



FOR YOUR INFORMATION. These minutes will not become official until they are formally acted upon at the next Board meeting.

MINUTES OF A REGULAR MEETING BOARD OF TRUSTEES GREYSTONE PARK PSYCHIATRIC HOSPITAL

- I. The Board of Trustees Meeting at Greystone Park Psychiatric Hospital (GPPH) was held in person on Thursday, April 18, 2024, pursuant to the notice duly given. In conformance with the Public Open Meetings law, notices for the meeting were sent to Daily Record and the Star-Ledger.

Board Member Attendance:

<u>Present:</u>	<u>Excused</u>
Chairman, James (Jim) DiGiulio, Esq.	
Vice Chairman, Sheriff James M. Gannon	
Bruce Sisler, Esq.	X
Louis Modugno, Esq.	
Tomika Carter, MSW	
Christine Dahlgren	

Hospital Administrators Attendance:

<u>Present:</u>	<u>Excused</u>
Joshua Belsky, Chief Executive Officer	
Thomas Rosamilia, Clinical Administrative Consultant	
Eric Madurki, Deputy Chief Executive Officer	
Quinzell McKenzie, Chief Operating Officer	
Christopher Dorian, Chief Clinical Officer	
Dr. Harlan Mellk, MD, Acting Medical Director	
Jack Frey, Business Manager	
Dorothea Josephs-Spaulding, Director of Quality Management	X
Timothy Dimitrios, Administrative Analyst 4	
Maria Jazenback, Secretary to the Board	
Stephanie Gabelmann, GPA Liaison	

CALL TO ORDER at 3:15pm by Chairman, James DiGiulio. It was discussed that public comment and questions will occur at the end of the meeting.

II. APPROVAL OF MINUTES:

The March 21, 2024, Board Meeting Minutes were presented for approval. Vice Chairman, Sheriff James Gannon gave the 1st motion to approve the minutes. Louis Modugno gave the 2nd motion for approval. All in favor. The March 21, 2024, minutes were adopted.

III. CEO REPORT:

Mr. Tom Rosamilia, Clinical Administrative Consultant at Greystone Park Psychiatric Hospital (GPPH) presented the CEO Report during this meeting.

Mr. Tom Rosamilia introduced the new Chief Executive Officer, Joshua Belsky to the Board of Trustees and members of the public during this meeting. Mr. Belsky advised that he has a social work degree and over thirty-one (31) years of experience in the field. Mr. Belsky discussed his experience working as a direct care staff, experience working with the family crisis center, outpatient therapy, and advised that he was the head of the screening center, as well as discussed, his time as the Mental Health Program Director for Hoboken University Medical Center. During the last two (2) years, Mr. Belsky ran behavioral health programs. Mr. Belsky thanked Tom Rosamilia and the Clinical Services Management Team for doing a great job over the last two (2) years at GPPH and Mr. Belsky plans to continue to provide quality care to our patients. Mr. Belsky advised GPPH is still recovering from covid clinically and physically but is in a good place moving forward and Mr. Belsky is excited about working with the team and our population while here by also providing good care to our patients.

Chairman, Jim DiGiulio thanked Mr. Joshua Belsky, CEO for being at the meeting and welcomed him to his first Board of Trustees Meeting as CEO. Chairman, Jim DiGiulio advised Mr. Tom Rosamilia that he is sad to see him leaving as there has been good and positive data reported to the Board over the last few years which shows that Tom Rosamilia and his team have been doing a very good job at GPPH. The Board has been very happy with the transparency of the leadership team and hopes to continue with this positive relationship moving forward with the new CEO.

Mr. Tom Rosamilia discussed that on his last day as Interim Chief Executive Officer at GPPH an earthquake hit our area and was approximately 4.8 magnitude. The building shook and the hospital's emergency management plan was put into place and the Incident Command Center was opened. Our Hazardous Vulnerability Analysis has an earthquake rated as number eleven (11) as this is a rare occasion in this part of the country. Structural engineers checked the building and there were minor damage/cracks that were examined however it was discussed that the building does not have any serious structural damage and is safe.

Mr. Tom Rosamilia discussed that Mr. Joshua Belsky's first day as Chief Executive Officer at GPPH there was a solar eclipse. Rehabilitation Department did an amazing job and purchased many sets of safe solar eclipse glasses for patients and staff to utilize to see the solar eclipse as well as purchased sunny delight and moon pies for the patients to celebrate the event.

Mr. Tom Rosamilia provided hospital statistics such as the total average census for March 2024 was 357.8. There were twelve (12) admissions, and fifteen (15) discharges in March 2024. There were seventy-eight (78) patients in CEPP status.

The night shift for Medical Security Officers (MSOs) has started as of 3/9/24 with two MSOs covering seven (7) days. Staffing remains low but active recruitment is occurring, and potential candidates have been identified with multiple postings which have yielded dozens of applicants. There were two (2) Human Service Assistants TES staff that have been hired into the MSO department.

We are actively recruiting for a Chief Nursing Officer but until one has been found, both Directors of Nursing are doing a great job in covering for the Chief Nursing Officer's position. Directors of Nursing and Assistant Directors of Nursing are meeting with the Chief Executive Officer periodically to keep administration aware of things that are occurring within the department.

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A nutrition contest occurred in which patients were able to submit meal ideas to be considered for use in the patient meal menu. A patient on F2 won and received a prize as well as his meal was served today, 4/18/24.

Assault data was reviewed during this meeting. There were 3.97 patient to patient assaults per 1000 days in March and .90 patient to staff assaults per 1000 patient days. There were forty-four (44) assaults against patients and ten (10) assaults against staff. The safety and quality of care is a priority for administration and the leadership team, and it was discussed that Xray machines and metal detectors are almost ready for use. We are currently awaiting the policy to be finished for submission. Thank you to Quinzell McKenzie, Chief Operating Officer and Tim Dimitrios, Administrative Analyst 4 for working together on the policy. Trauma Informed Care was discussed and Chris Dorian, Chief Clinical Officer as well as Nursing Leadership was thanked for working hard in ensuring that our staff receive the training. About 800 employees have completed the training which is about ¾ of our clinical staff. There was about forty-two (42) hours of seclusion which occurred in seventeen (17) events and there was about 11.71 hours of restraints which occurred in seven (7) events.

Mr. Tom Rosamilia ended his presentation by stating that he feels honored to have been at GPPH over the last few years. This is something he relished being able to do. Staff at GPPH are under tough circumstances giving their best and continue wanting to strive to give their best and often want to do better. It has meant a lot to work with the staff at GPPH and to help our patient population. Mr. Rosamilia advised he will still be at GPPH assisting with the Trauma Informed Care Model and Safewards to ensure it gets up and running by coaching unit teams.

Vice Chairman, Sheriff James Gannon asked that the Health and Safety Committee begin meeting again since we have a new CEO and a meeting be placed on calendars prior to the next meeting. Vice Chairman, Sheriff James Gannon also thanked Tom Rosamilia for keeping traditions that Ms. Tomika Carter started when she was CEO. The patients in this environment often are very vulnerable and the staff have been doing a great job working with the patients to ensure their psychiatric needs and safety are being met.

IV. FINANCIAL REPORT:

The patient welfare fund information for March 2024 was reviewed by the Board of Trustees prior to this meeting. The beginning balance for March 2024 was reviewed as \$63,430.75 with \$10,449.15 deposited and \$4,290.39 in disbursements. The ending balance was \$69,589.51. Balance of cash management fund was \$520,710.50 and the total patient welfare fund available balance ended at \$590,300.01. The Board of Trustees did not have any questions in regard to the patient welfare fund report for March 2024.

V. GREYSTONE PARK ASSOCIATION REPORT:

- GPA skipped their monthly meeting scheduled for April 2nd due to lack of attendees.
- They need new volunteers and have one scheduled to begin in May 2024. If anyone is interested in volunteering at the Thrift Store, please contact Stephanie Gabelmann at 973-538-1800 ext. 5262.
- A patient from creative employment center group will be visiting GPA one afternoon every other week to assist with tasks such as folding clothes, organizing sizes, and tidying the store.
- The spring newsletter is being printed and folded by the patients in the creative employment center.
- The Annual GPA Meeting is scheduled for Tuesday, June 18, 2024, and will be held in Cottage 12 at 11am.

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- Twenty-nine (29) pieces of clothing were given out to patient shoppers in March. The store was closed for two (2) days due to lack of help. To date, approximately 325 items of clothing have been given to patients (June 1st to May 31st is the yearly cycle). This clothing does not include hats, gloves, slippers, or shirts given to patients outside of shopping trips to the store.
- GPA provided an allotment payment in March 2024. The next payment is due May 2024. Payments are made in September, December, March and May.
- The hospital will be recognizing GPA staff next week during National Volunteer Week. They will receive a letter of recognition, thank you cards, ice cream, and a surprise visit from staff to say thank you for their service.
- Volunteers are needed on Tuesday and Thursdays from 10am-3pm, must be over eighteen years old and must pass a background check, complete fingerprinting, and attend a modified New Employee Orientation.

VI. OFFICE OF COMMUNITY SERVICES REPORT:

John Verney from the Office of Community Services presented the following information during this meeting:

Current/Recent Funding Opportunities:

Residential Services for Individuals Discharged from Nursing Facilities

This Request for Proposals (RFP) is issued by the New Jersey Department of Human Services (DHS), Division of Mental Health and Addiction Services (DMHAS) for Level A+ residential services for eligible individuals with medical needs. This RFP is to develop a level A+ residential program for those with a mental health and medical needs and can be discharged from a nursing facility. Total annualized funding for the deficit funded contract is \$420,000 each. In addition, up to \$600,000 in one-time Capital funding may be requested for the purchase of a single-story home with sufficient bedroom accommodations for five (5) individual consumer residents and the requisite staff. DMHAS anticipates making up to four (4) awards with five (5) beds each in the following four (4) regions:

Region 1 (Sussex, Passaic, Bergen, Warren, Morris, Essex, Hudson)

Region 2 (Hunterdon, Somerset, Union)

Region 3 (Mercer, Middlesex, Monmouth, Ocean)

Region 4 (Burlington, Camden, Gloucester, Salem, Cumberland, Atlantic, Cape May)

May 1, 2024, Deadline to submit written intent to apply – no later than 4pm ET

May 8, 2024, Deadline for receipt of proposals – no later than 4pm ET

988 Lifeline Crisis Center Expansion

This Request for Proposals (RFP) is issued by the New Jersey Department of Human Services (DHS), Division of Mental Health and Addiction Services (DMHAS) to fund 988 Lifeline crisis centers for the NJ 988 Suicide and Crisis Lifeline system. Total annualized funding is \$10 million. This solicitation can provide interested agencies with information to prepare and submit a proposal for funds to operate a 988 Lifeline crisis center ("Lifeline center"). Funding will be for multiple 988 Lifeline centers of which up to three (3) that will operate 24 hours a day, every day of the year. Funding from this award can be used to recruit, hire, train and pay direct service (responding to calls and/or chats/texts, and making follow-up calls), supervisory and administrative staff, and for technology.

April 26, 2024, Deadline to submit written intent to apply – no later than 4pm ET

May 3, 2024, Deadline for receipt of proposals – no later than 4pm ET

Wellness Centers

This Request for Proposals (RFP) is issued by the New Jersey Department of Human Services (DHS), Division of Mental Health and Addiction Services (DMHAS). The Division of Mental Health and Addiction Services (DMHAS) recognizes the need to provide greater support to Community Wellness

Centers (CWCs) so that these critical programs can better address the needs of individuals with serious mental illness (SMI). This RFP solicits bids from eligible entities that can provide expanded recovery and support services in CWCs statewide. Total annualized funding is up to \$9,500,150. DMHAS anticipates making up to 22 awards. DMHAS considered multiple factors in determining the funding allocation for each County in this RFP including county population and utilization data.

April 15, 2024 Deadline to submit written intent to apply – no later than 4pm

April 29, 2024 Deadline for receipt of proposals – no later than 4pm ET

More information on these Division funding opportunities is available at:

<https://www.state.nj.us/humanservices/dmhas/provider/funding/>

VII. NEW BUSINESS

There was no new business during this meeting.

VIII. COMMENTS FROM THE PUBLIC

Chairman, James DiGiulio opened the floor for questions and/or comments. Members of the public were reminded that they had five (5) minutes to state their question(s)/comments. Any questions/concerns that cannot be addressed during this meeting will be addressed during the next meeting.

Public Member:

Ms. Ann Weber asked the following questions:

In Pennsylvania, their state psychiatric hospitals removed all seclusion and mechanical restraints as they are not used as treatment, will GPPH be doing the same?

Thomas Rosamilia thanked Ms. Weber for her concern and research on the matter and although he has not spoken to Pennsylvania directly, he believes restraints are being used in Pennsylvania. Everyone, not just Pennsylvania, views seclusion and restraint as a result of treatment not going as expected and is a treatment failure. Report data to Joint Commission has GPPH at the bottom percentile for use. Staff at GPPH deserve a massive round of applause for keeping these numbers so low.

Is anyone from GPPH attending the Psychiatry Conference in NYC?

Thomas Rosamilia advised that you do not need to attend to obtain the information provided at the conference as it can be obtained if staff do not attend but we are unaware of anyone who is currently attending the event.

Patients were probably terrified being in the hospital during an earthquake, did staff leave the building?

Thomas Rosamilia advised staff did leave the building and education will be given in regard to what staff should be doing during an earthquake. Clinical leadership (Dr. Harlan Mellk, Acting Medical Director/Chief of Medicine and Dr. Jennifer Romei, Director of Psychology) went onto every unit to check on patients and staff and advised that the units did a great job during the situation.

Are most geriatric patients on geriatric units?

The Interim Chief Executive Officer discussed that most geriatric patients are on geriatric units. Some are in the cottages and other units due to patient needs however there is one (1) cottage which is a geriatric cottage as well as D1, E1, and G1 are geriatric units.

IX. ADJOURNMENT:

The meeting was adjourned at 4:00pm.

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X. NEXT MEETING:

The next meeting of the Greystone Park Psychiatric Hospital Board of Trustees will be held on Thursday, May 16, 2024, at 3:15pm via telephone conference.

Respectfully Submitted,


Maria Katzenback, Secretary
GPPIH's Board of Trustees

Witnessed By,


James DiGiulio, Chairman
GPPIH's Board of Trustees