

Important Contacts

988 Suicide & Crisis Lifeline

9-8-8 (call or text)

24/7, free and confidential support to people in suicidal crisis or mental health or substance use-related distress. Chat is also available at [988Lifeline.org/chat](https://988lifeline.org/chat).



REACH NJ

1-844-REACHNJ / 1-844-732-2465

24/7 addiction and treatment referral hotline that is answered by live, trained clinicians to serve NJ residents regardless of insurance status or ability to pay.

nj.gov/humanservices/reachnj



NJ Mental Health Cares Helpline

866-202-HELP (4357)

NJ's behavioral health information and referral phone line. Behavioral healthcare specialists use their experience and understanding of the behavioral health system to connect callers to the information and services needed.

njmentalhealthcares.org



County Alcohol and Drug Use Directors & County Mental Health Administrators



nj.gov/humanservices/dmhas/about/boards/admin/index.shtml

Each County has directors who can assist with behavioral health services in their county.

The Division of Mental Health and Addiction Services (DMHAS) serves as the Single State Agency (SSA) for Substance Use and the State Mental Health Authority (SMHA) as designated by the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA). DMHAS oversees New Jersey's public adult system of community-based behavioral health services. Agencies under contract with DMHAS provide a full array of services, including:

- Prevention
- Early Intervention
- Psychiatric Emergency Screening
- Outpatient Services
- Intensive Outpatient Services (IOP)
- Short and Long Term Residential Treatment
- Partial Care
- Case Management
- Programs of Assertive Community Treatment
- Family Support Services
- Withdrawal Management Services
- Mobile Crisis Outreach Response Teams
- Medications for Addiction Treatment (MAT)
- Rental Subsidies
- Supported Employment
- Supported Education
- Community Support Services
- Wellness & Recovery Centers
- Certified Community Behavioral Health Clinic (CCBHC)
- Recovery Supports
- Maternal Supports
- Many other evidence-based practices

NJ Division of Mental Health and Addiction Services

Department of Human Services
PO Box 362
Trenton, NJ 08625-0362

Phone: 800-382-6717
E-mail: DMHAS@dhs.nj.gov
www.nj.gov/humanservices/dmhas/home/

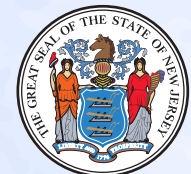


NEW JERSEY HUMAN SERVICES



DMHAS

Division of Mental Health and Addiction Services



WELLNESS | RECOVERY | PREVENTION

Mission

DMHAS, in partnership with consumers, family members, providers and other stakeholders, promotes wellness and recovery for individuals managing a mental illness, a substance use disorder or co-occurring disorder through a continuum of prevention, early intervention, treatment and recovery services delivered by a culturally competent and well-trained workforce.

Vision

DMHAS envisions an integrated mental health and substance use service system that provides a continuum of prevention, treatment and recovery supports to residents of New Jersey who have, or are at risk of, mental health, addictions or co-occurring disorders. At any point of entry, the service system will provide access to appropriate and effective person-centered, culturally-competent services delivered by a welcoming and well-trained workforce. Consumers are be given the tools to achieve wellness and recovery, a sense of personal responsibility and a meaningful role in the community.

Values

DMHAS' work is driven by its values. Staff with the Division and its partner agencies value:

- Consumers' dignity and believe that services should be person-centered and person-directed;
- The strength of consumers, their families and friends because it serves as a foundation for recovery;
- The commitment of its partner agencies to professionalism, hope and positive outcomes;
- Evidence-based practices that show consumer-informed and peer-led services improve and enhance the prevention and treatment continuum;
- The public trust and believe that it is essential to provide effective and transparent service.



Treatment Directories



Addiction Services

[njsams.rutgers.edu/
TreatmentDirectory/](https://njsams.rutgers.edu/TreatmentDirectory/)



Mental Health Services

[nj.gov/humanservices/dmhas/
documents/pdf/MH_Dir_
COMPLETE.pdf](https://nj.gov/humanservices/dmhas/documents/pdf/MH_Dir_COMPLETE.pdf)

Additional Contacts

NJ Connect for Recovery

855-652-3737

njconnect@mhanj.org

A free confidential call line dedicated to providing assistance specifically to individuals and families coping with addiction.

Substance Use Disorder Complaint Line

Toll Free (877) 712-1868

To register a complaint regarding any licensed NJ Substance Use Treatment Facility.

NJ DMHAS Mental Health Ombudsman

609-438-4321

Dmhas.ombudsman@dhs.nj.gov

Answers questions about DMHAS programs and services, helps you understand your rights and assists in conflict resolution with a DMHAS contracted community provider.