

NJ Division of Developmental Disabilities DDD Resource Team -- Information Packet

Staff: Board Certified Behavior Analysts
Speech-Language Pathologists

We Provide Remote or In-person (with COVID precautions)
Trainings: Workshops presented at no cost to agencies.

Topics include:

- Behavior Support Plans
- Behavioral Supports
- Pica
- Swallowing Disorders and Mealtimes
- Common health issues in I/DD Population

We Provide Online or by Telephone
Individualized Supports:

- Consultative Services
- Recommendations and Staff Training
- Assistance for Community Behaviorists
- Staff Training for Mealtime Needs
- Communication and Hearing Support

**To register for or ask questions about workshops:
Contact workshop trainers directly**

**For individualized supports and all other questions:
Contact DDD.ResourceTeam@dhs.nj.gov**

Workshops

To register for/ask questions about workshops, contact workshop trainers directly.

DYSPHAGIA AND HEALTH ISSUES

Managing Dysphagia for Community Providers

Creating a safe dining experience is of utmost importance. This workshop will explain swallowing and dysphagia. Participants will learn how to prepare modified food and drink textures, set up meals, as well as supervise and cue individuals effectively to prevent aspiration and choking. There will be reviews of swallow studies and participants will understand why the individuals we serve are at very high risk of choking. Participants will leave with practical information on how to make dining a safe, calm, and pleasant experience for everyone. This training is geared towards all staff working with individuals in residential settings and day programs including nurses and administrative staff. Direct Support staff working in family homes are also welcome to participate in this training.

Trainers: contact the speech pathologist designated by county (Northern/Southern).

<p>Counties in the NORTH: Bergen, Essex, Hudson, Hunterdon, Morris, Passaic, Somerset, Sussex, Union, Warren</p> <p>Email Ambika Bhattacharya, SLPD-CCC at ambika.bhattacharya@dhs.nj.gov</p>	<p>Counties in the SOUTH: Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, Middlesex, Mercer, Monmouth, Ocean, Salem</p> <p>Email Rachel Stahl, MA CCC-SLP at rachel.stahl@dhs.nj.gov</p>
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Tube Feeding: How Caregivers Can Keep People Healthy

Alternative methods of feeding, such as feeding tubes, have unique risks. Complications can lead to major medical issues and hospitalization. These risks can be avoided or treated early if they are recognized. This in-service educates direct care staff who work with tube-fed individuals. It explains common problems, especially aspiration, pneumonia, and reflux. Participants will learn how these complications happen and how they can be prevented. Please note that this course is presented by a speech pathologist, and it does not discuss the mechanics of providing feedings. **Trainer: Rachel Stahl, SLP, rachel.stahl@dhs.nj.gov**

5 Frequent Health Problems

The individuals we work with, who have developmental disabilities, are at increased risk for other health problems. This presentation highlights five of the most frequently occurring problems: Aspiration Pneumonia, Constipation, Dehydration, Seizures, and Urinary Tract Infection (UTI). This training is appropriate for direct care and administrative staff. It will increase awareness and understanding of these health concerns and equip staff to prevent them or manage them when they occur. This course provides introductory and preventative information on this important topic. **Trainer: Rachel Stahl, SLP, rachel.stahl@dhs.nj.gov**

BEHAVIORAL SUPPORTS

Trainer: Delia Sequeira, M.S., BCBA, delia.sequeira@dhs.nj.gov

Basic Principles of Applied Behavior Analysis for Direct Support Staff

The workshop will cover basic concepts and principles of behavior science. It will present the information in a way that can be useful for agency staff in order to implement behavior support plans, active treatment and improve overall interactions between staff and Individuals. This series is applicable for any direct support staff of any agency. Certificates of attendance will be awarded upon completion. For your convenience, the trainer can also travel and provide this training at an agency site (i.e. Group home, agency office, day program, etc.).

Developing Positive Interactions between Direct Support Staff and Clients

Either Basic Applied Behavior Analysis for Direct Support Staff or Functions of Behavior are prerequisite for this workshop. Once the basic concepts and principles of behavior are covered, staff will be presented with information on how to create and maintain positive interactions with clients by applying the material covered in the basic concepts and principles workshop. This series is aimed towards all agency staff (direct support staff and professional staff).

Understanding Pica from a Behavioral Perspective: Managing the Environment for Prevention

This presentation is an introductory training on Pica, ingesting inedibles, as viewed through Applied Behavior Analysis. It will cover basic information about Pica, how to manipulate the environment to prevent it and the applied behavior analysis approach explained in layman's terms. This series is aimed towards all agency staff (direct support staff and professional staff).

Behavioral Supports Workshops 1 – 5 are sequential and must be taken in order.

Functions of Behavior (1)

Function is one of the most important pieces of information one can have about behavior in order to understand it, work to reduce challenging behaviors and increase appropriate replacement behaviors as well as other functional skills. The training discusses the why of behavior along with some basic principles of behavior. This is the first class of a series that is aimed towards the agencies' professional staff (i.e. Behaviorists, Behavior Specialist, Program Coordinators, Managers, Directors, etc.).

Understanding Functional Behavior Assessments and Behavior Support Plans (2)

Functions of Behavior workshop is a pre-requisite for this training. Understanding documentation that relates to the individual's behaviors is imperative to provide quality services. The training will cover the particulars of what a Functional Behavior Assessment (FBA) is, how one conducts an FBA and how that leads to the creation of a Behavior Support Plan (BSP). This series is aimed towards the agencies' professional staff (i.e. Behaviorists, Behavior Specialist, Program Coordinators, Managers, Directors, etc.).

Data Collection and Interpretation (3)

Functions of Behavior workshop is a pre-requisite for this workshop. In order to determine how to change behavior it is important to be able to identify behavior of interest, operationally define it and measure it. Understanding how to collect and interpret data is the most important step in the analysis of target behavior progress. The workshop will focus on providing the tools to do this as well as demonstrate how to collect behavior data and interpret it. This series is aimed towards the agencies' professional staff (i.e. Behaviorists, Behavior Specialist, Program Coordinators, Managers, Directors, etc.).

Training Behavior Support Plans (4)

Understanding Functional Behavior Assessments and Behavior Support Plans is a pre-requisite for this workshop. Proper training of Behavior Support Plans (BSP) for all staff that will be working with an Individual is imperative to achieve successful behavior change. This workshop will look at best practice methods of training BSPs for staff to competency, and how to measure staff performance. This series is aimed towards the agencies' professional staff (i.e. Behaviorists, Behavior Specialist, Program Coordinators, Managers, Directors, etc.).

Teaching Functional Skills (5)

Data Collection/Interpretation is a pre-requisite for this workshop. This workshop will focus on the basic strategies for teaching functional skills to Individuals. The focus of a BSP is not to only decrease pinpointed challenging behaviors. It is to also to be used as a tool to provide teaching strategies for appropriate replacement skills. This series is aimed towards the agencies' professional staff (i.e. Behaviorists, Behavior Specialist, Program Coordinators, Managers, Directors, etc.).