

# **New Jersey Behavioral Health Planning Council (BHPC)**

## **Meeting Minutes**

**January 14, 2015 10:00 A.M.**

### **Attendees:**

Harry Coe	Ernst DeHaas	Karen Kubert
Lisa Negron	Karen Vogel-Romance	John Calabria
Irina Stuchinsky	Angel Gambone (P)	Connie Green
Joseph Gutstein (P)	Donna Hallworth	Renee Ingram (P)
Cynthia Spadola	Mike Jones (P)	Christopher Lucca
John Pellicane	Tom Pyle	Ellen Taner (P)
Robin Weiss (P)	Mary Abrams	

### **DMHAS, CSOC & DDD Staff:**

Suzanne Borys	Bob Culleton	Mark Kruszczyński (P)
Yunqing Li	Donna Migliorino	Jay Sandlar
Dona Sinton	Helen Staton	

### **Guests:**

Tonia Ahern	Rachel Alvarez	Kathleen Dobbs
Mary Haspel	Rashid Humphrey	Louann Lukens
Rachel Morgan (P)	Cynthia Spadola (P)	

- I. Administrative Issues/Correspondence
  - A. December minutes approved as written
  - B. Swearing in for appointees of the Community Mental Health Citizen's Advisory Board members Karen Kubert, Karen Vogel-Romance and Lisa Negron
  
- II. Joint Block Grant Overview – Donna Migliorino and Suzanne Borys
  - A. On January 8, 2015 SAMHSA published the guidance for public comment in the Federal Register
  - B. The Block Grant Committee reviewed the notices this morning
  - C. We will need a lot of coordination for this application
  - D. The Planning Council can make comments on the notices if they wish although the Block Grant Committee did not feel that that group would send comments distinct from what the State will send
  - E. The guidance provides multiple time frames. The September 1, 2015 timeframe is the due date although they would like it earlier if possible
  - F. SAMHSA directs their funds for four purposes as identified on page 1033 of the public notice
  - G. Our official guidance won't be received until after the comment period, probably around April
  - H. We report on the entire system, not just the things that that Block Grant funds
  - I. Per Suzanne, based on the State's submitted application two years ago, there are around 47 new or revised areas in the addictions system and 2 mental health focused evaluations, including:
    1. Narcan Training and provision of kits

2. ETTA
3. Behavioral Health Homes
4. Transfer of under 18 year olds
5. Transfer of 18-21 year olds
6. DOE—SEL
7. State Police partnership
8. Policy Academy-opioid drug use
9. Opioid Work Group
10. Opioid Study Group
11. Addiction Task Force
12. IDTA SEI/NAS
13. GCADA report
14. GCADA anti stigma campaign
15. SPE grant
16. SEOW grant
17. PFS grant
18. Suicide Prevention under Addictions
19. Drug Free Communities
20. New hotline for opiate abuse
21. Early Intervention Services .5
22. Recovery Housing- 2 colleges
23. Recovery High School
24. SBIRT
25. RRI Initiative
26. Disaster Planning- e.g., COOP and GEMS
27. CAC
28. WISH
29. Older Adult Survey
30. Veterans Survey
31. Prevention Mobile app
32. HIV data match data agreement with DOH
33. Hagedorn Evaluation
34. IOC Evaluation
35. PFS Evaluation
36. SPE Evaluation
37. SBIRT Evaluation
38. MATI Evaluation
39. Updated Data Sources
40. Updated Needs Assessment
41. NJ Household Survey-procurement issues
42. Middle School Survey
43. Vivitrol Expansion
44. MAT and Drug Court
45. Future studies
46. Journal Publications
47. Gambling

48. Interim Managing Entity for Addictions

49. Fiscal Agent RFP

- J. Tom commented how this is a challenge for the State as it's a huge document with a lot of specific requirements. It needs to be easily understood by the public and is a very useful document to explain the system.

III. Autism and Multiple Disabilities – Mary Haspel

- A. The CDC has been doing prevalence studies in NJ since 2000 and we have the highest rank in the network that submits data.
1. One in 45 children have autism in NJ whereas nationally 1 in 68
  2. 1 of 28 are boys
  3. Of this group, half or even more than half of the autistic population has average or above average intelligence
- B. In Camden County Juvenile Correction Center we recently trained them on dealing with autism
- C. Schools are having this issue as well as many of the former agencies where they would refer are no longer taking referrals
- D. Chris asked how many incidents happen in a month and Mary responded that she doesn't have a specific number but that it is large. Chris also asked how many were put into the correctional system and while she's not sure, they also go to the emergency rooms.
- E. Geri suggested that Mary speak with the CSOC
- F. Rachel asked for more information since she has a meeting next week in her county
- G. The members are concerned that young people are being detained based on behavioral and not criminal activity
- H. Tom was especially concerned about an example that was provided about a child in the juvenile correctional setting whose medication keeps changing.

IV. Turning the Tides – Rachel Alvarez

- A. Research shows the 2-3 years after a disaster that violence, substance abuse, anxiety disorders and major depressive disorder increase
- B. We end up chasing the problem instead
- C. FEMA provided funding through DCF that focuses on the children of the disaster and we developed 10-12 person teams in Sandy impacted counties
- D. Funding for the programs end in June
- E. It really takes 3-5 years to make a culture shift in a school
- F. Four major programs we've implemented:
1. Skills for Psychological Recovery (SPR)
    - i. It's life skills, problem solving, emotional regulation
    - ii. We've worked with about 200 people already
  2. Classroom based intervention (CBI)
    - i. For highly identified children
    - ii. Two times a week and done through art and drama interventions
    - iii. Addresses emotional regulation and anxiety
  3. More than Sad

- i. Suicide prevention program for high school children and one for teachers
  - 4. Sources of strength
    - i. Peer to peer leadership program primarily in high schools but some middle schools
    - ii. All research is available online
    - iii. Combines adult advisors and peer leaders to help change culture and climate of schools
    - iv. Its all about messaging
    - v. Group wants the leaders of the known groups in schools (especially the ones who are currently making the poor choices)
  - G. About 1400 children have participated in CBI and SPR
  - H. Over 500 participated in More than SAD
  - I. 50-80 per school in the sources for strength
- V. Announcements
  - A. NJAMHAA annual conference is 4/15 and 4/16
  - B. NJPN conference is 3/6 (material in your packet)
  - C. CSPNJ Wellness Institute Wellness Conference is on 3/26 at the Pines Manor
  - D. Final county comprehensive plans will be due by 2/28
  - E. In late November an RFI was published by DCF for the Contracted Systems Administrator for the Children's System of Care
  - F. Fiscal agent for addictions RFP was posted

Next General Meeting February 11, 2015 at 10:00 AM  
Membership Committee Meeting 9:00 AM in 3-097  
Advocacy Meeting at 12:00 PM in 3-097