



**To:** NJ Institutions of Higher Education  
**From:** NJ Office of the Secretary of Higher Education,  
NJ Office of the Governor  
**Date:** June 25, 2026  
**Subject:** End-of-School New Jersey State Resource Packet

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An end-of-school packet was prepared by the New Jersey Office of the Governor. It may be helpful to share and distribute with parenting students as their children begin summer break. The packet includes New Jersey State resources and helpful tips to keep families safe and healthy through the summer. The packet includes the following resources:

- Youth Mental Health
  - 988, NJ4S, 2NDFLOOR, Prevent Suicide NJ, Parent Toolkit
  - Uwill Tele-Mental Health Services for NJ college students
- Food Security
  - School Meal Applications & Summer EBT
  - Summer Meal Sites
  - SNAP-Ed
- Public Health
  - Healthy Travel Tips
  - Tick and Mosquito Prevention
  - Water Safety
  - H5N1/Bird Flu Prevention
  - Preventing Respiratory Illnesses

Use this link to access and download the resource packet: <https://nj.gov/SummerResourcePacket>