If you buy more than the value of the voucher, you may pay the difference with any other form of payment.

Use this Cash-Value Voucher (CVV) Brochure, your WIC ID Folder and your CVV to help you correctly select authorized foods on the CVV.

Do not forget to use your CVV between the first and last day to use. Also, do not forget to sign your CVV checks AFTER the cashier fills in the correct total dollar amount.
### ACCEPTABLE CASH-VALUE VOUCHER FOOD LIST – NO DRIED FRUITS AND VEGETABLES

#### FRESH FRUITS AND VEGETABLES

**ALLOWED:**
- Any variety of fresh whole or cut fruits and vegetables
- Plain salad mixes, coleslaw, and greens in a bag
- Plain fruit or plain vegetables in any container
- Fruits and vegetables do not have to be locally grown
- Fresh potatoes

**NOT ALLOWED:**
- Items from the salad bar, party platters or trays, fruit baskets, decorative vegetables and fruits, dried fruit, dried vegetables, herbs and spices
- Nuts, including peanuts, fruit-nut mixtures
- Bagged fruits and vegetables with dips, dressings or other ingredients
- Herbs

#### POTATO PRODUCTS

**ALLOWED:**
- Any brand
- Fresh, frozen and canned
- Any package type (bag, box)
- Includes all shelf-stable containers or pouches
- Any size (except single serving packages)
- With or without salt

**NOT ALLOWED:**
- Products with added sugars, seasonings, fats, oils or condiments
- Products with sauces, like cheese sauce or any other type of sauce
- Seasoned, flavored or breaded
- Single serving packages
- Prepared or frozen tater tots
- Prepared or frozen french fries
- Dehydrated or prepared mashed potatoes

#### CANNED VEGETABLES

**ALLOWED:**
- Any brand
- Any plain vegetables or plain mixed vegetables
- Includes all shelf-stable containers or pouches
- Any size (except single serving packages)
- Regular or low sodium
- Pastes, purees, whole, crushed tomatoes

**NOT ALLOWED:**
- Sauerkraut
- Pickles or creamed vegetables (including corn)
- Baked beans, pork and beans, black beans, black-eyed peas, garbanzo beans, kidney beans, lima beans, pinto beans, navy beans, soybeans, split peas, lentils, or other mature legumes
- Soups, ketchup, relish, olives
- Products with added sugar, fats, oils, or condiments
- Soups, sauces (pizza, spaghetti or tomato), stewed tomatoes, diced tomatoes, salsa
- Single serving packages

#### FROZEN VEGETABLES

**ALLOWED:**
- Any brand
- Any plain vegetables or plain mixed vegetables
- Plain mashed potatoes
- Any package type (bag, box)
- Any size (except single serving packages)
- With or without salt

**NOT ALLOWED:**
- Vegetables with sauces, like cheese sauce or any other type of sauce
- Seasoned, flavored or breaded
- Products with added sugar, fats, oils or condiments
- Vegetables mixed with pasta, rice, or any other ingredient
- Single serving packages

#### CANNED FRUIT

**ALLOWED:**
- Any brand packed in water or juice
- Any plain fruit or plain mixed fruit
- Fruit cocktail packed in 100% juice or water only
- Includes all shelf-stable containers or pouches
- Any size (except single serving packages)
- Fruit must be listed as the first ingredient
- Applesauce, unsweetened

**NOT ALLOWED:**
- Products packed in syrup (heavy, light, naturally light, extra light, etc.)
- Products with added sugar, salt, fats, or oils
- Single serving packages

#### FROZEN FRUIT

**ALLOWED:**
- Any brand with no added sugar
- Any plain fruit or plain fruit mixture
- Any package type (bag, box)
- Any size (except single serving packages)

**NOT ALLOWED:**
- Products packed in syrup (heavy, light, naturally light, extra light, etc.)
- Products with added sugar, salt, fats, or oils
- Single serving packages

### CALL YOUR LOCAL WIC OFFICE IF YOU HAVE ANY QUESTIONS OR CONCERNS