

New Jersey Department of Human Services

New Jersey Resources

2019-2020



This document is available on our website and will be updated periodically to reflect changes.

For additional assistance, to request copies, or to report corrections and updates, contact:



**PO Box 705
Trenton New Jersey 08625-0705
1-888-285-3036**

<https://www.state.nj.us/humanservices/dds/home/>

Email: Dianna.Maurone@dhs.state.nj.us

DISCLAIMER

The Division of Disability Services reserves the right to publish items selectively, as space permits. A listing does not imply the New Jersey Department of Human Services' (NJ DHS) endorsement of the program. The NJ DHS complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. NJ DHS does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. **The NJ DHS:**

- ❖ Provides free aids and services to people with disabilities to communicate effectively with us, such as: Qualified sign language interpreters
- ❖ Written information in other formats (large print, audio, accessible electronic formats, other formats)
- ❖ Provides free language services to people whose primary language is not English, such as: Qualified interpreters
- ❖ Information written in other languages

If you need these services or if you believe that the NJ DHS has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, please contact: **NJ Civil Rights Coordinator, NJ Department of Human Services, Office of Legal and Regulatory Affairs, PO. Box 700, Trenton, New Jersey 08625-0700; 609-777-2026; DHS_CO.OLRA@dhs.state.nj.us.**

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/> or by mail or phone at: **U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 1-800-537-7697 (TDD).** Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Department of Human Services New Jersey Resources 2019-2020



State of New Jersey Department of Human Services

P.O. BOX 700
TRENTON NJ 08625-0700

PHILIP D. MURPHY
Governor

Carole Johnson
Commissioner

March 35, 2019
Shella Y. Oliver
Lt. Governor

Dear New Jerseyans:

We are excited to bring you the 2019 New Jersey Resources Directory! The guide is a comprehensive resource identifying the various programs and services the Department of Human Services offers to New Jersey residents, caregivers and advocates.

In this guide, a family can find out more information on how to apply for food, income and employment assistance, as well as health care and much more. A caregiver can get information on support programs and services to assist them in caring for their loved ones. And individuals with disabilities and their families can get information on various services that include in-home supports, vocational rehabilitation, and education.

If you have any questions or need further assistance, you can reach our certified Information and Referral specialists through the Division of Disability Services toll-free at 1-888-285-3036. We hope you find this resource of assistance.

Sincerely,

Carole Johnson
Commissioner

Hotlines

Disability Related Information and Referral

NJ Division of Disability Services (DDS)

1-888-285-3036

For assistance navigating statewide disability-related supports and services

Aging and Disability Resource Connection (ADRC)

1-877-222-3737

For assistance navigating statewide caregiver and other services available for older NJ residents

NJ Division of Developmental Disabilities (DDD)

1-800-832-9173

For accessing services for adults (ages 21 and older) with intellectual/developmental disabilities

PerformCare

1-877-652-7624

For accessing services for children and adolescents (up to age 21) with behavioral health challenges, emotional challenges, and/or intellectual/developmental disabilities

NJ Division of Deaf and Hard of Hearing

1-800-792-8339

Commission for the Blind and Visually Impaired

1-877-685-8878

General Information and Referral

NJ 2-1-1 provides a 24/7 call center to connect with services available in your local community.

Dial 2-1-1 OR text your zip code to 898-211 or visit their website at: <http://www.nj211.org/>

Veterans

Veterans Benefit Hotline

1-888-865-8387

NJ Veterans Counseling Hotline

1-866-838-7654

National Suicide Prevention Hotline

1-800-273-8255 (for Veteran's Crisis Line, press 1)

Insurance/Medical Assistance Hotlines

NJ FamilyCare

1-800-701-0710

NJ FamilyCare Fraud and Abuse Hotline

1-888-937-2835

NJ Medicare Information Line (State Health Insurance Assistance program, SHIP)

1-800-792-8820

Pharmaceutical Assistance to the Aged and Disabled (PAAD)/ Lifeline Program

1-800-792-9745

Medicare

1-800-633-4227

Department of Human Services New Jersey Resources 2019-2020



Mental Health/ Addictions Hotlines

NJ Hopeline
(suicide prevention)
1-855-654-6735

**NJ Disaster Mental Health
Helpline**
1-877-294-4357

NJ Mental Health Cares
1-866-202-4357

Addictions Access Center
1-844-276-2777

NJ Addictions Hotline
1-800-238-2333

NJ Connect for Recovery
1-855-652-3737

NJ Quitline
1-866-657-8677

Peer Recovery Warmline
1-877-292-5588

ReachNJ (Addictions Helpline)
1-844-732-2465

**NJ Council on Compulsive
Gambling**
1-800-426-2537

Abuse/Neglect/ Exploitation

In immediate danger, call 911

Child Abuse
1- 877-652-2873

Health Care Facility Complaints
1-800-792-9770

Long Term Care Ombudsman
1-877-582-6995

Adult Protective Services
1-800-792-8820

**Traumatic Brain Injury (TBI)
and Division of Developmental
Disabilities (DDD) Funded Living
Arrangements**
1-800-832-9173

Domestic Violence
1-800-572-7233

Childcare Related

New Jersey Child Care Helpline
1-800-332-9227

Child support
1-877-655-4371

SAFE HAVEN
1-877-839-2339

Other

Home Energy Assistance Hotline
1-800-510-3102

New Jersey Poison Control
1-800-222-1222





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Chapter 1: Income Assistance

Work First New Jersey (WFNJ): Temporary Assistance for Needy Families (TANF) and General Assistance (GA)

New Jersey's public assistance program is called Work First New Jersey (WFNJ). The program for families is known as Temporary Assistance for Needy Families (TANF) and the program for single adults and couples without children, is known as General Assistance (GA). To be eligible for TANF, a family of three can have a gross monthly income of \$700. To be eligible for GA, a single adult can have a gross monthly income of \$231. WFNJ provides monthly cash assistance, short-term housing support, child care, employment and training services. You can pre-screen or apply online by visiting www.NJHelps.org or in person at your county board of social services. See Appendix 2.

Supplemental Security Income (SSI)

Supplemental Security Income (SSI) is a federal program that provides monthly payments to certain people who have limited income and few resources. The basic monthly SSI payment for 2019 is the same nationwide. It is: \$771 for one person; or \$1,157 for a couple, but not everyone gets the same amount. Where and with whom you live also makes a difference in the amount of your SSI payment. In New Jersey, SSI recipients also receive NJ FamilyCare (Medicaid).

Eligibility: US residents who are 65 or older & those of any age, including children, who are blind or who have disabilities may be eligible if they also meet income and resource guidelines. **To apply for an adult, please visit:** www.socialsecurity.gov/applyforbenefits or call Social Security **to schedule an in-person or telephone appointment** 1-800-772-1213.

Eligibility for children has different rules and is based on parental income. While a portion of the application for children can be completed online, you must schedule an in-person or telephone appointment to submit the full application for children. **For more information about benefits for children, please visit:** <https://www.ssa.gov/benefits/disability/apply-child.html> or call 1-800-772-1213.

Social Security Disability Insurance (SSDI)

The Social Security Disability Insurance (SSDI) program pays benefits to workers who have a permanent disability and their families. To be eligible for SSDI, you must be determined to have a permanent disability and must have earned a minimum



Receiving Social Security Disability and considering working?

The social security administration publishes the *Redbook: a Helpful Guide to Social Security Work Incentives*.

Find a copy here:
www.ssa.gov/redbook/

Go to chapter 7 to
learn more about
Social Security work
incentives.



Chapter I

Income Assistance

number of credits from work covered under Social Security. The required number of credits varies depending on your age at the time you became disabled.

You should apply as soon as you become permanently disabled. While disability determinations can be processed faster for certain conditions that are noted on the compassionate allowances list, processing an application can take three to five months.

To learn more or to apply, please visit: www.socialsecurity.gov or call **Social Security at 1-800-772-1213** to schedule an in-person or telephone appointment.



Maternity Leave Coverage

Temporary Disability Insurance provides benefits for expectant mothers when they need to stop working before giving birth and while recovering afterward.

Family Leave Insurance provides benefits after the recovery period so new parents can bond with their babies during the first year. This benefit is available to mothers, fathers, and adoptive parents.

Learn more at: <https://myleavebenefits.nj.gov/>



Temporary Disability Insurance

Temporary Disability Insurance provides cash benefits to New Jersey workers who suffer an illness, injury, or other disability that prevents them from working and wasn't caused by their job. Most employers in New Jersey are required to have Temporary Disability Insurance for their employees. Employers may choose an insurance plan offered by the state or by a private insurance company. Ask your employer which coverage you have.

If you are covered by the state plan, you can apply for temporary disability insurance benefits online, by mail, or fax. Applying online is fastest and easiest and can be done through a secure portal. Learn more at: <https://myleavebenefits.nj.gov/>. **If you are covered by a private insurance company, your employer will tell you how to file a claim.**

Family Leave Insurance

Family Leave Insurance provides New Jersey workers cash benefits for up to six weeks to bond with a newborn or newly adopted child, or to provide care for a seriously ill or injured family member. While most New Jersey workers who take family leave are covered under the State's family leave program, some employers provide Family Leave Insurance through a plan with a private insurance carrier instead. If you are not sure about your coverage, ask your employer. You can apply for Family Leave Insurance benefits online, by mail, or fax. **Applying online is fastest and easiest and can be done through a secure portal.**

Several changes improving and expanding this benefit will begin in July 2020, including an increase in the eligibility period from six to 12 weeks. **Apply and learn more at** <https://myleavebenefits.nj.gov/>

Workers' Compensation

Workers' compensation provides medical treatment, wage replacement and permanent disability compensation to employees who suffer job-related injuries or illnesses, and death benefits to dependents of workers who have died as a result of their employment. Applications can be submitted online. Learn more at: https://www.nj.gov/labor/wc/wc_index.html or call 609-292-2515.



Chapter 2: Financial Assistance Programs

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Catastrophic Illness in Children Relief Fund

The Catastrophic Illness in Children Relief Fund is a financial assistance program for New Jersey Families whose children have an illness or condition and, as a result, have incurred expenses that remain uncovered by insurance, State or Federal programs, or other sources, such as fundraising. The child must have been 21 years old or younger when the expenses were incurred. In order to be eligible, qualified uncovered expenses must exceed 10 percent of the family's income (plus 15 percent of any income over \$100,000). Families may reapply annually. Applications may be submitted online at: <https://njcatastrophicfund.dhs.state.nj.us/cicrf/> or requested by calling 1-800-335-3863. For more information, please visit www.state.nj.us/humanservices/cicrf/home/.

Traumatic Brain Injury (TBI) Fund

The TBI Fund provides New Jersey residents of any age, who have survived a Traumatic Brain Injury, the opportunity to access the brain injury related services and supports they need to live in the community. The Fund subsidizes supports and services to foster independence and maximize quality of life when insurance, personal resources, and/or public programs are unavailable to meet those needs. An eligible applicant must be a NJ resident for at least 90 days prior to the application date, have liquid assets less than \$100,000, and have a medically documented traumatic brain injury. **Contact the Division of Disability Services (DDS) at 1-888-285-3036 to request an application or visit their website for more information:** <https://www.state.nj.us/humanservices/dds/services/tbis/tbifund/>

Housing and Utility Assistance

Homeownership Preservation Foundation

The Homeownership Preservation Foundation (HPF) is a nonprofit group that helps financially challenged homeowners navigate their budget problems and, whenever possible, helps them to avoid mortgage foreclosure. For more information, please call 1-888-995-4673 or visit: www.995hope.org

The resources listed on pages 4-5 provide options for help paying utility bills. For an online list of all programs, please visit: www.bpu.state.nj.us/bpu/assistance/programs.

❖
**For additional
housing assistance
resources,
see chapter 3.**
❖

Chapter 2

Financial Assistance Programs

Payment Assistance for Gas & Electric

PAGE is a state-funded utility assistance program designed to assist low to moderate income families in New Jersey with up to \$1,500/year in benefits to pay their utility bills.

Eligible applicants cannot be receiving or be eligible for a Universal Service Fund (USF) benefit or a Low Income Home Energy Assistance Program (LIHEAP) benefit and must be facing a crisis situation that includes a documented notice of overdue payment for gas and/or electric service, and have a past history of making regular payments towards their utility bills. For more information or to apply, **please call 1-855-465-8783** or visit: www.NJpoweron.org.

NJ SHARES

NJ SHARES is a non-profit corporation that provides assistance to income eligible households in paying their energy, telephone and water bills. Applicants must be ineligible for any other types of utility assistance. Information regarding eligibility and how to apply can be made at any of the participating social service agencies throughout the state as listed here: <http://www.njshares.org/whereToApply/index.asp> or by phone at 1-866-657-4273.

Low Income Home Energy Assistance Program (LIHEAP) and Universal Service Fund (USF)

LIHEAP and USF are two utility assistance programs designed to help low income households. LIHEAP helps pay for heating costs and certain medically-necessary cooling expenses and USF helps low-income households pay for their electric and natural gas costs. Applicants can qualify even if their heating and cooling costs are included in their rent. One application serves both programs. Typically applications for LIHEAP are accepted from October 1st through April 30th of each year, but this year, that deadline has been extended to August 31, 2019. However, you can apply for USF any time of the year. Applicants for both programs must meet qualifying income guidelines. Income eligibility criteria for USF are lower than income eligibility criteria for LIHEAP. Eligibility for USF is also based on how much you pay for energy each year. You can apply at several agencies throughout the state. For more information or for a list of agencies where you can apply, **please call 1-800-510-3102** or visit: <https://www.state.nj.us/dca/divisions/dhcr/offices/agencydirectorylist.html>.

Fresh Start: Fresh Start, a special program under USF, allows eligible New Jersey households participating in USF for the first time to earn forgiveness for pre-existing arrearages by making full, on-time payments for 12 months. You

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cannot apply for Fresh Start, but if you are eligible you will be enrolled by your utility company and receive information about the program in the mail. For more information **please call 1-866-240-1347**.

NJ Lifeline Credit Program

Lifeline is administered by the NJ Dept. of Human Services and provides a \$225 annual energy benefit to seniors and people with disabilities who meet the pharmaceutical assistance to the aged and disabled (PAAD) eligibility requirements or who receive SSI. The benefit is also available to customers who have electric and/or gas costs included in their rent. For more information, **call 1-800-792-9745**. To see annual income limits and to apply, complete an application at **NJSAVE: <https://njdoas-ua.force.com/njsave/quickstart>**

Winter Termination Program

Administered by the board of public utilities, the Winter Termination Program (WTP) protects specific categories of customers from having their gas or electric shut off between November 15th and March 15th. Those enrolled in specific programs (such as SSI, Temporary Assistance to Needy Families, USF and Lifeline) are protected by WTP, and an additional “catch-all” category is included for people unable to pay their utility bills because of circumstances beyond their control such as unemployment or illness. For more information, **please call 1-800-624-0241**.

Comfort Partners

This program is designed to improve energy affordability for income eligible households through direct installation of free energy efficiency measures and education about steps to save energy. For more information or to apply, **please call 1-888-773-8326** or visit: **<http://www.njcleanenergy.com/residential/programs/comfort-partners/comfort-partners>**

New Jersey Weatherization Assistance Program (NJWAP)

This program assists income eligible NJ residents in weatherizing their homes, improving their heating system efficiency and conserving energy. The NJ WAP contracts with a network of community based organizations that deliver weatherization throughout the State. For more information **call 609-984-1947**.

Chapter 2

Financial Assistance Programs



Did you know?

The New Jersey Motor Vehicle Commission (MVC) provides a discount on the cost of vehicle registration to SSI, PAAD and Lifeline recipients.

In order to receive this discount, PAAD recipients must provide a current PAAD eligibility card at the time of vehicle registration. Lifeline only and SSI recipients should provide a letter showing their eligibility in these programs (letter can be obtained from the Division of Aging Services) at the time of vehicle registration.

For more information, contact the MVC at (609) 292-6500.



Telephone Assistance

The telephone assistance program provides a discount on your monthly bill. Eligibility is determined based on your income or participation in other assistance programs. In general, if you participate in any of the following programs you also may qualify for telephone assistance: Supplemental Security Income (SSI), Temporary Assistance to Needy Families/Work First New Jersey (TANF), General Assistance (GA), Lifeline Utility Credit/Tenants Lifeline Assistance, Pharmaceutical Assistance to the Aged and Disabled (PAAD), Supplemental Nutrition Assistance Program (SNAP), Home Energy Assistance Program (LIHEAP/HEAP), Medicaid, Federal Public Housing Assistance, National School Lunch Program. The following providers participate in Lifeline Assistance and Link Up programs in New Jersey:

1) Verizon New Jersey:

Call NJSHARES regarding Communications Lifeline at 1-888-337-3339
www.njshares.org/otherPrograms/communications-lifeline.asp

2) CenturyLink/United Telephone Company of New Jersey:

1-800-201-4099
www.centurylink.com/Pages/Support/LifeLine

3) Warwick Valley Telephone:

1-800-952-7642
www.momentumtelecom.com

4) SafeLink Wireless:

1-800-977-3768
www.safelink.com

5) Virgin Mobile:

Call Assurance Wireless at: 1-888-898-4888
www.assurancewireless.com

Property Tax Reimbursement ("Senior Freeze")

The Senior Freeze Program reimburses eligible senior citizens and individuals with disabilities for property tax or mobile home park site fee increases on their principal residence. For eligibility guidelines and information on how to apply, please call 1-800-882-6597 or visit: www.state.nj.us/treasury/taxation/ptr/



Auto Insurance Assistance

The Special Automobile Insurance Policy (SAIP) is an initiative to help make limited coverage auto insurance available to drivers who are likely to go uninsured because of limited financial resources. The policy costs \$365 for the year and is available to people who are currently enrolled in some, not all, NJ FamilyCare programs. For more information on eligibility and application **call 1-800-652-2471** or visit: https://www.state.nj.us/dobi/division_consumers/insurance/saip.htm

Saving Money for Disability Related Expenses

NJ Achieving a Better Life Experience (NJ ABLE)

With NJ ABLE, qualified individuals with disabilities can save for disability-related expenses in tax advantaged savings accounts without losing eligibility for certain assistance programs like Supplemental Security Income (SSI) and Medicaid. Allowable expenses are not limited to medical necessity and can include: education, housing, transportation, personal support services, and more. The individual with the disability is the account owner but anyone can contribute to the account. Income earned by the account is not taxed. Also, balances of \$100,000 or less are excluded from the SSI resource limit. If an individual's balance exceeds \$100,000, the SSI cash benefit will be suspended, but he/she will continue to be eligible for Medicaid regardless of the account balance.

Eligibility:

To be eligible, individuals must meet two requirements:

- 1) Their disability was present before age 26; and
- 2) One of the following is true:
 - ❖ They are eligible for SSI or SSDI because of a disability
 - ❖ They experience blindness as determined by the Social Security Act; OR
 - ❖ They have a similarly severe disability with a written diagnosis from a licensed physician.

Apply online: <https://savewithable.com/nj/home.html>

Have questions? Call NJ ABLE at 1-888-609-8869 or email at: nj.clientservice@savewithable.com

NJ ABLE is administered in partnership with the contracted program manager, Ascensus College Savings Recordkeeping Services.



Want more
information on NJ
ABLE?

The Division of
Disability Services
(DDS) is available
to host **NJ ABLE
Presentations** at
your request. To
schedule an **NJ
ABLE** presentation
or to request
brochures, please
contact DDS at
1-888-285-3036.



Chapter 2

Financial Assistance Programs

Special Needs and Pooled Trust

Special Needs Trust (SNT) are legal entities which are established by placing funds and other assets under the control of a trustee for the financial protection of an individual with a disability. Until the ABLE Act became law, creating a SNT was the only legal way to save money without sacrificing eligibility for government benefits. There are three distinct types of Special Needs Trusts: third party/supplemental trusts, first party/pay-back or self-settled/d(4)(A) trusts, or pooled Special Needs Trusts. The funds in the special needs trust supplement but do not supplant government benefits.

Generally, Special Needs Trusts are easy to tailor to specific needs and can handle larger sums of money, for example, from a settlement. However, in New Jersey, a SNT must be established in accordance with specific Medicaid guidelines in order to preserve an individual's eligibility for benefits.

For more information, visit: <https://www.state.nj.us/humanservices/dmahs/clients/snt.html>

See Appendix 6 for a comparison of ABLE Accounts and Special Needs Trusts.



Chapter 3: Housing and Homelessness Assistance

3

Emergency Assistance (EA)

Supplemental Security Income (SSI) recipients and WorkFirstNJ clients (individuals or families receiving public assistance) facing immediate risks of homelessness and those who have experienced a substantial loss of housing, food, clothing or household furnishings due to a disaster may receive emergency assistance (EA) for a limited period of time. EA benefits may include, but are not limited to: essential food, clothing, shelter and household furnishings; temporary rental assistance or back rent or mortgage payments; utility payments (such as heat, water, and electric); transportation to search for housing; and moving expenses. Contact your County Board of Social Services to request EA. See *Appendix 2 for a list of County Boards of Social Services*.


**Homeless
Hotlines**

Call 2-1-1


Social Services for the Homeless

The Social Services for the Homeless program provides assistance to families and individuals who are homeless or at risk of becoming homeless, but are not eligible for WorkFirstNJ (usually because income is too high). The program provides emergency food, emergency shelter, and payment of security or utility deposits as well as back rent, mortgage and utilities costs. These services, which are available on a 24-hour emergency basis, also include referral services and limited case management.

Call 2-1-1 for a list of agencies in your county or visit <https://www.state.nj.us/humanservices/dfd/programs/ssh/>

Homeless Hotlines

A Homeless Hotline for each county is available as a 24/7 resource to assist the homeless in locating shelter. To get further details on a county's homeless hotline and available shelters, search the 2-1-1 database using the term: 'emergency shelter clearinghouses' at <https://www.nj211.org/homeless-hotlines> or **call 2-1-1**.

Chapter 3

Housing and Homelessness Assistance

New Jersey Housing Resource Center (NJHRC)

The New Jersey Housing Resource Center has an online tool that will allow you to search thousands of affordable, subsidized and market rate units throughout New Jersey. You can customize your search based on your specific needs, budget and desired location. The NJHRC is free, anonymous, and updated regularly. To access the NJHRC, go to: <https://nj.gov/njhrc/> or call 1-877-428-8844.

The Section 8 Housing Voucher Program and the State Rental Assistance Program (SRAP)

Based on the premise that housing costs (rent and utilities) should not exceed 30 percent of a household's income, these programs assist in making safe and quality housing in the private rental market affordable to low and very low-income households by reducing housing costs through direct rent subsidy payments to landlords. There are waiting lists for these programs. To see if the waiting lists are accepting pre-applications, please visit the statewide open enrollment waiting list site at: <https://www.nj.gov/dca/vouchers.html>

(609) 292-4080

Email: customer.service@dca.nj.gov



Homelessness Prevention Programs

Provide limited financial assistance to low and moderate income tenants in imminent danger of eviction due to temporary financial problems beyond their control. Funds are used to disburse payments in the forms of loans and grants to landlords on behalf of eligible households. You must have an eviction or foreclosure notice in order to be eligible for this program. For more information or to apply, please contact the number below to connect with the agency serving your County of residence.

<https://www.state.nj.us/dca/divisions/dhcr/offices/hpp.html>

Atlantic County	609-822-1108
Bergen County	201-488-5100 x7041
Burlington County	609-835-4329 x4721
Camden County	856-964-6887
Cape May County	609-822-1108
Cumberland County	856-692-2331
Essex County	973-266-7991
Gloucester County	856-845-9200
Hudson County	201-688-7234
Hunterdon County	908-782-2490
Mercer County	609-989-9417
Middlesex County	732-638-2870
Monmouth County	732-775-0525 x214
Morris County	908-454-7000 x118
Ocean County	732-244-5333
Passaic County	973-279-7100
Salem County	856-299-1296
Somerset County	908-454-7000 x118
Sussex County	908-454-7000 x118
Union County	908-351-7727
Warren County	908-453-2194

Chapter 3 Housing and Homelessness Assistance

Community Action Agencies (CAA)

Offer various programs to assist low income families and individuals, such as: rental assistance, housing rehabilitation, weatherization, relocation assistance, and family self-sufficiency. For more information or to apply, please contact the number below to connect with the agency serving your County of residence. <https://www.nj.gov/dca/divisions/dhcr/offices/caalist.html>

Atlantic County	732-244-5333
Bergen County	201-968-0200
Burlington County	609-835-4329
Camden County	856-964-6887
Cape May County	732-244-5333
Cumberland County	856-451-6330
Essex County	973-395-8350
(Newark only):	973-642-0181
Gloucester County	856-451-6330
Hudson County	201-437-7222, 201-547-6910, 201-656-3711, 201-210-0100
Hunterdon County	908-454-7000
Mercer County	609-989-6964, 609-392-2161
Middlesex County	732-324-2180, 732-828-4510
Monmouth County	732-389-2958
Morris County	908-454-7000
Ocean County	732-244-5333
Passaic County	973-881-2834, 973-279-2333, 973-472-2478
Salem County	856-451-6330
Somerset County	732-846-8888
Sussex County	908-454-7000
Union County	908-753-3519, 908-527-4883
Warren County	908-454-7000

New Jersey Housing And Mortgage Finance Agency (NJHMFA)

The goal of the New Jersey Housing and Mortgage Finance Agency (NJHMFA) is to encourage the production of affordable housing for all New Jersey citizens. The NJHMFA provides a variety of programs to help prospective homebuyers purchase a home including first time homebuyer and down payment assistance programs, among others.

To learn more about their programs, please visit: <https://theroadhomenj.com/> or their full site at: <https://www.njhousing.gov/dca/hmfa/> or call 1-800-654-6873.



Chapter 4: Food Assistance

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Food Pantries/Soup Kitchens:

To locate local food pantries or soup kitchens, visit: <https://www.nj211.org/> or call: **NJ 2-1-1** or text your zip code to **898-211**

Supplemental Nutrition Assistance Program (NJ SNAP)

NJ SNAP is a food assistance program to help individuals and families with low-incomes buy the groceries needed to eat healthy. To be eligible for NJ SNAP, a single person can have a gross monthly income of \$1,872. A household size of three can have a gross monthly income of \$3,204. Eligibility depends on your household's income, size and resources.

You can apply in person at your County Board of Social Services. If you are unable to get to the county Board of Social Services due to illness or disability, you may send an authorized representative on your behalf or request a telephone interview

You also can pre-screen or apply online by visiting www.NJHelps.org. This is a quick and easy way to find out if you might be able to get help. Screening takes about 5-10 minutes to complete and submitting an application takes about 20-45 minutes.

Households in which all members are applicants for or recipients of Supplemental Security Income (SSI), may apply for NJ SNAP at the Social Security District office at the same time you apply for SSI.

NJ SNAP Hotline number: 1-800-687-9512

www.NJSNAP.gov



For information regarding home delivered meals and congregate nutrition programs for individuals 60 or older, contact your County Aging and Disability Resource Connection.

See Appendix 3



Supplemental Nutrition-New Jersey WIC

The Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides supplemental nutritious foods, nutrition education, breastfeeding promotion and support, immunization screening, and health care referrals to pregnant women, women who have delivered a child within the last six months, breastfeeding women who have delivered a child within the last year, and infants and children under five years old.

For local WIC agencies, call: 1-800-328-3838

www.nj.gov/health/fhs/wic/index.shtml





CHAPTER 5. Health Insurance and Healthcare Assistance

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The Affordable Care Act (ACA)

The Affordable Care Act (ACA) offers affordable health insurance for eligible residents. Under the ACA, millions of Americans have benefited by having access to doctors, medical professionals and others. Marketplaces or exchanges offer consumers and small businesses a choice of standardized health plans. For the most part, these marketplaces serve people who are not offered insurance by a large employer. Enrollment periods are limited; however, special enrollment opportunities are available throughout the year under certain circumstances.

Telephone: 1-800-318-2596

www.healthcare.gov

NJ FamilyCare

NJ FamilyCare, New Jersey's publicly funded health coverage program, provides health coverage to children; pregnant women; parents; caretaker relatives; single adults; childless couples; individuals who are elderly, blind, and have disabilities; and individuals qualified for long-term care services. NJ FamilyCare's comprehensive health coverage program provides a wide-range of services including: doctor visits, hospital services, prescriptions, tests, vision care, mental health care, dental, nursing home care and other healthcare services, depending on the person's eligibility category. Most NJ FamilyCare beneficiaries are enrolled in managed care. With managed care, a managed care organization health plan, also known as an MCO, coordinates an individual's health care needs. **See the panel on the right for MCO contact information.**



MCO Contact Numbers

**Aetna Better Health
of NJ**

1-855-232-3596

Amerigroup

1-800-453-4080

Horizon NJ Health

1-800-682-9090

**UnitedHealthcare
Community Plan**

1-800-941-4647

WellCare

1-888-453-2534



How to Apply to NJ Family Care:

The fastest way to apply is online at: www.njfamilycare.org/apply

If you need help enrolling, please visit: <http://www.njfamilycare.org/>
or call 1-800-701-0710.

Are you an individual with a permanent disability who is working and earning too much to qualify for Medicaid, but need Medicaid to access services? If so, see page 31 for information regarding NJ WorkAbility.

Chapter 5

Health Insurance and Healthcare Assistance

Medicaid At A Glance

Medicaid services may include:

- ❖ Certified Nurse Practitioner/ Clinical Nurse
- ❖ Specialist Services
- ❖ Chiropractic Services
- ❖ Dental Services
- ❖ Early and Periodic Screenings, Diagnosis, and Treatment (under age 21 only)
- ❖ Family Planning Services
- ❖ Maternity and Pediatric Care Services
- ❖ Home Care Services/ Personal Care Assistance
- ❖ Hospice Services
- ❖ Inpatient and Outpatient Hospital Services
- ❖ Laboratory and Radiological Services
- ❖ Medical Day Care Services
- ❖ Medical Supplies and Equipment
- ❖ Nursing Facility Services
- ❖ Optometric Services and Optical Appliances
- ❖ Pharmaceutical Services
- ❖ Physician Services
- ❖ Podiatric Services
- ❖ Prosthetic and Orthotic Devices and Hearing Aids
- ❖ Psychological and Mental Health Services
- ❖ Rehabilitative Services
- ❖ Medical Transportation Services coordinated through Logisticare

Questions About Your Medicaid Benefit?

Call Your County Medical Assistance Customer Centers (MACC):

Atlantic / Burlington / Camden/ Cape May / Cumberland / Gloucester / Mercer / Salem Counties **(856) 614-2870**

Bergen / Passaic / Morris / Sussex / Warren Counties **(973) 977-4077**

Essex County / Hudson County **(973) 648-3700**

Monmouth / Ocean / Middlesex / Hunterdon / Somerset / Union Counties **(732) 863-4400**



Medicare

www.medicare.gov

1-800-Medicare (1-800-633-4227)

Medicare is the federal health insurance program for:

- ❖ People who are 65 or older
- ❖ Certain younger people with disabilities
- ❖ People with End-Stage Renal Disease (permanent kidney failure requiring dialysis or a transplant, sometimes called ESRD)

Medicare coverage is divided into four parts: Part A, Part B, Part C and Part D. Different parts of Medicare cover different services. See the guide on page 19 for the breakdown of coverage. Some people get Medicare Part A (Hospital Insurance) and Medicare Part B (Medical Insurance) automatically and other people have to sign up for it. In most cases, it depends on whether you're getting Social Security benefits. If you aren't getting benefits from Social Security or the Railroad Retirement Board at least 4 months before you turn 65, you'll need to sign up with Social Security to get Part A and Part B. Because you must pay a premium for Part B coverage, you can turn it down. However, if you decide to enroll in Part B later, you may have to pay a late enrollment penalty for as long as you have Part B coverage.

While costs vary, Medicare typically pays 80 percent of the cost of covered services while you are responsible for the remaining 20 percent plus any required coinsurance or deductibles for each benefit period.

When to apply for Medicare: You should sign up for Medicare three months before reaching age 65, even if you are not ready to start receiving retirement benefits. During the Medicare application, you can opt out of receiving cash retirement benefits and will always have the option to apply for them later.

How to Apply for Medicare

On-line at <https://www.ssa.gov/benefits/medicare/>

OR

Call Social Security at 1-800-772-1213 or visit your local Social Security Office. Find a list of local offices here: <https://secure.ssa.gov/ICON/main.jsp>

Chapter 5

Health Insurance and Healthcare Assistance

Need Help paying Medicare part B premiums?

New Jersey offers Medicare Part B premium assistance to individuals meeting income and asset guidelines.

If you also have NJ FamilyCare, your Medicare Part B premium may be paid for you through the Qualified Medicare Beneficiary (QMB) program.

If you are not eligible for NJ FamilyCare, you may be eligible for Part B premium assistance through **the Specified Low Income Medicare Beneficiary (SLMB) program**. The SLMB program pays partial or full Medicare Part B premiums for eligible participants.

Eligibility for SLMB:

- ❖ Must be a New Jersey resident
- ❖ Must not be financially eligible for the Qualified Medicare Beneficiary (QMB) program under NJ FamilyCare
- ❖ Must not exceed income or asset eligibility limits:
 - SLMB - \$16,872* for single and \$22,836* for married couples
 - Liquid assets may not exceed \$7,730* for single persons or \$11,600* for married couples

**Reflects 2019 limits*



Medicare Coverage at a Glance

Part A: (Hospital Insurance) Covers inpatient hospital stays, care in a skilled nursing facility, hospice care, and some home health care.

Part B: (Medical Insurance) Covers certain doctors' services, outpatient care, medical supplies, and preventive services.

Part D: (Prescription drug coverage) Covers medically approved pharmaceuticals. Monthly costs vary by plan.

Medicare Advantage (also known as Part C) is an all-in-one managed care alternative to original Medicare. These plans include Part A, Part B, and usually Part D, and are typically purchased through a monthly premium. Several companies offer Medicare Advantage plans at varying costs and levels of coverage. The choice is yours.

For more Medicare information:

Watch Medicare & You at:

<https://www.youtube.com/watch?v=WZVQSFBq2uw&feature=youtu.be>

Visit: www.medicare.gov

Call: 1-800-Medicare (1-800-633-4227)

Need help figuring all of this out?

New Jersey provides free Medicare Counseling services through local **State Health Insurance Assistance Program (SHIP)** offices.

Trained volunteers can provide information and assistance to assist Medicare beneficiaries in evaluating health insurance options, as well as those who have problems or questions about their health insurance.

Telephone:
1-800-792-8820

Federally Qualified Health Centers (FQHCs)

Federally Qualified Health Centers (FQHCs) are community based programs that provide primary and preventive healthcare, regardless of a patient's ability to pay.

To find a FQHC in New Jersey, visit <https://www.njpca.org/locate-center/>

The New Jersey Hospital Care Payment Assistance Program (Charity Care)

Charity Care is a payment assistance program available to uninsured or underinsured patients for inpatient and outpatient services at all acute care hospitals throughout New Jersey. Patients who meet income and asset criteria may receive medically necessary services at reduced fees or free. Eligibility is determined at the hospital where the medical service is provided when the completed application is submitted.

For more information: 1-866-588-5696

For Spanish: 609-292-4715

Chapter 5

Health Insurance and Healthcare Assistance

Dental Care Assistance

The following resources offer reduced cost dental services to eligible individuals who are uninsured or underinsured:

Dental Lifeline Network

New Jersey

PO Box 2117

Edison, NJ 08818

(732) 821-3056

<https://dentallifeline.org/new-jersey/>

Rutgers School of Dental Medicine

110 Bergen Street

Newark, NJ 07101

(973) 972-7370

<http://sdm.rutgers.edu/patients/njds.htm>

Matheny Center of Medicine & Dentistry

PO Box 339

Peapack, NJ 07977

(908) 234-0011

<http://www.matheny.org/center-of-medicine-dentistry>

NJDA Senior-Dent Program

c/o New Jersey Dental Association

1 Dental Plaza

North Brunswick, NJ 08902-6020

(732) 821-9400

<https://www.njda.org/for-the-public/dental-clinics-programs>

The New Jersey Dental Clinic

Directory is designed to assist people who have difficulty accessing dental care due to insurance or financial constraints.

https://www.state.nj.us/health/fhs/oral/documents/dental_directory.pdf



Hearing Aid Assistance

New Jersey Hearing Aid Project

Through this innovative project launched by the New Jersey Division of the Deaf and Hard of Hearing, Montclair State University, and Sertoma/Hearing Charities of America, used hearing aids are collected, reconditioned, and dispensed free to eligible seniors in need. Eligible New Jersey Residents must be 65 years of age or older and have an income of no more than 250 percent of the federal poverty level - \$27,189 if single and \$33,334 if married. **For more information on this program and other services for individuals who are deaf or hard of hearing, see chapter 20.**

Hearing Aid Assistance to the Aged and Disabled (HAAAD)

This program provides a \$100 reimbursement to eligible recipients to offset the purchase of a hearing aid. Income for 2019 must be less than \$27,951 if single or less than \$34,268 if married. **For more information: 1-800-792-9745**

Vision Care Assistance

Project Best: Better Eye Health Services and Treatment

Through the Commission for the Blind and Visually Impaired, this program offers free eye screenings to preschoolers, adults, individuals with diabetes, and migrant workers. **For more information on this program and other services for individuals who are blind or visually impaired or deaf/blind, see chapter 19.**

EyeCare America

Offers medical eye exams at no cost to eligible individuals.

<https://www.aao.org/eyecare-america>

Local Lions Club

Local Lions Clubs may provide eyeglasses or assistance for individuals with vision care needs. They may also know of other local resources in your area. Contact your local Lions Club for more information. **To locate the Lions Club nearest you, contact either the Chamber of Commerce or visit www.lionsclubs.org**

New Eyes for the Needy

Provides vouchers for new eyeglasses for those with financial need and no other resources, public or private, to pay for glasses. Program accepts applications from third parties such as social service agencies or health professionals who are able to document financial needs of clients.

For more information: (973) 376-4903 or www.new-eyes.org

Chapter 5

Health Insurance and Healthcare Assistance

Prevent Blindness

Patients who participate in a vision screening through Prevent Blindness, a Prevent Blindness affiliate or one of the organization's many health program partners, and receive a referral for an exam to an eye care professional, may then bring their new prescription with the card to participating locations. **For more information about this Eyeglass Program, please call 1-800-331-2020 or visit:**

<https://www.preventblindness.org/>

Respectacle

Donates free, used eyeglasses. Users need to enter their prescription on-line and fill out some basic demographic information. Used eye glasses will be mailed within 7 to 10 days of order. No additional paperwork required.

Visit: www.respectacle.org/





Chapter 6: Pharmaceutical Assistance

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Pharmaceutical Assistance to the Aged and Disabled (PAAD)

The Pharmaceutical Assistance to the Aged and Disabled (PAAD) program is a state-funded program that helps eligible older adults and individuals with disabilities save money on their prescription drug costs.

Eligibility for PAAD:

- ❖ You are a New Jersey resident;
- ❖ You are age 65 or older or between ages 18 and 64 and receiving Social Security Title II Disability benefits; and
- ❖ Your income for 2019 is less than \$27,951 if single, or less than \$34,268 if married.
- ❖ Medicare-eligible PAAD beneficiaries are also required to enroll in a prescription drug plan. PAAD will pay the monthly premium for certain standard basic Part D plans with a monthly premium at or below the regional benchmark, or standard basic plans or enhanced plans up to \$20 above the benchmark amount that have no deductible. These plans will cover medically necessary prescription medications under Medicare Part D. The federal Medicare Plan and/or PAAD will pay any costs above the PAAD copayment of \$5 for each covered generic drug or \$7 for each covered brand name drug, including premiums. However, if a Medicare Part D plan does not pay for a medication because the drug is not on its formulary, PAAD beneficiaries will have to switch to a drug on their Part D plan's formulary, or their doctor will have to request an exception due to medical necessity directly to their Part D plan.
- ❖ Medicare Advantage participants must add a prescription benefit to their coverage, and PAAD will contribute up to the regional benchmark amount towards the prescription portion of their total premium.

Chapter 6

Pharmaceutical Assistance

Senior Gold Prescription Discount Program

The Senior Gold Prescription Discount Program (Senior Gold) is a state-funded prescription program with different co-pays and income eligibility guidelines than those of PAAD.

Eligibility for Senior Gold:

- ❖ You are a New Jersey resident;
- ❖ You are age 65 or older or between ages 18 and 64 and receiving Social Security Disability benefits;
- ❖ Your annual income for 2019 is between \$27,951 and \$37,951 if you are single, or between \$34,268 and \$44,268 if you are married.
- ❖ All Medicare-eligible Senior Gold beneficiaries are also required to enroll in a prescription drug plan of their choice. They will be responsible for paying the monthly premium directly to the Medicare Part D plan. They also will be responsible for paying any late enrollment penalty imposed by Medicare for each month they were eligible to enroll in Medicare Part D but did not enroll.

For information about applying for Pharmaceutical Assistance to the Aged and Disabled (PAAD) or Senior Gold, **contact the Division of Aging Services PAAD Hotline at 1-800-792-9745. You can also contact your county's Aging and Disability Resource Connection (ADRC) at 1-877-222-3737 <https://www.state.nj.us/humanservices/doas/home/saaaa.html>**) or your local pharmacy.

You can also apply online through NJSave at:
<https://www.state.nj.us/humanservices/doas/services/njsave/>.



Medicare Part D: Low Income Subsidy (LIS)

Beneficiaries with Medicare who have limited income and assets may qualify for help with the costs of their prescription drugs through the Part D Low Income Subsidy (LIS), also known as Extra Help. Those enrolled will receive either a full or a partial subsidy, depending on their income and asset levels. Most people on LIS pay no premiums or deductibles (unless receiving the partial subsidy), and no more than \$8.50 in 2019 for each drug their plan covers. LIS beneficiaries can also switch the Part D plan quarterly, and those who enrolled in Part D after their initial eligibility date pay no late enrollment penalty.

Eligibility for LIS:

In 2019, the income limits are \$18,975 for individuals and \$25,605 for couples, and the asset limits are \$14,390 and \$28,720, respectively.

To apply, go to www.ssa.gov/benefits/medicare/prescriptionhelp or the NJSave online application <https://www.state.nj.us/humanservices/doas/services/njsave/>.

Or contact the Division of Aging Services PAAD Hotline at 1-800-792-9745

Partnership for Prescription Assistance (PPA)

Many pharmaceutical companies have Patient Assistance Programs to assist consumers who have limited income and no prescription coverage. **Partnership for Prescription Assistance (PPA) provides a free, single point of access to many patient assistance programs.** A patient or patient advocate simply completes an online questionnaire with basic information about prescription medicines, income, and current prescription medicine coverage and PPA matches the patient with assistance programs for which they may be eligible. PPA offers assistance in the following special categories as well: HIV/AIDS programs, Diabetes/Diabetic Supply Programs, Service Animal and Assistive Listening Devices.

For more information visit: <https://www.pparx.org/>

AIDS Drug Distribution Program (ADDP)

The AIDS Drug Distribution Program provides life-sustaining and life-prolonging medications to low-income New Jersey residents with no other source of payment for these drugs.

For more information call 1-877-613-4533 or visit <https://www.nj.gov/health/hivstdtb/hiv-aids/medications.shtml>

Chapter 6

Pharmaceutical Assistance

NJ Medicinal Marijuana Program

The New Jersey Medicinal Marijuana Program allows patients with specific conditions to be certified by a physician to receive medicinal marijuana products for medical use. Individuals interested in participating in the program should talk to their physician or a physician participating in the program. Physicians are responsible for establishing bona fide relationships with their patients, conducting a comprehensive evaluation of the patient, certifying the use of medicinal marijuana, and determining the amount to be obtained in a given certification period. There is a \$100 registration fee for patients and caregivers. Reduced \$20 fees are available for veterans, seniors and individuals receiving government assistance.

For more information: (609) 292-0424

<https://www.nj.gov/health/medicalmarijuana/>





Chapter 7: Employment Assistance

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One-Stop Career Centers

One-Stop Career Centers throughout the state offer a wide range of tools to help people, including military veterans, those who are 55+, and individuals with disabilities, find a new job or career. **All services are free of charge to help New Jersey's workers:**

- ❖ Find a job
- ❖ Strengthen job-search skills
- ❖ Get training
- ❖ Improve reading and basic skills
- ❖ Network the way to a job
- ❖ Use labor market information to make career decisions
- ❖ Start a business

To connect with your local One-Stop Career Center, call: 1-877-872-5627 or visit www.careerconnections.nj.gov

Vocational Rehabilitation Services

Any individual with a physical, mental, cognitive, or other form of disability that has a substantial impediment to employment may qualify for vocational rehabilitation services. Each consumer is evaluated individually for eligibility and needed assistance.

Within the Division of Vocational Rehabilitation Services (DVRS), counselors work with individuals and their families to develop and carry out a plan for training and placement. If financial need is established, the Division will purchase other rehabilitative services from private providers, such as further evaluation or counseling, training at a vocational center or technical school and on-the-job training. Individuals who are blind or visually impaired are served by the Commission for the Blind and Visually Impaired (CBVI). All others receive services from DVRS.

❖

For more information on CBVI and services for individuals who are blind and visually impaired or deaf/blind, see chapter 19.

❖

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Employment Assistance

New Jersey Division of Vocational Rehabilitation Services (DVRS)

Administrative Office:

1 John Fitch Plaza, 12th Floor

PO Box 398

Trenton, NJ 08625-0398

Telephone: (609) 292-5987

VP: (609) 498-6221

http://careerconnections.nj.gov/careerconnections/plan/foryou/disable/vocational_rehabilitation_services.shtml

Vocational Rehabilitation at a Glance

Services Provided

- ❖ Diagnostic Evaluation
- ❖ Individual Vocational Counseling and Guidance
- ❖ Job Seeking Skills Training and Selective Job Placement
- ❖ Follow-Up Support Services
- ❖ Post-Employment Services
- ❖ Physical Restoration
- ❖ Job Coaching, Vocational, Professional, or On the Job Training

Self-Employment Initiative

Individuals with an interest in becoming self-employed can work with their vocational rehabilitation counselor to develop a business plan that can lead to self-employment.

Fee for Service

Many of the services are provided free of charge. Coverage of expenses for medical services, training, books and supplies, tools, and other equipment are based on an individual's ability to pay.



District Offices

To schedule an appointment for DVR services, contact the District office below serving your county of residence:

DVRS Atlantic Office

2 South Main Street, Suite 2, 1st Floor
Pleasantville, NJ 08232

Telephone: (609) 813-3933

VP: (609) 224-1218

DVRS Bergen Office

60 State Street, 2nd Floor, Room 203
Hackensack, NJ 07601-5471

Telephone: (201) 996-8970

VP: (973) 968-6556

DVRS Burlington Office

795 Woodlane Road, Suite 201
Westampton, NJ 08060

Telephone: (609) 518-3948

VP: (609) 534-2000

DVRS Camden Office

2600 Mt. Ephraim Avenue, Suite 103
Camden, NJ 08104-3290

Telephone: (856) 614-2500

VP: (856) 831-7599

DVRS Cape May Office

3810 New Jersey Avenue
Wildwood, NJ 08260

Telephone: (609) 523-0330

VP: (609) 224-1218

DVRS Cumberland/ Salem Office

40 East Broad Street, Suite 204
Bridgeton, NJ 08302-2881

Telephone: (856) 453-3888

VP: (856) 497-0075

DVRS Essex Office

990 Broad Street, 2nd Floor
Newark, NJ 07102

Telephone: (973) 648-3494

VP: (862) 772-7166

DVRS Gloucester Office

215 Crown Point Road, Suite 200
Thorofare, NJ 08086-2153

Telephone: (856) 384-3730

VP: (856) 497-0075

DVRS Hudson Office

438 Summit Avenue, 6th Floor
Jersey City, NJ 07306-3187

Telephone: (201) 217-7180

VP: (201) 616-0447

DVRS Mercer Office

Labor Station Plaza 4, PO Box 959
28 Yard Avenue

Trenton, NJ 08625-0959

Telephone: (609) 292-2940

VP: (609) 498-7011

DVRS Middlesex Office

550 Jersey Avenue, PO Box 2672
New Brunswick, NJ 08903

Telephone: (732) 937-6300

VP: (732) 393-8056

DVRS Monmouth Office

60 Taylor Avenue
Neptune, NJ 07753-4844

Telephone: (732) 775-1799

VP: (732) 606-4961

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Employment Assistance

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DVRS Morris Office

13 Emery Avenue 2nd Floor
Randolph, NJ 07869

Telephone: (862) 397-5600 /
Option 4

VP: (973) 607-2034

DVRS Ocean Office

1027 Hooper Avenue, Bldg. 6, 3rd Fl.,
Ste. 1

Toms River, NJ 08753-2225

Telephone: (732) 505-2310

VP: (732) 606-4961

DVRS Passaic Office

200 Memorial Drive, 1st Floor
Paterson, NJ 07501

Telephone: (973) 742-9226

VP: (973) 968-6556

DVRS Somerset/ Hunterdon Office

75 Veterans Memorial Drive East
Suite 101

Somerville, NJ 08876-2952

Telephone: (908) 704-3030

VP: (732) 393-8056

DVRS Union Office

921 Elizabeth Avenue, 3rd Floor
Elizabeth, NJ 07201

Telephone: (908) 965-3940

VP: (908) 242-3563

DVRS Sussex/Warren Office

445 Marshall Street
Phillipsburg, NJ 08865

Telephone: (908) 329-9190

VP: (908) 645-0616

Ticket to Work and Work Incentives Improvement Act

Social Security's Ticket to Work Program is available to people ages 18 through 64 who are blind or have a disability and who receive Social Security Disability Insurance (SSDI) or Supplemental Security Income (SSI). Participation in the Ticket to Work program is free and voluntary. If you choose to participate, you will receive services such as career counseling, vocational rehabilitation, and job placement and training from authorized Ticket to Work service providers, such as Employment Networks (EN) or your State Vocational Rehabilitation (VR) agency. The service provider you choose will serve as an important part of your "employment team" that will help you on your journey to financial independence.

1-866-968-7842

<https://choosework.ssa.gov/>

Plan to Achieve Self-Support (PASS)

PASS is an SSI provision to help individuals with disabilities return to work. If you receive SSI or could qualify for SSI after setting aside income or resources and wish to pursue a work goal, you could benefit from a PASS. A PASS can include supplies

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to start a business, school expenses, equipment and tools, transportation, uniforms and other items or services you need to reach your employment goal. PASS can help the participant save to pay these costs without jeopardizing SSI eligibility.

For more information, contact a PASS specialist at: 1-866-348-5403 (Last names A-M: dial extension 23648, N-Z: dial extension 23645) or visit: www.socialsecurity.gov/disabilityresearch/wi/pass.htm

NJ WorkAbility

The NJ WorkAbility Program offers full New Jersey Medicaid health coverage to people with disabilities who are working and whose earnings would otherwise make them ineligible for Medicaid.

Eligible candidates must:

- ❖ be between the ages of 16 and 64
- ❖ work part time or full time and have proof of employment
- ❖ have a permanent disability as determined by the Social Security Administration (SSA) or the Disability Review Team at the Division of Medical Assistance & Health Services (DMAHS)
- ❖ have unearned income (pensions, interest, etc.) of no more than 100% FPL or \$1,041* per month (\$1,410* for eligible couples)
- ❖ have less than \$20,000 in liquid assets (\$30,000 if an eligible couple)

Disregarded income: Social Security Disability Benefits and/or Railroad Retirement System Benefits received by an individual on their own account are not included in the eligibility criteria. Additionally, a portion of earned income is not counted; please apply for a full eligibility determination.

Disregarded assets: Retirement accounts like an IRA or a 401K and the value of an owned home and vehicle are disregarded.

For more information, call the Division of Disability Services (DDS) at 1-888-285-3036, visit: <https://www.state.nj.us/humanservices/dds/services/workability/>

To apply: contact your County Board of Social Services. See Appendix 2.

** Reflects 2019 standards*

Chapter 7

Employment Assistance



Visit the New Jersey Benefits to Work Calculator at www.nj.db101.org

This site assists individuals ages 18-64 who are using public disability benefits in understanding how working may affect their total income or health benefits.



Receiving Social Security Disability and considering working?

The social security administration publishes the Redbook: a helpful guide to Social Security Work Incentives. Find a copy here: www.ssa.gov/redbook/

Need more help? See below:

NJ WINS (New Jersey Work Incentive Network Support)

The Family Resource Network's New Jersey Work Incentives Network Support (NJWINS) program assists Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) beneficiaries to start, continue, or increase work efforts while maintaining cash and healthcare benefits for as long as they are needed. NJWINS can serve anyone ages 14 to 64, who is receiving SSI or SSDI benefits and is considering work, starting work, continuing present work, or increasing work efforts. www.njwins.org

Northern and Central New Jersey residents: 1-866-946-7465

Residents of: Cape May, Camden, Atlantic, Gloucester, Cumberland and Salem: 1-888-466-2942 x 20 (Full Circle Employment Solutions LLC)

Other Helpful Resources

AbilityJobs

www.abilityjobs.com

The leading career website dedicated to employment of people with disabilities. Individuals can search through thousands of jobs and post resume for free. Employers can utilize website to search for qualified candidates for employment openings.

US Small Business Administration

www.sba.gov

The SBA helps Americans start, build and grow businesses. Assists individuals in various aspects including developing business models, counseling, locating funding sources, and establishing professional contacts.

US Office of Disability Employment Policy

www.dol.gov/odep

This office's mission is to develop and influence policies and practices that increase the number and quality of employment opportunities for people with disabilities.



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Chapter 8: Transportation

NJ Find A Ride

NJ Find A Ride is an online directory of public and accessible transportation options throughout the State. Through a customized search, the site provides information on eligibility, costs, and how to arrange a ride.

For more information: www.njfindaride.org

Transportation Management Associations

Transportation Management Associations (TMA) are non-profit, public-private partnerships dedicated to reducing traffic congestion and improving mobility by promoting alternative commuting modes like transit, community shuttles, and van/carpool programs. Eight TMAs cover all 21 counties in New Jersey.

Find the TMA serving your county at: 1-800-245-7665

www.state.nj.us/transportation/commuter/rideshare/tma.shtm

LogistiCare

LogistiCare provides non-emergency medical transportation to NJ FamilyCare clients living anywhere in the state. Passengers should call to request rides two days prior to their appointment and provide the following information:

- ❖ Your NJ FamilyCare ID number
- ❖ Your pick-up address and zip code
- ❖ Name, phone number and address of medical provider
- ❖ Appointment time and date
- ❖ Special transportation needs

To make an appointment for a ride: 1-866-527-9933

For more information about the service:

www.nj.gov/humanservices/dmahs/home/logisticare.html

New Jersey Transit

New Jersey Transit provides commuter services through bus routes and rail lines in New Jersey and into New York and Pennsylvania. Lift-equipped and kneeling buses, as well as accessible rail stations, are important elements of New Jersey Transit's services to people with disabilities.

Access Link: New Jersey Transit's ADA Paratransit

Access Link can be used for any purpose including the following: travel to places of employment, education, recreation, shopping, to attend social functions, visit family, friends, physicians, dentists, run errands or just to get out of the house and



LogistiCare

If your ride is late or doesn't show, call 'Where's my Ride?' at 1-866-527-9934

To file a complaint about your transportation provider with LogistiCare, call 1-866-333-1735



Chapter 8

Transportation



Access Link: New Jersey Transit's ADA Paratransit

Access Link provides curb to curb public transportation to eligible people with disabilities who are unable to use local bus service. Individuals need to apply for eligibility. Once eligible, all rides must be scheduled by reservation.

For more information:
<https://accesslink.njtransit.com>

To apply:
1-800-955-2321



relax. Comparable to the local bus service, it is a “shared-ride” system, meaning other customers may be picked up and dropped off while transporting you to your final destination, service is available during the same days and hours as the regularly scheduled local fixed route service, and you are charged a fare to ride.

For more information, refer to the panel on the left.

New Jersey Transit Reduced Fare Program

Special rates are available for residents 62 years of age or older and people with disabilities. Personal assistants ride for free when proper identification is presented by the person with a disability. Even qualifying out-of-state residents can ride on NJ TRANSIT buses and trains at the reduced rate. Passengers with disabilities and those who are 65 and older may simply show their valid NJ Transit Reduced Fare ID or Medicare Card to the vehicle operator and present the appropriate fare. Those between the ages of 62-64 may be asked to present a valid ID including date of birth to get the reduced fare.

For more information: (973) 491-7112

To apply for a Reduced Fare ID:

www.njtransit.com/sf/sf_servlet.srv?hdnPageAction=ReducedFareTo

Amtrak

Amtrak offers additional services to passengers with disabilities.

For more information: 1-800-872-7245

www.amtrak.com/accessible-travel-services



County Paratransit System

Each of the 21 counties in New Jersey provides a paratransit service for older residents and people with disabilities.

For more information on local paratransit services, including hours of operation, reservation procedures and any fees:

Atlantic County	(609) 645-5910
Bergen County	(201) 368-5955
Burlington County	(877) 603-5111
Camden County	(856) 456-3344
Cape May County	(609) 889-3700
Cumberland County	(856) 691-7799
Essex County	(973) 618-1280
Gloucester County	(856) 686-8350
Hudson County	(201) 369-4320
Hunterdon County	(800) 842-0531
Mercer County	(609) 530-1971
Middlesex County	(800) 221-3520
Monmouth County	(732) 431-6480
Morris County	(973) 829-8103
Ocean County	(877) 929-2082
Passaic County	(973) 305-5756
Salem County	(856) 339-8644
Somerset County	(908) 231-7115
Sussex County	(973) 579-0480
Union County	(908) 241-8300
Warren County	(908) 454-4044

Chapter 8

Transportation

Out of State Accessible Transit Services

Similar to NJ Transit's Access Link, the services below provide door to door transportation for individuals 65 years of age or older and individuals with disabilities who are unable to use public transportation. Rides are required to be scheduled 1-3 days ahead of time.

Pennsylvania: **SEPTA's Customized Community Transportation Paratransit Service**
(215) 580-7145
www.septa.org

New York: **MTA's Access-A-Ride**
(718) 393-4999
<http://web.mta.info/nyct/paratran/guide.htm>

NJTIP @ Rutgers

The New Jersey Travel Independence Program (NJTIP) teaches individuals with disabilities and older adults how to use public transportation safely and independently. NJTIP customers learn how to read bus and train schedules, plan their trips, pay their fares and take safety precautions. The only cost to customers during training is paying their own fares. Each graduate receives a free one-month bus pass. Training is offered in English and Spanish through one-on-one instruction, individual concierge and trip-planning services, small and large group instructions, and in-school instruction.

For more information:

Telephone: (848) 932-4499

Email: njtip_info@njtip.rutgers.edu

Website: <http://vtc.rutgers.edu/njtip/>



Chapter 9: Child Care and Assistance Programs

9

Child Care Assistance

The state Child Care Subsidy Program can help families with low-to-moderate incomes who are working, in training or in school to pay a portion of their child care. To apply, you will need to provide proof of income, training/school hours and household size to help determine eligibility. If you want to calculate your child care eligibility and estimated co-pay amount, use this tool: www.ChildCareNJ.gov/Parents/Calculator.

Child Care Resource and Referral Agencies (CCR&R): have trained staff to provide information about the availability of child care services through the Child Care Subsidy Program, the different types of providers, and financial assistance available to obtain child care services. To get more information or connect to your local CCR&R, call 1-800-332-9227 or visit www.childcarenj.gov/.

Our **Grow NJ Kids Quality Child Care Initiative** provides parents with information on selecting a quality provider to help them make the most of their kids' early learning opportunities. Visit www.childcarenj.gov and use the search feature that makes it easy to find care in centers or in registered homes, as well as corresponding licensing and inspections reports and whether the program participates in Grow NJ Kids.

Child Support

New Jersey's Child Support Program promotes financial stability and helps parents meet the needs of their children by offering a full range of support to both custodial and non-custodial parents. For more information on how to file an application and resources, visit www.NJChildSupport.org, contact your local child support office located at your county's social service agency, or call 1-877-655-4371 and request an application. *For a list of County Social Service Agencies, see Appendix 2.*

The Kinship Navigator Program

The Kinship Navigator program provides assistance to caregivers who have taken on the responsibility of caring for their relatives' children, including siblings, grandchildren, nieces and/or nephews. Local kinship agencies help caregivers navigate other forms of government assistance, determine their eligibility for Kinship Navigator Program benefits, and provide technical support with legal

Chapter 9

Child Care and Assistance Programs

commitments to the child. Services available through the program include (but are not limited to) help with the following:

- ❖ Payment for clothing for the child
- ❖ Referrals to grand-parenting and family support groups
- ❖ Getting medical coverage and services
- ❖ Housing
- ❖ Payment for furniture (for example, a bed, dresser, book shelves)
- ❖ Payment for tutoring services and extra-curricular activities for the child
- ❖ Payment for summer camp for the child
- ❖ Payment for graduation expenses for the child

For more information, call 211 to be referred to your local Kinship agency or visit: <https://www.nj.gov/dcf/families/support/kinship/>

NJ Parent Link

A website designed to meet the information and resource needs of expectant parents, families with young children (newborns up to children entering kindergarten) and professional stakeholders vested in the health & well-being of New Jersey's children & families. Parenting and support resources for families with older children, school aged to young adulthood, are also available.

Visit: www.njparentlink.nj.gov

NJ Healthy Families-TIP Program: is a home visitation program that offers in home parenting support to expectant and new parents receiving Temporary Assistance for Needy Families (TANF) to help improve their parenting skills. TIP creates a training plan that best suits each parent's situation, providing them with guidance on good nutrition, available medical and child care services, resume writing, job interview skills and more. **For more information:**

<https://www.state.nj.us/humanservices/dfd/programs/workfirstnj/tip/>



Chapter 10: Special Child Health Services

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Each of NJ's 21 counties has a Special Child Health Services Case Management Unit that works with the child's parents, physician, and/or specialists to evaluate a child's strengths and needs and collaborates with the family and community-based partners to develop an individual service plan (ISP) for the child and family.

Special Child Health Services

PO Box 364 Trenton, NJ 08625-0364

(609) 777-7778

www.state.nj.us/health/fhs/sch/index.shtml



See The Following
Chapters For
Additional
Information
Regarding:

Early Intervention
Services: Chapter 11

Educational Services:
Chapter 11

Performcare
(Services For Children
With Intellectual
And Developmental
Disabilities):
Chapter 18.



County Case Management Units

Atlantic County	(609) 909-9269
Bergen County	(201) 634-2620 x 5
Burlington County	(609) 914-8550 x 42837
Camden County	(856) 374-6021
Cape May County	(609) 465-6841
Cumberland County	(856) 327-7602
Essex County	(973) 395-8836
Gloucester County	(856) 218-4111
Hudson County	(201) 204-0004 x 7
Hunterdon County	(908) 788-6399
Mercer County	(609) 588-8460
Middlesex County	(732) 745-3100
Monmouth County	(732) 224-6950
Morris County	(973) 971-4155
Ocean County	(732) 341-9700 x 3
Passaic County	(973) 523-6778
Salem County	(856) 935-7510 x 8305
Somerset County	(908) 725-2366
Sussex County	(973) 948-5239
Union County	(908) 889-0950 x 2544
Warren County	(908) 475-7960





Chapter 11: Educational Resources

11

The Individuals with Disabilities Education Act (IDEA) guarantees children with disabilities, ages 3 to 21, the right to a free, appropriate public education delivered in the least restrictive environment. The state special education offices provide leadership to ensure compliance with state and federal regulations and to establish standards that promote improved outcomes for students with disabilities. Below are some of the resources available.

The New Jersey Early Intervention System (NJEIS)

Children develop at different paces, but there are developmental milestones that children should reach by certain times during the first three years of their lives. The Early Intervention Services can conduct an evaluation if your child is not meeting those developmental milestones. The NJEIS implements New Jersey's statewide system of services for infants and toddlers, birth to age three, with developmental disabilities. The cost of Early Intervention services for a child is determined by their family income. Families may receive Early Intervention Services at no cost depending on their household income.

1-888-653-4463

<https://www.state.nj.us/health/fhs/eis/>

Project Child Find

Project Child Find is a free referral service and public awareness campaign to assist in the identification of unserved/underserved youth with a disability from ages three through twenty-one.

1-800-322-8174

<https://www.nj.gov/education/specialed/childfind/>

Chapter 11

Educational Resources

See chapter 10
for information
regarding Special
Child Health
Services

Regional Collaboratives

The Regional Early Intervention Collaboratives (REICs) are independent, non-profit corporations established to provide a community-based, culturally competent and consumer-driven early intervention system. The collaboratives are responsible for child find, public awareness, initial referral, service coordination, training and technical assistance and family support.

Family Link Regional Early Intervention Collaborative

2333 Morris Avenue, Suite A204 (2nd Floor)

Union, NJ 07083

(908) 964-5303

www.familylinknj.org

(Essex, Morris, Sussex, Union, and Warren Counties)

Northeast Regional Early Intervention Collaborative

65 Willowbrook Boulevard, Suite 405

Wayne, NJ 07470

(973) 256-8484

www.nreic.org

(Bergen, Hudson, and Passaic Counties)

Central Jersey Family Health Consortium Regional Early Intervention Collaborative

Central Jersey Family Health Consortium

2 King Arthur Court, Suite B

North Brunswick, NJ 08902

(732) 937-5437

www.cjfhc.org

(Hunterdon, Mercer, Middlesex, Monmouth, Ocean, and Somerset Counties)

Southern Regional Early Intervention Collaborative

Winslow Professional Building

1044 South Route 73, Suite A, Berlin, NJ 08009

(856) 768-6747

www.snjreic.org

(Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties)



Head Start

Head Start is a comprehensive preschool program for low-income children ages birth through five years old. It provides children with a developmentally appropriate early childhood education. The program ensures that young children get health checkups and treatment, oral health screenings, and that they are fed a nutritious hot meal every day.

**To see if you are eligible for Local Head Start Programs, call:
(609) 376-9077**

<https://eclkc.ohs.acf.hhs.gov/center-locator>

Parental Rights In Special Education Guide (PRISE)

This document describes the state and federal laws affecting the provision of special education to help parents understand their rights in the special education process. It is available in English and Spanish at:

<https://www.nj.gov/education/specialed/form/prise/>

Child Study Teams

A Child Study team (CST) is a multidisciplinary group of professionals typically employed by the board of education to provide parents and teachers with a variety of learning related services. These services include consultative, evaluative and prescriptive services for students who are experiencing academic difficulties. A typical CST consists of a psychologist, a learning disabilities consultant, social worker and oftentimes, a speech/language therapist alongside the student's parents. Ideally, they will meet before any special education testing is conducted and will continue to meet periodically if the student requires special services.

Upon completion of the evaluation, an Individualized Education Program (IEP), with stated goals and objectives, is written with the participation of the parents. An IEP is a written document that defines the student's goals and specific accommodations, supports, and services the school will provide for a student with disabilities to help them succeed in school.

New Jersey Specialized Child Study Team (NJSCST)

Provides evaluation services for children who are deaf or hard of hearing.

PO Box 500, 200 Riverview Plaza
Trenton, NJ 08625-0500

(609) 376-9091

<https://www.nj.gov/education/specialed/deaf/resources/>

Chapter 11

Educational Resources

County Supervisors of Child Study

Atlantic	(609) 625-0004
Bergen	(201) 336-6875
Burlington	(609) 265-5938
Camden	(856) 401-2400
Cape May	(609) 465-1281
Cumberland	(856) 453-0422
Essex	(973) 621-2750 x2767
Gloucester	(856) 686-8378
Hudson	(201) 369-5290
Hunterdon	(908) 788-1414
Mercer	(609) 588-5873
Middlesex	(732) 249-2900
Monmouth	(732) 431-7810
Morris	(973) 285-8336
Ocean	(732) 929-2079
Passaic	(973) 569-2110
Salem	(856) 453-0422
Somerset	(908) 541-5700
Sussex	(973) 579-6996
Union	(908) 654-9867
Warren	(908) 689-0464

Learning Resource Centers

Learning Resource Centers provide research reports, educational guides, training, and workshops for parents and educators of students with disabilities.

www.state.nj.us/education/lrc

Learning Resource Center-Northern Region

7 Glenwood Avenue, 2nd Floor, Suite 201
East Orange, NJ 07017

(973) 414-4491

Serving: Bergen, Essex, Hudson, Morris, Passaic, Sussex, and Warren Counties

Learning Resource Center-Northern Satellite

104 American Road, Building 100
Morris Plains, NJ 07950

(973) 631-6345

Serving: Morris, Sussex, and Warren Counties

Learning Resource Center-Central Region

200 Riverview Plaza, First Floor
PO Box 500

Trenton, NJ 08625

(609) 376-3955

Serving: Hunterdon, Mercer, Middlesex, Monmouth, Ocean, Somerset, and Union Counties

Learning Resource Center-Southern Region

Rowan University – James Hall 1140
1 Memorial Circle

Glassboro, NJ 08028

(856) 256-4704

Serving: Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties



Office of The Special Education Ombudsman

The Office of the Special Education Ombudsman offers valuable resources and information to support parents, students and educators regarding special education rights and services.

PO Box 500

Trenton, NJ 08625-0500

Telephone: (609) 376-9060

Email: specedombudsman@doe.nj.gov

www.state.nj.us/education/specialed/ombudsman/

Office of Special Education: Policies And Procedures Office

Oversees disputes, mediations/resolutions, between parents and the school district and implements due process procedures.

Office of Special Education

Policies and Procedures

PO Box 500

Trenton, NJ 08625-0500

(609) 376-9060

www.state.nj.us/education/specialed

New Jersey Higher Education Student Assistance Authority (HESAA)

HESAA provides New Jersey students and families with the financial and informational resources for students to pursue their education beyond high school.

1-800-792-8670

www.hesaa.org

❖
**For more
information
on services for
children and
adults with
intellectual and/
or developmental
disabilities,
see chapter 18.**
❖





Chapter 12: Assistive Technology Resources

12

Assistive technology is equipment or a service that serves to increase, maintain or improve the functional capability of an individual with a disability. This section lists agencies, outside of state government, that provide assistive technology services.

AbleData

Provides a wealth of information to assist individuals with disabilities and their family members, professionals and caregivers in understanding assistive technology options and programs available.

<https://abledata.acl.gov/>

Assistive Technology Advocacy Center (ATAC): "Back in Action"

Provides information on assistive technology and maintains a used equipment recycling program that provides used items at very low cost or free. View available items on their website.

210 S. Broad Street, 3rd Floor
Trenton, NJ 08608

Toll free: 1-800-922-7233
609-292-9742

www.drnj.org/atacprogram.htm

National Disability Institute: Assistive Technology Loan Program

Provides affordable loans of \$500 to \$30,000 to residents of New Jersey and New York.

(202) 449-9521

www.realeconomicimpact.org/asset-development/assistive-technology-loan-program

Chapter 12

Assistive Technology Resources

Advancing Opportunities: Assistive Technology Services/Lending Center

Assists people with disabilities, their families, teachers and employers identify and learn how to use the technology that will be most effective in meeting their goals. Their Technology Lending Center allows NJ residents with disabilities the opportunity to borrow assistive technology for a trial period, for free.

1005 Whitehead Road Ext., Suite 1
Ewing, NJ 08638

Toll free: 1-888-322-1918 x 595
609-882-4182

www.assistivetechologycenter.org

Goodwill Home Medical Equipment

Refurbishes donated home medical equipment and offers it to individuals and families at low costs.

300 Benigno Blvd.
Bellmawr, NJ

(609) 396-1513

www.goodwillhomemedical.org



Chapter 13: Legal and Advocacy Resources

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NJ Council on Developmental Disabilities (NJCDD)

The NJCDD provides a forum for public and private agencies serving individuals with disabilities to come together with consumers, family members, and advocates, to develop a coordinated social policy. The Council also funds projects to educate and inform decision-makers, legislators, and the general public about developmental disabilities.

Mary Roebling Building

20 West State Street, 6th Floor

Mailing: PO Box 700, Trenton, NJ 08625-0700

Trenton, New Jersey

Toll free: 1-800-792-8858

Email: njcdd@njcdd.org

<https://njcdd.org/>

Regional Family Support Planning Councils (RFSPCs)

RFSPCs provide a venue for parents and family members of people with developmental disabilities to exchange knowledge and information about available family support services. RFSPC members advise state agencies how they can best meet the needs of families and individuals with developmental disabilities. Family members of people with developmental disabilities are encouraged to serve on a council. Councils generally meet monthly and may have up to 11 voting members. Meetings are open to the public and all families are welcome to attend. All 21 counties are represented by 10 regional councils. To find the council representing your county, visit: <https://njcdd.org/the-regional-family-support-planning-councils/family-support-planning-councils/> or contact:

Kyoko Coco, Statewide RFSPC Coordinator

Telephone: 609-341-3112

Email: kyoko.coco@njcdd.org

Or

Rebekah Novemsky, Family Support Liaison

Telephone: 609-984-4510

Email: rebekah.novemsky@njcdd.org

Chapter 13

Legal and Advocacy Resources

Centers for Independent Living (CILs)

CILs are community-based, consumer-driven organizations designed to support individuals with disabilities by providing a multitude of services based on individual needs, such as life skills training, advocacy, information and referral, peer counseling, socialization and community based activities. Membership is open to all people with disabilities, their able-bodied friends, and supporters. CILs promote personal growth and empowerment through choice, self-determination, and participation in programs providing information, education, skills development, and networking opportunities. **See Appendix 4 for a list of CILs by County.**

See Appendix 4
for a list of CILs
by County.

SPAN Parent Advocacy Network

This nonprofit group provides education to families and professionals, family workshops, support groups and advocacy in the following areas: effective parent involvement, child care, general and special education, dropout and bullying prevention, child welfare, health care, mental health, youth leadership, transition to adult life, incarcerated youth, military family support, violence prevention and more.

35 Halsey Street, 4th Floor
Newark, NJ 07102

Toll free: 1-800-654-7726

www.spanadvocacy.org

Association for Special Children and Families

This nonprofit consists of a group of parent consultants who support and educate other parents raising children with disabilities.

PO Box 494
Hewitt, NJ 07421-0494

(973) 728-8744

www.ascfamily.org



Court Appointed Special Advocates (CASA) of New Jersey

CASA of New Jersey provides a voice for abused and neglected children by empowering a statewide network of county-based programs. Working through community volunteers, these programs advocate on behalf of children in foster care and other out-of-home placements to ensure their well-being and ultimate placement in safe and nurturing permanent homes.

77 Church Street
New Brunswick, NJ 08901
Telephone: 609-695-9400
Email: info@casaofnj.org
Website: <https://www.casaofnj.org/>

American Civil Liberties Union (ACLU)

This private, nonprofit, nonpartisan organization is devoted to defending the principles of freedom, justice and equality guaranteed by our state and federal constitutions and civil rights laws. They undertake litigation and advocacy on behalf of individuals and lobby for civil liberties in state and local government.

PO Box 32159
Newark, NJ 07102
(973) 642-2084
www.aclu-nj.org

Legal Services of New Jersey (LSNJ)

LSNJ coordinates the statewide legal services system in New Jersey, providing free legal assistance to low-income people in civil matters. This service is provided at no charge, but applicants must be financially eligible to qualify. Legal help is available in all languages and to the hearing-impaired. Services are provided in all 21 counties through local offices. Visit www.lsnj.org to find contact information for your local office.

100 Metroplex Dr.
PO Box 1357
Edison, NJ 08818
Toll free: 1-888-576-5529
www.lsnj.org

Chapter 13

Legal and Advocacy Resources

Community Justice Center

This nonprofit legal service serves low-income and homeless individuals with disabilities and returning disabled veterans and their families, primarily within Central New Jersey.

310 W. State Street, Third Floor

Trenton, NJ 08618

(609) 218-5120

www.nj-communityjusticecenter.org

Disability Rights New Jersey (DRNJ)

DRNJ provides free legal and advocacy services to individuals with disabilities. They also provide education, training and technical assistance to individuals with disabilities, the agencies that serve them, advocates, attorneys, professionals, courts and others regarding the rights of individuals with disabilities.

210 South Broad Street, 3rd Floor

Trenton, NJ 08608

Toll free: 1-800-922-7233

Email: advocate@drnj.org

Website: www.drnj.org

Community Health Law Project (CHLP)

This organization provides low cost, fee-for-service legal services to assist individuals living with disabilities and their families pursue civil and entitlement issues. This organization also provides free services to individuals receiving services through the Division of Developmental Disabilities (DDD). They have several offices throughout the state. **Visit www.chlp.org to find contact information for your local office.**

CHLP Administrative Office

185 Valley Street

South Orange, NJ 07079

(973) 275-1175

www.chlp.org



Chapter 14: Disability Rights and Laws: Information, Technical Assistance, and Enforcement

14

Many laws protect the rights of individuals with disabilities. Brief overviews of relevant laws and local contacts for additional information and enforcement have been provided below. For a more comprehensive guide to disability rights and laws, please visit: www.ada.gov/cguide.htm

The NJ Law Against Discrimination (NJ LAD)

The New Jersey Law Against Discrimination (N.J.S.A. 10:5-12) (LAD) makes it unlawful to subject people to differential treatment based on race, creed, color, national origin, nationality, ancestry, age, sex, pregnancy, familial status, marital status, domestic partnership or civil union status, affectional or sexual orientation, gender identity or expression, atypical hereditary cellular or blood trait, genetic information, liability for military service, and mental or physical disability, perceived disability, and AIDS and HIV status. **The LAD prohibits unlawful discrimination in employment, housing, places of public accommodation, credit and business contracts. Learn more about the types of discrimination covered by the LAD at: www.nj.gov/oag/dcr/discrimination.html**

The NJ Family Leave Act (NJFLA)

The NJFLA requires covered employers to grant eligible employees time off from work in connection with the birth or adoption of a child or the serious illness of a family member. The NJFLA's definition of parent includes a parent-in-law or a stepparent. Beginning in July 2020, the NJFLA will provide for up to twelve weeks of leave in a 24-month period. The 24-month period begins on the first day of the employee's first NJFLA leave. *For more information see page 2.*

Chapter 14

Disability Rights and Laws: Information, Technical Assistance, and Enforcement



DCR Housing Discrimination

**Toll-Free
Hotline:
1-866-405-3050**



New Jersey Division on Civil Rights:

The NJ Division on Civil Rights (NJ DCR) is responsible for enforcing the NJLAD and the NJFLA by investigating claims of discrimination in employment, housing, and places of public accommodation (e.g., schools, stores, parks). The Division also offers free seminars and other outreach activities to educate the public on anti-discrimination laws. Complaints must be filed through a local office (see contacts below) within 180 days after the alleged act of discrimination.

NJ DCR Regional Offices:

Northern Regional Office

31 Clinton Street, 3rd Floor
Newark, NJ 07102
(973) 648-2700

Southern Regional Office

5 Executive Campus, Suite 107
Cherry Hill, NJ 08034
(856) 486-4080

Central Regional Office

140 East Front Street: 6th Floor
PO Box 090 Trenton, NJ 08625
(609) 292-4605

South Shore Regional Office

1325 Boardwalk, 1st floor
Tennessee Ave & Boardwalk
Atlantic City, NJ 08401
(609) 441-3100



The Americans with Disabilities Act (ADA)

The **ADA** prohibits discrimination on the basis of disability in employment, state and local government, public accommodations, commercial facilities, transportation, and telecommunications.

ADA Title I: Employment

Prohibits discrimination in recruitment, hiring, promotions, training, pay, social activities, and other privileges of employment against otherwise qualified individuals with disabilities.

Enforced locally by:

NJ Equal Employment Opportunity Commission (EEOC):

Newark Area Office

Toll free: 1-800-669-4000

ASL Video Phone: 844-234-5122

ADA Title II: State and Local Government Activities

Requires that state and local governments provide people with disabilities an equal opportunity to benefit from all programs, services, and activities.

Enforced locally by: The NJ Division on Civil Rights. See page 54.

ADA Title II: Public Transportation

Requires that public transportation authorities do not discriminate against people with disabilities in the provision of their services. Requires accessible vehicles and the provision of paratransit services where they operate fixed-route bus or rail systems.

Enforced by:

US Office of Civil Rights, Federal Transit Administration

Toll free: 1-888-446-4511

www.transit.dot.gov/regulations-and-guidance/civil-rights-ada/americans-disabilities-act

Chapter 14

Disability Rights and Laws: Information, Technical Assistance, and Enforcement

ADA Title III: Public Accommodations

Requires that places of public accommodation provide full access to goods and services to people with disabilities by removing barriers in existing buildings where it is easy to do so without much difficulty or expense and by allowing “reasonable accommodations” when serving people with disabilities. It also requires that places of public accommodation take steps necessary to communicate effectively with customers with vision, hearing, and speech disabilities.

Enforced locally by: The NJ Division on Civil Rights. See page 54.

ADA Title IV: Telecommunication Relay Service (TRS)

Requires that common carriers establish TRS Services, which enable callers with hearing and speech disabilities who use TTYs (also known as TDDs), and callers who use voice telephones to communicate with each other through a third party communications assistant. Title IV also requires closed captioning of federally funded public service announcements.

Enforced by: The Federal Communications Commission (FCC)

Toll free: 1-888- 225-5322

VP: 1-844- 432-2275

www.fcc.gov/encyclopedia/telecommunications-relay-services-trs

ADA Title V: Miscellaneous

Contains a variety of provisions relating to the ADA as a whole, including its relationship to other laws, state immunity, impact on insurance providers and benefits, prohibition against retaliation and coercion, illegal use of drugs, and attorney’s fees. This title also provides a list of conditions that are not to be considered as disabilities.

**For local information,
training, and or technical
assistance on the ADA:**

**Northeast ADA Center
1-800-949-4232**

www.northeastada.org

**For information and technical assistance
on the Americans with Disabilities Act
(ADA) at the Federal level.**

**Department of Justice ADA
Information Line**

1-800-514-0301

www.ada.gov



The Fair Housing Act (FHA):

The Fair Housing Act protects people from discrimination when they are renting or buying a home, getting a mortgage, seeking housing assistance, or engaging in other housing-related activities. Additional protections apply to federally assisted housing. The Fair Housing Act prohibits discrimination in housing due to race, color, national origin, religion, sex, familial status, or disability.

Section 504 of the Rehabilitation Act:

Section 504 of the Rehabilitation Act prohibits discrimination on the basis of disability in any program or activity receiving federal financial assistance.

To file a complaint related to the FHA or Section 504 of the Rehabilitation Act, contact your local HUD office at:

**New Jersey HUD Newark Field Office
One Newark Center
1085 Raymond Boulevard
13th Floor
Newark, NJ 07102-5260
(973) 776-7200
Email: NJ_Webmanager@hud.gov**



Visit this page for answers to frequently asked questions about the housing rights of people with disabilities and the responsibilities of housing providers and building and design professionals under federal law:

www.hud.gov/topics/information_for_disabled_persons



Chapter 14

Disability Rights and Laws: Information, Technical Assistance, and Enforcement

US Access Board

The US Access Board is an independent federal agency that provides accessibility guidelines for the built environment, transportation, communication, medical diagnostic equipment, and information technology.

1-800-872-2253

www.access-board.gov

Individuals with Disabilities Education Act (IDEA)

A federal law mandating that all children, regardless of disability, are entitled to a free, appropriate public education without extra cost and in the least restrictive and least segregated environment possible.

<https://sites.ed.gov/idea/>

Air Carrier Access Act

Federal law which requires airlines to accommodate the needs of passengers with disabilities. It applies to all flights in the United States and to flights to, or from, the United States by foreign airlines. It prevents airlines from refusing to transport a passenger solely because of a disability; limits the circumstances under which passengers with disabilities must provide advance information about their disabilities to air carriers; states that assistive devices do not count against passenger baggage limits; and sets accessibility guidelines for airplane facilities. Airline personnel must provide routine physical assistance but are not required to provide what would customarily be regarded as personal care assistance. However, if a passenger requires an attendant, the airline must transport the attendant free of charge. The law does not require an airline to transport an individual who may endanger the health or safety of others. The Act mandates that a Complaints Resolution Officer (CRO) be immediately available to resolve disputes between airlines and passengers with disabilities.

www.transportation.gov/airconsumer/passengers-disabilities

Voting Accessibility for Individuals with disabilities

Requires polling places across the United States to be physically accessible to people with disabilities for federal elections or to provide an alternate means of casting a ballot on the day of the election. This law also requires states to make registration and voting aids available for voters with disabilities and those who are elderly.

For more information, visit: <http://www.drnj.org/pavaprogram.htm>



Chapter 15: Mental Health and Addiction Services

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Division of Mental Health and Addiction Services (DMHAS)

The Division oversees New Jersey's adult system of community-based behavioral health services. Provider agencies deliver a full array of mental health and substance use disorder services, including: prevention, intervention, emergency screening, outpatient and intensive outpatient mental health and addictions services, partial care and partial hospitalization, case management, medication-assisted treatment for substance abuse, and long and short-term mental health and substance abuse residential services.

PO Box 362
Trenton, NJ 08625
1-800-382-6717

<https://www.state.nj.us/humanservices/dmhas/home/>



**Looking for
Behavioral Health
or Substance
Use Treatment
Services for
Someone 20
Years Old or
Younger?**

PerformCare is the single point of access to behavioral health and substance use treatment services for NJ youth up to the age of 21.

Toll-free:
1-877-652-7624
(24/7 access)
www.performcarenj.org



For Mental Health Information and Referrals:
1-800-382-6717

For Substance Abuse Treatment Services (ReachNJ):
1-844-732-2465

NJ Mental Health Cares Helpline
1-866-202-HELP (1-866-202-4357) M-F: 8 am to 8pm
<https://www.njmentalhealthcares.org/>

Chapter 15

Mental Health and Addiction Services

County Crisis Intervention Contacts

The numbers listed below provide callers with access to psychiatric emergency services for non-medical emergencies and crisis intervention:

Atlantic County	(609) 344-1118
Bergen County	(201) 262-4357
Burlington County	(609) 835-6180
Camden County	(856) 428-4357
Cape May County	(609) 465-5999
Cumberland County	(856) 455-5555
Essex County (Clara Maas)	(973) 844-4357
Essex County (Beth Israel)	(973) 926-7444
Essex County (UBHC)	(973) 623-2323
Gloucester County	(856) 845-9100
Hudson County	(866) 367-6023
Hunterdon County	(908) 788-6400
Mercer County	(609) 396-4357
Middlesex County	(732) 235-5700
Monmouth County	(732) 923-6999
Morris County	(973) 625-6160
Ocean County	(732) 886-4474
Passaic County	(973) 754-2230
Salem County	(856) 299-3001
Somerset County	(908) 526-4100
Sussex County	(973) 383-0973
Union County	(908) 994-7131
Warren County	(908) 454-5141



New Jersey's 24/7 Suicide Prevention Hotline

1-855-NJ-HOPELINE (1-855-654-6735)

Specialists are available for
confidential telephone counseling and support

24 hours a day, 7 day per week





Mental Health-Related Support Associations

Coalition of Mental Health Consumer Organizations (COMHCO)

408 Sussex Street
Paterson, NJ 07503
(973) 778-8819

New Jersey Self-Help Group Clearinghouse

673 Morris Avenue
Springfield, NJ 07081
Toll free: 1-800-367-6274
www.njgroups.org

Mental Health Association in New Jersey

673 Morris Ave, Suite 100
Springfield, NJ 07081
Toll free: 1-800-367-8850
www.mhanj.org

NAMI NJ (National Alliance on Mental Illness of New Jersey)

1562 Route 130
North Brunswick, NJ 08902
(732) 940-0991
www.naminj.org

National Coalition for Mental Health Recovery

611 Pennsylvania Ave, SE # 133
Washington, DC 20003
1-877-246-9058
www.ncmhr.org

New Jersey Association of Mental Health and Addiction Agencies, Inc.

3635 Quakerbridge Road, Suite 35
Mercerville, NJ 08619
(609) 838-5488
Fax: (609) 838-5489
www.njamhaa.org

Chapter 15

Mental Health and Addiction Services

Addiction Resources

Reach NJ Addictions Helpline

Toll free: 1-844-732-2465

<http://reachnj.gov>

NJ Connect for Recovery

(A free confidential call line for Individuals and Families Coping with Addiction)

Toll free: 1-855-652-3737

www.njconnectforrecovery.org

Alcoholics Anonymous

South Jersey Intergroup:

(856) 486-4444

Cape Atlantic Intergroup:

(609) 641-8855

Central Jersey Intergroup:

(609) 586-6902

Intergroup of Northern NJ:

(908) 687-8566

www.aa.org

Intoxicated Driving Program

Call Center:

(609) 815-3100

AL-ANON Adult Children & Family Group ALA-TEEN

North Jersey:

(973) 744-8686

www.northjerseyal-anon.org

South Jersey:

(856) 547-0855

www.southjerseyal-anon.org

Gamblers Anonymous

Toll Free: 1-855-222-5542

www.gamblersanonymous.org

Narcotics Anonymous

Toll free: 1-800-992-0401

www.na.org

NAR-ANON Family Group

Toll free: 1-877-424-4491

www.naranonofnj.org

Nicotine Anonymous

Toll free: 1-877-879-6422

Email: info@nicotine-anonymous.org

www.nicotine-anonymous.org

National Alcohol and Substance Abuse Information Center

Toll free: 1-800-784-6776

www.addictioncareoptions.com

New Jersey Association of Mental Health and Addiction Agencies, Inc.

3635 Quakerbridge Road, Suite 35
Mercerville, NJ 08619

(609) 838-5488

Fax: (609) 838-5489

www.njamhaa.org



Chapter 16. Personal Care Assistant Services and Resources for Caregivers

16

Personal Care Assistant Service (PCA)

PCA services are non-emergent, on-going health related tasks performed by qualified staff in an eligible NJ FamilyCare (Medicaid) member's home. The purpose of the program is to accommodate long-term/chronic or maintenance health care by providing assistance with activities of daily living and household duties essential to the individual's health and comfort. The number of hours authorized is based upon medical necessity, as determined by a nursing assessment. **To apply, contact your NJ FamilyCare Managed Care Organization (MCO). See page 15.**

Personal Preference Program (PPP)

The PPP offers an alternate way for individuals to receive their NJ FamilyCare Personal Care Assistant (PCA) services. Using a self-directed model, this program enables eligible NJ FamilyCare recipients to direct and manage their PCA services rather than receiving traditional PCA agency services. **To enroll, contact your NJ FamilyCare Managed Care Organization (MCO) Care Manager. See page 15.**

Managed Long Term Services and Supports (MLTSS)

The Managed Long Term Services and Supports program (MLTSS) is a New Jersey initiative intended to provide a better way to help seniors and individuals with disabilities live at home for as long as possible. MLTSS is designed to coordinate support services according to a participant's needs. Participants will receive their primary, acute, behavioral and long-term care needs through a NJ FamilyCare MCO. **MLTSS includes services such as:**

- ❖ Access to all NJ FamilyCare Plan A Benefits (see chapter 5)
- ❖ Care Management;
- ❖ Home and Vehicle Modifications;
- ❖ Home Delivered Meals;
- ❖ Respite;
- ❖ Personal Emergency Response Systems;
- ❖ Mental Health and Addiction Services;
- ❖ Assisted Living;
- ❖ Community Residential Services;
- ❖ Nursing Home Care.

For more information about MLTSS, visit:

www.nj.gov/humanservices/dmahs/home/mltss.html



To apply for MLTSS:

Birth through age 20: Contact the Division of Disability Services (DDS) at 1-888-285-3036.

21 years or older: Contact your County Aging and Disability Resource Center (ADRC) or your County Board of Social Services. See pages 121 and 119, respectively, for a listing of those numbers by County.



Chapter 16

Personal Care Assistant Services and Resources for Caregivers

Program of All Inclusive Care for the Elderly (PACE)

Provides frail individuals, age 55 and older, comprehensive medical and social services coordinated and provided by a team of professionals in a community-based center and in their homes, helping program participants delay or avoid long-term nursing home care. To participate in PACE, an individual must be 55 years of age or older, require nursing home level of care but be able to live safely in the community at time of enrollment with the services of PACE, and reside in the service area of a PACE organization. You can leave a PACE program at any time. Six PACE agencies are currently operating in New Jersey and you must live in their coverage area to participate.

For more information, visit: <http://www.state.nj.us/humanservices/doas/services/pace>

To apply, contact the PACE agency serving your area at the numbers listed below:

PACE Centers:

LIFE St. Francis:

(609) 599-5433 (serving Mercer County, Bordentown, Florence, and Roebling)
www.stfrancismedical.org/LIFE/Overview.aspx

LIFE at Lourdes:

(856) 675-3355 (serving most Camden County communities)
www.lsmnj.org/how-we-help/senior-healthcare-retirement-living/lutheran-senior-life/

Lutheran Senior LIFE:

Toll Free: 1-877-543-3188 (serving most of Hudson County)
www.lsmnj.org/how-we-help/senior-healthcare-retirement-living/lutheran-senior-life-jersey-city/

Inspira LIFE:

Toll Free: 1-855-295-5433 (serving portions of Cumberland, Gloucester, and Salem Counties)
<http://www.inspirahealthnetwork.org/life-center>

Beacon of LIFE:

(732) 592-3400 (serving Monmouth County)
<http://www.beaconhss.com>

AtlantiCare LIFE Connection:

(609) 572-8588 (Serving Atlantic and Cape May Counties)
www.atlanticare.org/index.php/atlanticare-life-connection



The Personal Assistance Services Program (PASP)

The PASP is a self-directed program that provides routine personal care assistance to adults ages 18 - 70, with permanent disabilities, who are employed, preparing for employment, involved in community volunteer work, or attending school. Participants in the PASP may receive up to 40 hours of service per week. The number of hours authorized is determined by an assessment. With the assistance of a fiscal intermediary service organization, participants are able to manage their service hours and a monthly budget that can be used to hire workers and purchase items to increase their independence. Personal assistants can help with tasks such as bathing, dressing, meal preparation, shopping, light housekeeping, driving or using public transportation. PASP has a cost share based on income. **For more information, visit:** <https://www.state.nj.us/humanservices/dds/services/pasp/>

To apply, please contact your county PASP coordinator at the number below:

County PASP Coordinators:

Atlantic County	(609) 645-7700 x 4386
Bergen County	(201) 336-6508 or (201) 336-6502
Burlington County	(609) 631-2488
Camden County	(609) 261-1667
Cape May County	(609) 631-2483
Cumberland County	(856) 453-2220
Essex County	(973) 395-8494
Gloucester County	(856) 384-6845
Hudson County	(201) 336-6508 or (201) 336-6502
Hunterdon County	(908) 788-1361
Mercer County	(609) 989-6459
Middlesex County	(732) 745-2587 or (732) 745-4407
Monmouth County	(609) 631-2483
Morris County	(973) 326-7285
Ocean County	(732) 505-3779
Passaic County	(609) 631-2483
Salem County	(856) 935-7510 x 8449
Somerset County	(908) 541- 5747
Sussex County	(973) 940-5200 x 1286
Union County	(908) 527-4845
Warren County	(973) 625-1940 x 215

Chapter 16

Personal Care Assistant Services and Resources for Caregivers

Jersey Assistance for Community Caregiving (JACC)

Jersey Assistance for Community Caregiving (JACC) is a program that provides in-home services to seniors, age 60 and over, who require a nursing facility level of care but wish to remain in their homes. JACC includes an array of services designed to supplement the assistance given by the individual's existing network of family caregivers. Qualified individuals may have the opportunity to hire their own eligible family, friends, or neighbors to provide the care they need. By designing service plans uniquely tailored to the individual, JACC works to enhance the individual's community care options. JACC also strengthens the ability of caregivers to continue in their vital role as primary support providers. Services available through JACC include the following: care management, personal care assistance, caregiver relief (respite), home modifications, special medical equipment and supplies, chore services, personal emergency response system, home delivered meal services, social adult day care, medical adult day care, and transportation. JACC has a co-pay based on an individual's income.

Individuals eligible for this program must:

- ❖ require a nursing facility level of care, but wish to remain at home
- ❖ not participate in other services that provide this type of care
- ❖ meet financial guidelines for income and assets:
 - countable monthly income that is no more than 365% of the Federal Poverty Level (\$3,799 for individuals and \$5,143 for a couple in 2019) and
 - countable resources at or below \$40,000 for an individual or \$60,000 for a couple

For more information, visit:

<https://www.state.nj.us/humanservices/doas/services/jacc/>

To apply, please contact your County Aging and Disability Resource Connection (ADRC). See Appendix 3.



Statewide Respite Care Program

This program offers services to individuals needing care so as to provide a break (“respite”) to unpaid caregivers. Services can include adult day care, home care, companion services, campership, or a short stay in a facility. There is even a caregiver directed option, which allows the caregiver to pay for/be reimbursed for services or items that make caregiving easier.

Individuals eligible for this program must:

- ❖ live in the community and require daily, basic care that is currently being provided by unpaid caregivers such as a spouse, family members or friends
- ❖ not participate in other services that provide this type of care
- ❖ meet financial guidelines for income and assets. There may be a co-pay based on income.

For more information, visit:

<https://www.state.nj.us/humanservices/doas/services/srcp/>

To apply, please contact your county AAA/ADRC. See Appendix 3.

Adult Day Services Program for Persons with Alzheimer 's Disease or Related Disorders

This program offers financial assistance, based on the person’s income, toward attending one of the programs participating day services centers.

Individuals eligible for this program must:

- ❖ have a qualifying diagnosis that includes permanent and progressive dementia
- ❖ live in the community and require daily, basic care that is currently being provided by unpaid caregivers such as a spouse, family members or friends
- ❖ not participate in other services that provide this type of care
- ❖ meet financial guidelines for income and assets. There may be a co-pay based on income.

For more information, please visit:

<https://www.state.nj.us/humanservices/doas/services/aads/>

To apply, call your County AAA/ADRC. See Appendix 3.

Chapter 16

Personal Care Assistant Services and Resources for Caregivers

Older Americans Act Funded Programs

This Division of Aging Services administers programs funded through the Older Americans Act. Services vary depending on county and consist of things like: home delivered meals, congregate nutrition programs, information and assistance, and screening for benefits. Some counties may have light home repair services or “handy man” services available. Eligibility for these programs is not based on income. Most programs are for individuals in need, age 60 and older, but some services are also available to caregivers of any age and to grandparents age 55 or older. **To learn what services your county has available, call your County AAA/ADRC. See Appendix 3.**

Other Resources for Caregiver Support

Care2Caregivers Program

Care2Caregivers is a peer-lead support program for those providing care for a family member or friend diagnosed with dementia.

Toll free 1-800-424-2494

www.care2caregivers.com

The Caregiver Action Network (CAN)

The Caregiver Action Network is the nation’s leading family caregiver organization working to improve the quality of life for the more than 65 million Americans who care for loved ones with chronic conditions, disabilities, disease, or the frailties of old age. CAN serves a broad spectrum of family caregivers ranging from the parents of children with special needs, to the families and friends of wounded soldiers; from a young couple dealing with a diagnosis of MS, to adult children caring for parents with Alzheimer’s disease. CAN (formerly the National Family Caregivers Association) is a non-profit organization providing education, peer support, and resources to family caregivers across the country free of charge.

(202) 454-3970

www.caregiveraction.org

Family Caregiver Alliance (FCA)

Family Caregiver Alliance was the first community-based nonprofit organization in the country to address the needs of families and friends providing long-term care at home. Long recognized as a pioneer in health services, FCA now offers programs at national, state and local levels to support and sustain caregivers.

(415) 434-3388 or Toll free 1-800-445-8106

www.caregiver.org



American Healthcare Association (AHCA)

AHCA is the Nation's largest association of long term and post-acute care providers. They advocate for quality care and services for individuals who are frail, elderly, and/or have disabilities. AHCA members provide essential care to approximately one million individuals in over 13,500 not-for-profit and proprietary member facilities.

(202) 842-4444

www.ahcancal.org

Wellspouse Association

The Well Spouse Association, a nonprofit 501(c)(3) membership organization, advocates for and addresses the needs of individuals caring for those with chronic illnesses or disabilities. The agency offers peer to peer support and educates health care professionals and the general public about the special challenges and unique issues "well" spouses face every day.

(732) 577-8899

www.wellspouse.org

National Alliance For Caregiving

Established in 1996, the National Alliance for Caregiving is a non-profit coalition of national organizations focusing on issues of family caregiving. Alliance members include grassroots organizations, professional associations, service organizations, disease-specific organizations, a government agency, and corporations.

Email only: info@caregiving.org

www.caregiving.org

Safe Care Cam Program

The "Safe Care Cam" program makes micro-surveillance cameras available for free 30-day loans to anyone who suspects their loved one is being abused or neglected by home health aides or other in-home caregivers.

For more information, call the Division of Consumer Affairs.

Toll free 1-800-242-5846 or (973) 504-6375



Find a Long Term Care Facility:

<https://healthapps.state.nj.us/facilities/fsSearch.aspx>

Find Hospitals, Ambulatory Care, and other Acute Care Facilities:

<https://healthapps.state.nj.us/facilities/acSearch.aspx>



Chapter 16

Personal Care Assistant Services and Resources for Caregivers

Adult Protective Services

The role of Adult Protective Services (APS) is to investigate complaints of suspected abuse, neglect, and/or exploitation of vulnerable adults aged 18 or older. A complaint to APS will generate a thorough assessment, which will include a private face-to-face interview with the potentially at-risk adult, to determine if intervention is warranted. All information generated by the investigation is confidential. A report of suspected abuse may be made to the Division of Aging Services Information and Referral toll-free number at **1-800-792-8820** or to the APS office in the county in which the individual lives.

See Appendix 5 for a list of APS offices by County.





Chapter 17: Services for Individuals with Adult Onset Disabilities

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An adult onset disability occurs after age 21, may be temporary or permanent, and typically affects an individual's ability to complete day-to-day tasks. Such disabilities often come on quickly and unexpectedly, often affect multiple areas of our lives and can happen to anyone. Examples include aneurysms, strokes, spinal cord injuries, traumatic brain injuries, multiple sclerosis and ALS.

Services for individuals with adult onset disabilities are administered through many service systems. Most, but not all, are typically income based and/or have level-of-care requirements that must be met to qualify. If you or someone you know has an adult onset disability, call the Division of Disability Services (DDS) for information and referral to assistance services.

The Division of Disability Services (DDS) provides a single point-of-entry for people seeking disability-related information in New Jersey. The DDS works to streamline access to services and information that promote and enhance independent living for individuals with disabilities by facilitating coordination and cooperation among local, county and state government agencies. Through the administration of programs like the Traumatic Brain Injury Fund and the Personal Assistance Services Program, the DDS promotes maximum independence and the full participation of people with disabilities within all aspects of community life. DDS serves individuals with all disabilities, statewide.

Division of Disability Services

PO Box 705

11A Quakerbridge Plaza

Trenton, NJ 08625

1-888-285-3036

<https://www.state.nj.us/humanservices/dds/home/>





Chapter 18: Services for Individuals with Intellectual and Developmental Disabilities

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A developmental disability is a chronic physical or intellectual disability, or a combination thereof, that:

- ❖ manifests before age 21;
- ❖ is permanent;
- ❖ substantially limits an individual's ability to complete activities in at least three of the following life activities:
 - self-care;
 - learning;
 - mobility;
 - communication;
 - self-direction;
 - economic self-sufficiency;
 - the ability to live independently, and
- ❖ reflects the need for a combination and sequence of special interdisciplinary or generic care, treatment, or other services that are lifelong or extended and individually planned and coordinated.

Some Examples of developmental disabilities are:

Down Syndrome, Cerebral Palsy, Autism Spectrum Disorders and Muscular dystrophy. However, it's important to remember that the definition of a developmental disability is not based on diagnosis alone. It's dependent upon the age at which the disability occurred and the effect on one's long-term abilities to complete activities of daily living. Therefore, injuries to the brain or spinal cord incurred before the age of 21 may also qualify as developmental disabilities provided they are permanent and effect an individual's ability to complete day-to-day tasks in three or more areas of life activity.

In New Jersey, services for individuals with intellectual/developmental disabilities (I/DD) are categorized into children services or adult services:

Services for Children with I/DD: (Birth-age 21):

are administered through the NJ Children's System of Care, under the Department of Children and Families, through **Performcare**. See **page 74**.

Services for Adults with I/DD: (21 and older):

are administered through the **Division of Developmental Disabilities (DDD)**. See **page 75**.



Chapter 18

Services for Individuals with Intellectual and Developmental Disabilities

PerformCare

Toll-free: 1-877-652-7624 (24/7 access)

www.performcarenj.org

Through the New Jersey Children's System of Care (CSOC), PerformCare administers the publicly funded developmental disability service delivery system for children and youth up to age 21. PerformCare is also the single point of access to behavioral health and substance use treatment services for New Jersey youth up to the age of 21. **For more information on those services, see chapter 15.**

The service system for children with intellectual and/or developmental disabilities is designed to help families meet the needs of children with I/DDs that are not being met through school-related services, medical services reimbursable by health insurance or by other existing supports or services. Services through this program are administered based upon level of care and the availability of funds.* **See more about early intervention and educational entitlement services in chapter 11.**

Services through PerformCare include the following:

Family Support Services: caregiver relief (respite), assistive technology, home and vehicle modifications, or assistance with summer camp during breaks from school.

Connection with local Care Management Organizations (CMOs): CMOs are agencies that provide a full range of treatment and support services to children with the most complex needs. They work with child-family teams to develop individualized service plans. The CMO's goals are to keep children in their homes, schools and communities.

Out of Home Treatment Options: are considered only as a last resort after having thoroughly exhausted a community plan and services. If a family believes their youth's needs have escalated and may require an Out-of-Home treatment option, the first step would be to call PerformCare.

To access developmental disability services for children: an application for a determination of eligibility must be submitted.

- ❖ For children under the age of 18 (although services are provided until age 21), the application must be submitted to PerformCare. Applications can be completed online through a secure portal or are available to download and

* Under the direction of the New Jersey Council on Developmental Disabilities (NJCDD), the Regional Family Support Planning Councils assist the Children's System of Care in the allocation of funding for family support services by making recommendations based on input they receive from families. See chapter 13 for additional information about those organizations.

Department of Human Services New Jersey Resources 2019-2020



complete by hand at: <http://www.performcarenj.org/families/disability/determination-eligibility.aspx> or you can call PerformCare at 1-877-652-7624.

- ❖ For children 18 and older, applications for access to developmental disability services can be submitted to the Division of Developmental Disabilities (DDD), but services will continue to be provided through PerformCare until the age of 21, at which time the eligible individual will transition to DDD. An application for an individual age 18 and older can be obtained on the DDD website at: www.nj.gov/humanservices/ddd or by calling a **DDD Intake worker at the DDD Community Services Office that serves the county where the individual lives. See page 76 for a list of DDD offices.**

NJ Division of Developmental Disabilities (DDD)

DDD Central Office
222 South Warren St. (PO Box 726) Trenton, NJ 08625-0726
Phone: 609.633.1482
Toll Free: 1-800.832.9173

The Division of Developmental Disabilities (DDD) is the state agency that ensures New Jersey adults with intellectual/developmental disabilities (I/DD) age 21 and older receive quality services to support them in living, working, and participating in their communities. The DDD partners with community-based support coordination and service provider agencies to expand opportunities for adults with I/DD to live as independently as possible, exercise their right to make choices, and reach their goals. A wide array of day and residential services (*see panel to the right*) are available to eligible individuals who meet the functional criteria for an intellectual/developmental disability and are eligible for Medicaid. To talk with a DDD intake worker or request to have an Application for Eligibility mailed to you, contact the DDD Community Services Office that serves the county where the individual lives. See page 76.

The Application for Eligibility is also available on the DDD website, www.nj.gov/humanservices/ddd.

DDD Services Available (Based on Individual's Assessed Needs)

- ❖ Assistive Technology
- ❖ Behavioral Supports
- ❖ Career Planning
- ❖ Cognitive Rehabilitation
- ❖ Community Based Supports
- ❖ Community Inclusion Services
- ❖ Community Transition Services
- ❖ Day Habilitation
- ❖ Environmental Modifications
- ❖ Goods & Services
- ❖ Individual Supports
- ❖ Interpreter Services
- ❖ Natural Supports Training
- ❖ Occupational Therapy
- ❖ Personal Emergency Response System
- ❖ Physical Therapy
- ❖ Prevocational Training
- ❖ Respite
- ❖ Speech, Language, and Hearing Therapy
- ❖ Support Coordination
- ❖ Supported Employment
- ❖ Supports Brokerage
- ❖ Transportation
- ❖ Vehicle Modifications

Chapter 18

Services for Individuals with Intellectual and Developmental Disabilities

DDD Community Services Offices

Morris, Sussex, Warren

Flanders Office:

1 Laurel Drive
Flanders, NJ 07836
(973) 927-2600

Bergen, Hudson, Passaic

Paterson Office:

100 Hamilton Plaza, 7th Floor
Paterson, NJ 07505
(973) 977-4004

Essex

Newark Office:

153 Halsey St., 2nd FL
PO Box 47013
Newark, NJ 07101
(973) 693-5080

Union, Somerset

Plainfield Office:

110 East 5th St.
Plainfield, NJ 07060
(908) 226-7800

Ocean, Monmouth

Freehold Office:

Juniper Plaza, Suite I-J, 3499 Route 9
Freehold, NJ 07728
(732) 863-4500

Hunterdon, Mercer, Middlesex

Trenton Office:

222 South Warren St., PO Box 706
Trenton, NJ 08625
1-800-832-9173

Atlantic, Cape May, Cumberland, Salem

Mays Landing Office:

5218 Atlantic Avenue, Suite 205
Mays Landing, NJ 08330
(609) 476-5200

Burlington, Camden, Gloucester

Voorhees Office:

Echelon Plaza, 221 Laurel Rd., Suite 210
Voorhees, NJ 08043
(856) 770-5900



Ombudsman for Individuals With Intellectual or Developmental Disabilities And Their Families

The ombudsman serves as a source of information about navigating and accessing services through the Department of Human Services' Division of Developmental Disabilities and the Department of Children and Families Children's System of Care. Appointed by the Governor and housed within the Department of Treasury, this position acts as a liaison for the administration for residents with intellectual or developmental disabilities of all ages and their families. The Ombudsman provides guidance and assistance for individuals and families who are having difficulty receiving the services they need, and works closely with the departments and divisions above, as well as the New Jersey Council on Developmental Disabilities, to resolve issues and develop communication and program strategies.

Paul Aronsohn

PO Box 205

Trenton, NJ 08625

Email: Paul.Aronsohn@treas.nj.gov

Phone: (609) 649-1734

The Stephen Komninos' Law was enacted on May 1, 2018 to strengthen protections for adults with developmental disabilities. The law provides additional opportunities for the Department of Human Services and service providers to advance health, safety and well-being of the individuals who receive our services. Recognizing the important role of guardians and family members in the lives of adults with developmental disabilities, the law enhances communications between providers, guardians and families, and strengthens safety and reporting practices.

<http://www.state.nj.us/humanservices/index.shtml>





Chapter 19: Services for Blind, Visually Impaired and Deaf-Blind Individuals

19

Commission for the Blind and Visually Impaired (CBVI)

153 Halsey St, 6th Floor
P.O. Box 47017
Newark, NJ 07101-47017

Phone: (973) 648-3333
Toll Free: 1-877-685-8878

General Information E-mail: askcbvi@dhs.state.nj.us
www.state.nj.us/humanservices/cbvi

The Commission for the Blind and Visually Impaired (CBVI) provides education, employment, independent living and eye health services to individuals who are blind or vision impaired, their families, caregivers and the community. Programs are designed to enable individuals to gain independence and include orientation and mobility, braille instruction, and vocational rehabilitation.

Eligibility: available to all blind or visually impaired NJ residents experiencing vision loss that is affecting their daily life activities.

Visually Impaired means that an individual's vision is 20/70 or less in the better eye. (The person sees at 20 feet what a normally sighted person sees at 70 feet.)

Legally Blind means that an individual's vision is 20/200 or less in the better eye. (The person sees at 20 feet what a normally sighted person sees at 200 feet.) Also, an individual is considered legally blind if they have a restricted visual field limited to 20 degrees or less. (The person sees 20 degrees of all the objects in his or her field of vision when a normally sighted person would see 180 degrees.)

To apply or refer someone for services call 1-877-685-8878 or (973) 648-3333 or a regional service office. See page 85.

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Services for Blind, Visually Impaired and Deaf-Blind Individuals

CBVI Services and Programs

Educational Services: to students who are blind or visually impaired from birth through high school.

Infant services are provided by CBVI to infants and toddlers (birth through 2 years)

In collaboration with the lead early intervention services providers within the New Jersey Early Intervention System, CBVI provides assessment and support services for infant/toddlers with vision loss, and consults with families and developmental instructors regarding all issues related to the early development and conceptual learning of blind and visually impaired babies. Services are free of charge to the families, and are provided in the child's natural environment (usually the home) with their primary caregivers.

School-based services (preschool through high school)

Provides specialized instruction, materials, technology, and other accommodations for students who are blind or visually impaired to succeed in school. These services are based upon each student's individual needs and are free of charge to students and their families regardless of family income. Services may include: Counseling and training for families; services for children who are deaf-blind or who have multiple disabilities; literacy enhancement; tutoring in special areas; and assistance with adaptive equipment, accessible textbooks, reading materials and other teaching aids from the Meyer Instructional Resource Center.

Students can be referred at any time in their school careers by the family, school personnel, medical professionals, or social services providers.

The SHARP Program

SHARP is a summer program that enables students with vision loss, ages six through thirteen, to acquire and practice blindness skills in the areas of Braille, assistive technology, and independent living, including orientation and mobility. During the summer, students can attend the SHARP program, through hands-on and community field trips, experience, and practice.

Vocational Rehabilitation (VR)

Provides vocational training and counseling specifically designed to assist individuals who are blind, vision-impaired, or deaf-blind to prepare for, secure, retain, or advance in employment that is consistent with their strengths, skills, and interests.



The scope of Vocational Rehabilitation Services includes:

- ❖ Assessment for determining eligibility and VR needs by qualified personnel;
- ❖ VR counseling and guidance, including information and support services to assist an individual in exercising informed choice, including referral and services from other agencies;
- ❖ Physical and mental restoration services;
- ❖ Vocational and other training services;
- ❖ Maintenance and transportation related to the rendering of any VR services;
- ❖ Vocational rehabilitation services to family members to assist in achieving the employment goal for an individual with a disability, e.g., family counseling;
- ❖ Interpreter services, including sign language and oral interpreter services, for individuals who are deaf or hard-of-hearing, and tactile interpreting services for individuals who are deaf-blind;
- ❖ Independent living skills instruction including personal and home management;
- ❖ Orientation and mobility services to instruct in methods of independent community travel;
- ❖ Services to assist students to transition from school to work;
- ❖ Job-related services, including job search and placement assistance, job retention services, follow-up services, and follow-along services;
- ❖ Supported employment services;
- ❖ Personal assistance services, including reader services;
- ❖ Occupational licenses, tools, equipment, initial stocks, and supplies;
- ❖ Technical assistance to individuals who are pursuing self-employment;
- ❖ Rehabilitation technology services and devices; and
- ❖ Post-employment services, i.e., short term services required to keep a job.

- ❖ **Pre-Employment Transition Services:** Transition services are available to eligible students with disabilities, ages 14 to 21, and include: job exploration counseling, work-based learning experiences, workplace readiness training, instruction in self-advocacy, and counseling on post-secondary enrollment opportunities. These transition programs include:
- ❖ **Life 101:** a two-week summer, residential program for ninth and tenth grade students. The program is comprised of interactive and community-based activities, focused on career exploration, independent living skills, and post-secondary education.
- ❖ **EDGE (Employment, Development, Guidance, and Engagement)**
I.O: helps prepare blind and vision-impaired high school students

Chapter 19

Services for Blind, Visually Impaired and Deaf-Blind Individuals

receiving transition services to become successful professionals. Students attend monthly workshops to develop their professional, self-advocacy, and independent living skills. Additionally, students attend community trips to socialize with other blind peers, build life skills, and learn about opportunities to find employment or become more involved in extracurricular activities.

- ❖ **EDGE (Employment, Development, Guidance, and Engagement) 2.0:** serves college undergraduates who are blind and vision-impaired. Students learn how to maximize their college experience through individualized plans that addresses barriers on campus, sets academic and social goals, and campus and community engagement. Students have career development plans that provide a map to graduation and a guide to careers in their fields of interest. In addition, students participate in campus visits with a career advisor, monthly mentor conversations, and peer meetings with career-centered activities. Using each of these resources and a career-focused approach, students enhance their ability to become employed competitively in their field of choice.
- ❖ **The CBVI College Preparation Experience (CPE):** is an integrated part of The College of New Jersey's pre-College Program. This is a credit-bearing program for rising high school juniors and seniors. The program helps prepare students for college through college-level coursework, community engaged learning, and college-based workshops. The CPE includes a two-week Orientation program in which students have the opportunity to practice blindness skills and college-readiness skills on TCNJ's campus. This includes learning to navigate a college campus, practicing time-management, and beginning the process of writing essays for the college application process.
- ❖ **The Work Skills Preparation Program (WSP):** is a pre-employment transition program for high school students (ages 16-21) who are blind and vision-impaired with additional disabilities, who would benefit from an employment outcome upon completion of high school. Students practice functional academic skills, employment skills, and independent living skills in both classroom-based and community-based settings.

The Youth Employment Solutions (YES) Program:

Provides job coaching and job development services to individuals 18-25 years old in partnership with TCNJ.

Assistive Technology Support:

Assists consumers in gaining direct access to computer equipment and other technology through a comprehensive assessment of skill and accessibility needs.

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The purpose of the unit is to minimize barriers and enable individuals to have more efficient professional or academic lives. Regional Technology Assistance Centers (RTACs) are located in Newark, Freehold, Cherry Hill, Atlantic City, Trenton, and New Brunswick.

Independent Living Skills:

Provides training designed to help people of any age who are blind or vision impaired to adjust to their vision loss and gain the skills of daily living that they need to lead a full and productive life. Provides assistance and in-home instruction in the areas of daily living activities and home management; orientation and safe independent travel within the home, community, work, and school environment; child care training; training in braille and other communication methods; eye health education; low-vision services and referral to community resources.

Assistive Support Programs for Independence Renewal and Education (ASPIRE):

A state-wide network of peer support groups designed to provide individuals who are living with vision loss the opportunity to gain the necessary coping skills, information, and education needed to thrive. ASPIRE offers individuals with vision loss the opportunity to become more socially engaged and connected with peers who face similar challenges and life experiences.

The Senior Hands-On Retreat Experience (SHORE):

Provides consumers age 55+ the opportunity to participate in a six-day retreat that includes instruction in intensive independent living, travel, health and wellness, assistive technology, communication, and self-advocacy skills. Consumers also obtain information about, and/or participate in, coping with vision loss, community integration, emergency preparedness, and leisure activity options. Some of the specific activities/lessons covered include eye health and nutrition, diabetic education, grocery shopping, kitchen safety, dining at restaurants, and music and relaxation therapy.

Library Equal Access Program (LEAP):

Helps individuals age 55 and older with a change in vision to gain access and learn how to utilize assistive technology. Equipment available includes computers (with speech and magnification software), iPads, and a Closed Circuit Television System (CCTV). The collaborative libraries are located in Mays Landing, South Orange, East Brunswick, Cherry Hill, Hackensack, Toms River, Morris Township, and Atlantic City. **To sign up for classes, call the Talking Book & Braille Center at 1-800-792-8322, extension 802.**

Project BEST (Better Eye Health Services and Treatment):

Provides vision screenings to save sight and restore vision whenever medically possible and to identify eye disease in target populations that do not have access to

For information
on vision care
assistance, see
pages 21-22.

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eye health care. It facilitates treatment through community providers and referrals to emergency intervention when needed.

The Early Childhood Screening Program (Pre-School Vision Screenings) helps identify impediments to education and eye disease specific to that age group; the **Migrant Worker Screening Program** provides eye screening to migrant workers who are uninsured or underinsured, and in collaboration with the Department of Health, the **Diabetic Eye Disease Detection Program**, targets populations with diagnosed Type II diabetes.

For a schedule of eye-screenings, visit:

<http://www.state.nj.us/humanservices/cbvi/services/prevention/index.html>

Deaf-Blind Services

Provides transition and vocational rehabilitation services to individuals with dual sensory impairments. A full range of services are provided to assist individuals with hearing and vision loss to reach their highest level of independence and prepare for, obtain, or retain employment.

iCanConnect NJ provides various types of assistive technology and telecommunication devices to New Jersey residents who are both vision and hearing impaired. Devices such as iPads, iPhones, Braille note takers, laptops, screen readers, and adaptive software may be purchased for individuals meeting the program's eligibility requirements. Any New Jersey resident with combined hearing and vision loss can reach out to see if they qualify for the iCanConnect program to receive free technology to support distance communication. Program guidelines can be found at <http://www.icanconnect.org/see-if-you-qualify>.

The Support Services Providers of New Jersey Program, or SSP-NJ, is a consumer-driven program providing qualified trained professionals to support and promote the independence of deaf-blind New Jersey residents. SSPs provide visual and environmental information, as well as human guiding, to acclimate the consumers to their environment so that they can make informed decisions. The program supports consumers in a variety of activities such as post-secondary education, household management, employment, health/well-being, and community integration.

Joseph Kohn Training Center (JKTC): offers vocational rehabilitation, employment services, and independent living skills training to blind, deaf-blind, and vision-impaired individuals. Individuals 18 years or older who are blind or visually impaired, have exited from their secondary school program, and want to

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learn the independent living skills that will enable them to be integrated into their community may be eligible. The program is customized for each consumer, free of charge, and can range in duration from approximately 2 weeks to 20 weeks or more.

Business Enterprises New Jersey (BENJ): CBVI is the State Licensing Agency (SLA) for the Federal Randolph-Sheppard program. BENJ, directly oversees New Jersey's Randolph Sheppard program. This program enables individuals who are blind to manage their own businesses, including: vending machines, newspaper stands, snack bars, and full service cafeterias. Individuals who wish to enter BENJ are required to: be at least 18 years of age, be legally blind, have a high school diploma (or GED), pass a background check, be registered to receive CBVI vocational rehabilitation services, and be a United States citizen.

Business Relations Unit (BRU): provides services to both public and private sector businesses in order to assist them with meeting their diversity initiatives in hiring individuals with disabilities. The BRU partners with businesses to address their needs, such as education and technical assistance on recruiting, hiring, and retaining employees who are blind, deaf-blind, and vision-impaired.

CBVI Service Centers

Northern Region

Newark Service Center (NSC):

153 Halsey St., 5th Floor,
Newark, NJ 07102
(973) 648-2111

*Counties Served: Bergen, Essex,
Hudson, Morris, Passaic, Sussex, and
Warren*

Central Region

Freehold Service Center (FSC):

100 Daniels Way,
Freehold, NJ 07728
(732) 308-4001

*Counties Served: Hunterdon, Middlesex,
Monmouth, Ocean, Somerset, and
Union*

Southern Region

Cherry Hill Service Center (CHSC):

2201 Rt. 38 East, Suite 600,
Cherry Hill, NJ 08002
(856) 482-3700

*Counties Served: Atlantic, Burlington,
Camden, Cape May, Cumberland,
Gloucester, Mercer, and Salem*

Atlantic City Service Center Satellite (ACSC):

1300 Atlantic Avenue, 3rd Floor
Atlantic City, NJ 08401
(609) 441-3074

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Services for Blind, Visually Impaired and Deaf-Blind Individuals

Other CBVI Locations

Joseph Kohn Training Center (JKTC):

130 Livingston Ave.,
New Brunswick, NJ 08901
(732) 937-6363

George F. Meyer Instructional Resource Center (TMC):

375 McCarter Hwy.,
Newark, NJ 07114
(973) 648-2547

Business Enterprise New Jersey (BENJ):

130 Livingston Ave.,
New Brunswick, NJ 08901
(732) 418-3270

Additional Services Outside of CBVI

NJ State Library Talking Book and Braille Center (TBBC)

2300 Stuyvesant Avenue
Trenton, NJ 08618
1-800-792-8322

<https://www.njstatelib.org/talking-book-braille-center/>

Provides free, home-delivered services to children, teens and adults who have difficulty reading standard print or trouble holding a book.

The Seeing Eye*

10 Washington Valley Road
P.O. Box 375
Morristown, NJ 07963
(973) 539-4425
www.seeingeye.org

The Center on Sensory and Complex Disabilities

2000 Pennington Road
Ewing, NJ 08628
(609) 771-3150
www.njcscd.tcnj.edu

National Federation of the Blind-NJ

254 Spruce Street
Bloomfield, NJ 07003
(973) 743-0075
www.nfbnj.org

NJ Council of the Blind, Inc.

259 Rossiter Avenue
Paterson, NJ 07502
(973) 595-0116
www.njcounciloftheblind.org

NJ Blind Citizens' Association

18 Burlington Avenue
Leonardo, NJ 07737
(732) 291-0878
www.njbca.org

* For more information on service animal organization see chapter 23.

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St. Joseph's School for the Blind at Concordia

761 Summit Avenue
Jersey City, NJ 07307
(201) 876-5432

www.schoolfortheblind.org

St. Joseph's Home for the Blind

537 Pavonia Avenue
Jersey City, NJ 07306
(201) 653-8300

Association for the Multiple Impaired Blind, Inc.

35 Beaverson Blvd.
Building #13
Brick, New Jersey 08723
(732) 262-0082

www.amib.net

Vision Loss Alliance of NJ

155 Morris Ave, Suite 2
Denville, NJ 07834
(973) 627-0055

www.vlanj.org

Blind Center of the NJ Cape

PO Box 624
Cape May Court House, NJ 08210
(609) 624-0931

www.blindcenterjerseycape.org

Eyes Like Mine, Inc

PO Box 10125
Newark, NJ 07101
(862) 600-2144

www.eyeslikemine.org

Beyond the Eyes, Inc.

P.O. Box 212
South Orange, NJ 07079
(973) 763-6308
www.beyondtheeyes.info

Blind Children Resource Center

23 Alexander Avenue
Madison, NJ 07940
(973) 377-0976
www.blindchildren.org

Electronic Information and Education Service (EIES)

59 Scotland Road
South Orange, NJ 07079
(973) 762-0552
www.eiesofnj.org

Learning Ally

20 Roszel Road
Princeton, NJ 08540
1-800-221-4792
www.learningally.org

NJ Cultural Access Network (Audio-Description)

7 King Place, 2nd Floor Morristown,
NJ 07960
(973) 731-6582
[www.njtheatrealliance.org/
cultural-access-network-project](http://www.njtheatrealliance.org/cultural-access-network-project)

NJ Camp for Blind Children, Inc.

27 Durham Rd.
Rockaway, NJ 07866
(973) 627-1113
www.campmarcella.org

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Services for Blind, Visually Impaired and Deaf-Blind Individuals

The Margaret Winchester Enrichment Center for the Blind and Visually Impaired

168 Sunny Slope Drive
Bridgeton, NJ 08302
(856) 451-5623

www.mwcenterfortheblind.com

John D. Young Memorial Lions Blind Center

100 Crestview Ave.
Absecon, NJ 08201
(609) 677-1199

www.lionsblindcenter.org

Blind Athletes Inc.

P.O. Box 632
Wharton, NJ 07885
(678) 362-4560

www.blindathletes.org

Association of Blind Athletes of New Jersey (ABANJ)

(Goalball, Beep Baseball, and Soccer)
(848) 459-5983 or (732) 910-9895
Email: abanjsecretary@gmail.com





Chapter 20: Services for Deaf and Hard of Hearing Individuals

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Through education, advocacy and direct services, the Division of the Deaf and Hard of Hearing (DDHH) works to eliminate barriers and promote increased accessibility to programs, services, and information to individuals who are deaf and/or hard of hearing. DDHH maintains up-to-date resources on hearing loss, and provides the following services: communication access referral, equipment distribution programs, technical assistance, education and training, stakeholder communications, and advocacy.

Equipment Distribution Program

Eligible residents may receive safety and telecommunication devices such as an amplified telephone, captioned phone, visual smoke detector, baby cry alert system, and an artificial larynx device at no cost. Applicants must reside in New Jersey, have a hearing loss as attested by a physician or audiologist, and a household income under \$45,000.

Applications are available at:

<https://www.nj.gov/humanservices/ddhh/equipment/>

Communication Access Referral Services

The DDHH assists individuals and agencies in finding interpreters and captioning services. **People or agencies in need of sign language interpreters or real-time captioning may obtain assistance by calling DDHH at (609) 588-2648.**

Lists of interpreters and captioning services are also available at:

<https://www.nj.gov/humanservices/ddhh/services/>

Information and Referral and Case Management

Individuals who are deaf or hard of hearing in need of services can call for information and referral assistance. In addition, a case manager fluent in American Sign Language (ASL) can assist individuals by connecting them to services and navigating through the system. The case manager often works as a liaison between consumers and service providers.



Division of the Deaf and Hard of Hearing

PO Box 074
Trenton, New Jersey
08625-0074

Toll Free:
1-800-792-8339 or
(609) 588-2648

[www.state.nj.us/
humanservices/
ddhh/home](http://www.state.nj.us/humanservices/ddhh/home)



Chapter 20

Services for Deaf and Hard of Hearing Individuals

Assistive Communication Device Demonstration Center

Individuals who are deaf or experiencing hearing loss can visit our Assistive Communication Device Demonstration Center located in Hamilton, NJ. The center displays assistive communication devices and allows individuals to test equipment so they can make informed decisions prior to purchasing such devices. The devices on display include those in the Equipment Distribution Program as well as other practical devices for home and office, such as door bells, alarm clocks, video phones, amplified sound systems, and more. The Center is located at the DDHH office in Hamilton NJ. **Appointments can be made by calling 609-588-2648** or via email at: Ddhh.Communications2@dhs.state.nj.us.

New Jersey Hearing Aid Project

Older NJ residents with low-incomes can have access to refurbished hearing aids available through the NJ Hearing Aid Project. New Jersey Residents who are 65 years of age or older and meet income requirements are eligible to receive refurbished hearing aids through the New Jersey Hearing Aid Project. Income eligibility is \$27,951 if single; \$34,268 if married. **For more information on obtaining or donating a hearing aid, please contact the DDHH toll free at 1-800-792-8339.**





Services for The Deaf and Hard of Hearing Outside of DDHH

Accessible Communication

New Jersey Relay

A free service administered by the NJ Board of Public Utilities (BPU) in collaboration with Sprint, to ensure equal communication access to telephone service for people who are deaf, deaf-blind, hard-of-hearing, or speech disabled. The service allows callers to communicate with standard (voice) telephone users through specially trained Relay Operators (OPR).

Dial 711 to use NJ Relay.

Communication Options Available Through NJ Relay

Text Telephone Relay (TTY)

Allows individuals using a TTY to type their conversation to the OPR, who then reads the typed conversation to a standard telephone user. TTY equipment is also available with braille or large visual displays for individuals who are visually impaired.

Hearing Carry-Over (HCO)

Allows a speech disabled person with hearing capabilities to listen to a standard telephone user and type his/her conversation to the OPR, who will voice the message to the standard telephone user.

Relay Conference Captioning (RCC)

Enables individuals to participate in meetings, phone calls, videoconferences and multi-party conference calls using live, real-time text streamed to a computer connected to the Internet.

Captioned Telephones (CapTel), Web CapTel, Wireless CapTel

Allows users to listen, speak directly to the caller, and read captions of the caller's response either through a captioned telephone device (CapTel), via a computer with internet access (Web CapTel), or wirelessly using a mobile device. Spanish translation is available.

For additional information, contact the NJ Division of the Deaf and Hard of Hearing at 609-588-2648 or visit www.njrelay.com.

Other Communication Options

Video Relay Service (VRS)

Enables individuals who are deaf or hard of hearing and who use sign language to communicate via a qualified sign language interpreter. VRS

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Services for Deaf and Hard of Hearing Individuals

Continued from page 91

can be accessed using any device equipped with a front facing camera or webcam and a high speed internet connection. The interpreter facilitates the conversation in sign language with the VRS user and by voice to standard telephone users.

Internet Protocol Relay (IP Relay)

Enables individuals to use any device connected to the internet to type their conversation to an OPR who then reads the conversation to a standard telephone user. Spanish translation is also available.

Early Detection:

Early Hearing Detection and Intervention Program (EHDI)

Ensures that all New Jersey children receive timely and appropriate screening, diagnosis, and intervention for hearing loss. The New Jersey EDHI program provides insight and technical assistance to birthing facilities; provides education about newborn hearing screening, diagnosis, and intervention to families and health care providers; and the establishment of a confidential registry and tracking system to ensure children are screened, have appropriate follow-up and are linked to services. **For more information, visit:** www.nj.gov/health/fhs/nbs/ehdi

Department of Health

PO Box 364

Trenton, New Jersey 08625

Voice: (609) 292-5676

Voice/TTY: (609) 984-1343

Email: EHDI@doh.nj.gov

New Jersey Specialized Child Study Team (NJSCST)

Provides evaluation, education and diagnostic services for children age three through twenty-one with a confirmed or suspected hearing loss who utilize varied communication modalities including speech, sign language, or a combination.

PO Box 500

200 Riverview Plaza

Trenton, NJ 08625-0500

(609) 376-9091

<https://www.nj.gov/education/specialed/deaf/resources/>

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Advocacy:

SPAN EDHI

In this role, SPAN supports the development of statewide programs and systems of care that ensure that children who are deaf or hard of hearing are identified through newborn and infant hearing screening. **For more information, visit:**

<http://www.spanadvocacy.org/content/early-hearing-detection-and-intervention-ehdi>

Employment:

Division of Vocational Rehabilitation Services' Deaf Language Specialists

DVR employs Deaf Language Specialists, also known as Rehabilitation Counselors for the deaf, to cover all 21 counties who provide direct vocational counseling to DVR consumers whose primary language is American Sign Language (ASL). **For more information and to find your local deaf language specialist, visit:**

https://careerconnections.nj.gov/careerconnections/plan/foryou/disable/hearing_and_visual_services.shtml

Mental Health Related Services:

NJ Deaf Advocacy Project

This organization provides culturally sensitive advocacy, education and supportive services to those impacted by domestic and/or sexual violence in the Deaf community.

For more information, visit: www.deafadvocacyproject.org

VP: 609-456-0188

Text: 609-619-1888 (24/7)

njdeafadvocacy@gmail.com

ACCESS Deaf Services

Behavioral health services for people who are deaf or hard of hearing. Services are provided by licensed social workers who are fluent in ASL and have experience in working with the diagnostic and treatment challenges present in this population. For more information, visit: <http://www.stjosephshealth.org/clinical-focuses/behavioral-health-services/item/1328-access>

Voice: 973-754-5595

VP: 973-968-6567

Email: uckarc@sjhmc.org





Chapter 21: Veterans Services

21

Veterans of the United States Armed Forces may be eligible for a range of programs and services provided by the U.S. Department of Veterans Affairs (VA). Eligibility for most VA benefits is based upon honorable discharge from active military service, while some benefits require wartime service.

Veterans enrolled in the VA's health care system are eligible to receive health care services, personal care assistance, medications and other services. Veterans must have a service connected disability or meet income requirements to enroll.

Veterans are also eligible for various services through the VA such as home loans, gravestone markers, funeral plots at no cost when buried at a military cemetery or reimbursement for plots purchased in other cemeteries, educational loans through the GI Bill, vocational rehabilitation and employment services, disability compensation, pensions, life insurance, and survivor's benefits.

Veterans Services Organizations (VSOs)

Through a network of regional VSOs, the New Jersey Division of Military and Veterans Affairs' Bureau of Veterans Benefits provides state veterans and their dependents with information and guidance in filing claims. Trained veterans service officers also assist veterans with applying for services offered by federal, state, county or local veterans offices, such as employment, housing, education, and medical services.

State Operated VSOs

Funded by the state Department of Military and Veterans Affairs, trained service officers connect clients to state and federal services offered by the Veterans Administration. www.nj.gov/military/veterans/state-service-offices/

Veteran Organization Operated VSOs

These organizations have trained volunteers that operate as service officers. Because these service officers are actually members of various veteran organizations, they can offer first-hand knowledge of services and benefits. www.nj.gov/military/veterans/veteran-organization-service-offices/

County Operated VSOs

Funded by local county governments, these offices, while similar to the state-operated VSO, can also offer services tailored to the individual county, and on a

Chapter 2 | Veterans Services

state or federal level. These VSOs can offer more of a face-to-face service with the public because they typically have more service officers on hand to assist.

www.nj.gov/military/veterans/county-service-offices/



Veterans Hotlines

Benefit Hotline:

1-888-8NJ-VETS (1-888-865-8387)

National Suicide Prevention Hotline:

1-800-273-TALK (1-800-273-8255)

Vets4Warriors:

1-855-VET-TALK (1-855-838-8255)

NJ Vet2Vet:

1-866-VETS-NJ4 (1-866-838-7654)

Vet Center Combat Call Center:

1-877-WAR-VETS (1-877-927-8387)





Chapter 22: Guardianship

22

What is guardianship?

Guardianship is the appointment of a person or agency by a court to exercise control over part, or all, of another individual's person and/or property. The guardian is the person or agency appointed by a court to make personal decisions for an individual who is incapable of making some or any decisions independently. The person who lacks capacity is referred to as the "alleged incapacitated person" until a guardian is appointed by the court. Thereafter, the incapacitated person is referred to as the "individual receiving guardianship services." Many individuals with developmental disabilities are capable of making their own decisions with appropriate support and advice, and do not need a guardian.

What types of guardianship are there?

The two types of guardianships involve guardianship of property and guardianship of a person. Many times both types are required to protect an individual receiving guardianship services, but sometimes only one type is necessary.

The guardian of the property has a duty to locate and marshal the assets of the individual receiving guardianship services. This includes all assets such as bank accounts, stocks, personal property and real estate. The guardian is required to file an initial inventory and to swear that it is accurate and complete. The assets are placed in the name of the guardian. It is the responsibility of the guardian to ensure that all assets are safeguarded and spent appropriately. Annual accountings are required to be filed with the court for review and are subject to the court's approval.

The guardianship of the person is appointed to watch over and make major life decisions for the individual receiving guardianship services until the reason for incapacity no longer exists and the court has deemed the person as capable. The guardian of the person makes decisions affecting everything from the individual receiving guardianship services' residence, visitation, medical care, socialization, travel and other areas of their life. Guardians of the person are required to file annual reports with the court to inform as to the status and well-being of the individual receiving guardianship services.

What's the difference between full and limited guardianship?

Generally, a court will consider delegating an individual's decision-making rights in the following areas: residential, vocational, medical, financial, educational and legal.

Chapter 22

Guardianship

In a plenary, or full, guardianship, all of these rights are delegated to the guardian and no rights are reserved to the individual receiving guardianship services. In a limited guardianship, some delegable rights are delegated to the guardian while the individual receiving guardianship services reserves other rights.

What is the role of the guardian?

All guardians are responsible for:

- ❖ Assisting the individual to participate with the guardian in the decision-making process, to the maximum extent of the individual's ability, to encourage the individual to act on their own behalf whenever able to do so;
- ❖ Encouraging the individual to develop or regain higher capacity to make decisions to the maximum extent possible in those areas in which they are in need of a guardian;
- ❖ Making decisions and giving consents on behalf of the individual, but only to the extent of the court order;
- ❖ Protecting the individual from harm;
- ❖ Looking out for the individual's interests;
- ❖ Safeguarding the individual's human and civil rights;
- ❖ Ensuring that the individual's physical, emotional and developmental needs, including education and training, are met;
- ❖ Acting consistently with a previously executed power of attorney for health care or advance directive;
- ❖ Helping the individual to obtain all available and appropriate benefits and supportive services;
- ❖ Visiting the individual not less than once every three months;
- ❖ Initiating legal action on the individual's behalf; and
- ❖ Submitting reports to the court as specified by the court.

A guardian is NOT responsible for:

- ❖ Providing for the individual from his or her own funds;
- ❖ Any liability to another person for acts of the individual;
- ❖ Injury to the individual from the wrongful conduct of another person providing medical or other care;
- ❖ Taking the individual into the guardian's home to live;
- ❖ Consenting to shock treatment, psychosurgery, sterilization or medical, behavioral or pharmacological research.



Are there alternatives to guardianship?

Yes. In New Jersey, an individual may appoint a Power of Attorney (POA) to make decisions on their behalf. The individual with the disability must be able to understand on a basic level that they are appointing someone to make decisions on their behalf. In addition:

- ❖ A person must be able to give consent;
- ❖ A POA can cover person and/or property;
- ❖ A POA can be revoked and/or changed at any time, based on changing needs;
- ❖ A POA is significantly less costly than guardianship; and
- ❖ It is best to work through an attorney to establish POA

Supported Decision Making

In supported decision-making, there is no court-appointed legal guardian to make decisions for a person. Instead, the individual makes his or her own decisions with the assistance and support of a trusted person or people, such as friends, family members, advocates or others. More information about supported decision-making can be found through the National Resource Center for Supported Decision-Making at www.supporteddecisionmaking.org

How does one establish a guardianship?

In recent years courts have streamlined the application to facilitate families or interested parties who might seek a guardianship for an alleged person needing a guardianship on a pro se basis or self-representation in the court without an attorney. Complaints can also be filed by an attorney. To establish guardianship for an incapacitated adult, a Verified Complaint must be filed with the Surrogate's Court in the county where the alleged incapacitated person resides. The Complaint must include particular information and must be supported by affidavits of physicians based upon recent examinations of the alleged incapacitated person. Once a Complaint is filed, the court will enter an order appointing an attorney for the alleged incapacitated person and schedule a hearing. If the court determines that the person is incapacitated, then a judgment will be entered appointing guardian(s). Before the guardian(s) can act on behalf of the incapacitated person, they must appear before the County Surrogate to qualify as guardian, including by posting a bond if required.

For information on how to file for guardianship of an individual eligible for services from the Division of Developmental Disabilities (DDD) visit:
http://www.njcourts.gov/prose/I2009_guardianship_person.pdf

For information on how to file for guardianship of person and estate visit:
https://www.njcourts.gov/forms/I0558_guardianship_person_and_estate.pdf

Chapter 22

Guardianship

Guardianship Related Resources

The New Jersey Judiciary Self-Help Resources

The New Jersey Judiciary provides guardianship related information and resources on its website. The site includes forms to file a guardianship, training materials and guardianship reporting forms that are required by the court and other resources.

<https://www.njcourts.gov/courts/civil/guardianship.html>

New Jersey Judiciary Guardianship Support/Guardianship Monitoring Program

The Guardianship Monitoring Program (GMP) provides an ongoing relationship between guardians and the court in support of the best interests of incapacitated individuals. The goal of the GMP is to safeguard and reduce the potential for abuse and exploitation of incapacitated individuals by their guardians. Contact your county court system for more information.

Surrogate's Courts

The Surrogate's Court can provide assistance on all matters affecting estates, guardianships, and other probate matters. The Surrogate is responsible for determining the validity of wills, appointing administrators for estates and guardians for minors and incapacitated persons, and appointing trustees where applicable. Contacts for your local surrogate's office can be found here:

www.njcourts.gov/public/assets/directories/surrogateroster.pdf

Office of the Public Guardian for Elderly Adults (OPG)

The OPG acts as surrogate decision-maker for residents 60 years of age and over who have been deemed incapacitated by the Superior Court of New Jersey. OPG does not petition to become guardian, but rather accepts judicial appointments on a discretionary basis.

Office of the Public Guardian for Elderly Adults

Helen C. Dodick, Acting Public Guardian

P.O. Box 812

Trenton, New Jersey 08625-0812

(609) 588-6500

www.state.nj.us/humanservices/doas/services/pg



Guardianship Assistance Program (GAP)

The GAP provides affordable legal services to assist parents of developmentally disabled young adults in obtaining legal guardianship.

(609) 444-6653

<https://www.gapservices.org/>

Kinship Care-Legal Guardianship Program

This service assists caregivers making a legal commitment to the child/children in their care. To obtain legal guardianship, caregivers must have been caring for a child for at least one year and accept responsibility for the child until the child's 18th birthday, or 21 if the child has a disability. Caregivers who have legal guardianship may also be eligible for a subsidy.

For more information, call 211 to be referred to your local Kinship agency.

Bureau of Guardianship Services

Chief, Jessica Anastasi

PO Box 705

Trenton, NJ 08625-0726

(609) 631-2213

Under the auspices of the Department of Human Services, Central Office, the Bureau of Guardianship Services (BGS) is the state entity designated to provide guardianship services to adults who are receiving functional services from the Division of Developmental Disabilities (DDD). When a person reaches the age of 18, they have full legal responsibility for themselves regardless of any disability, except, when determined necessary by the court, a guardian may be appointed to make decisions on their behalf.

BGS has two statutory responsibilities:

First, BGS may file a petition through the Office of the Attorney General, for the appointment of a guardian for an eligible adult in need of a guardian.

Second, BGS may serve as guardian of the person for a DDD eligible consumer where there is no known family or other interested party able or willing to serve as guardian of the person.

BGS does not pursue guardianships of the property- only guardianships of the person. **BGS is only able to assist individuals who receive services funded by the Division of Developmental Disabilities. Individuals must apply to DDD to receive an eligibility determination. See chapter 18.**





Chapter 23: Service Dogs

23

A service dog is defined by the Americans with Disabilities Act (ADA) as a dog that has been individually trained to do work or perform tasks for an individual with a disability. The task(s) performed by the dog must be directly related to the person's disability.

- ❖ Under the ADA and the New Jersey Law Against Discrimination (NJLAD), a place of public accommodation cannot refuse admittance of a service dog when it is accompanying a person with a disability.
- ❖ The ADA/NJLAD requires that places of public accommodation (which include privately-owned businesses that serve the public) allow people with disabilities to bring service dogs into any area in which customers are generally allowed.
- ❖ The ADA/NJLAD does not require that a service dog be certified or have special identification, but it is not inappropriate for a business to ask if a dog that does not have an identifying vest or a special harness is a service animal rather than a pet. The business may not, however, insist on proof of certification before permitting admittance of a service dog accompanying a person with a disability.
- ❖ It is a violation of the ADA/NJLAD for a business to charge a cleaning or maintenance fee when a person with a disability has brought a service dog into the place of business. However, the owner of the animal has sole responsibility for its behavior and may be charged for any damages the animal causes as long as the business has a policy of charging non-disabled customers for damages that they cause. Likewise, it is not a violation of the ADA/NJLAD to exclude a service dog from a place of public accommodation if the animal behaves in a loud, threatening, or uncontrolled manner, creating a substantial disturbance or posing a direct threat to the safety of others.

For more information, visit:

https://www.ada.gov/regs2010/service_animal_ga.html

Or review the following guidelines published by the NJ Division on Civil Rights: <https://www.nj.gov/lps/dcr/downloads/fact-Disability-Accommodation.pdf>

Chapter 23 Service Dogs

Service Dog Providers

The Seeing Eye, Inc.

PO Box 375
Morristown, NJ 07963-0375
(973) 539-4425
www.seeingeye.org

The Seeing Eye breeds and raises puppies to become Seeing Eye dogs and provides instructions to blind people in the proper use, handling, and care of the dogs. Apply online or by phone.

Canine Companions for Independence

286 Middle Island Road
Medford, NY 11763
Toll Free/TDD: 1-800-572-2275
www.cci.org

This organization provides service dogs, hearing dogs, facility dogs, and skilled companion dogs to people with physical or developmental disabilities, adults who are deaf or hard of hearing and certain professionals who can demonstrate that an assistance dog will enhance their independence or their quality of lives. Apply online.

Canine Partners for Life

PO Box 170
Cochranville, PA 19330
(610) 869-4902
www.k94life.org

This organization trains service dogs to assist individuals who have mobility impairments and balance disorders, difficulty using their hands/arms, health related fatigue issues, and people with seizure/cardiac syncope and Type I Diabetes disorders. Visit the website to obtain an application.

Guiding Eyes for the Blind

611 Granite Springs Road
Yorktown Heights, NY 10598
Toll Free: 1-800-942-0149
www.guidingeyes.org

Guiding Eyes for the Blind provides guide dogs to people with vision loss. Individuals must be: legally blind, over the age of 16, capable of walking outdoors unaccompanied and independently with the use of a white cane, responsible for the care of a dog. Apply online or by phone.

Assistance Dogs International (ADI)

ADI is a coalition of not for profit assistance dog organizations.

To find other service dog programs serving your area, use the “program search” available on their website at:
www.assistedogsinternational.org



Chapter 24: Accessible Parking

24

Accessible parking rights may be granted to individuals with both permanent and temporary mobility impairments.

Temporary Accessible Parking Placards:

- ❖ May be granted for short-term mobility impairments
- ❖ Require written medical certification from a qualified practitioner
- ❖ Are valid for six months
- ❖ Are renewable one time at the discretion of the issuing authority
- ❖ Are issued by the Chief of Police of each municipality

Permanent Accessible Parking Placards or Plates:

To qualify for a permanent accessible placard or plates, you must:

- ❖ Have lost the use of one or more limb
- ❖ Have a permanent disability and be unable to move without the use of an assistive device
- ❖ Have your mobility limited as certified by a physician
- ❖ Have a permanent sight impairment of both eyes as certified by the N.J. Commission of the Blind (placard only)

Note: Non-disabled drivers who are transporting persons who meet the criteria above may also use the Accessible parking privileges, but only when the person with the qualifying disability is in the car. Also, plates or placard must be accompanied by the companion “Person with a Disability ID” card at all times.



The Division of Disability Services publishes a comprehensive “Guide to Accessible Parking.”

To request a copy, call DDS at 1-888-285-3036 or view it electronically at:

<https://www.state.nj.us/humanservices/dds/home/index.html>



New Jersey Motor Vehicle Commission
www.state.nj.us/mvc
(609) 292-6500 (Voice)
711 NJ Relay (TTY)





Chapter 25: Emergency Preparedness

25

BE PREPARED

MAKE
A KIT

HAVE
A PLAN

BE
INFORMED



Ways to stay
informed about
disasters and
emergencies in
New Jersey:

www.ready.nj.gov
Alerts & Updates
Blog

[NJOEM](#)
on Facebook

[NJOEM](#)
on Twitter

[NJOEM](#)
on Instagram



Chapter 25

Emergency Preparedness

Disaster Preparedness Checklist for People with Disabilities

The following list is intended to provide suggestions for disaster preparedness planning that may be taken by individuals with disabilities.

Self-Networks

- _____ Discuss your disability and needs with relatives and friends.
- _____ Develop a network of people who know your needs and location, who will be able to assist you or alert emergency personnel on your behalf. Do not depend on only one person.

Medical Equipment and Supplies

- _____ Evaluate equipment for repairs and obtain and keep spare parts.
- _____ Order the full allotment of supplies that your insurance allows, such as protective briefs, leg bags, suction tubing, hearing aid batteries, etc. Stockpile unused items.
- _____ Assemble a first aid kit. It should include: sterile adhesive bandages in assorted sizes, assorted sizes of safety pins, cleansing agents/soaps, latex gloves (2 pairs), 4-6 sterile gauze pads (2-inch and 4-inch), three triangular bandages, non-prescription drugs, three rolls each of 2 and 3 inch sterile roller bandages, scissors, tweezers, needle, moistened towelettes, antiseptic, thermometer, two tongue depressors, and a tube of petroleum jelly or other lubricant.

Medications and Medical Needs

- _____ Create a list of current prescriptions, names and dosages. Remember to update this list, as needed.
- _____ Keep a list of the names, addresses, and telephone numbers of doctors and pharmacists.
- _____ Prepare a detailed description of your medical regimen and personal care needs.
- _____ Order a full 30-day supply of necessary medications. Check with your insurance carrier.

checklist continued on page 109



Telecommunications

- _____ Make sure your cell phone battery and any extra batteries are kept fully charged.
- _____ Pre-arrange alternative methods to reach family, friends, or personal care attendants if ordinary communications are disrupted.

Personal Assistant Care

- _____ Consider checking into a nursing home or hospital if a disaster is anticipated. Staff will be available to meet personal care needs. Also, backup generators will be operating to assist people who use power wheelchairs and/or ventilators.
- _____ Contact your personal care attendant provider to discuss disaster preparedness and maintain a list of phone numbers of those who can assist in obtaining personal care for you.

Food and Water

- _____ Three day supply of water/Three gallons of water per person
- _____ Keep a supply of canned, dehydrated, and no-cook foods.
- _____ Keep cases of nutrients available for tube feeding.
- _____ Keep foods for special dietary needs, such as diabetic and high caloric diets.

Service Dog

- _____ The animal always should wear an identification tag with all necessary contact information.
- _____ Keep shots and medical records current and service animal ID numbers available.
- _____ Your animal will need plenty of food and water, kept in sturdy storage containers.
- _____ Consider large capacity self-feeders and water dispensers.
- _____ Keep contact information on your service animal's veterinarian available.
- _____ Check with your local emergency management officials for companion animal procedures in emergency shelters.

checklist continued on page 110

Chapter 25

Emergency Preparedness



Contact numbers for NJ utility providers:

PSEG:

1-800-436-7734

JCP&L:

1-888-544-7734

Atlantic City Electric:

1-800-833-7476

Rockland Electric Company:

1-877-434-4100



Power

- _____ Extended power outages may affect ventilators, heating and/or cooling units, which may be a matter of life or death for some people with disabilities. **Contact your utility provider if you require power to support your special need or circumstance.**
- _____ Investigate emergency contingency plans in your building/community/municipality.
- _____ Explore care facilities, especially if you use a ventilator or have other complex medical needs.
- _____ Consider staying with friends or family out of your area if you anticipate possible power outages, especially if you have medical equipment that is dependent upon power.
- _____ Contact your local fire department and Red Cross for information and registries of people with disabilities.

Oxygen

- _____ Buildings where oxygen is kept must display an “Oxygen in Use” emblem.
- _____ Oxygen must be kept in containers specifically manufactured for that purpose.
- _____ Alert emergency response staff to the use of oxygen.
- _____ Oxygen is flammable, so avoid sparks and flame. Demand that people not smoke near an oxygen container.

Miscellaneous

- _____ Keep battery-operated flashlights and/or lanterns with lots of extra batteries.
- _____ Blankets and warm clothes should be packed in an emergency.
- _____ Keep the gas tank in your car full.
- _____ Have a battery-powered radio and extra batteries on hand.
- _____ Keep ample cash on-hand. ATMs and banks may not function during power outages.
- _____ Have a non-electric can opener.
- _____ Keep a supply of assorted plastic bags.



For more information on developing an individualized disaster preparedness plan, or for current information on Homeland Security Advisory System recommendations, contact:

State

NJ Special Needs Registry

www.registerready.nj.gov

(Call 211 for registration or help)

New Jersey Office of Emergency Management

www.ready.nj.gov

County Emergency Management Coordinators:

<http://ready.nj.gov/about-us/county-coordinators.shtml>

New Jersey Office of Homeland Security and Preparedness

www.njhomelandsecurity.gov

Federal

US Department of Homeland Security

www.ready.gov

www.Listo.gov (Spanish)

1-800-BE-Ready

Federal Emergency Management Agency (FEMA)

1-800-621-FEMA (1-800-621-3362)

www.fema.gov

Local

American Red Cross

www.redcross.org

Residential Disability and Oxygen Emblems Program

The Division of Fire Safety distributes emblems you can display to alert first responders of an oxygen hazard or that an individual with a disability resides in the home. Emblems are distributed free of charge. An application can be obtained online at: <https://www.state.nj.us/dca/divisions/dfs/forms/>

For more information, contact the Division of Fire Safety at (609) 633-6106.



**Register Ready:
New Jersey's
Special Needs
Registry for
Disasters**

Allows NJ residents with disabilities or access and functional needs and their families, friends and caregivers an opportunity to provide information to emergency response agencies, so emergency responders can better plan to serve them in a disaster or other emergency.

**For more
information:**

www.ready.nj.gov







Chapter 26: Traveling With A Disability

26

Air Carrier Access Rules lift many restrictions that formerly discriminated against passengers with disabilities, and all carriers are now required to have a Complaints Resolution Officer (CRO) immediately available to resolve disputes between carriers and passengers with disabilities. While airlines may not require passengers with disabilities to provide advance notice of their disability or intent to travel (except in some very specific circumstances), doing so may in some cases help to avoid inconvenience.



For more information on traveling by air with a disability, contact:

Federal Aviation Administration
www.faa.gov

Transportation Security Administration
www.tsa.gov

Department of Homeland Security
www.dhs.gov



The following is a list of suggestions for air travelers with disabilities:

Physical Disability

- ❖ Ask the screener for assistance with your mobility aid and carry items.
- ❖ Let the screener know your level of ability and your need for physical assistance.
- ❖ Inform the screener about any special equipment or devices that you are using and where this equipment is located on your body.
- ❖ Ensure that all bags hanging from, or carried on, your wheelchair are put on the X-ray belt.
- ❖ Ask the screener to reunite you with your carry items and assistive devices after screening.
- ❖ Request assistance with removing your shoes when additional screening is necessary.

Hearing Disability

- ❖ Ask the screener to write the information down or to look directly at you and repeat the information.

Visual Disability

- ❖ Ask the screener to explain the security process to you step by step and to let you know where the metal detector is located.
- ❖ Ask the screener to let you know when you will be going through the metal detector and when there are obstacles that you will need to avoid.
- ❖ Ask the screener to find someone to escort you through the security process.
- ❖ Ask the screener to perform a hand inspection of equipment to prevent damage and to direct you toward your gate once the screening has been completed.

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Chapter 26

Traveling With A Disability

Continued from page 113

Hidden Disability

- ❖ Advise screeners that you have a disability and may need some assistance, or need to move slower.
- ❖ Offer suggestions to screeners on the best way to approach you during a pat-down inspection.
- ❖ Notify the screener if you need to sit down before and/or during the screening process.

Traveling With Medical Supplies/Devices

- ❖ Notify the screener that you are carrying medical supplies with you.
- ❖ Medications must be properly marked with a professionally printed label identifying the medication or manufacturer's name or pharmaceutical label.
- ❖ Notify screeners if you are using any surgically implanted medical device (i.e., insulin pumps, prosthetics, or artificial joints).
- ❖ Advise screeners if you are experiencing low blood sugar and are in need of medical assistance.
- ❖ Pacemaker users may wish to carry a Pacemaker Identification Card (ID).
- ❖ Crutches, canes and walkers will need to go through the X-ray machine. The screener will perform a hand inspection of your equipment if it cannot fit through the X-ray machine. You can ask for a private screening for the inspection of your prosthetic device or body brace.
- ❖ Notify screeners if you need assistance, such as a chair or someone to assist you during the inspection of your prosthetic devices or body braces.
- ❖ Tools and appliances used to put on or take off prosthetic devices must be screened.

Traveling With Service Animals

- ❖ Carry appropriate identification. Identification may include: cards or documentation, presence of a harness or markings on the tags. Service dogs and their harnesses or vests are subject to inspection.
- ❖ Advise the screener how you and your dog can go through the metal detector as a team with the leash and/or harness. If necessary, remind the screener that you should not be separated from your dog.



Chapter 27: Health and Wellness for People With Disabilities

27

Wellness Basics

- ❖ Include physical activity in your daily routine.
- ❖ Eat according to the FDA Food Pyramid at www.choosemyplate.gov
- ❖ Rest when needed, maintain a sleep schedule, and maintain good personal hygiene.
- ❖ Make medical appointments as needed and keep accurate records for follow-up.
- ❖ Take medication as directed. Don't deviate from regimen without medical clearance.
- ❖ Do a daily "wellness check". Look out for skin breakdown, sores and irritation.
- ❖ Make sure medical equipment such as wheelchairs and prosthetic devices "fit" properly.
- ❖ Avoid drug usage and limit alcohol and tobacco consumption.
- ❖ Maintain social interaction. Be part of the community.
- ❖ Keep up with "preventive" care. (Examples: Mammogram and pelvic exams for females and DRE and testicular exam for males.)
- ❖ Properly dispose of unused prescriptions, check with your local municipality on disposal locations.

Health Care Self-Advocacy

- ❖ Keep an accurate updated list of your medications, providers, and insurance information.
- ❖ Make sure providers' offices are accessible. When in doubt, ask.
- ❖ Discuss your disability as well as your health needs with practitioners.
- ❖ Never be afraid to ask questions or get clarity as needed.
- ❖ Ask someone to accompany you to appointments as needed.
- ❖ Keep a list of concerns or questions in between appointments and bring it with you to your appointments.

Chapter 27

Health and Wellness for People With Disabilities



Wellness Guides

In collaboration with the Division of Developmental Disabilities' Office of Prevention, the Division of Disability Services' (DDS) Disability Health and Wellness program (DH&W) published the following wellness guides designed to familiarize people with disabilities with the basic elements of a healthy lifestyle:

*Eat Well, Live Well, Be Well:
A Guide to Healthy Living for People with Disabilities*

*Your Body is Where You Live:
A Guide to Healthy Living for People with Disabilities -
Volume II*

To request a hard copy, call DDS at 1-888-285-3036
or view them electronically at:
<https://www.state.nj.us/humanservices/dds/services/dhwi/>





Appendix 1: County Offices of Disability Services

1 Appendix

All 21 Counties have an office that serves individuals with disabilities. Some counties have a combined aging and disability office referred to as the County Aging and Disability Resource Connection (ADRC). Contact your County office directly for more information regarding specific services and programs for individuals with disabilities.

Atlantic County Office on Aging*

Shoreview Building, Office #222
101 South Shore Road
Northfield, NJ 08225
(609) 645-7700, Ext. 4700

Bergen County Division of Senior Services*

One Bergen County Plaza, 2nd Floor
Hackensack, NJ 07601-7076
(201) 336-7400

Burlington County: Resources for Independent Living (RIL)**

351 High Street, Suite 103
Burlington City, NJ 08016
(609) 747-7745
www.rilnj.org

Camden County Department of Health and Human Services*

Division of Senior & Disabled Services
512 Lakeland Ave. 4th fl.
Blackwood, NJ 08012
(856) 858-3220

Cape May County Department of Aging and Disability Services*

Social Services Building
4005 Route 9 South
Rio Grande, NJ 08242
(609) 886-2784 & 2785

Cumberland County Office on Aging and Disabled*

Administration Building
800 East Commerce Street
Bridgeton, NJ 08302
(856) 453-2220 & 2221

Essex County Office of the Disabled

50 South Clinton Street, Suite 4300
East Orange, NJ 07018
(973) 395-8494

Gloucester County Division of Senior Services*

115 Budd Blvd.
West Deptford NJ, 08096
(856) 384-6900

Hudson County Office on Aging*

830 Bergen Avenue, Suite 3B
Jersey City, NJ 07306
(201) 369-4313

Hunterdon County Division of Senior, Disabilities and Veterans Services*

PO Box 2900
Flemington, NJ 08822-2900
(908) 788-1361, 1362 & 1363

** Office also serves as the County Aging and Disability Resource Connection (ADRC).*

*** Office also serves as the County's Center for Independent Living (CIL).*

Appendix I

County Offices of Disability Services

Mercer County Office on Aging*

PO Box 8068
640 South Broad Street
Trenton, NJ 08650
(609) 989-6661 & 6662

Middlesex County Office of Aging and Disabled Services*

75 Bayard Street, 5th Floor
New Brunswick, NJ 08901
(732) 745-3295

Monmouth County Division on Aging, Disabilities & Veterans Services*

Monmouth County Human Services Building
3000 Kozloski Rd.
Freehold 07728
(732) 431-7450

Morris County Division on Aging,* Disabilities and Veterans

340 West Hanover Avenue, Ground Floor
PO Box 900
Morristown, NJ 07963-0900
(973) 285-6848

Ocean County Department of Human Services*

1027 Hooper Avenue
PO Box 2191
Toms River, NJ 08754-2191
(732) 506-5374

Passaic County Department of Senior Services, Disabilities and Veterans Affairs*

930 Riverview Drive, Suite #200
Totowa, NJ 07512
(973) 569-4060

Salem County Office on Aging*

110 Fifth Street, Suite 900
Salem, NJ 08079
(856) 339-8622

Somerset County Aging and Disability Services*

Somerset County Office on Aging & Disability Services
27 Warren Street, First Floor
P.O. Box 3000
Somerville, NJ 08876-1262
(908) 704-6346

Sussex County Division of Senior Services*

Sussex County Administration Building
1 Spring Street, 2nd Floor
Newton, NJ 07860
(973) 579-0555

Union County Office for Persons with Disabilities & Special Needs*

Union County Administration Building, Elizabethtown Plaza
Elizabeth, New Jersey 07207
(908) 527-4870
Toll Free: 1-888-280-8226

Warren County: DAWN, Inc.**

66 Ford Road, Suite 121
Denville, NJ 07834
(973) 625-1940
Toll Free: 1-888-383-DAWN
(1-888-383-3296)
VRS: (973) 453-4689
www.dawncil.org

** Office also serves as the County Aging and Disability Resource Connection (ADRC).*

*** Office also serves as the County's Center for Independent Living (CIL).*



Appendix 2: County Social Services Agencies

2 Appendix

The County Boards of Social Services provide financial assistance and support to individuals and families who have limited resources and income. For more information regarding services, contact your County office below.

Atlantic County	(609) 348-3001
Bergen County	(201) 368-4200
Burlington County	(609) 261-1000
Camden County	(856) 225-8800
Cape May County	(609) 886-6200
Cumberland County	(856) 691-4600
Essex County	(973) 733-3000
Gloucester County	(856) 582-9200
Hudson County	(201) 420-3000
Hunterdon County	(908) 788-1300
Mercer County	(609) 989-4320
Middlesex County	(732) 745-3500
Monmouth County	(732) 431-6000
Morris County	(973) 326-7800
Ocean County	(732) 349-1500
Passaic County	(973) 881-0100
Salem County	(856) 299-7200
Somerset County	(908) 526-8800
Sussex County	(973) 383-3600
Union County	(908) 965-2700
Warren County	(908) 475-6301





Appendix 3: Area Agencies on Aging (AAA)/ Aging and Disability Resource Connection (ADRCs)

3 Appendix

New Jersey has 21 county-based Area Agencies on Aging (AAAs) responsible for developing comprehensive, coordinated systems of community-based services for older adults.

AAAs serve as the Aging & Disability Resource Connection (ADRC) lead agencies in their counties to ensure that seniors, adults with disabilities, and their caregivers have easy access to information and long-term services and supports. AAA/ADRCs are responsible for providing outreach, information & assistance, a screen to assess an individual's needs, and options counseling. For more information, contact your County ADRC or visit: www.adrcnj.org

Atlantic County Office on Aging*

Shoreview Building, Office #222
101 South Shore Road
Northfield, NJ 08225
(609) 645-7700, Ext. 4700

Bergen County Division of Senior Services*

One Bergen County Plaza, 2nd Floor
Hackensack, NJ 07601-7076
(201) 336-7400

Burlington County Office on Aging

795 Woodlane Road
PO Box 6000
Westampton, NJ 08060
(609) 265-5379

Camden Department of Health and Human Services*

Division of Senior & Disabled Services
512 Lakeland Ave. 4th fl.
Blackwood, NJ 08012
(856) 858-3220

Cape May County Department of Aging and Disability Services*

Social Services Building
4005 Route 9 South
Rio Grande, NJ 08242
(609) 886-2784 & 2785

Cumberland County Office on Aging and Disabled*

Administration Building
800 East Commerce Street
Bridgeton, NJ 08302
(856) 453-2220 & 2221

Essex County Division of Senior Services

900 Bloomfield Avenue
Verona, NJ 07044
(973) 395-8375

Gloucester County Division of Senior Services*

115 Budd Blvd.
West Deptford NJ, 08096
(856) 384-6900

** Also serves as the County office for Individuals with Disabilities*

Appendix 3

Area Agencies on Aging (AAA)/Aging and Disability Resource Connection (ADRCs)

Hudson County Office on Aging*

830 Bergen Avenue, Suite 3B
Jersey City, NJ 07306
(201) 369-4313

Hunterdon County Division of Senior, Disabilities and Veterans Services*

PO Box 2900
Flemington, NJ 08822-2900
(908) 788-1361, 1362 & 1363

Mercer County Office on Aging*

PO Box 8068
640 South Broad Street
Trenton, NJ 08650
(609) 989-6661 & 6662

Middlesex County Office of Aging and Disabled Services*

75 Bayard Street, 5th Floor
New Brunswick, NJ 08901
(732) 745-3295

Monmouth County Division on Aging, Disabilities & Veterans Services*

Monmouth County Human Services Bldg.
3000 Kozloski Rd.
Freehold 07728
(732) 431-7450

Morris County Division on Aging,* Disabilities and Veterans

340 West Hanover Avenue, Ground Floor
PO Box 900
Morristown, NJ 07963-0900
(973) 285-6848

Ocean County Office of Senior Services*

1027 Hooper Avenue
PO Box 2191
Toms River, NJ 08754-2191
(732) 929-2091

Passaic County Department of Senior Services, Disabilities and Veterans Affairs*

930 Riverview Drive, Suite #200
Totowa, NJ 07512
(973) 569-4060

Salem County Office on Aging*

110 Fifth Street, Suite 900
Salem, NJ 08079
(856) 339-8622

Somerset County Aging and Disability Services*

Somerset County Office on Aging & Disability Services
27 Warren Street, First Floor
P.O. Box 3000
Somerville, NJ 08876-1262
(908) 704-6346

Sussex County Division of Senior Services*

Sussex County Administration Bldg.
1 Spring Street, 2nd Floor
Newton, NJ 07860
(973) 579-0555

Union County Office for Persons with Disabilities & Special Needs*

Union County Administration Bldg.,
Elizabethtown Plaza
Elizabeth, New Jersey 07207
(908) 527-4870
Toll Free: 1-888-280-8226

Warren County Division of Aging & Disability Services

Wayne Dumont Jr. Administration Bldg.
165 County Road, Suite #245
Route 519 South
Belvidere, NJ 07823-1949
(908) 475-6591

** Also serves as the County office for Individuals with Disabilities*



Appendix 4: Centers for Independent Living (CILs)

4 Appendix

CILs are community-based, consumer-driven organizations designed to support individuals with disabilities by providing a multitude of services based on individual needs, such as: life skills training, advocacy, information and referral, peer counseling, socialization and community based activities. Membership is open to all people with disabilities, their able-bodied friends, and supporters. CILs promote personal growth and empowerment through choice, self-determination, and participation in programs providing information, education, skills development, and networking opportunities. *See below for a list of CILs by county.*

Atlantic County **Atlantic Center For Independent Living**

4 East Jimmie Leeds Road, Suite 7
Galloway, NJ 08205
(609) 748-2253
www.artemiscil.org

Camden County **Center For Independent Living Of South Jersey, Inc. (CIL-SJ)**

1150 Delsea Drive, Suite 1 & 2
Westville, NJ 08093
(856) 853-6490
www.cilsj.org

Bergen County **Heightened Independence & Progress (HIP)**

131 Main Street, Suite 120
Hackensack, NJ 07601
(201) 996-9100
www.hipcil.org

Camden City **Camden City Independent Living Center**

Virtua Camden
1000 Atlantic Avenue, Suite 105
Camden, NJ 08104
(856) 966-0800
www.camdenilc.org

Burlington County* ***Resources For Independent Living (RIL)**

351 High Street, Suite 103
Burlington City, NJ 08016
(609) 747-7745
www.rilnj.org

Cape May County **Resources For Independent Living (RIL)**

351 High Street, Suite 103
Burlington City, NJ 08016
(609) 747-7745
www.rilnj.org

Appendix 4

Centers for Independent Living (CILs)

Cumberland County Resources For Independent Living (RIL)

351 High Street, Suite 103
Burlington City, NJ 08016
(609) 747-7745
www.rilnj.org

Essex County DIAL, Inc.

2 Prospect Village Plaza, First Floor
Clifton, NJ 07013
(973) 470-8090
VRS: (973) 556-0226
www.dial-cil.org

Gloucester County Center For Independent Living of South Jersey, Inc. (CIL-SJ)

1150 Delsea Drive, Suite 1 & 2
Westville, NJ 08093
(856) 853-6490
www.cilsj.org

Hudson County Heightened Independence & Progress-Hudson

35 Journal Square, Suite 703
Jersey City, NJ 07306
(201) 533-4407
www.hipcil.org

Hunterdon County Progressive Center For Independent Living (PCIL)

Hunterdon County Branch
1220 Route 31 North Suite 14
Lebanon, NJ 08833
(908) 782-1055
1-877-376-9174
www.pcil.org

Mercer County Progressive Center For Independent Living (PCIL)

Mercer County Branch
3525 Quakerbridge Road, Suite 904
Hamilton NJ 08619
(609) 581-4500
www.pcil.org

Middlesex County Alliance Center For Independence

629 Amboy Avenue,
1st Floor, Suite 104
Edison, NJ 08837
(732) 738-4388
www.adacil.org

Monmouth County MOCEANS Center For Independent Living

565 Broadway, Suite 105
Long Branch NJ 07740
(732) 571-4884
www.moceanscil.org

Department of Human Services New Jersey Resources 2019-2020



Morris County **DAWN, Inc.**

66 Ford Road, Suite 121
Denville, NJ 07834
(973) 625-1940
1-888-383-DAWN
(1-888-383-3296)
VRS: (973) 453-4689
www.dawncil.org

Ocean County **MOCEANS Center For** **Independent Living**

1027 Hooper Avenue, Building 6,
3rd Floor
Toms River, NJ 08753
(732) 505-2310
www.moceanscil.org

Passaic County **DIAL, Inc.**

2 Prospect Village Plaza, First Floor
Clifton, NJ 07013
(973) 470-8090
VRS: (973) 556-0226
www.dial-cil.org

Salem County **Resources For Independent** **Living (RIL)**

351 High Street, Suite 103
Burlington City, NJ 08016
(609) 747-7745
www.rilnj.org

Somerset County **Alliance Center For** **Independence**

629 Amboy Avenue,
1st Floor, Suite 104
Edison, NJ 08837
(732) 738-4388
www.adacil.org

Sussex County **DAWN, Inc.**

66 Ford Road, Suite 121
Denville, NJ 07834
(973) 625-1940
1-888-383-DAWN
(1-888-383-3296)
VRS: (973) 453-4689
www.dawncil.org

Union County **Alliance Center For** **Independence**

629 Amboy Avenue
1st Floor, Suite 104
Edison, NJ 08837
(732) 738-4388
www.adacil.org

Warren County* ***DAWN, Inc.**

66 Ford Road, Suite 121
Denville, NJ 07834
(973) 625-1940
1-888-383-DAWN (1-888-383-3296)
VRS: (973) 453-4689
www.dawncil.org

** Office also serves as the County office for
individuals with disabilities.*





Appendix 5: Adult Protective Services

5 Appendix

The role of Adult Protective Services (APS) is to investigate complaints of suspected abuse, neglect, and/or exploitation of vulnerable adults aged 18 or older. A complaint to APS will generate a thorough assessment, which will include a private face-to-face interview with the potentially at-risk adult, to determine if intervention is warranted. All information generated by the investigation is confidential. A report of suspected abuse may be made to the Division of Aging Services Information and Referral toll-free number at **1-800-792-8820** or to the APS office in the county in which the individual lives.

County Adult Protective Services

Atlantic County	(609) 645-7770
Bergen County	(201) 368-4300
Burlington County	(609) 518-4793
Camden County	(856) 225-8178
Cape May County	(609) 886-2784
Cumberland County	(856) 825-0255
Essex County	(866) 903-6287
Gloucester County	(856) 256-2209
Hudson County	(201) 537-5631
Hunterdon County	(908) 788-1300
Mercer County	(609) 989-4320 x1641
Middlesex County	(732) 745-3635
Monmouth County	(732) 531-9191
Morris County	(973) 326-7282
Ocean County	(732) 349-1500
Passaic County	(973) 881-2616
Salem County	(856) 339-8622
Somerset County	(908) 526-8800
Sussex County	(973) 383-3600
Union County	(908) 497-3902
Warren County	(908) 475-6591

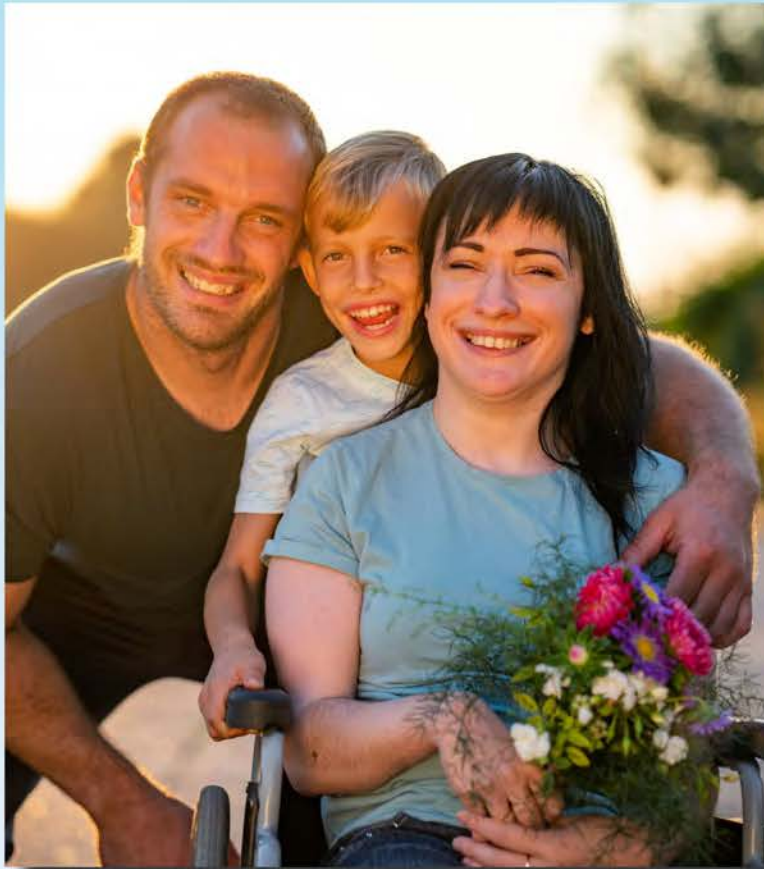




Appendix 6: Comparison of ABLE Accounts and Special Needs Trusts

6 Appendix

Question	ABLE Account	Third Party SNT	First Party SNT (d4A)	Third Party Pooled Trust	First Party Pooled Trust
Who can utilize?	Only person disabled before age 26	Any person with a disability	Any person with a disability	Any person with a disability	Any person with a disability
Whose funds?	Anyone, including person with a disability	Anyone, EXCEPT the person with a disability (usually funded by parent or grandparent)	The person with a disability	Anyone, EXCEPT the person with a disability (usually funded by parent or grandparent)	The person with a disability
How many can one person have?	One	Unlimited	Unlimited (but usually no reason to have more than one)	Unlimited	Unlimited
Who can control? In a Trust they are known as a Trustee	Person with a disability or their legal guardian, conservator, or someone with "power of attorney"	Anyone except the person with a disability or their spouse	Anyone, except the person with a disability or their spouse	Pooled trust organization as trustee	Pooled trust organization as trustee
Who inherits on death of person with disability?	Medicaid payback, then can go to heirs	Whoever is named in the trust – usually the heirs of the parent or grandparent	Medicaid payback then as directed	Whoever is named in trust document, but pooled trust organization may retain a portion	Medicaid payback; then whoever is named in trust document, but pooled trust may retain a portion
How much can be added in one year?	\$15,000 (or annual gift exemption) – total from all sources	Unlimited	Unlimited	Unlimited	Unlimited
Is funding gift-tax free?	Yes	No	Yes	No	Yes
Is there a cap on how much can be in account?	Yes, currently \$305,000 in New Jersey - \$100,000 until SSI is suspended	No	No	No	No
How is income taxed?	No income tax if used for qualified expenses	Taxed as a non-grantor trust at highest marginal tax rate	Taxed as grantor trust -- beneficiary pays income tax	Taxed as non-grantor trust at highest marginal tax rate	Taxed to beneficiary as grantor trust
Fees	Minimal cost to establish and maintain	Must be prepared by attorney; ongoing fees depend upon whether trustee is professional or family member.	Must be prepared by attorney; ongoing fees depend upon whether trustee is professional or family member.	\$250 to \$1,500 to establish (no attorney needed, but advisable); annual fees 2% to 4%	\$250 to \$1,500 to establish (no attorney needed, but advisable); annual fees 2% to 4%





Appendix 7 Disability Specific Resources

Appendix 7

This section lists agencies outside of state government that serve individuals with specific disabilities.

AIDS/HIV **Hyacinth AIDS Foundation**

Services: Case management, assistance dealing with the emotional impact of HIV, pastoral care, legal advocacy, housing and discharge planning for incarcerated individuals with HIV/AIDS, mental health and substance abuse counseling for those with HIV/AIDS.

317 George Street, Suite 203
New Brunswick, NJ 08901
1-800-433-0254
(732) 246-0204
www.hyacinth.org

Alzheimer's Disease **Alzheimer's New Jersey**

Services: Care consultations, respite and wellness programs, family support groups, clinical research trials, safety awareness programs, education and training.

425 Eaglerock Avenue, Suite 203
Roseland, NJ 07068
1-888-280-6055
(973) 586-4300
www.alznj.org

Alzheimer's Association, **Greater New Jersey Chapter**

Services: Support groups, help with care giving, education, planning
399 Market St, Suite 102
Philadelphia PA 09106
(856) 797-1212
www.alz.org/nj/

Amyotrophic Lateral Sclerosis (ALS) **The Neuromuscular and ALS Center**

Services: Diagnosis, treatment, therapeutic drug trials, physical and occupational therapy, and social work

Rutgers-Robert Wood Johnson Medical School

125 Paterson Street, Suite 6100
New Brunswick, NJ 08901
(732) 235-7331
<https://rwjms.rutgers.edu>

ALS Association-Greater Philadelphia Chapter

Services: home care, financial support for home modifications, assistive technology, transportation, research, and support groups

321 Norristown Rd. Suite 260
Ambler, PA 19002
(215) 643-5434
www.alsphiladelphia.org

Appendix 7 Disability Specific Resources

Arthritis/Fibromyalgia

Arthritis Foundation- New Jersey Chapter

Services: Advocacy, education, support groups, and outreach

555 Route 1 South, Suite 220
Iselin, NJ 08830
1-888-467-3112

(732) 283-4300

www.arthritis.org/new-jersey

Autoimmune Disorders

American Autoimmune Related Diseases Association

Services: Support groups, education, advocacy, and research

22100 Gratiot Avenue
Eastpointe, MI 48021
(586) 776-3900

<https://www.aarda.org>

Cancer

Cancer Hope Network

Services: Provides one-on-one support to patients and caregivers by matching them with volunteers who have survived cancer, also provides information regarding clinical trials

2 North Rd, Suite A
Chester NJ 07930
1-877-467-3638 or
(908) 879-6518

www.cancerhopenetwork.org/

American Cancer Society

Services: Provides education, a patient navigator program to guide you along the journey, and support services like

rides to treatment and lodging nearby treatment centers.

1-800-227-2345

<https://www.cancer.org/treatment/support-programs-and-services.html>

Cancer Thriving and Surviving (CTS) Workshops

This service provides peer-led workshops (2 1/2 hours, once per week for six weeks) in all 21 Counties for people who have completed cancer treatments and/or their caregivers.

Workshop topics include: Techniques to deal with problems such as frustration, fatigue, pain, isolation, poor sleep and living with uncertainty; Exercises for regaining and maintaining flexibility and endurance; Making decisions about treatment and complementary therapies; Communicating effectively with family, friends and health professionals; Nutrition; and Setting priorities.

To find CTS workshops available in your county, please visit: <https://www.state.nj.us/humanservices/doas/home/tchagencies.html>

Cardiac/Heart Disease American Heart and Stroke Association-New Jersey Affiliate

Services: Provides advocacy and education on the diseases and promotes local events to raise awareness.

(609) 208-0020

E-mail: newjersey@heart.org

<https://www.heart.org/en/affiliates/new-jersey/new-jersey>



Robbinsville Office

1 Union Street, Suite 301
Robbinsville, NJ, 08691

Saddle Brook Office

Park 80 West, Plaza II
250 Pehle Avenue, Suite 202
Saddle Brook, NJ, 07663

**Chronic Disease
Management**

**Chronic Disease Self
Management Program
(CDSMP)**

This program provides peer-led workshops (2 1/2 hours, once per week for six weeks) in all 21 Counties to assist people dealing with chronic disease and/or their caregivers to overcome the daily challenges of living with chronic diseases.

**Tomando Control de su
Salud**

Tomando was developed for individuals who speak Spanish. The subjects covered are similar to CDSMP (see above), but they are presented in ways that are culturally appropriate. Workshops are conducted in Spanish without translators.

To find CDSMP or Tomando workshops available in your county, please visit: <https://www.state.nj.us/humanservices/doas/home/tchagencies.html>

**Chronic Fatigue
Syndrome**

**NJCFSa (New Jersey Chronic
Fatigue Syndrome Association,
Inc.)**

Services: Support groups, college scholarships, education, and advocacy

PO Box 477

Florham Park, NJ 07932

Email: helpdesk@njcfsa.org

www.njmecfsa.org

Crohn's Disease

**Crohn's and Colitis Foundation
of America-NJ Chapter**

Services: Education, support groups and doctor location services

45 Wilson Avenue

Manalapan, NJ 07726

(732) 786-9960

www.ccfa.org

**Communication
Disorders**

Adler Aphasia Center

Services: Education, support groups, research, and speech therapy

60 West Hunter Avenue

Maywood, NJ 07607

(201) 368-8585

www.AdlerAphasiaCenter.org

Cystic Fibrosis

**Cystic Fibrosis Foundation
Greater New Jersey Chapter**

Services: Provides information, education, and advocacy services as well as care center locator services, and case

Appendix 7

Disability Specific Resources

management to support individuals and families with CF.

1719 Rt. 10, Suite 229
Parsippany, NJ 07054
973-656-9200

www.cff.org

Diabetes **American Diabetes** **Association-NJ Chapter**

Services: Provides diabetes education and promotes healthy living

575 Route 28
Building 2, Suite 2107
Raritan, NJ 08869
1-800-342-2383

www.diabetes.org

Diabetes Self-Management **Program**

Services: Through a series of workshops, people with diabetes and /or their caregivers meet for 2 1/2 hours once a week for six weeks. The diabetes workshops cover various subjects related to diabetes such as: techniques to deal with symptoms of diabetes, including fatigue, pain, hyper/hypoglycemia, stress, and emotions such as depression, anger, fear and frustration; Exercises for maintaining and improving strength and endurance; Healthy eating; Appropriate use of medication; Working more effectively with health care providers; and Preventing or delaying complications.

For more information, visit: www.state.nj.us/humanservices/doas/home/cdsmpprograms.html

Dwarfism

Little People of America (LPA)

Services: LPA offers information on employment, education, disability rights, adoption, medical issues, clothing, adaptive products, and the many stages of parenting a short-statured child - from birth to adult. Information is provided through a national newsletter, the *LPA Today*, and numerous seminars and workshops

1-888-572-2001

www.lpaonline.org

Dysautonomia **Dysautonomia International-** **New Jersey Support Group**

Services: information, education, advocacy, doctor locator services, support groups, financial assistance resources directory

E-mail:

newjersey@dysautonomiainternational.org

www.dysautonomiainternational.org

Eating Disorders **Food Addicts Anonymous**

Services: Support and meetings to help with Food addiction.

NJ Helpline: (732) 244-4324

www.foodaddictsanonymous.org

National Eating Disorders **Association**

Services: provides help and support to those effected by eating disorders and those who care about them.

1-800-931-2237

www.nationaleatingdisorders.org



Environmental Sensitivities/Intolerances

National Center for Environmental Health Strategies, Inc.

Services: Works to reduce hazardous exposure, prevent environmental illnesses and injuries, and provides advocacy and education to effect research and policy change.

1100 Rural Avenue
Voorhees, New Jersey 08043
(856) 429-5358; (856) 816-8820
marylamielle@ncehs.org
www.ncehs.org

Head Injury/Traumatic Brain Injury (TBI)

Brain Injury Alliance of New Jersey

Services: Information, education, advocacy, and assistance in connecting with TBI services

825 Georges Road, Second Floor
North Brunswick, NJ 08902
(732) 745-0200
1-800-669-4323
www.bianj.org

For The Traumatic Brain Injury Fund, see page 3.

Huntington's Disease

Huntington's Disease Society of America

Services: HD SA offers Support Groups, Social workers, advocacy, and education.
PO Box 2103
Clifton, NJ 07015
(973) 250-6660
<http://newjersey.hdsa.org/>

Intellectual/Developmental Disabilities

The Arc of New Jersey

985 Livingston Avenue
North Brunswick, NJ 08902
(732) 246-2525
www.arcnj.org

Services: provides information, training, mentoring, support and advocacy for individuals with intellectual and developmental disabilities and their families.

See chapter 18 for more information regarding services for individuals with intellectual/developmental disabilities.

Learning Disabilities

The International Dyslexia Association-NJ Branch

Services: education on dyslexia, conferences for educators and individuals with dyslexia, advocacy, and legislative work
PO Box 32
Long Valley, New Jersey 07853
<https://nj.dyslexiaida.org/>

Learning Disabilities Association of America (LDAA)-New Jersey Chapter

Services: LDAA provides information, support, and advocacy for children and adults with learning disabilities.
New Jersey Chapter
614 Cranbury Road PO Box 6268
East Brunswick, NJ 08816
(732) 645-2738
www.ldanj.org

Appendix 7 Disability Specific Resources

Lupus

Lupus Foundation of America-NJ Chapter

Services: research, education, peer to peer support groups, doctor referral services, and Advocacy

NJ Chapter

PO Box 1184
150 Morris Avenue, Suite 102
Springfield, NJ 07081
1-800-322-5816
(973) 379-3226
www.lupusnj.org

Philadelphia Tri-State Chapter

101 Greenwood Ave, Suite 200
Jenkintown, PA 19046
(215) 517-5070
www.lupus.org/tristate

Muscular Dystrophy

Muscular Dystrophy Association

Services: Dedicated MDA Care Centers and Affiliates serve as the nexus for expert clinical care and medical research. The MDA have educational seminars, resource centers and summer camps.

2132 S. 12th Street, Suite 101
Allentown, PA 18103
(610) 391-1977
www.mda.org

600 Reed Rd, Suite 104
Broomall PA 19008
(610) 325-5758

25 E. Spring Valley Avenue, Suite 210
Maywood, NJ 07607
(201) 843-4452

Multiple Sclerosis

National Multiple Sclerosis Society-NJ Metro Chapter

Services: Information on issues related to living with MS such as health and wellness, family and relationships, employment, insurance and financial planning, social and emotional support, mobility and accessibility, research and clinical trials.

Aspen Corporate Park I

1480 U.S. Highway 9 North, Suite 301
Woodbridge, NJ 07095
(732) 660-1005
www.nationalmssociety.org/Chapters/NJM

National Multiple Sclerosis Society-Greater Delaware Valley Chapter

30 South 17th Street, Suite 800
Philadelphia, PA 19103
(215) 271-2400
www.nationalmssociety.org/Chapters/PAE

Multiple Sclerosis Association of America-National Headquarters

Services: Equipment Distribution Program Application, Cooling Distribution Program, MRI Access Fund, Educational Programs, lending library.

733 3rd Avenue, 3rd floor
New York, NY 10017

1-800-344-4867

1-800-532-7667 (Toll Free)

Email: MSquestions@mymsaa.org
www.mymsaa.org/



Parkinson's Disease **American Parkinson Disease** **Association—NJ Chapter**

Services: education, support, and patient services to individuals with Parkinson's and their families.

Robert Wood Johnson Fitness and Wellness Center

100 Kirkpatrick Street
PO Box 910
New Brunswick, NJ 08901
(732) 745-7520 x1

Email: apdanj@apdaparkinson.org
[https://www.apdaparkinson.org/
community/new-jersey/](https://www.apdaparkinson.org/community/new-jersey/)

Polio/Post-Polio **Polio Network of NJ**

Services: education, advocacy, and information through an annual conference, a quarterly newsletter, and one-on-one support to those seeking to establish chapters in their area.

110 Chestnut Ridge Road
Montvale, NJ 07645

(201) 391-0758
<http://pnnj.org/>

Respiratory Disease **American Lung Association**

Services: education, advocacy, support groups and online support communities, and a help line.

New Jersey Chapter
PO Box 10188, #37214
Newark, NJ 07101

[www.lung.org/about-us/local-
associations/new-jersey.html](http://www.lung.org/about-us/local-associations/new-jersey.html)

Sickle Cell Disease **Sickle Cell Disease Association** **of America**

Services: Case Management, Counseling, Advocacy, Career/Vocational Counseling, Transportation, Community Outreach and Education, LeRoi Simmons Sickle Cell Disease Scholarship, Newborn Screening Follow-Up Program, Support Groups, Be An African-American Hero, Sickle Cell Sabbath.

SCDAA - Philadelphia/Delaware Valley

5300 Wynnefield Avenue, 2nd Floor
Philadelphia, PA 19131
(215) 471-8686
www.sicklecelldisorder.com

SCDAA of NJ

1016 Broad street P.O Box 9501
Newark, NJ 07104
(973) 482-9070
www.sicklecellnewjersey.org

Scleroderma **Scleroderma Foundation**

Services: support groups, a toll-free helpline for information and referrals, publish a quarterly magazine and other informational brochures, research, and education.

Delaware Valley Chapter **(Southern NJ)**

385 Kings Highway North
Cherry Hill, NJ 08034
1-866-675-5545
www.scleroderma.org

Tri-State Chapter (Northern NJ)

59 Front Street
Binghamton, NY 13905
1-800-867-0885
www.scleroderma.org

Appendix 7

Disability Specific Resources

Spina Bifida

Spina Bifida Resource Network

Services: family support, advocacy, prevention, education, recreation, financial assistance through the Jane Horowitz Special Medical Needs Fund (SMNF)

84 Park Avenue, Suite G-106

Flemington, NJ 08822

(908) 782-7475

www.thesbrn.org

Spinal Cord Injury (SCI)

Christopher & Dana Reeve Paralysis Resource Center

Services: information, education, advocacy to help people connect with resources in their area, peer mentor program, online social platform for individuals with paralysis and their loved ones to connect and share information, grants for non-profits, and has a Military and Veterans Program (MVP) through which it provides a host of support and programs to help servicemen and women connect with services, programs, and benefits.

Short Hills Plaza

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078

1-800-539-7309

www.christopherreeve.org

United Spinal Association

Services: Information, education, advocacy, one-on-one assistance, and peer support.

1-800-962-9629

www.spinalcord.org

Stroke/CVA

American Stroke Association-NJ Chapters

Services: information, education, advocacy, help connecting with local resources

www.strokeassociation.org

(609) 208-0020

Email: newjersey@heart.org

Robbinsville Office

1 Union Street, Suite 301

Robbinsville, NJ, 08691

Saddle Brook Office

Park 80 West, Plaza II

250 Pehle Avenue, Suite 202

Saddle Brook, NJ, 07663

Tourette Syndrome

New Jersey Center for Tourette Syndrome

Services: Information, education, advocacy, youth development and leadership academies, webinars.

50 Division Street, Suite 205

Somerville, NJ 08876

(908) 575-7350

www.njcts.org

Transplant

NJ Sharing Network

Services: Recovery and placement of donated organs and tissue for those in need of a life-saving transplant, awareness campaigns to education people of the importance of organ and tissue donations.

691 Central Avenue

New Providence, NJ 07974

1-800-742-7365

www.njsharingnetwork.org



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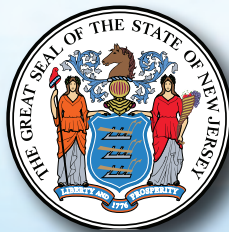
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Sheila Oliver, Lt. Governor



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