



STATE OF NEW JERSEY  
EXECUTIVE DEPARTMENT

*Proclamation*

WHEREAS, mental health is defined as emotional and psychological well-being, which allows individuals to work, enjoy satisfying relationships and engage fully in their communities; and

WHEREAS, 1 in 5 Americans will have experienced a mental illness in a given year and half of them will experience mental illness in their lifetime; and

WHEREAS, peers with lived experience can provide support, instill hope, and promote wellness by sharing their recovery journey; and

WHEREAS, efforts must be made to prevent and manage comorbid medical conditions in individuals with serious mental illnesses who experience many years of life lost to disability and premature death; and

WHEREAS, awareness, prevention and education programs like Mental Health First Aid reduce stigma and encourage individuals to seek treatment and support services, and to know that wellness and recovery are possible; and

WHEREAS, the 988 suicide and crisis lifeline provides free and confidential emotional support through calls, texts or chat with trained counselors; and

WHEREAS, New Jersey continues to develop programming to address the three pillars of a crisis response system: someone to call, someone to respond and somewhere to go; and

WHEREAS, New Jersey's behavioral health system and peer service community are committed to helping individuals with mental illness receive needed treatment and achieve sustained recovery to lead independent, meaningful and fulfilling lives;

NOW, THEREFORE, I, Philip D. Murphy, Governor of the State of New Jersey, do hereby proclaim:

OCTOBER 5 THROUGH OCTOBER 11, 2025  
AS  
MENTAL ILLNESS AWARENESS WEEK

in New Jersey.



GIVEN, under my hand and the Great Seal of the State of New Jersey, this twenty-sixth of September in the year two thousand twenty-five, the two hundred fiftieth year of the Independence of the United States.

  
Lt. GOVERNOR

  
GOVERNOR