

**MINUTES OF A REGULAR MEETING
BOARD OF TRUSTEES
TRENTON PSYCHIATRIC HOSPITAL**

A meeting of the Board of Trustees of Trenton Psychiatric Hospital was held on **Thursday, April 18, 2024**, pursuant to notice duly given. In conformance with the Public Open Meetings Law, notice of the meeting has been sent to The Trenton Times, The Trentonian, Newark Star-Ledger and the Secretary of State and a notice placed on the bulletin board of Trenton Psychiatric Hospital.

<u>Present:</u>	<u>Excused:</u>
***Carolyn Torre - RN, MA, APN, FAANP, Chairperson ***Maureen Lebel – MSW, PhD. ***Dr. Mark Rosenberg – DO, MBA, FACEP, FAAHPM ***Timothy Gallagher – Director of HSP Law Enforcement ***Thomas Pyle – MBA, MS	***Neil Weisfeld, Esq.

TPH Staff Attendance:

Maria Christensen, CEO; Faith Johnson – Deputy Chief Executive Officer (Clinical); James Hollen, Deputy Chief Executive Officer -Operations (DCEO); Julie Van Houten, Chief Nursing Officer; Intikhab Ahmad, M.D. Clinical Director; Dr. Hesham Soliman – Chief of Medicine; Towana Wilkins – Business Manager/General Support

Guest:

Angela Wairimu Program Analyst – Office of Community Services, DMHAS; Margaret VanMater, QAC/QI Dept; Ryan Lundstrom-legal liaison.

Excused:

Sheila Kwoka – Secretary to the Board of Trustees; Michelle Senni – Executive Assistant to the CEO; Mary Lou Graves – AHA, QI Director

ROLL CALL/CALL TO ORDER/MINUTES APPROVAL:

Roll call was conducted in-person. The Board of Trustees meeting was called to order at 9:32 a.m. Minutes from the March 21, 2024, meeting were approved.

March Monthly Report:

- Ms. Torre asked about CMS: a POC report from the February visit was submitted on 3/27/24. CMS will be revisiting by June 18, 2024.
- Ms. Torre inquired if TPH has received the final PSCU report related to the March visit reviewing orders for special observation. Staff reply have not received it at this time.
- Ms. Torre points out that since TPH is now off of COVID outbreak status, the May 16 meeting will be held in person.
- Ms. Torre asked for elaboration on 2 A+ incidents; one walkaway-found and returned the next day; one brown bag exchange between patient and staff.
- Dr. Lebel was very pleased that the Fashion Show was a great success.
- Dr. Lebel applauded social workers for maintaining CEPP status at less than 20% of the patient population (which is the target goal).
- Dr. Lebel inquired about the lack of groups on the evenings and weekends. Staff reply: It is due to staffing issues.
- Dr. Rosenberg was pleased to see 6 months of data on Assaults and Restraints in the monthly report. Both he and Ms. Torre asked that the Restraints data under Time duration not report total hours, but an average of the time in restraints.
- Dr. Rosenberg was pleased with the narrative related to the Nutrition month Wellness program held in Lincoln Gym.
- Mr. Gallagher questioned a discrepancy in assault data in two places in the monthly report; Mr. Hollen explained it was related to when the data was reported; the first week of one month may contain data from the last week of the previous month.
- Mr. Gallagher told the Board that the 2-C Criminal Code used for definition of assault by HSP is not the same as definition of assault used by TPH: discussion around these differences ensued. At TPH any unwanted contact is considered an assault. Dr. Ahmad points out that the trends for assault are down at TPH despite an increase in the forensic population.
- Mr. Gallagher was very pleased with the Wellness Programs here at TPH. Staff notes that HSP is always invited and often attends.
- Mr. Gallagher inquired about Vocational Training. Staff replied: The Vocational Program is certificate based. Mr. Gallagher was very pleased with the employment opportunities this may open up for patients.

- Mr. Pyle inquired do we know how many are waiting for admission? Mr. Hollen replies that there is a backlog of community-based admissions at TPH, although the number isn't high. TPH has a low CEPP percentage, but issues related immigration status and insufficient community placement options puts constraints on discharges. Centralized admission reports Anne Klein Forensic Center (AKFC) transfers to TPH and in answer to Mr. Pyle's question, Mr. Hollen says that admission priority isn't given to forensic patients.
- Mr. Pyle commends the Country Line dancing scheduled for April 5.
- Mr. Pyle inquired about the 14 Pastoral Counseling Sessions. Ms. Johnson will provide a comparison of those who are scheduled for the Counseling sessions and vs. those who attend.
- Mr. Pyle was very happy with the Vocational Training Center. He asked if TPH has employment support. Staff reply: Yes, we have some employment support.
- Mr. Pyle asked for more clarity in the Guidelines for Chaplains; staff explained that these are technical guidelines for making videos (of services for patients) and not censoring guidelines re. use of religious material.
- Mr. Pyle inquired about the Upper Respiratory Infections (URI). How does the rate of URIs at TPH compare to hospitals in the community?

AUXILIARY REPORT:

- No Report at this time.

COMMITTEE REPORTS:

- **Incident Committee – Dr. Maureen Lebel**
 - There was no report at this time.
- **Legislative Committee – Mr. Neil Weisfeld**
 - There was no report at this time.
- **Schulley Trading Post – Mr. Rosenberg:**
 - Revenue about \$2500.00 for the last 2 months. The goal is \$5000.00 a month. The last 4 months look good. The Board was reminded that payment for phone cards reduces the overall STP revenue, periodically.

- **Therapeutic Environment Committee – Mr. Pyle:**

Recent Accomplishments:

- Removal of diseased/dying and the trees planting of Two Cherry Blossoms/other trees for each removed.
- Additional tricycles.
- Indoor murals are being worked on in Complexes:

Outdoor Festival:

- **Avant GardeN Festival**
April 26, 2024
ALL DAY

- Petting Zoo
- Tricycle Path
- Crafts
- Temporary Tattoo
- Face Painting
- Outdoor Movie
- Afternoon Concert

Coming Soon:

- Outdoor Theater preparation to be used when weather is appropriate for Twilight Movies - HSPD are willing to attend and support!
- Coffee With Cops
- Free Throw Competition

UPDATE ...

- Working on recommendation to have an on-grounds mini arboretum.

Update: Getting Tablets with software to identify plants:

What is the purpose of an arboretum?

An arboretum is a botanical garden specializing in trees or woody plants.

Arboreta across the globe conduct scientific research and conservation, engage in public outreach and education, and manage beautiful and diverse tree collection.

Projects Waiting in the Wings (depending on timing/funding):

- The outdoor awnings Lincoln Complex (Budgeted! Awaiting certifications & permits)

Welfare Fund: Ms. Torre; Wish List described by Mr. Hollen

UPDATE Estimates:

Swimming pool (Estimate - \$187,000)

Outdoor kitchen for outdoor activities (Estimate - \$9,000 with Gazebo)



Wish List:

- Potting shed roof with insulation.
- Lower panels in greenhouse four should be replaced.
- An additional greenhouse - Raycroft Complex.
- A new classroom building for more patients and training.

• Welfare Fund – Ms. Torre:

Wish List: Mr. Hollen details the cost of items on the wish list, known to date.

- Outdoor Kitchen: \$9,000.00, with gazebo.
- Pool \$187,000.00 needs to be deferred.
- Rehab Gaming Rooms (\$1000.00 per room) (Smart TV's \$600.00 each. For 7 is \$7000.00) Games.
- Fitness Equipment: \$4,000.00 for a bench press.
- Heat Press Machine \$400.00.
- Music Room \$13,000.00 (Drum Set).
- Tricycles Storage Shed \$1700.00.

The Board will discuss disposition of funds for items the Welfare fund can support at future meetings.

**Report from Ms. Angela Wairimu, Program Analyst
Office of Community Services, Division of Mental Health & Addiction Services (DMHAS)
(April 18, 2024)**

RFP's

Residential Services for Individuals Discharged from Nursing Facilities

- This Request for Proposals (RFP) is issued by the New Jersey Department of Human Services (DHS), Division of Mental Health and Addiction Services (DMHAS) for Level A+ residential services for eligible individuals with medical needs. This RFP is to develop a level A+ residential program for those with a mental health diagnosis and medical needs discharged from a nursing facility. **Total annualized funding for the deficit funded contract is \$420,000 each subject to State appropriations.** DMHAS anticipates making up to four (4) awards, five (5) beds each. DMHAS anticipates making a total of four (4) awards to provide services to twenty (20) individuals in the following four (4) regions:

1. Region 1 (Sussex, Passaic, Bergen, Warren, Morris, Essex, Hudson)
2. Region 2 (Hunterdon, Somerset, Union)
3. Region 3 (Mercer, Middlesex, Monmouth, Ocean)
4. Region 4 (Burlington, Camden, Gloucester, Salem, Cumberland, Atlantic, Cape May)

Up to \$600,000 in one-time Capital funding may be requested for the purchase of a single-story home with sufficient bedroom accommodations for five (5) individual consumer residents and the requisite staff. Additionally, up to \$100,000 in one-time capital funding may be made available for physical modifications to a site either purchased, owned, or in a long-term lease by the bidder.

[Department of Human Services | Funding Opportunities \(nj.gov\)](#)

Proposal submission deadline 5.8.2024 4pm

988 Lifeline Crisis Center Expansion

- This Request for Proposals (RFP) is issued by the New Jersey Department of Human Services (DHS), Division of Mental Health and Addiction Services (DMHAS) to fund 988 Lifeline crisis centers for the NJ 988 Suicide and Crisis Lifeline system. Available Funding Amount: Total available annual funding, subject to State appropriations, is \$10 million dollars. Funding will be for multiple 988 Lifeline centers of which up to three (3) will operate 24 hours a day, every day of the year.

[Department of Human Services | Funding Opportunities \(nj.gov\)](#)

Proposal submission deadline 5.3.2024 4pm

Wellness Centers

- The Division of Mental health and Addiction Services (DMHAS) recognizes the need to provide greater support to Community Wellness Centers (CWCs) so that these critical programs can better address the needs of individuals with serious mental illness (SMI). Available Funding Amount: Total annualized funding is up to \$9,500,150 subject to the availability of state appropriations. DMHAS anticipates making up to 22 awards. DMHAS considered multiple factors in determining the funding allocation for each County in this RFP including County population and utilization data. This RFP will allow for Centers in each County to increase funding to meet the developing needs of the Centers and Counties as well as provide models that are innovative.

[Department of Human Services | Funding Opportunities \(nj.gov\)](#)

Proposal submission deadline 4.29.2024 4pm

COMMUNICATIONS: –

There were no communications this month.

OLD BUSINESS:

The following Board of Trustees Meetings will be in person (if COVID status permits).

- May
- June (to be determined at the May meeting).
- September

NEW BUSINESS:

None at this time.

COMMENTS FROM THE PUBLIC:

None at this time

ADJOURNMENT

The meeting was adjourned at 10:46 a.m. The next meeting is scheduled for Thursday, May 16, 2024, at 9:30 a.m., in person.

Respectfully submitted,

Sheila Kwoka
Assistant Secretarial 3 to the CEO
Secretary to the Board of Trustees

Carolyn Torre RN, MA, APN, FAANP
Chairperson

CT/sk

Board Presentation on Nursing Service Programming – Isata Bah ADON



Brief Descriptions
for Nursing Groups.



Three Month Day
Programming Monthl



Three Month
Evening Weekend F