

THE DDD RESOURCE TEAM PRESENTS THE 3RD ANNUAL:

CHOKING PREVENTION AWARENESS MONTH

National Choking Awareness Day is March 28, 2026

In-Person Trainings for Stakeholders

Join the DDD Resource Team for a comprehensive series of live, in-person mealtime safety trainings focused on choking prevention, risk reduction, and best practices for supporting individuals in community setting at 5 Commerce Way, Hamilton, NJ. These sessions will feature hands-on demonstrations of modified diet textures and liquid consistencies, along with practical strategies to reduce choking risks. Participants will also learn about resources available through the Choking Prevention Unit, including individualized consultations, prevention strategies, and specialized trainings.

Virtual Workshops

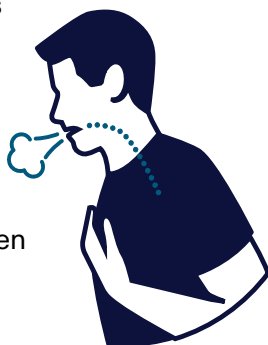
Can't make it to a live-in-person training? No problem! There will also be virtual workshops throughout March. In addition to the topics above, additional trainings will include:

- Managing Dysphagia in the Community
- Mealtime Supervision
- Mealtime Safety and Documentation
- Choking IRs & Choking Checklist Webinar
- Danielle's Law Refresher

Choking Round Table Discussion

(invite only)

Select Residential Providers and Support Coordination Agencies will be invited to join a group discussion to share experiences with the prevention of choking events. This interactive dialogue will allow attendees to share best practices regarding mealtime safety, discuss staffing needs and challenges, and explore the intersect between providers and SCAs.



Three Sessions in March | 10:00 am - 2:30 pm

Please utilize the links below to register for live, in-person trainings. Space is limited.

- [Wednesday, March 11, 2026](#)
- [Wednesday, March 18, 2026](#)

Trainings for these two sessions will include:

- Managing Dysphagia in the Community
- Diet Textures
- Liquid Consistencies
- Mealtime Risks of Regular Diets
- Mealtime Supervision

Special Focus – [Wednesday, March 25, 2026](#)

This session will focus on in-person BCBA and RN facilitated workshops related to mealtime safety.

Trainings for this session will include:

- Prevention of Food Grabbing
- Introduction to Pica
- Aspiration and GERD



Contact ddd.resourceteam@dhs.nj.gov if you have additional questions.



Please see our website for a complete list of Choking Prevention Awareness Month events and registration links: www.nj.gov/humanservices/ddd/individuals/healthsafety/



State of New Jersey
Mikie Sherrill, Governor
Dr. Dale G. Caldwell, Lt. Governor



Department of Human Services
Dr. Stephen Cha, Acting Commissioner



Division of
Developmental
Disabilities