

# Healthy New Jersey 2020 (HNJ2030) Healthy Living Action Team

## Meeting Agenda

October 1, 2020, 10:00 – 11:30 am

### Zoom

**ACT Members:** Carolyn Beauchamp and Barbara Johnston (Mental Health Association of NJ); Angelo Valente (Partnership for a Drug-Free NJ); Tiffany Neal (N.J. Healthy Communities Network); Laura Cerutti (TransOptions); Eva Mancheno (Food Bank of New Jersey); Meredith Yorkin (Hackensack Meridian at Pascack Valley Medical Center)

**NJDOH Liaison Members:** Maria Baron (Healthy New Jersey); Nashon Hornsby (Division of Community Health Services); Suzanne Miro (Communicable Disease Service); Juliet Jones (Family Health Services); Damon Koslow (Office of Primary Care and Rural Health)

**HNJ2030 Advisory Council Members:** Alycia Bayne (NORC); John Sarno (Employers Association of NJ); Sherry Dolan (Capital Health System)

**Other Attendees:** Julia Wieczorek (New Jersey YMCA State Alliance)

### Agenda:

- I. Welcome and Member Updates
  - a. Drugfreenj.org – #KnockOutOpioidAbuse Day is a virtual day to address opioid abuse. October 6<sup>th</sup>.
  - b. #HealthEquityNJ - October 7<sup>th</sup> 5 – 6 pm. First lady hosting a Twitter talk on health equity NJ. “What is NJ doing to save our Black mothers and babies?”
  - c. NJ Society for Public Health Education will have a virtual annual meeting Dec 3 – 4. The keynote will focus on designing powerful online meeting experiences.
  - d. NJ vaccination initiative: 10 FQHCs across the state are participating in an initiative to build infrastructure for a state vaccination initiative through a CDC grant.
  - e. NJ State Strategic Highway Safety Plan was released.
- II. Overview of Community Conversations and Presentation from Julia Wieczorek
  - a. Guest speaker: Julia Wieczorek, Program Administrator VISTA, New Jersey YMCA State Alliance
  - b. New Jersey’s COVID-19 Storytelling Project is an initiative of the New Jersey YMCA State Alliance and the New Jersey Department of Health. The purpose is to gather New Jersey residents’ experiences navigating the COVID-19 pandemic.
  - c. Link: <https://www.njymca.org/communityconversations>
  - d. DOH would like to invite members of the Healthy Living ACT to support this initiative by conducting a community conversation in October. These conversations can be with friends, family members, colleagues, and other individuals you may interact with. This activity is optional. Examples of the guiding questions include:

- 1) How has your life changed since March as a result of the COVID-19 pandemic?
  - 2) What were the main or most trusted sources you received information about COVID-19 from? How did you act upon the information you received? Have you developed any new sources of information?
  - 3) What was the hardest/biggest challenge for you or your family during/amidst COVID-19?
  - 4) In what ways did you address the challenges of COVID-19? What challenges do you expect will remain post-COVID-19?
  - 6) What were your greatest sources of strength? Where/when did you feel less strong?
  - 7) What brought you/Where did you find happiness?
  - 8) What brought you/Where did you find sadness?
  - 10) What surprised you about the pandemic?
- e. The conversation can be conducted virtually (phone, video) or in person.
- f. Document their story/experience using the Submission Form and consent form: <https://njyalliance.wufoo.com/forms/m1duljux1n26kqp/>
- g. In appreciation of their time, individual participants who share their COVID-19 story are eligible to receive one \$25 VISA gift card through the NJ YMCA State Alliance.
- h. Please contact Julia Wiczorek with any questions: [Julia.Wiczorek@yalliance.org](mailto:Julia.Wiczorek@yalliance.org)

### III. Timeline

- a. Sept 2020 – Jan 2021
  - i. Refine topic areas
  - ii. Prioritize
  - iii. Review existing plans/policies
  - iv. Begin writing action plans
- b. Feb – Mar 2021
  - i. Review/revise
- c. Spring/Summer 2021
  - i. Finalize action plans/strategies, objectives, targets

### IV. Next Steps

- i. Next ACT Meetings November 5<sup>th</sup> 10 – 11:30 am
- ii. There was a question related to whether the community conversations had approval from an Institutional Review Board (IRB). Update: The NJ YMCA State Alliance confirmed on 10/1/2020 that they do not need IRB approval for the community conversations. The Walter Rand Institute for Public Affairs, the entity that will perform the data analysis of the results, will submit the project to IRB for review.