



## State of New Jersey

DEPARTMENT OF HUMAN SERVICES  
DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES  
PO Box 362  
5 COMMERCE WAY  
TRENTON, NJ 08625

PHILIP D. MURPHY  
*Governor*

SARAH ADELMAN  
*Commissioner*

SHEILA Y. OLIVER  
*Lt. Governor*

VALERIE L. MIELKE, MSW  
*Assistant Commissioner*

### **Division of Mental Health and Addiction Services Quarterly Provider Meeting**

**June 9, 2022  
10:00 am**

#### **Presentations:**

#### **How to support self-care and work/life balance for staff of our behavioral health agencies**

*Peggy Swarbrick, PhD, FAOTA*

*Professor and Associate Director, Rutgers Center of Alcohol & Substance Use Studies in the Graduate School of Applied and Professional Psychology; Collaborative Support Programs of New Jersey*

*Amy B. Spagnolo, PhD*

*Rutgers Dept. of Psychiatric Rehabilitation & Counseling Professions, Faculty Member Academy of Peer Services, Project Director Rutgers Center of Alcohol and Substance Use Studies, Trainer & Consultant*

#### **Cultural Competency Plans**

*Dr. June DePonte-Sernak, DMHAS Statewide Diversity Consultant*

#### **988 Presentation**

*MaryJean Weston, DMHAS 988 Project Lead*

#### **DMHAS Announcements**

*Renee Burawski, DMHAS*

QPM Dates in 2022  
9/8 & 12/8