

**Medical Model**  
**vs.**  
**Wellness and Recovery Model**

**Medical Model**

Services determined by treatment team
Individual goes to provider location for treatment
Services are provided for the individual

vs.

**Wellness and Recovery Model**

Services provided based on individual choice
Individual chooses where services are received
Services are done with individual

**What does it all mean?**

Remaining in the community for treatment services

- Funding provided by both state and federal government. Services are funded for individuals not eligible to receive Medicaid

**Ensures Accountability**

- Responsibility of service provider is to ensure services should lead to desired goal, such as:
  - Staying out of hospital
  - Increased independence
  - Living in the community of person's choice
  - Obtaining employment or volunteering

**Community Support Services (CSS)**

**CSS Information**

Provided and Presented by

**Division of Mental Health and Addiction Services (DMHAS)**

Office of Treatment and Recovery Support

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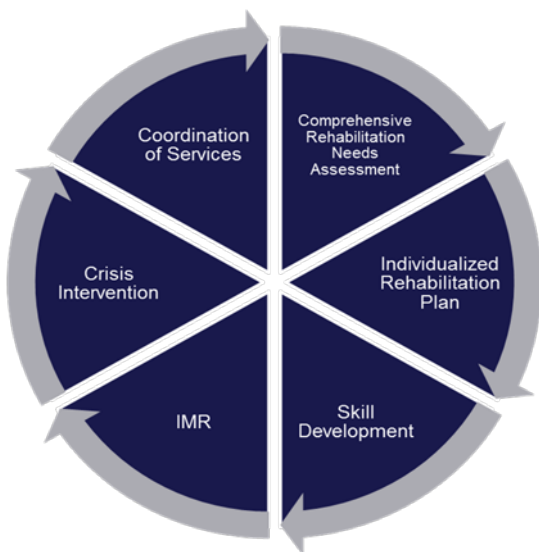


## Concept

Services and Supports that allow individuals an opportunity to thrive and actively participate in the community of their choice.

## 6 Components of CSS Provider Services

1. Coordination of Services
2. Comprehensive Rehabilitation Needs Assessment
3. Individualized Rehabilitation Plan
4. Skill Development
5. IMR
6. Crisis Intervention



CSS is guided by the principles of Wellness and Recovery  
(*Psychiatric Rehabilitation Model*)

- Psychiatric Rehabilitation **Values**
- Psychiatric Rehabilitation **Principles**
- Psychiatric Rehabilitation **Methods**

## Principles of Wellness and Recovery

Psychiatric Rehabilitation is based on the following **Values**:

- An individual helps guide their own treatment
- All people have value and can participate in their community
- People should live in a safe and healthy environment
- An individual should have an opportunity to be part of culturally diverse community

## Principles of Wellness and Recovery (con't)

Psychiatric Rehabilitation is based on the following **Principles**:

- It is person-centered and revolves around the individual and their needs
- It focuses on an individual's strengths
- Individuals set goals and decides what skills to learn
- Individuals are able to use natural supports as well as Peer supports

Psychiatric Rehabilitation uses of the following **Methods**:

- An individual and service provider(s) join a supportive partnership
- Goals are made by the individual to create what they wish to make
  - Goal-related Assessments are based on what individual want to make
  - Goal-related Skills development, as needed, for the individual to achieve their goals
  - Goal-related Resources provide linkage to education and information needed to achieve those goals