TRANSITION INTO ADULTHOOD: INFORMATION ABOUT DDD SERVICES FOR THE 2020 GRADUATES

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DDD Is Open & Working Remotely

• Community Service Offices
  https://www.state.nj.us/humanservices/ddd/staff/cso/

• Contact Information
  - Division Website:
    https://nj.gov/humanservices/ddd/home/
  - Phone Number: 1-800-832-9173
  - Email for routine questions:
    DDD.FeeForService@dhs.nj.gov
Who does DDD serve?

- Adults at least 21 years of age
- Individuals with intellectual & developmental disabilities (occurred before 22 and is lifelong)
- Meet Functional Criteria for DD
- Resident of New Jersey
- Eligible for Medicaid
  - DDD.MediEligHelpdesk@dhs.nj.gov
  - www.nj.gov/humanservices/ddd/services/medicaideligibility.html
Medicaid Based

- All individuals will be on a waiver that provides funding for home & community based services
  - Community Care Program (CCP)
  - Supports Program
- All individuals must be Medicaid eligible (and maintain Medicaid eligibility)
- Providers are Medicaid/DDD approved providers
  - Business entities can be utilized and receive reimbursement for services through Fiscal Intermediary
Eligibility Process

- Can begin at age 18 (services not available until 21)
- Medicaid Eligibility – usually through SSI
  - DDD.MediEligHelpdesk@dhs.nj.gov
  - www.nj.gov/humanservices/ddd/services/medicaideligibility.html
Eligibility Process

- DDD Eligibility
  - Intake Unit within Community Services Office (application on website)
  - Full Application – required when applicant was not previously determined eligible for developmental disability services through DCF/CSOC – PerformCare
  - Short Application – required when applicant was previously determined eligible for developmental disability services through DCF/CSOC – PerformCare
  - NJ Comprehensive Assessment Tool (NJ CAT)
Eligibility Process

- **SCA Assignment – April of graduating year**
  - Complete and submit Support Coordination Agency Selection Form (January/February of graduating year)

- **Individualized Budgets Assigned Based on Tier**
  - Tiers (reflecting level of support need) are assigned based on result of NJ CAT
    - Tiers are from A to E and can include an acuity differentiated factor for individuals with high/specialized clinical support needs based on medical/behavioral concerns

- **Budget Components Fund Waiver Services**

- **Additional SE funding if needed**
Accessing Services
When do DDD services become available?

- **Majority of Services**
  - Available when educational entitlement has been exhausted (21st year)
  - Employment & Day Services, Residential Services (wait list)

- **Services previously accessed through Children’s System of Care (CSOC) – PerformCare**
  - Available upon 21st birthday
  - Respite, Behavioral Supports
  - Contact Intake Unit in Community Services Office about 2 months prior to 21st birthday – SCA assignment up to 60 days prior to birthday, ISP development to continue services.
Planning & Research Prior to Accessing Services

- Learn about the adult service system and how to access services, supports, resources
- Planning for Adult Life is a resource funded by the Division
- Offers online lessons, presentations, etc. to prepare for transition to adult services
- [https://planningforadultlife.org/](https://planningforadultlife.org/)
Planning & Research Prior to Accessing Services

- Identify services/supports that will be needed after exiting the school system
  - **RECIPES**
    - Relationships
    - Employment
    - Chores
    - Individual Health & Wellbeing
    - Place to Live
    - Education
    - Social Life
Planning & Research Prior to Accessing Services

- Research providers to determine which ones meet individual needs
  - Provider Search Database
    https://irecord.dhs.state.nj.us/providersearch
  - Boggs Center Guides
    http://njsupportingcommunitylives.org/people-and-families/selecting-service-providers/
Support Coordination

- Care Management provided through Medicaid & DDD approved Support Coordination Agencies
- Use a Person-Centered Planning process to identify outcomes and service needs
- Develop the Individualized Service Plan (ISP) that identifies the outcome, service needs, and providers
Support Coordination

- Link the individual to providers
- Conduct monthly monitoring
- Individuals can choose their SCA or have DDD auto assign
- Individuals can change SCAs upon request
## Waiver Services

- Assistive Technology
- Behavioral Supports
- Career Planning
- Cognitive Rehabilitation (SP only)
- Community Based Supports (SP only)
- Community Inclusion Services
- Community Transition Services (CCP only)
- Day Habilitation
- Environmental Modifications
- Goods & Services
- Individual Supports (CCP only)

- Interpreter Services
- Natural Supports Training
- Occupational Therapy
- Personal Emergency Response System (PERS)
- Physical Therapy
- Prevocational Training
- Respite
- Speech, Language, and Hearing Therapy
- Supported Employment
- Supports Brokerage
- Transportation
- Vehicle Modifications
COVID-19 & DDD Services

- Suspension of face-to-face contacts by Support Coordinators and DDD Staff unless related to the health & safety of the individual or required by State law
  - Meetings continue by phone or secure videoconferencing
- Suspension of provider facilitated community outings not related to health and safety
- Closure of facility-based day service settings
COVID-19 & DDD Services

- Day services can be provided in home
- Remote services/supports are temporarily available depending on the provider
- Use of Self-Directed Employees (SDE)
  - Temporarily allowing more than 40 hours per week
  - Temporarily allowing parents, guardians, spouses to become SDE (unless enrolled as employer of record with PPL)
For Additional DDD Information

- **DDD Website**

- **Division Announcements**
  - Email [DDD.Communications@dhs.nj.gov](mailto:DDD.Communications@dhs.nj.gov) and write “Division Update Subscribe” in the subject line

- **Supports Program Policies & Procedures Manual**

- **CCP Policies & Procedures Manual**

- **Provider Search Database**
  [https://irecord.dhs.state.nj.us/providersearch](https://irecord.dhs.state.nj.us/providersearch)
Additional Resources

- NJ Department of Human Services – New Jersey Resources 2020-2021
- The Boggs Center on Developmental Disabilities
  https://rwjms.rutgers.edu/boggscenter/
- Statewide Parent Advocacy Network (SPAN)
  https://spanadvocacy.org/
- The Arc of New Jersey https://www.arcnj.org/
- Autism New Jersey https://www.autismnj.org/
- Disability Rights New Jersey http://drnj.org/
- New Jersey Council on Developmental Disabilities
  https://njcdd.org/
NJMentalHealthCares

If you’re concerned about your mental health or the mental health of someone you love, NJMentalHealthCares can help. The free helpline offers telephone counseling, emotional support, information and assistance.

866-202-HELP (4357)
7 days per week, 8am - 8pm