

**RUTGERS**

THE STATE UNIVERSITY  
OF NEW JERSEY

**Medical Director Initiative  
University Behavioral Health Care  
UBHC**

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**Rosemarie Rosati  
Chief Operating Officer**

**Theresa Miskimen  
VP Medical Services**

# The Role of Medical Director

1. Setting standards of care
2. Supervising psychiatrists and APNs
3. Ensuring appropriate policies and procedures are in place
4. Ensuring adherence to policies
5. Other functions:
  - Representing the organization during site visits
  - Professional tone

# The Challenges

1. Availability of senior psychiatrists
2. Cost
3. Recruitment issues
4. Administrative vs. clinical time
5. Coverage during time off

# Shared Medical Director

- One senior lead psychiatrist serving several organizations
  - High cost time devoted only to needed functions
  - Video and in-person services increase efficiency
  - Brings standardized (but customizable) policies and procedures
- Directors have faculty appointments
  - Connection to latest developments
  - Enhances recruitment

## Related Issues

- Economies of scale and coverage
- Liability and insurance
- Goodness of fit and resolving problems
- Medical records
  - Documentation
  - Access

# Questions

Please feel free to contact us at:

[rosatiro@rutgers.edu](mailto:rosatiro@rutgers.edu)

[miskimtm@rutgers.edu](mailto:miskimtm@rutgers.edu)