

Healthy New Jersey 2030 Overview for the New Jersey Climate Change Alliance Public Health Workgroup

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Maria Baron, NJ Department of Health
Healthy NJ Coordinator

Marissa Davis, NJ YMCA State Alliance
Healthy NJ Advisory Council Chair



Agenda

What is Healthy New Jersey?

Development Phase I

Development Phase II

Implementation and Evaluation

Healthy New Jersey

- Initiative focused on identifying and addressing NJ residents' **priority health needs**.
- Uses two, ongoing statewide collaborative processes:
 - [State Health Assessment](#)
 - [State Health Improvement Plan](#)
- Organized into Topic Areas designed to serve as the framework for addressing the underlying, contributing factors of **health inequities** and to **improve health and well-being** of all people.
- Consists of **action plans** to achieve broad goals and SMART **objectives** to measure their success.
- Modeled after the national [Healthy People](#) initiative and entering its fourth decade.



2017-2021

DEVELOPMENT PHASE I

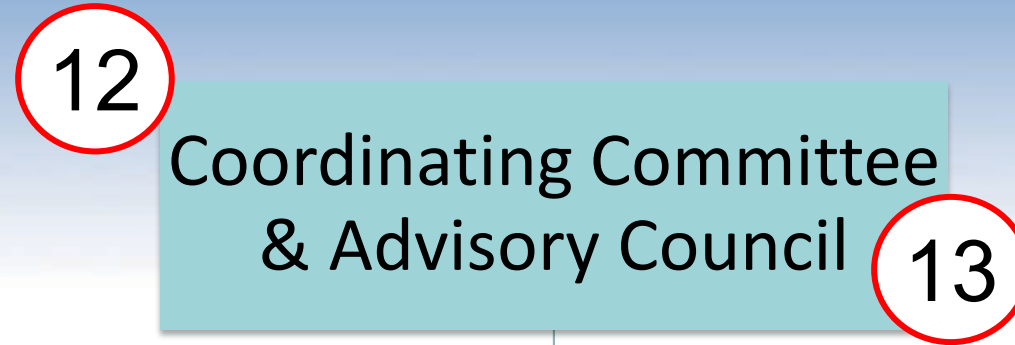
Accomplishments

- **2017: Core team began preliminary work**
- **2019: DOH coordinating committee formed**
 - Adopted and adapted Healthy People 2030 framework
 - Recruited initial Advisory Council members
- **2019: Advisory Council established**
 - Developed 4 Topic Areas and 3 Cross-Cutting Issues
- **2020: Action Teams formed (one per Topic Area)**
 - Refined the scope of and determined the priority areas for the four Topic Areas.
 - Identified relevant health improvement action plans already in use in New Jersey.
 - Assessed the published plans collectively to identify gaps.
- **2020-2021: Community Conversations**
- **2021: Recruited new members for all workgroups**



Phase I Workgroups

77



Action Team

11

Action Team

16

Action Team

26

Action Team

15

HNJ2030 Framework

Vision

A society in which all people can achieve their full potential for **health and well-being** across the lifespan.

Mission

To promote, strengthen, and evaluate the State's efforts to improve the **health and well-being** of all people.

Foundation Principle

Attain **health and well-being** for all people

Overarching Goals

Eliminate health disparities, achieve health equity, and attain health literacy
Create social, physical, and economic environments that promote **health and well-being**
Healthy development, healthy behaviors, and well-being across all life stages

Action Plan/Stakeholders

Full stakeholder involvement
Share and support programs and policies that are scalable and sustainable
Set goals and objectives to support policies, programs, and actions to improve **health and well-being**
Identify and cultivate opportunities and resources for increasing health equity
Highlight critical needs to stimulate research and innovation

HNJ2030's Foundation Principle

Attain health and well-being for all people.

Health refers to a person's physical and mental condition.

Well-being encompasses many aspects of life, including physical, mental, emotional, social, financial, occupational, intellectual, and spiritual.

Topic Areas & Cross-Cutting Issues



Community Conversations

- Community Conversations: Pandemic Perspectives, New Jersey's COVID-19 Storytelling Project
- Personal accounts of 580+ NJ residents during the pandemic
- Community input for HN2030
- More info: <https://www.njymca.org/communityconversations>



Nine Themes Emerged



Mental Health

Negative Mental Health Outcomes
Positive Outlook
Resilience
Secondary Suffering/Trauma
Self-Care Strategies
Religion/Spirituality

Social & Economic Factors

Education
Digital Divide
Employment
Financial (In)stability

Clinical Care & Healthcare

Access to Care
Quality of Care
Maternal Health
COVID-19 Health Behaviors

Socialization

Social Re-Connect
Social Disconnect
Relationships

Perceptions from Residents and Societal Views/ Responses

Frustration with Lack of Adherence
Perceived Politicization of
Recommended Public Health
Response
View of New Jersey Response to
the COVID-19 Pandemic
View of the Federal Response to
the COVID-19 Pandemic

Those Left Out of the Virus Response

Communities of Color
& Minoritized Individuals
Disabled Individuals
Homeless Individuals
Language as a Barrier
Low-income Communities
Low-income Individuals
Older Persons
Undocumented Individuals
Veterans

Resources Needed and Recommendations

Resources Needed
Actionable Items from Residents

Vaccine for COVID-19

Physical Environment

Housing
Transit

2022

DEVELOPMENT PHASE II

HNJ2030 Priority Areas

Health Care

- Equitable and sustainable access
- Quality and safety
- Integration and coordination
- Technology

Healthy Communities

- Equitable access to resources and conditions
- Inclusive and just systems, resources, and policies

Healthy Families

- Maternal and infant health
- Childhood vaccination
- Family issues
- STIs

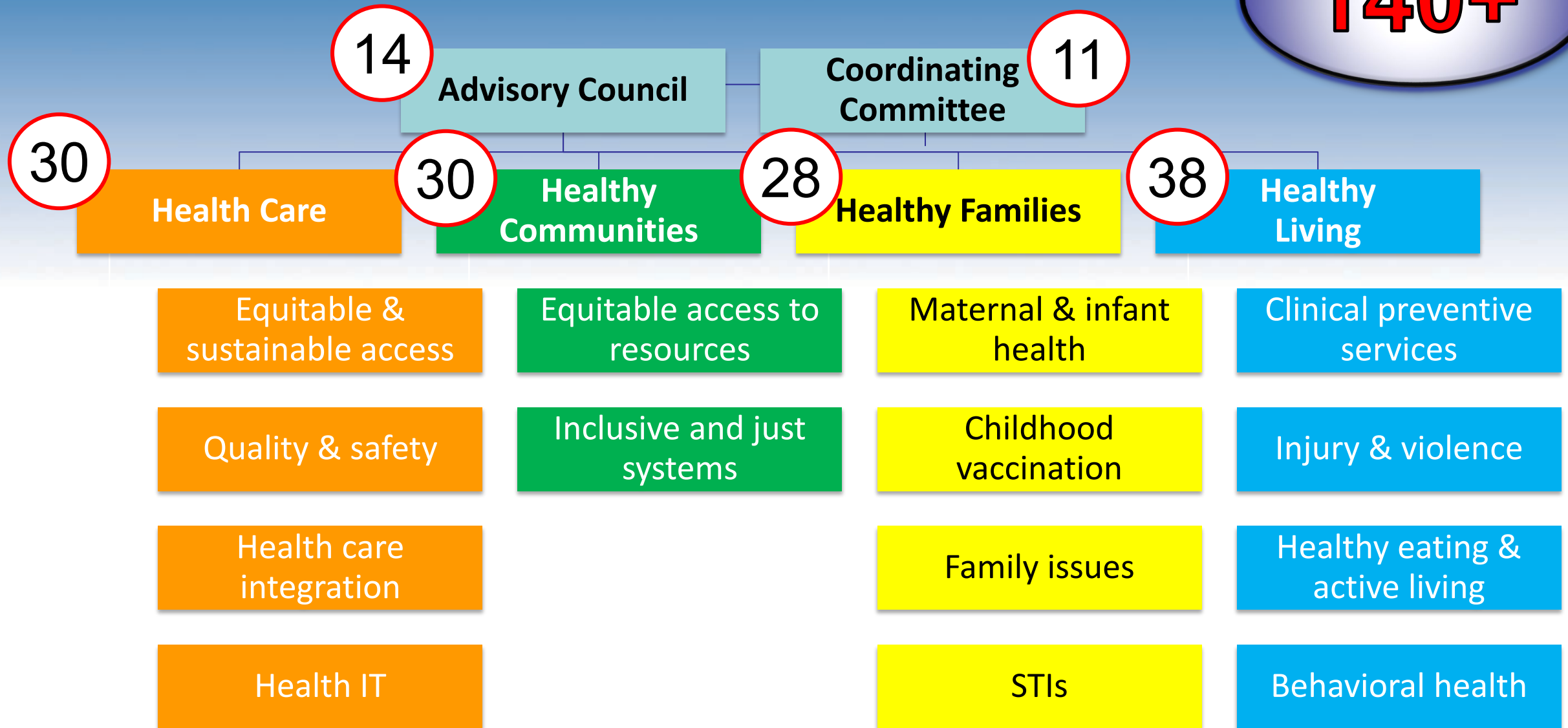
Healthy Living

- Clinical preventive services
- Injury and violence
- Healthy eating and active living
- Behavioral health

Equity and Resilience

Phase II Workgroups

140+



2022: Action Teams

- **Action Teams**
 - Create a **goal** for each priority area in the four Topic Areas.
 - **Review** quantitative data, existing plans, and community input from Community Conversations.
 - Develop **action plans** to achieve those goals.
 - Establish specific, measurable, achievable, realistic, time-bound (SMART) **objectives** to measure success.
 - Set **target values** to be reached by 2030 for those objectives (based on Healthy People guidelines).
- Collectively, the action plans will become the next **State Health Improvement Plan** and the objectives will be used for **State Health Assessment**.



2022: Advisory Council & Coordinating Committee

- Make recommendations for action plan content, objectives, and targets
- Create rubric for action plan review
- Review/edit and approve action plan drafts, draft objectives, and proposed targets
- Coordinate DOH senior staff and governor's office approval
- Combine all into the next State Health Improvement Plan



2023-2030: Implementation Phase

- Implement the action plans
- Track progress of plans
- Track objectives by updating data annually on public dashboard
- Course correction as needed

For more information

Website: healthy.nj.gov

Email: [Contact us](#)