## New Jersey Department of Human Services

# New Jersey Resources

## 2020-2021

This document is available on our website and will be updated periodically to reflect changes.

For additional assistance, to request copies, or to report corrections and updates, contact:



**Disability Services** 

### PO Box 705 Trenton New Jersey 08625-0705 I-888-285-3036

https://www.state.nj.us/humanservices/dds/home/ Email: <u>dds.publications@dhs.nj.gov</u>

## DISCLAIMER

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- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
   Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as: Qualified interpreters
- Information written in other languages

If you need these services or if you believe that the NJ DHS has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, please contact: NJ Civil Rights Coordinator, NJ Department of Human Services, Office of Legal and Regulatory Affairs, PO. Box 700, Trenton, New Jersey 08625-0700; 888-347-5345; DHS-CO.OLRA@dhs.nj.gov.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <u>https://ocrportal.hhs.gov/ocr/</u> or by mail or phone at: U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 1-800-537-7697 (TDD). Complaint forms are available at <u>http://www.hhs.gov/ocr/office/file/index.html</u>.



## State of New Jersey Department of Human Services

P.O. BOX 700 TRENTON NJ 08625-0700

PHILIP D. MURPHY Governor

> Sheila Y. Oliver Lt. Governor

> > We are excited to bring you the 2020-2021 New Jersey Resources Directory! The guide is a comprehensive resource identifying the various programs and services the Department of Human Services offers to New Jersey residents, caregivers and advocates.

In this guide, a family can find out more information on how to apply for food, income and employment assistance, as well as health care and much more. A caregiver can get information on support programs and services to assist them in caring for their loved ones. And individuals with disabilities and their families can get information on various services that include in-home supports, vocational rehabilitation, and education.

If you have any questions or need further assistance, you can reach our certified Information and Referral specialists through the Division of Disability Services toll-free at 1-888-285-3036. We hope you find this resource of assistance.

Sincerely,

Carole Johnson Commissioner



**Carole Johnson** 

Commissioner

## Hotlines

#### Disability Related Information and Referral

#### NJ Division of Disability Services (DDS)

#### 1-888-285-3036

For assistance navigating statewide disability-related supports and services

#### Aging and Disability Resource Connection (ADRC)

#### 1-877-222-3737

For assistance navigating statewide caregiver and other services available for older NJ residents

#### NJ Division of Developmental Disabilities (DDD)

#### **1-800-832-9173**

For accessing services for adults (ages 2 I and older) with intellectual/ developmental disabilities

### PerformCare

#### 1-877-652-7624

For accessing services for children and adolescents (up to age 21) with behavioral health, mental health, or substance use challenges, and/or intellectual/developmental disabilities

NJ Division of Deaf and Hard of Hearing 1-800-792-8339

Commission for the Blind and Visually Impaired 1-877-685-8878

### General Information and Referral

NJ 2-1-1 provides a 24/7 call center to connect with services available in your local community.

Dial 2-1-1 OR text your zip code to 898-211 or visit their website at: http://www.nj2ll.org/

## Veterans

Veterans Benefit Hotline 1-888-865-8387

NJ Veterans Counseling Hotline 1-866-838-7654

National Suicide Prevention Hotline 1-800-273-8255 (for Veteran's Crisis Line, press 1)

#### Insurance/Medical Assistance Hotlines

NJ FamilyCare 1-800-701-0710

NJ FamilyCare Fraud and Abuse Hotline 1-888-937-2835

NJ Medicare Information Line (State Health Insurance Assistance program, SHIP) 1-800-792-8820

Pharmaceutical Assistance to the Aged and Disabled (PAAD)/ Lifeline Program 1-800-792-9745

Medicare 1-800-633-4227

#### Mental Health/ Addictions Hotlines

NJ Hopeline (suicide prevention) 1-855-654-6735

NJ Disaster Mental Health Helpline 1-877-294-4357

NJ Mental Health Cares 1-866-202-4357

Addictions Access Center 1-844-276-2777

NJ Addictions Hotline 1-800-238-2333

NJ Connect for Recovery 1-855-652-3737

NJ Quitline 1-866-657-8677

Peer Recovery Warmline 1-877-292-5588

ReachNJ (Addictions Helpline) 1-844-732-2465

NJ Council on Compulsive Gambling 1-800-426-2537 Abuse/Neglect/ Exploitation In immediate danger, call 911

Child Abuse and Neglect 1-877-652-2873

Health Care Facility Complaints 1-800-792-9770

Long Term Care Ombudsman 1-877-582-6995

Adult Protective Services 1-800-792-8820

Traumatic Brain Injury (TBI) and Division of Developmental Disabilities (DDD) Funded Living Arrangements 1-800-832-9173

Domestic Violence 1-800-572-7233

### **Childcare Related**

New Jersey Child Care Helpline 1-800-332-9227

Child support 1-877-655-4371

SAFE HAVEN 1-877-839-2339

#### Other

Home Energy Assistance Hotline 1-800-510-3102

New Jersey Poison Control 1-800-222-1222



## **Table of Contents**

Ι.	Income Assistance	. I
2.	Financial Assistance Programs	.3
3.	Housing and Homelessness Assistance	.9
4.	Food Assistance	3
5.	Health Insurance and Healthcare Assistancel	5
6.	Pharmaceutical Assistance2	23
7.	Employment Assistance	27
8.	Transportation	3
9.	Child Care and Assistance Programs	\$7
10.	Special Child Health Services	39
11.	Educational Resources4	łI
12.	Assistive Technology Resources4	<b>17</b>
	Legal and Advocacy Services4	
14.	Disability Rights and Laws	53
	Mental Health and Addiction Services5	
	Personal Care Assistant Services and Resources for Caregivers	
	Services for Individuals with Adult Onset Disabilities7	
	Services for Individuals with Intellectual and Developmental Disabilities7	
	Services for Blind, Visually Impaired, and Deaf/Blind Individuals7	
	Services for Deaf and Hard of Hearing Individuals	
	Veterans Services	
	Guardianship	
	Service DogsIC	
	Accessible ParkingIC	
	Emergency PreparednessIC	
	Traveling with a Disability	
27.	Health and Wellness for People with Disabilities	5
		_
Appendix		
Appendix	•	9
Appendix		
	Connections (ADRCs)	
Appendix		
Inde	ex	17



## Chapter 1: Income Assistance

#### Work First New Jersey (WFNJ): Temporary Assistance for Needy Families (TANF) and General Assistance (GA)

New Jersey's public assistance program is called Work First New Jersey (WFNJ). The program for families is known as Temporary Assistance for Needy Families (TANF) and the program for single adults and couples without children, is known as General Assistance (GA). To be eligible for TANF, a family of three can have a gross monthly income of \$839. To be eligible for GA, a single adult can have a gross monthly income of \$278. WFNJ provides monthly cash assistance, short-term housing support, child care, employment and training services. You can prescreen or apply online by visiting <u>www.NJHelps.org</u> or in person at your county board of social services. See Appendix 2.

## Supplemental Security Income (SSI)

Supplemental Security Income (SSI) is a federal program that provides monthly payments to certain people who have limited income and few resources. The basic monthly SSI payment for 2020 is the same nationwide. It is: \$783 for one person; or \$1,175 for a couple, but not everyone gets the same amount. Where and with whom you live also makes a difference in the amount of your SSI payment. In New Jersey, SSI recipients also receive NJ FamilyCare (Medicaid).

**Eligibility:** US residents who are 65 or older & those of any age, including children, who are blind or who have disabilities may be eligible if they also meet income and resource guidelines. **To apply for an adult, please visit:** <u>www.socialsecurity.gov/applyforbenefits</u> or call Social Security to schedule an in-person or telephone appointment I-800-772-1213.

**Eligibility for children** has different rules and is based on parental income. While a portion of the application for children can be completed online, you must schedule an in-person or telephone appointment to submit the full application for children. For more information about benefits for children, please visit: <u>https://www.ssa.gov/benefits/disability/apply-child.html</u> or call I-800-772-1213.

## Social Security Disability Insurance (SSDI)

The Social Security Disability Insurance (SSDI) program pays benefits to workers who have a permanent disability and their families. To be eligible for SSDI, you must be determined to have a permanent disability and must have earned a minimum Receiving Social Security Disability and considering

working?

The social security administration publishes the *Redbook: a Helpful Guide to Social Security Work Incentives.* 

Find a copy here: www.ssa.gov/ redbook/

Go to chapter 7 to learn more about Social Security work incentives. number of credits from work covered under Social Security. The required number of credits varies depending on your age at the time you became disabled.

You should apply as soon as you become permanently disabled. While disability determinations can be processed faster for certain conditions that are noted on the compassionate allowances list, processing an application can take three to five months.

To learn more or to apply, please visit: <u>www.socialsecurity.gov</u> or **call Social Security at 1-800-772-1213** to schedule an in-person or telephone appointment.

#### Maternity Leave Coverage

#### Temporary Disability Insurance provides benefits for expectant mothers when they need to stop working before giving birth and while recovering afterward.

#### Family Leave

Insurance provides benefits after the recovery period so new parents can bond with their babies during the first year. This benefit is available to mothers, fathers, and adoptive parents.

Learn more at: <u>https://</u> <u>myleavebenefits.</u> nj.gov/

#### **Temporary Disability Insurance**

Temporary Disability Insurance provides cash benefits to New Jersey workers who suffer an illness, injury, or other disability that prevents them from working and wasn't caused by their job. Most employers in New Jersey are required to have Temporary Disability Insurance for their employees. Employers may choose an insurance plan offered by the state or by a private insurance company. Ask your employer which coverage you have.

If you are covered by the state plan, you can apply for temporary disability insurance benefits online, by mail, or fax. Applying online is fastest and easiest and can be done through a secure portal. Learn more at: <u>https://myleavebenefits.nj.gov</u>/. If you are covered by a private insurance company, your employer will tell you how to file a claim.

#### **Family Leave Insurance**

Family Leave Insurance provides New Jersey workers cash benefits for up to six weeks to bond with a newborn or newly adopted child, or to provide care for a seriously ill or injured family member. While most New Jersey workers who take family leave are covered under the State's family leave program, some employers provide Family Leave Insurance through a plan with a private insurance carrier instead. If you are not sure about your coverage, ask your employer. You can apply for Family Leave Insurance benefits online, by mail, or fax. **Applying online is fastest and easiest and can be done through a secure portal.** 

Several changes improving and expanding this benefit will begin in July 2020, including an increase in the eligibility period from six to 12 weeks. **Apply and learn more at** <u>https://myleavebenefits.nj.gov/</u>

## Workers' Compensation

Workers' compensation provides medical treatment, wage replacement and permanent disability compensation to employees who suffer job-related injuries or illnesses, and death benefits to dependents of workers who have died as a result of their employment. Applications can be submitted online. Learn more at: <u>https://www.nj.gov/labor/wc/wc\_index.html</u> or call 609-292-2515.

## Chapter 2: Financial Assistance Programs

## **Catastrophic Illness in Children Relief Fund**

The Catastrophic Illness in Children Relief Fund is a financial assistance program for New Jersey Families whose children have an illness or condition and, as a result, have incurred expenses that remain uncovered by insurance, State or Federal programs, or other sources, such as fundraising. The child must have been 21 years old or younger when the expenses were incurred. In order to be eligible, qualified uncovered expenses must exceed 10 percent of the family's income (plus 15 percent of any income over \$100,000). Families may reapply annually. Applications may be submitted online at: <u>https://njcatastrophicfund.</u> <u>dhs.state.nj.us/cicrf/ or requested by calling 1-800-335-3863.</u> For more information, please visit <u>www.state.nj.us/humanservices/cicrf/home/</u>.

## Traumatic Brain Injury (TBI) Fund

The TBI Fund provides New Jersey residents of any age, who have survived a Traumatic Brain Injury, the opportunity to access the brain injury related services and supports they need to live in the community. The Fund subsidizes supports and services to foster independence and maximize quality of life when insurance, personal resources, and/or public programs are unavailable to meet those needs. An eligible applicant must be a NJ resident for at least 90 days prior to the application date, have liquid assets less than \$100,000, and have a medically documented traumatic brain injury. **Contact the Division of Disability Services (DDS) at 1-888-285-3036 to request an application or visit their** website for more information: <u>https://www.state.nj.us/humanservices/</u> <u>dds/services/tbis/tbifund/</u>

## Housing and Utility Assistance

## **Homeownership Preservation Foundation**

The Homeownership Preservation Foundation (HPF) is a nonprofit group that helps financially challenged homeowners navigate their budget problems and, whenever possible, helps them to avoid mortgage foreclosure. For more information, please **call 1-888-995-4673** or visit: <u>www.995hope.org</u>

The resources listed on pages 4-5 provide options for help paying utility bills. For an online list of all programs, please visit: <u>https://www.bpu.state.nj.us/bpu/</u>assistance/programs/.

\*

For additional housing assistance resources, see chapter 3.

### **Payment Assistance for Gas & Electric**

PAGE is a state-funded utility assistance program designed to assist low to moderate income families in New Jersey with up to \$1,500/year in benefits to pay their utility bills. Eligible applicants cannot be receiving or be eligible for a Universal Service Fund (USF) benefit or a Low Income Home Energy Assistance Program (LIHEAP) benefit and must be facing a crisis situation that includes a documented notice of overdue payment for gas and/or electric service, and have a past history of making regular payments towards their utility bills. For more information or to apply, **please call 1-855-465-8783** or visit: https://njpoweron.org/page/.

### **NJ SHARES**

NJ SHARES is a non-profit corporation that provides assistance to income eligible households in paying their energy, telephone and water bills. Applicants must be ineligible for any other types of utility assistance. Information regarding eligibility and how to apply can be made at any of the participating social service agencies throughout the state as listed here: <a href="http://www.njshares.org/whereToApply/index.asp">http://www.njshares.org/whereToApply/index.asp</a> or by phone at 1-866-657-4273.

#### Low Income Home Energy Assistance Program (LIHEAP) and Universal Service Fund (USF)

LIHEAP and USF are two utility assistance programs designed to help low income households. LIHEAP helps pay for heating costs and certain medically-necessary cooling expenses and USF helps low-income households pay for their electric and natural gas costs. Applicants can qualify even if their heating and cooling costs are included in their rent. One application serves both programs. Typically applications for LIHEAP are accepted from October 1st through July 31st of each year. However, you can apply for USF any time of the year. Applicants for both programs must meet qualifying income guidelines. Income eligibility criteria for USF are lower than income eligibility criteria for LIHEAP. Eligibility for USF is also based on how much you pay for energy each year. You can apply at several agencies throughout the state. For more information or for a list of agencies where you can apply, **please call 1-800-510-3102** or visit: <u>https://www.state.nj.us/</u> dca/divisions/dhcr/offices/agencydirectorylist.html.

**Fresh Start:** Fresh Start, a special program under USF, allows eligible New Jersey households participating in USF for the first time to earn forgiveness for pre-existing arrearages by making full, on-time payments for 12 months. You cannot apply for Fresh Start, but if you are eligible you will be enrolled by your utility company and receive information about the program in the mail. For more information **please call 1-866-240-1347.** 

## NJ Lifeline Utility Assistance

Lifeline is administered by the NJ Dept. of Human Services and provides a \$225 annual energy benefit to seniors and people with disabilities who meet the pharmaceutical assistance to the aged and disabled (PAAD) eligibility requirements or who receive SSI. The benefit is also available to customers who have electric and/or gas costs included in their rent. For more information, **call 1-800-792-9745**. To see annual income limits and to apply, complete an application at **NJSave:** <u>https://njdoas-ua.force.com/njsave/quickstart</u>.

## Winter Termination Program

Administered by the board of public utilities, the Winter Termination Program (WTP) protects specific categories of customers from having their gas or electric shut off between November 15th and March 15th. Those enrolled in specific programs (such as SSI, Temporary Assistance to Needy Families, USF and Lifeline) are protected by WTP, and an additional "catch-all" category is included for people unable to pay their utility bills because of circumstances beyond their control such as unemployment or illness. For more information, **please call 1-800-624-0241**.

## **Comfort Partners**

This program is designed to improve energy affordability for income eligible households through direct installation of free energy efficiency measures and education about steps to save energy. For more information or to apply, **please call 1-888-773-8326** or visit: <u>http://www.njcleanenergy.com/residential/programs/comfort-partners/comfort-partners.</u>

## New Jersey Weatherization Assistance Program (NJWAP)

This program assists income eligible NJ residents in weatherizing their homes, improving their heating system efficiency and conserving energy. The NJ WAP contracts with a network of community based organizations that deliver weatherization throughout the State. For more information **call 609-984-1947.** 

## Life-Sustaining Equipment Program

If you (or a member of your household) rely on electricity to operate life-sustaining equipment, such as a respirator or dialysis machine, it is important that you notify your utility company. In such cases, companies work with you to prevent shutoffs should you fall behind in paying your electric bills.

## Did you know?

The New Jersey Motor Vehicle Commission (MVC) provides a discount on the cost of vehicle registration to SSI, PAAD and Lifeline recipients.

In order to receive this discount, PAAD recipients must provide a current PAAD eligibility card at the time of vehicle registration. Lifeline only and SSI recipients should provide a letter showing their eligibility in these programs (letter can be obtained from the Division of Aging Services) at the time of vehicle registration.

For more information, contact the MVC at (609) 292-6500.

## **Telephone Assistance**

The telephone assistance program provides a discount on your monthly bill. Eligibility is determined based on your income or participation in other assistance programs. In general, if you participate in any of the following programs you also may qualify for telephone assistance: Supplemental Security Income (SSI), Temporary Assistance to Needy Families/Work First New Jersey (TANF), General Assistance (GA), Lifeline Utility Credit/Tenants Lifeline Assistance, Pharmaceutical Assistance to the Aged and Disabled (PAAD), Supplemental Nutrition Assistance Program (SNAP), Home Energy Assistance Program (LIHEAP/HEAP), Medicaid, Federal Public Housing Assistance, National School Lunch Program. The following providers participate in Lifeline Assistance and Link Up programs in New Jersey:

1) Verizon New Jersey:

Call NJSHARES regarding Communications Lifeline at 1-888-337-3339 www.njshares.org/otherPrograms/communications-lifeline.asp

- 2) CenturyLink/United Telephone Company of New Jersey: 1-800-201-4099 www.centurylink.com/Pages/Support/LifeLine
- 3) Warwick Valley Telephone: 1-800-952-7642 www.momentumtelecom.com
- 4) SafeLink Wireless: 1-800-977-3768 www.safelink.com
- 5) Virgin Mobile: Call Assurance Wireless at: 1-888-898-4888 www.assurancewireless.com

## **Property Tax Reimbursement ("Senior Freeze")**

The Senior Freeze Program reimburses eligible senior citizens and individuals with disabilities for property tax or mobile home park site fee increases on their principal residence. For eligibility guidelines and information on how to apply, **please call I-800-882-6597** or visit: <u>www.state.nj.us/treasury/taxation/ptr/</u>

## Auto Insurance Assistance

The Special Automobile Insurance Policy (SAIP) is an initiative to help make limited coverage auto insurance available to drivers who are likely to go uninsured because of limited financial resources. The policy costs \$365 for the year and is available to people who are currently enrolled in some, not all, NJ FamilyCare programs. For more information on eligibility and application **call 1-800-652-2471 or visit**: <u>https://www.state.nj.us/dobi/division\_consumers/insurance/saip.htm</u>

## Saving Money for Disability Related Expenses NJ Achieving a Better Life Experience (NJ ABLE)

With NJ ABLE, qualified individuals with disabilities can save for disability-related expenses in tax advantaged savings accounts without losing eligibility for certain assistance programs like Supplemental Security Income (SSI) and Medicaid. Allowable expenses are not limited to medical necessity and can include: education, housing, transportation, personal support services, and more. The individual with the disability is the account owner but anyone can contribute to the account. Income earned by the account is not taxed. Also, balances of \$100,000 or less are excluded from the SSI resource limit. If an individual's balance exceeds \$100,000, the SSI cash benefit will be suspended, but he/she will continue to be eligible for Medicaid regardless of the account balance.

#### **Eligibility:**

#### To be eligible, individuals must meet two requirements:

- I) Their disability was present before age 26; and
- 2) One of the following is true:
  - They are eligible for SSI or SSDI because of a disability
  - They experience blindness as determined by the Social Security Act; OR
  - They have a similarly severe disability with a written diagnosis from a licensed physician.

Apply online: https://savewithable.com/nj/home.html

Have questions? Call NJ ABLE at 1-888-609-8869 or email at: <u>nj.clientservice@savewithable.com</u>

NJ ABLE is administered in partnership with the contracted program manager, Ascensus College Savings Recordkeeping Services.



#### Want more information on NJ ABLE?

The Division of Disability Services (DDS) is available to host NJ ABLE Presentations at your request. To schedule an NJ ABLE presentation or to request brochures, please contact DDS at 1-888-285-3036.



## **Special Needs and Pooled Trust**

Special Needs Trust (SNT) are legal entities which are established by placing funds and other assets under the control of a trustee for the financial protection of an individual with a disability. Until the ABLE Act became law, creating a SNT was the only legal way to save money without sacrificing eligibility for government benefits. There are three distinct types of Special Needs Trusts: third party/supplemental trusts, first party/pay-back or self-settled/d(4)(A) trusts, or pooled Special Needs Trusts. The funds in the special needs trust supplement but do not supplant government benefits.

Generally, Special Needs Trusts are easy to tailor to specific needs and can handle larger sums of money, for example, from a settlement. However, in New Jersey, a SNT must be established in accordance with specific Medicaid guidelines in order to preserve an individual's eligibility for benefits.

For more information, visit: <u>https://www.state.nj.us/humanservices/dmahs/</u> <u>clients/snt.html</u>

#### **Qualified Income Trust**

A Qualified Income Trust (QIT), also known as a Miller Trust, is a special legal arrangement for holding a person's income. A QIT is a written trust agreement for which the trustee establishes a dedicated bank account. The income deposited into this dedicated bank account is disregarded when determining financial eligibility for Long Term Services and Supports. QITs require that a trustee is appointed to manage the monthly deposits and expenses and account for the funds in the trust. A trustee must be someone other than the Medicaid applicant/ recipient. QIT written agreements have special conditions that must be met and are subject to the approval of, and monitoring by, the appropriate Medicaid eligibility determining agency (EDA) and the Division of Medical Assistance and Health Services (DMAHS). For more information, visit: <u>https://www.state.nj.us/humanservices/dmahs/clients/mtrusts.html</u>

## Chapter 3: Housing and Homelessness Assistance

## **Emergency Assistance (EA)**

Supplemental Security Income (SSI) recipients and WorkFirstNJ clients (individuals or families receiving public assistance) facing immediate risks of homelessness and those who have experienced a substantial loss of housing, food, clothing or household furnishings due to a disaster may receive emergency assistance (EA) for a limited period of time. EA benefits may include, but are not limited to: essential food, clothing, shelter and household furnishings; temporary rental assistance or back rent or mortgage payments; utility payments (such as heat, water, and electric); transportation to search for housing; and moving expenses. Contact your County Board of Social Services to request EA. See Appendix 2 for a list of County Boards of Social Services.

Homeless Hotlines

**C**all 2-1-1

## Social Services for the Homeless/Homeless Hotline

The Social Services for the Homeless program provides assistance to families and individuals who are homeless or at risk of becoming homeless, but are not eligible for WorkFirstNJ (usually because income is too high). The program provides emergency food, emergency shelter, and payment of security or utility deposits as well as back rent, mortgage and utilities costs. These services, also include referral services and limited case management.

New Jersey residents experiencing homelessness can call 2-1-1 for help. NJ 2-1-1 will work in partnership with county agencies to ensure residents have a safe place to stay and get connected to resources.

NJ 2-1-1 operators will be available 24 hours a day, 7 days a week and accessible in different languages for non-English speakers. Information provided by the callers will be kept confidential, except for information that must be shared with providers involved in providing shelter or shelter-related services.

**Call 2-1-1** for a list of agencies in your county or visit <a href="https://www.state.nj.us/humanservices/dfd/programs/ssh/">https://www.state.nj.us/humanservices/dfd/programs/ssh/</a>

## **New Jersey Housing Resource Center (NJHRC)**

The New Jersey Housing Resource Center has an online tool that will allow you to search thousands of affordable, subsidized and market rate units throughout New Jersey. You can customize your search based on your specific needs, budget and desired location. The NJHRC is free, anonymous, and updated regularly. To access the NJHRC, go to: <u>https://nj.gov/njhrc/</u> or call 1-877-428-8844.

## The Section 8 Housing Voucher Program and the State Rental Assistance Program (SRAP)

Based on the premise that housing costs (rent and utilities) should not exceed 30 percent of a household's income, these programs assists in making safe and quality housing in the private rental market affordable to low and very low-income households by reducing housing costs through direct rent subsidy payments to landlords. There are waiting lists for these programs. To see if the waiting lists are accepting pre-applications, please visit the statewide open enrollment waiting list site at: <u>https://www.nj.gov/dca/vouchers.html</u>

#### (609) 292-4080

Email: customer.service@dca.nj.gov

## **Homelessness Prevention Programs**

Provide limited financial assistance to low and moderate income tenants in imminent danger of eviction due to temporary financial problems beyond their control. Funds are used to disburse payments in the forms of loans and grants to landlords on behalf of eligible households. You must have an eviction or foreclosure notice in order to be eligible for this program. For more information or to apply, please contact the number below to connect with the agency serving your County of residence.

https://www.state.nj.us/dca/divisions/dhcr/offices/hpp.html

Atlantic County	609-822-1108
Bergen County	201-488-5100 x704
Burlington County	609-835-4329 x472
Camden County	856-964-6887
Cape May County	609-822-1108
Cumberland County	856-692-2331
Essex County	973-266-7991
Gloucester County	856-845-9200
Hudson County	201-688-7234
Hunterdon County	908-782-2490
Mercer County	609-989-9417
Middlesex County	732-638-2870
Monmouth County	732-775-0525 x214
Morris County	908-454-7000 x118
Ocean County	732-244-5333
Passaic County	973-279-7100
Salem County	856-299-1296
Somerset County	908-454-7000 x118
Sussex County	908-454-7000 x118
Union County	908-351-7727
Warren County	908-453-2194

## **Community Action Agencies (CAA)**

Offer various programs to assist low income families and individuals, such as: rental assistance, housing rehabilitation, weatherization, relocation assistance, and family self-sufficiency. For more information or to apply, please contact the number below to connect with the agency serving your County of residence. <u>https://www.nj.gov/dca/divisions/dhcr/offices/caalist.html</u>

Atlantic County	732-244-5333
Atlantic County	201-968-0200
Bergen County	
Burlington County	609-835-4329
Camden County	856-964-6887
Cape May County	732-244-5333
Cumberland County	856-451-6330
Essex County	973-395-8350
(Newark only):	973-642-0181
Gloucester County	856-451-6330
Hudson County	201-437-7222, 201-547-6910,
	201-656-3711, 201-210-0100
Hunterdon County	908-454-7000
Mercer County	609-989-6964, 609-392-2161
Middlesex County	732-324-2180, 732-828-4510
Monmouth County	732-389-2958
Morris County	908-454-7000
Ocean County	732-244-5333
Passaic County	973-881-2834, 973-279-2333,
	973-472-2478
Salem County	856-451-6330
Somerset County	732-846-8888
Sussex County	908-454-7000
Union County	908-753-3519, 908-527-4883
Warren County	908-454-7000

### New Jersey Housing And Mortgage Finance Agency (NJHMFA)

The goal of the New Jersey Housing and Mortgage Finance Agency (NJHMFA) is to encourage the production of affordable housing for all New Jersey citizens. The NJHMFA provides a variety of programs to help prospective homebuyers purchase a home including first time homebuyer and down payment assistance programs, among others.

To learn more about their programs, please visit: <u>https://theroadhomenj.com/</u> or their full site at: <u>https://www.njhousing.gov/dca/hmfa/</u> or **call 1-800-654-6873.** 

## Chapter 4: Food Assistance

## Food Pantries/Soup Kitchens:

To locate local food pantries or soup kitchens, visit: <u>https://www.nj211.org/</u> or call: NJ 2-1-1 or text your zip code to 898-211

#### Supplemental Nutrition Assistance Program (NJ SNAP)

NJ SNAP is a food assistance program to help individuals and families with lowincomes buy the groceries needed to eat healthy. Eligibility depends on your household's income, size and resources. To be eligible for NJ SNAP, a single person can have a gross monthly income of \$1,926. A household size of three can have a gross monthly income of \$3,288. You can pre-screen or apply online by visiting <u>www.NJHelps.org</u>. This is a quick and easy way to find out if you might be able to get help. Screening takes about 5-10 minutes to complete and submitting an application takes about 20-45 minutes.

You can apply in person at your County Board of Social Services. If you are unable to get to the county Board of Social Services due to illness or disability, you may send an authorized representative on your behalf or request a telephone interview.

You also can pre-screen or apply online by visiting <u>www.NJHelps.org</u>. This is a quick and easy way to find out if you might be able to get help. Screening takes about 5-10 minutes to complete and submitting an application takes about 20-45 minutes.

Households in which all members are applicants for or recipients of Supplemental Security Income (SSI), may apply for NJ SNAP at the Social Security District office at the same time you apply for SSI.

#### NJ SNAP Hotline number: 1-800-687-9512

https://www.nj.gov/humanservices/njsnap/

## **Supplemental Nutrition-New Jersey WIC**

The Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides supplemental nutritious foods, nutrition education, breastfeeding promotion and support, immunization screening, and health care referrals to pregnant women, women who have delivered a child within the last six months, breastfeeding women who have delivered a child within the last year, and infants and children under five years old.

For local WIC agencies, call: 1-800-328-3838 www.nj.gov/health/fhs/wic/index.shtml

## **Congregate or Group Meals**

This service, administered by the Area Agencies on Aging (AAA) in each county, provides at least one hot nutritious meal per day, five or more days per week. These meals, along with counseling, socialization, and other services, are usually provided in locations such as senior centers, schools, or churches. The program is available to all persons age 60 or over and their spouses, regardless of age. Participants are provided with an opportunity to voluntarily contribute whatever they can afford toward the cost of these meals. Reservations are required, in most instances, 24 hours in advance.

## **Home-Delivered Meals**

The Area Agencies on Aging (AAA), through grantees, provide one (or sometimes more) hot meal a day at least five days per week to older persons who are homebound due to illness, incapacitating disability, or isolation. This program is federally funded and serves only persons age 60 or older. A meal may be provided to the spouse, if it is in the best interest of the homebound older person being served. This federal program has been supplemented with state legislation providing nutrition services on weekends and holidays for frail eligible participants. A formal needs assessment is required for participation in these nutrition programs; however, there is no strict income requirement.





## Chapter 5. Health Insurance and Healthcare Assistance

## The Affordable Care Act (ACA)

The Affordable Care Act (ACA) offers affordable health insurance for eligible residents. Under the ACA, millions of Americans have benefited by having access to doctors, medical professionals and others. Marketplaces or exchanges offer consumers and small businesses a choice of standardized health plans. For the most part, these marketplaces serve people who are not offered insurance by a large employer. Enrollment periods are limited; however, special enrollment opportunities are available throughout the year under certain circumstances. **Telephone: 1-800-318-2596** www.healthcare.gov

## NJ FamilyCare

NJ FamilyCare, New Jersey's publicly funded health coverage program, provides health coverage to children; pregnant women; parents; caretaker relatives; single adults; childless couples; individuals who are elderly, blind, and have disabilities; and individuals qualified for long-term care services. NJ FamilyCare's comprehensive health coverage program provides a wide-range of services including: doctor visits, hospital services, prescriptions, tests, vision care, mental health care, dental, nursing home care and other healthcare services, depending on the person's eligibility category. Most NJ FamilyCare beneficiaries are enrolled in managed care. With managed care, a managed care organization health plan, also known as an MCO, coordinates an individual's health care needs. **See the panel on the right for MCO contact information.** 

## How to Apply to NJ Family Care:

The fastest way to apply is online at: <u>http://www.njfamilycare.org/</u> <u>apply.aspx</u>

If you need help enrolling, please visit: <u>http://www.njfamilycare.org/</u> or call 1-800-701-0710.

Are you an individual with a permanent disability who is working and earning too much to qualify for Medicaid, but need Medicaid to access services? If so, see page 31 for information regarding NJ WorkAbility.

#### MCO Contact Numbers

Aetna Better Health of NJ 1-855-232-3596

Amerigroup 1-800-600-4441

Horizon NJ Health I-800-682-9090

United Healthcare Community Plan 1-800-941-4647

WellCare 1-888-453-2534

## **Medicaid At A Glance**

#### Medicaid services may include:

- Certified Nurse Practitioner/ Clinical Nurse
- Specialist Services
- Chiropractic Services
- Dental Services
- Early and Periodic Screenings, Diagnosis, and Treatment (under age 21 only)
- Family Planning Services
- Maternity and Pediatric Care Services
- Home Care Services/ Personal Care Assistance
- Hospice Services
- Inpatient and Outpatient Hospital Services
- Laboratory and Radiological Services

- Medical Day Care Services
- Medical Supplies and Equipment
- Nursing Facility Services
- Optometric Services and Optical Appliances
- Pharmaceutical Services
- Physician Services
- Podiatric Services
- Prosthetic and Orthotic Devices and Hearing Aids
- Psychological and Mental Health Services
- Rehabilitative Services
- Medical Transportation Services coordinated through Logisticare

## **Questions About Your Medicaid Benefit?**

#### **Call Your County Medical Assistance Customer Centers (MACC):**

Atlantic / Burlington / Camden/ Cape May / Cumberland / Gloucester / Mercer / Salem Counties	(856) 614-2870
Bergen / Passaic / Morris / Sussex / Warren Counties	(973) 977-4077
Essex County / Hudson County	(973) 648-3700
Monmouth / Ocean / Middlesex / Hunterdon / Somerset / Union Counties	(732) 863-4400

## Medicare www.medicare.gov 1-800-Medicare (1-800-633-4227)

Medicare is the federal health insurance program for:

- People who are 65 or older
- Certain younger people with disabilities
- People with End-Stage Renal Disease (permanent kidney failure requiring dialysis or a transplant, sometimes called ESRD)

Medicare coverage is divided into four parts: Part A, Part B, Part C and Part D. Different parts of Medicare cover different services. See the guide on page 19 for the breakdown of coverage. Some people get Medicare Part A (Hospital Insurance) and Medicare Part B (Medical Insurance) automatically and other people have to sign up for it. In most cases, it depends on whether you're getting Social Security benefits. If you aren't getting benefits from Social Security or the Railroad Retirement Board at least 3 months before you turn 65, you'll need to sign up with Social Security to get Part A and Part B. Because you must pay a premium for Part B coverage, you can turn it down. However, if you decide to enroll in Part B later, you may have to pay a late enrollment penalty for as long as you have Part B coverage.

While costs vary, Medicare typically pays 80 percent of the cost of covered services while you are responsible for the remaining 20 percent plus any required coinsurance or deductibles for each benefit period.

## Medigap

When an individual who is aged or disabled is not covered by an employer or union health care plan, it is possible to buy a supplemental policy to help bridge the gaps in original Medicare coverage. These policies are called Medigap insurance. Medigap policies must follow federal and state laws and are standardized, so you can compare them. Standardized policies cover co-payments for certain benefits. Medigap policies may also offer additional benefits, such as coverage for the hospital deductible, at an extra cost. Medicare does not pay for any of the costs of a Medigap policy. To buy a Medigap policy, you must be enrolled in Medicare Part A and Medicare Part B. For a list of Medigap plans available in New Jersey, visit: https://www.state.nj.us/humanservices/doas/services/ship/index.html

When to apply for Medicare: You should sign up for Medicare three months before reaching age 65, even if you are not ready to start receiving retirement benefits. During the Medicare application, you can opt out of receiving cash retirement benefits and will always have the option to apply for them later.

## How to Apply for Medicare

On-line at <u>https://www.ssa.gov/benefits/medicare/</u> OR

Call Social Security at 1-800-772-1213 or visit your local Social Security Office. Find a list of local offices here: <u>https://secure.ssa.gov/ICON/main.jsp</u>

### **Need Help paying Medicare part B premiums?**

New Jersey offers Medicare Part B premium assistance to individuals meeting income and asset guidelines.

If you also have NJ FamilyCare, your Medicare Part B premium may be paid for you through the Qualified Medicare Beneficiary (QMB) program.

If you are not eligible for NJ FamilyCare, you may be eligible for Part B premium assistance through **the Specified Low Income Medicare Beneficiary (SLMB) program.** The SLMB program pays partial or full Medicare Part B premiums for eligible participants.

#### **Eligibility for SLMB:**

- Must be a New Jersey resident
- Must not be financially eligible for the Qualified Medicare Beneficiary (QMB) program under NJ FamilyCare
- Must not exceed income or asset eligibility limits:
  - SLMB \$17,232\* for single and \$23,280\* for married couples
  - Liquid assets may not exceed \$7,860\* for single persons or \$11,800\* for married couples

\*Reflects 2020 limits

## Medicare Coverage at a Glance

- **Part A:** (Hospital Insurance) Covers inpatient hospital stays, care in a skilled nursing facility, hospice care, and some home health care.
- **Part B:** (Medical Insurance) Covers certain doctors' services, outpatient care, medical supplies, and preventive services.
- Part D: (Prescription drug coverage) Covers medically approved pharmaceuticals. Monthly costs vary by plan.

**Medicare Advantage (also known as Part C)** is an all-in-one managed care alternative to original Medicare. These plans include Part A, Part B, and usually Part D, and are typically purchased through a monthly premium. Several companies offer Medicare Advantage plans at varying costs and levels of coverage. The choice is yours.

For more Medicare information: Watch Medicare & You at: https://www.youtube.com/watch?v=WZVQSFBq2uw&feature=youtu.be

Visit: www.medicare.gov

Call: 1-800-Medicare (1-800-633-4227)

## **Federally Qualified Health Centers (FQHCs)**

Federally Qualified Health Centers (FQHCs) are community based programs that provide primary and preventive healthcare, regardless of a patient's ability to pay. **To find a FQHC in New Jersey, visit https://www.njpca.org/locate-center/** 

#### The New Jersey Hospital Care Payment Assistance Program (Charity Care)

Charity Care is a payment assistance program available to uninsured or underinsured patients for inpatient and outpatient services at all acute care hospitals throughout New Jersey. Patients who meet income and asset criteria may receive medically necessary services at reduced fees or free. Eligibility is determined at the hospital where the medical service is provided when the completed application is submitted.

For more information: 1-866-588-5696 For Spanish: 609-292-4715

## Need help figuring all of this out?

New Jersey provides free Medicare Counseling services through local **State Health Insurance Assistance Program** (**SHIP**) offices. Trained volunteers

can provide information and assistance to assist Medicare beneficiaries in evaluating health insurance options, as well as those who have problems or questions about their health insurance.

Telephone: 1-800-792-8820

## **Dental Care Assistance**

The following resources offer reduced cost dental services to eligible individuals who are uninsured or underinsured:

Dental Lifeline Network New Jersey Southern counties PO Box 2117 Edison, NJ 08818 (732) 821-3056

Northern counties PO Box 621 Lincroft, NJ 07738 (973) 967-9171 https://dentallifeline.org/newjersey/

Rutgers School of Dental Medicine

Oral Health Pavilion 50 12th Avenue Newark, NJ 07103 (973) 972-7370 Alternate: (973) 972-4242 http://sdm.rutgers.edu/patients/ njds.htm

Matheny Center of Medicine & Dentistry PO Box 339 Peapack, NJ 07977 (908) 234-0011 ext 1785 http://www.matheny.org/center-ofmedicine-dentistry NJDA Senior-Dent Program c/o New Jersey Dental Association I Dental Plaza North Brunswick, NJ 08902-6020 (732) 821-9400 https://www.njda.org/for-thepublic/dental-clinics-programs

The New Jersey Dental Clinic Directory is designed to assist people who have difficulty accessing dental care due to insurance or financial constraints.

https://www.state.nj.us/ health/fhs/oral/documents/ dental\_directory.pdf

## **Hearing Aid Assistance**

## New Jersey Hearing Aid Project

Through this innovative project launched by the New Jersey Division of the Deaf and Hard of Hearing, Montclair State University, and Sertoma/Hearing Charities of America, used hearing aids are collected, reconditioned, and dispensed free to eligible seniors in need. Eligible New Jersey Residents must be 65 years of age or older and have an income of no more than 250 percent of the federal poverty level - \$28,399 if single and \$34,817 if married. For more information on this program and other services for individuals who are deaf or hard of hearing, see chapter 20.

## Hearing Aid Assistance to the Aged and Disabled (HAAAD)

This program provides a \$100 reimbursement to eligible recipients to offset the purchase of a hearing aid. Income for 2020 must be less than \$28,399 if single or less than \$34,817 if married. For more information: 1-800-792-9745

## Vision Care Assistance

## **Project Best: Better Eye Health Services and Treatment**

Through the Commission for the Blind and Visually Impaired, this program offers free eye screenings to preschoolers, adults, individuals with diabetes, and migrant workers. For more information on this program and other services for individuals who are blind or visually impaired or deaf/blind, see chapter 19.

## **EyeCare America**

Offers medical eye exams at no cost to eligible individuals. https://www.aao.org/eyecare-america

## **Local Lions Club**

Local Lions Clubs may provide eyeglasses or assistance for individuals with vision care needs. They may also know of other local resources in your area. Contact your local Lions Club for more information. **To locate the Lions Club nearest you, contact either the Chamber of Commerce or visit www.lionsclubs.org** 

## **New Eyes for the Needy**

Provides vouchers for new eyeglasses for those with financial need and no other resources, public or private, to pay for glasses. Program accepts applications from third parties such as social service agencies or health professionals who are able to document financial needs of clients.

For more information: (973) 376-4903 or www.new-eyes.org

## **Prevent Blindness**

Patients who participate in a vision screening through Prevent Blindness, a Prevent Blindness affiliate or one of the organization's many health program partners, and receive a referral for an exam to an eye care professional, may then bring their new prescription with the card to participating locations. For more information about this Eyeglass Program, please call I-800-331-2020 or visit: https://www.preventblindness.org/

### **Respectacle**

Donates free, used eyeglasses. Users need to enter their prescription on-line and fill out some basic demographic information. Used eye glasses will be mailed within 7 to 10 days of order. No additional paperwork required.

Visit: www.respectacle.org/



## Chapter 6: Pharmaceutical Assistance

## Pharmaceutical Assistance to the Aged and Disabled (PAAD)

The Pharmaceutical Assistance to the Aged and Disabled (PAAD) program is a state-funded program that helps eligible older adults and individuals with disabilities save money on their prescription drug costs.

#### **Eligibility for PAAD:**

- You are a New Jersey resident;
- You are age 65 or older or between ages 18 and 64 and receiving Social Security Title II Disability benefits; and
- Your annual income for 2020 is less than \$28,399 if single, or less than \$34,817 if married.
- Medicare-eligible PAAD beneficiaries are also required to enroll in a prescription drug plan. PAAD will pay the monthly premium for certain standard basic Part D plans with a monthly premium at or below the regional benchmark, or standard basic plans or enhanced plans up to \$20 above the benchmark amount that have no deductible. These plans will cover medically necessary prescription medications under Medicare Part D. The federal Medicare Plan and/or PAAD will pay any costs above the PAAD copayment of \$5 for each covered generic drug or \$7 for each covered brand name drug, including premiums. However, if a Medicare Part D plan does not pay for a medication because the drug is not on its formulary, PAAD beneficiaries will have to switch to a drug on their Part D plan's formulary, or their doctor will have to request an exception due to medical necessity directly to their Part D plan.
- Medicare Advantage participants must add a prescription benefit to their coverage, and PAAD will contribute up to the regional benchmark amount towards the prescription portion of their total premium.

#### Senior Gold Prescription Discount Program

The Senior Gold Prescription Discount Program (Senior Gold) is a state-funded prescription program with different co-pays and income eligibility guidelines than those of PAAD.

#### **Eligibility for Senior Gold:**

- You are a New Jersey resident;
- You are age 65 or older or between ages 18 and 64 and receiving Social Security Disability benefits;
- Your annual income for 2020 is between \$28,399 and \$38,399 if you are single, or \$34,817 and \$48,817 if you are married.
- All Medicare-eligible Senior Gold beneficiaries are also required to enroll in a prescription drug plan of their choice. They will be responsible for paying the monthly premium directly to the Medicare Part D plan. They also will be responsible for paying any late enrollment penalty imposed by Medicare for each month they were eligible to enroll in Medicare Part D but did not enroll.

For information about applying for Pharmaceutical Assistance to the Aged and Disabled (PAAD) or Senior Gold, **contact the Division of Aging Services PAAD Hotline at 1-800-792-9745**. You can also contact your county's Aging and Disability Resource Connection (ADRC) at 1-877-222-3737 <u>https://www.state.nj.us/humanservices/doas/home/</u> <u>saaaa.html</u>) or your local pharmacy.

You can also apply online through NJSave at: <u>https://www.state.nj.us/humanservices/doas/services/njsave/</u>.

## Medicare Part D: Low Income Subsidy (LIS)

Beneficiaries with Medicare who have limited income and assets may qualify for help with the costs of their prescription drugs through the Part D Low Income Subsidy (LIS), also known as Extra Help. Those enrolled will receive either a full or a partial subsidy, depending on their income and asset levels. Most people on LIS pay no premiums or deductibles (unless receiving the partial subsidy), and no more than \$8.95 in 2020 for each drug their plan covers. LIS beneficiaries can also switch the Part D plan quarterly, and those who enrolled in Part D after their initial eligibility date pay no late enrollment penalty.

#### **Eligibility for LIS:**

In 2020, the income limits are \$19,380 for individuals and \$26,100 for couples, and the asset limits are \$14,610 and \$29,160, respectively.

To apply, go to <u>www.ssa.gov/benefits/medicare/prescriptionhelp</u> or the NJSave online application <u>https://www.state.nj.us/humanservices/doas/</u> <u>services/njsave/</u>.

Or contact the Division of Aging Services PAAD Hotline at 1-800-792-9745

## Partnership for Prescription Assistance (PPA)

Many pharmaceutical companies have Patient Assistance Programs to assist consumers who have limited income and no prescription coverage. **Partnership for Prescription Assistance (PPA) provides a free, single point of access to many patient assistance programs.** A patient or patient advocate simply completes an online questionnaire with basic information about prescription medicines, income, and current prescription medicine coverage and PPA matches the patient with assistance programs for which they may be eligible. PPA offers assistance in the following special categories as well: HIV/AIDS programs, Diabetes/Diabetic Supply Programs, Service Animal and Assistive Listening Devices.

For more information visit: <u>https://medicineassistancetool.org/</u>

## **AIDS Drug Distribution Program (ADDP)**

The AIDS Drug Distribution Program provides life-sustaining and life-prolonging medications to low-income New Jersey residents with no other source of payment for these drugs.

For more information call 1-877-613-4533 or visit <u>https://www.nj.gov/</u> health/hivstdtb/hiv-aids/medications.shtml

## NJ Medicinal Marijuana Program

The New Jersey Medicinal Marijuana Program allows patients with specific conditions to be certified by a physician to receive medicinal marijuana products for medical use. Individuals interested in participating in the program should talk to their physician or a physician participating in the program. Physicians are responsible for establishing bona fide relationships with their patients, conducting a comprehensive evaluation of the patient, certifying the use of medicinal marijuana, and determining the amount to be obtained in a given certification period. There is a \$100 registration fee for patients and caregivers. Reduced \$20 fees are available for veterans, seniors and individuals receiving government assistance.

For more information: (609) 292-0424 https://www.nj.gov/health/medicalmarijuana/



## Chapter 7: Employment Assistance

## **One-Stop Career Centers**

One-Stop Career Centers throughout the state offer a wide range of tools to help people, including military veterans, those who are 55+, and individuals with disabilities, find a new job or career. All services are free of charge to help New Jersey's workers:

- Find a job
- Strengthen job-search skills
- Get training
- Improve reading and basic skills
- Network the way to a job
- Se labor market information to make career decisions
- Start a business

To connect with your local One-Stop Career Center, call: 1-877-872-5627 or visit <u>www.careerconnections.nj.gov</u>

### **Vocational Rehabilitation Services**

Any individual with a physical, mental, cognitive, or other form of disability that has a substantial impediment to employment may be eligible for vocational rehabilitation services. Each consumer is evaluated individually for eligibility and assistance needed to achieve employment.

Within the Division of Vocational Rehabilitation Services (DVRS), counselors work with individuals and their families to develop and carry out a plan for training and placement. If financial need is established, the Division will purchase other rehabilitative services from private providers, such as further evaluation or counseling, training at a vocational center or technical school and on-thejob training. Individuals who are blind or visually impaired are served by the Commission for the Blind and Visually Impaired (CBVI). All others receive services from DVRS. For more information on CBVI and services for individuals who are blind and visually impaired or deaf/blind, see chapter 19.

## New Jersey Division of Vocational Rehabilitation Services (DVRS)

Administrative Office: I John Fitch Plaza, 12th Floor PO Box 398 Trenton, NJ 08625-0398 **Telephone: (609) 292-5987 VP: (609) 498-6221** 

http://careerconnections.nj.gov/careerconnections/plan/foryou/disable/ vocational\_rehabilitation\_services.shtml

## **Vocational Rehabilitation at a Glance**

#### **Services Provided**

- Diagnostic Evaluation
- Individual Vocational Counseling and Guidance
- Job Seeking Skills Training and Selective Job Placement
- Employment Support Services
- Post-Employment Services
- Physical Restoration
- Job Coaching, Vocational, Professional, or On the Job Training
- Business Outreach Team
- Pre-Employment Transition Services

#### **Self-Employment Initiative**

Individuals with an interest in becoming self-employed can work with their vocational rehabilitation counselor to develop a business plan that can lead to self-employment.

#### **Fee for Service**

Many of the services are provided free of charge. Coverage of expenses for medical services, training, books and supplies, tools, and other equipment are based on an individual's ability to pay.

See Appendix 7 on page 137 for DVR County Offices

# Senior Community Service Employment Program (SCSEP)/WorkForce 55+

The SCSEP/Workforce 55+ is the only federal program targeted to help older workers obtain employment and self-sufficiency. SCSEP participants gain work experience in a variety of community service activities at nonprofit and public facilities, including schools, libraries, hospitals, day-care centers and senior centers. Participants work an average of 18 hours a week and are paid minimum wage. This training serves as a bridge to employment for participants. Participants must be at least 55, unemployed and have a family income of no more than 125% of the federal poverty level.

#### For more information, visit:

https://www.state.nj.us/labor/wioa/workforce55/workforce55.html

### **Ticket to Work and Work Incentives Improvement Act**

Social Security's Ticket to Work Program is available to people ages 18 through 64 who are blind or have a disability and who receive Social Security Disability Insurance (SSDI) or Supplemental Security Income (SSI). Participation in the Ticket to Work program is free and voluntary. If you choose to participate, you will receive services such as career counseling, vocational rehabilitation, and job placement and training from authorized Ticket to Work service providers, such as Employment Networks (EN) or your State Vocational Rehabilitation (VR) agency. The service provider you choose will serve as an important part of your "employment team" that will help you on your journey to financial independence. For more information, contact: 1-866-968-7842

### Plan to Achieve Self-Support (PASS)

PASS is an SSI provision to help individuals with disabilities return to work. If you receive SSI or could qualify for SSI after setting aside income or resources and wish to pursue a work goal, you could benefit from a PASS. A PASS can include supplies to start a business, school expenses, equipment and tools, transportation, uniforms and other items or services you need to reach your employment goal. PASS can help the participant save to pay these costs without jeopardizing SSI eligibility.

For more information, contact a PASS specialist at: 1-866-348-5403 (Last names A-M: dial extension 23648, N-Z: dial extension 23645) or visit: www.socialsecurity.gov/disabilityresearch/wi/pass.htm

### **NJ WorkAbility**

The NJ WorkAbility Program offers full New Jersey Medicaid health coverage to people with disabilities who are working and whose earnings would otherwise make them ineligible for Medicaid.

### **Eligibility criteria:**

- ♦ Age 16-64
- Working full or part-time with proof of employment
- Determined as disabled by the Social Security Administration OR the Disability Review Team at the Division of Medical Assistance & Health Services
- Income and asset eligibility as described below

### **Total Earned Income Potential**

Includes but is not limited to: wages, self-employment earnings, workers' compensation, paid sick leave, private or state temporary disability plan benefits or commissions.

- If you have no unearned income:
  - Individual gross earned income may not exceed \$64,596 per year/ \$5,383 per month.
  - An eligible couple's gross earned income may not exceed \$86,988 per year/ \$7,249 per month.
- If you have unearned income (for example, in addition to your wages you also receive alimony), the maximum earned income threshold will vary.

### **Unearned Income Threshold**

Includes but is not limited to: alimony, Social Security Survivors' Benefits through a parent or spouse's work history, unemployment, interest, investments, or trust payments.

- An individual's unearned income may not exceed \$1,064 per month.
- An eligible couple's unearned income may not exceed \$1,437 per month.

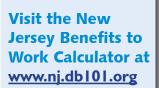
### **Asset Threshold:**

Assets do not include primary home, a car used for work or medical transportation, or 401K/ IRA retirement accounts.

- \$20,000 for an eligible individual
- \$30,000 for an eligible couple

For more information, call the Division of Disability Services (DDS) at 1-888-285-3036, visit: <u>https://www.state.nj.us/humanservices/dds/services/workability/</u>

**Important Note:** Portions of both earned and unearned income are not counted when determining eligibility for Workability. Please apply for a full eligibility determination using the NJ FamilyCare Aged, Blind, Disabled Programs Application.



This site assists individuals ages 18-64 who are using public disability benefits in understanding how working may affect their total income or health benefits.

# Receiving Social Security Disability and considering working?

The social security administration publishes the Redbook: a helpful guide to Social Security Work Incentives. Find a copy here: <u>www.ssa.gov/redbook/</u>

### Need more help? See below:

### NJ WINS (New Jersey Work Incentive Network Support)

The Family Resource Network's New Jersey Work Incentives Network Support (NJWINS) program assists Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) beneficiaries to start, continue, or increase work efforts while maintaining cash and healthcare benefits for as long as they are needed. NJWINS can serve anyone ages 14 to 64, who is receiving SSI or SSDI benefits and is considering work, starting work, continuing present work, or increasing work efforts. <u>www.njwins.org</u>

### Northern and Central New Jersey residents: 1-866-946-7465

Residents of: Cape May, Camden, Atlantic, Gloucester, Cumberland and Salem: 1-888-466-2942 x 20 (Full Circle Employment Solutions LLC)

# **Other Helpful Resources**

### AbilityJobs

### www.abilityjobs.com

The leading career website dedicated to employment of people with disabilities. Individuals can search through thousands of jobs and post resume for free. Employers can utilize website to search for qualified candidates for employment openings.

# US Small Business Administration

### www.sba.gov

The SBA helps Americans start, build and grow businesses. Assists individuals in various aspects including developing business models, counseling, locating funding sources, and establishing professional contacts.

### US Office of Disability Employment Policy www.dol.gov/odep

This office's mission is to develop and influence policies and practices that increase the number and quality of employment opportunities for people with disabilities.

# Chapter 8: Transportation

### NJ Find A Ride

NJ Find A Ride is an online directory of public and accessible transportation options throughout the State. Through a customized search, the site provides information on eligibility, costs, and how to arrange a ride.

### For more information: www.njfindaride.org

### **Transportation Management Associations**

Transportation Management Associations (TMA) are non-profit, public-private partnerships dedicated to reducing traffic congestion and improving mobility by promoting alternative commuting modes like transit, community shuttles, and van/ carpool programs. Eight TMAs cover all 21 counties in New Jersey.

### Find the TMA serving your county at: 1-800-245-7665

www.state.nj.us/transportation/commuter/rideshare/tma.shtm

### **LogistiCare**

LogistiCare provides non-emergency medical transportation to NJ FamilyCare clients living anywhere in the state. Passengers should call to request rides two days prior to their appointment and provide the following information:

- Your NJ FamilyCare ID number
- Your pick-up address and zip code
- Name, phone number and address of medical provider
- Appointment time and date
- Special transportation needs

### To make an appointment for a ride: 1-866-527-9933

For more information about the service: www.nj.gov/humanservices/dmahs/home/logisticare.html

### **New Jersey Transit**

New Jersey Transit provides commuter services through bus routes and rail lines in New Jersey and into New York and Pennsylvania. Lift-equipped and kneeling buses, as well as accessible rail stations, are important elements of New Jersey Transit's services to people with disabilities.

### Access Link: New Jersey Transit's ADA Paratransit

Access Link can be used for any purpose including the following: travel to places of employment, education, recreation, shopping, to attend social functions, visit family, friends, physicians, dentists, run errands or just to get out of the house and

#### ↓ LogistiCare

If your ride is late or doesn't show, call 'Where's my Ride?' at 1-866-527-9934

To file a complaint about your transportation provider with LogistiCare, call 1-866-333-1735

# Chapter 8 Transportation

### Access Link: New Jersey Transit's ADA Paratransit

Access Link provides origin to destination public transportation to eligible people with disabilities who are unable to use local bus service. Individuals need to apply for eligibility. Once eligible, all rides must be scheduled by reservation.

For more information: <u>https://accesslink.</u> <u>njtransit.com</u>

To apply: 1-800-955-2321 relax. Comparable to the local bus service, it is a "shared-ride" system, meaning other customers may be picked up and dropped off while transporting you to your final destination, service is available during the same days and hours as the regularly scheduled local fixed route service, and you are charged a fare to ride.

While riders generally need to be able to leave their house and board the bus on their own, drivers may assist individuals in walking from house to bus. This is done on a case by case basis as long as riders, when scheduling, ask for an accommodation.

For more information, refer to the panel on the left.

### New Jersey Transit Reduced Fare Program

Special rates are available for residents 62 years of age or older and people with disabilities. Personal assistants ride for free when proper identification is presented by the person with a disability. Even qualifying out-of-state residents can ride on NJ TRANSIT buses and trains at the reduced rate. Passengers with disabilities and those who are 65 and older may simply show their valid NJ Transit Reduced Fare ID or Medicare Card to the vehicle operator and present the appropriate fare. Those between the ages of 62-64 may be asked to present a valid ID including date of birth to get the reduced fare.

### For more information: (973) 491-7112

To apply for a Reduced Fare ID: www.njtransit.com/sf/sf\_servlet.srv?hdnPageAction=ReducedFareTo

### Amtrak

Amtrak offers additional services to passengers with disabilities.

For more information: 1-800-872-7245 www.amtrak.com/accessible-travel-services

### **County Paratransit System**

Each of the 21 counties in New Jersey provides a paratransit service for older residents and people with disabilities.

For more information on local paratransit services, including hours of operation, reservation procedures and any fees:

Atlantic County	(609) 645-5910
Bergen County	(201) 368-5955
Burlington County	(877) 603-5111
Camden County	(856) 456-3344
Cape May County	(609) 889-3700
Cumberland County	(856) 691-7799
Essex County	(973) 618-1280
Gloucester County	(856) 686-8350
Hudson County	(201) 369-4320
Hunterdon County	(800) 842-0531
Mercer County	(609) 530-1971
Middlesex County	(800) 221-3520
Monmouth County	(732) 431-6480
Morris County	(973) 829-8103
Ocean County	(877) 929-2082
Passaic County	(973) 305-5756
Salem County	(856) 339-8644
Somerset County	(908) 231-7115
Sussex County	(973) 579-0480
Union County	(908) 241-8300
Warren County	(908) 454-4044
Warren County	(908) 454-4044

### **Out of State Accessible Transit Services**

Similar to NJ Transit's Access Link, the services below provide door to door transportation for individuals 65 years of age or older and individuals with disabilities who are unable to use public transportation. Rides are required to be scheduled 1-3 days ahead of time.

Pennsylvania:	SEPTA's Customized Community Transportation Paratransit Service (215) 580-7145 https://www.septa.org
New York:	MTA's Access-A-Ride (718) 393-4999 <u>http://web.mta.info/nyct/paratran/guide.htm</u>

### **NJTIP** @ Rutgers

The New Jersey Travel Independence Program (NJTIP) teaches individuals with disabilities and older adults how to use public transportation safely and independently. NJTIP customers learn how to read bus and train schedules, plan their trips, pay their fares and take safety precautions. The only cost to customers during training is paying their own fares. Each graduate receives a free one-month bus pass. Training is offered in English and Spanish through one-on-one instruction, individual concierge and trip-planning services, small and large group instructions, and in-school instruction.

For more information: Telephone: (848) 932-4499 Email: <u>njtip\_info@njtip.rutgers.edu</u> Website: <u>http://vtc.rutgers.edu/njtip/</u>

# Chapter 9: Child Care and Assistance Programs

### **Child Care Assistance**

The state Child Care Subsidy Program can help families with low-to-moderate incomes who are working, in training or in school to pay a portion of their child care. To apply, you will need to provide proof of income, training/school hours and household size to help determine eligibility. If you want to calculate your child care eligibility and estimated co-pay amount, use this tool: <u>https://</u>www.childcarenj.gov/Copay-Calculator.aspx.

**Child Care Resource and Referral Agencies (CCR&R):** have trained staff to provide information about the availability of child care services through the Child Care Subsidy Program, the different types of providers, and financial assistance available to obtain child care services. To get more information or connect to your local CCR&R, call 1-800-332-9227 or visit www.childcarenj.gov/.

Our **Grow NJ Kids Quality Child Care Initiative** provides parents with information on selecting a quality provider to help them make the most of their kids' early learning opportunities. Visit <u>www.childcarenj.gov</u> and use the search feature that makes it easy to find care in centers or in registered homes, as well as corresponding licensing and inspections reports and whether the program participates in Grow NJ Kids.

### **Child Support**

New Jersey's Child Support Program promotes financial stability and helps parents meet the needs of their children by offering a full range of support to both custodial and non-custodial parents. For more information on how to file an application and resources, visit <u>www.NJChildSupport.org</u>, contact your local child support office located at your county's social service agency, or call I-877-655-4371 and request an application. For a list of County Boards of Social Service Agencies, see Appendix 2.

### **The Kinship Navigator Program**

The Kinship Navigator program provides assistance to caregivers who have taken on the responsibility of caring for their relatives' children, including siblings, grandchildren, nieces and/or nephews. Local kinship agencies help caregivers navigate other forms of government assistance, determine their eligibility for Kinship Navigator Program benefits, and provide technical support with legal commitments to the child. Services available through the program include (but are not limited to) help with the following:

- Payment for clothing for the child
- Referrals to grand-parenting and family support groups
- Getting medical coverage and services
- Housing
- Payment for furniture (for example, a bed, dresser, book shelves)
- Payment for tutoring services and extra-curricular activities for the child
- Payment for summer camp for the child
- Payment for graduation expenses for the child

For more information, call 211 to be referred to your local Kinship agency or visit: <u>https://www.nj.gov/dcf/families/support/kinship/</u>

### **NJ Parent Link**

A website designed to meet the information and resource needs of expectant parents, families with young children (newborns up to children entering kindergarten) and professional stakeholders vested in the health & well-being of New Jersey's children & families. Parenting and support resources for families with older children, school aged to young adulthood, are also available. **Visit:** www.njparentlink.nj.gov

NJ Healthy Families-TIP Program: is a home visitation program that offers in home parenting support to expectant and new parents receiving Temporary Assistance for Needy Families (TANF) to help improve their parenting skills. TIP creates a training plan that best suits each parent's situation, providing them with guidance on good nutrition, available medical and child care services, resume writing, job interview skills and more. For more information: https://www.state.nj.us/humanservices/dfd/programs/workfirstnj/tip/

# Chapter 10: Special Child Health Services

Each of NJ's 21 counties has a Special Child Health Services Case Management Unit that works with the child's parents, physician, and/or specialists to evaluate a child's strengths and needs and collaborates with the family and community-based partners to develop an individual service plan (ISP) for the child and family.

### **Special Child Health Services**

PO Box 364 Trenton, NJ 08625-0364 (609) 777-7778 www.state.nj.us/health/fhs/sch/index.shtml

### **County Case Management Units**

Atlantic County	(609) 909-9269
Bergen County	(201) 634-2620 x 5
Burlington County	(609) 914-8550 x 42837
Camden County	(856) 374-6021
Cape May County	(609) 465-6841
Cumberland County	(856) 327-7602
Essex County	(973) 395-8836
Gloucester County	(856) 218-4111
Hudson County	(201) 204-0004 x 7
Hunterdon County	(908) 788-6399
Mercer County	(609) 588-8460
Middlesex County	(732) 745-3100
Monmouth County	(732) 224-6950
Morris County	(973) 971-4155
Ocean County	(732) 341-9700 x 3
Passaic County	(973) 523-6778
Salem County	(856) 935-7510 x 8305
Somerset County	(908) 725-2366
Sussex County	(973) 948-5239
Union County	(908) 889-0950 x 2544
Warren County	(908) 475-7960

See The Following Chapters For Additional Information Regarding:

Early Intervention Services: Chapter 11

Educational Services: Chapter 11

#### PerformCare (Services For Children With Intellectual And Developmental Disabilities): Chapter 18.



# Chapter 11: Educational Resources

The Individuals with Disabilities Education Act (IDEA) guarantees children with disabilities, ages 3 to 21, the right to a free, appropriate public education delivered in the least restrictive environment. The state special education offices provide leadership to ensure compliance with state and federal regulations and to establish standards that promote improved outcomes for students with disabilities. Below are some of the resources available.

### The New Jersey Early Intervention System (NJEIS)

Children develop at different paces, but there are developmental milestones that children should reach by certain times during the first three years of their lives. The Early Intervention Services can conduct an evaluation if your child is not meeting those developmental milestones. The NJEIS implements New Jersey's statewide system of services for infants and toddlers, birth to age three, with developmental disabilities. The cost of Early Intervention services for a child is determined by their family income. Families may receive Early Intervention Services at no cost depending on their household income.

### I-888-653-4463

https://www.state.nj.us/health/fhs/eis/

### **Project Child Find**

Project Child Find is a free referral service and public awareness campaign to assist in the identification of unserved/underserved youth with a disability from ages birth through 21.

#### 1-800-322-8174

https://www.nj.gov/education/specialed/childfind/





### **Regional Collaboratives**

The Regional Early Intervention Collaboratives (REICs) are independent, non-profit corporations established to provide a community-based, culturally competent and consumer-driven early intervention system. The collaboratives are responsible for child find, public awareness, initial referral, service coordination, training and technical assistance and family support.

#### Family Link Regional Early Intervention Collaborative

2333 Morris Avenue, Suite A204 (2nd Floor) Union, NJ 07083 (908) 964-5303 www.familylinknj.org (Essex, Morris, Sussex, Union, and Warren Counties)

Helpful Hands Northeast Regional Early Intervention Collaborative 65 Willowbrook Boulevard, Suite 405 Wayne, NJ 07470 (973) 256-8484 https://www.nreic.com/

(Bergen, Hudson, and Passaic Counties)

### Central Jersey Family Health Consortium Regional Early Intervention Collaborative

Central Jersey Family Health Consortium 30 Silverline Dr. 2nd Floor Suite I North Brunswick, NJ 08902 (732) 937-5437 https://www.cjfhc.org/index.php/en/79-

https://www.cjfhc.org/index.php/en/79-programs-and-services/90mid-jersey-cares-early-intervention (Hunterdon, Mercer, Middlesex, Monmouth, Ocean, and Somerset

Counties)

# Southern New Jersey Regional Early Intervention Collaborative (SNJREIC)

Winslow Professional Building 1044 South Route 73, Suite A, Berlin, NJ 08009 (856) 768-6747 www.snjreic.org (Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties)

# **Head Start**

Head Start is a comprehensive preschool program for low-income children ages birth through five years old. It provides children with a developmentally appropriate early childhood education. The program ensures that young children get health checkups and treatment, oral health screenings, and that they are fed a nutritious hot meal every day.

To see if you are eligible for Local Head Start Programs or to find a location near you, call: (609) 376-9077 <u>https://eclkc.ohs.acf.hhs.gov/center-locator</u>

### Parental Rights In Special Education Guide (PRISE)

This document describes the state and federal laws affecting the provision of special education to help parents understand their rights in the special education process. It is available in English, Spanish, Arabic, Chinese and Portuguese at: <u>https://www.nj.gov/education/specialed/form/prise/</u>

### **Child Study Teams**

A Child Study team (CST) is a multidisciplinary group of professionals typically employed by the board of education to provide parents and teachers with a variety of learning related services. These services include consultative, evaluative and prescriptive services for students who are experiencing academic difficulties. A typical CST consists of a psychologist, a learning disabilities consultant, social worker and oftentimes, a speech/language therapist alongside the student's parents. Ideally, they will meet before any special education testing is conducted and will continue to meet periodically if the student requires special services.

Upon completion of the evaluation, an Individualized Education Program (IEP), with stated goals and objectives, is written with the participation of the parents. An IEP is a written document that defines the student's goals and specific accommodations, supports, and services the school will provide for a student with disabilities to help them succeed in school.

### New Jersey Specialized Child Study Team (NJSCST)

Provides evaluation services for children who are deaf or hard of hearing. https://www.nj.gov/education/specialed/deaf/resources/

# Chapter II Educational Resources

### County Supervisors of Child Study

Atlantic	(609) 625-0004
Bergen	(201) 336-6875
Burlington	(609) 265-5938
Camden	(856) 401-2400
Cape May	(609) 465-1288
Cumberland	(856) 453-0422
Essex	(973) 621-2750
	x2767
Gloucester	(856) 686-8386
Hudson	(201) 369-5290
Hunterdon	(908) 788-1414
Mercer	(609) 588-5873
Middlesex	(732) 249-2900
Monmouth	(732) 431-7823
Morris	(973) 285-8332
Ocean	
	(732) 929-2079
Passaic	(973) 569-2110
Salem	(856) 339-8611
Somerset	(908) 541-5700
Sussex	(973) 579-6996
Union	(908) 654-9867
Warren	(908) 689-0464

### **Learning Resource Centers**

Learning Resource Centers provide research reports, educational guides, training, and workshops for parents and educators of students with disabilities.

www.state.nj.us/education/lrc

#### Learning Resource Center-Northern Region

7 Glenwood Avenue, 2nd Floor, Suite 201 East Orange, NJ 07017 (973) 414-4491 Serving: Bergen, Essex, Hudson, Morris, Passaic, Sussex, and Warren Counties

### Learning Resource Center-Central Region

200 Riverview Plaza, First Floor PO Box 500 Trenton, NJ 08625 (609) 376-3955 Serving: Hunterdon, Mercer, Middlesex, Monmouth, Ocean, Somerset, and Union Counties

### Learning Resource Center-Southern Region

Rowan University – James Hall 1140 I Memorial Circle Glassboro, NJ 08028 (856) 256-4704 Serving: Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties

## **Office of The Special Education Ombudsman**

The Office of the Special Education Ombudsman offers valuable resources and information to support parents, students and educators regarding special education rights and services.

PO Box 500 Trenton, NJ 08625-0500 Telephone: (609) 376-9060 Email: <u>specedombudsman@doe.nj.gov</u> www.state.nj.us/education/specialed/ombudsman/

### Office of Special Education: Policies And Procedures Office

Oversees disputes, mediations/resolutions, between parents and the school district and implements due process procedures.

### **Office of Special Education**

Policies and Procedures PO Box 500 Trenton, NJ 08625-0500 (609) 376-9060 www.state.nj.us/education/specialed

### New Jersey Higher Education Student Assistance Authority (HESAA)

HESAA provides New Jersey students and families with the financial and informational resources for students to pursue their education beyond high school. **1-800-792-8670** 

www.hesaa.org

For more information on services for children and adults with intellectual and/ or developmental disabilities, see chapter 18.



# Chapter 12: Assistive Technology Resources

Assistive technology is equipment or a service that serves to increase, maintain or improve the functional capability of an individual with a disability. This section lists agencies, outside of state government, that provide assistive technology services.

### AbleData

Provides a wealth of information to assist individuals with disabilities and their family members, professionals and caregivers in understanding assistive technology options and programs available.

https://abledata.acl.gov/

### Assistive Technology Advocacy Center (ATAC): "Back in Action"

Provides information on assistive technology and maintains a used equipment recycling program that provides used items at very low cost or free. View available items on their website. http://backinaction.drnj.org/home.php

210 S. Broad Street, 3rd Floor Trenton, NJ 08608 Toll free: 1-800-922-7233 609-292-9742 http://www.drnj.org/atacprogram.htm

### National Disability Institute: Assistive Technology Loan Program

Provides affordable loans of \$500 to \$30,000 to residents of New Jersey and New York.

### (202) 449-9521

www.realeconomicimpact.org/asset-development/assistive-technologyloan-program

### Advancing Opportunities: Assistive Technology Services/Lending Center

Assists people with disabilities, their families, teachers and employers identify and learn how to use the technology that will be most effective in meeting their goals. Their Technology Lending Center allows NJ residents with disabilities the opportunity to borrow assistive technology for a trial period, for free.

1005 Whitehead Road Ext., Suite I Ewing, NJ 08638 Toll free: 1-888-322-1918 x 595 609-882-4182 www.assistivetechnologycenter.org

### **Goodwill Home Medical Equipment**

Refurbishes donated home medical equipment and offers it to individuals and families at low costs.

300 Benigno Blvd. Bellmawr, NJ (609) 396-1513 www.goodwillhomemedical.org

# Chapter 13: Legal and Advocacy Resources

### NJ Council on Developmental Disabilities (NJCDD)

The NJCDD provides a forum for public and private agencies serving individuals with disabilities to come together with consumers, family members, and advocates, to develop a coordinated social policy. The Council also funds projects to educate and inform decision-makers, legislators, and the general public about developmental disabilities.

### Mary Roebling Building

20 West State Street, 6th Floor Mailing: PO Box 700, Trenton, NJ 08625-0700 Trenton, New Jersey **Toll free: I-800-792-8858** Email: njcdd@njcdd.org https://njcdd.org/

# Regional Family Support Planning Councils (RFSPCs)

RFSPCs provide a venue for parents and family members of people with developmental disabilities to exchange knowledge and information about available family support services. RFSPC members advise state agencies how they can best meet the needs of families and individuals with developmental disabilities. Family members of people with developmental disabilities are encouraged to serve on a council. Councils generally meet monthly and may have up to 11 voting members. Meetings are open to the public and all families are welcome to attend. All 21 counties are represented by 10 regional councils. To find the council representing your county, visit: <u>https://njcdd.org/the-regional-family-support-planningcouncils/family-support-planning-councils/</u> or contact:

Kyoko Coco, Statewide RFSPC Coordinator Telephone: 609-341-3112 Email: kyoko.coco@njcdd.org Or Rebekah Novemsky, Family Support Liaison Telephone: 609-984-4510 Email: rebekah.novemsky@njcdd.org

# Chapter 13 Legal and Advocacy Resources

# **Centers for Independent Living (CILs)**

CILs are community-based, consumer-driven organizations designed to support individuals with disabilities by providing a multitude of services based on individual needs, such as life skills training, advocacy, information and referral, peer counseling, socialization and community based activities. Membership is open to all people with disabilities, their able-bodied friends, and supporters. CILs promote personal growth and empowerment through choice, self-determination, and participation in programs providing information, education, skills development, and networking opportunities. **See Appendix 4 for a list of CILs by County.** 

### See Appendix 4 for a list of CILs by County.

### Association for Special Children and Families

This nonprofit consists of a group of parent consultants who support and educate other parents raising children with disabilities.

PO Box 494 Hewitt, NJ 07421-0494 (973) 728-8744 www.ascfamily.org

### **SPAN Parent Advocacy Network**

This nonprofit group provides education to families and professionals, family workshops, support groups and advocacy in the following areas: effective parent involvement, child care, general and special education, dropout and bullying prevention, child welfare, health care, mental health, youth leadership, transition to adult life, incarcerated youth, military family support, violence prevention and more.

35 Halsey Street, 4th Floor Newark, NJ 07102 Toll free: 1-800-654-7726 https://www.spanadvocacy.org

### **Adult Protective Services**

The role of Adult Protective Services (APS) is to investigate complaints of suspected abuse, neglect, and/or exploitation of vulnerable adults aged 18 or older. A complaint to APS will generate a thorough assessment, which will include a private face-to-face interview with the potentially at-risk adult, to determine if intervention is warranted. All information generated by the investigation is confidential. A report of suspected abuse may be made to the Division of Aging Services Information and Referral toll-free number at 1-800-792-8820 or to the APS office in the county in which the individual lives.

See Appendix 5 for a list of APS offices by County.

### **Court Appointed Special Advocates (CASA) of** New Jersey

CASA of New Jersey provides a voice for abused and neglected children by empowering a statewide network of county-based programs. Working through community volunteers, these programs advocate on behalf of children in foster care and other out-of-home placements to ensure their well-being and ultimate placement in safe and nurturing permanent homes.

77 Church Street New Brunswick, NJ 08901 (609) 695-9400 Email: info@casaofnj.org Website: https://www.casaofnj.org/

## **American Civil Liberties Union (ACLU)**

This private, nonprofit, nonpartisan organization is devoted to defending the principles of freedom, justice and equality guaranteed by our state and federal constitutions and civil rights laws. They undertake litigation and advocacy on behalf of individuals and lobby for civil liberties in state and local government.

PO Box 32159 Newark, NJ 07102 (973) 642-2084 www.aclu-nj.org

## Legal Services of New Jersey (LSNJ)

LSNJ coordinates the statewide legal services system in New Jersey, providing free legal assistance to low-income people in civil matters. This service is provided at no charge, but applicants must be financially eligible to qualify. Legal help is available in all languages and to the hearing-impaired. Services are provided in all 21 counties through local offices. Visit <u>https://www.lsnj.org/</u> <u>LegalServicesOffices.aspx</u> to find contact information for your local office.

100 Metroplex Dr. PO Box 1357 Edison, NJ 08818 **Toll free: 1-888-576-5529** www.lsnj.org

### **Community Justice Center**

This nonprofit legal service serves low-income and homeless individuals with disabilities and returning disabled veterans and their families, primarily within Central New Jersey.

310 W. State Street, Third Floor Trenton, NJ 08618 (609) 218-5120 www.nj-communityjusticecenter.org

### **Disability Rights New Jersey (DRNJ)**

DRNJ provides free legal and advocacy services to individuals with disabilities. They also provide education, training and technical assistance to individuals with disabilities, the agencies that serve them, advocates, attorneys, professionals, courts and others regarding the rights of individuals with disabilities.

210 South Broad Street, 3rd Floor Trenton, NJ 08608 Toll free: 1-800-922-7233 Email: advocate@drnj.org Website: https://www.drnj.org/

### **Community Health Law Project (CHLP)**

This organization provides low cost, fee-for-service legal services to assist individuals living with disabilities and their families pursue civil and entitlement issues. This organization also provides free services to individuals receiving services through the Division of Developmental Disabilities (DDD). They have several offices throughout the state. Visit <u>http://www.chlp.org/contac</u> to find contact information for your local office.

#### **CHLP Administrative Office**

185 Valley Street
 South Orange, NJ 07079
 (973) 275-1175
 www.chlp.org

# Chapter 14: Disability Rights and Laws: Information, Technical Assistance, and Enforcement

Many laws protect the rights of individuals with disabilities. Brief overviews of relevant laws and local contacts for additional information and enforcement have been provided below. For a more comprehensive guide to disability rights and laws, please visit: <u>www.ada.gov/cguide.htm</u>

# The NJ Law Against Discrimination (NJ LAD)

The New Jersey Law Against Discrimination (N.J.S.A. 10:5-12) (LAD) makes it unlawful to subject people to differential treatment based on race, creed, color, national origin, nationality, ancestry, age, sex, pregnancy, familial status, marital status, domestic partnership or civil union status, affectional or sexual orientation, gender identity or expression, atypical hereditary cellular or blood trait, genetic information, liability for military service, and mental or physical disability, perceived disability, and AIDS and HIV status. The LAD prohibits unlawful discrimination in employment, housing, places of public accommodation, credit and business contracts. Learn more about the types of discrimination covered by the LAD at: www.nj.gov/oag/dcr/law.html

# The NJ Family Leave Act (NJFLA)

The NJFLA entitles eligible employees to take up to 12 weeks of unpaid, job-protected leave in a 12-month period to care for your family. The NJFLA's definition of parent includes a parent-in-law or a stepparent. Beginning in July 2020, the NJFLA will provide for up to twelve weeks of leave in a 24-month period. The 24-month period begins on the first day of the employee's first NJFLA leave. For more information see page 2.

# Chapter 14 Disability Rights and Laws: Information, Technical Assistance, and Enforcement

## The NJ Family Medical Leave Act (NJFMLA

The NJFMLA entitles eligible employees to take up to 12 weeks of unpaid, jobprotected leave in a 12-month period to care for yourself.

### **New Jersey Division on Civil Rights:**

The NJ Division on Civil Rights (NJ DCR) is responsible for enforcing the NJLAD and the NJFLA by investigating claims of discrimination in employment, housing, and places of public accommodation (e.g., schools, stores, parks). The Division also offers free seminars and other outreach activities to educate the public on anti-discrimination laws. Complaints must be filed through a local office (see contacts below) within 180 days after the alleged act of discrimination.

### **NJ DCR Regional Offices:**

Northern Regional Office 31 Clinton Street, 3rd Floor Newark, NJ 07102 (973) 648-2700 Southern Regional Office 5 Executive Campus, Building 5, Suite 107 Cherry Hill, NJ 08034 (856) 486-4080

### **Central Regional Office**

140 East Front Street: 6th FloorSouth Shore Regional CPO Box 090 Trenton, NJ 086251325 Boardwalk, 1st floor(609) 292-4605Tennessee Ave & Boardwal

South Shore Regional Office 1325 Boardwalk, 1st floor Tennessee Ave & Boardwalk Atlantic City, NJ 08401 (609) 441-3100

DCR Housing Discrimination Toll-Free Hotline: 1-866-405-3050

# The Americans with Disabilities Act (ADA)

The ADA prohibits discrimination on the basis of disability in employment, state and local government, public accommodations, commercial facilities, transportation, and telecommunications.

### **ADA Title I: Employment**

Prohibits discrimination in recruitment, hiring, promotions, training, pay, social activities, and other privileges of employment against otherwise qualified individuals with disabilities.

Enforced locally by: NJ Equal Employment Opportunity Commission (EEOC): Newark Area Office Toll free: 1-800-669-4000 ASL Video Phone: 844-234-5122

### ADA Title II: State and Local Government Activities

Requires that state and local governments provide people with disabilities an equal opportunity to benefit from all programs, services, and activities.

### Enforced locally by: The NJ Division on Civil Rights. See page 54.

### **ADA Title II: Public Transportation**

Requires that public transportation authorities do not discriminate against people with disabilities in the provision of their services. Requires accessible vehicles and the provision of paratransit services where they operate fixedroute bus or rail systems.

Enforced by: US Office of Civil Rights, Federal Transit Administration Toll free: 1-888-446-4511 www.transit.dot.gov/regulations-and-guidance/civil-rights-ada/ americans-disabilities-act

### **ADA Title III: Public Accommodations**

Requires that places of public accommodation provide full access to goods and services to people with disabilities by removing barriers in existing buildings where it is easy to do so without much difficulty or expense and by allowing "reasonable accommodations" when serving people with disabilities. It also requires that places of public accommodation take steps necessary to communicate effectively with customers with vision, hearing, and speech disabilities.

Enforced locally by: The NJ Division on Civil Rights. See page 54.

### ADA Title IV: Telecommunication Relay Service (TRS)

Requires that common carriers establish TRS Services, which enable callers with hearing and speech disabilities who use TTYs (also known as TDDs), and callers who use voice telephones to communicate with each other through a third party communications assistant. Title IV also requires closed captioning of federally funded public service announcements.

Enforced by: The Federal Communications Commission (FCC) Toll free: 1-888- 225-5322 VP: 1-844- 432-2275 www.fcc.gov/encyclopedia/telecommunications-relay-services-trs

### **ADA Title V: Miscellaneous**

Contains a variety of provisions relating to the ADA as a whole, including its relationship to other laws, state immunity, impact on insurance providers and benefits, prohibition against retaliation and coercion, illegal use of drugs, and attorney's fees. This title also provides a list of conditions that are not to be considered as disabilities.

For local information, training, and or technical assistance on the ADA:

Northeast ADA Center I-800-949-4232 www.northeastada.org For information and technical assistance on the Americans with Disabilities Act (ADA) at the Federal level.

Department of Justice ADA Information Line I-800-514-0301 www.ada.gov

### The Fair Housing Act (FHA):

The Fair Housing Act protects people from discrimination when they are renting or buying a home, getting a mortgage, seeking housing assistance, or engaging in other housing-related activities. Additional protections apply to federally assisted housing. The Fair Housing Act prohibits discrimination in housing due to race, color, national origin, religion, sex, familial status, or disability.

### Section 504 of the Rehabilitation Act:

Section 504 of the Rehabilitation Act prohibits discrimination on the basis of disability in any program or activity receiving federal financial assistance.

# To file a complaint related to the FHA or Section 504 of the Rehabilitation Act, contact your local HUD office at:

New Jersey HUD Newark Field Office One Newark Center 1085 Raymond Boulevard 13th Floor Newark, NJ 07102-5260 (973) 776-7200 Email: <u>NJ Webmanager@hud.gov</u>

> Visit this page for answers to frequently asked questions about the housing rights of people with disabilities and the responsibilities of housing providers and building and design professionals under federal law:

www.hud.gov/topics/ information\_for\_disabled\_ persons

# **US Access Board**

The US Access Board is an independent federal agency that provides accessibility guidelines for the built environment, transportation, communication, medical diagnostic equipment, and information technology. I-800-872-2253

www.access-board.gov

### Individuals with Disabilities Education Act (IDEA)

A federal law mandating that all children, regardless of disability, are entitled to a free, appropriate public education without extra cost and in the least restrictive and least segregated environment possible. https://sites.ed.gov/idea/

### **Air Carrier Access Act**

Federal law which requires airlines to accommodate the needs of passengers with disabilities. It applies to all flights in the United States and to flights to, or from, the United States by foreign airlines. It prevents airlines from refusing to transport a passenger solely because of a disability; limits the circumstances under which passengers with disabilities must provide advance information about their disabilities to air carriers; states that assistive devices do not count against passenger baggage limits; and sets accessibility guidelines for airplane facilities. Airline personnel must provide routine physical assistance but are not required to provide what would customarily be regarded as personal care assistance. However, if a passenger requires an attendant, the airline must transport the attendant free of charge. The law does not require an airline to transport an individual who may endanger the health or safety of others. The Act mandates that a Complaints Resolution Officer (CRO) be immediately available to resolve disputes between airlines and passengers with disabilities.

www.transportation.gov/airconsumer/passengers-disabilities

### **Voting Accessibility for Individuals with disabilities**

Requires polling places across the United States to be physically accessible to people with disabilities for federal elections or to provide an alternate means of casting a ballot on the day of the election. This law also requires states to make registration and voting aids available for voters with disabilities and those who are elderly.

For more information, visit: https://www.drnj.org/pavaprogram.htm

# Chapter 15: Mental Health and Addiction Services

# Division of Mental Health and Addiction Services (DMHAS)

The Division oversees New Jersey's adult system of community-based behavioral health services. Provider agencies deliver a full array of mental health and substance use disorder services, including: prevention, intervention, emergency screening, outpatient and intensive outpatient mental health and addictions services, partial care and partial hospitalization, case management, medicationassisted treatment for substance abuse, and long and short-term mental health and substance abuse residential services.

PO Box 362 Trenton, NJ 08625 I-800-382-6717 https://www.state.nj.us/humanservices/dmhas/home/

For Mental Health Information and Referrals: 1-800-382-6717

For Substance Abuse Treatment Services (ReachNJ): I-844-732-2465

NJ Mental Health Cares Helpline I-866-202-HELP (I-866-202-4357) M-F: 8 am to 8pm https://www.njmentalhealthcares.org/ Looking for Behavioral Health or Substance Use Treatment Services for Someone 20 Years Old or Younger?

PerformCare is the single point of access to behavioral health and substance use treatment services for NJ youth up to the age of 21.

Toll-free: 1-877-652-7624 (24/7 access) https://www. performcarenj. org/index.aspx

### **County Crisis Intervention Contacts**

The numbers listed below provide callers with access to psychiatric emergency services for non-medical emergencies and crisis intervention:

Atlantic County	(609) 344-1118
Bergen County	(201) 262-4357
Burlington County	(609) 835-6180
Camden County	(856) 428-4357
Cape May County	(609) 465-5999
Cumberland County	(856) 455-5555
<b>Essex County (Clara Maas)</b>	(973) 844-4357
Essex County (Beth Israel)	(973) 926-7444
Essex County (UBHC)	(973) 623-2323
Gloucester County	(856) 845-9100
Hudson County	(866) 367-6023
Hunterdon County	(908) 788-6400
Mercer County	(609) 396-4357
Middlesex County	(732)235-5700
Monmouth County	(732) 923-6999
Morris County	(973) 625-6160
Ocean County	(732) 886-4474
Passaic County	(973) 754-2230
Salem County	(856) 299-3001
Somerset County	(908) 526-4100
Sussex County	(973) 383-0973
Union County	(908) 994-7131
Warren County	(908) 454-5141

New Jersey's 24/7 Suicide Prevention Hotline

1-855-NJ-HOPELINE (1-855-654-6735) Specialists are available for confidential telephone counseling and support

24 hours a day, 7 day per week



#### Coalition of Mental Health Consumer Organizations (COMHCO)

408 Sussex Street Paterson, NJ 07503 (973) 778-8819

### New Jersey Self-Help Group Clearinghouse

673 Morris Avenue Springfield, NJ 07081 Toll free: 1-800-367-6274 www.njgroups.org

# Mental Health Association in New Jersey

673 Morris Ave, Suite 100 Springfield, NJ 07081 Toll free: 1-800-367-8850 www.mhanj.org

### NAMI NJ (National Alliance on

#### Mental Illness of New Jersey)

1562 Route 130 North Brunswick, NJ 08902 (732) 940-0991 https://www.naminj.org

#### National Coalition for Mental Health Recovery

611 Pennsylvania Ave, SE #133 Washington, DC 20003 1-877-246-9058

https://www.ncmhr.org

#### New Jersey Association of Mental Health and Addiction Agencies, Inc.

3635 Quakerbridge Road, Suite 35 Mercerville, NJ 08619 (609) 838-5488 Fax: (609) 838-5489 http://www.njamhaa.org

# **Addiction Resources**

Reach NJ Addictions Helpline Toll free: 1-844-732-2465 http://reachnj.gov

#### **NJ Connect for Recovery**

(A free confidential call line for Individuals and Families Coping with Addiction) **Toll free: 1-855-652-3737** www.njconnectforrecovery.org

#### **Alcoholics Anonymous**

South Jersey Intergroup: (856) 486-4444

Cape Atlantic Intergroup: (609) 641-8855

Central Jersey Intergroup: (609) 586-6902

Intergroup of Northern NJ: (908) 687-8566 www.aa.org

Intoxicated Driving Program Call Center: (609) 815-3100

### AL-ANON Adult Children & Family Group ALA-TEEN

North Jersey: (973) 744-8686 www.northjerseyal-anon.org

South Jersey: (856) 547-0855 https://www.southjerseyal-anon.org

Gamblers Anonymous Toll Free: 1-855-222-5542 www.gamblersanonymous.org

Narcotics Anonymous Toll free: 1-800-992-0401 https://www.na.org

NAR-ANON Family Group Toll free: 1-877-424-4491 www.naranonofnj.org

Nicotine Anonymous Toll free: 1-877-879-6422 Email: <u>info@nicotine-anonymous.org</u>

https://nicotine-anonymous.org/

National Alcohol and Substance Abuse Information Center Toll free: 1-800-784-6776 <u>https://www.addictioncareoptions.</u> com

#### New Jersey Association of Mental Health and Addiction Agencies, Inc.

3635 Quakerbridge Road, Suite 35 Mercerville, NJ 08619

(609) 838-5488 Fax: (609) 838-5489 http://www.njamhaa.org

# Chapter 16. Personal Care Assistant Services and Resources for Caregivers

### **Personal Care Assistant Service (PCA)**

PCA services are non-emergent, on-going health related tasks performed by qualified staff in an eligible NJ FamilyCare (Medicaid) member's home. The purpose of the program is to accommodate long-term/chronic or maintenance health care by providing assistance with activities of daily living and household duties essential to the individual's health and comfort. The number of hours authorized is based upon medical necessity, as determined by a nursing assessment. **To apply, contact your NJ FamilyCare Managed Care Organization (MCO). See page 15.** 

### **Personal Preference Program (PPP)**

The PPP offers an alternate way for individuals to receive their NJ FamilyCare Personal Care Assistant (PCA) services. Using a self-directed model, this program enables eligible NJ FamilyCare recipients to direct and manage their PCA services rather than receiving traditional PCA agency services. **To enroll, contact your NJ FamilyCare Managed Care Organization (MCO) Care Manager. See page 15.** 

### Managed Long Term Services and Supports (MLTSS)

The Managed Long Term Services and Supports program (MLTSS) is a New Jersey initiative intended to provide a better way to help seniors and individuals with disabilities live at home for as long as possible. MLTSS also provides access to private duty nursing services for children requiring a skilled level of care. The program is designed to coordinate support services according to a participant's needs. Participants will receive their primary, acute, behavioral and long-term care needs through a NJ FamilyCare MCO. **MLTSS includes services such as:** 

- Access to all NJ FamilyCare Plan A Benefits (see chapter 5)
- Care Management;
- Home and Vehicle Modifications;
- Home Delivered Meals;
- Respite;
- Personal Emergency Response Systems;
- Mental Health and Addiction Services;
- Assisted Living;
- Community Residential Services;
- Nursing Home Care.

For more information about MLTSS, visit: www.nj.gov/humanservices/dmahs/home/mltss.html



### Birth through

**age 20:** Contact the Division of Disability Services (DDS) at 1-888-285-3036.

### 21 years or older:

Contact your County Aging and Disability Resource Center (ADRC) or your County Board of Social Services. See pages 121 and 119, respectively, for a listing of those numbers by County.



### **Program of All Inclusive Care for the Elderly (PACE)**

Provides frail individuals, age 55 and older, comprehensive medical and social services coordinated and provided by a team of professionals in a community-based center and in their homes, helping program participants delay or avoid long-term nursing home care. To participate in PACE, an individual must be 55 years of age or older, require nursing home level of care but be able to live safely in the community at time of enrollment with the services of PACE, and reside in the service area of a PACE organization. You can leave a PACE program at any time. Six PACE agencies are currently operating in New Jersey and you must live in their coverage area to participate.

For more information, visit: <u>http://www.state.nj.us/humanservices/doas/</u> services/pace

To apply, contact the PACE agency serving your area at the numbers listed below:

# **PACE Centers:**

LIFE St. Francis: (609) 599-5433 (serving Mercer County and portions of Burlington County) www.stfrancismedical.org/LIFE/Overview.aspx

#### **Trinity Health LIFE New Jersey:**

(856) 675-3675 (serving most of Camden County and portions of Burlington County) http://www.trinityhealthpace.org/th-life-new-jersey

Lutheran Senior LIFE: Toll Free: 1-877-543-3188 (serving most of Hudson County) https://www.lsmnj.org/senior-healthcare-retirement-living/lutheransenior-life-at-jersey-city/

Inspira LIFE: Toll Free: 1-855-295-5433 (serving portions of Cumberland, Gloucester, and Salem Counties) http://www.inspirahealthnetwork.org/life-center

Beacon of LIFE: (732) 592-3400 (serving Monmouth County) http://www.beaconhss.com

AtlantiCare LIFE Connection: (609) 572-8588 (Serving Atlantic and Cape May Counties) https://www.atlanticare.org/services/life-connection/services



### The Personal Assistance Services Program (PASP)

The PASP is a self-directed program that provides routine personal care assistance to adults ages 18 - 70, with permanent physical disabilities, who are employed, preparing for employment, involved in community volunteer work, or attending school. Participants in the PASP may receive up to 40 hours of service per week. The number of hours authorized is determined by an assessment. With the assistance of a fiscal intermediary service organization, participants are able to manage their service hours and a monthly budget that can be used to hire workers and purchase items to increase their independence. Personal assistants can help with tasks such as bathing, dressing, meal preparation, shopping, light housekeeping, driving or using public transportation. PASP has a cost share based on income. For more information, visit: <a href="https://www.state.nj.us/humanservices/dds/services/pasp/">https://www.state.nj.us/humanservices/dds/services/pasp/</a>

To apply, please contact your county PASP coordinator at the number below:

#### **County PASP Coordinators:**

**Atlantic County Bergen County Burlington County Camden County Cape May County Cumberland County Essex County Gloucester County Hudson County Hunterdon County Mercer County** Middlesex County **Monmouth County Morris County Ocean County Passaic County Salem County Somerset County Sussex County Union County Warren County** 

(609) 645-7700 x 4386 (201) 336-6508 or (201) 336-6502 (609) 631-2488 (609) 261-1667 (609) 631-2488 (856) 453-2220 (973) 395-8494 (856) 384-6845 (201) 336-6508 or (201) 336-6502 (908) 788-1361 (609) 989-6459 (732) 745-2587 or (732) 745-4407 (609) 631-2477 (973) 326-7285 (732) 505-3779 (609) 631-2488 (856) 935-7510 x 8449 (908) 541- 5747 (973) 940-5200 x 1286 (908) 527-4845 (908) 475-6591

## Chapter 16 Personal Care Assistant Services and Resources for Caregivers

#### Jersey Assistance for Community Caregiving (JACC)

Jersey Assistance for Community Caregiving (JACC) is a program that provides in-home services to seniors, age 60 and over, who require a nursing facility level of care but wish to remain in their homes. JACC includes an array of services designed to supplement the assistance given by the individual's existing network of family caregivers. Qualified individuals may have the opportunity to hire their own eligible family, friends, or neighbors to provide the care they need. By designing service plans uniquely tailored to the individual, JACC works to enhance the individual's community care options. JACC also strengthens the ability of caregivers to continue in their vital role as primary support providers. Services available through JACC include the following: care management, personal care assistance, caregiver relief (respite), home modifications, special medical equipment and supplies, chore services, personal emergency response system, home delivered meal services, social adult day care, medical adult day care, and transportation. JACC has a co-pay based on an individual's income.

#### Individuals eligible for this program must:

- require a nursing facility level of care, but wish to remain at home
- not participate in other services that provide this type of care
- meet financial guidelines for income and assets:
  - countable monthly income that is no more than 365% of the Federal Poverty Level (\$3,881 for individuals and \$5,244 for a couple in 2020) and
  - countable resources at or below \$40,000 for an individual or \$60,000 for a couple

#### For more information, visit: https://www.state.nj.us/humanservices/doas/services/jacc/

To apply, please contact your County Aging and Disability Resource Connection (ADRC). See Appendix 3.



#### Statewide Respite Care Program

This program offers services to individuals needing care so as to provide a break ("respite") to unpaid caregivers. Services can include adult day care, home care, companion services, campership, or a short stay in a facility. There is even a caregiver directed option, which allows the caregiver to pay for/be reimbursed for services or items that make caregiving easier.

#### Individuals eligible for this program must:

- live in the community and require daily, basic care that is currently being provided by unpaid caregivers such as a spouse, family members or friends
- not participate in other services that provide this type of care
- meet financial guidelines for income and assets. There may be a co-pay based on income.

#### For more information, visit:

https://www.state.nj.us/humanservices/doas/services/srcp/

To apply, please contact your county AAA/ADRC. See Appendix 3.

## **Alzheimer's Adult Day Services Program (AADSP)**

This program offers financial assistance, based on the person's income, toward attending one of the programs participating day services centers.

#### Individuals eligible for this program must:

- have a qualifying diagnosis that includes permanent and progressive dementia
- live in the community and require daily, basic care that is currently being provided by unpaid caregivers such as a spouse, family members or friends
- $\diamond$  not participate in other services that provide this type of care
- meet financial guidelines for income and assets. There may be a co-pay based on income.

#### For more information, please visit: https://www.state.nj.us/humanservices/doas/services/aads/

To apply, call your County AAA/ADRC. See Appendix 3.

#### **Older Americans Act Funded Programs**

This Division of Aging Services administers programs funded through the Older Americans Act. Services vary depending on county and consist of things like: home delivered meals, congregate nutrition programs, information and assistance, and screening for benefits. Some counties may have light home repair services or "handy man" services available. Eligibility for these programs is not based on income. Most programs are for individuals in need, age 60 and older, but some services are also available to caregivers of any age and to grandparents age 55 or older. **To learn what services your county has available, call your County AAA/ADRC.** See Appendix 3.

## **Other Resources for Caregiver Support**

#### Care2Caregivers Program

Care2Caregivers is a peer-lead support program for those providing care for a family member or friend diagnosed with dementia.

Toll free I -800-424-2494 www.care2caregivers.com

## The Caregiver Action Network (CAN)

The Caregiver Action Network is the nation's leading family caregiver organization working to improve the quality of life for the more than 65 million Americans who care for loved ones with chronic conditions, disabilities, disease, or the frailties of old age. CAN serves a broad spectrum of family caregivers ranging from the parents of children with special needs, to the families and friends of wounded soldiers; from a young couple dealing with a diagnosis of MS, to adult children caring for parents with Alzheimer's disease. CAN (formerly the National Family Caregivers Association) is a nonprofit organization providing education, peer support, and resources to family caregivers across the country free of charge.

(202) 454-3970

www.caregiveraction.org

#### **Family Caregiver Alliance (FCA)**

Family Caregiver Alliance was the first community-based nonprofit organization in the country to address the needs of families and friends providing long-term care at home. Long recognized as a pioneer in health services, FCA now offers programs at national, state and local levels to support and sustain caregivers.

Toll free 1-800-445-8106 www.caregiver.org

#### American Healthcare Association (AHCA)

AHCA is the Nation's largest association of long term and post-acute care providers. They advocate for quality care and services for individuals who are frail, elderly, and/or have disabilities. AHCA members provide essential care to approximately one million individuals in over 13,500 not-for-profit and proprietary member facilities.

#### (202) 842-4444

www.ahcancal.org

#### Wellspouse Association

The Well Spouse Association, a nonprofit 501(c)(3) membership organization, advocates for and addresses the needs of individuals caring for those with chronic illnesses or disabilities. The agency offers peer to peer support and educates health care professionals and the general public about the special challenges and unique issues "well" spouses face every day.

(732) 577-8899 www.wellspouse.org

#### National Alliance For Caregiving

Established in 1996, the National Alliance for Caregiving is a non-profit coalition of national organizations focusing on issues of family caregiving. Alliance members include grassroots organizations, professional associations, service organizations, disease-specific organizations, a government agency, and corporations.

Email only: <u>info@caregiving.org</u> <u>www.caregiving.org</u>

#### Safe Care Cam Program

The "Safe Care Cam" program makes micro-surveillance cameras available for free 30-day loans to anyone who suspects their loved one is being abused or neglected by home health aides or other in-home caregivers.

For more information, call the Division of Consumer Affairs. Toll free 1-800-242-5846 or (973) 504-6375

## Find a Long Term Care Facility:

https://healthapps. state.nj.us/facilities/ fsSearch.aspx

Find Hospitals, Ambulatory Care, and other Acute Care Facilities:

https://healthapps. state.nj.us/facilities/ acSearch.aspx



## **Fraud Prevention**

#### NJ Long Term Care Ombudsman (NJLTCO)

The NJLTCO is responsible for securing, preserving, and promoting the health, safety, and welfare of New Jersey's elderly population, through investigations of abuse, neglect, and exploitation; legislative and regulatory advocacy; policy work; and education and outreach.

P.O. Box 852 Trenton, NJ 08625-085 I-877-582-6995 https://www.state.nj.us/ooie/

#### **Senior Medicare Patrol (SMP)**

Senior Medicare Patrols (SMPs) empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse through outreach, counseling, and education.

32 Ford Ave., Second Floor Milltown, NJ 08850 (732) 777-1940 Hotline: 1-877-767-4359 http://seniormedicarepatrolnj.org/

#### **Other Anti-fraud Resources**

- The New Jersey Division of Consumer Affairs is charged with protecting the public from fraud, deceit and misrepresentation in the sale of goods and services. Report allegations to 1-800-242-5846, 1-877-746-7850 or visit their website <u>http://www.njconsumeraffairs.gov</u>.
- The U.S. Federal Trade Commission (FTC) works to prevent fraudulent, deceptive, and unfair business practices and to help consumers to spot, stop, and avoid them. To find information or file a complaint, visit their website at <u>http://www.ftc.gov</u> or call 1-877-382-4357.
- National Consumer League's Fraud Center has a website where you can file a complaint on-line at <a href="http://www.fraud.org">http://www.fraud.org</a>.

## Chapter 17: Services for Individuals with Adult Onset Disabilities

An adult onset disability occurs after age 21, may be temporary or permanent, and typically affects an individual's ability to complete day-to-day tasks. Such disabilities often come on quickly and unexpectedly, often affect multiple areas of our lives and can happen to anyone. Examples include aneurysms, strokes, spinal cord injuries, traumatic brain injuries, multiple sclerosis and ALS.

Services for individuals with adult onset disabilities are administered through many service systems. Most, but not all, are typically income based and/or have level-of-care requirements that must be met to qualify. If you or someone you know has an adult onset disability, call the Division of Disability Services (DDS) for information and referral to assistance services.

The Division of Disability Services (DDS) provides a single point-of-entry for people seeking disability-related information in New Jersey. The DDS works to streamline access to services and information that promote and enhance independent living for individuals with disabilities by facilitating coordination and cooperation among local, county and state government agencies. Through the administration of programs like the Traumatic Brain Injury Fund and the Personal Assistance Services Program, the DDS promotes maximum independence and the full participation of people with disabilities within all aspects of community life. DDS serves individuals with all disabilities, statewide.

#### **Division of Disability Services**

PO Box 705 I I A Quakerbridge Plaza Trenton, NJ 08625 I-888-285-3036 https://www.state.nj.us/humanservices/dds/home/



## Chapter 18: Services for Individuals with Intellectual and Developmental Disabilities

# A developmental disability is a chronic physical or intellectual disability, or a combination thereof, that:

- manifests before age 21;
- is permanent;
- substantially limits an individual's ability to complete activities in at least three of the following life activities:
  - self-care;
  - learning;
  - mobility;
  - communication;
  - self-direction;
  - economic self-sufficiency;
  - the ability to live independently, and
- reflects the need for a combination and sequence of special interdisciplinary or generic care, treatment, or other services that are lifelong or extended and individually planned and coordinated.

#### Some Examples of developmental disabilities are:

Down Syndrome, Cerebral Palsy, Autism Spectrum Disorders and Muscular dystrophy. However, it's important to remember that the definition of a developmental disability is not based on diagnosis alone. It's dependent upon the age at which the disability occurred and the effect on one's long-term abilities to complete activities of daily living. Therefore, injuries to the brain or spinal cord incurred before the age of 21 may also qualify as developmental disabilities provided they are permanent and effect an individual's ability to complete day-today tasks in three or more areas of life activity.

#### In New Jersey, services for individuals with intellectual/ developmental disabilities (I/DD) are categorized into children services or adult services:

#### Services for Children with I/DD: (Birth-age 21):

are administered through the NJ Children's System of Care, under the Department of Children and Families, through **PerformCare.** See page 74.

#### Services for Adults with I/DD: (21 and older):

are administered through the **Division** of **Developmental Disabilities** (DDD). See page 75. PerformCare Toll-free: 1-877-652-7624 (24/7 access)

https://www.performcarenj.org

Through the New Jersey Children's System of Care (CSOC), PerformCare administers the publicly funded developmental disability service delivery system for children and youth up to age 21. PerformCare is also the single point of access to behavioral health and substance use treatment services for New Jersey youth up to the age of 21. *For more information on those services, see chapter 15.* 

The service system for children with intellectual and/or developmental disabilities is designed to help families meet the needs of children with I/DDs that are not being met through school-related services, medical services reimbursable by health insurance or by other existing supports or services. Services through this program are administered based upon level of care and the availability of funds.\* See more about early intervention and educational entitlement services in chapter 11.

#### Services through PerformCare include the following:

**Family Support Services (FSS):** FSS services provide caregiver relief (Respite), assistive technology, home and vehicle modifications, and assistance with summer camp during summer breaks from school.

**Connection with local Care Management Organizations (CMOs):** CMOs are agencies that provide a full range of treatment and support services to children with the most complex needs. They work with child-family teams to develop individualized service plans. The CMO's goals are to keep children in their homes, schools and communities.

**Out of Home (OOH) services and supports:** provide out-of-home treatment for youth who are not able to safely be cared for at home. If a youth or young adult (under age 21) requires OOH Treatment, PerformCare will work with the family's Care Management Organization (CMO) to identify the least restrictive type of treatment setting to best meet a child's identified needs.

To access developmental disability services for children: an application for developmental disability determination of eligibility must be submitted.

For children under the age of 18 (although services are provided until age 21), the application must be submitted to PerformCare. Applications can be completed online through a secure portal or are available to download and

<sup>\*</sup> Under the direction of the New Jersey Council on Developmental Disabilities (NJCDD), the Regional Family Support Planning Councils assist the Children's System of Care in the allocation of funding for family support services by making recommendations based on input they receive from families. See chapter 13 for additional information about those organizations.

complete by hand at: <u>https://www.performcarenj.org/families/disability/</u> <u>determination-eligibility.aspx</u> or you can **call PerformCare at I-877-652-7624.** 

For children 18 and older, applications for access to developmental disability services can be submitted to the Division of Developmental Disabilities (DDD), but services will continue to be provided through PerformCare until the age of 21, at which time the eligible individual will transition to DDD. An application for an individual age 18 and older can be obtained on the DDD website at: <a href="https://www.nj.gov/humanservices/ddd">www.nj.gov/humanservices/ddd</a> or by calling a DDD Intake worker at the DDD Community Services Office that serves the county where the individual lives. See page 76 for a list of DDD offices.

# NJ Division of Developmental Disabilities (DDD)

DDD Central Office 222 South Warren St. (PO Box 726) Trenton, NJ 08625-0726 Phone: (609) 633.1482 Toll Free: 1-800-832-9173

The Division of Developmental Disabilities (DDD) is the state agency that ensures New Jersey adults with intellectual/developmental disabilities (I/DD) age 21 and older receive quality services to support them in living, working, and participating in their communities. The DDD partners with community-based support coordination and service provider agencies to expand opportunities for adults with I/DD to live as independently as possible, exercise their right to make choices, and reach their goals. A wide array of day and residential services (see panel to the right) are available to eligible individuals who meet the functional criteria for an intellectual/developmental disability and are eligible for Medicaid. To talk with a DDD intake worker or request to have an Application for Eligibility mailed to you, contact the DDD Community Services Office that serves the county where the individual lives. See page 76.

The Application for Eligibility is also available on the DDD website, <u>https://www.</u>nj.gov/humanservices/ddd/.

#### DDD Services Available (Based on Individual's Assessed Needs

- Assistive Technology
- Behavioral Supports
- Career Planning
- Cognitive
   Rehabilitation
- Community Based
   Supports
- Community Inclusion Services
- Community
   Transition Services
- Day Habilitation
- Environmental Modifications
- Goods & Services
- Individual Supports
- Interpreter Services
- Natural Supports
   Training
- Occupational
   Therapy
- Personal Emergency Response System
- Physical Therapy
- Prevocational Training
- Respite
- Speech, Language, and Hearing Therapy
- Support
   Coordination
- Supported
   Employment
- Supports Brokerage
- Transportation
- Vehicle Modifications

# Chapter 18 Services for Individuals with Intellectual and Developmental Disabilities

DDD Community Services Offices	
Morris, Sussex, Warren	Flanders Office: I Laurel Drive Flanders, NJ 07836 (973) 927-2600
Bergen, Hudson, Passaic	<b>Paterson Office:</b> 100 Hamilton Plaza, 7th Floor Paterson, NJ 07505 <b>(973) 977-4004</b>
Essex	Newark Office: 153 Halsey St., 2nd FL PO Box 47013 Newark, NJ 07101 (973) 693-5080
Union, Somerset	<b>Plainfield Office:</b> 110 East 5th St. Plainfield, NJ 07060 <b>(908) 226-7800</b>
Ocean, Monmouth	Freehold Office: Juniper Plaza, Suite I-J, 3499 Route 9 Freehold, NJ 07728 (732) 863-4500
Hunterdon, Mercer, Middlesex	<b>Trenton Office:</b> 222 South Warren St., PO Box 706 Trenton, NJ 08625 <b>I-800-832-9173</b>
Atlantic, Cape May, Cumberland, Salem	Mays Landing Office: 5218 Atlantic Avenue, Suite 205 Mays Landing, NJ 08330 (609) 476-5200
Burlington, Camden, Gloucester	Voorhees Office: Echelon Plaza, 221 Laurel Rd., Suite 210 Voorhees, NJ 08043 (856) 770-5900

#### Ombudsman for Individuals With Intellectual or Developmental Disabilities And Their Families

The Ombudsman serves as a source of information about navigating and accessing services through the Department of Human Services' Division of Developmental Disabilities and the Department of Children and Families Children's System of Care. Appointed by the Governor and housed within the Department of Treasury, this position acts as a liaison for the administration for residents with intellectual or developmental disabilities of all ages and their families. The Ombudsman provides guidance and assistance for individuals and families who are having difficulty receiving the services they need, and works closely with the departments and divisions above, as well as the New Jersey Council on Developmental Disabilities, to resolve issues and develop communication and program strategies.

Paul Aronsohn PO Box 205 Trenton, NJ 08625 Email: <u>Paul.Aronsohn@treas.nj.gov</u> Phone: (609) 649-1734

**The Stephen Komninos' Law** was enacted on May 1, 2018 to strengthen protections for adults with developmental disabilities. The law provides additional opportunities for the Department of Human Services and service providers to advance health, safety and well-being of the individuals who receive our services. Recognizing the important role of guardians and family members in the lives of adults with developmental disabilities, the law enhances communications between providers, guardians and families, and strengthens safety and reporting practices.

https://www.state.nj.us/humanservices/home/skl.html



## Chapter 19: Services for Blind, Visually Impaired and Deaf-Blind Individuals

**Commission for the Blind and Visually Impaired** (CBVI)

153 Halsey St, 6th Floor P.O. Box 47017 Newark, NJ 07101-47017

Phone: (973) 648-3333 Toll Free: 1-877-685-8878

E-mail: askcbvi@dhs.nj.gov

www.state.nj.us/humanservices/cbvi

The Commission for the Blind and Visually Impaired (CBVI) provides education, employment, independent living and eye health services to individuals who are blind or vision impaired, their families, caregivers and the community. Programs are designed to enable individuals to gain independence and include orientation and mobility, braille instruction, and vocational rehabilitation.

**Eligibility:** available to all blind or visually impaired NJ residents experiencing vision loss that is affecting their daily life activities.

**Visually Impaired** means that an individual's vision is 20/70 or less in the better eye. (The person sees at 20 feet what a normally sighted person sees at 70 feet.)

**Legally Blind** means that an individual's vision is 20/200 or less in the better eye. (The person sees at 20 feet what a normally sighted person sees at 200 feet.) Also, an individual is considered legally blind if they have a restricted visual field limited to 20 degrees or less. (The person sees 20 degrees of all the objects in his or her field of vision when a normally sighted person would see 180 degrees.)

To apply or refer someone for services call 1-877-685-8878 or (973) 648-3333 or a regional service office. See page 85.

## **CBVI Services and Programs**

**Educational Services:** to students who are blind or visually impaired from birth through high school.

# Infant services are provided by CBVI to infants and toddlers (birth through 2 years)

In collaboration with the lead early intervention services providers within the New Jersey Early Intervention System, CBVI provides assessment and support services for infant/toddlers with vision loss, and consults with families and developmental instructors regarding all issues related to the early development and conceptual learning of blind and visually impaired babies. Services are free of charge to the families, and are provided in the child's natural environment (usually the home) with their primary caregivers.

#### School-based services (preschool through high school)

Provides specialized instruction, materials, technology, and other accommodations for students who are blind or visually impaired to succeed in school. These services are based upon each student's individual needs and are free of charge to students and their families regardless of family income. Services may include: Counseling and training for families; services for children who are deaf-blind or who have multiple disabilities; literacy enhancement; tutoring in special areas; and assistance with adaptive equipment, accessible textbooks, reading materials and other teaching aids from the Meyer Instructional Resource Center.

Students can be referred at any time in their school careers by the family, school personnel, medical professionals, or social services providers.

#### **The SHARP Program**

SHARP is a summer program that enables students with vision loss, ages six through thirteen, to acquire and practice blindness skills in the areas of Braille, assistive technology, and independent living, including orientation and mobility. During the summer, students can attend the SHARP program, through hands-on and community field trips, experience, and practice.

#### **Vocational Rehabilitation (VR)**

Provides vocational training and counseling specifically designed to assist individuals who are blind, vision-impaired, or deaf-blind to prepare for, secure, retain, or advance in employment that is consistent with their strengths, skills, and interests.

#### The scope of Vocational Rehabilitation Services includes:

- Assessment for determining eligibility and VR needs by qualified personnel;
- VR counseling and guidance, including information and support services to assist an individual in exercising informed choice, including referral and services from other agencies;
- Physical and mental restoration services;
- Vocational and other training services;
- Maintenance and transportation related to the rendering of any VR services;
- Vocational rehabilitation services to family members to assist in achieving the employment goal for an individual with a disability, e.g., family counseling;
- Interpreter services, including sign language and oral interpreter services, for individuals who are deaf or hard-of-hearing, and tactile interpreting services for individuals who are deaf-blind;
- Independent living skills instruction including personal and home management;
- Orientation and mobility services to instruct in methods of independent community travel;
- Services to assist students to transition from school to work;
- Job-related services, including job search and placement assistance, job retention services, follow-up services, and follow-along services;
- Supported employment services;
- Personal assistance services, including reader services;
- Occupational licenses, tools, equipment, initial stocks, and supplies;
- Technical assistance to individuals who are pursuing self-employment;
- Rehabilitation technology services and devices; and
- Post-employment services, i.e., short term services required to keep a job.
- Pre-Employment Transition Services: Transition services are available to eligible students with disabilities, ages 14 to 21, and include: job exploration counseling, work-based learning experiences, workplace readiness training, instruction in self-advocacy, and counseling on post-secondary enrollment opportunities. These transition programs include:
- Life 101: a two-week summer, residential program for ninth and tenth grade students. The program is comprised of interactive and communitybased activities, focused on career exploration, independent living skills, and post-secondary education.
- EDGE (Employment, Development, Guidance, and Engagement)
   I.0: helps prepare blind and vision-impaired high school students

## Chapter 19 Services for Blind, Visually Impaired and Deaf-Blind Individuals

receiving transition services to become successful professionals. Students attend monthly workshops to develop their professional, self-advocacy, and independent living skills. Additionally, students attend community trips to socialize with other blind peers, build life skills, and learn about opportunities to find employment or become more involved in extracurricular activities.

EDGE (Employment, Development, Guidance, and Engagement) 2.0: serves college undergraduates who are blind and vision-impaired. Students learn how to maximize their college experience through individualized plans that addresses barriers on campus, sets academic and social goals, and campus and community engagement. Students have career development plans that provide a map to graduation and a guide to careers in their fields of interest. In addition, students participate in campus visits with a career advisor, monthly mentor conversations, and peer meetings with careercentered activities. Using each of these resources and a career-focused approach, students enhance their ability to become employed competitively in their field of choice.

The CBVI College Preparation Experience (CPE): is an integrated part of The College of New Jersey's pre-College Program. This is a creditbearing program for rising high school juniors and seniors. The program helps prepare students for college through college-level coursework, community engaged learning, and college-based workshops. The CPE includes a two-week Orientation program in which students have the opportunity to practice blindness skills and college-readiness skills on TCNJ's campus. This includes learning to navigate a college campus, practicing time-management, and beginning the process of writing essays for the college application process.

**The Work Skills Preparation Program (WSP):** is a pre-employment transition program for high school students (ages 16-21) who are blind and vision-impaired with additional disabilities, who would benefit from an employment outcome upon completion of high school. Students practice functional academic skills, employment skills, and independent living skills in both classroom-based and community-based settings.

#### **The Youth Employment Solutions (YES) Program:**

Provides job coaching and job development services to individuals 18-25 years old in partnership with TCNJ.

#### **Assistive Technology Support:**

Assists consumers in gaining direct access to computer equipment and other technology through a comprehensive assessment of skill and accessibility needs.

The purpose of the unit is to minimize barriers and enable individuals to have more efficient professional or academic lives Regional Technology Assistance Centers (RTACs) are located in Newark, Freehold, Cherry Hill, Atlantic City, Trenton, and New Brunswick.

#### **Independent Living Skills:**

Provides training designed to help people of any age who are blind or vision impaired to adjust to their vision loss and gain the skills of daily living that they need to lead a full and productive life. Provides assistance and in-home instruction in the areas of daily living activities and home management; orientation and safe independent travel within the home, community, work, and school environment; child care training; training in braille and other communication methods; eye health education; low-vision services and referral to community resources.

# Assistive Support Programs for Independence Renewal and Education (ASPIRE):

A state-wide network of peer support groups designed to provide individuals who are living with vision loss the opportunity to gain the necessary coping skills, information, and education needed to thrive. ASPIRE offers individuals with vision loss the opportunity to become more socially engaged and connected with peers who face similar challenges and life experiences.

#### The Senior Hands-On Retreat Experience (SHORE):

Provides consumers age 55+ the opportunity to participate in a six-day retreat that includes instruction in intensive independent living, travel, health and wellness, assistive technology, communication, and self-advocacy skills. Consumers also obtain information about, and/or participate in, coping with vision loss, community integration, emergency preparedness, and leisure activity options. Some of the specific activities/lessons covered include eye health and nutrition, diabetic education, grocery shopping, kitchen safety, dining at restaurants, and music and relaxation therapy.

#### Library Equal Access Program (LEAP):

Helps individuals age 55 and older with a change in vision to gain access and learn how to utilize assistive technology. Equipment available includes computers (with speech and magnification software), iPads, and a Closed Circuit Television System (CCTV). The collaborative libraries are located in Mays Landing, South Orange, East Brunswick, Cherry Hill, Hackensack, Toms River, Morris Township, and Atlantic City. **To sign up for classes, call the Talking Book & Braille Center at 1-800-792-8322, extension 812.** 

#### **Project BEST (Better Eye Health Services and Treatment):**

Provides vision screenings to save sight and restore vision whenever medically possible and to identify eye disease in target populations that do not have access to

For information on vision care assistance, see pages 21-22.

## Chapter 19 Services for Blind, Visually Impaired and Deaf-Blind Individuals

eye health care. It facilitates treatment through community providers and referrals to emergency intervention when needed.

The Early Childhood Screening Program (Pre-School Vision Screenings) helps identify impediments to education and eye disease specific to that age group; the **Migrant Worker Screening Program** provides eye screening to migrant workers who are uninsured or underinsured, and in collaboration with the Department of Health, the **Diabetic Eye Disease Detection Program**, targets populations with diagnosed Type II diabetes.

For a schedule of eye-screenings, visit: http://www.state.nj.us/humanservices/cbvi/services/prevention/index.html

## **Deaf-Blind Services**

Provides transition and vocational rehabilitation services to individuals with dual sensory impairments. A full range of services are provided to assist individuals with hearing and vision loss to reach their highest level of independence and prepare for, obtain, or retain employment.

**iCanConnect NJ** provides various types of assistive technology and telecommunication devices to New Jersey residents who are both vision and hearing impaired. Devices such as iPads, iPhones, Braille note takers, laptops, screen readers, and adaptive software may be purchased for individuals meeting the program's eligibility requirements. Any New Jersey resident with combined hearing and vision loss can reach out to see if they qualify for the iCanConnect program to receive free technology to support distance communication. Program guidelines can be found at <u>http://www.icanconnect.org/see-if-you-qualify</u>.

**The Support Services Providers of New Jersey Program**, or SSP-NJ, is a consumer-driven program providing qualified trained professionals to support and promote the independence of deaf-blind New Jersey residents. SSPs provide visual and environmental information, as well as human guiding, to acclimate the consumers to their environment so that they can make informed decisions. The program supports consumers in a variety of activities such as postsecondary education, household management, employment, health/well-being, and community integration.

**Joseph Kohn Training Center (JKTC):** offers vocational rehabilitation, employment services, and independent living skills training to blind, deaf-blind, and vision-impaired individuals. Individuals 18 years or older who are blind or visually impaired, have exited from their secondary school program, and want to learn the independent living skills that will enable them to be integrated into their community may be eligible. The program is customized for each consumer, free of charge, and can range in duration from approximately 2 weeks to 20 weeks or more.

**Business Enterprises New Jersey (BENJ):** CBVI is the State Licensing Agency (SLA) for the Federal Randolph-Sheppard program. BENJ, directly oversees New Jersey's Randolph Sheppard program. This program enables individuals who are blind to manage their own businesses, including: vending machines, newspaper stands, snack bars, and full service cafeterias. Individuals who wish to enter BENJ are required to: be at least 18 years of age, be legally blind, have a high school diploma (or GED), pass a background check, be registered to receive CBVI vocational rehabilitation services, and be a United States citizen.

**Business Relations Unit (BRU):** provides services to both public and private sector businesses in order to assist them with meeting their diversity initiatives in hiring individuals with disabilities. The BRU partners with businesses to address their needs, such as education and technical assistance on recruiting, hiring, and retaining employees who are blind, deaf-blind, and vision-impaired.

## **CBVI Service Centers**

## **Northern Region**

#### **Newark Service Center (NSC):**

153 Halsey St., 5th Floor, Newark, NJ 07102 (973) 648-2111

Counties Served: Bergen, Essex, Hudson, Morris, Passaic, Sussex, and Warren

## **Central Region**

#### Freehold Service Center (FSC):

100 Daniels Way, Freehold, NJ 07728 (732) 308-4001

Counties Served: Hunterdon, Middlesex, Monmouth, Ocean, Somerset, and Union

## Southern Region

#### Cherry Hill Service Center (CHSC):

2201 Rt. 38 East, Suite 600, Cherry Hill, NJ 08002 (856) 482-3700

Counties Served: Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, Mercer, and Salem

#### Atlantic City Service Center Satellite (ACSC):

I 300 Atlantic Avenue, 3rd Floor Atlantic City, NJ 0840 I (609) 441-3074

# Chapter 19 Services for Blind, Visually Impaired and Deaf-Blind Individuals

## Other CBVI Locations

#### Joseph Kohn Training Center (JKTC):

130 Livingston Ave., New Brunswick, NJ 08901 (732) 937-6363

#### **George F. Meyer Instructional Resource Center (TMC):**

375 McCarter Hwy., Newark, NJ 07114 (973) 648-2547

#### **Business Enterprise New Jersey (BENJ):**

130 Livingston Ave., New Brunswick, NJ 08901 (732) 418-3270

## Additional Services Outside of CBVI

#### **NJ State Library Talking Book and Braille Center** (TBBC)

2300 Stuyvesant Avenue Trenton, NJ 08618 1-800-792-8322

#### https://www.njstatelib.org/ talking-book-braille-center/

Provides free, home-delivered services to children, teens and adults who have difficulty reading standard print or trouble holding a book.

#### The Seeing Eye\*

10 Washington Valley Road P.O. Box 375 Morristown, NJ 07963 (973) 539-4425 www.seeingeye.org

#### The Center on Sensory and **Complex Disabilities**

2000 Pennington Road Ewing, NJ 08628 (609) 771-3083 https://njcscd.tcnj.edu

#### **National Federation of the Blind-NJ**

**254 Spruce Street** Bloomfield, NJ 07003 (973) 743-0075 www.nfbnj.org

#### NJ Council of the Blind, Inc.

242 Clay Street Trenton, NJ 08611 (609) 375-6682 www.njcounciloftheblind.org

#### NJ Blind Citizens' Association

**18** Burlington Avenue Leonardo, NJ 07737 (732) 291-0878 www.njbca.org

\* For more information on service animal organization see chapter 23.

# St. Joseph's School for the Blind at Concordia

761 Summit Avenue Jersey City, NJ 07307 (201) 876-5432 www.schoolfortheblind.org

# **St. Joseph's Home for the Blind**

537 Pavonia Avenue Jersey City, NJ 07306 (201) 653-8300

#### Association for the Multiple Impaired Blind, Inc.

35 Beaverson Blvd. Building #13 Brick, New Jersey 08723 (732) 262-0082 www.amib.net

#### **Vision Loss Alliance of NJ**

155 Morris Ave, Suite 2 Denville, NJ 07834 (973) 627-0055 www.vlanj.org

#### Blind Center of the NJ Cape

PO Box 624 Cape May Court House, NJ 08210 (609) 231-4881 www.blindcenterjerseycape.org

#### **Eyes Like Mine, Inc**

PO Box 10125 Newark, NJ 07101 (973) 327-3035 www.eyeslikemine.org

#### **Beyond the Eyes, Inc.**

P.O. Box 212 South Orange, NJ 07079 (973) 763-6308 https://www.beyondtheeyes.info

#### Blind Children Resource Center

23 Alexander Avenue Madison, NJ 07940 (973) 377-0976 www.blindchildren.org

#### **Learning Ally**

20 Roszel Road Princeton, NJ 08540 I-800-221-4792 www.learningally.org

#### NJ Cultural Access Network (Audio-Description)

7 King Place, 2nd Floor Morristown, NJ 07960 (973) 731-6582 www.njtheatrealliance.org/ cultural-access-network-project

#### NJ Camp for Blind Children, Inc.

27 Durham Rd. Rockaway, NJ 07866 (973) 627-1113 www.campmarcella.org

## Chapter 19 Services for Blind, Visually Impaired and Deaf-Blind Individuals

#### The Margaret Winchester Enrichment Center for the Blind and Visually Impaired

I68 Sunny Slope DriveBridgeton, NJ 08302(856) 451-5623www.mwcenterfortheblind.com

#### John D. Young Memorial Lions Blind Center

100 Crestview Ave. Absecon, NJ 08201 (609) 677-1199 www.lionsblindcenter.org

#### **Blind Athletes Inc.**

P.O. Box 632 Wharton, NJ 07885 (678) 362-4560 www.blindathletes.org

#### Association of Blind Athletes of New Jersey (ABANJ)

(Goalball, Beep Baseball, and Soccer) (848) 459-5983 or (732) 910-9895 Email: <u>abanjsecretary@gmail.com</u>



## Chapter 20: Services for Deaf and Hard of Hearing Individuals

Through education, advocacy and direct services, the Division of the Deaf and Hard of Hearing (DDHH) works to eliminate barriers and promote increased accessibility to programs, services, and information to individuals who are deaf and/or hard of hearing. DDHH maintains upto-date resources on hearing loss, and provides the following services: communication access referral, equipment distribution programs, technical assistance, education and training, stakeholder communications, and advocacy.

#### **Equipment Distribution Program**

Eligible residents may receive safety and telecommunication devices such as an amplified telephone, captioned phone, visual smoke detector, baby cry alert system, and an artificial larynx device at no cost. Applicants must reside in New Jersey, have a hearing loss as attested by a physician or audiologist, and a household income under \$45,000.

Applications are available at: https://www.nj.gov/humanservices/ddhh/equipment/

## **Communication Access Referral Services**

The DDHH assists individuals and agencies in finding interpreters and captioning services. **People or agencies in need of sign language interpreters or real-time captioning may obtain assistance by calling DDHH at (609) 588-2648.** 

Lists of interpreters and captioning services are also available at: <a href="https://www.nj.gov/humanservices/ddhh/services/caption/">https://www.nj.gov/humanservices/ddhh/services/caption/</a>

## **Information and Referral and Case Management**

Individuals who are deaf or hard of hearing in need of services can call for information and referral assistance. In addition, a case manager fluent in American Sign Language (ASL) can assist individuals by connecting them to services and navigating through the system. The case manager often works as a liaison between consumers and service providers.



PO Box 074 Trenton, New Jersey 08625-0074

Toll Free: 1-800-792-8339 or (609) 588-2648

<u>https://www.state.</u> nj.us/humanservices/ ddhh/

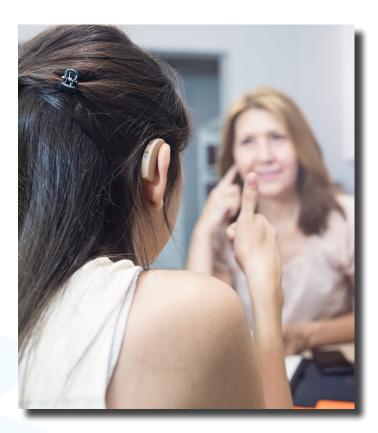
## Chapter 20 Services for Deaf and Hard of Hearing Individuals

#### **Assistive Communication Device Demonstration Center**

Individuals who are deaf or experiencing hearing loss can visit our Assistive Communication Device Demonstration Center located in Hamilton, NJ. The center displays assistive communication devices and allows individuals to test equipment so they can make informed decisions prior to purchasing such devices. The devices on display include those in the Equipment Distribution Program as well as other practical devices for home and office, such as door bells, alarm clocks, video phones, amplified sound systems, and more. The Center is located at the DDHH office in Hamilton NJ. **Appointments can be made by calling 609-588-2648** or via email at: <u>Ddhh.Communications2@dhs.nj.gov</u>.

#### **New Jersey Hearing Aid Project**

Older NJ residents with low-incomes can have access to refurbished hearing aids available through the NJ Hearing Aid Project. New Jersey Residents who are 65 years of age or older and meet income requirements are eligible to receive refurbished hearing aids through the New Jersey Hearing Aid Project. Income eligibility is \$28,399 if single; \$34,817 if married. For more information on obtaining or donating a hearing aid, please contact the DDHH toll free at I-800-792-8339.



## Services for The Deaf and Hard of Hearing Outside of DDHH

#### Accessible Communication New Jersey Relay

A free service administered by the NJ Board of Public Utilities (BPU) in collaboration with Sprint, to ensure equal communication access to telephone service for people who are deaf, deaf-blind, hard-of-hearing, or speech disabled. The service allows callers to communicate with standard (voice) telephone users through specially trained Relay Operators (OPR). **Dial 711 to use NJ Relay.** 

#### **Communication Options Available Through NJ Relay** Text Telephone Relay (TTY)

Allows individuals using a TTY to type their conversation to the OPR, who then reads the typed conversation to a standard telephone user. TTY equipment is also available with braille or large visual displays for individuals who are visually impaired.

#### Hearing Carry-Over (HCO)

Allows a speech disabled person with hearing capabilities to listen to a standard telephone user and type his/her conversation to the OPR, who will voice the message to the standard telephone user.

#### **Relay Conference Captioning (RCC)**

Enables individuals to participate in meetings, phone calls, videoconferences and multi-party conference calls using live, real-time text streamed to a computer connected to the Internet.

#### Captioned Telephones (CapTel), Web CapTel, Wireless CapTel

Allows users to listen, speak directly to the caller, and read captions of the caller's response either through a captioned telephone device (CapTel), via a computer with internet access (Web CapTel), or wirelessly using a mobile device. Spanish translation is available.

For additional information, contact the NJ Division of the Deaf and Hard of Hearing at 609-588-2648 or visit <u>www.njrelay.com</u>.

#### **Other Communication Options**

#### Video Relay Service (VRS)

Enables individuals who are deaf or hard of hearing and who use sign language to communicate via a qualified sign language interpreter. VRS

#### Continued from page 91

can be accessed using any device equipped with a front facing camera or webcam and a high speed internet connection. The interpreter facilitates the conversation in sign language with the VRS user and by voice to standard telephone users.

#### Internet Protocol Relay (IP Relay)

Enables individuals to use any device connected to the internet to type their conversation to an OPR who then reads the conversation to a standard telephone user. Spanish translation is also available.

#### **Early Detection:**

#### Early Hearing Detection and Intervention Program (EHDI)

Ensures that all New Jersey children receive timely and appropriate screening, diagnosis, and intervention for hearing loss. The New Jersey EDHI program provides insight and technical assistance to birthing facilities; provides education about newborn hearing screening, diagnosis, and intervention to families and health care providers; and the establishment of a confidential registry and tracking system to ensure children are screened, have appropriate follow-up and are linked to services. **For more information, visit:** <u>https://www.nj.gov/health/fhs/nbs/ehdi/</u>

#### **Department of Health**

PO Box 364 Trenton, New Jersey 08625 Voice: (609) 292-5676 Voice/TTY: (609) 984-1343 Email: <u>EHDI@doh.nj.gov</u>

#### New Jersey Specialized Child Study Team (NJSCST)

Provides evaluation, education and diagnostic services for children age three through twenty-one with a confirmed or suspected hearing loss who utilize varied communication modalities including speech, sign language, or a combination.

PO Box 500 200 Riverview Plaza Trenton, NJ 08625-0500 (609) 376-9091 https://www.nj.gov/education/specialed/deaf/resources/

#### Advocacy: SPAN EDHI

In this role, SPAN supports the development of statewide programs and systems of care that ensure that children who are deaf or hard of hearing are identified through newborn and infant hearing screening. **For more information, visit:** 

http://www.spanadvocacy.org/content/early-hearing-detection-andintervention-ehdi

#### **Employment:** Division of Vocational Rehabilitation Services' Deaf Language Specialists

DVR employs Deaf Language Specialists, also known as Rehabilitation Counselors for the deaf, to cover all 21 counties who provide direct vocational counseling to DVRS consumers whose primary language is American Sign Language (ASL). For more information and to find your local deaf language specialist, visit:

https://careerconnections.nj.gov/careerconnections/plan/foryou/ disable/hearing\_and\_visual\_services.shtml

#### Mental Health Related Services: NJ Deaf Advocacy Project

This organization provides culturally sensitive advocacy, education and supportive services to those impacted by domestic and/or sexual violence in the Deaf community.

For more information, visit: www.deafadvocacyproject.org

VP: 609-456-0188 Text: 609-619-1888 (24/7) DAP@njcedv.org

#### **ACCESS Deaf Services**

Behavioral health services for people who are deaf or hard of hearing. Services are provided by licensed social workers who are fluent in ASL and have experience in working with the diagnostic and treatment challenges present in this population. For more information, visit: http://www. stjosephshealth.org/clinical-focuses/behavioral-health-services/item/1328access

Voice: 973-754-5595 VP: 973-968-6567 Email: <u>uckarc@sjhmc.org</u>



## Chapter 21: Veterans Services

Veterans of the United States Armed Forces may be eligible for a range of programs and services provided by the U.S. Department of Veterans Affairs (VA). Eligibility for most VA benefits is based upon honorable discharge from active military service, while some benefits require wartime service.

Veterans enrolled in the VA's health care system are eligible to receive health care services, personal care assistance, medications and other services. Veterans must have a service connected disability or meet income requirements to enroll.

Veterans are also eligible for various services through the VA such as home loans, gravestone markers, funeral plots at no cost when buried at a military cemetery or reimbursement for plots purchased in other cemeteries, educational loans through the GI Bill, vocational rehabilitation and employment services, disability compensation, pensions, life insurance, and survivor's benefits.

## **Veterans Services Organizations (VSOs)**

Through a network of regional VSOs, the New Jersey Division of Military and Veterans Affairs' Bureau of Veterans Benefits provides state veterans and their dependents with information and guidance in filing claims. Trained veterans service officers also assist veterans with applying for services offered by federal, state, county or local veterans offices, such as employment, housing, education, and medical services.

#### **State Operated VSOs**

Funded by the state Department of Military and Veterans Affairs, trained service officers connect clients to state and federal services offered by the Veterans Administration. <u>https://www.nj.gov/military/veterans/services/vso/</u>

## Veteran Organization Operated VSOs

These organizations have trained volunteers that operate as service officers. Because these service officers are actually members of various veteran organizations, they can offer first-hand knowledge of services and benefits. https://www.nj.gov/military/veterans/services/vso/

#### **County Operated VSOs**

Funded by local county governments, these offices, while similar to the stateoperated VSO, can also offer services tailored to the individual county, and on a state or federal level. These VSOs can offer more of a face-to-face service with the public because they typically have more service officers on hand to assist. <u>https://www.nj.gov/military/veterans/services/vso/</u>

## **Veterans Hotlines**

Benefit Hotline: 1-888-8NJ-VETS (1-888-865-8387)

National Suicide Prevention Hotline: 1-800-273-TALK (1-800-273-8255)

Vets4Warriors: 1-855-VET-TALK (1-855-838-8255)

NJ Vet2Vet: 1-866-VETS-NJ4 (1-866-838-7654)

Vet Center Combat Call Center: 1-877-WAR-VETS (1-877-927-8387)

## Chapter 22: Guardianship

## What is guardianship?

Guardianship is the appointment of a person or agency by a court to exercise control over part, or all, of another individual's person and/ or property. The guardian is the person or agency appointed by a court to make personal decisions for an individual who is incapable of making some or any decisions independently. The person who lacks capacity is referred to as the "alleged incapacitated person" until a guardian is appointed by the court. Thereafter, the incapacitated person is referred to as the "individual receiving guardianship services." Many individuals with developmental disabilities are capable of making their own decisions with appropriate support and advice, and do not need a guardian.

## What types of guardianship are there?

The two types of guardianships involve guardianship of property and guardianship of a person. Many times both types are required to protect an individual receiving guardianship services, but sometimes only one type is necessary.

The guardian of the property has a duty to locate and marshal the assets of the individual receiving guardianship services. This includes all assets such as bank accounts, stocks, personal property and real estate. The guardian is required to file an initial inventory and to swear that it is accurate and complete. The assets are placed in the name of the guardian. It is the responsibility of the guardian to ensure that all assets are safeguarded and spent appropriately. Annual accountings are required to be filed with the court for review and are subject to the court's approval.

The guardianship of the person is appointed to watch over and make major life decisions for the individual receiving guardianship services until the reason for incapacity no longer exists and the court has deemed the person as capable. The guardian of the person makes decisions affecting everything from the individual receiving guardianship services' residence, visitation, medical care, socialization, travel and other areas of their life. Guardians of the person are required to file annual reports with the court to inform as to the status and well-being of the individual receiving guardianship services.

# What's the difference between full and limited guardianship?

Generally, a court will consider delegating an individual's decision-making rights in the following areas: residential, vocational, medical, financial, educational and legal.

## Chapter 22 Guardianship

In a plenary, or full, guardianship, all of these rights are delegated to the guardian and no rights are reserved to the individual receiving guardianship services. In a limited guardianship, some delegable rights are delegated to the guardian while the individual receiving guardianship services reserves other rights.

## What is the role of the guardian?

#### All guardians are responsible for:

- Assisting the individual to participate with the guardian in the decision-making process, to the maximum extent of the individual's ability, to encourage the individual to act on their own behalf whenever able to do so;
- Encouraging the individual to develop or regain higher capacity to make decisions to the maximum extent possible in those areas in which they are in need of a guardian;
- Making decisions and giving consents on behalf of the individual, but only to the extent of the court order;
- Protecting the individual from harm;
- Looking out for the individual's interests;
- Safeguarding the individual's human and civil rights;
- Ensuring that the individual's physical, emotional and developmental needs, including education and training, are met;
- Acting consistently with a previously executed power of attorney for health care or advance directive;
- Helping the individual to obtain all available and appropriate benefits and supportive services;
- Visiting the individual not less than once every three months;
- Initiating legal action on the individual's behalf; and
- Submitting reports to the court as specified by the court.

#### A guardian is NOT responsible for:

- Providing for the individual from his or her own funds;
- Any liability to another person for acts of the individual;
- Injury to the individual from the wrongful conduct of another person providing medical or other care;
- Taking the individual into the guardian's home to live;
- Consenting to shock treatment, psychosurgery, sterilization or medical, behavioral or pharmacological research without further order of the court..

#### Are there alternatives to guardianship?

Yes. In New Jersey, an individual may appoint a Power of Attorney (POA) to make decisions on their behalf. The individual with the disability must be able to understand on a basic level that they are appointing someone to make decisions on their behalf. In addition:

- A person must be able to give consent;
- A POA can cover person and/or property;
- A POA can be revoked and/or changed at any time, based on changing needs;
- A POA is significantly less costly than guardianship; and
- It is best to work through an attorney to establish POA

#### **Supported Decision Making**

In supported decision-making, there is no court-appointed legal guardian to make decisions for a person. Instead, the individual makes his or her own decisions with the assistance and support of a trusted person or people, such as friends, family members, advocates or others. More information about supported decision-making can be found through the National Resource Center for Supported Decision-Making at: www.supporteddecisionmaking.org

#### How does one establish a guardianship?

In recent years courts have streamlined the application to facilitate families or interested parties who might seek a guardianship for an alleged person needing a guardianship on a pro se basis or self-representation in the court without an attorney. Complaints can also be filed by an attorney. To establish guardianship for an incapacitated adult, a Verified Complaint must be filed with the Surrogate's Court in the county where the alleged incapacitated person resides. The Complaint must include particular information and must be supported by affidavits of physicians or other clinical professional such as a psychologist, advance practice nurse or in certain circumstances, the child study team, as permitted by the court. based upon recent examinations of the alleged incapacitated person. Once a Complaint is filed, the court will enter an order appointing an attorney for the alleged incapacitated person and schedule a hearing. If the court determines that the person is incapacitated, then a judgment will be entered appointing guardian(s). Before the guardian(s) can act on behalf of the incapacitated person, they must appear before the County Surrogate to qualify as guardian, including by posting a bond if required.

For information on how to file for guardianship of an individual eligible for services from the Division of Developmental Disabilities (DDD) visit: http://www.njcourts.gov/prose/12009 guardianship person.pdf

For information on how to file for guardianship of person and estate visit: <u>https://www.njcourts.gov/forms/10558\_guardianship\_person\_and\_estate.pdf</u>

## **Guardianship Related Resources**

#### The New Jersey Judiciary Self-Help Resources

The New Jersey Judiciary provides guardianship related information and resources on its website. The site includes forms to file a guardianship, training materials and guardianship reporting forms that are required by the court and other resources. https://www.njcourts.gov/courts/civil/guardianship.html

#### New Jersey Judiciary Guardianship Support/Guardianship Monitoring Program

The Guardianship Monitoring Program (GMP) provides an ongoing relationship between guardians and the court in support of the best interests of incapacitated individuals. The goal of the GMP is to safeguard and reduce the potential for abuse and exploitation of incapacitated individuals by their guardians. Contact your county court system for more information.

#### **Surrogate's Courts**

The Surrogate's Court can provide assistance on all matters affecting estates, guardianships, and other probate matters. The Surrogate is responsible for determining the validity of wills, appointing administrators for estates and guardians for minors and incapacitated persons, and appointing trustees where applicable. Contacts for your local surrogate's office can be found here: www.njcourts.gov/public/assets/directories/surrogateroster.pdf

#### Office of the Public Guardian for Elderly Adults (OPG)

The OPG acts as surrogate decision-maker for residents 60 years of age and over who have been deemed incapacitated by the Superior Court of New Jersey. OPG does not petition to become guardian, but rather accepts judicial appointments on a discretionary basis.

#### Office of the Public Guardian for Elderly Adults

Helen C. Dodick, Acting Public Guardian P.O. Box 812 Trenton, New Jersey 08625-0812 (609) 588-6500 www.state.nj.us/humanservices/doas/services/pg

#### **Guardianship Assistance Program (GAP)**

The GAP provides affordable legal services to assist parents of young adults with developmental disabilities in obtaining legal guardianship. (609) 444-6653 https://www.gapservices.org/

#### **Kinship Care-Legal Guardianship Program**

This service assists caregivers making a legal commitment to the child/children in their care. To obtain legal guardianship, caregivers must have been caring for a child for at least one year and accept responsibility for the child until the child's 18th birthday, or 21 if the child has a disability. Caregivers who have legal guardianship may also be eligible for a subsidy.

For more information, call 211 to be referred to your local Kinship agency.

#### **Bureau of Guardianship Services**

Chief, Jessica Anastasi PO Box 705 Trenton, NJ 08625-0705 (609) 631-2213

Under the auspices of the Department of Human Services, Central Office, the Bureau of Guardianship Services (BGS) is the state entity designated to provide guardianship services to adults who are receiving functional services from the Division of Developmental Disabilities (DDD). When a person reaches the age of 18, they have full legal responsibility for themselves regardless of any disability, except, when determined necessary by the court, a guardian may be appointed to make decisions on their behalf.

#### BGS has two statutory responsibilities:

**First,** BGS may file a petition through the Office of the Attorney General, for the appointment of a guardian for an eligible adult in need of a guardian.

**Second,** BGS may serve as guardian of the person for a DDD eligible consumer where there is no known family or other interested party able or willing to serve as guardian of the person.

BGS does not pursue guardianships of the property- only guardianships of the person. BGS is only able to assist individuals who receive services funded by the Division of Developmental Disabilities. Individuals must apply to DDD to receive an eligibility determination. See chapter 18.



# Chapter 23: Service Dogs

A service dog is defined by the Americans with Disabilities Act (ADA) as a dog that has been individually trained to do work or perform tasks for an individual with a disability. The task(s) performed by the dog must be directly related to the person's disability.

- Under the ADA and the New Jersey Law Against Discrimination (NJLAD), a place of public accommodation cannot refuse admittance of a service dog when it is accompanying a person with a disability.
- The ADA/NJLAD requires that places of public accommodation (which include privately-owned businesses that serve the public) allow people with disabilities to bring service dogs into any area in which customers are generally allowed.
- The ADA/NJLAD does not require that a service dog be certified or have special identification, but it is not inappropriate for a business to ask if a dog that does not have an identifying vest or a special harness is a service animal rather than a pet. The business may not, however, insist on proof of certification before permitting admittance of a service dog accompanying a person with a disability.
- It is a violation of the ADA/NJLAD for a business to charge a cleaning or maintenance fee when a person with a disability has brought a service dog into the place of business. However, the owner of the animal has sole responsibility for its behavior and may be charged for any damages the animal causes as long as the business has a policy of charging nondisabled customers for damages that they cause. Likewise, it is not a violation of the ADA/NJLAD to exclude a service dog from a place of public accommodation if the animal behaves in a loud, threatening, or uncontrolled manner, creating a substantial disturbance or posing a direct threat to the safety of others.

#### For more information, visit:

https://www.ada.gov/regs2010/service\_animal\_qa.html

Or review the following guidelines published by the NJ Division on Civil Rights: <u>https://www.nj.gov/lps/dcr/downloads/fact-Disability-</u><u>Accommodation.pdf</u>

# Chapter 23 Service Dogs

### **Service Dog Providers**

The Seeing Eye, Inc. PO Box 375 Morristown, NJ 07963-0375 (973) 539-4425 www.seeingeye.org

The Seeing Eye breeds and raises puppies to become Seeing Eye dogs and provides instructions to blind people in the proper use, handling, and care of the dogs. Apply online or by phone.

#### Canine Companions for Independence

286 Middle Island Road Medford, NY 11763 Toll Free/TDD: 1-800-572-2275 www.cci.org

This organization provides service dogs, hearing dogs, facility dogs, and skilled companion dogs to people with physical or developmental disabilities, adults who are deaf or hard of hearing and certain professionals who can demonstrate that an assistance dog will enhance their independence or their quality of lives. Apply online.

#### Canine Partners for Life PO Box 170 Cochranville, PA 19330 (610) 869-4902 www.k94life.org

This organization trains service dogs to assist individuals who have mobility impairments and balance disorders, difficulty using their hands/arms, health related fatigue issues, and people with seizure/cardiac syncope and Type I Diabetes disorders. Visit the website to obtain an application.

#### **Guiding Eyes for the Blind**

611 Granite Springs Road Yorktown Heights, NY 10598 Toll Free: 1-800-942-0149 www.guidingeyes.org

Guiding Eyes for the Blind provides guide dogs to people with vision loss. Individuals must be: legally blind, over the age of 16, capable of walking outdoors unaccompanied and independently with the use of a white cane, responsible for the care of a dog. Apply online or by phone.

#### **Assistance Dogs International (ADI)**

#### ADI is a coalition of not for profit assistance dog organizations.

To find other service dog programs serving your area, use the "program search" available on their website at: <u>www.assistancedogsinternational.org</u>



#### Fun Fact: The Seeing Eye Dog was recently declared the State Dog of New Jersey (P.L. 2019, c. 415).

Here is a link to the Act: https://www.njleg. state.nj.us/2018/ Bills/S3000/2849\_ II.PDF

# Chapter 24: Accessible Parking

Accessible parking rights may be granted to individuals with both permanent and temporary mobility impairments.

#### **Temporary Accessible Parking Placards:**

- May be granted for short-term mobility impairments
- Require written medical certification from a qualified practitioner
- Are valid for six months
- Are renewable one time at the discretion of the issuing authority
- Are issued by the Chief of Police of each municipality

# **Permanent Accessible Parking Placards or Plates:** To qualify for a permanent accessible placard or plates, you must:

- Have lost the use of one or more limb
- Have a permanent disability and be unable to move without the use of an assistive device
- Have your mobility limited as certified by a physician
- Have a permanent sight impairment of both eyes as certified by the N.J. Commission of the Blind (placard only)

Note: Non-disabled drivers who are transporting persons who meet the criteria above may also use the Accessible parking privileges, but only when the person with the qualifying disability is in the car. Also, plates or placard must be accompanied by the companion "Person with a Disability ID" card at all times.

The Division of Disability Services publishes a comprehensive "Guide to Accessible Parking."

To request a copy, call DDS at 1-888-285-3036 or view it electronically at:

<u>https://www.</u> <u>state.nj.us/</u> <u>humanservices/dds/</u> <u>home/index.html</u>

New Jersey Motor Vehicle Commission www.state.nj.us/mvc (609) 292-6500 (Voice) 711 NJ Relay (TTY)



# BE PREPARED FOR EMERGENCIES

# **MAKE A KIT**

- 3 Day Supply of Water (3 Gallons per person)
- Non-Perishable Food
- Battery-Operated Radio
- Flashlight & Batteries
- First Aid Kit
- Maps
- Prescriptions/Medications
- Personal Toiletries
- Can Opener/Utensils
- Infant Care Needs
- Pet Care Needs
- Special Need Items
- Cash
- Important Documents



### HAVE A PLAN

- Meet with Your Family Members to Discuss Plans
- Identify Responsibilities for Each Member
- Select 2 Meeting Places: 1. Outside Your Home
  - 2. Outside Your Neighborhood
- Have an Out-of-Area Phone Contact
- Pets: Know a Pet-Friendly Hotel/Shelter
- PRACTICE YOUR PLAN!



FIRE DEPARTMENT

For More Information: ready.nj.gov

#### **BE INFORMED**

NEM

RGEN

- Know What Disasters Might Occur in your Area
- GET TRAINING
  - CPR
  - First Aid
- Sign up for Nextdoor
- VOLUNTEER Join Citizen Corps



RE

# Chapter 25: Emergency Preparedness

# CONNECT WITH



FOR INFORMATION ON PREPAREDNESS, HOW TO PLAN FOR EMERGENCIES AT HOME, IN SCHOOL OR AT WORK, & VOLUNTEER OPPORTUNITIES, PLEASE VISIT: WWW.READY.NJ.GOV

### **STAY INFORMED**

NJ ALERT

NJ Alert is a free voluntary and confidential emergency alerting system that allows NJ Office of Emergency Management officials to send E-mail or text messages to cell phones, and other email enabled devices during an emergency event. Sign up for NJ Alert by logging on to www.njaltert.gov.



# Subscribe to the NJ State Police on Nixle Connect:

Http://local.nixle.com/new-jersey-state-police/ New Jersey residents can register to receive messages by sending a text message with their zip code to 888777 (data rates with apply depending on your plan). Online registration is available at www.nixle.com.

#### On the Web

Use credible websites to get information about natural hazards and emergency preparedness. The NJOEM works closely with the National Weather Service and the National Hurricane Center regarding storm predictions and forecasts. National Weather Service Philadelphia/ Mt. Holly www.weather.gov/phi National Weather Service NYC (for NE NJ Counties) www.weather.gov/nyc National Hurricane Center http://www.nhc.noaa.gov/

#### SOCIAL MEDIA

Social media and other advanced communications technologies are used by emergency managers statewide.

NJOEM on Facebook: www. facebook.com/READYNEWJERSEY NJOEM on Twitter: www.twitter. com/READYNJ

NJ State Police on Facebook: www. facebook.com/NewJerseyStatePolice NJ State Police on Twitter: www.twitter.com/NJSP

#### **Disaster Preparedness Checklist for People** with Disabilities

#### The following list is intended to provide suggestions for disaster preparedness planning that may be taken by individuals with disabilities.

#### **Self-Networks**

- \_\_\_\_ Discuss your disability and needs with relatives and friends.
- Develop a network of people who know your needs and location, who will be able to assist you or alert emergency personnel on your behalf. Do not depend on only one person.

#### **Medical Equipment and Supplies**

- \_\_\_\_ Evaluate equipment for repairs and obtain and keep spare parts.
- Order the full allotment of supplies that your insurance allows, such as protective briefs, leg bags, suction tubing, hearing aid batteries, etc. Stockpile unused items.
  - Assemble a first aid kit. It should include: sterile adhesive bandages in assorted sizes, assorted sizes of safety pins, cleansing agents/ soaps, latex gloves (2 pairs), 4-6 sterile gauze pads (2-inch and 4-inch), three triangular bandages, non-prescription drugs, three rolls each of 2 and 3 inch sterile roller bandages, scissors, tweezers, needle, moistened towelettes, antiseptic, thermometer, two tongue depressors, and a tube of petroleum jelly or other lubricant.

#### **Medications and Medical Needs**

- Create a list of current prescriptions, names and dosages.
   Remember to update this list, as needed.
- Keep a list of the names, addresses, and telephone numbers of doctors and pharmacists.
- Prepare a detailed description of your medical regimen and personal care needs.
- Order a full 30-day supply of necessary medications. Check with your insurance carrier.

#### Communication

- \_\_\_\_\_ Make sure your cell phone battery and any extra batteries are kept fully charged.
- Pre-arrange alternative methods to reach family, friends, or personal care attendants if ordinary communications are disrupted.
- Consider keeping a notepad, portable white board, or picture boards available to facilitate communication.

#### **Personal Assistant Care**

- Consider checking into a nursing home or hospital if a disaster is anticipated. Staff will be available to meet personal care needs.
   Also, backup generators will be operating to assist people who use power wheelchairs and/or ventilators.
- Contact your personal care attendant provider to discuss disaster preparedness and maintain a list of phone numbers of those who can assist in obtaining personal care for you.

#### **Food and Water**

- \_\_\_\_\_ Three day supply of water/three gallons of water per person
- Keep a supply of canned, dehydrated, and no-cook foods.
- \_\_\_\_\_ Keep cases of nutrients available for tube feeding.
- \_\_\_\_\_ Keep foods for special dietary needs, such as diabetic and high caloric diets.
- \_\_\_\_\_ Pack adaptive equipment needed for eating or drinking such as large grip utensils, or cup-holders.

#### **Service Dog**

- \_\_\_\_\_ The animal always should wear an identification tag with all necessary contact information.
- \_\_\_\_\_ Keep shots and medical records current and service animal ID numbers available.
- \_\_\_\_\_ Your animal will need plenty of food and water, kept in sturdy storage containers.
- Consider large capacity self-feeders and water dispensers.
- \_\_\_\_\_ Keep contact information on your service animal's veterinarian available.
- \_\_\_\_\_ Check with your local emergency management officials for companion animal procedures in emergency shelters.

checklist continued on page 110

#### **Power**

- Extended power outages may affect ventilators, heating and/ or cooling units, which may be a matter of life or death for some people with disabilities. **Contact your utility provider if you require power to support your special need or circumstance.**
- Investigate emergency contingency plans in your building/ community/municipality.
- Explore care facilities, especially if you use a ventilator or have other complex medical needs.
- Consider staying with friends or family out of your area if you anticipate possible power outages, especially if you have medical equipment that is dependent upon power.
- Contact your local fire department and Red Cross for information and registries of people with disabilities.
- Keep clear pathways in your home to allow for safer mobility if lighting is affected.

#### Oxygen

- Buildings where oxygen is kept must display an "Oxygen in Use" emblem.
- Oxygen must be kept in containers specifically manufactured for that purpose.
- \_\_\_\_\_ Alert emergency response staff to the use of oxygen.
  - Oxygen is flammable, so avoid sparks and flame. Demand that people not smoke near an oxygen container.

#### Miscellaneous

- \_\_\_\_ Keep battery-operated flashlights and/or lanterns with lots of extra batteries.
- \_ Blankets and warm clothes should be packed in an emergency.
- \_\_\_\_ Keep the gas tank in your car full.
- \_\_\_\_ Have a battery-powered radio and extra batteries on hand.
- Keep ample cash on-hand. ATMs and banks may not function during power outages.
  - Have a non-electric can opener.
  - Keep a supply of assorted plastic bags.

Contact numbers for NJ utility providers:

**PSEG:** 1-800-436-7734

JCP&L: 1-888-544-7734

Atlantic City Electric: 1-800-833-7476

Rockland Electric Company: 1-877-434-4100



For more information on developing an individualized disaster preparedness plan, or for current information on Homeland Security Advisory System recommendations, contact:

#### **State**

NJ Special Needs Registry www.registerready.nj.gov (Call 211 for registration or help)

New Jersey Office of Emergency Management <u>www.ready.nj.gov</u>

County Emergency Management Coordinators: http://ready.nj.gov/about-us/county-coordinators.shtml

New Jersey Office of Homeland Security and Preparedness www.njhomelandsecurity.gov

#### **Federal**

US Department of Homeland Security www.ready.gov www.Listo.gov (Spanish) I-800-BE-Ready

Federal Emergency Management Agency (FEMA) I-800-621-FEMA (1-800-621-3362) www.fema.gov

#### Local

American Red Cross www.redcross.org

#### **Residential Disability and Oxygen Emblems Program**

The Division of Fire Safety distributes emblems you can display to alert first responders of an oxygen hazard or that an individual with a disability resides in the home. Emblems are distributed free of charge. An application can be obtained online at: <u>https://www.state.nj.us/dca/divisions/dfs/forms/</u>

For more information, contact the Division of Fire Safety at (609) 633-6106.



#### **Register Ready:** New Jersey's Special Needs Registry for Disasters

Allows NJ residents with disabilities or access and functional needs and their families, friends and caregivers an opportunity to provide information to emergency response agencies, so emergency responders can better plan to serve them in a disaster or other emergency.

Remember to register annually.

For more information: www.ready.nj.gov



# Chapter 26: Traveling With A Disability

Air Carrier Access Rules lift many restrictions that formerly discriminated against passengers with disabilities, and all carriers are now required to have a Complaints Resolution Officer (CRO) immediately available to resolve disputes between carriers and passengers with disabilities. While airlines may not require passengers with disabilities to provide advance notice of their disability or intent to travel (except in some very specific circumstances), doing so may in some cases help to avoid inconvenience.

# The following is a list of suggestions for air travelers with disabilities:

#### **Physical Disability**

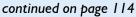
- \* Ask the screener for assistance with your mobility aid and carry items.
- Let the screener know your level of ability and your need for physical assistance.
- Inform the screener about any special equipment or devices that you are using and where this equipment is located on your body.
- Ensure that all bags hanging from, or carried on, your wheelchair are put on the X-ray belt.
- Ask the screener to reunite you with your carry items and assistive devices after screening.
- Request assistance with removing your shoes when additional screening is necessary.

#### **Hearing Disability**

Ask the screener to write the information down or to look directly at you and repeat the information.

### **Visual Disability**

- Ask the screener to explain the security process to you step by step and to let you know where the metal detector is located.
- Ask the screener to let you know when you will be going through the metal detector and when there are obstacles that you will need to avoid.
- Ask the screener to find someone to escort you through the security process.
- Ask the screener to perform a hand inspection of equipment to prevent damage and to direct you toward your gate once the screening has been completed.



For more information on traveling by air with a disability, contact:

Federal Aviation Administration <u>www.faa.gov</u>

Transportation Security Administration <u>www.tsa.gov</u>

Department of Homeland Security www.dhs.gov Continued from page 113

#### **Hidden Disability**

- Advise screeners that you have a disability and may need some assistance, or need to move slower.
- Offer suggestions to screeners on the best way to approach you during a pat-down inspection.
- Notify the screener if you need to sit down before and/or during the screening process.

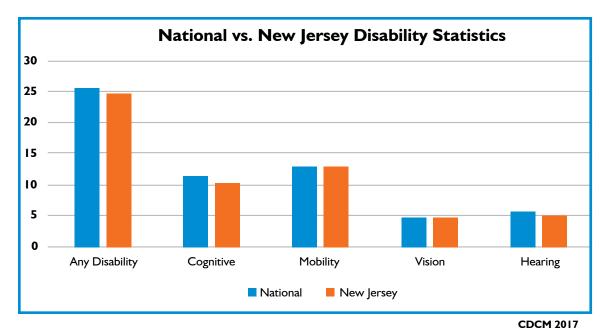
#### **Traveling With Medical Supplies/Devices**

- Notify the screener that you are carrying medical supplies with you.
- Medications must be properly marked with a professionally printed label identifying the medication or manufacturer's name or pharmaceutical label.
- Notify screeners if you are using any surgically implanted medical device (i.e., insulin pumps, prosthetics, or artificial joints).
- Advise screeners if you are experiencing low blood sugar and are in need of medical assistance.
- Pacemaker users may wish to carry a Pacemaker Identification Card (ID).
- Crutches, canes and walkers will need to go through the X-ray machine. The screener will perform a hand inspection of your equipment if it cannot fit through the X-ray machine. You can ask for a private screening for the inspection of your prosthetic device or body brace.
- Notify screeners if you need assistance, such as a chair or someone to assist you during the inspection of yourprosthetic devices or body braces.
- Tools and appliances used to put on or take off prosthetic devices must be screened.

#### **Traveling With Service Animals**

- Carry appropriate identification. Identification may include: cards or documentation, presence of a harness or markings on the tags. Service dogs and their harnesses or vests are subject to inspection.
- Advise the screener how you and your dog can go through the metal detector as a team with the leash and/or harness. If necessary, remind the screener that you should not be separated from your dog.

# Chapter 27: Health and Wellness for People Disabilities



According to the Center for Disease Control and Prevention's Disability Health and Data System, 25.6% of individuals over the age of 18 have any disability compared to 24.6 of individuals in New Jersey. Nationally, 11.4% of individuals have a cognitive disability compared to 10.3% of individuals in New Jersey. Individuals with a mobility disability in New Jersey is 12.9%, which is equal to the national average. Individual's with a vision disability is 4.7%, which is equal to the national average. Nationally, 5.6% of individuals have a hearing disability compared to 5.0% of individuals in New Jersey.

# **Disability Health and Wellness (DH&W):**

Seeks to promote healthy living and prevention of secondary conditions for people with disabilities.

The Division collaborates with policy makers, health educators, public and private agencies, and experts in the field of health and wellness on projects and initiatives. DDS aims to promote healthy living and prevention of secondary conditions for people with disabilities and create healthier, more inclusive communities through policy, systems and environmental change.

# **Upcoming DH&W Projects:**

# New Jersey Healthy Communities Network (NJHCN):

NJHCN is a public-private funding collaborative that provides small grants to non-profit organizations, New Jersey counties and municipalities, early childcare/ education centers, New Jersey K-12 public school districts and/or tax-exempt educational institutions.

Goal: increase public health impact and promote social justice through policy change and inclusion.

### DDS is a funder through NJHCN:

DDS funds three New Jersey organizations that align with the Division's overall goal of inclusion, and improving health through policy, systems, and environmental change.

For more information and to stay up-to-date on new developing projects and initiatives visit: <u>https://nj.gov/humanservices/dds/services/dhwi/</u>

# Appendix 1: County Offices of Disability Services

All 21 Counties have an office that serves individuals with disabilities. Some counties have a combined aging and disability office referred to as the County Aging and Disability Resource Connection (ADRC). Contact your County office directly for more information regarding specific services and programs for individuals with disabilities.

#### Atlantic County Office on Aging\*

Shoreview Building, Office #222 101 South Shore Road Northfield, NJ 08225 (609) 645-7700, Ext. 4700

# **Bergen** County Division of Senior Services\*

One Bergen County Plaza, 2nd Floor Hackensack, NJ 07601-7076 (201) 336-7400

# **Burlington** County: Resources for Independent Living (RIL)\*\*

351 High Street, Suite 103 Burlington City, NJ 08016 (609) 747-7745 https://www.rilnj.org

# **Camden** County Department of Health and Human Services\*

#### **Division of Senior & Disabled Services**

512 Lakeland Ave. 4th fl. Blackwood, NJ 08012 (856) 858-3220

# **Cape May** County Department of Aging and Disability Services\*

Social Services Building 4005 Route 9 South Rio Grande, NJ 08242 (609) 886-2784 & 2785

# **Cumberland** County Office on Aging and Disabled\*

Administration Building 800 East Commerce Street Bridgeton, NJ 08302 (856) 453-2220 & 2221

#### **Essex** County Office of the Disabled

50 South Clinton Street, Suite 4300 East Orange, NJ 07018 (973) 395-8494

# **Gloucester** County Division of

Senior Services\*

I I 5 Budd Blvd. West Deptford NJ, 08096 (856) 384-6900

#### Hudson County Office on Aging\*

830 Bergen Avenue, Suite 3B Jersey City, NJ 07306 (201) 369-4313

#### **Hunterdon** County Division of Senior, Disabilities and Veterans Services\*

PO Box 2900 Flemington, NJ 08822-2900 (908) 788-1361 & 1363

- \* Office also serves as the County Aging and Disability Resource Connection (ADRC).
- \*\* Office also serves as the County's Center for Independent Living (CIL).

#### Mercer County Office on Aging\*

PO Box 8068 640 South Broad Street Trenton, NJ 08650 (609) 989-6661 & 6662

# Middlesex County Office of Aging and Disabled Services\*

75 Bayard Street, 5th Floor New Brunswick, NJ 08901 (732) 745-3295

#### **Monmouth** County Division on Aging, Disabilities & Veterans Services\*

Monmouth County Human Services Building 3000 Kozloski Rd. Freehold 07728 (732) 431-7450

### Morris County Division on

Aging,\* Disabilities and Veterans 340 West Hanover Avenue, Ground Floor PO Box 900 Morristown, NJ 07963-0900 (973) 285-6848

# **Ocean** County Department of Human Services\*

1027 Hooper Avenue PO Box 2191 Toms River, NJ 08754-2191 (732) 506-5374

#### **Passaic** County Department of Senior Services, Disabilities and Veterans Affairs\*

930 Riverview Drive, Suite #200 Totowa, NJ 07512 (973) 569-4060

#### Salem County Office on Aging\*

I I 0 Fifth Street, Suite 900 Salem, NJ 08079 (856) 339-8622

# **Somerset** County Aging and Disability Services\*

#### Somerset County Office on Aging & Disability Services 27 Warren Street, First Floor

P.O. Box 3000 Somerville, NJ 08876-1262 (908) 704-6346

# **Sussex** County Division of Senior Services\*

Sussex County Administration Building I Spring Street, 2nd Floor Newton, NJ 07860 (973) 579-0555

#### **Union** County Office for Persons with Disabilities & Special Needs\*

Union County Administration Building, Elizabethtown Plaza Elizabeth, New Jersey 07207 (908) 527-4870 Toll Free: 1-888-280-8226

#### Warren County: DAWN, Inc.\*\*

66 Ford Road, Suite 121 Denville, NJ 07834 (973) 625-1940 Toll Free: 1-888-383-DAWN (1-888-383-3296) VRS: (973) 453-4689 https://www.dawncil.org

- \* Office also serves as the County Aging and Disability Resource Connection (ADRC).
- \*\* Office also serves as the County's Center for Independent Living (CIL).

# Appendix 2: County Boards of Social Services

The County Boards of Social Services provide financial assistance and support to individuals and families who have limited resources and income. For more information regarding services, contact your County office below.

#### . . . . .

Atlantic County Atlantic County Department of Family and Community Development 1333 Atlantic Avenue Atlantic City, NJ 08401 Telephone: (609) 348-3001 Fax: (609) 343-2374 Hours: 8:30 AM – 4:30 PM, M-F

#### **Bergen County**

 Bergen County Board of Social Services

 218 Route 17 North

 Rochelle Park, NJ 07662

 Telephone:
 (201) 368-4200

 Fax:
 (201) 368-8710

 Hours: 7:45 AM- 4:45 PM, M, W,

 Th, F Tues.: 7:45 AM - 8:00 PM

#### **Burlington County**

Burlington County Board of Social ServicesHuman Services Facility795 Woodlane Road, Mount Holly, NJ 08060Telephone:(609) 261-1000Fax:(609) 261-0463Hours:8:00 AM - 5:00 PM, M-F

#### **Camden County**

Camden County Board of Social ServicesAlthea R. Wright Administration Bldg.600 Market Street, Camden, NJ 08102Telephone:(856) 225-8800Fax:(856) 225-7797Hours: 8:30 AM - 4:30 PM, M-F

#### **Cape May County**

 Cape May County Department of Social Services

 Social Services Bldg.

 4005 Route 9 South, Rio Grande, NJ 08242

 Telephone:
 (609) 886-6200

 Fax:
 (609) 889-9332

 Hours:
 8:30 AM - 4:30 PM, M, W,

 Th, F
 Tues.: 8:30 AM - 6:30 PM

#### **Cumberland County**

 Cumberland County Board of Social Services

 275 North Delsea Dr., Vineland, NJ 08360

 Telephone:
 (856) 691-4600

 Fax:
 (856) 692-7635

 Hours:
 8:00 AM - 4:30 PM, M-F

#### **Essex County**

Essex County Department of Citizen Services Division of Family Assistance & Benefits 18 Rector Street - 9th Floor Newark, NJ 07102 Telephone: (973) 395-8000 Fax: (973) 504-9316 Hours: 7:30 AM - 4:00 PM, M, T, Th, F Weds. by appointment only -(973) 733-2001: 7:30 AM - 7:30 PM \*Closed to public every 3rd Thursday of the month.

#### **Gloucester County**

Gloucester County Division of Social Services 400 Hollydell Drive, Sewell, NJ 08080 Telephone: (856) 582-9200 Fax: (856) 582-6587 Hours: 8:30 AM – 4:30 PM, M-F Every 1st & 3rd Tues. 8:00 AM-6:30 PM

#### **Hudson County**

Hudson County Department of Family Services Welfare Division 257 Cornelison Ave., Jersey City, NJ 07302 Telephone: (201) 420-3000 Fax: (201) 395-4624 Hours: 8:00 AM - 4:15 PM, M-F

#### **Hunterdon County**

Hunterdon County Department of Human Services Division of Social Services 6 Gauntt Place, PO Box 2900 Flemington, NJ 08822 Telephone: (908) 788-1300 Fax: (908) 806-4588 Hours: 8:30 AM - 4:30 PM, M-F

#### **Mercer County**

 Mercer County Board of Social Services

 200 Woolverton Street, P.O. BOX 1450

 Trenton, NJ 08650

 Telephone:
 (609) 989-4320

 Fax:
 (609) 989-0405

 Hours: 8:30 AM - 4:30 PM, M, W, Th, F

 Tues.: 8:30 AM - 8:30 PM

continued on page 120

# Appendix 2 County Boards of Social Services

#### **Middlesex County**

 Middlesex County Board of Social Services

 181 How Lane, P.O. BOX 509

 New Brunswick, NJ 08903

 Telephone:
 (732) 745-3500

 Fax:
 (732) 745-4558

 Hours:
 8:30 AM - 4:15 PM, M-F

#### **Monmouth County**

 Monmouth County Division of Social Services

 3000 Kozloski Road, P.O. BOX 3000

 Freehold, NJ 07728

 Telephone:
 (732) 431-6000

 Fax:
 (732) 431-6017

 Freehold Hours: M-F 8:30 AM - 4:30 PM, M-F

 Ocean Twp. Hours: 8:30 AM - 4:30 PM, M, W,

 Th, F
 Tues: 8:30 AM - 8:00 PM

#### **Monmouth Field Office**

2405 Rt. 66, Ocean, NJ 07712 **Telephone:** (732) 431-6000 Hours: 8:30 AM – 4:30 PM, M, W, Th, F Tues.: 8:30 AM – 8:00 PM

#### **Morris County**

 Morris County Office of Temporary Assistance

 340 W. Hanover Ave (Morris Township)

 Morristown, NJ 07963, PO Box 900

 Telephone:
 (973) 326-7800

 Fax:
 (973) 829-853 I

 Hours:
 8:30 AM - 4:30 PM, M-F

 Every Other Tues.:
 8:30 AM - 7:30 PM

#### **Morris County Division of Social Services**

325 East McFarland Street Dover, NJ 07801 **Telephone:** (973) 682-4990 Hours: 8:30 AM – 4:30 PM, M-F 8:30 AM – 7:30 PM every other Tuesday

#### **Ocean County**

 Ocean County Board of Social Services

 1027 Hooper Avenue, PO Box 547

 Toms River, NJ 08754

 Telephone:
 (732) 349-1500

 Fax:
 (732) 244-8075

 Hours: 8:30 AM - 4:30 PM, M, W, Th, F

 Toms River Office Only Tues.: 8:30 AM - 6:00 PM

#### Lakewood Office

225 4th Street Lakewood, NJ 08701 **Telephone:** (732) 370-8854 Hours: 8:30 AM – 4:30 PM, M-F

Manahawkin Office 333 Haywood Road Manahawkin, NJ 08050 Telephone: (609) 242-6100 Hours: 8:30 AM – 4:30 PM, M-F

#### **Passaic County**

Passaic County Board of Social Services80 Hamilton Street, Paterson, NJ 07505Telephone:(973) 881-0100Fax:(973) 881-3232Hours: 7:30 AM - 4:30 PM, M-F(Door are closed to the public at 4:15 PM)

#### **Passaic County Satellite Office**

114 Prospect Śtreet, Passaic, NJ 07055 **Telephone: (973) 470-5038** Hours: 7:30 AM – 3:30 PM, M-F

#### **Salem County**

 Salem County Board of Social Services

 147 South Virginia Avenue

 Penns Grove, NJ 08069

 Telephone:
 (856) 299-7200

 Fax:
 (856) 299-3245

 Hours:
 8:00 AM - 4:00 PM, M-F

#### **Somerset County**

 Somerset County Board of Social Services

 73 East High Street, PO Box 936

 Somerville, NJ 08876

 Telephone:
 (908) 526-8800

 Fax:
 (908) 707-1941

 Hours:
 8:15 AM - 6:00 PM, M-F

#### **Sussex County**

 Sussex County Division of Social Services

 83 Spring Street, Suite 203, PO Box 218

 Newton, NJ 07860

 Telephone:
 (973) 383-3600

 Fax:
 (973) 383-3627

 Hours:
 8:30 AM - 4:30 PM, M-F

#### **Union County**

Union County Division of Social Services 342 Westminster Avenue Elizabeth, NJ 07208 Telephone: (908) 965-2700 Hours: 8:30 AM - 4:30 PM, M-F

#### Warren County

Warren County Division of Temporary Assistance and Social Services I Shotwell Dr. Belvidere, NJ 07823 Telephone: (908) 475-6301 Fax: (908) 475-1533 Hours: 8:30 AM - 4:30 PM, M-F

# Appendix 3: Area Agencies on Aging (AAA)/ Aging and Disability Resource Connection (ADRCs)

New Jersey has 21 county-based Area Agencies on Aging (AAAs) responsible for developing comprehensive, coordinated systems of community-based services for older adults.

AAAs serve as the Aging & Disability Resource Connection (ADRC) lead agencies in their counties to ensure that seniors, adults with disabilities, and their caregivers have easy access to information and long-term services and supports. AAA/ADRCs are responsible for providing outreach, information & assistance, a screen to assess an individual's needs, and options counseling. For more information, contact your County ADRC or visit: www.adrcnj.org

#### Atlantic County Office on Aging\*

Shoreview Building, Office #217 101 South Shore Road Northfield, NJ 08225 (609) 645-7700, Ext. 4347

# **Bergen** County Division of Senior Services\*

One Bergen County Plaza, 2nd Floor Hackensack, NJ 07601-7076 (201) 336-7400

# Burlington County Office on

Aging 795 Woodlane Road PO Box 6000 Westampton, NJ 08060 (609) 265-5069

# **Camden** Department of Health and Human Services\*

Division of Senior & Disabled Services 512 Lakeland Ave. 4th fl. Blackwood, NJ 08012 (856) 858-3220

# Cape May County Department

of Aging and Disability Services\* Social Services Building 4005 Route 9 South Rio Grande, NJ 08242 (609) 886-2784 & 2785

# **Cumberland** County Office on Aging and Disabled\*

Administration Building 800 East Commerce Street Bridgeton, NJ 08302 (856) 453-2220

### Essex County Division of Senior

Services

900 Bloomfield Avenue Verona, NJ 07044 (973) 395-8375

#### **Gloucester** County Division of

Senior Services\* I I 5 Budd Blvd. West Deptford NJ, 08096 (856) 384-6900

\* Also serves as the County office for Individuals with Disabilities

# Appendix 3 Area Agencies on Aging (AAA)/Aging and Disability Resource Connection (ADRCs)

#### Hudson County Office on Aging\*

830 Bergen Avenue, Suite 3B Jersey City, NJ 07306 (201) 369-4313

#### **Hunterdon** County Division of Senior, Disabilities and Veterans Services\*

PO Box 2900 4 Gauntt Place, Bldg. I Flemington, NJ 08822-2900 (908) 788-1361 & 1359 (Senior Center)

#### Mercer County Office on Aging\*

PO Box 8068 640 South Broad Street Trenton, NJ 08650 (609) 989-6661 & 6662

# **Middlesex** County Office of Aging and Disabled Services\*

75 Bayard Street, 5th Floor New Brunswick, NJ 08901 (732) 745-3295

#### **Monmouth** County Division on Aging, Disabilities & Veterans Services\*

Monmouth County Human Services Bldg. 3000 Kozloski Rd. Freehold 07728 (732) 431-7450

#### **Morris** County Division on Aging, Disabilities and Community Programming\*

340 West Hanover Avenue, Ground Floor PO Box 900 Morristown, NJ 07963-0900 (973) 285-6848

# **Ocean** County Office of Senior Services\*

1027 Hooper Avenue, Bldg. 2 PO Box 2191 Toms River, NJ 08754-2191 (732) 929-2091

#### **Passaic** County Department of Senior Services, Disabilities and Veterans Affairs\*

930 Riverview Drive, Suite #200 Totowa, NJ 07512 (973) 569-4060

#### Salem County Office on Aging\*

I I 0 Fifth Street, Suite 900 Salem, NJ 08079 (856) 339-8622

# **Somerset** County Aging and Disability Services\*

27 Warren Street, First Floor P.O. Box 3000 Somerville, NJ 08876-1262 (908) 704-6346

# **Sussex** County Division of Senior Services\*

Sussex County Administration Bldg. I Spring Street, 2nd Floor Newton, NJ 07860 (973) 579-0555

# **Union** County Office for Persons with Disabilities & Special Needs\*

Union County Administration Bldg., 10 Elizabethtown Plaza, 4th Floor Elizabeth, New Jersey 07207 (908) 527-4870 Toll Free: 1-888-280-8226

# Warren County Division of Aging & Disability Services

Wayne Dumont Jr. Administration Bldg. 165 County Road, Suite #245 Route 519 South Belvidere, NJ 07823-1949 (908) 475-6591

\* Also serves as the County office for Individuals with Disabilities

# Appendix 4: Centers for Independent Living (CILs)

CILs are community-based, consumer-driven organizations designed to support individuals with disabilities by providing a multitude of services based on individual needs, such as: life skills training, advocacy, information and referral, peer counseling, socialization and community based activities. Membership is open to all people with disabilities, their able-bodied friends, and supporters. CILs promote personal growth and empowerment through choice, self-determination, and participation in programs providing information, education, skills development, and networking opportunities. See below for a list of CILs by county.

#### Atlantic County Atlantic Center For Independent Living

4 East Jimmie Leeds Road, Suite 7 Galloway, NJ 08205 (609) 748-2253 https://www.atlanticcil.org/index.html

#### Bergen County Heightened Independence & Progress (HIP)

131 Main Street, Suite 120
Hackensack, NJ 07601
(201) 996-9100
www.hipcil.org

#### Burlington County\* \*Resources For Independent Living (RIL)

351 High Street, Suite 103 Burlington City, NJ 08016 (609) 747-7745 https://www.rilnj.org

#### Camden County Center For Independent Living

Of South Jersey, Inc. (CIL-SJ) I 150 Delsea Drive, Suite 1 & 2 Westville, NJ 08093 (856) 853-6490 https://www.cil-sj.com

#### Camden City Camden City Independent Living Center

Virtua Camden 1000 Atlantic Avenue, Suite 105 Camden, NJ 08104 (856) 966-0800 http://www.camdenilc.org/

#### **Cape May County** Resources For Independent Living (RIL)

351 High Street, Suite 103 Burlington City, NJ 08016 (609) 747-7745 https://www.rilnj.org

123

#### **Cumberland County** Resources For Independent Living (RIL)

351 High Street, Suite 103 Burlington City, NJ 08016 (609) 747-7745 https://www.rilnj.org

#### Essex County DIAL, Inc.

2 Prospect Village Plaza, First Floor Clifton, NJ 07013 (973) 470-8090 VRS: (973) 556-0226 www.dial-cil.org

#### **Gloucester County** Center For Independent Living of South Jersey, Inc. (CIL-SJ)

1150 Delsea Drive, Suite 1 & 2 Westville, NJ 08093 (856) 853-6490 https://www.cil-sj.com

#### Hudson County Heightened Independence & Progress-Hudson

35 Journal Square, Suite 703 Jersey City, NJ 07306 (201) 533-4407 www.hipcil.org

#### Hunterdon County Progressive Center For Independent Living (PCIL)

Hunterdon County Branch 1220 Route 31 North Suite 14 Lebanon, NJ 08833 (908) 782-1055 1-877-376-9174 www.pcil.org

#### Mercer County Progressive Center For Independent Living (PCIL)

Mercer County Branch 3525 Quakerbridge Road, Suite 904 Hamilton NJ 08619 (609) 581-4500 www.pcil.org

#### Middlesex County Alliance Center For Independence

629 Amboy Avenue, 1st Floor, Suite 104 Edison, NJ 08837 (732) 738-4388 www.adacil.org

#### Monmouth County MOCEANS Center For Independent Living

565 Broadway, Suite 105 Long Branch NJ 07740 (732) 571-4884 www.moceanscil.org

#### Morris County DAWN, Inc.

66 Ford Road, Suite 121 Denville, NJ 07834 (973) 625-1940 I-888-383-DAWN (I-888-383-3296) VRS: (973) 453-4689 https://www.dawncil.org

#### Ocean County MOCEANS Center For Independent Living

1027 Hooper Avenue, Building 6, 3rd Floor Toms River, NJ 08753 (732) 505-2310 www.moceanscil.org

#### Passaic County DIAL, Inc.

2 Prospect Village Plaza, First Floor Clifton, NJ 07013 Toll Free: (866) 277-1733 VRS: (973) 556-0226 www.dial-cil.org

#### Salem County Resources For Independent Living (RIL)

351 High Street, Suite 103 Burlington City, NJ 08016 (609) 747-7745 https://www.rilnj.org

#### Somerset County Alliance Center For Independence

629 Amboy Avenue, 1st Floor, Suite 104 Edison, NJ 08837 (732) 738-4388 www.adacil.org

#### Sussex County DAWN, Inc.

66 Ford Road, Suite 121 Denville, NJ 07834 (973) 625-1940 I-888-383-DAWN (I-888-383-3296) VRS: (973) 453-4689 https://www.dawncil.org

#### Union County Alliance Center For Independence

629 Amboy Avenue Ist Floor, Suite 104 Edison, NJ 08837 (732) 738-4388 www.adacil.org

#### Warren County\* \*DAWN, Inc.

66 Ford Road, Suite 121 Denville, NJ 07834 (973) 625-1940 I-888-383-DAWN (I-888-383-3296) VRS: (973) 453-4689 https://www.dawncil.org

\* Office also serves as the County office for individuals with disabilities.



# **Appendix 5: Adult Protective Services**

The role of Adult Protective Services (APS) is to investigate complaints of suspected abuse, neglect, and/or exploitation of vulnerable adults aged 18 or older. A complaint to APS will generate a thorough assessment, which will include a private face-to-face interview with the potentially at-risk adult, to determine if intervention is warranted. All information generated by the investigation is confidential. A report of suspected abuse may be made to the Division of Aging Services Information and Referral toll-free number at 1-800-792-8820 or to the APS office in the county in which the individual lives.

# Appendix

### County Adult Protective Services

Atlantic County	(88
Bergen County	(20
Burlington County	(60
Camden County	(8!
Cape May County	(60
Cumberland County	(8!
Essex County	(80
Gloucester Ćounty	(8!
Hudson County '	(20
Hunterdon County	(90
Mercer County '	(60
Middlesex County	(73
Monmouth County	(73
Morris County '	(97
Ocean County	(73
Passaic County	(97
Salem County	(8!
Somerset County	(9)
Sussex County	(97
Union County	(90
Warren County	(90
/	

(888)	426-9243
(201)	368-4300
(609)	518-4793
(856)	225-8178
(609)	886-2784
(856)	825-0255
(866)	903-6287
(856)	582-9200
(201)	537-5631
(908)	788-1300
	989-4346
	745-3635
(732)	
(732)	531-9191
(973)	326-7282
(732)	349-1500
(973)	881-2616
(856)	339-8622
(908)	526-8800
(973)	383-3600
(908)	497-3902
(908)	475-6591



# Appendix 6 Disability Specific Resources

This section lists agencies outside of state government that serve individuals with specific disabilities.

#### AIDS/HIV Hyacinth AIDS Foundation

**Services:** Case management, assistance dealing with the emotional impact of HIV, pastoral care, legal advocacy, housing and discharge planning for incarcerated individuals with HIV/AIDS, mental health and substance abuse counseling for those with HIV/AIDS.

317 George Street, Suite 203 New Brunswick, NJ 08901 1-800-433-0254 (732) 246-0204 www.hyacinth.org

#### Alzheimer's Disease Alzheimer's New Jersey

**Services:** Care consultations, respite and wellness programs, family support groups, clinical research trials, safety awareness programs, education and training.

425 Eaglerock Avenue, Suite 203 Roseland, NJ 07068 I-888-280-6055 (973) 586-4300 www.alznj.org

#### Alzheimer's Association, Greater New Jersey Chapter

**Services:** Support groups, help with care giving, education, planning.

399 Market St, Suite 102 Philadelphia PA 09106 (856) 797-1212 www.alz.org/nj/

#### Amyotrophic Lateral Sclerosis (ALS) The Neuromuscular and ALS Center

**Services:** Diagnosis, treatment, therapeutic drug trials, physical and occupational therapy, and social work

#### Rutgers-Robert Wood Johnson Medical School

125 Paterson Street, Suite 6100 Clinical Academic Bldg. (CAB) New Brunswick, NJ 08901 (732) 235-7331 https://rwjms.rutgers.edu

#### ALS Association-Greater Philadelphia Chapter

**Services**: home care, financial support for home modifications, assistive technology, transportation, research, and support groups.

321 Norristown Rd. Suite 260 Ambler, PA 19002 (215) 643-5434 www.alsphiladelphia.org

#### Arthritis/Fibromyalgia Arthritis Foundation-New Jersey Chapter

**Services:** Advocacy, education, support groups, and outreach.

555 Route I South, Suite 220 Iselin, NJ 08830 I-888-467-3112 (732) 283-4300 www.arthritis.org/new-jersey

#### Autoimmune Disorders American Autoimmune Related Diseases Association

**Services:** Support groups, education, advocacy, and research.

22100 Gratiot Avenue Eastpointe, MI 48021 (586) 776-3900 https://www.aarda.org

#### **Cancer** Cancer Hope Network

**Services:** Provides one-on-one support to patients and caregivers by matching them with volunteers who have survived cancer, also provides information regarding clinical trials.

2 North Rd, Suite A Chester NJ 07930 I-877-467-3638 or (908) 879-6518 www.cancerhopenetwork.org/

#### American Cancer Society-NJ

**Services:** Provides education, a patient navigator program to guide you along the journey, and support services like rides to treatment and lodging nearby treatment centers.

I-800-227-2345 https://www.cancer.org/about-us/

#### local/new-jersey.html

# Cancer Thriving and Surviving (CTS) Workshops

This service provides peer-led workshops (2 1/2 hours, once per week for six weeks) in all 21 Counties for people who have completed cancer treatments and/or their caregivers.

Workshop topics include: Techniques to deal with problems such as frustration, fatigue, pain, isolation, poor sleep and living with uncertainty; Exercises for regaining and maintaining flexibility and endurance; Making decisions about treatment and complementary therapies; Communicating effectively with family, friends and health professionals; Nutrition; and Setting priorities.

To find CTS workshops available in your county, please visit: <u>https://</u> <u>www.state.nj.us/humanservices/</u> <u>doas/home/tchagencies.html</u>

#### **Cardiac/Heart Disease** American Heart and Stroke Association-New Jersey Affiliate

**Services:** Provides advocacy and education on the diseases and promotes local events to raise awareness.

#### (609) 208-0020

E-mail: <u>newjersey@heart.org</u> <u>https://www.heart.org/en/affiliates/</u> <u>new-jersey/new-jersey</u>

#### **Robbinsville Office**

I Union Street, Suite 301 Robbinsville, NJ, 08691

#### Saddle Brook Office

Park 80 West, Plaza II 250 Pehle Avenue, Suite 202 Saddle Brook, NJ, 07663

#### Chronic Disease Management Chronic Disease Self Management Program (CDSMP)

This program provides peer-led workshops (2 1/2 hours, once per week for six weeks) in all 21 Counties to assist people dealing with chronic disease and/or their caregivers to overcome the daily challenges of living with chronic diseases.

#### Tomando Control de su Salud

Tomando was developed for individuals who speak Spanish. The subjects covered are similar to CDSMP (see above), but they are presented in ways that are culturally appropriate. Workshops are conducted in Spanish without translators.

To find CDSMP or Tomando workshops available in your county, please visit: <u>https://www.</u> <u>state.nj.us/humanservices/doas/</u> <u>home/tchagencies.html</u>

#### Chronic Fatigue Syndrome NJCFSA (New Jersey Chronic Fatigue Syndrome Association, Inc.)

**Services:** Support groups, college scholarships, education, and advocacy.

PO Box 477 Florham Park, NJ 07932 Email: <u>helpdesk@njcfsa.org</u> www.njmecfsa.org

#### **Crohn's Disease** Crohn's and Colitis Foundation of America-NJ Chapter

**Services:** Education, support groups and doctor location services.

45 Wilson Avenue Manalapan, NJ 07726 (732) 786-9960 https://www.crohnscolitisfoundation.org/

#### **Communication Disorders** Adler Aphasia Center

**Services:** Education, support groups, research, and speech therapy.

60 West Hunter Avenue Maywood, NJ 07607 (201) 368-8585 www.AdlerAphasiaCenter.org

#### **Cystic Fibrosis** Cystic Fibrosis Foundation Greater New Jersey Chapter

**Services:** Provides information, education, and advocacy services as well as care center locater services, and case management to support individuals and families with CF.

1719 Rt. 10, Suite 229 Parsippany, NJ 07054 973-656-9200 https://www.cff.org/NewJersey/

#### Diabetes American Diabetes Association-Greater NYC/NJ Office

**Services:** Provides diabetes education and promotes healthy living.

880 3rd Avenue, 12th Floor New York, New York 10022 I-800-342-2383 https://www.diabetes.org/community/ local-offices/greater-nycnj

#### **Juvenile Diabetes Foundation**

**Services:** Funds research, advocates for policies that accelerate access to new therapies, and provides a support network for millions of people around the world.

200 Vesey Street, 28th Floor New York, NY 10281 I-800-533-CURE (2873) https://www.jdrf.org/

#### **Diabetes Foundation**

**Services:** Provides access to critical resources and medication necessary to remain healthy. Serves children, parents, adults, and caregivers regardless of income or healthcare coverage.

411 Hackensack Avenue Hackensack, New Jersey 07601 (201) 444-0337

https://diabetesfoundationinc.org/ Email: info@diabetesfoundationinc.org

#### Diabetes Self-Management Program

Services: Through a series of workshops, people with diabetes and / or their caregivers meet for 2 1/2 hours once a week for six weeks. The diabetes workshops cover various subjects related to diabetes such as: techniques to deal with symptoms of diabetes, including fatigue, pain, hyper/ hypoglycemia, stress, and emotions such as depression, anger, fear and frustration; Exercises for maintaining and improving strength and endurance; Healthy eating; Appropriate use of medication; Working more effectively with health care providers; and Preventing or delaying complications.

For more information, visit: <u>https://</u> <u>www.state.nj.us/humanservices/doas/</u> <u>home/cdsmpprograms.html</u>

#### **Dwarfism** Little People of America (LPA)

**Services:** LPA offers information on employment, education, disability rights, adoption, medical issues, clothing, adaptive products, and the many stages of parenting a short-statured child - from birth to adult. Information is provided through a national newsletter, the LPA Today, and numerous seminars and workshops.

I-888-572-2001 www.lpaonline.org

#### Dysautonomia Dysautonomia International-New Jersey Support Group

**Services:** information, education, advocacy, doctor locator services, support groups, financial assistance resources directory.

E-mail: <u>newjersey@</u>

dysautonomiainternational.org https://www.dysautonomiainternational.org

#### Eating Disorders Food Addicts Anonymous

**Services:** Support and meetings to help with Food addiction.

NJ Helpline: (732) 244-4324 https://www.foodaddictsanonymous.org

#### National Eating Disorders Association

**Services:** provides help and support to those effected by eating disorders and those who care about them.

1-800-931-2237

www.nationaleatingdisorders.org

#### Environmental Sensitivities/ Intolerances National Center for Environmental Health Strategies, Inc.

**Services:** Works to reduce hazardous exposure, prevent environmental illnesses and injuries, and provides advocacy and education to effect research and policy change.

I 100 Rural Avenue Voorhees, New Jersey 08043 (856) 429-5358; (856) 816-8820 Email: marylamielle@ncehs.org www.ncehs.org

#### Head Injury/Traumatic Brain Injury (TBI) Brain Injury Alliance of New Jersey

Services: Information, education, advocacy, and assistance in connecting with TBI services. 825 Georges Road, Second Floor North Brunswick, NJ 08902 (732) 745-0200 I-800-669-4323 www.bianj.org

For The Traumatic Brain Injury Fund, see page 3.

#### Huntington's Disease Huntington's Disease Society of America

Services: HDSA offers Support Groups, Social workers, advocacy, and education. PO Box 2103 Clifton, NJ 07015 (973) 250-6660 https://newjersey.hdsa.org/

### Intellectual/ Developmental Disabilities

The Arc of New Jersey

985 Livingston Avenue North Brunswick, NJ 08902 (732) 246-2525

#### www.arcnj.org

**Services:** provides information, training, mentoring, support and advocacy for individuals with intellectual and developmental disabilities and their families.

See chapter 18 for more information regarding services for individuals with intellectual/ developmental disabilities.

#### Learning Disabilities The International Dyslexia Association-NJ Branch

Services: education on dyslexia, conferences for educators and individuals with dyslexia, advocacy, and legislative work. PO Box 32 Long Valley, New Jersey 07853 <u>https://nj.dyslexiaida.org/</u>

#### Learning Disabilities Association of New Jersey

Services: LDANJ provides information, support, and advocacy for children and adults with learning disabilities. 614 Cranbury Road Unit 6268 East Brunswick, NJ 08816 (732) 645-2738

www.ldanj.org

# Lupus Foundation of America-NJ Chapter

**Services:** research, education, peer to peer support groups, doctor referral services, and Advocacy.

#### **NJ Chapter**

65 E. Northfield Rd. Unit D, IL Livingston, NJ 07039 I-800-322-5816 (973) 379-3226 www.lupusnj.org

#### Philadelphia Tri-State Chapter

101 Greenwood Ave, Suite 200 Jenkintown, PA 19046 (215) 517-5070 www.lupus.org/tristate

#### Muscular Dystrophy Muscular Dystrophy Association

**Services:** Dedicated MDA Care Centers and Affiliates serve as the nexus for expert clinical care and medical research. The MDA have educational seminars, resource centers and summer camps.

2132 S. 12th Street, Suite 101 Allentown, PA 18103 (610) 391-1977 www.mda.org

600 Reed Rd, Suite 104 Broomall PA 19008 (610) 325-5758

25 E. Spring Valley Avenue, Suite 210 Maywood, NJ 07607 (201) 843-4452

#### Multiple Sclerosis National Multiple Sclerosis Society-NJ Metro Chapter

**Services:** Information on issues related to living with MS such as health and wellness, family and relationships, employment, insurance and financial planning, social and emotional support, mobility and accessibility, research and clinical trials.

#### Aspen Corporate Park I

1480 U.S. Highway 9 North, Suite 301 Woodbridge, NJ 07095 (732) 660-1005 https://www.nationalmssociety.org/ Chapters/NJM

#### National Multiple Sclerosis Society-Greater Delaware Valley Chapter

30 South 17th Street, Suite 800 Philadelphia, PA 19103 (215) 271-2400 https://www.nationalmssociety.org/ Chapters/PAE

#### Multiple Sclerosis Association of America-National Headquarters

**Services:** Equipment Distribution Program Application, Cooling Distribution Program, MRI Access Fund, Educational Programs, lending library.

733 3rd Avenue, 3rd floor New York, NY 10017 1-800-344-4867 1-800-532-7667 (Toll Free) Email: <u>MSquestions@mymsaa.org</u> www.mymsaa.org/



#### Parkinson's Disease American Parkinson Disease Association—NJ Chapter

**Services:** education, support, and patient services to individuals with Parkinson's and their families.

#### Robert Wood Johnson Fitness and Wellness Center

100 Kirkpatrick Street PO Box 910 New Brunswick, NJ 08901 (732) 745-7520 x1 Email: apdanj@apdaparkinson.org https://www.apdaparkinson.org/ community/new-jersey/

#### Polio/Post-Polio Polio Network of NJ

**Services:** education, advocacy, and information through an annual conference, a quarterly newsletter, and one-on-one support to those seeking to establish chapters in their area.

IIO Chestnut Ridge Road Montvale, NJ 07645 (201) 391-0758 http://pnnj.org/

#### **Respiratory Disease** American Lung Association

**Services:** education, advocacy, support groups and online support communities, and a help line.

#### **New Jersey Chapter**

PO Box 10188, #37214 Newark, NJ 07101 www.lung.org/about-us/localassociations/new-jersey.html

#### Sickle Cell Disease Sickle Cell Disease Association of America

Services: Case Management, Counseling, Advocacy, Career/Vocational Counseling, Transportation, Community Outreach and Education, LeRoi Simmons Sickle Cell Disease Scholarship, Newborn Screening Follow-Up Program, Support Groups, Be An African–American Hero, Sickle Cell Sabbath.

#### SCDAA - Philadelphia/Delaware Valley

5300 Wynnefield Avenue, 2nd Floor Philadelphia, PA 19131 (215) 471-8686 www.sicklecelldisorder.com

#### SCDAA of NJ

1016 Broad street P.O Box 9501 Newark, NJ 07104 (973) 482-9070 https://www.sicklecellnewjersey.org

#### Scleroderma Scleroderma Foundation

**Services:** support groups, a toll-free helpline for information and referrals, publish a quarterly magazine and other informational brochures, research, and education.

Delaware Valley Chapter (Southern NJ) 385 Kings Highway North

Cherry Hill, NJ 08034 I-866-675-5545

https://www.scleroderma.org/site/ SPageServer/?pagename=dv\_home

Tri-State Chapter (Northern NJ) 59 Front Street Binghamton, NY 13905 1-800-867-0885 https://www.scleroderma.org/site/ SPageServer/?pagename=ts\_home

#### Spina Bifida Spina Bifida Resource Network

**Services:** family support, advocacy, prevention, education, recreation, financial assistance through the Jane Horowitz Special Medical Needs Fund (SMNF).

84 Park Avenue, Suite G-106 Flemington, NJ 08822 (908) 782-7475 www.thesbrn.org

#### Spinal Cord Injury (SCI) Christopher & Dana Reeve

### Paralysis Resource Center

**Services:** information, education, advocacy to help people connect with resources in their area, peer mentor program, online social platform for individuals with paralysis and their loved ones to connect and share information, grants for non-profits, and has a Military and Veterans Program (MVP) through which it provides a host of support and programs to help servicemen and women connect with services, programs, and benefits.

#### Short Hills Plaza

636 Morris Turnpike, Suite 3A Short Hills, NJ 07078 I-800-539-7309 www.christopherreeve.org

#### **United Spinal Association**

Services: Information, education, advocacy, one-on-one assistance, and peer support. I-800-962-9629 www.spinalcord.org

#### Stroke/CVA American Stroke Association-NJ Chapters

**Services:** information, education, advocacy, help connecting with local resources.

#### <u>www.stroke.org</u> (609) 208-0020

Email: newjersey@heart.org

#### **Robbinsville Office**

I Union Street, Suite 301 Robbinsville, NJ, 08691

#### Saddle Brook Office

Park 80 West, Plaza II 250 Pehle Avenue, Suite 202 Saddle Brook, NJ, 07663

#### Tourette Syndrome New Jersey Center for Tourette Syndrome

**Services:** Information, education, advocacy, youth development and leadership academies, webinars.

50 Division Street, Suite 205 Somerville, NJ 08876 (908) 575-7350 www.njcts.org

#### Transplant NJ Sharing Network

Services: Recovery and placement of donated organs and tissue for those in need of a life-saving transplant, awareness campaigns to education people of the importance of organ and tissue donations.

691 Central Avenue New Providence, NJ 07974 I-800-742-7365 www.njsharingnetwork.org

# **Appendix 7 County Offices**

To schedule an appointment for DVRS services, contact the DVRS office below serving your county of residence:

#### **DVRS Atlantic Office**

2 South Main Street, Suite 2, 1st Floor Pleasantville, NJ 08232 Telephone: (609) 813-3933 VP: (609) 224-1218

#### **DVRS Bergen Office**

60 State Street, 2nd Floor, Room 203 Hackensack, NJ 07601-5471 Telephone: (201) 996-8970 VP: (973) 968-6556

#### **DVRS Burlington Office**

 795 Woodlane Road, Suite 201

 Westampton, NJ 08060

 Telephone:
 (609) 518-3948

 VP:
 (609) 534-2000

#### **DVRS Camden Office**

101 Woodcrest Road, Suite 127 Cherry Hill, NJ 08003-3620 Telephone: (856) 549-0600 (option 3) VP: (856) 831-7599

#### **DVRS Cape May Office**

 3810 New Jersey Avenue

 Wildwood, NJ 08260

 Telephone:
 (609) 523-0330

 VP:
 (609) 224-1218

#### DVRS Cumberland/ Salem Office

40 East Broad Street, Suite 204 Bridgeton, NJ 08302-2881 Telephone: (856) 453-3888 VP: (856) 497-0075

#### **DVRS Essex Office**

 990 Broad Street, 2nd Floor

 Newark, NJ 07102

 Telephone:
 (973) 648-3494

 VP:
 (862) 772-7166

#### **DVRS Gloucester Office**

215 Crown Point Road, Suite 215 Thorofare, NJ 08086-2153 Telephone: (856) 384-3730 VP: (856) 497-0075

#### **DVRS Hudson Office**

 438 Summit Avenue, 6th Floor

 Jersey City, NJ 07306-3187

 Telephone:
 (201) 217-7180

 VP:
 (201) 616-0447

#### **DVRS** Mercer Office

Labor Station Plaza 4, PO Box 959 28 Yard Avenue Trenton, NJ 08625-0959 **Telephone: (609) 292-2940 VP: (609) 498-7011** 

# Appendix

#### **DVRS Middlesex Office**

550 Jersey Avenue, PO Box 2672 New Brunswick, NJ 08903 Telephone: (732) 937-6300 VP: (732) 393-8056

#### **DVRS Monmouth Office**

 60 Taylor Avenue

 Neptune, NJ 07753-4844

 Telephone:
 (732) 775-1799

 VP:
 (732) 606-4961

#### **DVRS Morris Office**

 13 Emery Avenue 2nd Floor

 Randolph, NJ
 07869

 Telephone:
 (862) 397-5600 /

 Option 4

 VP:
 (973) 607-2034

#### **DVRS Ocean Office**

 1027 Hooper Avenue, Bldg. 6,

 3rd Fl., Suite I

 Toms River, NJ 08753-2225

 Telephone:
 (732) 505-2310

 VP:
 (732) 606-4961

#### **DVRS Passaic Office**

200 Memorial Drive, 1st Floor Paterson, NJ 07501 Telephone: (973) 742-9226 VP: (973) 968-6556

#### DVRS Somerset/ Hunterdon Office

75 Veterans Memorial Drive East Suite 101 Somerville, NJ 08876-2952 **Telephone: (908) 704-3030** VP: (732) 393-8056

#### **DVRS Union Office**

 921 Elizabeth Avenue, 3rd Floor

 Elizabeth, NJ 07201

 Telephone:
 (908) 965-3940

 VP:
 (908) 242-3563

#### **DVRS Sussex/Warren Office**

445 Marshall Street Phillipsburg, NJ 08865 Telephone: (908) 329-9190 VP: (908) 645-0616

# Index

# A

AbilityJobs	. 32
Achieving A Better Life Experience	
(ABLE)	7
AbleData	. 47
ACCESS Deaf Services	. 93
Access Link	. 33
Accessible Communication	.91
ADA	103
Addiction Resources	. 62
Adler Aphasia Center	131
Adult Day Services Program for	
Persons with Alzheimer's Disease or	
Related Disorders	. 67
Adult Protective Services	127
Advancing Opportunities	. 48
Affordable Care Act (ACA)	
Aging and Disability Resource	
Connection (ADRC)	121
Aging Services, Division of24,	127
AIDS Drug Distribution Program	
(ADDP)	. 25
AIDS/HIV	
Air Carriers Access Act	. 58
AL-ANON	. 62
ALA-TEEN	. 62
Alcoholics Anonymous	. 62
ALS	129
ALS Association Greater Philadelphia	
Chapter	129
Alzheimer's Association, Delaware	
Valley Chapter	129
Alzheimer's Disease	129
Alzheimer's New Jersey	129
American Autoimmune Related	
Disease Association	132
American Cancer Society	130
American Civil Liberties Union	
(ACLU)	.51
American Diabetes Association	131
American Healthcare Association	. 69
American Heart and Stroke	

Association
American Lung Association
American Parkinson Disease
Association—NJ Chapter
American Red Cross III
American Stroke Association-
NJ Chapters
Amtrak
Arc of New Jersey
Area Agency on Aging (AAA)
Arthritis
Arthritis Foundation-New Jersey
Chapter
Assistance Dogs International (ADI) 104
Assistive Communication Device
Demonstration Center90
Assistive Support Programs for
Independence Renewal and Education
(ASPIRE)83
Assistive Technology47
Assistive Technology Advocacy Center
(ATAC)
Association for Special Children and
Families50
Association for the Multiple Impaired
Blind, Inc87
Auto Insurance Assistance7
Autoimmune Disorder

#### B

Beep Baseball	
Benefits to Work Calculator .	
Beyond the Eyes, Inc	87
Blind (see Visually Impaired) .	79
Blind Athletes Inc	
Blind Center of the NJ Cape	87
Brain Injury Alliance of New J	ersey 133
Bureau of Guardianship Servio	ces 101
Business Enterprises New Jer	sey
(BENJ)	
Business Relations Unit (BRU)	)

# Index

# С

Cancer 130
Cancer Hope Network
Cancer Thriving and Surviving
Workshops
Canine Companions for
Independence
Canine Partners for Life
Captioned Telephones (CapTel)
Cardiac
Care2Caregivers Program
Caregiver Action Network
Catastrophic Illness in Children Relief
Fund
CBVI College Preparation
Experience
Center for Tourette Syndrome
Centers for Independent Living 123
Charity Care
Child Care Assistance
Child Care Resource and Referral
Centers (CCR&R's)37
Child Care/Child Support Programs 37
Child Care Subsidy Program37
Child Study Teams43
Child Support Program37
Children System of Care (CSOC) 74
Christopher & Dana Reeve Paralysis
Resource Center
Chronic Disease Management
Chronic Disease Self Management
Program
Chronic Fatigue Syndrome
Chronic Fatigue Syndrome
Association
Comfort Partners
Commission for the Blind and Visually
Impaired (CBVI)
Communication Access Referral
Services
Communication Disorder
Community Action Agency
Community Health Law Project
(CHLP)
Community Justice Center
Congregate or Group Meals 14
Council of the Blind86

Council on Developmental
Disabilities
County Board of Social Services 119
County Emergency Management
Coordinators III
County Offices of Disability
Services 117
County Para-Transportation35
County Supervisors of Child Study 44
Court Appointed Special Advocates
(CASA) of New Jersey51
Crisis Intervention60
Crohn's and Colitis Foundation
Crohn's Disease 131
Cultural Access Network87
Cystic Fibrosis
Cystic Fibrosis Foundation

# D

Deaf Advocacy Project	. 93
Deaf and Hard of Hearing	. 89
Deaf-Blind Services	. 84
Dental Care Assistance	. 20
Dental Lifeline Network New Jersey .	. 20
Department of Health	. 92
Department of Homeland Security	
Department of Justice	. 56
Developmental Disabilities	. 75
Diabetes	131
Diabetes Self Management	
Program	132
Diabetic Eye Disease Detection	
Program	
Disability Rights and Laws	
Disability Rights New Jersey (DRNJ)	
Division of Aging Services (DOAS)	. 68
Division of Deaf and Hard of Hearing	
(DDHH)	. 89
Division of Developmental Disabilities	
(DDD)	
Division of Disability Services (DDS)	.71
Division of Mental Health and	
Addiction Services (DMHAS)	. 59
Division of Vocational Rehabilitation	
Services' Deaf Language Specialists	
Division on Civil Rights	. 54

Dwarfism	132
Dysautonomia	132
Dysautonomia International	132

### Е

Early Childhood Screening Program 84 Early Hearing Detection and
Intervention Program (EHDI) 92, 93
Early Intervention
Eating Disorders
EDGE Program81
Educational Resources41
Emergency Assistance (EA)9
Emergency Management,
Office of
Emergency Preparedness107
Employment27
Equal Employment Opportunity
Commission (EEOC)55
Equipment Distribution Program 89, 134
EyeCare America21
Eyes Like Mine, Inc87

### F

•
Fair Housing Act (FHA)57
FamilyCare15
Family Caregiver Alliance68
Family Leave Act53
Family Leave Insurance2
Family Medical Leave Act54
Federal Aviation Administration 113
Federal Communications Commission
(FCC)
Federal Emergency Management
Agency (FEMA) III
Federally Qualified Health Centers
(FQHCs)
Fibromyalgia 130
Financial Assistance Programs
Find a Ride
Food Addicts Anonymous
Food Assistance
Food Pantries
Fresh Start4

### G

Gamblers Anonymous62
General Assistance (GA) I
Goodwill Home Medical Equipment 48
Grow NJ Kids
Guardianship97
Guardianship Assistance Program
(GAP) 101
Guardianship Monitoring Program 100
Guiding Eyes for the Blind

#### Н

Head Injury/Traumatic Brain Injury 133
Head Start43
Health and Wellness 115, 116
Health Insurance 15
Healthcare Assistance 15
Hearing Aid Assistance to the Aged
and Disabled (HAAAD) 21
Hearing Aid Project21, 90
Hearing Carry-Over91
Heart Disease
Hearing Loss (see Deaf and
Hard of Hearing)
Higher Education Student Assistance
Authority (HESSA)45
Homeland Security and Preparedness,
Office of III
Home-Delivered Meals 14
Homeless Hotlines9
Homelessness Prevention Program I I
Homeownership Preservation
Foundation3
Housing Assistance9
Housing and Mortgage Finance
Agency
Housing and Urban Development 57
Housing Resource Center
Huntington's Disease
Huntington's Disease Society of
America
Hyacinth AIDS Foundation129

# Index

# 

iCanConnect NJ	84
Income Assistance	I
Individuals with Disabilities Education	on
Act (IDEA)	41,58
Intellectual/Developmental	
Disabilities	73
International Dyslexia Association .	133
Internet Protocol Relay (IP Relay)	92
Intoxicated Driving Program	62

### J

# K

Kinship Care-Legal Guardianship
Program 101
Kinship Care Navigator Program37

# L

Law Against Discrimination
(see NJ LAD)
Learning Ally87
Learning Disabilities
Learning Disabilities Association of
America 133
Learning Resource Centers
Legal and Advocacy Resources
Legal Services of New Jersey (LSNJ) 5 I
Library Equal Access Program
(LEAP)
LIFE 101 Program81
Lifeline Utility Assistance5
Little People of America 132
LogistiCare

Low Income Home Energy Assistance
Program (LIHEAP)4
Lupus
Lupus Foundation of America-
New Jersey Chapter
Lupus Foundation of America-
Philadelphia Tri-State Chapter

# Μ

Managed Care Organizations
Managed Long Term Care Waiver
(MLTSS)
Managed Long Term Services and
Supports (MLTSS)63
Margaret Winchester Enrichment
Center for the Blind and Visually
Impaired88
Maternity Leave2
Matheny Center of Medicine &
Dentistry20
Medicaid Services16
Medical Assistance 16
Medical Marijuana Program26
Medicare
Medicare Low Income Subsidy
Program25
Mental Health59
Mental Health Association in
New Jersey61
Migrant Worker Screening Program84
Motor Vehicle Commission
MTA-Access Ride36
Multiple Sclerosis 134
Multiple Sclerosis Association of
America-National Headquarters 134
Muscular Dystrophy 134
Muscular Dystrophy Association 134

# Ν

NAMI NJ (National Alliance on Mental	
Illness of New Jersey)6	51
NAR-ANON	52
Narcotics Anonymous6	52
National Alcohol and Substance Abuse	

Information Center6	2
National Alliance for Caregiving6	9
National Center for Environmental	
Health Strategies, Inc	3
National Coalition for Mental Health	
Recovery6	I
National Disability Institute: Assistive	
Technology Loan Program4	7
National Eating Disorders	
Association	2
National Federation of the Blind-NJ8	6
National Multiple Sclerosis Society-	
Greater Delaware Valley Chapter 13	4
National Multiple Sclerosis Society-	
NJ Chapter	4
Neuromuscular and ALS Center 12	9
New Eyes for the Needy2	I
New Jersey Benefits to Work	
Calculator3	2
New Jersey Center for Tourette	
Syndrome	6
New Jersey Children's System of Care	
(CSOC)	4
New Jersey Chronic Fatigue	
Syndrome Association	I
New Jersey Division of Vocational	
Rehabilitation Services	
(DVRS)27, 93, 13	7
New Jersey Early Intervention System	
(NJEIS)4	I
New Jersey Higher Education Student	
Assistance Authority (HESAA)4	5
New Jersey Hospital Care Payment	
Assistance Program (Charity Care) I	9
New Jersey Housing and Mortgage	
Finance AgencyI	2
New Jersey Housing Resource	
CenterI	0
New Jersey Judiciary Guardianship	
Support/Guardianship Monitoring	
	0
Program10 New Jersey Judiciary Self-Help	
New Jersey Judiciary Self-Help Resources10	
New Jersey Judiciary Self-Help	0

New Jersey Office of Emergency	
ManagementI	$\boldsymbol{H}$
New Jersey Office of Homeland	
Security and PreparednesI	н
New Jersey Relay	91
New Jersey Self-Help Group	
Clearinghouse	61
New Jersey Specialized Child Study	
Team (NJSCST)	92
New Jersey Transit	
New Jersey Transit Reduced Fare	
Program	34
New Jersey Weatherization	
Assistance Program (NJWAP)	5
Nicotine Anonymous	
NJ Achieving a Better Life Experience	
(NJ ABLE)	7
NJ Blind Citizens' Association	
NJ Camp for Blind Children, Inc	
NJ Connect for Recovery	
N Council of the Blind, Inc	
NJ Council on Developmental	
Disabilities (NJCDD)	49
NJ Cultural Access Network (Audio-	
Description)	87
NJ Deaf Advocacy Project	
NJ Division of Developmental	/5
Disabilities	75
NJ Division on Civil Rights	
NJ Equal Employment Opportunity	Ъ
Commission (EEOC)	55
NJ FamilyCare	
NJ Family Leave Act (NJFLA)	
NJ Find A Ride	
NJ Hearing Aid Project	
NJ Law Against Discrimination	90
(NJ LAD)	52
NJ Lifeline Utility Assistance	
NJ Medicinal Marijuana Program	
NJ Parent Link	
NJSAVE	
NJ Shares	04
NJ State Library Talking Book and	•
Braille Center (TBBC)	
NJ Vet2Vet	96

NJ WINS (New Jersey Work Incent	ive
Network Support)	32
NJ WorkAbility	31
NJDA Senior-Dent Program	
NJTIP	36
Northeast ADA	56

# 0

Office of Emergency ManagementIII Office of Homeland Security and
Preparedness III
Office of Special Education: Policies
and Procedures Office45
Office of the Public Guardian for
Elderly Adults (OPG) 100
Office of the Special Education
Ombudsman45
Older Americans Act
Ombudsman for Individuals with
Intellectual or Developmental
Disabilities
One-Stop Career Centers27

# Ρ

Parental Rights in Special Education
Guide (PRISE)43
Parent Link
Parking105
Parking Placards105
Parkinson's Disease
Partnership for Prescription
Assistance (PPA)
Payment Assistance for Gas & Electric
(PAGE)04
PerformCare74
Personal Assistance Service Program
(PASP)
Personal Care Assistant Services
Personal Preference Program (PPP) 63
Pharmaceutical Assistance
Pharmaceutical Assistance to the
Aged and Disabled (PAAD)23
Plan to Achieve Self-Support (PASS) 30
Polio Network of NJ 135
·

Polio/Post Polio 135
Prescription Assistance (see
Pharmaceutical Assistance)23
Prevent Blindness22
Program of All Inclusive Care for the
Elderly (PACE)64
PROJECT BEST (Better Eye Health
Services and Treatment)21,83
Project Child Find41
Property Tax Reimbursement
("Senior Freeze")6
Public Guardian for Elderly Adults,
Office of the

# R

Reach NJ62
Reduced Fare Program34
Regional Early Intervention
Collaboratives (REICs)42
Regional Family Support Planning
Councils (RFSPCs)
Register Ready
Rehabilitation Act
Relay Conference Captioning91
Relay Services
Residential Disability and Oxygen
Emblems Program III
Resources for Caregivers
Respectacle
Respiratory Disease
Rutgers School of Dental Medicine 20
-

# S

Scleroderma I	35
Scleroderma Foundation I	35
Section 8 Housing Voucher Program	
and the State Rental Assistance	
Program (SRAP)	10
Safe Care Cam Program	69
Self-Employment Initiative	28
Self-Help Group Clearinghouse	61
Senior Dent Program	20
Senior Gold Prescription Drug	
Program	24
Senior Hands-On Retreat Experience	
(SHORE)	83

SEPTA Customized Community
Transportation Paratransit Service 36
Service Dogs 103
SHARP Program80
Sickle Cell Disease Association
of America 135
Social Security Disability Insurance
(SSDI) I
Social Security Administration
Redbook 1, 32
Social Services for the Homeless9
SPAN Parent Advocacy Network 50, 93
Special Child Health Services
Special Education, Office of45
Special Education Ombudsman,
Office of the45
Special Needs and Pooled Trust8
Special Needs Registry for
Disasters
Specialized Child Study Team 43, 92
Specified Low Income Medicare
Beneficiary (SLMB) 18
Spina Bifida Resource Network 136
Spinal Cord Injury 136
Stephen Komninos' Law77
St. Joseph's Home for the Blind87
St. Joseph's School for the Blind at
Concordia87
State Library Talking Book and Braille
Center
Statewide Respite Care Program67
Stroke/CVA 136
Substance Abuse Treatment Services 59
Suicide Prevention60
Supplemental Nutrition Assistance
Program (SNAP) 13
Supplemental Security Income(SSI) I
Support Services Providers of
New Jersey Program (SSP)84
Surrogate's Courts 100

#### Т

Telephone Assistance6
Temporary Assistance (TA) I
Temporary Disability Insurance
Text Telephone Relay91

The Americans with Disabilities Act (ADA)
The Center on Sensory and Complex
Disabilities
The Seeing Eye, Inc
Ticket to Work and Work Incentives
Improvement Act
Tourette Syndrome
Transplant
Transportation
Transportation Management
Associations (TMA)
Transportation Security
Administration 113
Traumatic Brain Injury (TBI) Fund 03
Traveling with a Disability 113

# U

-
United Spinal Association
Universal Service Fund (USF)4
US Access Board58
US Department of Homeland
Security III
US Office of Civil Rights, Federal
Transit Administration55
US Office of Disability Employment
Policy
US Small Business Administration 32
Utility Assistance Program04

#### V

Vet2Vet	96
Vet4Warriors	96
Veterans Benefits Hotline	96
Veterans Service Organizations	95
Veterans Services	95
Veterans Suicide Prevention	96
Video Relay Service	91
Vision Care Assistance	21
Vision Loss Alliance of NJ	87
Visually Impaired	79
Vocational Rehabilitation	
Voting Accessibility for the Elderly	
<b>e</b> , , , , ,	50
and Handicapped Act	50

# Index

# W

# Y

Youth Employment Solutions (YES)	
Program	



### **State of New Jersey**

Phil Murphy, Governor Sheila Oliver, Lt. Governor



### **Department of Human Services**

Carole Johnson, Commissioner



# Division of Disability Services Peri L. Nearon, Executive Director

IIA Quakerbridge Plaza PO Box 705 Trenton, NJ 08625-0705 1-888-285-3036 www.state.nj.us/humanservices/dds/home/