time among high school students										
a Reduce the proportion who watch TV for more than 3 hours a day	28.5%	25.7%	23.7%	21.3%	41.2%	37.1%	38.1%	34.3%	15.8%	14.2%
b Reduce the proportion who play video or computer games or use the computer for non-schoolwork for more than 3 hours a day	37.3%	33.6%	35.7%	32.1%	43.8%	39.4%	38.1%	34.3%	35.3%	31.8%
5 Reduce the proportion of high school students (grades 9-12) who drank soda one or more times per day in the past 7 days	19.9%	11.0%	18.7%	9.4%	22.6%	12.3%	21.3%	17.5%	11.8%	4.2%
OSH Occupational Safety & Health										
1 Reduce the mortality rate due to work-related fatal injuries (unintentional and homicide)										
a all industry	2.1	1.7								
b construction	11.0	6.7								
2 Reduce deaths from pneumoconiosis among persons aged 15 years and older (per 1,000,000)	6.9	6.0								
3 Reduce the proportion of persons who have elevated (>=25 µg/dL) blood lead concentrations from work exposures	1.8	1.2								
OA Older Adults										
1 Reduce the rate of hip fractures among older adults										
a females aged 65 years and older	738	601.2	857	787.8	230	217.7	341	263.7	296	195.3
b males aged 65 years and older	362	310.5	407	360.9	201	141.3	205	130.5	107	95.4
2 Prevent an increase in the rate of fall-related deaths among persons aged 65 years and older	25.5	25.5	29.1	29.1	12.8	12.8	12.4	12.4	13.9	13.9
3 Increase the proportion of older adults aged 65+ years who engage in some leisure-time physical activity	64.2%	70.6%	65.3%	71.8%	57.9%	63.7%	57.5%	63.3%	69.0%	75.9%
4 Reduce the percentage of funds allocated to nursing homes as compared to funds allocated to Home and Community Based Programs (HCBP)	71.3%	59.2%								
5 Reduce the percentage of non-institutionalized persons aged 65 years and older reporting fair or poor health status	26.3%	21.5%	23.9%	17.1%	30.8%	29.3%	47.0%	44.7%		
PHI Public Health Infrastructure										
1 Increase the proportion of NJ community colleges that offer public health or related associates degrees and/or certificate programs	0.0%	20.0%								
2 Increase the percentage of local public health agencies actively participating in county-wide community public health partnerships	95.0%	100.0%								

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4 Objective Increase the proportion of local health departments that achieve voluntary national accreditation	0.0%	75.0%								
PHP Public Health Preparedness										
1 Reduce the time necessary to issue official information to the public about a public health emergency	6 hours	5 hours								
2 Reduce the time necessary to activate designated personnel in response to a public health emergency	120 min	60 min								
3 Reduce the time to implement corrective action items contained within After Action Reports and Improvement Plans	176 days	90 days								
STD Sexually Transmitted Diseases										
1 Reduce the rate of Chlamydia trachomatis infections among females 15-24 years-old ("tested anywhere")	2,694	2,425								
3 Reduce the incidence rate of gonorrhea										
a males aged under 30 years	129	116								
b females aged under 30 years	179	161								
4 Reduce the sustained domestic transmission of primary and secondary syphilis	2.8	2.5	1.3	1.2	8.2	7.0	6.0	5.0	0.4	0.4
5 Reduce the congenital syphilis incidence rate	11.8	5.8	2.2	1.1	58.0	29.0	7.2	3.6	8.3	4.1
TU Tobacco Use										
1 Reduce the proportion of the population who are current smokers (any use in past 30 days)										
a adults aged 18 years and older (age-adjusted)	17.1%	12.4%	18.8%	13.5%	20.8%	16.7%	13.6%	9.6%	8.1%	4.0%
b high school students (grades 9-12)	14.3%	7.4%	15.4%	9.0%	11.1%	3.6%	14.6%	7.7%		
c middle school students (grades 7-8)	1.2%	1.0%	0.9%	0.7%	0.5%	0.4%	2.4%	1.9%	0.4%	0.3%
2 Reduce current tobacco use (cigarettes, cigars, smokeless tobacco, bidis) by high school students (grades 9-12)	23.3%	12.8%	24.4%	14.9%	20.8%	8.8%	24.5%	13.4%		
3 Reduce the proportion of high school student (grades 9-12) nonsmokers exposed to secondhand smoke	48.1%	43.3%	52.1%	46.9%	46.4%	41.8%	43.0%	38.7%	30.9%	27.9%
TB Tuberculosis										
1 Reduce the incidence rate of tuberculosis (TB)	4.6	3.2	0.8	0.4	7.6	3.8	8.0	5.4	21.5	13.3
2 Increase the treatment completion rate within 12 months for all TB cases which can be adequately treated in that time frame	90.7%	93.0%								
3 Increase the treatment completion rate of contacts to sputum smear-positive cases who are diagnosed with latent tuberculosis infection (LTBI) and started LTBI treatment	70.0%	93.9%								
4 Increase the proportion of TB cases alive at diagnosis for which an HIV status is known	80.6%	90.0%								

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Notes

- All data are per 100,000 unless otherwise noted.
- Blank cells mean data not available, not reliable, or not relevant.
- Skips in objective numbering are due to objectives that have been dropped since HN20's launch.
- Some objectives, baselines, and targets have changed over time due to changes in data sources, affected populations, and emerging issues.
- † AS-2 and AS-3: Baseline data (2016) were updated, resulting in a need to update targets. (2/11/22)
- * CKD-2: Hispanics are included in the appropriate race groups. Separate data for Hispanics not available.

