

Living Proof

Recovery Center



For us, by us...

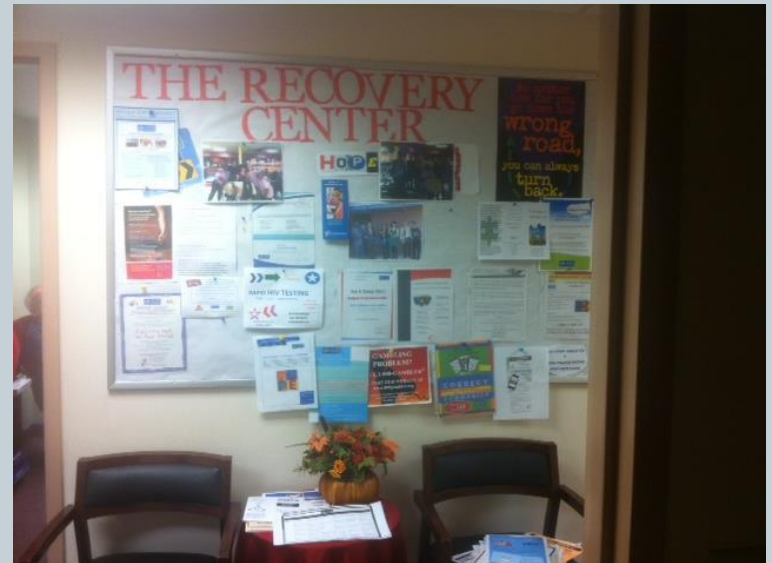
Find, maintain, and enhance your
life in recovery.



What is a Recovery Center?



- Peer-driven and volunteer-led place of support for the recovery community
- Participation is voluntary
- Services are free
- The Recovery Center is not a treatment facility-there are no counselors



Living Proof Recovery Center - For us, by us...we are living proof

Hours of Operation

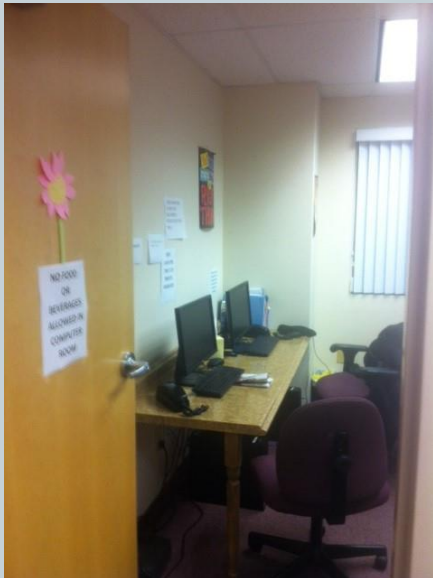


- Open 6 days a week
- Monday-Friday: 12pm-9pm
- Saturday: 10am-9pm
- Sunday: Closed



Recovery Center Mural

Services



Groups & Workshops



December 2014



Living Proof Recovery Center

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|--|---|--|--|
| <p>Hours of Operation: Monday-Friday: 12-9pm Sat: 10am-5pm Sun: Closed</p> | <p>1 OED Training (lab) 2pm Self-Esteem (117) 6:30-7:30pm</p> | <p>2 Women's Recovery Group (A) 12pm Yoga Flow (B) 1pm Emotional Eating, Body Image, and Food Addiction (A) 2pm RAMP Closed Meeting (B) 4pm Job Skills (Lab) 4-6pm Mental Health Happy Hour (A) 6:45-8:45pm</p> | <p>3 OED Training (Lab) 2pm Advisory Board (A) 6:15pm Finding Courage (B) 7pm</p> | <p>4 Wawa Food (A) 12pm Men's Recovery Group (B) 12pm Free Lunch 12pm Job Skills (Lab) 1:30-2:30pm Self-Esteem (A) 1-2pm Closed Staff Meetings (B) 2pm NA Meeting (AB) 7:30-8:30pm</p> | <p>5 Wawa Food (A) 12pm Health & Hygiene (B) 2pm OED Training (Lab) 2pm NA Meeting (AB) 9pm</p> | <p>6 Families Anonymous (114) 10:30am-12:30pm Y.E.S.S.R. (Youth Girls Only) 12-5pm LGBT Teen Meeting (A) 5-6pm LGBT AA Meeting (A) 6-7pm Medical Professional Group (A) 8-9pm</p> |
| <p>7 Closed</p> | <p>8 OED Training (lab) 2pm Family Night (AB) 6pm Self-Esteem (117) 6:30-7:30pm Movie Night (B) 7:30pm</p> | <p>9 Women's Recovery Group (A) 12pm Emotional Eating, Body Image, and Food Addiction (A) 2pm RAMP Closed Meeting (B) 4pm Job Skills (Lab) 4-6pm Mental Health Happy Hour (A) 6:45-8:45pm</p> | <p>10 Member Meeting (AB) 12pm OED Training (Lab) 2pm Citizen's Advisory Council (B) 6pm Advocacy Meeting (A) 9pm Advisory Outreach Committee (117) 6:30pm</p> | <p>11 Wawa Food (A) 12pm Men's Recovery Group (B) 12pm Free Lunch 12pm Job Skills (Lab) 1:30-2:30pm Self-Esteem (A) 1-2pm Closed Staff Meetings (B) 2pm NA Meeting (AB) 7:30-8:30pm</p> | <p>12 Wawa Food (A) 12pm Health & Hygiene (B) 2pm OED Training (Lab) 2pm Deaf and Hard of Hearing Movie Night (AB) 6-8pm NA Meeting (AB) 8pm</p> | <p>13 Families Anonymous (114) 10:30am-12:30pm Y.E.S.S.R. (Youth Girls Only) 12-5pm LGBT Teen Meeting (A) 5-6pm LGBT AA Meeting (A) 6-7pm Medical Professional Group (A) 8-9pm</p> |
| <p>14 Closed</p> | <p>15 OED Training (lab) 2pm Self-Esteem (117) 6:30-7:30pm</p> | <p>16 Women's Recovery Group (A) 12pm Yoga Flow (B) 1pm Emotional Eating, Body Image, and Food Addiction (A) 2pm RAMP Closed Meeting (B) 4pm Job Skills (Lab) 4-6pm Mental Health Happy Hour (A) 6:45-8:45pm</p> | <p>17 OED Training (Lab) 2pm Book Club (A) 7pm</p> | <p>18 Wawa Food (A) 12pm Men's Recovery Group (B) 12pm Free Lunch 12pm Job Skills (Lab) 1:30-2:30pm Self-Esteem (A) 1-2pm Closed Staff Meetings (B) 2pm NA Meeting (AB) 7:30-8:30pm</p> | <p>19 Wawa Food (A) 12pm Celebrating You! (AB) 12pm Health & Hygiene (B) 2pm OED Training (Lab) 2pm NA Meeting (AB) 8pm</p> | <p>20 Families Anonymous (114) 10:30am-12:30pm Y.E.S.S.R. (Youth Girls Only) 12-5pm LGBT Teen Meeting (A) 5-6pm LGBT AA Meeting (A) 6-7pm Medical Professional Group (A) 8-9pm</p> |
| <p>21 Closed</p> | <p>22 OED Training (lab) 2pm Self-Esteem (117) 6:30-7:30pm Movie Night (B) 7:30pm</p> | <p>23 Women's Recovery Group (A) 12pm Emotional Eating, Body Image, and Food Addiction (A) 2pm RAMP Closed Meeting (B) 4pm Job Skills (Lab) 4-6pm Mental Health Happy Hour (A) 6:45-8:45pm</p> | <p>24 Member Meeting (AB) 12pm OED Training (Lab) 2pm Recovery Center will close at 7pm</p> | <p>CLOSED Happy Holidays!</p> | | <p>27 Families Anonymous (114) 10:30am-12:30pm Y.E.S.S.R. (Youth Girls Only) 12-5pm LGBT Teen Meeting (A) 5-6pm LGBT AA Meeting (A) 6-7pm Medical Professional Group (A) 8-9pm</p> |
| <p>28 Closed</p> | <p>29 OED Training (lab) 2pm Self-Esteem (117) 6:30-7:30pm</p> | <p>30 Women's Recovery Group (A) 12pm Yoga Flow (B) 1pm Emotional Eating, Body Image, and Food Addiction (A) 2pm RAMP Closed Meeting (B) 4pm Job Skills (Lab) 4-6pm Mental Health Happy Hour (A) 6:45-8:45pm</p> | <p>31 Journaling for Recovery (A) 10:30am OED Training (Lab) 2pm Book Club (A) 7pm</p> | <p>All events and workshops are FREE!</p> | | <p>(A) Kitchen Side (B) Stairwell Side (114) Room 114 (117) Room 117 (Lab) Computer Lab</p> |



Learn the skills needed to:

- Look and apply for jobs
- Build and develop a resume
- Prepare for an upcoming interview

Every Thursday from 1:30pm to 2:30pm

Living Proof Recovery Center
108 Somerdale Road
Voorhees, NJ 08043
856-216-7134



MEN'S RECOVERY GROUP



Join us on Thursdays for a MEN'S ONLY group! We will discuss recovery topics we face as men, as well as everyday life issues. We will also have fresh wawa food for you! If you like wawa food and hanging out with the guys, this is the place for you!

Every Thursday
10am-11am



Living Proof Recovery Center

108 Somerdale Road
Voorhees, NJ 08043
P: 856-216-7134
Email:
recoverycenter@centerffs.org
Facebook.com/LivingProofRC



**CENTER
FOR FAMILY
SERVICES**


Recovery Coaches



- **Helps member develop a recovery plan**
- **Escorts member to appointments**
- **Assists member in securing housing**
- **Assists member with questions about family problems**
- **Helps member get to therapy or doctor appointments**
- **Refers member to Recovery Center resources**

Recovery Journal




Living Proof Recovery Center 

"For us, by us"

Living Proof
Recovery Center
108 Somerdale Road
Voorhees, NJ 08043

Fall 2014 Volume 2, Issue 2

September is National Recovery Month!



The Living Proof Recovery Center is pleased to once again participate in National Recovery Month. Now in its 25th year, Recovery Month promotes the benefits of prevention, treatment, and recovery for mental and substance use disorders.

As a place of support and hope for all individuals in the recovery community, we invite you to explore what Living Proof has to offer. In addition to our peer support services, we also offer a wide array of social and wellness activities that help to promote healthy and happy lifestyles.

You are invited to join us at the **Living Proof Recovery Center on Saturday, September 13th from 11:30am to 5:30pm** for our Recovery Month BBQ. The afternoon will include complimentary food, music, and entertainment. There will also be information from service providers and a donor recognition ceremony.

Come out and meet our staff, members, and see more of what Living Proof has to offer. If you have any additional questions, or would like to bring something for the BBQ, please call (856)216-7134 or simply stop by and visit us. We hope to see you there!

Inside this issue:

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Special points of interest:

- Recovery Month BBQ Saturday 9/13
- Volunteers wanted!
- Find us on Facebook!
- Special thanks to our volunteers, recovery coaches, and mentors for their contribution to this newsletter!

- Quarterly publication
- Member's stories
- Recipes
- Workshop information



Y.E.S.S.R.

Youth Education Support Services Recovery

- Designed for teen girls, ages 12-18 years old.
- Every Saturday, 12:00pm-5:00pm
- Lunch and snacks provided
- Therapeutic Arts & Crafts
- Discussion Time
- Frequent Guest Speakers

- **Program Topics:**
 - ✕ Healthy habits
 - ✕ Important life values
 - ✕ Goal Setting
 - ✕ Good decision making skills
 - ✕ Self-esteem
 - ✕ Self-respect
 - ✕ Healthy Relationships
 - ✕ Communication
 - ✕ Effects of drugs and alcohol
 - ✕ Appropriate behaviors
 - ✕ And many more



Girls “At-Risk” Adolescence Program

Staying Connected



Find us on
Facebook

Facebook.com/LivingProofRC

Living Proof Recovery Center
Posted by Heather Verity · 17h · November 14

Happy Friday!
Wawa food today at 10am
Health & Hygiene at 2pm
GED Training today at 2pm, the subject is math!
NA Meeting at 8pm

Our first Deaf and Hard of Hearing Movie Night is tonight at 6pm!!

Join us for a Kickoff Deaf Recovery Social Event
Movie with Closed Captioning and Refreshments

WHEN: November 14, 2014 from 6pm to 9pm
WHERE: Living Proof Recovery Center
108 Somerdale Rd
Voorhees, NJ 08043
RSVP: 856-216-7134 (By November 11, 2014)
EMAIL: Recoverycenter@centerffs.org

Family and friends are welcome!

REVIEW 4.1 4.1 of 5 stars · 7 reviews

Stephen Smarrito — 5.0 This is awesome
September 24, 2013
Unlike · Comment · 1

Jeanne Propati — 5.0
August 8, 2014
Like · Comment

Morella Williams — 5.0
April 12, 2014
Like · Comment

LIKED BY THIS PAGE

New Jersey Recovery Rally

THIS WEEK

1 Page Like

61 Post Reach

UNREAD

0 Notifications

0 Messages

Recent

2014

2013

See Your Ad Here

Living Proof Recovery Ce...
Don't forget: our arts and crafts event to make an ornament for our Tree of Hope is on FRI...

Like Page

Boost Post

Boost Post



Center For Family Services



Living Proof Recovery Center is a program of
Center For Family Services.

Center For Family Services is a large social service organization
offering more than 60 programs designed to
support and empower children and families in New Jersey.
Services include a cluster of programs for substance use disorders.



Learn More About Us!



Visit us at the Living Proof Recovery Center

108 Somerdale Road, Voorhees, NJ

Or call us

856.216.7134 or 855-967-3268

