

# Healthy New Jersey 2030

Senior Staff Meeting May 17, 2022



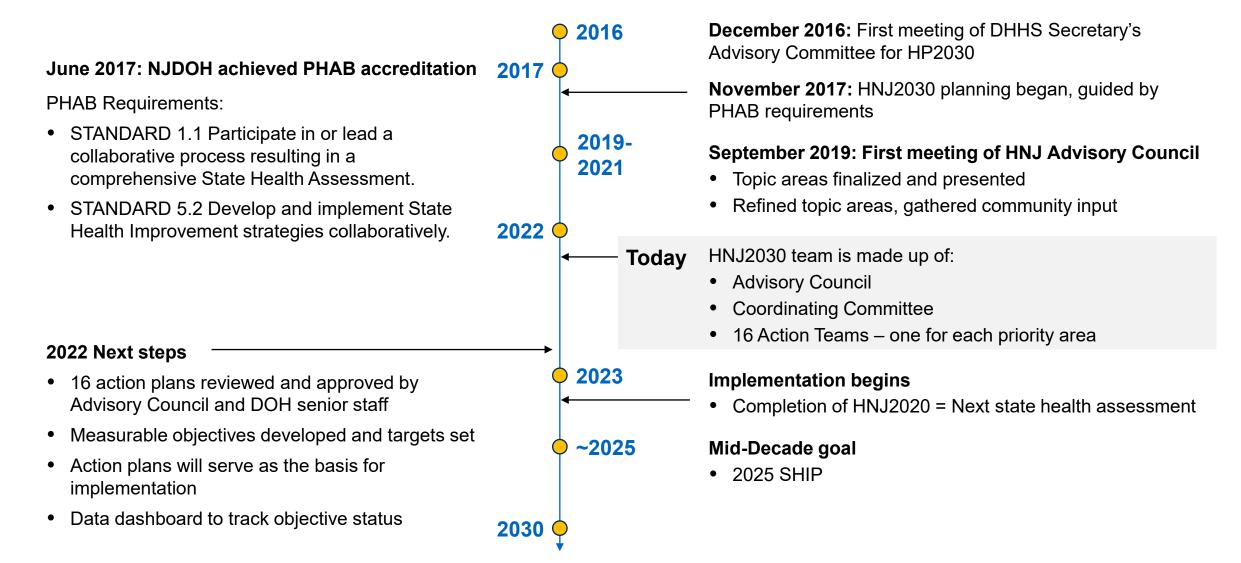
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# Healthy People & Healthy New Jersey 2030

- Healthy People 2030 is the fifth edition of Healthy People, a national framework to improve the health and well being of people in the United States
- State public health bodies create state-level initiatives inspired by Healthy People with state-specific objectives
- Healthy New Jersey 2030 is currently being developed in accordance with Public Health Accreditation Board (PHAB) requirements
- NJDOH's 2030 goals are to collaborate with community and local stakeholders, and focus on 4 core topic areas; Access to Quality Care, Healthy Communities, Healthy Families, and Healthy Living

#### **Timeline – Past and Future**

Deep dive on approach to follow



### **New Approach to Healthy New Jersey 2030**

Deep dive on core topics to follow

#### **Structure**

**Advisory Council** 

**Coordinating Committee** 

16 Action Teams across 4 topic areas

Access to Quality Care Healthy Families

Healthy Communities Healthy Living

Cross-cutting: Equity | Policy | Resilience

#### **Approach**

- Multisectoral collaboration led by external experts
- Prevention and equity lenses focus on root causes of health conditions
- Community engagement and alignment with CH(N)As and CHIPs
- Coordinating committee representing all of DOH
- Other states' approaches will be examined and incorporated
- Health improvement planning is central to the project



### Detail: 16 Priority areas within core topics each have an action team

#### **Topics**

#### **Priority Areas**

Driven by Action Teams assembling goals, strategies, and draft action plans

## Access to Quality Care

- Equitable and sustainable access to care
- Quality & safety
- Health care integration & coordination
- Health IT

### **Healthy Families**

- Maternal & infant health
- Domestic violence
- Family-friendly policies
- Childhood vaccination
- STDs

## Healthy Communities

- Services and programs
- Planning and development
- Environmental health

#### **Healthy Living**

- Behavioral health
- Healthy eating & active living
- Injury & violence
- Clinical preventive services

Priority areas take a prevention and equity approach and are designed to target upstream root causes of common health conditions in New Jersey

# Development Phase is underway to advance priority areas prior to implementation



Deep dive case study to follow

#### **Gather information**

Each Action Team is reviewing or has reviewed data, 2020 SHIP, CHAs/CHIPs, Community Conversations, other related plans (e.g., Nurture NJ, Driving Toward Zero Deaths NJ, Adverse Childhood Experiences Action Plan)

#### **Develop strategies**

Action Teams develop strategies to achieve their team's goals, including action steps, responsible parties, timeline, etc.

#### **Draft action plans**

Drafts will be reviewed by Advisory Council members (using a rubric) as well as teams representing Equity, Resilience, and Policy

#### **Review and set targets**

Senior staff will also review the drafts

Objective metrics to measure success of the plans will be established and targets will be set

#### **Examples:**

Maternal and Infant Health Action Team is using 2020 SHIP to guide their thinking on strategies and initiatives Healthy Eating and Active Living Action Team has surpassed deadlines, with strategies in place STDs Action Team has drafted action plan and shared with the HNJ2030 team

Coordinating Committee and Center for Health Statistics will support each Action Team

Senior staff can provide input for relevant priority areas and Action Teams



## Case Study: Promoting Healthy Eating & Active Living



#### Context

One of the goals of the "Healthy Living" topic area

Contains 9 sub-strategies, each with specific action steps and evidence-based rationale for inclusion

Strategies target 3 core areas:

- Access to food, e.g., WIC, senior meal programs, food pantries
- Education for target populations
- Promoting healthy activities in a variety of settings, e.g., worksite wellness programs

#### **Approach**

- Group of 14 stakeholders from the DOH and external organizations has met bi-weekly since March 2022
- Team gathered relevant research to calibrate strategies, e.g., study of successful initiatives in food pantries
- Identified organizations that would hold responsibility, e.g., the DDS and Trust for Public Land for substrategy around improving access to physical activity settings

#### **Success to date**

- Coordinated across teams and departments to lay out the foundation for holistic strategies
- Pulled strategies from learnings in previous initiatives (e.g., 2020 SHIP) and incorporated new information
- Team members have worked on earlier phases of the current project and in previous years' iterations, which is helping to keep momentum going



## **Future steps**



### **Horizon 1 – Next steps**

#### **Coordinating Committee:**

- Gather all draft action plans
- Identify Action Teams that need further support
- Track progress of objectives on a data dashboard



#### **Horizon 2**

#### Senior Staff\*:

- Review and refine action plans with Advisory Council -- Summer 2022
- Begin implementation of plans in 2023



<sup>\*</sup> Program team members on Action Teams and on Coordinating Committee in appendix



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