Did you know the Division of Mental Health and Addiction Services (DMHAS) has an **Ombudsman**?

The Ombudsman can help you regarding mental health services in several ways:

- Answer questions about DMHAS Programs and Services.
- Help you to better understand your rights as an individual receiving mental health services.
- Assist in conflict resolution with a DMHAS contracted Community Provider.

For more information or to contact the DMHAS Ombudsman, call **609-438-4321** or email **dmhas.ombudsman@dhs.nj.gov**

To register a complaint regarding any substance abuse treatment facility call **877-712-1868**