

**MINUTES OF A REGULAR MEETING
BOARD OF TRUSTEES
TRENTON PSYCHIATRIC HOSPITAL**

A meeting of the Board of Trustees of Trenton Psychiatric Hospital was held on **Thursday, December 19, 2024**, pursuant to notice duly given notice of the meeting has been sent to Department of Health, Division of Behavioral Health Services, Office of the Commissioner.

<u>Present:</u>	<u>Excused:</u>
***Carolyn Torre - RN, MA, APN, FAANP, Chairperson ***Maureen Lebel – MSW, PhD. ***Dr. Mark Rosenberg – DO, MBA, FACEP, FAAHPM	***Neil Weisfeld, Esq. ***Thomas Pyle – MBA, MS

TPH Staff Attendance:

Maria Christensen, CEO; Faith Johnson – Deputy Chief Executive Officer (Clinical); James Hollen, Deputy Chief Executive Officer -Operations (DCEO); Victor Cruz – Acting CON; Intikhab Ahmad, M.D., Clinical Director; Mary Lou Graves –QI Director;

Guest:

Angela Wairimu Program Analyst – Office of Community Services, DMHAS

Excused:

Towana Wilkins – Business Manager/General Support;
Michelle Senni – Executive Assistant to the CEO;
Sheila Kwoka – Secretarial Assistant to the CEO and Secretary to the Board of Trustees

ROLL CALL/CALL TO ORDER/MINUTES APPROVAL:

Roll call was conducted in-person. The Board of Trustees meeting was called to order at 9:37 a.m. Minutes from the November 21, 2024, meeting were approved.

November Monthly Report:

- The Board acknowledged the spike in assault incidents from the behaviors of 5 patients. These 5 patients account for 56% of assaults and restraints. Dr. Ahmad remarks that this is a spike, but not a trend. The time needed to stabilize newly admitted patients on medication was discussed. A detailed discussion of the efforts to prevent and address assaults by the Violence Prevention Committee occurred with the Incident Committee report.
- The Board commented on the percentages listed under Pastoral Services. The Board would like the data represented with a numerator and denominator rather than a percentage.
- The Board notes the decrease to 7 % delinquency rate for the physician documentation.
- The Board would like to see the CBT program expanded; currently there isn't enough staff to offer this program hospital-wide.
- The Board commended positively on the Smoking Cessation efforts.
- The Board asks that COVID data be added to the HAI section of the Board Report.
- The Board asked for confirmation of a new affiliation with Jersey College of Nursing (this was confirmed by staff; it is an Associate degree nursing program in Ewing).
- The Board received follow-up about a past reported A+ incident where a patient had asserted a complaint of rape; the SANE examination in that case found no evidence of assault.

AUXILIARY REPORT:

- No report this month.

COMMITTEE REPORTS:

• Incident Committee – Dr. Maureen Lebel

- According to Dr. Ahmad's detailed data report for the third quarter of 2024, the frequency of assaults and application of restraints was stable or declining.
- Although the last month of the third quarter showed an increase in assaults over the previous month, overall, for the year assaults were down slightly through October.
- The evening shift continues to account for the highest number of assaults.
- Eleven outlier patients accounted for 48 percent of assaults hospital wide.
- For the first three quarters of 2024 the mean number of assaults per month was 79.6.
- For October and November, the mean rose to 106.5.
- Out of 82 instances in which restraints were applied during the third quarter 67 percent occurred during the evening shift and 27 percent during the day shift. This breakdown is similar to the first two quarters of 2024.
- Six outlier patients accounted for a majority of the instances of restraint.

- Consistent with the age breakdown of total patients, those aged 31 to 45 accounted for the largest number of restraint applications.
- The third quarter showed a slight increase in the number of male patients requiring restraint and a significant decrease for female patients.
- For the first three quarters of 2024 restraints were applied a mean of 33 times per month. For October and November, the mean rose to 47.5.
- **Legislative Committee – Mr. Neil Weisfeld**
 - No report this month
- **Schulley Trading Post – Dr. Rosenberg:**
 - Revenue is down. Multiple holidays impacted income. There will be an increase in prices starting in January. Looking to open on Saturdays and Holidays but staffing is a limiting factor. Looking also to expand the daily hours as well. Board inquired: can vending machines be added to the Trading Post; would generate income without additional staffing needs. Present inability to accept credit cards also decreases potential income; Mr. Hollen has been working on addressing this.
- **Therapeutic Environment – Mr. Pyle:**
 - No Report this month
- **Welfare Fund – Ms. Torre:**
 - Ms. Torre reviewed the funds. Budget will be discussed again in January; may need to decrease the overall Budget, but there is a potential of using operational funds to cover unmet needs.
- **Report from Ms. Angela Wairimu, Program Analyst Office of Community Services, Division of Mental Health & Addiction Services (DMHAS)**
 - No Report this month

COMMUNICATIONS: –

There were no communications this month.

OLD BUSINESS:

None at this time

NEW BUSINESS:

Dr. Ahmad announced on January 3, 2025, TPH will be opening the SUD Clinic in Raycroft. This is a combined effort by Internal Medicine and Psychiatrists.

COMMENTS FROM THE PUBLIC:

None at this time

ADJOURNMENT

The meeting was adjourned at 11:12 am. The next meeting is scheduled for Thursday, January 16, 2025, at 9:30 am.

Respectfully Submitted,	
Sheila Kwoka	Carolyn Torre RN, MA, APN, FAANP
Assistant Secretarial 3 to the CEO Secretary to the Board of Trustees	Chairperson

CT/sk



VPC 3rd QTR
assault report (2).do



Violence Prevention
Committee- 2024 3rc