

# Ann Klein Forensic Center



2022 Annual Report

# AGENDA

- ❖ INTRODUCTION
- ❖ AKFC LEADERSHIP
- ❖ PATIENT DEMOGRAPHICS
- ❖ DEPARTMENTAL HIGHLIGHTS

# Introduction

The Ann Klein Forensic Center is a 199-bed psychiatric hospital serving a designated New Jersey population. We are a Joint Commission accredited health care facility, one of four psychiatric hospitals governed by the State of New Jersey, Department of Health, Division of Behavioral Health Services.





The Ann Klein Forensic Center provides quality, comprehensive, inclusive, and respectful mental health services in a safe environment for individuals who require the highest level of security and treatment.

We are committed to providing compassionate, culturally sensitive, trauma-informed, patient-centered care, within a therapeutic and safe environment. We accomplish this by delivering a wide variety of programs and services that promote wellness and recovery, utilizing evidence-based strategies in our treatment. As the only Forensic Psychiatric Hospital in New Jersey, we serve our patients without judgement and endeavor to provide care that respects their dignity in a safe and just culture. In collaboration with the larger Behavioral Health System, we partner with other providers to help patients achieve optimal benefits of treatment, patient empowerment and successful community reintegration. The Ann Klein Forensic Center commits to pursuing excellence and becoming a leader in forensic treatment.

# 2022 AKFC Leadership

## **INSTITUTIONAL EXECUTIVE STAFF**

David Kensler, Chief Executive Officer

Karen Alloway, Deputy CEO-Support Services

Zuria Ryan, Associate Hospital Administrator

Phanuel Addo, Acting Director of Nursing

Cheryl Manson, Human Resources Director

Charles Moore, Employee Relations

Maryrose Mielczarek, Director of Rehab

Terry Goode, Director of Social Work

Hector Figueroa, Medical Security Director

Dr. Jeffrey Uhl, Deputy CEO-Clinical Services

Dr. Elizabeth Hogan, Medical Director

Dr. M. Scott Beede, Chief of Medicine

Reed Gladey, Deputy Clinical Director

Susan Moore, Director of Quality Improvement

Dianah Savage, Program Specialist 4

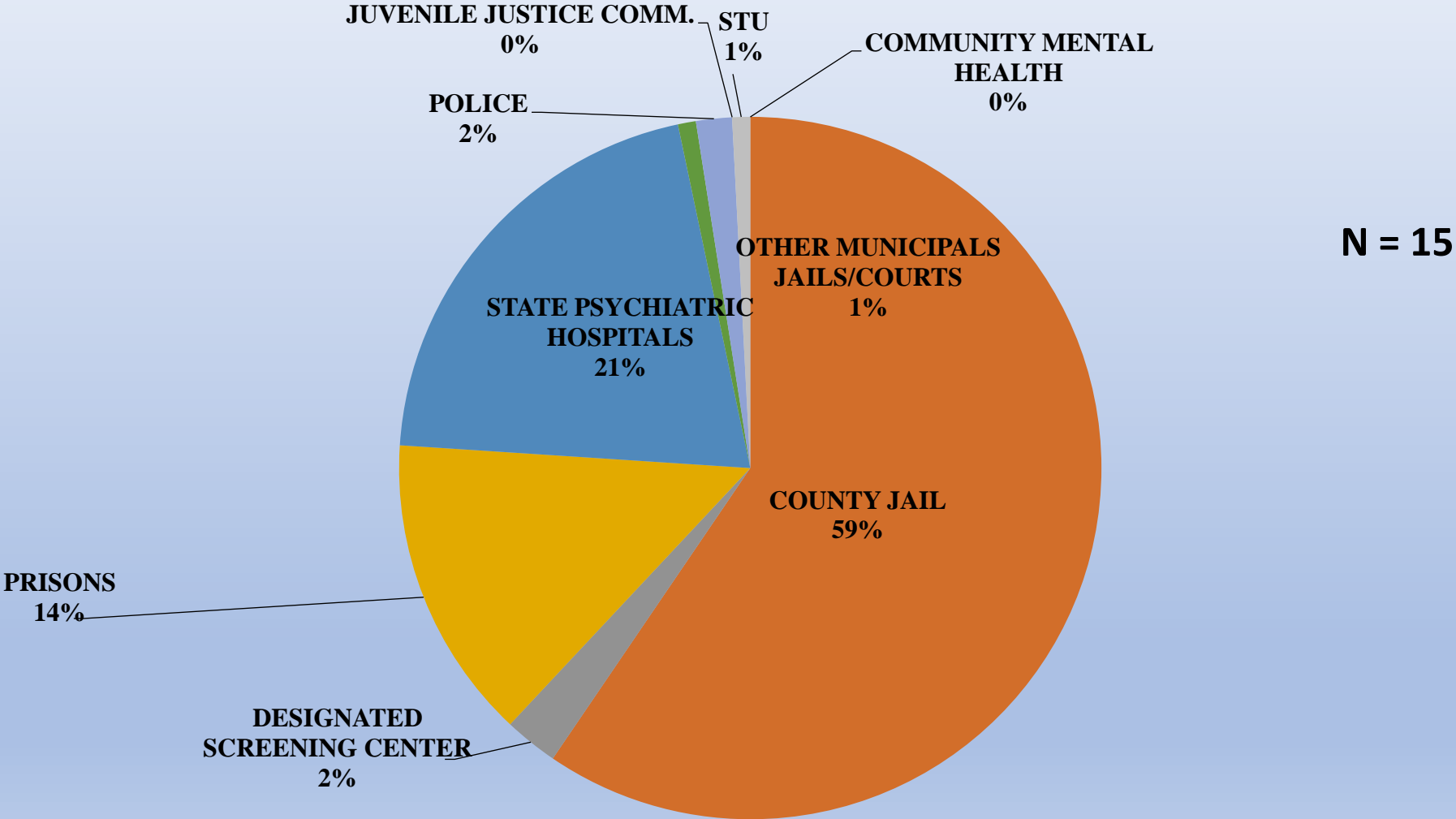
Jasmine Govani, Risk Manager

Dr. Kesha Parkes-Williams, Director of Psychology

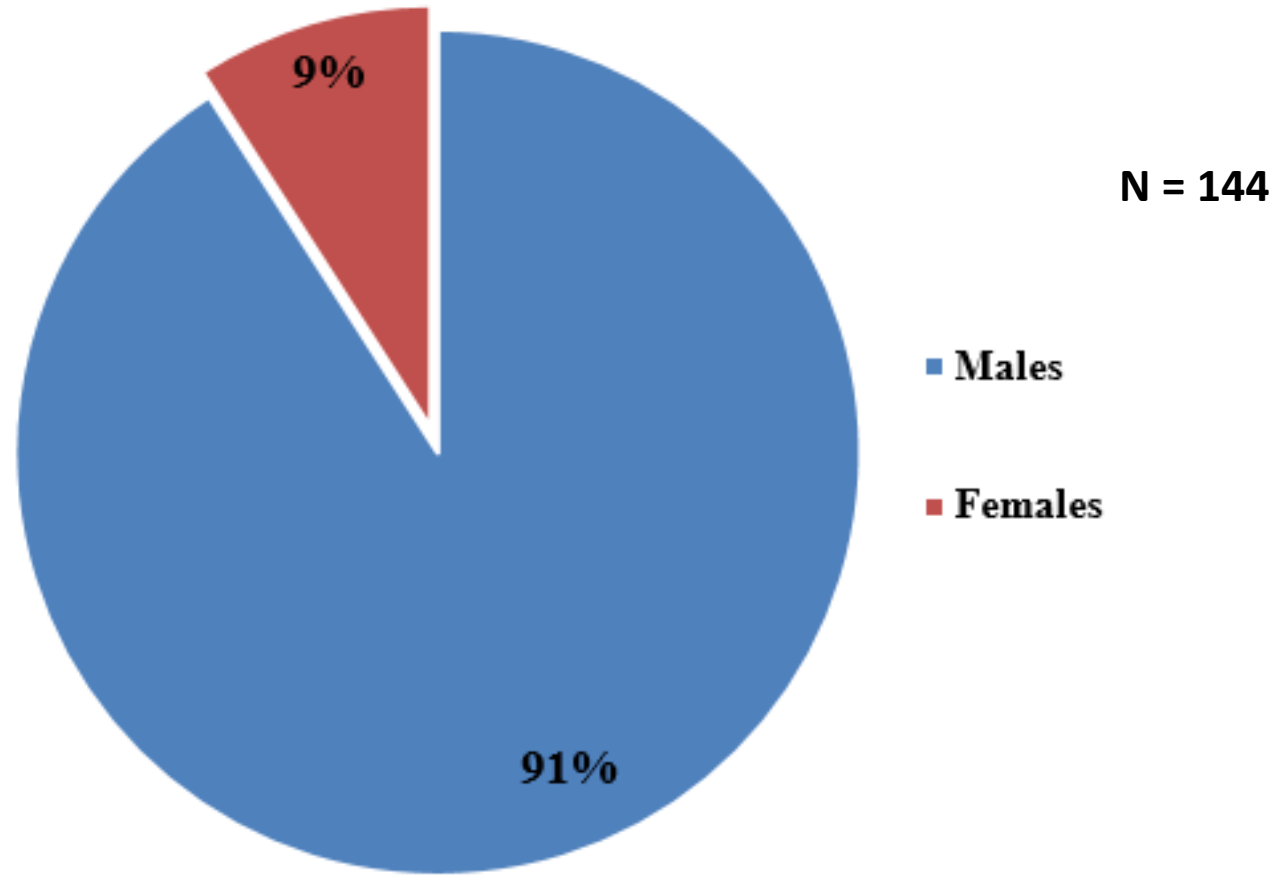
Eileen Lonergan, Acting Business Manager

# AKFC Admission Referral Facilities as of November 2022

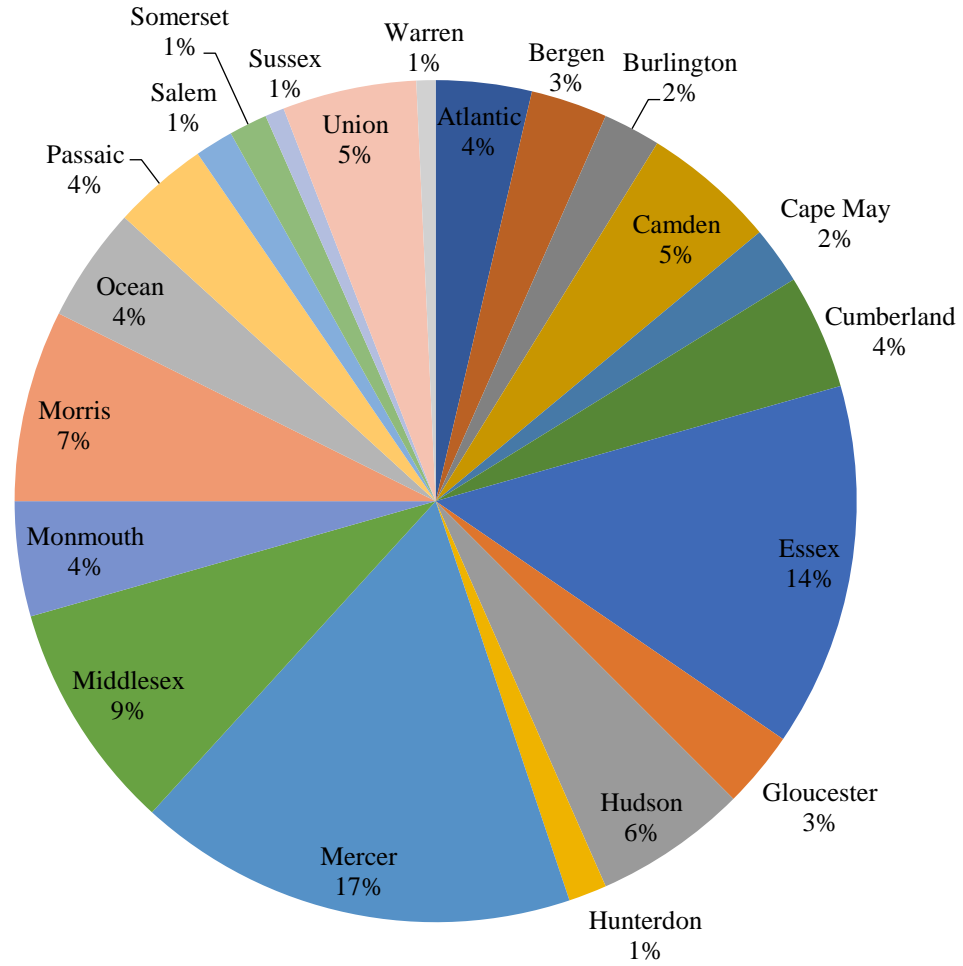
## Patient Demographics



# Admission Gender Statistics



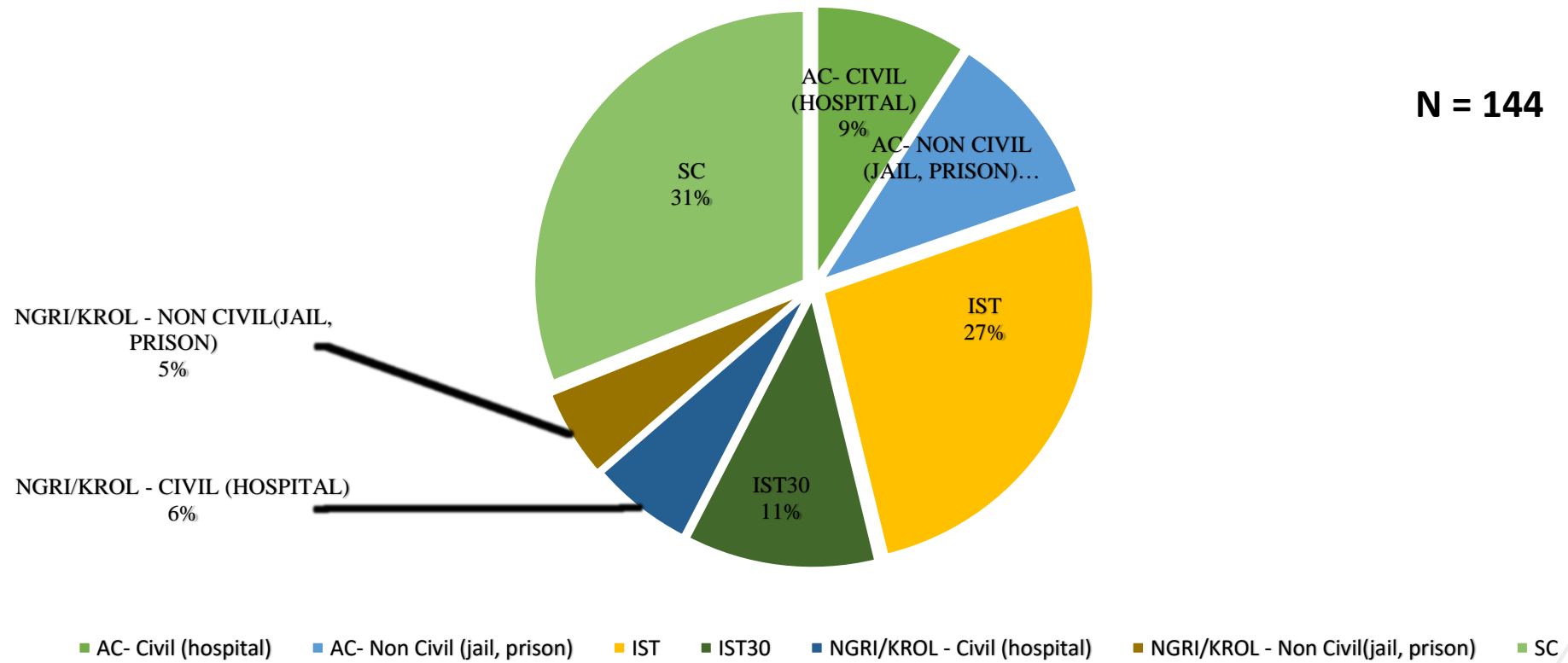
# AKFC ADMITTING COUNTIES AS OF NOVEMBER 2022



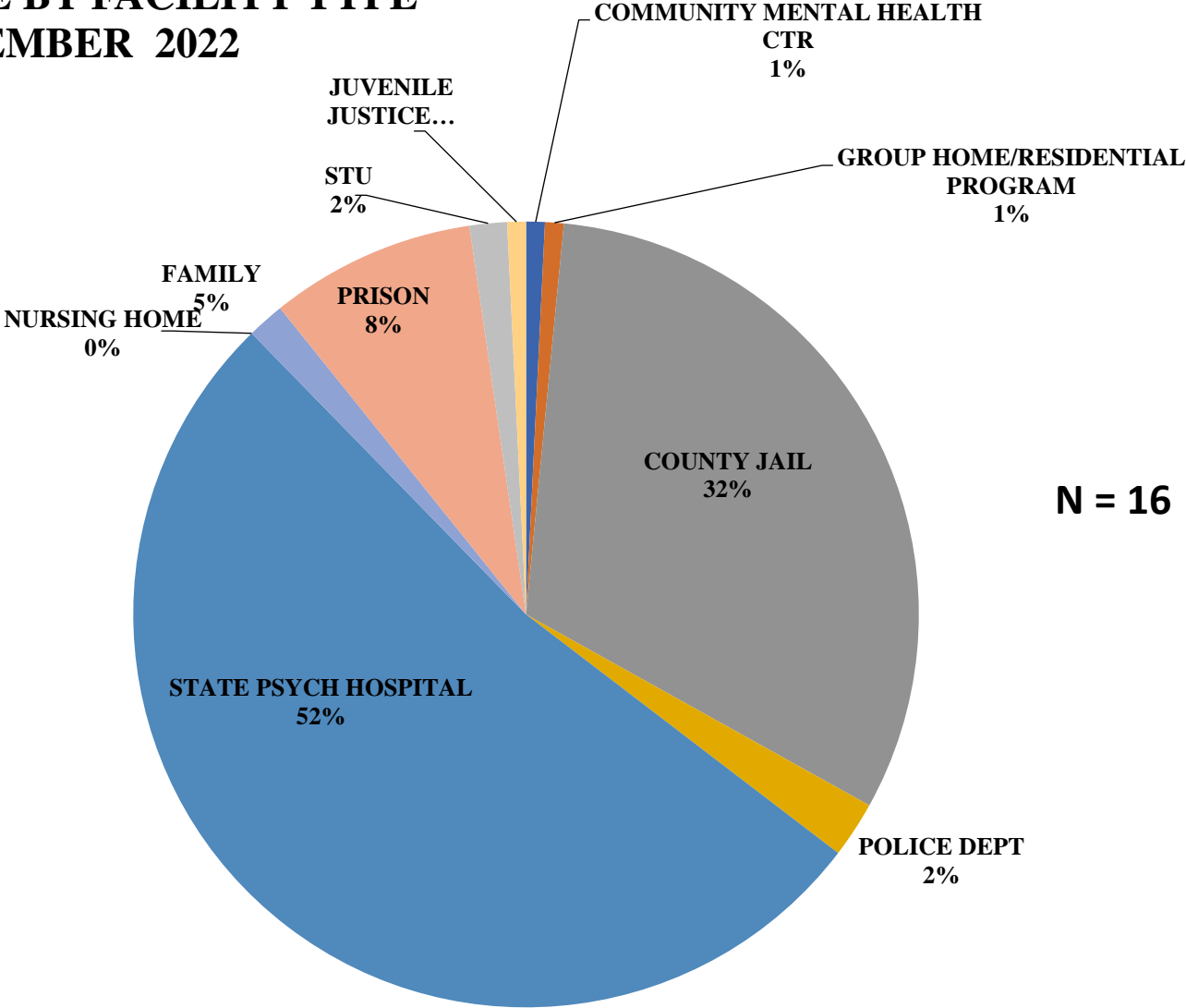
**N = 21**



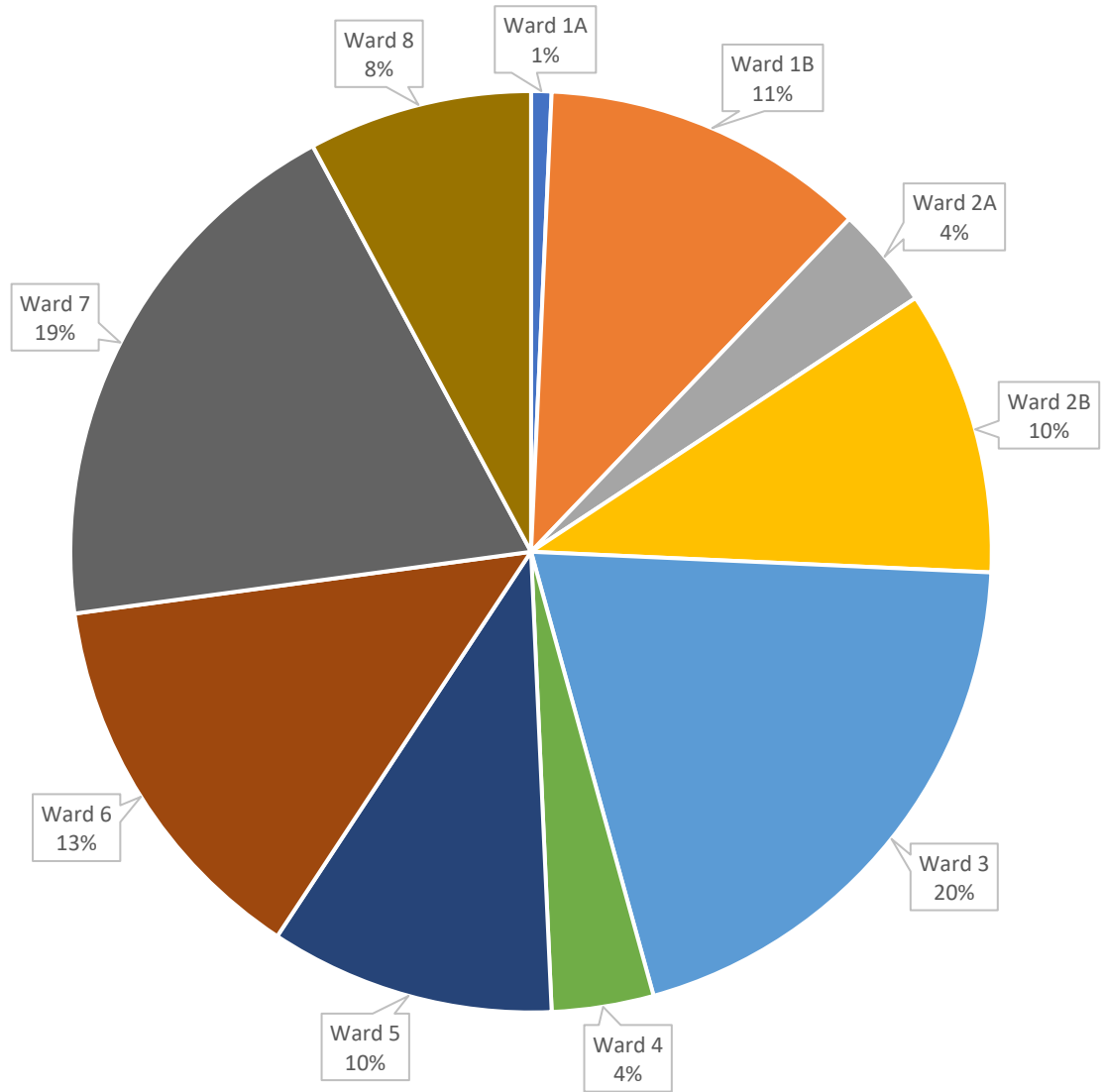
# AKFC Commitment Type 2022



# AKFC DISCHARGE BY FACILITY TYPE AS OF NOVEMBER 2022



# DISCHARGES BY WARD



**N = 137**

■ Ward 1A ■ Ward 1B ■ Ward 2A ■ Ward 2B ■ Ward 3 ■ Ward 4 ■ Ward 5 ■ Ward 6 ■ Ward 7 ■ Ward 8

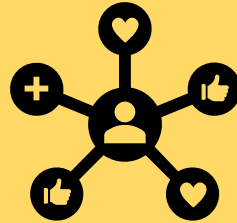
# Departmental Highlights



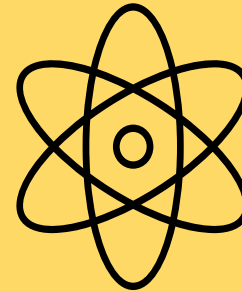
QUALITY IMPROVEMENT



NURSING



SOCIAL WORK



PROGRAM  
COORDINATORS



PSYCHOLOGY



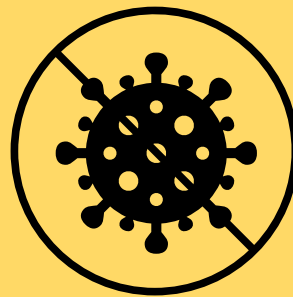
MEDICAL SECURITY



REHAB



RISK MANAGEMENT



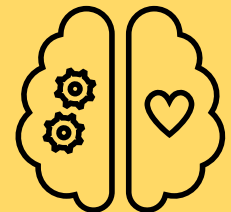
INFECTION  
PREVENTION



DENTAL CLINIC



DEPARTMENT OF  
MEDICINE



PSYCHIATRY



# Quality Improvement

“Quality improvement is the framework used to systematically improve patient care. Our Quality Improvement department seeks to standardize processes and structure to reduce variation, achieve predictable results, and improve outcomes for patients, staff, and the hospital as a whole.”

# Nursing



The Nursing Department continues to play a major role in the provision of medical care and psychological support to patients housed at AKFC. Although COVID 19 virus cases are declining, infection prevention modalities continue to be a priority, with the goal of keeping patients and staff safe.

Nursing Leadership team is continuously providing support for our depleted nursing staff who are overburdened due to the shortage of nursing personnel nationwide. New recruitment has also been a challenge but has improved slightly with some pool nurses converting to full time working status.

The department has increased the number of nurse-to-patient ratio on the units, which allow nurses to spend more time engaging with and assessing patients.

In collaboration with the Rutgers Behavioral Health team, all nurses were trained in nursing-Led group programming where nurses provided group education using the illness Management and Recovery (I.M.R) module, which targets personalized skills and strategies for patients with mental illness. The I.M.R program is a step-by-step program that provides information and skills to help set and achieve personally meaningful recovery goals. Our patients at AKFC have wholly embraced the skills learned and are grateful.

For staff development, all new nurses that joined the AKFC team in the past 2 years have completed the American Nurses Association (APNA) Transitions in Practice (ATP) certification. The training introduces nurses to evidenced-based strategies for providing safe and effective nursing care to patients with mental disorders.



## Social Work

The Social Work Department at the Ann Klein Forensic Center consists of ten (10) social workers, two (2) of whom are bi-lingual and a Social Work Supervisor. Each patient at Ann Klein Forensic Center is assigned a social worker that will provide case management services and work closely with the patient's family, guardian, POA, or community entity.

### **Linguistics:**

The Linguistic Service Department is providing training to all the disciplines in the forensic center. The goal of the training is to promote cultural sensitivity, to be aware of our differences and accept them instead of diminishing them. The goals are to provide appropriate linguistic services at the level needed to maintain effective communication and respect the patient's right to speak in their preferred language.

### **Therapy Groups:**

Social worker groups consist of Conflict Resolution, Social Skills and Communication. The bi-lingual social workers facilitate the following groups: Musica (Music), Dinamico (Dynamic) Holistic Group and Abuse de Substancias (Substance Abuse). Additionally, they facilitate a Bilingual (Spanish) Competency Restoration Group in partnership with the psychology department.

### **NAMI / Family Coordinators Meetings:**

This program is an educational and supportive opportunity to assist family members/friends with loved ones who have a mental health condition. NAMI Family & Friends is a free 90-minute seminar that informs people who have loved ones with a mental health condition how to best support them. It's also an opportunity to meet other people in similar situations and gain community support. The seminar is led by trained volunteers with lived experience of supporting a family member with a mental health condition.



# Program Coordinators



**Program Coordinators** (PC's) continue to play a strategic and increasingly important role in the clinical coordination of care at AKFC due to the implementation Clinical modalities that proactively address violence and offer patients a pallet of clinical treatment options designed to maximize Wellness and recovery that is sustainable in a less restrictive setting. In 2021 we increased the Program Coordinator staff to a total of eight, which has enabled us to staff Treatment Teams on each unit with a designated Program Coordinator for the first time. Enhancement of clinical communication in forums such at the 8:30 am Team Meetings along with continued implementation of Safewards, the unit-based Competency Restoration Program on Ward 8, and the unit-based Token Economy program on Ward 4 are just a few examples of programming that Program Coordinators help to facilitate daily at AKFC.

Reducing the length time that patients remain at AKFC is one of the clinical goals in the Strategic Plan that Program Coordinators have been working hard to accomplish. Program Coordinators facilitate a monthly team review for each patient on their unit in the Intensive Case Review Committee (ICRC). ICRC is chaired by the Medical Director and includes interdisciplinary leadership and the Legal Liaison who meet with each team to troubleshoot challenging clinical issues and barriers to discharge.

Treatment Planning remains the core focus for Program Coordinators. While there have been many challenges throughout the Covid-19 pandemic, PCs continue to develop strategies to engage patients in team meetings within the confines of infection control protocols. The Performance Improvement Measures for Program Coordinators in 2022 targeted Treatment Plan Modification after the use of Seclusion or Restraint and consistent documentation of Treatment Plain goals and interventions in terms of frequency and duration as required by The Joint Commission. Both goals were achieved, and compliance continues to be sustained. New Performance Improvement Measures focused on documentation of participation by clinical staff in the Treatment Plan process and the completion of Treatment Plan reviews according to timeframes required by policy were developed based on feedback during the recent Joint Commission survey and are currently being monitored.

# Psychology

The Psychology Department at the Ann Klein Forensic Center consists of eight (8) staff, (6) Psychologists and (2) Behavior Support Technicians (BSTs).

As a member of an interdisciplinary Treatment Team, all psychologists participate in the formulation of goals, objectives, and treatment plans for the patients. They also provide the interventions and psychological treatment by means of individual and group therapy for promoting the well-being of the patients and facilitating/expediting their discharges to a less restrictive environment. Our Psychologists also conduct various assessments including risk for violence, neurocognitive, age-related, malingering, and psycho-diagnostic. Within the last year:

- ❖ 47 patients participated in Legal Competency Restoration Groups (LCRG).
- ❖ We ran 5 groups (2 men's groups, 2 women's groups and 1 spanish-speaking men's group) two groups are currently running.
- ❖ LCRG is consistently well attended by patients.

All psychologists enter weekly and/or monthly progress notes documenting the effectiveness of interventions and the patients' progress towards meeting treatment goals. On average, psychologists are engaged in 77 hours of face-to-face weekly therapy, and behavioral staff 40 hours weekly.



# Medical Security

- ❖ Provides safety, security and treatment for patients
- ❖ Builds a therapeutic relationship with patients
- ❖ Executes behavioral safety plans and helps patients self-regulate
- ❖ May provide 1:1 monitoring for suicidal or aggressive patients
- ❖ Ensures a safe environment for patients that supports clinical care
- ❖ Manages the Pro-Active Therapeutic Team (PATT)
- ❖ Provides perimeter security
- ❖ Monitors visitors



# Psychiatric Mock Drills

In June 2022, we began doing psychiatric response drills on all shifts to help our Medical Security Staff improve crisis prevention and enhance de-escalation skills and policy adherence. So far, 279 officers have participated in these short trainings offered on all three shifts. Our goal is to have all staff complete at least one drill per quarter and newer staff to receive monthly drills in addition to annual training courses. Each drill is a table-top as well as a physical simulation.

# Rehab

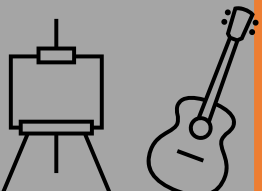


Road to Recovery

This year rehab was happy to add a new Supervising Substance Abuse Counselor (SSAC) to the department. This is a new position to the hospital and our new SSAC, Rajonta Hodges- Mills, quickly stepped in to expand and organize the substance abuse department and hosted a Recovery Celebration dinner for the patients who are committed to substance abuse recovery.

The rehab department brought also back some pre-covid activities for the patients including holding three hospital-wide picnics, a Rita's Water Ice celebration for the end of summer, tacos for Cinco de Mayo, and the Patient Holiday party - all conducted while maintaining Covid-19 protocols.

The units were also individually able to celebrate Hispanic Heritage Month with activities developed by the creative arts department, and single units held such events as a chess tournament, a "Camp Fire" event, and an art show.



# Risk Management

The goal of the Risk Management department is to maintain a safe environment for our patients and staff. Our Risk Management Staff monitors high risk events and have been invaluable in providing feedback to management and staff on ways to mitigate risk and make improvements. Our department also identifies patterns and trends, collect and analyzes data, reviews all incidents, and reports back to the appropriate authority while maintaining the standards set forth in the NJ Administrative Bulletin 3:18: *Reporting and Investigating Allegations of Patient Abuse and Professional Misconduct.*”



# Infection Prevention

## 2021-2022 AKFC Vaccination Report

- ❖ The Ann Klein Forensic Center (AKFC) Infection Control (IC) Department continues the hospital-wide surveillance/ identification, prevention, and control of infections among its patients, employees, contract service workers, students, and visitors.
- ❖ It is a system-wide, integrated process applied to all AKFC programs, units, and services (IC 01.05.01).
- ❖ Communication of critical information to licensed independent practitioners and staff is achieved via administrative bulletins, Town Hall meetings, CEO communications, daily infection prevention and control communications, and dissemination of executive orders to all staff (IC 01.06.01).

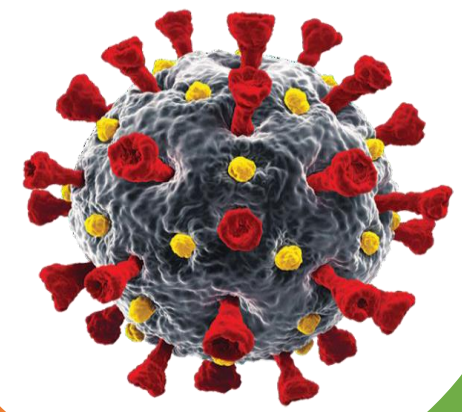
# 2021-2022 AKFC Vaccination Report

AKFC screens for the following:


- ❖ Covid 19 – On admission
- ❖ TB, HBV, HCV, HIV, STD, COVID-19, & Influenza Virus – when indicated



# Covid-19 Vaccination



Ann Klein Forensic Center (AKFC) has worked with the Department of Health (DOH) and Division of Behavioral Health Services (DBHS) to offer COVID-19 vaccinations to all patients, staff, and contractors that work directly with patients. Currently, the hospital is offering the Moderna vaccine (two-dose series) and the Moderna Bivalent booster.



## Patient Vaccination

- ❖ Moderna COVID-19 vaccines have been available since December 2020, for staff and patients.
- ❖ Several patient units have achieved above 80%.
- ❖ Due to admissions and discharges the proportion of immunized patients continuously varies.
- ❖ Moderna Primary series is 74%
- ❖ Primary series of boosters 89%
- ❖ Moderna Bivalent Booster
- ❖ 77% of patients who qualify for the bivalent have received it.

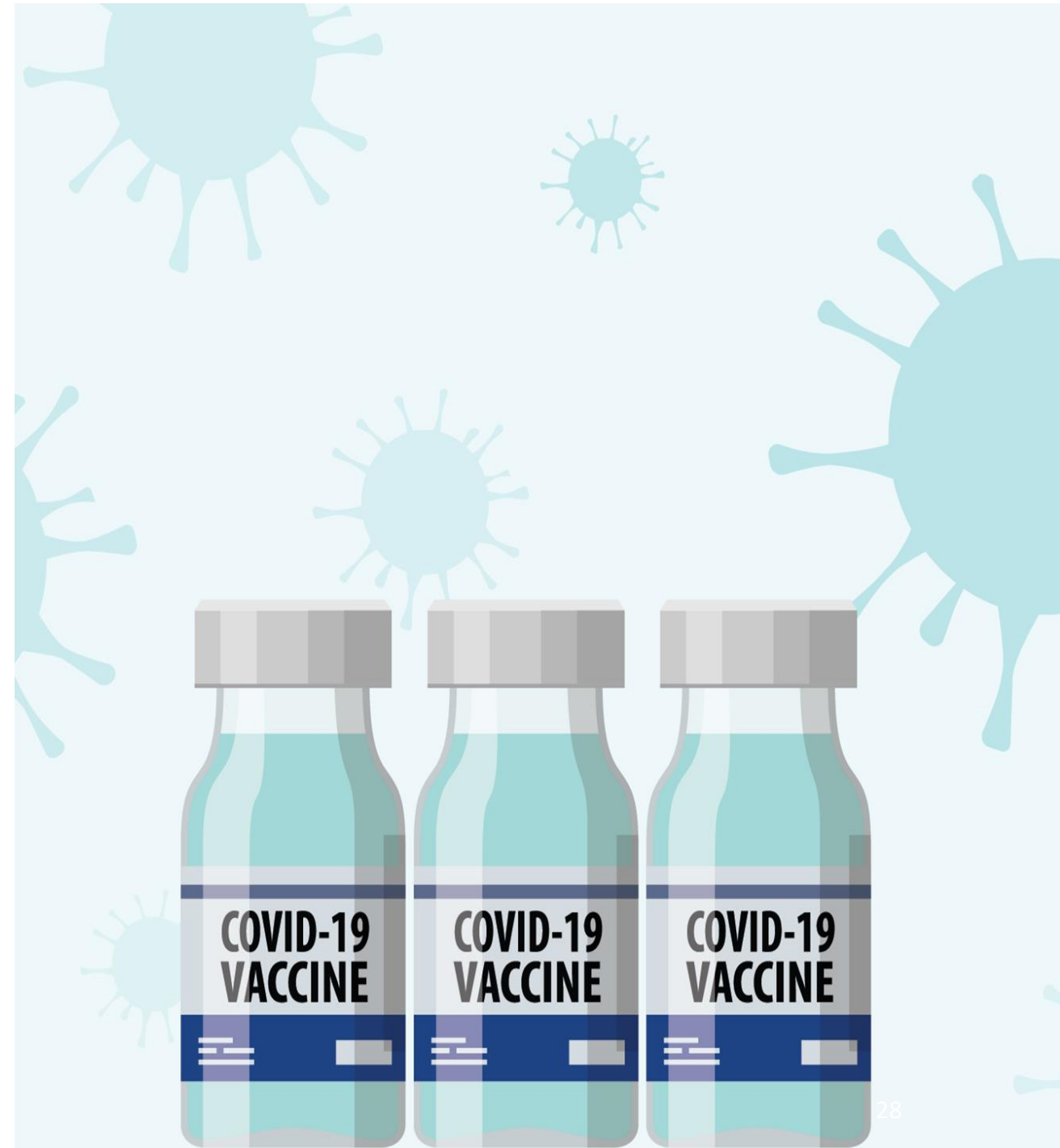
# Staff Vaccination

Covid-19 vaccinations are mandatory for state employees, contractors, and other individuals providing services in the covered settings (Governor Murphy's Executive Order No. 283 - 1/19/2022).

- ❖ Moderna primary series: 97%
- ❖ Primary series of boosters: 97%
- ❖ 17% of Staff who are eligible to receive the bivalent booster have been boosted.

# Infection Control Goals

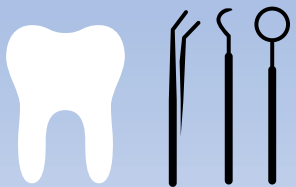
- ❖ Keep Patients and Staff Safe
- ❖ Continue to prevent and control infection
- ❖ Continue to provide education to staff and patients
- ❖ Auditing and surveillance
- ❖ Encourage vaccination of all staff and patients
- ❖ Promote good hand hygiene

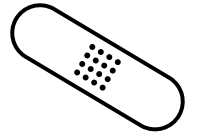


# Dental Clinic

The dental clinic has been open for 1 year now. We have had the opportunity to help many patients at AKFC. Patients are seen during their admission exam where we screen them and create a dental plan to address their needs. We see 5 patients per day and treat approximately 100 patients per month. We offer all aspects of dental care including Xray, Prophy, Root Canal, Dentures, Fillings, and Extractions.

- According to the Delta Dental Institute, about 58% of people see a Dentist once per year. The CDC has similar numbers that state: “The percentage of adults who had a dental visit was higher among those residing in urban areas (66.7%) than those in rural areas (57.6%).”
- At AKFC, around 67% of our patients choose to see the dentist while 33% refuse which is higher than both the CDC and Delta Dental Institute statistics.
- According to the CDC, 26% of adults have untreated tooth decay. At AKFC, with our high-risk population, that number is only 33%. Our goal is to have this number lower than the national average, however, the patients have had dental neglect. Most of these patients have never been to a dentist.
- According to the ADA (American Dental Association), roughly 42 percent of all U.S. adults have periodontitis (severe active gum disease that causes the breakdown in bone that houses teeth). At our facility that number is 0 for all patients of the dental clinic. Anyone with active periodontitis is treated immediately and is given follow-up visits to monitor their disease. Our success is also due to the fact that we do not have to work with insurance companies to get these patients' treatment.





# Department of Medicine

- AKFC has two full-time Physician Specialists and one Acting Chief of Medicine. The Acting Chief of Medicine supervises the Physician Specialists, Dentist, Infection Prevention Team, Clinical Dietitians, and medical consultants.
- AKFC contracts with consultants to provide podiatry, ophthalmology, orthopedics, and we are working on contracts for infectious disease, neurology, and cardiology.
- The Chief of Medicine serves as the liaison with Capital Health and with affiliated Rehab Centers when our patients need this level of care.
- Our Medical Clinic runs Monday-Friday and provide routine and as needed medical assessment and care. Off hours emergency care is provided by our Medical Doctor of the Day (MOD). Each patient has an admission and annual health review and physical exam completed by a Physician Specialist.



# Psychiatry

- AKFC currently has 8 full-time daytime psychiatrists and 3 full-time evening/weekend psychiatrists. Each patient has an assigned psychiatrist.
- Along with a full treatment team, psychiatrists play an active role in developing an individualized treatment plan which includes assessing and managing suicide risk and risk for violence.
- In addition to medication management, psychiatrists perform court-ordered evaluations and provide court testimony for patients who have legal involvement.
- To ensure efficient utilization of resources and to reduce length of hospital stay, psychiatrists participate in the Intensive Case Review Committee (ICRC), a weekly multidisciplinary review meeting with department leaders to identify any needed treatment resources, to address legal delays, and to reduce barriers to discharge. This helps prevent delays with the court system and ensures appropriate aftercare is in place in a timely manner.





THANK YOU