

3/18/22 Healthy Living Action Team: Behavioral Health Subcommittee Meeting

Attendance:

- Lekha Prakash
- Christine Scalise
- Charlotte Sadashige
- Kaitlyn Mazzilli
- Debbie Wentz
- Donna Lisi
- Maria Baron

Agenda:

- Meeting schedule
- Goal statement
- Taking minutes – Kaitlyn volunteered to take minutes

Notes:

- Lekha will record the meeting – all in attendance agreed, transcript comes with Zoom
- Reviewed that “Timely access to quality behavioral healthcare” goal was just a draft
- Prevention, treatment, recovery continuum
- Implement and enforce parity in behavioral health
- Live a healthy lifestyle
- Co-occurring disorders
- Harm reduction
- Accessibility, affordability
- GOAL: “Improve mental health and reduce substance use”
- Meet biweekly, alternate days of the week
- Debra & Donna - Wednesdays aren’t good for meetings, Kaitlyn – Thursdays aren’t good
- Doodle poll – Friday was #1, Monday #2 – between 12 and 2 pm
- Next meeting is April 1, 11, 29, At 12-1pm