

HAS YOUR VISION SUDDENLY CHANGED?

Are you having difficulty performing everyday tasks?

Do you need to connect with others who have similar vision loss experiences?

Do you ASPIRE to re-gain your independence?

Let the New Jersey Department of Human Services' Commission for the Blind and Visually Impaired's **ASPIRE** program guide you.

Assistive Support Program for Independence, Renewal, and Education (ASPIRE) are peer led support groups for those who have shared experiences with vision loss. While attending ASPIRE, you can learn tips and techniques, experience social outings, and enjoy various speakers.

For more information contact: 1-877-685-8878 or visit www.cbvi.nj.gov

We have over 60 support groups across New Jersey covering all 21 counties.

