

12/15/20 Report from Infant & Child Subcommittee

The Infant and Child Subcommittee (0-13) met by Zoom on 11/30 and 12/14 to discuss the topics relevant to the 0-13 years old age group. Our topic suggestions are outlined below. We have also started gathering links to resources and subject matter experts to further inform our work.

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Healthy NJ 2030 - **Infant & Child (ages 0-13 years)** Subcommittee Topics

Cross Cutting Strategies: **Equity, Policy, Resilience**

Maternal Health

- Doulas
- Prenatal assessments with HCP
- Centering Pregnancy
- Postpartum care: follow-up
- Maternal Depression
 - Follow-up
 - Care/Treatment
- Lactation support

Infant Health/Early Childhood (Well Baby/Child Visits)

- Establishing a medical home; access to urgent care/EMS
- SIDS, SUID, infant mortality, preterm birth
- Developmental Milestones; Autism
- Parent support & education
- Oral Care

Mental Health (MH)/ACEs

- Routine screenings of parents
- Developmental assessments & screenings
- Expanded mental health services (even for infants)
- Parent-child attachment/bonding
- Adequate mental health resources in schools

Immunizations

- Maintain current high vaccination levels
- Gather accurate data from the NJIIS
- Ensure school nurses can access NJIIS for follow-up of provisional and out-of-compliance students.
- Ensure access to VFC providers
- Identify & address socioeconomic barriers to vaccination

- Support collection of post-vaccination safety data (V-Safe, VAERS) to address vaccine hesitancy

Physical Activity/Fitness/PE/Recess/Nutrition/School Lunch/Obesity

- Decrease percentage of children who experience obesity/overweight
- Increase physical activity for families
- Participation in PE and recess at school
- Nutrition Programs
- Programs that promote exercise/decrease sedentary activities

Managing Chronic Illness

- Decrease chronic illnesses
- Access to care
- Education on chronic illnesses
- Helping families coordinate care

School-Age Children

- Safe child care
- Access to child care
- Chronic absenteeism