

4/29/22 Healthy Living Action Team: Behavioral Health Subcommittee Meeting

Attendance:

Uta Steinhauser
Christine Scalise
Suzanne Borys
Kaitlyn Mazzilli
Lekha Prakash
Donna Lisi
Debra Wentz

Agenda:

- Meeting schedule discussion
- Pick prioritization areas from jam board

- May 6th for next meeting and then either the 13th or 16th for a meeting afterwards, poll to come on this
- Action Plan is due by May 20th
- Excel SHIP as template and SHIP PDF – Lekha to send to group
- Based on our three sections (prevention, treatment, recovery) we need to come up with 10 strategies, we are limited to 10.
- One way to create the strategies is to rank the areas on the jam board by priority and ease of implementation

Prevention

- Priorities: Education and Training, Addressing ACES, and Screening
 - Age should be a factor considered in each of the priority areas we choose
 - Don't forget infancy and early childhood in age group, also consider postpartum depression
 - Accessibility may need to be a factor across all of our strategies (can look at it from an equity lens)

Treatment

- Priorities: Increase accessibility and affordability of appropriate treatment programs and follow up
 - While addressing comorbidities/other mental health issues

Management/Recovery:

- Priorities: Ensuring support along continuum of care (peer recovery, community collaborations, legal, transportation, employment, education etc.). Could summarize some of these as social determinants of health. Harm reduction strategies and addressing poly-use

Everyone should look at our document and see if you agree with our priority areas and let us know if you have any feedback ([HLTH2030\(04/29/22\) - Google Jamboard](#))

Next meeting May 6th and will finalize another date before the 20th.

Meeting Recording:

https://stockton.zoom.us/rec/share/OQ9VTwLY2egrYdZ2Q0r7G0gOiXPI3g1TKxpxLr2H5jgrXo0wqwxY8gaR_nPoZhA.iMFw3Et7A4eltW0U