## BECOME AN ORIENTATION AND MOBILITY INSTRUCTOR

Are you a people person? Do you like working and meeting people of diverse backgrounds? Do you enjoy working out in the community?

If you answered yes, then a career in **ORIENTATION AND MOBILITY (O&M)** may be for you.

#### What is Orientation and Mobility (O&M)?

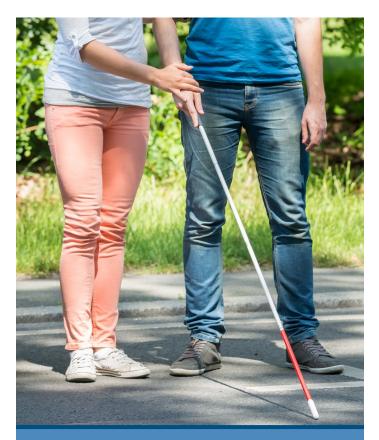
Orientation and Mobility (O&M) is a profession specific to blindness and low vision that teaches safe, efficient, and effective travel skills to people of all ages who are experiencing vision loss

**ORIENTATION** – the ability to know where you are and where you want to go

**MOBILITY** – the ability to move safely, efficiently, and effectively from one place to another

# Why should I become an O&M?

The NJ Commission for the Blind and Visually Impaired has several job openings for Orientation and Mobility Instructors statewide. It is a rewarding and creative job. You have the opportunity to work in a variety of settings, such as: schools, places of employment, homes and communities. This unique career affords you the opportunity to make a difference in peoples lives.



### How do I become an O&M?

There are several Schools, Colleges and Universities that offer courses and certifications in Orientation and Mobility. All have different programs to address certifications. There are two nationally recognized certifications.

The Academy for Certification of Vision Rehabilitation and Education Professionals (ACVREP) offers a Certification as an Orientation and Mobility Specialist (COMS) and the National Blindness Professional Certification Board offers a National Orientation and Mobility Certification (NOMC).

### To apply and learn more, visit <u>cbvi.nj.gov</u>.



