



Right to Know Hazardous Substance Fact Sheet

Common Name: **XYLENES**

Synonyms: Methyl Toluene (mixed isomers); Xylol

Chemical Name: Benzene, Dimethyl-

Date: October 2011 Revision: March 2016

CAS Number: 1330-20-7

RTK Substance Number: 2014

DOT Number: UN 1307

Description and Use

Xylenes are colorless liquids with a faint, sweet odor. They are used as solvents and in making paints, adhesives and other chemicals.

- ▶ **ODOR THRESHOLD = 0.07 to 40 ppm**
- ▶ Odor thresholds vary greatly. Do not rely on odor alone to determine potentially hazardous exposures.

This fact sheet can be used for:

m-Xylene CAS#: 108-38-3
o-Xylene CAS#: 95-47-6
p-Xylene CAS#: 106-42-3

Reasons for Citation

- ▶ **Xylenes** are on the Right to Know Hazardous Substance List because they are cited by OSHA, ACGIH, DOT, NIOSH, DEP, IARC, NFPA and EPA.

[SEE GLOSSARY ON PAGE 5.](#)

FIRST AID

Eye Contact

- ▶ Immediately flush with large amounts of water for at least 15 minutes, lifting upper and lower lids. Remove contact lenses, if worn, while flushing. Seek medical attention.

Skin Contact

- ▶ Quickly remove contaminated clothing. Immediately wash contaminated skin with large amounts of soap and water.

Inhalation

- ▶ Remove the person from exposure.
- ▶ Begin rescue breathing (using universal precautions) if breathing has stopped and CPR if heart action has stopped.
- ▶ Transfer promptly to a medical facility.

EMERGENCY NUMBERS

Poison Control: 1-800-222-1222

CHEMTREC: 1-800-424-9300

NJDEP Hotline: 1-877-927-6337

National Response Center: 1-800-424-8802

EMERGENCY RESPONDERS >>>> SEE LAST PAGE

Hazard Summary

Hazard Rating	NJDHSS	NFPA
HEALTH	-	2
FLAMMABILITY	-	3
REACTIVITY	-	0

FLAMMABLE
POISONOUS GASES ARE PRODUCED IN FIRE
CONTAINERS MAY EXPLODE IN FIRE

Hazard Rating Key: 0=minimal; 1=slight; 2=moderate; 3=serious; 4=severe

- ▶ **Xylenes** can affect you when inhaled and by passing through the skin.
- ▶ Contact can irritate the skin and eyes. Prolonged or repeated contact can cause a skin rash, dryness and redness.
- ▶ Inhaling **Xylenes** can irritate the nose and throat causing coughing and wheezing.
- ▶ Exposure can cause headache, dizziness, lightheadedness and passing out. Repeated exposure can affect concentration, memory, vision, and muscle coordination. Higher levels can cause coma and death.
- ▶ **Xylenes** may damage the liver and kidneys.
- ▶ **Xylenes** are FLAMMABLE LIQUIDS and DANGEROUS FIRE HAZARDS.

Workplace Exposure Limits

OSHA: The legal airborne permissible exposure limit (PEL) is **100 ppm** averaged over an 8-hour workshift.

NIOSH: The recommended airborne exposure limit (REL) is **100 ppm** averaged over a 10-hour workshift and **150 ppm**, not to be exceeded during any 15-minute work period.

ACGIH: The threshold limit value (TLV) is **100 ppm** averaged over an 8-hour workshift and **150 ppm** as a STEL (short-term exposure limit).

- ▶ The above exposure limits are for air levels only. When skin contact also occurs, you may be overexposed, even though air levels are less than the limits listed above.

Determining Your Exposure

- ▶ Read the product manufacturer's Material Safety Data Sheet (MSDS) and the label to determine product ingredients and important safety and health information about the product mixture.
- ▶ For each individual hazardous ingredient, read the New Jersey Department of Health Hazardous Substance Fact Sheet, available on the RTK website (<http://nj.gov/health/workplacehealthandsafety/right-to-know>) or in your facility's RTK Central File or Hazard Communication Standard file.
- ▶ You have a right to this information under the New Jersey Worker and Community Right to Know Act and the Public Employees Occupational Safety and Health (PEOSH) Act if you are a public worker in New Jersey, and under the federal Occupational Safety and Health Act (OSHA) if you are a private worker.
- ▶ The New Jersey Right to Know Act requires most employers to label chemicals in the workplace and requires public employers to provide their employees with information concerning chemical hazards and controls. The federal OSHA Hazard Communication Standard (29 CFR 1910.1200) and the PEOSH Hazard Communication Standard (N.J.A.C. 12:100-7) require employers to provide similar information and training to their employees.

This Fact Sheet is a summary of available information regarding the health hazards that may result from exposure. Duration of exposure, concentration of the substance and other factors will affect your susceptibility to any of the potential effects described below.

Health Hazard Information

Acute Health Effects

The following acute (short-term) health effects may occur immediately or shortly after exposure to **Xylenes**:

- ▶ Contact can irritate the skin and eyes.
- ▶ Inhaling **Xylenes** can irritate the nose and throat causing coughing and wheezing.
- ▶ Exposure can cause headache, nausea and vomiting, dizziness, lightheadedness and passing out.

Chronic Health Effects

The following chronic (long-term) health effects can occur at some time after exposure to **Xylenes** and can last for months or years:

Cancer Hazard

- ▶ While **Xylenes** have been tested, they are not classifiable as to their potential to cause cancer.

Reproductive Hazard

- ▶ **Xylenes** may damage the developing fetus.

Other Effects

- ▶ Repeated exposure can affect concentration, memory, vision, and muscle coordination. Higher levels can cause coma and death.
- ▶ Prolonged or repeated contact can cause a skin rash, dryness and redness.
- ▶ **Xylenes** may damage the liver and kidneys.

Medical

Medical Testing

For frequent or potentially high exposure (half the PEL or greater), the following are recommended before beginning work and at regular times after that:

- ▶ Liver and kidney function tests

If symptoms develop or overexposure is suspected, the following are recommended:

- ▶ Exam of the eyes and vision
- ▶ Exam of the nervous system

Any evaluation should include a careful history of past and present symptoms with an exam. Medical tests that look for damage already done are not a substitute for controlling exposure.

You have a legal right to request copies of your medical testing under the OSHA Access to Employee Exposure and Medical Records Standard (29 CFR 1910.1020).

Mixed Exposures

- ▶ More than light alcohol consumption can cause liver damage. Drinking alcohol can increase the liver damage caused by **Xylenes**.

Workplace Controls and Practices

Very toxic chemicals, or those that are reproductive hazards or sensitizers, require expert advice on control measures if a less toxic chemical cannot be substituted. Control measures include: (1) enclosing chemical processes for severely irritating and corrosive chemicals, (2) using local exhaust ventilation for chemicals that may be harmful with a single exposure, and (3) using general ventilation to control exposures to skin and eye irritants. For further information on workplace controls, consult the NIOSH document on Control Banding at www.cdc.gov/niosh/topics/ctrlbanding/.

The following work practices are also recommended:

- ▶ Label process containers.
- ▶ Provide employees with hazard information and training.
- ▶ Monitor airborne chemical concentrations.
- ▶ Use engineering controls if concentrations exceed recommended exposure levels.
- ▶ Provide eye wash fountains and emergency showers.
- ▶ Wash or shower if skin comes in contact with a hazardous material.
- ▶ Always wash at the end of the workshift.
- ▶ Change into clean clothing if clothing becomes contaminated.
- ▶ Do not take contaminated clothing home.
- ▶ Get special training to wash contaminated clothing.
- ▶ Do not eat, smoke, or drink in areas where chemicals are being handled, processed or stored.
- ▶ Wash hands carefully before eating, smoking, drinking, applying cosmetics or using the toilet.

In addition, the following may be useful or required:

- ▶ Before entering a confined space where **Xylenes** may be present, check to make sure that an explosive concentration does not exist.

Personal Protective Equipment

The OSHA Personal Protective Equipment Standard (29 CFR 1910.132) requires employers to determine the appropriate personal protective equipment for each hazard and to train employees on how and when to use protective equipment.

The following recommendations are only guidelines and may not apply to every situation.

Gloves and Clothing

- ▶ Avoid skin contact with **Xylenes**. Wear personal protective equipment made from material that can not be permeated or degraded by this substance. Safety equipment suppliers and manufacturers can provide recommendations on the most protective glove and clothing material for your operation.
- ▶ The recommended glove materials for **Xylenes** are Viton/Butyl, Polyvinyl Alcohol, Silver Shield®/4H®, Viton and Barrier®.
- ▶ The recommended protective clothing materials for **Xylenes** are Tychem® BR, CSM and TK, or the equivalent.
- ▶ All protective clothing (suits, gloves, footwear, headgear) should be clean, available each day, and put on before work.

Eye Protection

- ▶ Wear indirect vent goggles when working with liquids that may splash, spray or mist. A face shield is also required if the liquid is severely irritating or corrosive to the skin and eyes.

Respiratory Protection

Improper use of respirators is dangerous. Respirators should only be used if the employer has implemented a written program that takes into account workplace conditions, requirements for worker training, respirator fit testing, and medical exams, as described in the OSHA Respiratory Protection Standard (29 CFR 1910.134). **Only NIOSH approved respirators should be used.**

- ▶ Where the potential exists for exposure over **100 ppm**, use a full facepiece respirator with an organic vapor cartridge. Increased protection is obtained from full facepiece powered-air purifying respirators.
- ▶ Leave the area immediately if (1) while wearing a filter or cartridge respirator you can smell, taste, or otherwise detect **Xylenes**, (2) while wearing particulate filters abnormal resistance to breathing is experienced, or (3) eye irritation occurs while wearing a full facepiece respirator. Check to make sure the respirator-to-face seal is still good. If it is, replace the filter or cartridge. If the seal is no longer good, you may need a new respirator.
- ▶ Consider all potential sources of exposure in your workplace. You may need a combination of filters, prefilters or cartridges to protect against different forms of a chemical (such as vapor and mist) or against a mixture of chemicals.
- ▶ Where the potential for high exposure exists, use a supplied-air respirator with a full facepiece operated in a pressure-demand or other positive-pressure mode. For increased protection use in combination with an auxiliary self-contained breathing apparatus or an emergency escape air cylinder.
- ▶ Exposure to **900 ppm** is immediately dangerous to life and health. If the possibility of exposure above **900 ppm** exists, use a self-contained breathing apparatus with a full facepiece operated in a pressure-demand or other positive-pressure mode equipped with an emergency escape air cylinder.

Fire Hazards

If employees are expected to fight fires, they must be trained and equipped as stated in the OSHA Fire Brigades Standard (29 CFR 1910.156).

- ▶ **Xylenes** are FLAMMABLE LIQUIDS.
- ▶ Use dry chemical, CO₂, water spray or foam as extinguishing agents.
- ▶ POISONOUS GASES ARE PRODUCED IN FIRE.
- ▶ CONTAINERS MAY EXPLODE IN FIRE.
- ▶ Use water spray to keep fire-exposed containers cool.
- ▶ Vapors are heavier than air and may travel a distance to cause a fire or explosion far from the source and flash back.
- ▶ Flow or agitation may generate electrostatic charges.
- ▶ **Xylenes** may form an ignitable vapor/air mixture in closed tanks or containers.

Spills and Emergencies

If employees are required to clean-up spills, they must be properly trained and equipped. The OSHA Hazardous Waste Operations and Emergency Response Standard (29 CFR 1910.120) may apply.

If **Xylenes** are spilled or leaked, take the following steps:

- ▶ Evacuate personnel and secure and control entrance to the area.
- ▶ Eliminate all ignition sources.
- ▶ Absorb *liquids* in dry sand, earth, or a similar material and place into sealed containers for disposal.
- ▶ Keep **Xylenes** out of confined spaces, such as sewers, because of the possibility of an explosion.
- ▶ Ventilate area of spill or leak.
- ▶ DO NOT wash into sewer.
- ▶ It may be necessary to contain and dispose of **Xylenes** as a HAZARDOUS WASTE. Contact your state Department of Environmental Protection (DEP) or your regional office of the federal Environmental Protection Agency (EPA) for specific recommendations.

Handling and Storage

Prior to working with **Xylenes** you should be trained on its proper handling and storage.

- ▶ **Xylenes** react with OXIDIZING AGENTS (such as PERCHLORATES, PEROXIDES, PERMANGANATES, CHLORATES, NITRATES, CHLORINE, BROMINE and FLUORINE) and STRONG ACIDS (such as HYDROCHLORIC, SULFURIC and NITRIC).
- ▶ Store in tightly closed containers in a cool, well-ventilated area.
- ▶ Sources of ignition, such as smoking and open flames, are prohibited where **Xylenes** are used, handled, or stored.
- ▶ Metal containers involving the transfer of **Xylenes** should be grounded and bonded.
- ▶ Use explosion-proof electrical equipment and fittings wherever **Xylenes** are used, handled, manufactured, or stored.
- ▶ Use only non-sparking tools and equipment, especially when opening and closing containers of **Xylenes**.

Occupational Health Information Resources

The New Jersey Department of Health and Occupational Health Service, offers multiple services in occupational health. These services include providing informational resources, educational materials, public presentations, and industrial hygiene and medical investigations and evaluations.

For more information, please contact:

New Jersey Department of Health
 Right to Know
 PO Box 368
 Trenton, NJ 08625-0368
 Phone: 609-984-2202
 Fax: 609-984-7407
 E-mail: rtk@doh.nj.gov
 Web address:
<http://nj.gov/health/workplacehealthandsafety/right-to-know>

***The Right to Know Hazardous Substance Fact Sheets
 are not intended to be copied and sold
 for commercial purposes.***

GLOSSARY

ACGIH is the American Conference of Governmental Industrial Hygienists. They publish guidelines called Threshold Limit Values (TLVs) for exposure to workplace chemicals.

Acute Exposure Guideline Levels (AEGs) are established by the EPA. They describe the risk to humans resulting from once-in-a-lifetime, or rare, exposure to airborne chemicals.

Boiling point is the temperature at which a substance can change its physical state from a liquid to a gas.

A **carcinogen** is a substance that causes cancer.

The **CAS number** is unique, identifying number, assigned by the Chemical Abstracts Service, to a specific chemical.

CFR is the Code of Federal Regulations, which are the regulations of the United States government.

A **combustible** substance is a solid, liquid or gas that will burn.

A **corrosive** substance is a gas, liquid or solid that causes destruction of human skin or severe corrosion of containers.

The **critical temperature** is the temperature above which a gas cannot be liquefied, regardless of the pressure applied.

DEP is the New Jersey Department of Environmental Protection.

DOT is the Department of Transportation, the federal agency that regulates the transportation of chemicals.

EPA is the Environmental Protection Agency, the federal agency responsible for regulating environmental hazards.

ERG is the Emergency Response Guidebook. It is a guide for emergency responders for transportation emergencies involving hazardous substances.

Emergency Response Planning Guideline (ERPG) values provide estimates of concentration ranges where one reasonably might anticipate observing adverse effects.

A **fetus** is an unborn human or animal.

A **flammable** substance is a solid, liquid, vapor or gas that will ignite easily and burn rapidly.

The **flash point** is the temperature at which a liquid or solid gives off vapor that can form a flammable mixture with air.

IARC is the International Agency for Research on Cancer, a scientific group.

Ionization Potential is the amount of energy needed to remove an electron from an atom or molecule. It is measured in electron volts.

IRIS is the Integrated Risk Information System database on human health effects that may result from exposure to various chemicals, maintained by federal EPA.

LEL or Lower Explosive Limit, is the lowest concentration of a combustible substance (gas or vapor) in the air capable of continuing an explosion.

mg/m³ means milligrams of a chemical in a cubic meter of air. It is a measure of concentration (weight/volume).

A **mutagen** is a substance that causes mutations. A **mutation** is a change in the genetic material in a body cell. Mutations can lead to birth defects, miscarriages, or cancer.

NFPA is the National Fire Protection Association. It classifies substances according to their fire and explosion hazard.

NIOSH is the National Institute for Occupational Safety and Health. It tests equipment, evaluates and approves respirators, conducts studies of workplace hazards, and proposes standards to OSHA.

NTP is the National Toxicology Program which tests chemicals and reviews evidence for cancer.

OSHA is the federal Occupational Safety and Health Administration, which adopts and enforces health and safety standards.

PEOSHA is the New Jersey Public Employees Occupational Safety and Health Act, which adopts and enforces health and safety standards in public workplaces.

Permeated is the movement of chemicals through protective materials.

ppm means parts of a substance per million parts of air. It is a measure of concentration by volume in air.

Protective Action Criteria (PAC) are values established by the Department of Energy and are based on AEGs and ERPGs. They are used for emergency planning of chemical release events.

A **reactive** substance is a solid, liquid or gas that releases energy under certain conditions.

STEL is a Short Term Exposure Limit which is usually a 15-minute exposure that should not be exceeded at any time during a work day.

A **teratogen** is a substance that causes birth defects by damaging the fetus.

UEL or Upper Explosive Limit is the highest concentration in air above which there is too much fuel (gas or vapor) to begin a reaction or explosion.

Vapor Density is the ratio of the weight of a given volume of one gas to the weight of another (usually *Air*), at the same temperature and pressure.

The **vapor pressure** is a force exerted by the vapor in equilibrium with the solid or liquid phase of the same substance. The higher the vapor pressure the higher concentration of the substance in air.

Common Name: **XYLENES**

Synonyms: Dimethylbenzene; Methyl Toluene (mixed isomers); Xylol

CAS No: 1330-20-7

Molecular Formula: C₆H₄(CH₃)₂

RTK Substance No: 2014

Description: Colorless liquids with a faint, sweet odor

HAZARD DATA

Hazard Rating	Firefighting	Reactivity
2 - Health 3 - Fire 0 - Reactivity DOT#: UN 1307 ERG Guide #: 130 Hazard Class: 3 (Flammable)	FLAMMABLE LIQUIDS Use dry chemical, CO ₂ , water spray or foam as extinguishing agents. POISONOUS GASES ARE PRODUCED IN FIRE. CONTAINERS MAY EXPLODE IN FIRE. Use water spray to keep fire-exposed containers cool. Vapors are heavier than air and may travel a distance to cause a fire or explosion far from the source and flash back. Flow or agitation may generate electrostatic charges. Xylenes may form an ignitable vapor/air mixture in closed tanks or containers.	Xylenes react with OXIDIZING AGENTS (such as PERCHLORATES, PEROXIDES, PERMANGANATES, CHLORATES, NITRATES, CHLORINE, BROMINE and FLUORINE) and STRONG ACIDS (such as HYDROCHLORIC, SULFURIC and NITRIC).

SPILL/LEAKS

Isolation Distance:

Spill: 50 meters (150 feet)

Fire: 800 meters (1/2 mile)

Absorb *liquids* in dry sand, earth, or a similar material and place into sealed containers for disposal.

Ground and bond containers when transferring **Xylenes**.

Use only non-sparking tools and equipment.

Keep **Xylenes** out of confined spaces, such as sewers, because of the possibility of an explosion.

DO NOT wash into sewer.

Xylenes are toxic to aquatic organisms.

PHYSICAL PROPERTIES

Odor Threshold:	0.07 to 40 ppm
Flash Point:	63° to 77°F (17° to 25°C)
LEL:	0.9 to 1.1%
UEL:	6.7 to 7%
Auto Ignition Temp:	867° to 984°F (464° to 529°C)
Vapor Density:	3.7 (air = 1)
Vapor Pressure:	7 to 9 mm Hg at 68°F (20°C)
Specific Gravity:	0.86 (water = 1)
Water Solubility:	Insoluble
Boiling Point:	279° to 291°F (137° to 144°C)
Freezing Point:	-53°F (-47°C) to 55.4°F (13°C)
Ionization Potential:	8.44 to 8.56 eV
Molecular Weight:	106.2

EXPOSURE LIMITS

OSHA: 100 ppm, 8-hr TWA

NIOSH: 100 ppm, 10-hr TWA; 150 ppm, STEL

ACGIH: 100 ppm, 8-hr TWA; 150 ppm, STEL

IDLH: 900 ppm

The Protective Action Criteria values are:

PAC-1 = 130 ppm PAC-2 = 920 ppm PAC-3 = 2,500 ppm

PROTECTIVE EQUIPMENT

Gloves:	Vinton/Butyl, Polyvinyl Alcohol, Silver Shield®/4H®, Viton and Barrier® (>8-hr breakthrough)
Coveralls:	Tychem® BR, CSM and TK (>8-hr breakthrough) Use turnout gear or flash protection if ignition/fire is the greatest hazard
Respirator:	>100 ppm - full facepiece APR with <i>Organic vapor cartridge</i> >900 ppm - SCBA

HEALTH EFFECTS

Eyes: Irritation

Skin: Irritation (skin absorbable)

Inhalation: Nose and throat irritation with coughing and wheezing

Headache, dizziness, lightheadedness, and passing out

FIRST AID AND DECONTAMINATION

Remove the person from exposure.

Flush eyes with large amounts of water for at least 15 minutes. Remove contact lenses if worn.

Quickly remove contaminated clothing and wash contaminated skin with large amounts of soap and water.

Begin artificial respiration if breathing has stopped and CPR if necessary.

Transfer promptly to a medical facility.