**Common Name:**  HEXAMINE

**Synonyms:** Hexamethylenetetramine; Methenamine

**Chemical Name:** 1,3,5,7-Tetraazatricyclo[3.3.1.13,7]Decane

**Date:**  February 2009  **Revision:**  June 2016

**Description and Use**

Hexamine is a colorless to white, odorless, crystalline (sand-like) powder. It is used in adhesives, coatings, and sealing compounds, and as a medication.

**Reasons for Citation**

- Hexamine is on the Right to Know Hazardous Substance List because it is cited by DOT.

**EMERGENCY RESPONDERS >>>> SEE LAST PAGE**

**FIRST AID**

**Eye Contact**

- Immediately flush with large amounts of water for at least 15 minutes, lifting upper and lower lids. Remove contact lenses, if worn, while rinsing.

**Skin Contact**

- Quickly remove contaminated clothing. Immediately wash contaminated skin with large amounts of water.

**Inhalation**

- Remove the person from exposure.
- Begin rescue breathing (using universal precautions) if breathing has stopped and CPR if heart action has stopped.
- Transfer promptly to a medical facility.

**EMERGENCY NUMBERS**

- Poison Control: 1-800-222-1222
- CHEMTREC: 1-800-424-9300
- NJDEP Hotline: 1-877-927-6337
- National Response Center: 1-800-424-8802

**Hazard Summary**

<table>
<thead>
<tr>
<th>Hazard Rating</th>
<th>NJDHSS</th>
<th>NFPA</th>
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<tbody>
<tr>
<td>HEALTH</td>
<td>2</td>
<td>-</td>
</tr>
<tr>
<td>FLAMMABILITY</td>
<td>1</td>
<td>-</td>
</tr>
<tr>
<td>REACTIVITY</td>
<td>0</td>
<td>-</td>
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</tbody>
</table>

COMBUSTIBLE POISONOUS GASES ARE PRODUCED IN FIRE

Hazard Rating Key: 0=minimal; 1=slight; 2=moderate; 3=serious; 4=severe

- Hexamine can affect you when inhaled.
- Contact can irritate the skin and eyes.
- Inhaling Hexamine can irritate the nose, throat and lungs.
- Hexamine can cause nausea, vomiting, diarrhea and abdominal pain.
- Hexamine may cause a skin allergy and an asthma-like allergy.
- Finely dispersed Hexamine particulate or powdered dust is an explosion hazard.

**Workplace Exposure Limits**

No occupational exposure limits have been established for Hexamine. However, it may pose a health risk. Always follow safe work practices.
Determining Your Exposure

- Read the product manufacturer’s Material Safety Data Sheet (MSDS) and the label to determine product ingredients and important safety and health information about the product mixture.
- For each individual hazardous ingredient, read the New Jersey Department of Health Hazardous Substance Fact Sheet, available on the RTK Program website (http://nj.gov/health/workplacehealthandsafety/right-to-know/) or in your facility’s RTK Central File or Hazard Communication Standard file.
- You have a right to this information under the New Jersey Worker and Community Right to Know Act, the Public Employees Occupational Safety and Health (PEOSH) Act if you are a public worker in New Jersey, and under the federal Occupational Safety and Health Act (OSHA) if you are a private worker.
- The New Jersey Right to Know Act and the PEOSH Hazard Communication Standard (N.J.A.C. 12:100-7) requires most employers to label chemicals in the workplace and requires public employers to provide their employees with information concerning chemical hazards and controls. The federal OSHA Hazard Communication Standard (29 CFR 1910.1200) requires private employers to provide similar information and training to their employees.

This Fact Sheet is a summary of available information regarding the health hazards that may result from exposure. Duration of exposure, concentration of the substance and other factors will affect your susceptibility to any of the potential effects described below.

Health Hazard Information

Acute Health Effects
The following acute (short-term) health effects may occur immediately or shortly after exposure to Hexamine:

- Contact can irritate the skin and eyes.
- Inhaling Hexamine can irritate the nose, throat and lungs causing coughing, wheezing and/or shortness of breath.
- Hexamine can cause nausea, vomiting, diarrhea and abdominal pain.

Chronic Health Effects
The following chronic (long-term) health effects can occur at some time after exposure to Hexamine and can last for months or years:

Cancer Hazard
- There is no evidence that Hexamine causes cancer in animals. This is based on test results presently available to the NJDHSS from published studies.

Reproductive Hazard
- Hexamine may damage the developing fetus.

Other Effects
- Hexamine may cause a skin allergy. If allergy develops, very low future exposure can cause itching and a skin rash.
- Hexamine may cause an asthma-like allergy. Future exposure can cause asthma attacks with shortness of breath, wheezing, coughing, and/or chest tightness.

Medical

Medical Testing
If symptoms develop or overexposure is suspected, the following are recommended:

- Evaluation by a qualified allergist can help diagnose skin allergy.
- Lung function tests. The results may be normal if the person is not having an attack at the time of the test.

Any evaluation should include a careful history of past and present symptoms with an exam. Medical tests that look for damage already done are not a substitute for controlling exposure.

Request copies of your medical testing. You have a legal right to this information under the OSHA Access to Employee Exposure and Medical Records Standard (29 CFR 1910.1020).

Mixed Exposures
- Smoking can cause heart disease, lung cancer, emphysema, and other respiratory problems. It may worsen respiratory conditions caused by chemical exposure. Even if you have smoked for a long time, stopping now will reduce your risk of developing health problems.
Workplace Controls and Practices

Very toxic chemicals, or those that are reproductive hazards or sensitizers, require expert advice on control measures if a less toxic chemical cannot be substituted. Control measures include: (1) enclosing chemical processes for severely irritating and corrosive chemicals, (2) using local exhaust ventilation for chemicals that may be harmful with a single exposure, and (3) using general ventilation to control exposures to skin and eye irritants. For further information on workplace controls, consult the NIOSH document on Control Banding at www.cdc.gov/niosh/topics/controlbanding/.

The following work practices are also recommended:

- Label process containers.
- Provide employees with hazard information and training.
- Monitor airborne chemical concentrations.
- Use engineering controls if concentrations exceed recommended exposure levels.
- Provide eye wash fountains and emergency showers.
- Wash or shower if skin comes in contact with a hazardous material.
- Always wash at the end of the workshift.
- Change into clean clothing if clothing becomes contaminated.
- Do not take contaminated clothing home.
- Get special training to wash contaminated clothing.
- Do not eat, smoke, or drink in areas where chemicals are being handled, processed or stored.
- Wash hands carefully before eating, smoking, drinking, applying cosmetics or using the toilet.

In addition, the following may be useful or required:

- Before entering a confined space where Hexamine may be present, check to make sure that an explosive concentration does not exist.
- Use a wet method to reduce dust during clean-up. DO NOT DRY SWEEP.

Personal Protective Equipment

The OSHA Personal Protective Equipment Standard (29 CFR 1910.132) requires employers to determine the appropriate personal protective equipment for each hazard and to train employees on how and when to use protective equipment.

The following recommendations are only guidelines and may not apply to every situation.

Gloves and Clothing

- Avoid skin contact with Hexamine. Wear personal protective equipment made from material which cannot be permeated or degraded by this substance. Safety equipment suppliers and manufacturers can provide recommendations on the most protective glove and clothing material for your operation.
- Safety equipment manufacturers recommend Butyl and Neoprene for gloves, and Tyvek®, or the equivalent, as a protective material for clothing.
- All protective clothing (suits, gloves, footwear, headgear) should be clean, available each day, and put on before work.

Eye Protection

- Wear eye protection with side shields or goggles.
- If additional protection is needed for the entire face, use in combination with a face shield. A face shield should not be used without another type of eye protection.

Respiratory Protection

Improper use of respirators is dangerous. Respirators should only be used if the employer has implemented a written program that takes into account workplace conditions, requirements for worker training, respirator fit testing, and medical exams, as described in the OSHA Respiratory Protection Standard (29 CFR 1910.134).

- At any detectable concentration, use a NIOSH approved respirator with an organic vapor/acid gas cartridge and particulate preilters. Increased protection is obtained from full facepiece powered-air purifying respirators.
- Leave the area immediately if (1) while wearing a filter or cartridge respirator you can smell, taste, or otherwise detect Hexamine, (2) while wearing partuculate filters abnormal resistance to breathing is experienced, or (3) eye irritation occurs while wearing a full facepiece respirator. Check to make sure the respirator-to-face seal is still good. If it is, replace the filter or cartridge. If the seal is no longer good, you may need a new respirator.
- Consider all potential sources of exposure in your workplace. You may need a combination of filters, preilters or cartridges to protect against different forms of a chemical (such as vapor and mist) or against a mixture of chemicals.
- Where the potential for high exposure exists, use a NIOSH approved supplied-air respirator with a full facepiece operated in a pressure-demand or other positive-pressure mode. For increased protection use in combination with an auxiliary self-contained breathing apparatus operated in a pressure-demand or other positive-pressure mode.

Fire Hazards

If employees are expected to fight fires, they must be trained and equipped as stated in the OSHA Fire Brigades Standard (29 CFR 1910.156).

- Hexamine is a COMBUSTIBLE SOLID.
- Finely dispersed Hexamine particulate or powdered dust is an explosion hazard.
- Use dry chemical, water spray, sand, earth or foam as extinguishing agents.
- POISONOUS GASES ARE PRODUCED IN FIRE, including Nitrogen Oxides.
- Use water spray to keep fire-exposed containers cool.
Spills and Emergencies
If employees are required to clean-up spills, they must be properly trained and equipped. The OSHA Hazardous Waste Operations and Emergency Response Standard (29 CFR 1910.120) may apply.

If Hexamine is spilled, take the following steps:

► Evacuate personnel and secure and control entrance to the area.
► Eliminate all ignition sources.
►Moisten spilled material first or use a HEPA-filter vacuum for clean-up and place into sealed containers for disposal.
► Ventilate and wash area after clean-up is complete.
► Keep Hexamine out of confined spaces, such as sewers, because of the possibility of an explosion.
►DO NOT wash into sewer.
►It may be necessary to contain and dispose of Hexamine as a HAZARDOUS WASTE. Contact your state Department of Environmental Protection (DEP) or your regional office of the federal Environmental Protection Agency (EPA) for specific recommendations.

Handling and Storage
Prior to working with Hexamine you should be trained on its proper handling and storage.

► Hexamine reacts violently with SODIUM PEROXIDE; 1-BROMOPENTABORANE; IODINE; and IODOFORM.
► Hexamine reacts with OXIDIZING AGENTS (such as PERCHLORATES, PEROXIDES, PERMANGANATES, CHLORATES, NITRATES, CHLORINE, BROMINE and FLUORINE) and STRONG ACIDS (such as HYDROCHLORIC, SULFURIC and NITRIC) to form toxic and corrosive gases, such as Formaldehyde.
► Hexamine is not compatible with METALS (such as ALUMINUM and ZINC) and STRONG BASES (such as SODIUM HYDROXIDE and POTASSIUM HYDROXIDE).
► Store in tightly closed containers in a cool, well-ventilated area away from MOISTURE and COMBUSTIBLES.
►Sources of ignition, such as smoking and open flames, are prohibited where Hexamine is used, handled, or stored in a manner that could create a potential fire or explosion hazard.
► Use only non-sparking tools and equipment, especially when opening and closing containers of Hexamine.

Occupational Health Information Resources
The New Jersey Department of Health, Occupational Health Service, offers multiple services in occupational health. These services include providing informational resources, educational materials, public presentations, and industrial hygiene and medical investigations and evaluations.

For more information, please contact:
New Jersey Department of Health
Right to Know Program
PO Box 368
Trenton, NJ 08625-0368
Phone: 609-984-2202
Fax: 609-984-7407
E-mail: rtk@doh.nj.gov
Web address:
http://www.state.nj.us/health/workplacehealthandsafety/right-to-know/

The Right to Know Hazardous Substance Fact Sheets are not intended to be copied and sold for commercial purposes.
GLOSSARY

ACGIH is the American Conference of Governmental Industrial Hygienists. They publish guidelines called Threshold Limit Values (TLVs) for exposure to workplace chemicals.

Acute Exposure Guideline Levels (AEGLs) are established by the EPA. They describe the risk to humans resulting from once-in-a lifetime, or rare, exposure to airborne chemicals.

Boiling point is the temperature at which a substance can change its physical state from a liquid to a gas.

A carcinogen is a substance that causes cancer.

The CAS number is unique, identifying number, assigned by the Chemical Abstracts Service, to a specific chemical.

CFR is the Code of Federal Regulations, which are the regulations of the United States government.

A combustible substance is a solid, liquid or gas that will burn.

A corrosive substance is a gas, liquid or solid that causes destruction of human skin or severe corrosion of containers.

DEP is the New Jersey Department of Environmental Protection.

DOT is the Department of Transportation, the federal agency that regulates the transportation of chemicals.

EPA is the Environmental Protection Agency, the federal agency responsible for regulating environmental hazards.

ERG is the Emergency Response Guidebook. It is a guide for emergency responders for transportation emergencies involving hazardous substances.

Emergency Response Planning Guideline (ERPG) values provide estimates of concentration ranges where one reasonably might anticipate observing adverse effects.

A fetus is an unborn human or animal.

A flammable substance is a solid, liquid, vapor or gas that will ignite easily and burn rapidly.

The flash point is the temperature at which a liquid or solid gives off vapor that can form a flammable mixture with air.

IARC is the International Agency for Research on Cancer, a scientific group.

Ionization Potential is the amount of energy needed to remove an electron from an atom or molecule. It is measured in electron volts.

IRIS is the Integrated Risk Information System database on human health effects that may result from exposure to various chemicals, maintained by federal EPA.

LEL or Lower Explosive Limit, is the lowest concentration of a combustible substance (gas or vapor) in the air capable of continuing an explosion.

mg/m³ means milligrams of a chemical in a cubic meter of air. It is a measure of concentration (weight/volume).

A mutagen is a substance that causes mutations. A mutation is a change in the genetic material in a body cell. Mutations can lead to birth defects, miscarriages, or cancer.

NFPA is the National Fire Protection Association. It classifies substances according to their fire and explosion hazard.

NIOSH is the National Institute for Occupational Safety and Health. It tests equipment, evaluates and approves respirators, conducts studies of workplace hazards, and proposes standards to OSHA.

NTP is the National Toxicology Program which tests chemicals and reviews evidence for cancer.

OSHA is the federal Occupational Safety and Health Administration, which adopts and enforces health and safety standards.

PEOSHA is the New Jersey Public Employees Occupational Safety and Health Act, which adopts and enforces health and safety standards in public workplaces.

Permeated is the movement of chemicals through protective materials.

ppm means parts of a substance per million parts of air. It is a measure of concentration by volume in air.

Protective Action Criteria (PAC) are values established by the Department of Energy and are based on AEGLs and ERPGs. They are used for emergency planning of chemical release events.

A reactive substance is a solid, liquid or gas that releases energy under certain conditions.

STEL is a Short Term Exposure Limit which is usually a 15-minute exposure that should not be exceeded at any time during a work day.

A teratogen is a substance that causes birth defects by damaging the fetus.

UEL or Upper Explosive Limit is the highest concentration in air above which there is too much fuel (gas or vapor) to begin a reaction or explosion.

Vapor Density is the ratio of the weight of a given volume of one gas to the weight of another (usually Hydrogen), at the same temperature and pressure.

The vapor pressure is a force exerted by the vapor in equilibrium with the solid or liquid phase of the same substance. The higher the vapor pressure the higher concentration of the substance in air.
Common Name: HEXAMINE

Synonyms: Hexamethylenetetramine; Methenamine
CAS No: 100-97-0
Molecular Formula: C₆H₁₂N₄
RTK Substance No: 0996
Description: Colorless to white, odorless, crystalline powder

HAZARD DATA

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<th>Reactivity</th>
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DOT#: UN 1328
ERG Guide #: 133
Hazard Class: 4.1 (Flammable solid)

COMBUSTIBLE SOLID
Finely dispersed Hexamine particulate or powdered dust is an explosion hazard.

Hazard Class: 4.1
(Flammable solid)

POISONOUS GASES ARE PRODUCED IN FIRE, including Nitrogen Oxides.

Use water spray to keep fire-exposed containers cool.

SPILL/LEAKS

Isolation Distance:
Spill: 25 meters (75 feet)
Fire: 800 meters (1/2 mile)
Moisten spilled material first or use a HEPA-filter vacuum for clean-up and place into sealed containers for disposal. Use only non-sparking tools and equipment, especially when opening and closing containers of Hexamine. Keep Hexamine out of confined spaces, such as sewers, because of the possibility of an explosion. DO NOT wash into sewer.

PHYSICAL PROPERTIES

Odor Threshold: Odorless
Flash Point: 482°F (250°C)
Auto Ignition Temp: >700°F (>371°C)
Vapor Density: 4.9 (air = 1)
Vapor Pressure: 4 x 10⁻³ mm Hg at 77°F (25°C)
Specific Gravity: 1.3 (water = 1)
Water Solubility: Soluble
Boiling Point: Sublimes
Melting Point: 505.4°F (263°C)
Ionization Potential: <8.5 +/- 0.7 eV
Molecular Weight: 140.1

EXPOSURE LIMITS

The Protective Action Criteria values are:
PAC-1 = 55 mg/m³
PAC-2 = 610 mg/m³
PAC-3 = 3,600 mg/m³

HEALTH EFFECTS

Eyes:
Irritation
Skin:
Irritation
Inhalation:
Nose, throat and lung irritation with coughing, wheezing and shortness of breath
Nausea, vomiting, diarrhea and abdominal pain

FIRST AID AND DECONTAMINATION

Remove the person from exposure.
Flush eyes with large amounts of water for at least 15 minutes. Remove contact lenses if worn.
Quickly remove contaminated clothing and wash contaminated skin with large amounts of water.
Begin artificial respiration if breathing has stopped and CPR if necessary.
Transfer promptly to a medical facility.

June 2016