Princeton Community Needs Assessment 2025

Understanding the Experiences, Needs, and Priorities
of Princeton's Low- to Moderate-Income Residents and Older Adults

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Commissioned by

Princeton Human Services Department

Center for Modern Aging Princeton (CMAP)

Committee on Affordable Housing, Racial, Economic, Social Equity and Services (CARES)

Submitted by:

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We hope these findings guide meaningful partnerships and collective action to help all residents thrive in Princeton.

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MISSION STATEMENT

The Princeton Human Services Department advocates for residents by delivering critical services, youth programs, and family support to help disadvantaged people overcome obstacles and thrive.

Center for Modern Aging Princeton (CMAP)

MISSION STATEMENT

CMAP is a community nonprofit organization that exists to help older adults thrive. We carry out this mission by offering support and guidance to older adults and their families, and by providing vital human connections, compassionate social services, dynamic lifelong learning, and meaningful volunteer opportunities that promote active, healthy, and engaged aging for adults aged fifty-five and above.

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EXECUTIVE SUMMARY

In 2025, Princeton's Human Services Department, the Committee on Affordable Housing, Racial, Economic, Social Equity and Services (CARES), and the Center for Modern Aging Princeton (CMAP) commissioned a community needs assessment to better understand the experiences of residents facing systemic barriers and to inform municipal planning and service provision. The assessment consisted of a comprehensive survey completed by 253 low-to-moderate income (LMI) residents who self-disclosed their income status as part of the survey. These respondents represented households comprising 521 adults and 280 children under 18. The assessment also drew on in-depth listening sessions with 17 community members, supplemented by 49 additional survey responses from non-LMI older adults to support age-friendly planning.

The current effort builds on the needs assessment of residents conducted in 2014, and of community partners in 2020 and 2022, and is intended to strengthen the local social safety net (the public, nonprofit, and faith-based organizations providing housing, health, food, legal, and employment support to LMI residents), improve coordination across service providers, and deepen Princeton's commitment to equity and inclusion for all residents. Findings are based on a purposive sample and are not statistically generalizable to Princeton's full population or subset of LMI households, but they offer meaningful insight into the needs and priorities of the community's most underrepresented residents.

Who Participated. Respondents were predominantly female, racially and ethnically diverse, and multigenerational, with a median age in the 45-to-54 range. Hispanic/Latino residents comprised the largest group (35%), followed by Black (26%) and White (17%) respondents. Nearly a third spoke Spanish at home, and approximately one-third of households reported a disability. Single-person households were the most common household type (38%).

Service Awareness, Need, and Access. One of the most notable findings is the gap between services that exist and those residents know about. Roughly half or more respondents were unaware of key resources including housing, rental, and utility assistance, and affordable medical care services. In terms of services needed, respondents most frequently cited food assistance (47%) and transportation assistance (35%). Among those who found it challenging to access services (22%), the most commonly cited barriers were not knowing where to find information (28%) and needing help with the application process (19%). Language barriers have declined substantially, suggesting that bilingual service delivery efforts may have helped.

Food and Nutrition Access. While severe food insecurity has declined since 2014, access to affordable, healthy food remains a pressing concern for residents. Forty-three percent of respondents worried about food running out, and 47% use some form of food assistance on an ongoing basis. Food insecurity is particularly acute among respondents under the age of 24. Residents expressed a preference for pantry models that offer choice and dignity, along with expanded delivery options for those without transportation.

Healthcare Access. Affordable healthcare remains a persistent challenge. Nearly 30% of respondents said they postponed or skipped medical or dental care due to cost, and 25% were unable to pay medical or dental bills in the past year. Survey data shows that when residents accumulated healthcare debt they could not pay, it was overwhelmingly driven by acute medical emergencies and hospital bills. Dental care was the most frequently skipped service. Approximately 50% of the households who skipped medical or dental care had either partial insurance or none. The community's heavy reliance on Medicaid and Medicare makes it

particularly sensitive to potential changes in federal eligibility requirements. Transportation to medical appointments was also cited as a barrier for 8% of respondents across age groups.

Housing Access. The majority of respondents were renters (84%), with nearly half living in subsidized or affordable housing. Residents described fragmented application processes, long waitlists, escalating fees, and the need for on-site social services support in housing developments. The gap between income levels and Princeton's cost of living also affects moderate-income households who are unable to secure housing they can afford.

Employment and Income. Overall, 16% of respondents indicated a need for job assistance in the past year. Among the 138 working-age respondents between 18 and 64 years old, 10% reported being unemployed and 12% were actively looking for work. Listening session participants and survey respondents highlighted bilingual job search support, employment assistance for older adults and individuals with disabilities, and financial literacy programming as important needs. The "cliff effect" (i.e. earning just enough to lose benefits but not enough to cover expenses) was a recurring theme among participants.

Legal and Safety. While legal needs affect a smaller proportion of respondents than housing or food insecurity, their consequences can be significant. Most respondents (60%) said they did not have any legal needs in the past year. For those who did, the most common legal need is help with landlord-tenant or eviction issues (6%), followed by public benefit appeals (4%) and immigration-related concerns (3%). Fewer than 15% of respondents reported experiencing robbery, assault, discrimination, bullying, or other safety incidents. Discrimination (5%) was the most commonly reported safety concern. Relationships with local police are broadly positive, with 64% of respondents reporting they feel comfortable interacting with officers. About 8% of respondents say they were uncomfortable interacting with local police.

Older Adults. The 162 LMI and non-LMI older adult respondents reported high awareness of visible community programs but identified transportation, exercise and fitness, and benefits navigation as their most pressing needs. Twenty-two percent said they experienced difficulty accessing services, with transportation being the most challenging. The biggest barrier to accessing services was not knowing where to find information (21% of older adults), particularly for transportation assistance, technology education, and benefits help. Other notable obstacles included needing application assistance (12%) and cost, transportation, or inconvenient hours (10%). Over half (66%) reported a disability, and 30% of LMI older adults skipped or delayed medical care due to cost.

Equity, Belonging, and Inclusion. Just over half of respondents (58%) report feeling connected to neighbors and community groups. Twenty-six percent of respondents lacked reliable internet access at home, creating barriers to services, employment, and civic participation that are increasingly available online. Respondents generally viewed Princeton as welcoming, though perceptions of inclusivity are lower for some groups. Approximately 60% percent said the community is welcoming for people with disabilities, 58% said the same for people over 55 years old, 54% for people with different cultural and religious identities, 52% said it is welcoming to LGBTQI+ individuals, and 44% felt the community is welcoming to immigrants and newcomers.

Looking Forward. The assessment points to several areas where targeted action could meaningfully improve resident wellbeing, including strengthening service navigation, visibility, and outreach, expanding mobile and satellite service delivery, improving transportation, investing in digital equity, strengthening belonging and social connection, and deepening coordination among municipal and community partners. Princeton benefits from strong institutional assets, an engaged service network, and a civic culture that residents value. The findings in this report are intended to support evidence-informed planning that builds on these strengths.

INTRODUCTION

Princeton is widely recognized for its economic resources, civic institutions, and engaged community networks. However, the experiences of some lower-income and older residents indicate ongoing challenges related to affordability, access to services, and system navigation. For them, daily life frequently involves navigating rising costs and constrained resources, balancing the need for assistance with uncertainty about where to obtain it, and sometimes reconciling a sense of belonging with the feeling that the community was not fully designed to accommodate them.

In 2025, Princeton's Human Services Department, the Committee on Affordable Housing, Racial, Economic, Social Equity and Services, and the Center for Modern Aging Princeton (CMAP) commissioned a needs assessment to better understand the experiences of Princeton residents facing systemic barriers, and to inform municipal planning and service provision. It consisted of a comprehensive survey and in-depth listening sessions with Princeton community members. This assessment builds on the previous assessments of residents' needs conducted in 2014 and of community partners in 2020 and 2022. It is intended to strengthen the local social safety net, improve coordination across service providers, and deepen Princeton's commitment to equity and inclusion for all residents[1]. Building on the 2014 survey, this assessment also placed a special focus on gathering input from older adults to inform the planning and service design efforts of the Age-Friendly Princeton 2.0 Task Force. The findings in this report draw on the voices of Princeton residents to help inform ongoing efforts to strengthen services, guide decision-making, and support those facing systemic challenges in the community.

What is a safety net? The local safety net refers to the network of public, nonprofit, and faith-based organizations operating at the community level that collectively provide social services, including housing, health, food, legal, and employment assistance, to low- and moderate-income residents.

Local Service Landscape and Purpose

New Jersey is a high-cost state where low- to moderate-income (LMI) households often face compounding challenges related to food insecurity, housing costs, and barriers to healthcare[2,3]. Princeton, one of the more affluent municipalities in Mercer County, has a per capita income of $87,301 compared with $53,765 countywide[4]. Its median household income of approximately $184,000 is nearly double the Mercer County median of roughly $104,000. However, these aggregate figures obscure significant economic stratification within the municipality. Mercer County itself has a poverty rate of approximately 10%, and within Princeton, low- to moderate-income households face many of the same compounding pressures seen across the county and the state, including high housing costs, food insecurity, and barriers to affordable

[1] Princeton Department of Human Services. *Community Needs Assessment 2014.* Municipality of Princeton, 2014, www.princetonnj.gov/406/Community-Needs-Assessment.

[2] https://censusreporter.org/profiles/06000US3402160900-princeton-mercer-county-nj/

[3] Ronollo, Katie, and Alexa McCullough. *Needs Assessment 2020: Mercer County*. Mercer County Human Services Advisory Council, 15 Jan. 2021

[4] U.S. Census Bureau. "QuickFacts: Princeton, New Jersey." American Community Survey, 2019–2023 5-Year Estimates. U.S. Department of Commerce, 2024, www.census.gov/quickfacts/princetonnewjersey.

healthcare and childcare that are often intensified by the gap between their incomes and Princeton's cost of living.



To meet the diverse and intersecting needs of its residents, Princeton relies on a robust network of municipal initiatives, county-level administration, state and federal programs, and local non-profit partnerships. At the county level, entities like the Mercer County Board of Social Services provide critical financial and nutritional assistance by administering Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF), General Assistance, and Medicaid, while the Trenton/Mercer Continuum of Care coordinates housing and substance use treatments. Locally, Princeton

supplements these broader safety nets with direct municipal programs, such as Community Development Block Grant (CDBG)-funded free vision and dental care, technology access support, and emergency housing navigation, alongside targeted non-profit efforts from organizations that make up the Food Insecurity Task Force and Housing Stability Coalition. Together, this collaborative ecosystem forms a critical safety net bridging the gap between local vulnerabilities and statewide resources.

This needs assessment comes at a time of significant uncertainty surrounding federal and state policies that impact underserved communities. Recent federal legislative proposals affecting Medicaid and SNAP eligibility may create insecurity for communities that rely on these programs. These recent policy changes underscore the urgency of this needs assessment. The findings in this report, along with the policy recommendations that follow, are intended to help the municipality plan proactively, address gaps before they escalate into crises, and leverage the substantial local assets that Princeton already possesses. The findings presented in this report are based on a sample of 253 low- to moderate-income households, consisting of 521 adults and 280 children under 18. While this sample provides meaningful insight into the experiences and needs of LMI community members, results should be interpreted within the context of this specific population subset rather than Princeton's overall population.

Methods

Survey: The digital survey (Appendix A) was administered purposively in 12 languages to 253 Princeton residents with low- to moderate-income (LMI) from August to December 2025.

- The team began by engaging with the staff of local partnering organizations and residents to define key priorities, design and pilot the survey, and ensure the assessment reflected the needs of the community.
- The needs assessment survey was conducted using a purposive and place-based sampling approach designed to reach those who are traditionally underrepresented and minimize burden on community members. Using a community-centered approach, data collection was embedded with outreach and on-the-spot service delivery to meet residents where they live and work. A team comprised of Princeton Human Services staff, CMAP staff, CARES Committee members, and the lead researcher conducted outreach, administered surveys, and provided services in-person at a mix of locations in the municipality. These included subsidized and/or affordable housing developments, local partners such as Princeton Nursery School and Princeton Public Library, Princeton Human Services office, Princeton Health Department's pop-up vaccine clinic, faith-based organizations, food pantries, and neighborhood small businesses often frequented by underserved residents.
- Screening questions were used to confirm residency in the municipality, whether residents met the income thresholds for the survey, and whether they were 55 years and older for the age-friendly portion of the survey. For the purposes of this assessment, the income criteria to determine low- to moderate-income households were the New Jersey Council on Affordable Housing (COAH) 2025 regional income limits[5]. These income guidelines were used as the maximum annual income for households eligible for this study (very low to moderate income levels).
- The 2025 survey is not identical to the 2014 survey. The team kept questions intact where possible, but also made several updates, adapting, removing, and adding questions to align with Princeton's current context and municipal priorities. Therefore, direct comparisons may not be possible on all indicators, but emerging trends and themes have been highlighted wherever feasible.
- Residents who completed the survey received a $15 gift card to McCaffrey's, Target, or ShopRite.

[5]New Jersey Housing and Mortgage Finance Agency. "UHAC 2025 Affordable Housing Regional Income Limits by Household Size." *Affordable Housing Professionals of New Jersey*, 5 May 2025, www.ahpnj.org/member_docs/UHAC_Income_Limits.pdf.

Listening Sessions: The team also organized and conducted listening sessions with 17 community members with diverse backgrounds, ages, and income levels. Residents who participated in the listening sessions received a $20 gift card to McCaffrey's, Target, or ShopRite.

Non-LMI Older Adults Addendum: In addition to the LMI respondents, we also gathered data from 49 older adults with higher incomes to inform the work of the Age-Friendly Princeton Task Force. For the bulk of the report, findings are based on responses from the LMI population, except as noted and discussed in Chapter 3.

Community Snapshot

The 2025 Community Needs Assessment (CNA) was administered to Princeton's low- to moderate-income (LMI) community, to gather feedback from residents to better understand the specific challenges they face. While Princeton is generally characterized by high affluence, the survey data highlights how economic vulnerability is disproportionately concentrated among specific, often marginalized, demographic groups[6].

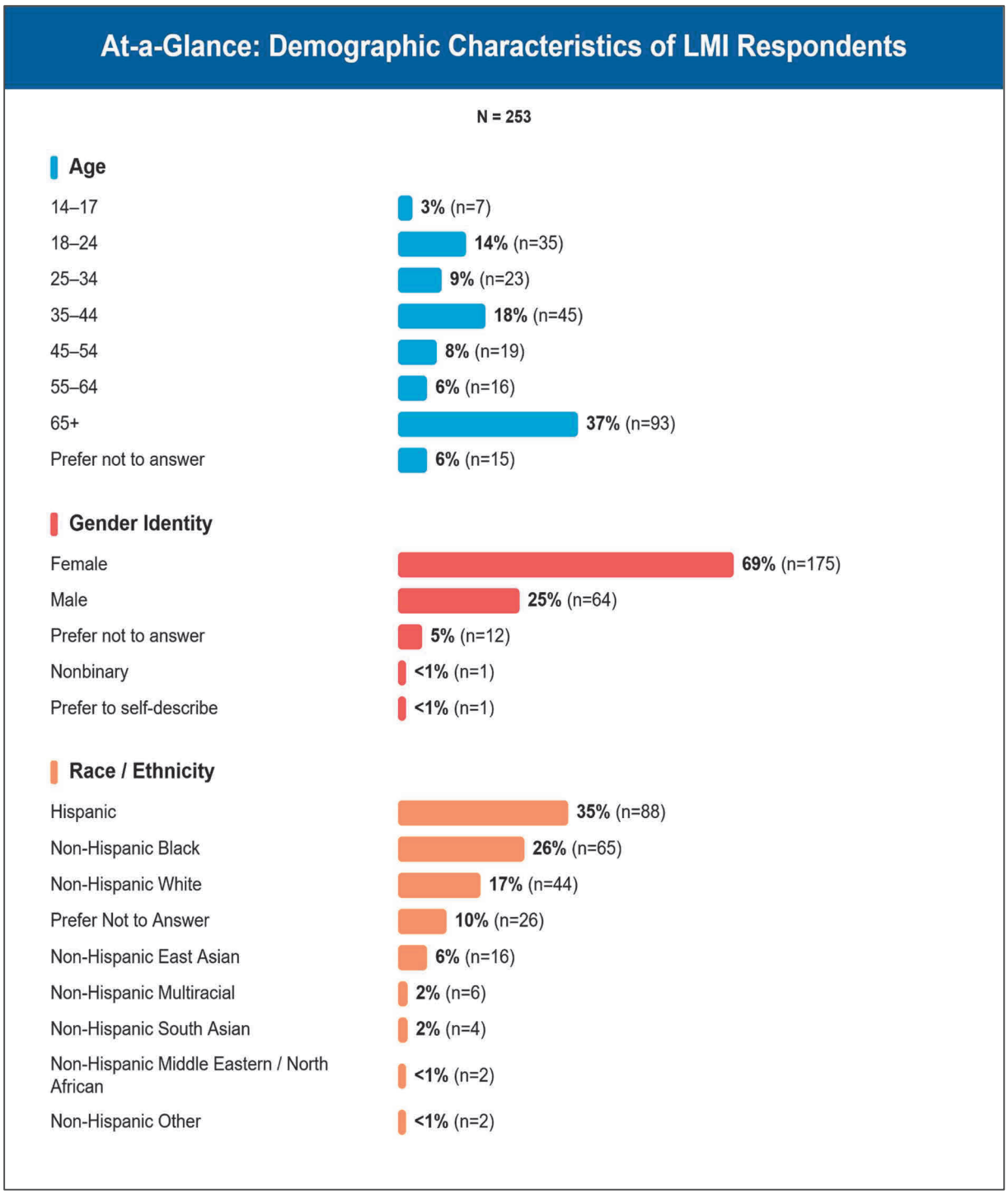
The survey participants represent a diverse cross-section of Princeton's low- to moderate-income population. Of the 253 LMI respondents, most were predominantly female, racially and ethnically diverse, and multigenerational, spanning college-age adults to longstanding residents in their eighties and nineties. The majority of respondents were people of color, with Hispanic/Latino residents comprising the largest single group (35%), followed by non-Hispanic Black residents (26%) and non-Hispanic White residents (17%). Approximately 31% of respondents spoke Spanish at home, and smaller numbers spoke Haitian Creole (5%), Chinese/Mandarin (6%), French (5%), Russian (3%), and other languages, reflecting a community that is linguistically rich.

The median age of respondents was in the 45-to-54-year range, with the average age being 50 years old. A little over half (55%) were under 55 years old. About one-third reported disabilities within their household, including 18% who had mobility limitations, 13% with vision impairment, and 11% with mental health condition. Marital status data indicated that 32% of respondents had never married, 13% were widowed, 21% were married or in a civil union, and 15% were divorced. The average household size was between 2 to 3 people (2.58). Single-person households were the most common (38%), which is significant for service planning because single-person households face heightened vulnerability during a health crisis, job loss, or housing emergencies, with no other adult to share costs or provide informal care.

> *"yo solo me la paso de la cocina para el baño para la sala. Me siento bien poder compartirnos…porque uno piensa como si uno no existiera. Uno se siente bien saber que hay alguien que nos escucha."*
>
> *"I just go from the kitchen to the bathroom to the living room. It feels good to be able to share our thoughts… Because sometimes you feel like you don't even exist. It feels good to know that there's someone who listens to us.*
>
> — **Listening session participant,** discussing her mental health needs as a mother of young kids, and her appreciation for being able to share her perspectives.

[6] U.S. Census Bureau. "QuickFacts: Princeton, New Jersey." *U.S. Department of Commerce*, 2024, www.census.gov/quickfacts/princetonnewjersey

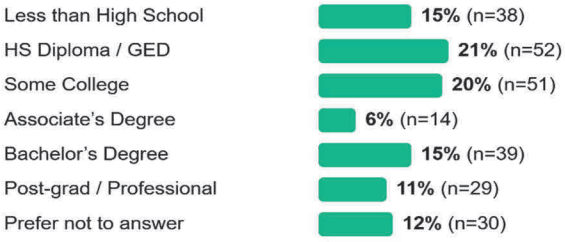
Overall, these data illustrate that the LMI respondents in Princeton are older and more racially and ethnically diverse than the total population of approximately 30,000 residents and navigate disproportionately higher rates of disability and lower formal educational attainment than the town averages. Recognizing these disparities provides essential context for understanding the profile of LMI households who might otherwise remain underserved.



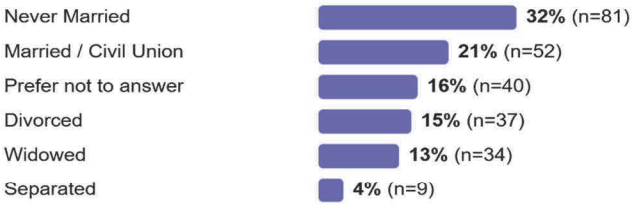
At-a-Glance: Demographic Characteristics (continued)

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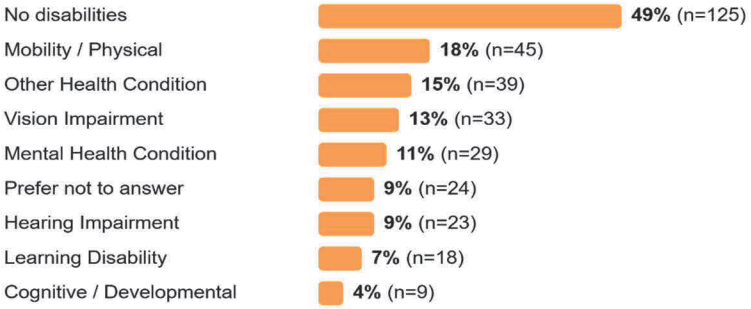
Highest Education Level



Marital Status

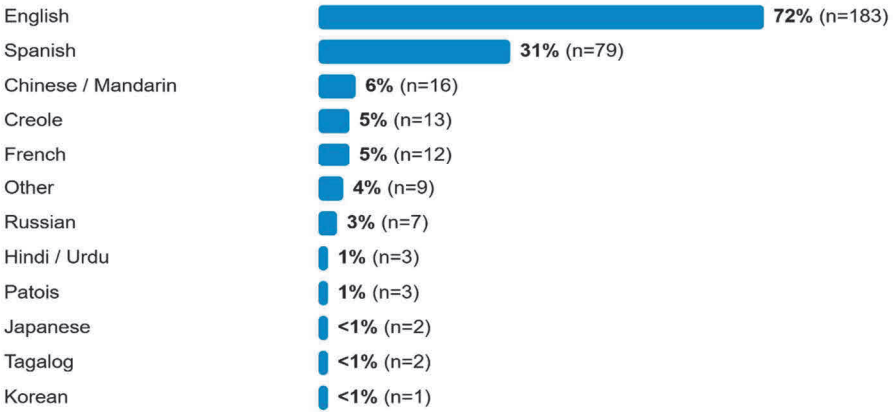


Disabilities in Household



† Respondents could select all that apply. Percentages may exceed 100%.

Languages Spoken at Home



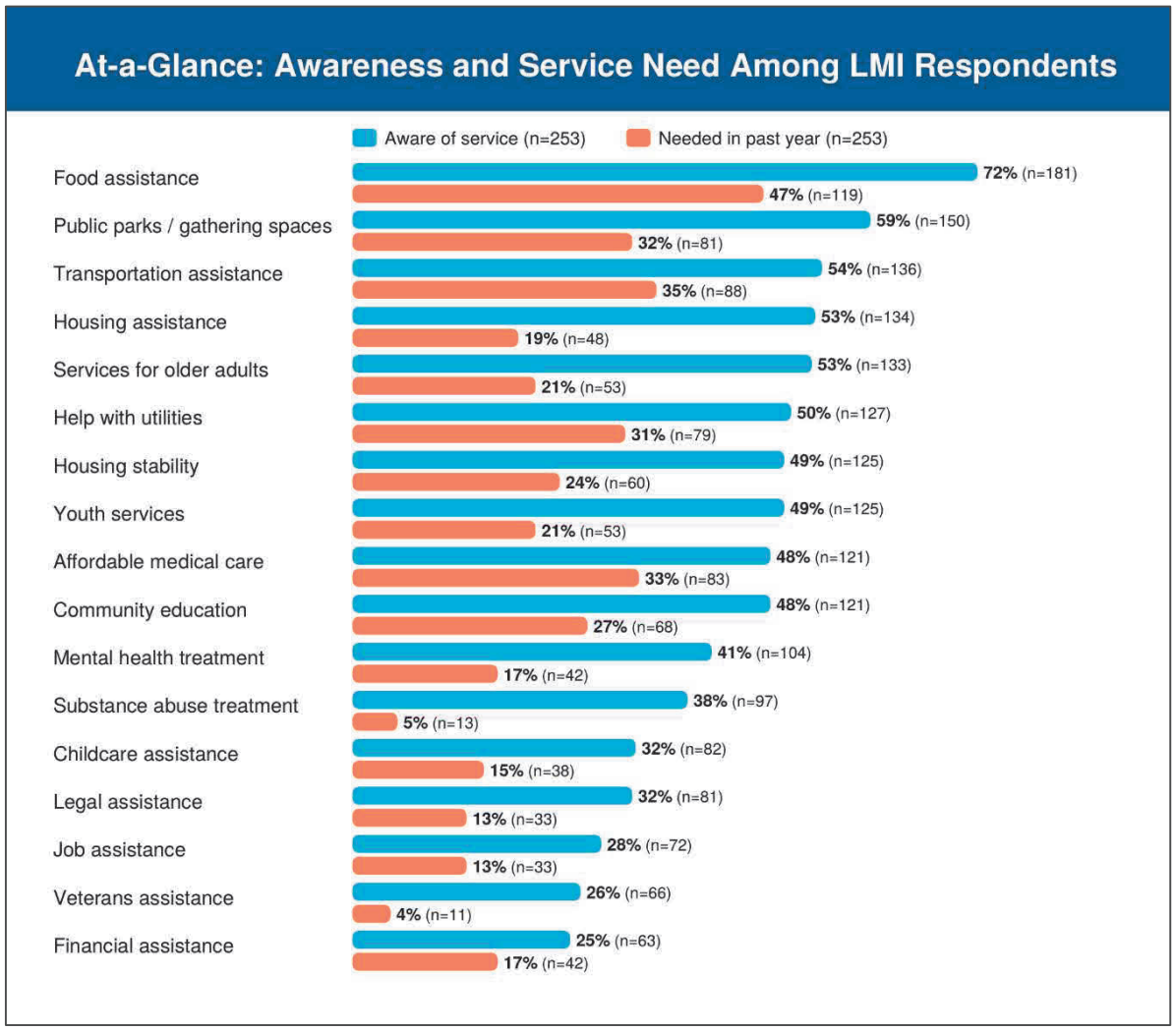
† Respondents could select all that apply. Percentages may exceed 100%.

1. OVERVIEW OF NEEDS

The needs assessment focused on understanding residents' needs related to six determinants of wellbeing: food and nutrition, health and medical, housing stability, income and employment, legal and safety, and belonging and inclusion, as well as the needs of older adults. This chapter synthesizes the key patterns of awareness, expressed need for services, service access experience, and barriers, and situates these findings within a decade of change since Princeton's last comprehensive needs assessment in 2014.

1.1 Service Awareness and Need in the Past Year

One of the most notable findings of this assessment is the gap between the services that exist in Princeton and those of which LMI residents are aware. Survey and listening session data consistently reveal that roughly half of respondents were unaware of key municipal and community resources, including housing assistance



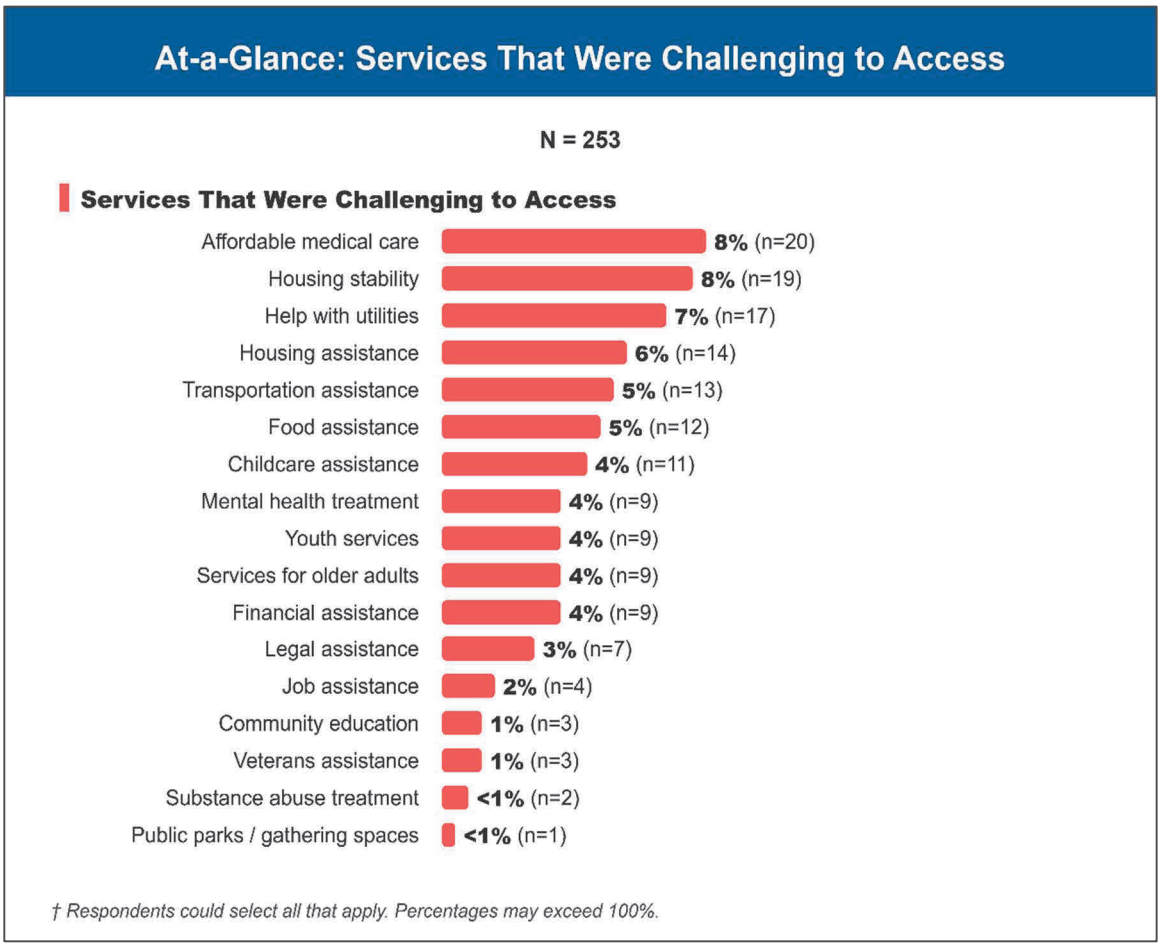
programs, rental assistance, utility help, and subsidized medical care. More than 60% of LMI respondents

were unaware of substance abuse treatment, childcare assistance, legal assistance, job assistance, veteran assistance, and financial assistance services. This "awareness gap" is not evenly distributed: Spanish-speaking residents, older adults, and those without reliable internet access showed the deepest gaps in service knowledge.

When asked which services they had needed in the last 12 months, LMI respondents reported demand across all domains. The need for food assistance (47%) and transportation assistance (35%) was highest. Overall, respondents' most prevalent needs were concentrated in economic stability (income support, housing), physical wellbeing (health and dental care, food), and connective infrastructure (transportation, internet). Conversely, few respondents identified a need for resources tailored to military-connected residents and support for substance use recovery.

1.2 Service Access and Barriers

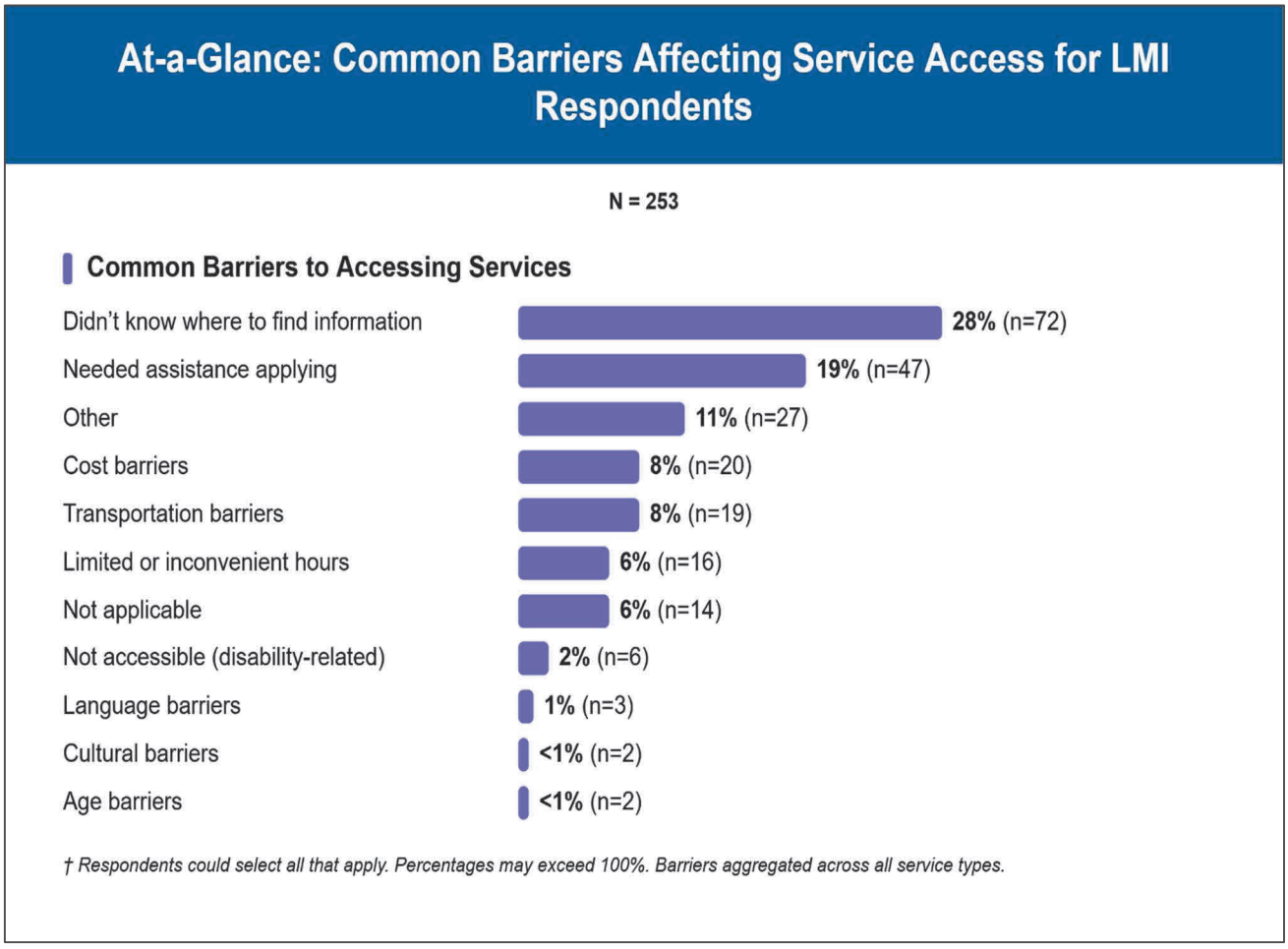
A subset of 56 residents or 22% of LMI respondents reported experiencing difficulties when trying to access the services they needed. Some services, although known by about 50% or more of LMI respondents, were hard to access due to cost, transportation, or complexity. Affordable health and housing services were identified by respondents as the most challenging to access. The services that posed the least difficulty for those who needed them were public parks, substance abuse treatment, and community education.



From the subset of survey respondents who indicated challenges in accessing services, the most frequently cited barriers primarily centered on information access and service navigation.

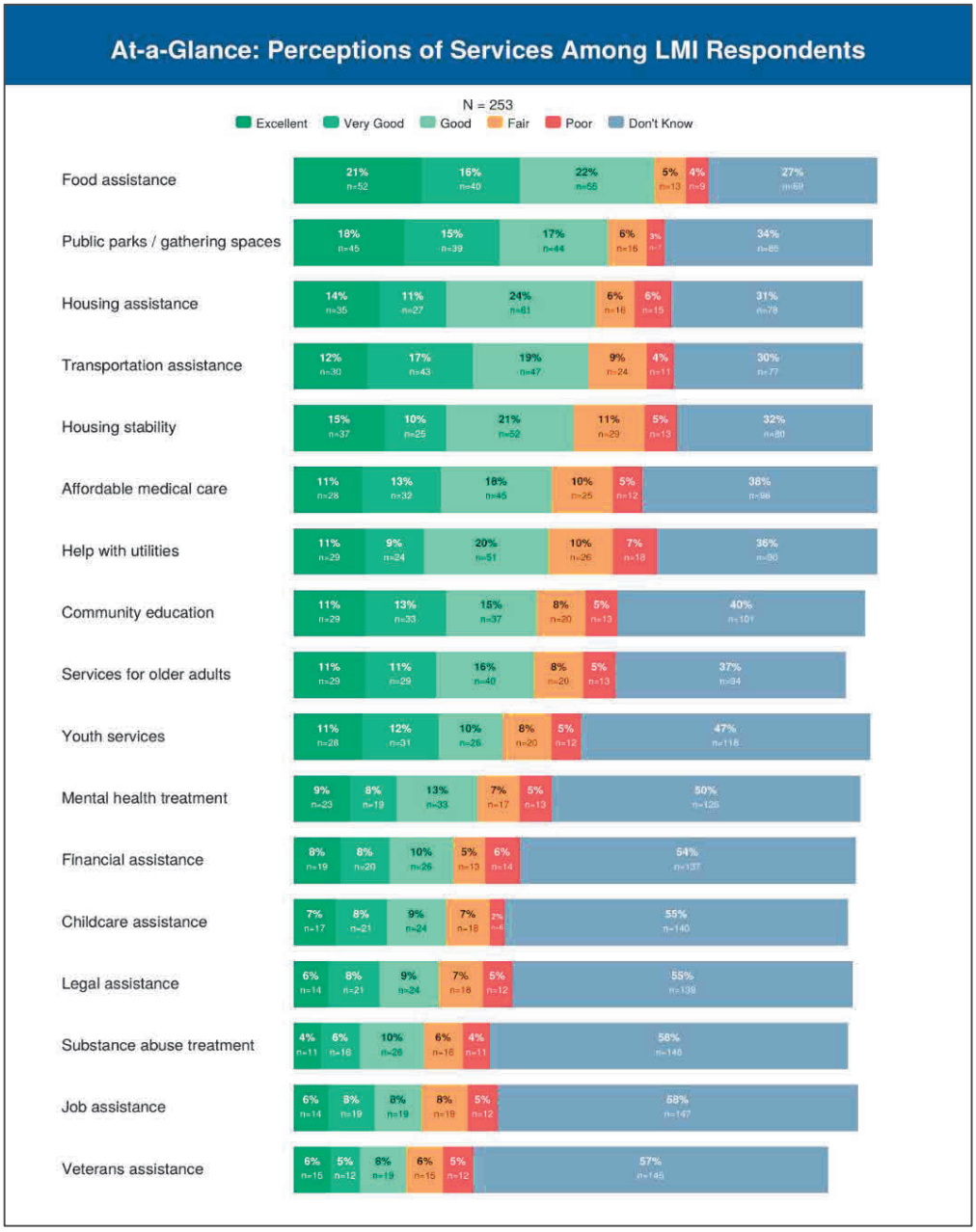
- **Information deficits**: About 28% of respondents stated that they did not know where to get information. It was the most common barrier cited for accessing help with utilities, affordable medical care, housing stability, and food assistance.
- **Application difficulties**: About 19% of respondents reported needing assistance applying for services such as utilities, affordable medical care, and housing stability programs
- **Cost:** Financial barriers were reported by 8% of respondents, particularly for affordable medical care and mental health services.
- **Transportation:** 8% of survey respondents identified transportation as a barrier for accessing medical care and utility assistance.

Respondents reported age, physical, or cultural barriers less frequently than informational or administrative challenges. Language barriers were also cited very rarely (e.g., one report for medical care and one for housing assistance), indicating that bilingual service delivery has reduced this challenge. Barriers related to access for those with disabilities, were also reported infrequently.



1.3 Community Perceptions

The needs assessment survey also asked respondents to rate the quality of existing services on a scale from Poor to Excellent, with the option to select 'don't know'. Most community programs were rated highly. The three services that received the most positive ratings overall (good, very good, or excellent) were food assistance, public parks and gathering spaces, and housing assistance, followed closely by transportation assistance, and housing stability. Help with utilities received the most unfavorable ratings (7% poor and 10% fair). As discussed earlier, these data point to a gap in awareness rather than satisfaction alone: for six services, more than half of respondents were unable to rate the service because they didn't know the service existed.



1.4 Evolving Community Needs

Princeton's Human Services Department last conducted a community needs assessment in 2014, surveying 204 households with low- to moderate-income across a mix of demographic groups. Comparing those data with the 2025 findings reveals–shifts in the community's needs landscape with evidence of improvement, deeper challenges, and persistent structural conditions [7]. Building on the 2014 survey, this assessment placed a special focus on gathering input from older adults to inform municipal planning efforts and the work of the Age-Friendly Princeton Task Force 2.0**.** The team's outreach intentionally focused on reaching diverse and underserved residents, both under and over 55 years old. Accordingly, the 2025 respondents consist of more Hispanic or Latino households as well as a larger proportion of older adults than in 2014.

The 2025 assessment provides an updated understanding of the needs, priorities, and experiences of underserved residents, including older adults.

Key highlights:

- **Employment and Job Training:** In 2014, one of the most significant needs was employment assistance: Residents said they wanted "help finding a living wage job" (44%) and "job training" (39%), with 21% of the sample actively unemployed. In 2025, 10% of respondents between 18 and 64 years old reported being unemployed, and 16% indicated a need for job assistance in the past year.
- **Language as a Barrier**: In 2014, nearly one in four non-English speakers reported that services were harder to access due to a language barrier, particularly within the Hispanic/Latino community. In 2025, only 1% of respondents reported language barriers, a substantial decline from findings reported in 2014. This shift may indicate improved access to bilingual services and translated information across Princeton's service network.
- **Food Insecurity**: In 2014, 40% of respondents reported cutting the size of their meals or skipping meals due to lack of money, and 55% rated food assistance as extremely important to their household. By 2025, the proportion of respondents who cut or skipped meals dropped to 23%, a reduction of 17**%.** However, 43% of respondents in 2025 reported worrying that food would run out before they had money to buy more, and 47% used some form of food assistance (SNAP, food pantries, community kitchens, or free meal delivery) in the past year, compared with 35% who used food banks or pantries in 2014. This increase in food assistance utilization, alongside greater community investment, suggests that while food insecurity has declined in its most severe form, more residents are now relying on programmatic support to meet basic nutrition needs. In 2025, food assistance has the highest awareness of any service (72%) and the highest quality rating among the services included in the survey, reflecting a decade of investment in food assistance infrastructure and the growth of emergency assistance programs[8].
- **Navigational Barriers**: While physical and language barriers have decreased, informational barriers have worsened. In 2025, the primary reasons residents said they cannot get help are that they "did not know where to get information" and "needed assistance applying" due to several factors such as limited awareness, complexity of the process, or lack of internet access.

Persistent Trends:

- **Affordable Medical Care:** This remains a chronic, critical vulnerability. In 2014, 34% of respondents saw medical care as a high need due to cost. Over a decade later, it remains difficult to access and is the third

[7] The 2025 survey is not identical to the 2014 survey. See Methods section.

[8] Municipality of Princeton Department of Health and Human Services. 2023 Consolidated Annual Performance Evaluation Report. Municipality of Princeton, Sept. 2024

most needed service overall (33%). Medical costs and debt were also the primary factors affecting residents' housing in 2025. Cost and transportation remain important barriers to receiving medical care.

- **Housing and Utilities:** In 2014, 31% of households struggled with mortgage/rental assistance and high housing costs. In 2025, housing stability and help with utilities remain significant needs (for 24% and 31% of respondents, respectively) and were reported to be the second and third most difficult services to access. LMI residents who participated in listening sessions confirmed that they consistently struggle to access affordable or subsidized housing and navigate the complex application processes required to secure housing and utility funds. Residents cited scarce units, income limits that don't include the near-poor, multi-year lottery waitlists, and eligibility rules that can shift mid-application and are often premised on already being in crisis, leaving even persistent applicants discouraged or shut out.

> *"Right now I have a shut-off notice for my PSE&G because I've prioritized food… I owe four-eighty. I don't have that. I don't know what I'm going to do. There's nobody that helps with utility bills."*
>
> — **Listening session participant, working parent of 4**

2. NEEDS BY DOMAIN

To better understand residents' experiences and identify service gaps, this needs assessment examined several interconnected determinants of wellbeing: food and nutrition, health and medical care, housing, income and employment, legal matters and safety, and belonging and inclusion. These domains do not operate in isolation. A car that breaks down affects a medical appointment, which affects a work shift, which affects the ability to pay rent. This section describes findings for each of these domains and highlights trends and changes since 2014 where meaningful. Collectively, these findings reflect a community experiencing measurable hardship alongside demonstrated resilience.

2.1 Food and Nutrition Access

Hunger and food insecurity have declined in the past decade but worry persists. In 2014, 40% of respondents reported cutting the size of their meals or skipping meals due to lack of money. By 2025, that figure dropped to 23%, a reduction of 17 percentage points. The findings highlight the contribution of federal nutrition assistance programs (such as SNAP), state initiatives, and local food access programs in supporting residents experiencing food insecurity.

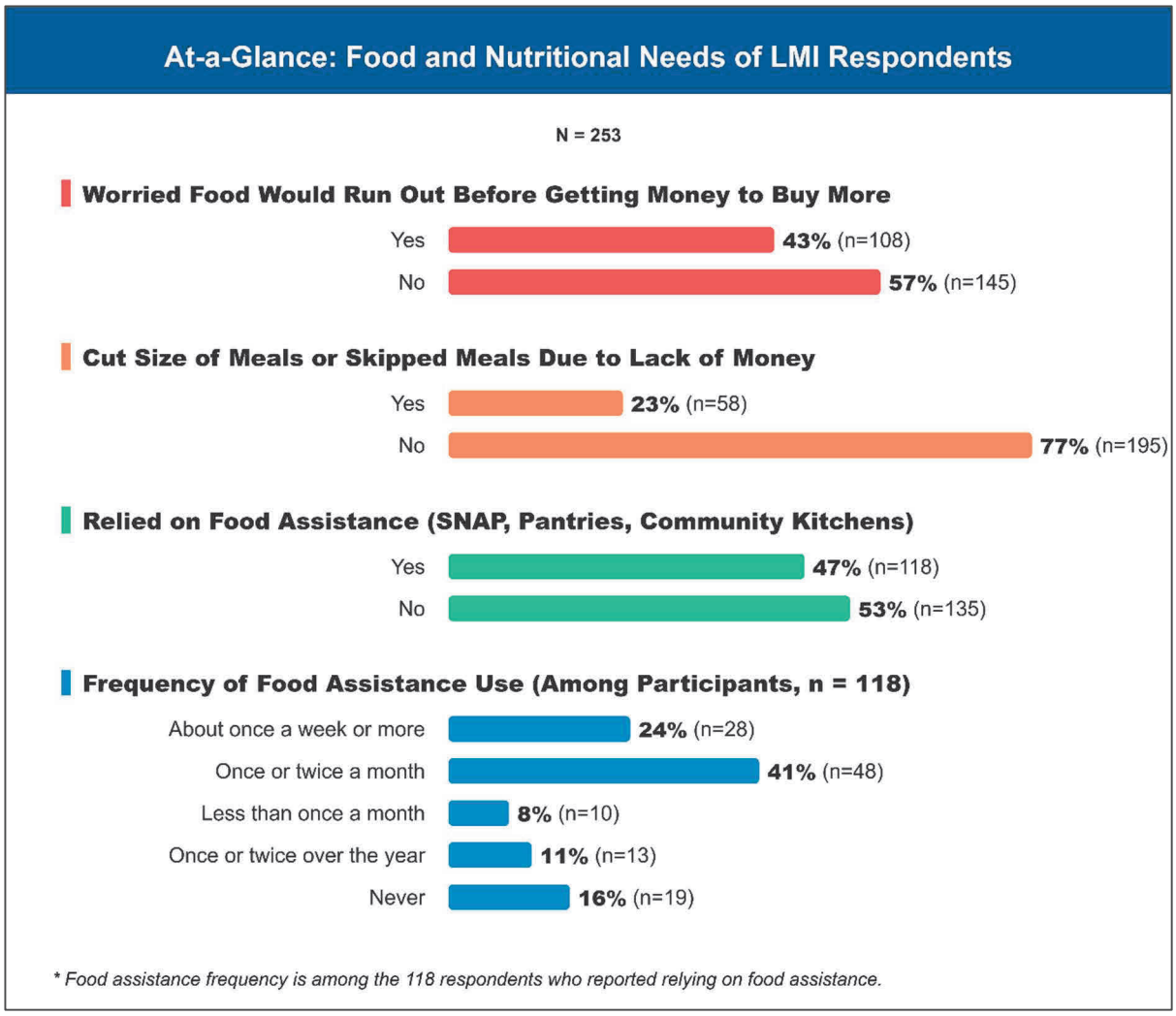
However, this progress should not be overstated. In 2025, 43% of respondents worried that food would run out before they had money to buy more. This level of food insecurity anxiety indicates that many households remain one financial shock away from going hungry. Nearly a quarter (23%) said they or a household member had cut the size of their meals or skipped meals due to lack of money, and 47% used some form of food assistance (SNAP, food pantries, community kitchens, or free meal delivery). Food insecurity was particularly acute among young people under 24. Among the 42 respondents under 24, more than half (57%) worried their food would run out before they had money to buy more, and about a third (29%) cut or skipped meals and used food assistance (SNAP, pantries, community kitchens).

Meeting Food and Nutrition Needs

Princeton and Mercer County offer a robust network of food assistance programs designed to combat hunger and food insecurity for LMI households. These resources range from emergency food pantries providing shelf-stable items and fresh produce, to regular hot meal programs. Recognizing the diverse needs of the community, many organizations prioritize dignified access by offering flexible "shopping" models for groceries, as well as meal deliveries tailored for homebound seniors and individuals with disabilities. More details on specific resources can be found in the *Princeton Social Services Resource Directory*.

> *"Delivering produce bags to the children in school is a great way to support those without transportation or with the fear... in this political climate"*
>
> — **Survey respondent**

Residents in listening sessions and on the survey consistently requested more fresh produce, dietary accommodation for seniors with medical conditions and home delivery options. Many residents described a fundamental tension: food is available in town, but not at prices they can afford, and not always in forms that are accessible to those without transportation.



Among those who accessed food assistance, most (65%) did so on a monthly or weekly basis, indicating that food assistance is not a one-time buffer but an ongoing lifeline. Many respondents expressed gratitude for food assistance programs, highlighting the impact of initiatives like meal deliveries and produce bags for families. Respondents also highlighted the importance of delivery services for homebound residents and school-based food programs for children, channels that bypass certain transportation barriers and stigma.

Respondents who live in subsidized or affordable housing suggested that it would be useful to designate an area in the complex where individuals may drop off and pick up canned goods and non-perishable items to share with neighbors and friends.

The pantry model also received mixed reviews. Multiple listening session participants noted that they would appreciate it if local pantries could offer more variety, protein sources, and culturally relevant foods.

One Spanish-speaking participant suggested 'menos latas' (fewer cans) and more fresh produce. Respondents expressed strong enthusiasm for the "grocery store" model of pantries which allows clients to shop and choose their own food with dignity: "*like a supermarket with low prices or free, to choose what we can cook*". The potential reduction or elimination of SNAP benefits under H.R. 1 would directly worsen food insecurity among residents with already insufficient resources[9].

> *"I work two jobs to support my family and I still can't afford food. I make too much money to get on food stamps."*
> — **Single mother of three, listening session**

2.2 Healthcare Access

Health insurance coverage has held steady or improved in the past decade. In 2014, 68% of survey respondents reported being covered by health insurance. In 2025, 64% reported their entire household was fully insured. However, nearly a quarter of respondents reported mixed coverage within their household, meaning at least one person lacked insurance, and 4% reported no household coverage at all. Among insured respondents, Medicaid/NJ FamilyCare (43%) and Medicare (42%) were the primary sources, with 23% insured by private insurance.

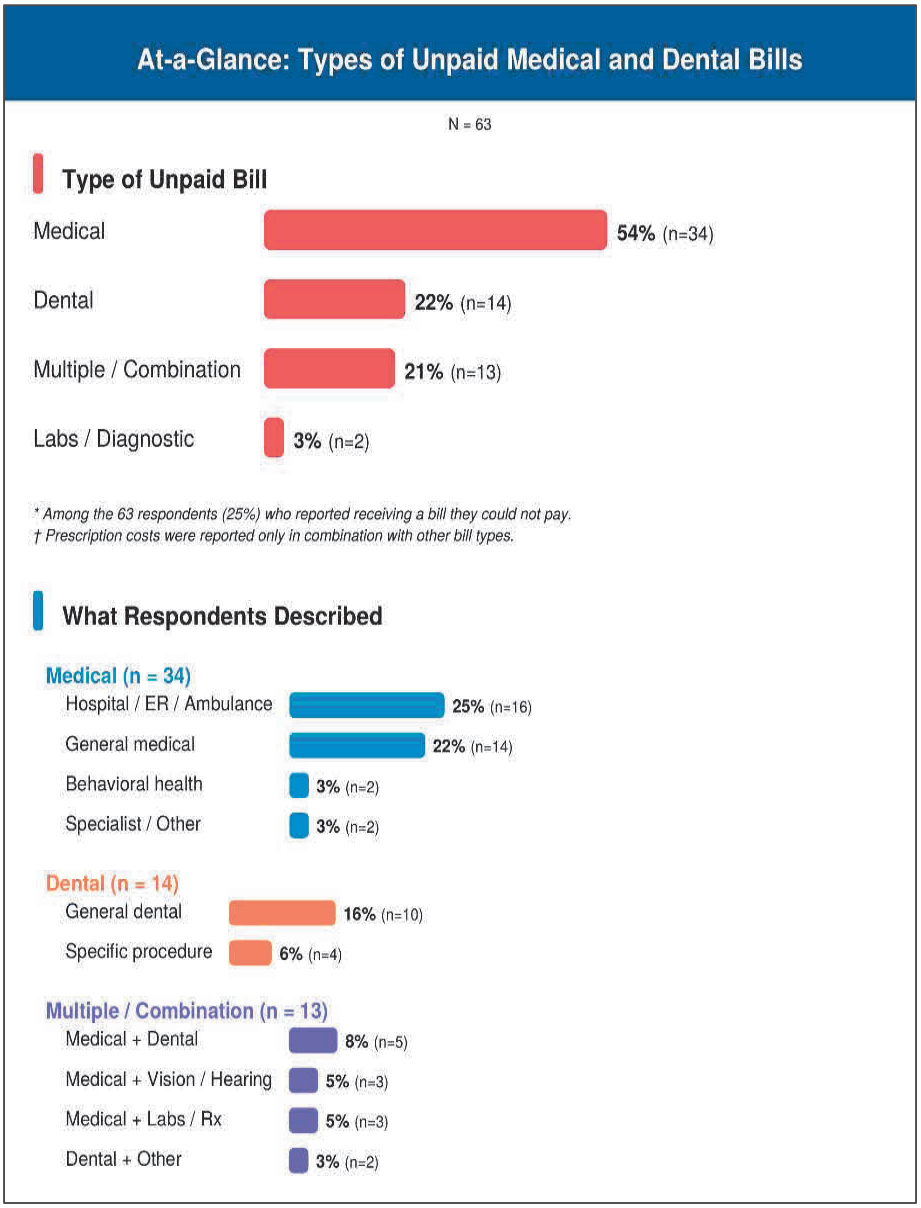
A significant share of insured residents in Princeton accessed coverage through Medicaid/NJ FamilyCare, meaning that changes to federal Medicaid eligibility criteria (such as those outlined in H.R. 1) would directly affect local coverage rates. Provisions that adjust eligibility thresholds or introduce new enrollment requirements for certain adult populations could alter who qualifies for coverage, including putting burden on residents to recertify more frequently and meet additional requirements and conditions. In New Jersey, where Medicaid expansion currently extends eligibility to populations such as children under 19 regardless of immigration status, shifts in federal policy may change the number of residents with active coverage at a time when local providers are reporting increased demand.

Meeting Health and Medical Needs

Access to affordable healthcare in the Princeton area is supported by a variety of clinics and municipal programs catering to uninsured and underinsured residents. Most clinics and health systems are regionally located in Mercer County, but one clinic is located within the municipality. These providers offer comprehensive primary care, specialized dental and vision programs, reproductive health services, and preventive care. Some providers utilize a sliding-scale fee structure based on household income to ensure that care remains accessible regardless of a patient's ability to pay. The Municipality of Princeton partners with community organizations to offer free vision and dental care programs for eligible low- to moderate-income residents. More details on specific resources can be found in the *Princeton Social Services Resource Directory and* the *Princeton Healthcare Roadmap*.

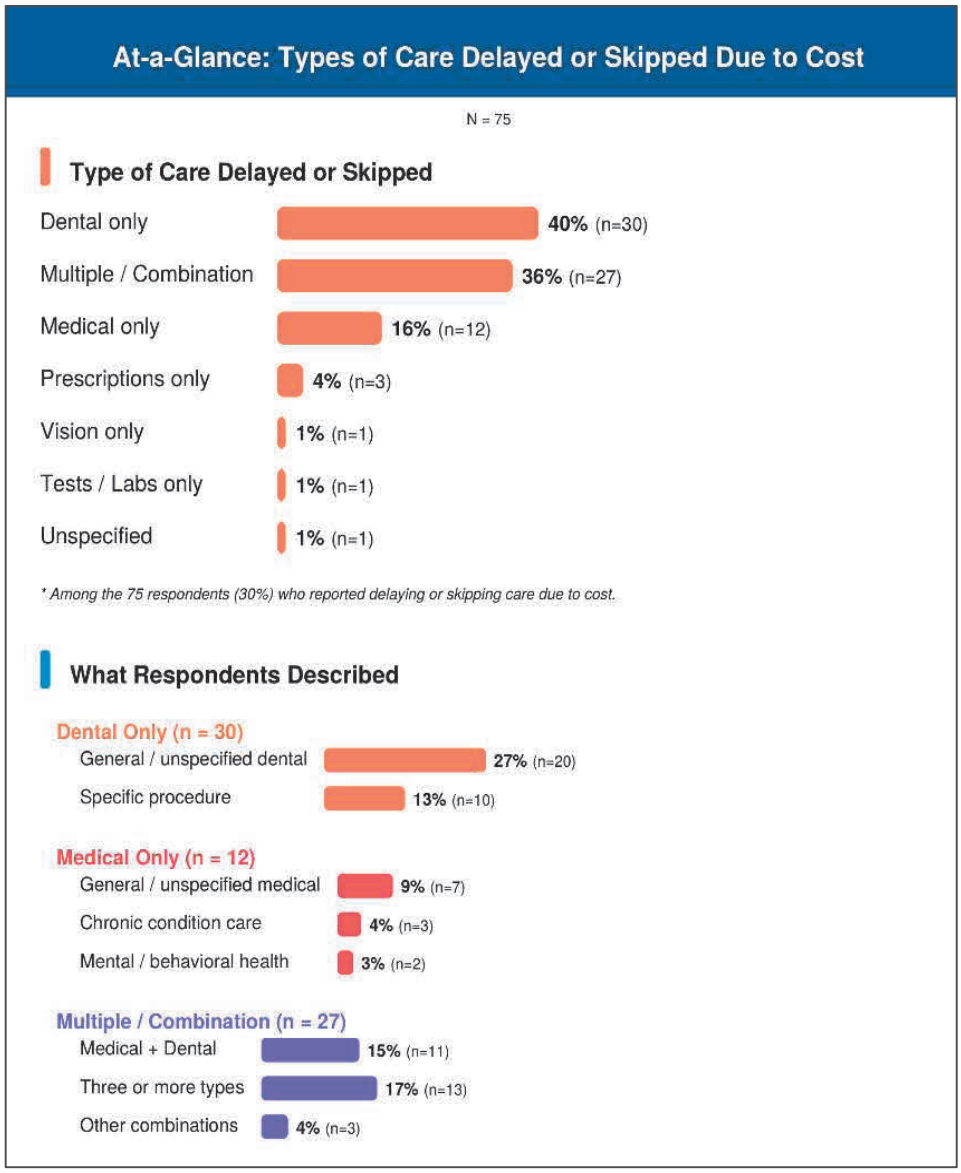
[9] Congressional Budget Office. *Estimated Budgetary Effects of H.R. 1, One Big Beautiful Bill Act.* Congressional Budget Office, 2025, cbo.gov.

Despite coverage gains amongst the surveyed population, significant cost barriers remain. In 2014, 32% of respondents postponed medical care due to cost, and 47% postponed dental care for the same reason. The 2025 data show slight improvements but confirms that out-of-pocket costs, particularly for dental and specialty care, continue to burden LMI households. About 25% of respondents said they were unable to pay medical or dental bills in the past year, and almost 30% reported that they postponed or skipped a medical or dental visit. Approximately 50% of the households who skipped medical or dental care had either partial insurance or none. When residents accumulated healthcare debt they could not pay, it was overwhelmingly driven by acute medical emergencies and hospital bills:



- **Medical:** Medical bills are the most frequent source of unpaid debt. Residents specifically cite large hospital bills (including one for $18,000 and another for $8,500 stemming from an emergency room visit with a $5,000 deductible), ambulance fees, treatments for strokes, and behavioral or psychological counseling.
- **Dental:** Dental debt is also prominent, with residents unable to pay for root canals, braces (which one parent noted required $180 monthly out-of-pocket payments), and replacement crowns denied by insurance.
- **Diagnostic Services:** A smaller number (3%) accumulated debt from lab work, blood tests, and COVID/flu tests not covered by insurance.
- **Other Care:** A small number of residents report being unable to pay for vision care, hearing aids, or generalized "other" care.

Residents also reported on the types of care they had to skip due to cost. While medical bills drove the most debt, dental care was by far the most frequently *skipped* service when residents could not afford the upfront costs.



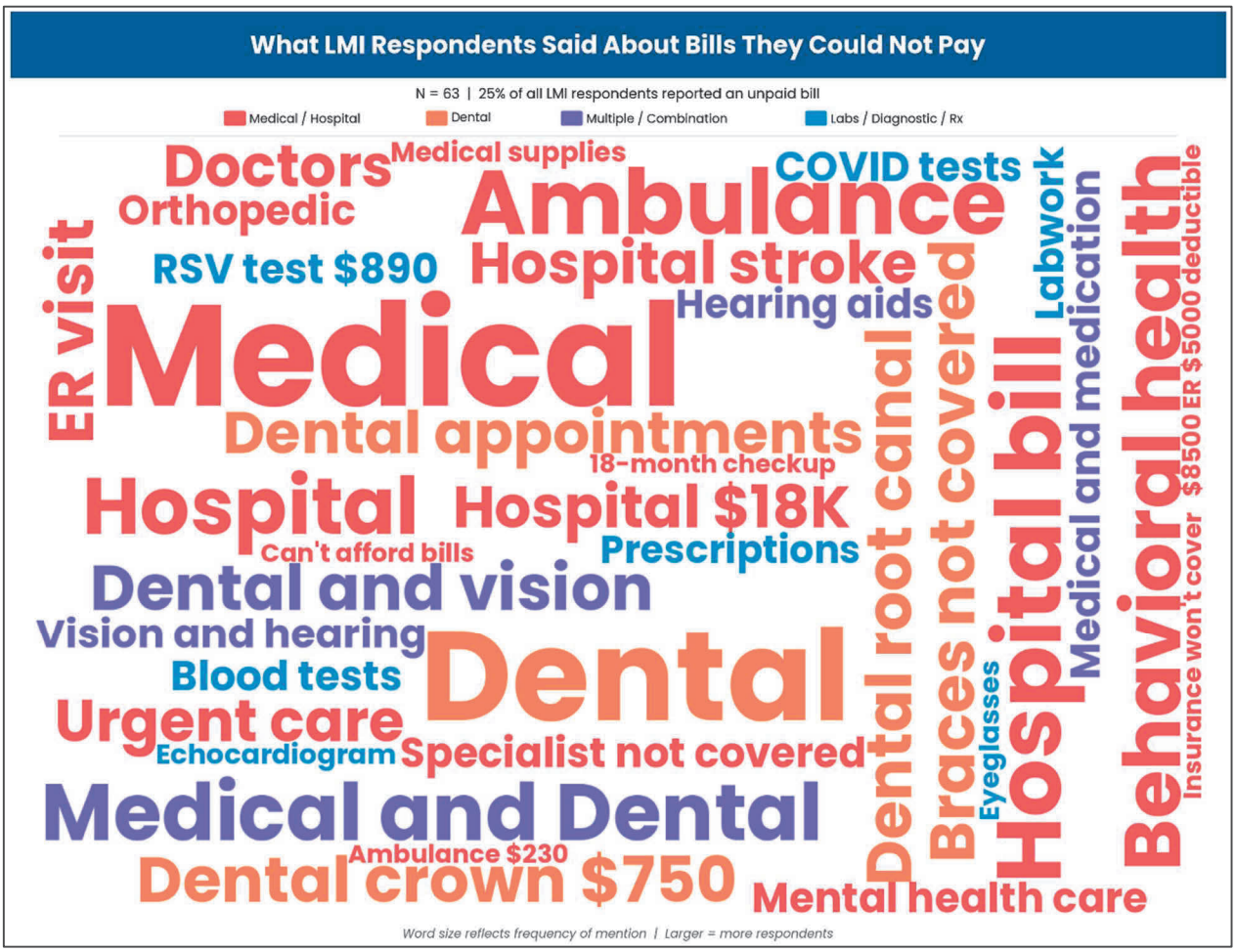
- **Dental:** About 30% of those who skipped care, also postponed dental procedures**.** This included routine cleanings, fillings, root canals, and surgeries. As one respondent pointed out: *"insurance only covers cleaning and X-rays. Not extractions and procedures that improve my quality of life or functions"*.
- **Medical:** Residents reported they skipped a wide variety of medical interventions, ranging from standard physicals and 18-month checkups for children, to specific acute needs like attention to stomach pain, heart pain, diabetes care, and mental health care.
- **Diagnostic Services and Prescriptions:** Residents also reported skipping vital diagnostic tests, including mammograms, echocardiograms, and medical scans, as well as abandoning medications like weight loss drugs, birth control shots, and general prescriptions due to high copays or out-of-pocket costs.
- **Other Care:** Several residents said they skipped vision exams and did not pick up contact lenses or eyeglasses because they were too expensive

LMI residents shared the experience of needing to travel to facilities in Trenton or Hamilton, such as Henry J. Austin Health Center, to avoid high costs for routine care. In listening sessions and in survey responses, some respondents highlighted challenges accessing healthcare providers in the municipality who accept Medicaid or offer sliding-scale fees. While there is one health clinic in Princeton that accepts uninsured patients, numerous residents indicated having to travel outside Princeton to access care when they needed it. Transportation and geographic barriers can affect continuity of care and contribute to patterns observed across the region: according to the Greater Mercer Public Health Partnership's 2024 Community Health Needs Assessment, Medicaid beneficiaries in the area visit emergency rooms at higher rates than privately

insured patients for non-life-threatening conditions[10]. Regional healthcare providers including Penn Medicine Princeton Medical Center, Zufall Health, Henry J. Austin Health Center, Robert Wood Johnson University Hospital, and Capital Health, offer financial assistance programs that may help reduce healthcare-related financial burden for uninsured and underinsured residents.

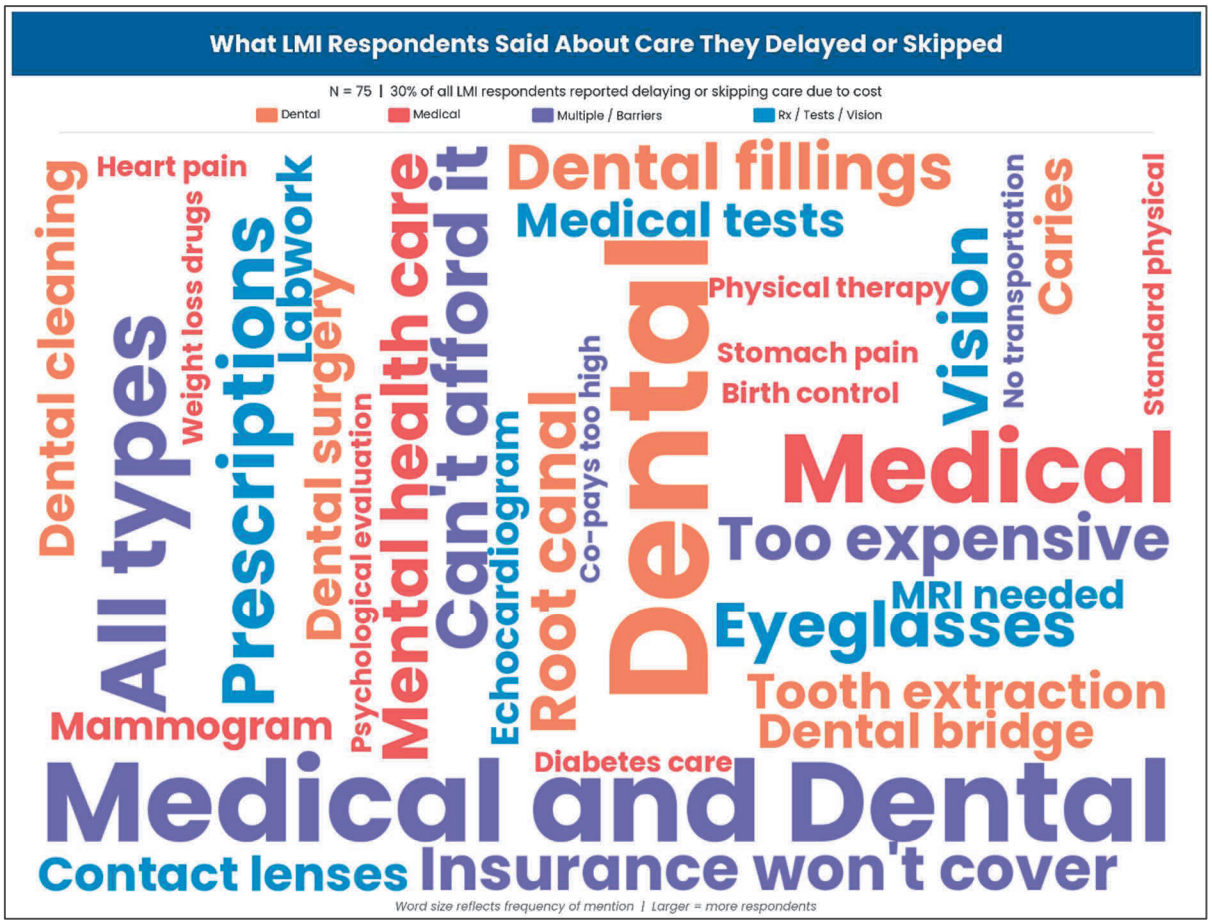
Listening session participants across all groups raised healthcare access as a central concern. Transportation to medical appointments emerged as a major barrier. According to several residents, the cost of medical transport ($1,000 or more for wheelchair-accessible ambulance services in some cases), the limited hours of existing paratransit services, and the absence of a "local family health clinic" were pressing gaps. Both listening session and survey participants called for more health facilities that are community-based, offer walk-in care, and accept public insurance that could serve adults and children alike, navigating multiple generations of need in a single visit. Mental health concerns also surfaced consistently across most participants. Residents described stress, caregiver burden, isolation, and anxiety as pervasive but underserved needs. Listening

> *"The doctors are all out different, farther away — 10 miles from Princeton. You have to have transportation or money in your pocket for a taxi or Uber."*
> **— Listening session participant, older adult**



[10] Greater Mercer Public Health Partnership. (2024). *2024 Community Health Needs Assessment*. https://www.capitalhealth.org/sites/default/files/2024-11/2024%20GMPHP%20Community%20Health%20Needs%20Assessment.pdf

session respondents requested increased mental health support, particularly for those with serious mental illness navigating employment and housing challenges.



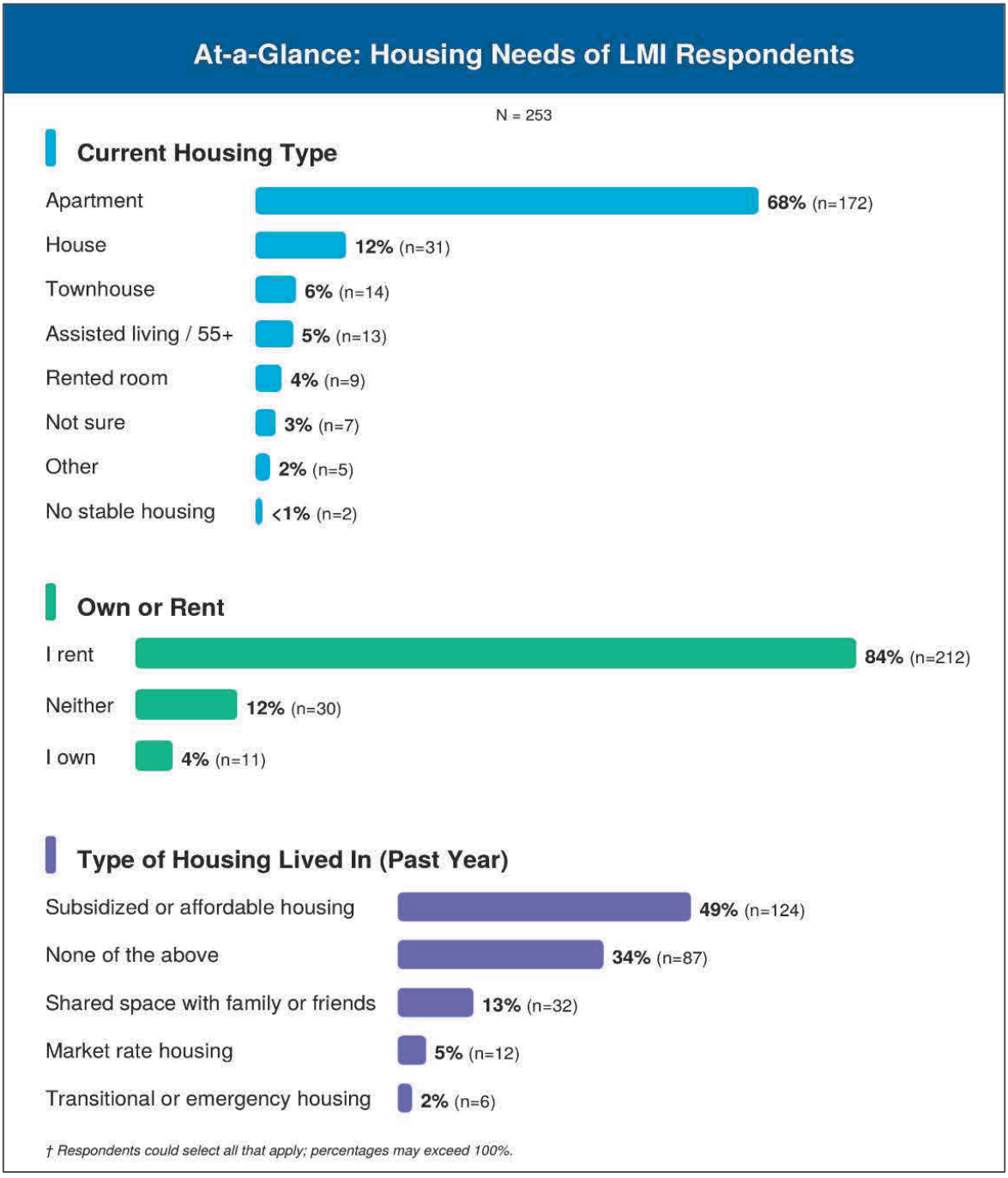
2.3 Housing Access

Access to affordable housing remains a pressing challenge for communities everywhere, and Princeton is no exception. Housing access determines where children go to school, how close residents are to jobs and services, and whether families can build stability or continue to face persistent vulnerabilities. Nearly every listening visit participant named housing costs, quality, or access as a top concern. Participants acknowledged Princeton's active affordable housing program and the presence of the Princeton Housing Authority as important resources. The community's commitment to expanding affordable housing availability and its track record of producing additional units represents a significant asset that merits sustained investment and expansion.

Meeting Housing Needs

Housing assistance in the Princeton area encompasses a broad continuum of care, from emergency shelter and homelessness prevention to long-term affordable and subsidized housing. Support networks exist to help vulnerable families navigate sudden crises, such as utility shutoffs and rental arrears, while also offering transitional or emergency housing and case management to help residents achieve long-term self-sufficiency and economic stability. More details on specific resources can be found in the Princeton Social Services Resource Directory.

The majority of 2025 needs assessment respondents were renters (84%), with only 4% owning their home. Nearly half (49%) of all respondents lived in subsidized or affordable housing, and 68% resided in apartments. Two residents reported having no stable housing and an additional seven were unsure about their housing status. While this is relatively low, it likely underrepresents the true extent of housing instability given the difficulty of reaching people without fixed addresses. Housing instability was most often a result of medical problems (11%), job loss or income reduction (8%), and inability to pay rent (8%). Eight respondents reported an eviction in the past year.



Challenges and suggested improvements:

- **Fragmented processes and long waits**: Listening session participants said they faced substantial waiting times of "about a year and a half to two" years to be able to access affordable housing. These residents described their experience with application process, involving multiple steps, first filling out a common application online and then going to the Princeton Housing Authority office to complete separate paper forms for each property. The long waitlists ("las listade esperan son muy largas") and a lack of accessible information left some residents feeling stranded. Furthermore, according to respondents, emergency assistance protocols require residents to be in acute crisis before intervening.

> *"Sí, así que para mí fue traumático porque estaba trabajando duro y traía todos los papeles, haciendo llamadas de teléfono, pero al final no solucioné nada. Y yo tenía angustia, tenía angustia porque, ya sabes, sientes angustia y dices, ¿por qué? ¿Por qué siempre?"*
>
> *"Yes, so like that for me it was traumatic because I was working hard and gathering all the paperwork, making phone calls, but in the end, I didn't accomplish anything. And I was anxious, I was anxious because, you know, you feel anxious and you say, "Why? Why always [me]?"*
>
> **— Listening session participant, working parent**

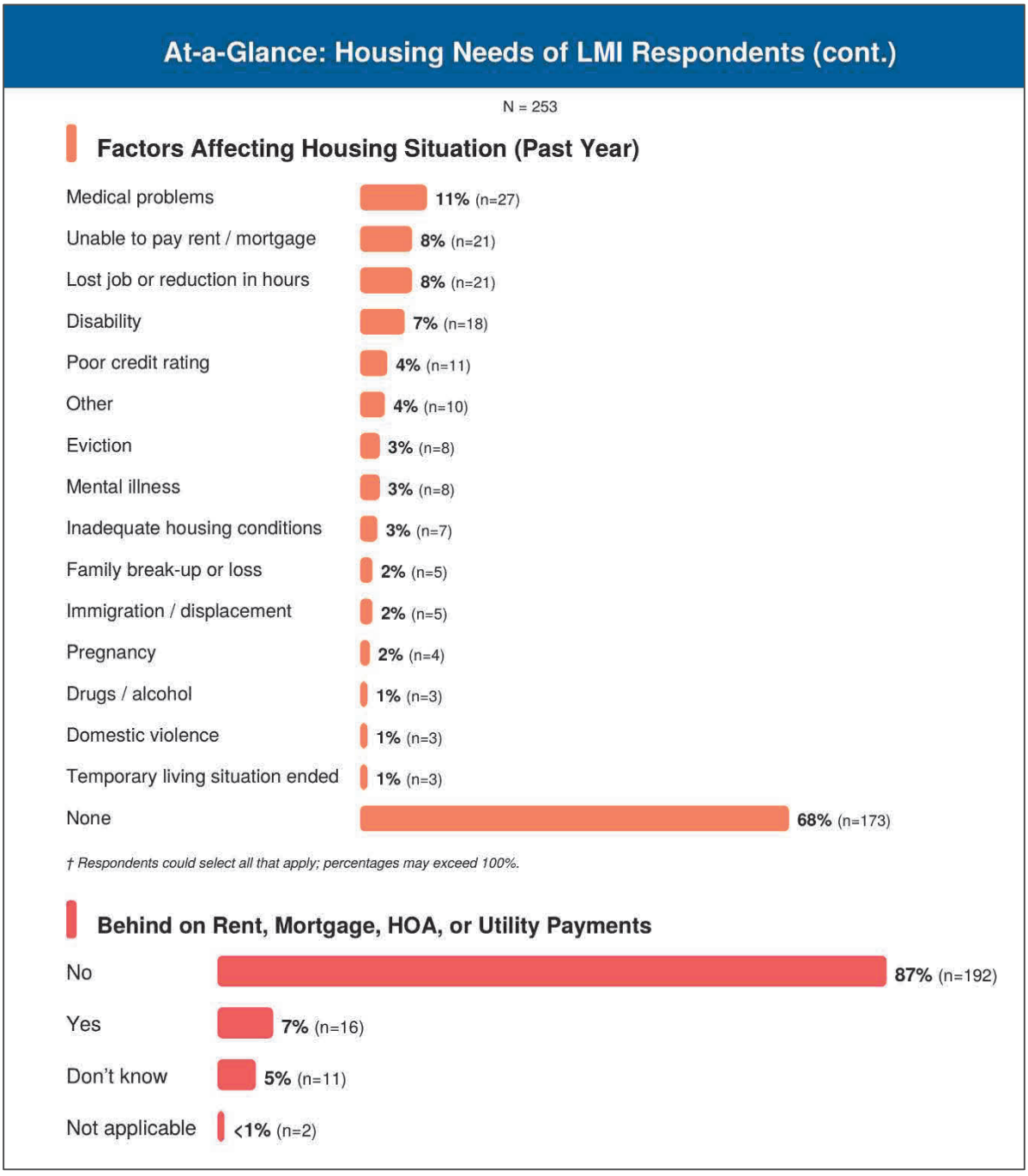
> *"The affordable housing application process is fragmented. We must fill out different paperwork for each property with different eligibility requirements. And the credit score requirements are 680-700 even for properties that were not even really hundred percent livable. Some landlords said they require three months of rent upfront as security deposits."*
>
> — **Listening session participant, working parent of four**

- **Rent increases and utility burdens:** One of the most commonly reported themes in the survey responses was the high cost of living, with listening session residents expressing frustration over unchecked rent hikes and ancillary housing costs like utilities. Utilities, specifically electricity and water, added a significant and unpredictable burden to monthly budgets. Residents requested rent stabilization measures such as capping yearly rent increases to "no more than 3% per year". One resident noted that "increases over 5% put a burden on families especially when they happen every 6 months!". Multiple listening session participants described escalating fees such as parking, water, trash and technology fees, that erode the affordability of subsidized units.

- **Limited on-site benefits and assistance navigation**: In listening sessions, several residents described the value of having a trusted professional in the building who knew residents by name, understood their needs, and could connect them to services. These relationships appear to have eroded over time and residents said, in their experience, there is limited or no on-site presence of navigators or social workers in many housing developments. To bridge the information gap, one resident suggested having "the Princeton

> *"You have to [have] an eviction notice before receiving services. Adds humiliation to the already troubling times".*
>
> — **Survey respondent**

Human Services Department come once a month to tell residents what's going on and help fill out papers"



- **Substandard conditions**: A small number of residents in subsidized or affordable units reported unsafe environments, poor maintenance, pest issues, and a lack of basic respect for their privacy and dignity. Additionally, accessibility remains an issue for older adults and individuals with physical disabilities.
- **The missing middle**: While much of the focus is on low-income assistance, respondents in listening sessions and the survey pointed out that Princeton's housing market has become inaccessible even for moderate-income professionals. They highlighted that the cost of living is disproportionately high, placing severe housing cost burdens on residents with middle-class incomes, who often do not qualify for traditional safety net programs. To improve access, residents suggested making structural changes, such as calculating eligibility based on "take home" pay rather than "gross payment". In addition, respondents asked policymakers to "consider expanding affordable and workforce housing programs to include moderate-income residents" and introduce "incentives for developers to include reasonably priced units".

> *"Almost $500 a month to [housing development] on top of my rent — parking, sewer, water, and trash. And they don't do it by how much you use; they do it by how many people are in your home. So where's the affordable housing aspect?"*
>
> — **Listening session participant, working parent**

2.4 Employment and Income

Princeton's LMI residents occupy a wide range of economic circumstances, from retirees on fixed incomes to working adults juggling multiple jobs, students navigating financial aid gaps, and adults with disabilities finding barriers to meaningful employment. However, they all share the experience of facing an increasing gap between what they earn and what it costs to meet their basic expenses.

Employment status was diverse: 38% were working for pay, 30% were retired, 13% were students, and 10% were unemployed, with an additional 12% actively looking for work. Major income sources included wages (46%), Social Security retirement (31%), Social Security Disability/SSI (16%), and pensions (9%). Twenty-two respondents (9%) reported having no income at all.

Meeting Employment and Income Needs

Employment and income support programs are offered by Mercer County and focus on workforce readiness, job training, and breaking down barriers to career advancement. These services provide targeted help for youth entering the workforce, adults seeking career transitions or basic education, and individuals requiring specialized vocational accommodations. More details on specific resources can be found in the *Princeton Social Services Resource Directory*.

The ability to draw conclusions from 2025 income data is limited, as more than half of LMI respondents did not report their monthly income, preventing the findings from fully representing the respondent group. However, among the 108 residents who did report their income, data show that income levels, particularly for larger households, were insufficient to meet the demands of Princeton's high cost of living. The mean monthly income in 2025 was $2368 (compared with $1653 in 2014). The median monthly income was $2000, with the lowest being $550 and highest being $6500.

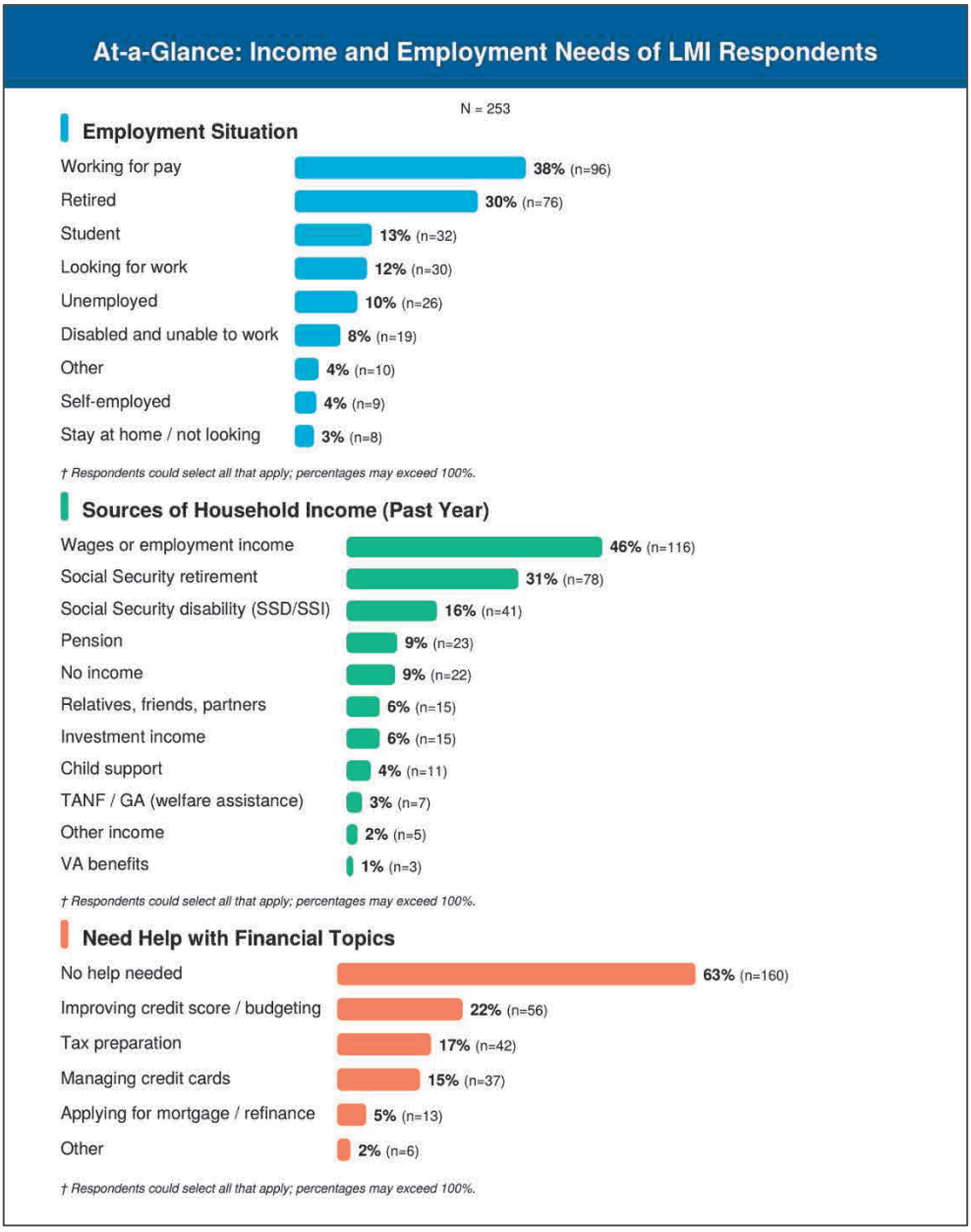
As seen in 2014, the median monthly income for larger households in 2025 did not scale up sufficiently relative to the income of a single-person household. Larger families faced not only income shortfalls but also housing overcrowding, childcare cost burdens, and increased food insecurity that all compound and negatively impact family wellbeing.

A recurring theme in listening sessions was the "cliff effect", which is the experience of earning just enough to be disqualified from public benefits while not earning enough to afford Princeton's cost of living. One participant worked two jobs, lived in subsidized housing, and still could not reliably feed her children because her income placed her above SNAP eligibility thresholds. This structural gap reflects a difference between how services are organized and how residents experience them, a dynamic that human service providers regularly observe in their work.

> *"Even though I earn around $100K, the cost of living in Princeton makes it hard to keep up without steady career advancement. Programs that help residents find local, higher-paying jobs, or offer retraining in growing industries, would be very helpful. It's not just about employment — it's about sustainable living wages".*
>
> — **Survey respondent**

Financial literacy was highlighted as a growing need. Almost a quarter (22%) of respondents said they needed help improving their credit score and budgeting, and about 17% needed help with tax preparation. Several respondents, especially Spanish-speaking participants, expressed interest in job fairs and bilingual employment workshops. In listening sessions and on the survey, residents noted a lack of employment resources for adults 55 and older, and insufficient opportunities for adults with physical and developmental disabilities.

Feedback from LMI respondents regarding employment and income reveals a critical need for more accessible job search support and assistance for residents facing systemic barriers. They highlight several consistent themes:



- **Need for targeted job search support and events.** Residents requested more direct, community-based guidance on finding work. Multiple respondents suggested:
  - Hosting job fairs ("ferias de empleo") locally to connect residents with employers.
  - Help with guidance on who's hiring in the area and where to go to apply.
  - Resume writing assistance ("Ayuda para hacer un resumen laboral").
  - Employment workshops offered in both English and Spanish.
  - Increased visibility of municipal support, and to "raise more awareness that they offer job counseling."
  - Connecting residents to "employment that accepts those with little to no experience."
  - Providing funding or support for entrepreneurial residents interested in "starting [their] own business."
- **Tailored support for specific demographics.** Respondents noted a lack of employment assistance for populations facing specific barriers, such as older adults, retirees, and individuals with disabilities or mental illness.
  - Older Adults: Residents requested "help for 55+ finding jobs" and pointed out that "Retired people also need employment opportunities" and that existing resources are not helpful in this regard.
  - Disabilities and Mental Health: Several respondents advocated for people with disabilities to be given more opportunities, with one requesting the town "add some programs to help disabled people that are not seniors." Another noted that they felt there is "No job support for those with mental illness."

2.5 Legal and Safety

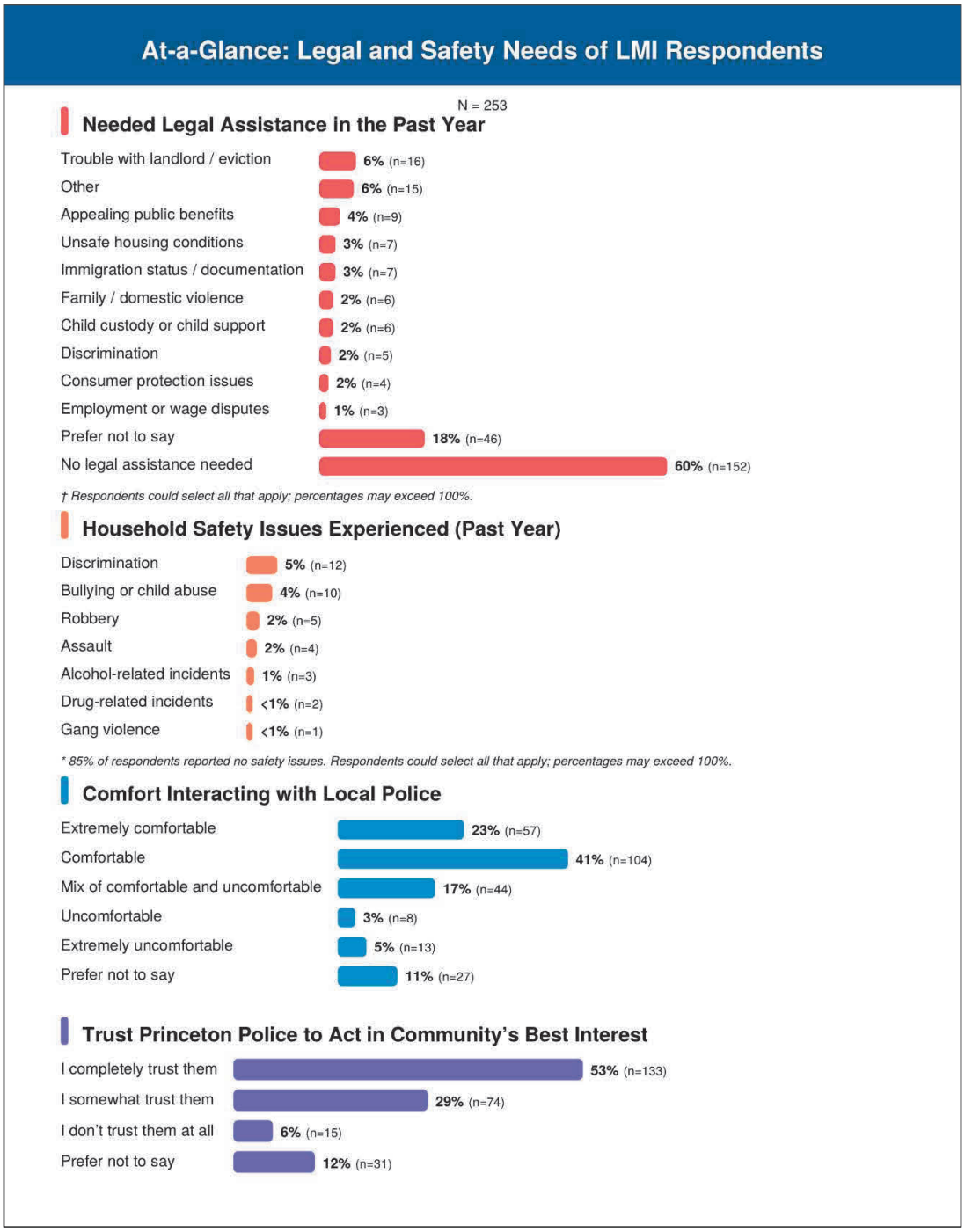
While legal needs affected a smaller proportion of LMI residents than housing or food insecurity, their consequences can be disproportionately serious. A single eviction proceeding, an unresolved immigration issue, or a wage dispute left unaddressed can cascade into loss of housing, employment, or family separation. The survey data reveal a community that was largely stable in terms of safety, with broadly positive relationships with local police, but with pockets of legal vulnerability.

A majority of respondents (60%) reported no legal assistance needs in the past year. However, six percent needed help with landlord-tenant or eviction issues (the most common legal need), four percent public benefit appeals, three percent needed help with immigration status, two percent domestic violence, two percent child custody, and one percent employment disputes. Several respondents (18%) declined to indicate whether they had a legal need.

Meeting Legal and Safety Needs

Residents navigating civil rights violations, immigration challenges, housing disputes, or consumer issues have access to several dedicated legal advocacy organizations in the region, including an Ask-a-Lawyer program and free citizenship classes at the Princeton Public Library. These entities provide free or low-cost legal representation, advice, and educational resources to ensure vulnerable populations, including seniors and individuals with disabilities, are not left without recourse or protection in the justice system. More details on specific resources can be found in the *Princeton Social Services Resource Directory*.

Fewer than 15% of respondents reported experiencing robbery, assault, discrimination, bullying, or other safety incidents. Discrimination (5%) was the most commonly reported safety concern. Relationships with local police were reported as generally positive. A majority of respondents (64%) said they felt comfortable or extremely comfortable interacting with Princeton police officers, and about half (53%) said they completely trust the police to act in the best interests of the community. This reflects a meaningful degree of institutional trust that can serve as a platform for community policing initiatives. Among the 8% who said they felt uncomfortable or very uncomfortable with the police, the majority (90%) were Black or Hispanic, which may reflect a need to continue to improve outreach and communication between local police and these communities.



Legal needs were also affected by the current political environment. Listening session participants described heightened fear of immigration enforcement as affecting their willingness to access services, go to food pantries, and engage with institutions. One survey respondent explicitly called for school-based food distribution as a safer, less visible channel for immigrant families. Residents' feedback reinforced the municipality's role in maintaining Princeton as a welcoming community, through policy, communication, and the practices of municipal staff, as critical to ensuring that fear does not create additional barriers for residents.

> *"I feel that it is very welcome here and very acceptable of all. And I just ... as you get into the town, you will feel that."*
>
> — **Listening session participant, older adult**

2.6 Equity, Belonging, and Inclusion

Belonging is not simply a feeling; rather, it is a social determinant of health and wellbeing[11]. Research consistently shows that social connection reduces mortality risk, buffers against stress, and supports recovery from hardship.

Just over half of respondents (58%) agreed or strongly agreed that they feel connected to neighbors and local community groups in Princeton. In listening sessions, respondents highlighted the warmth of their long-term relationships with local community members, and the support and care of faith-based and municipal staff.

> *"Casi nunca tengo tiempo para hacer ejercicio.Sí, no tengo tiempo para socializar. No tengo amigos porque estoy tan ocupada con mi vida, así que, sí."*
>
> *"I rarely have time to do any exercise. Yeah, I don't have time to socialize. I don't have friends because I'm so busy with my life, so, yeah"*
>
> — **Listening visit participant, parent of 4**

At the same time, 16% of respondents disagreed or strongly disagreed with feeling connected, and 26% were neutral. For those who feel disconnected, the barriers are real: language gaps (even though these have declined), transportation limitations, the sense that Princeton's intellectual and economic culture can be intimidating. As one LMI listening session participant put it: "Princeton is a hard town. You have so many really smart people here and it's very hard to relate to people that are like that."

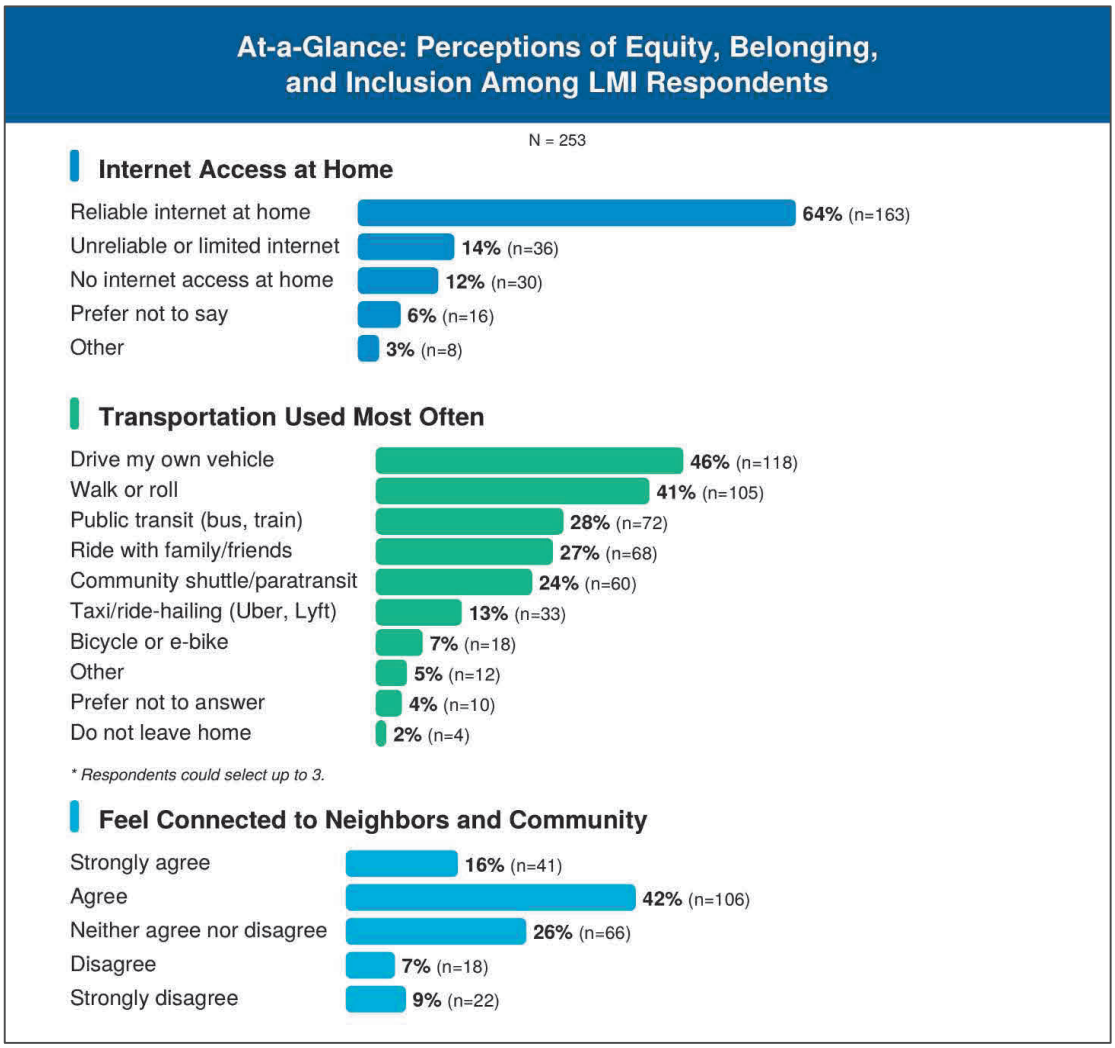
In a suburban context like Princeton, transportation is the connective tissue that determines access to both food and healthcare. Among the three most common modes of transportation that residents could select, 46% of respondents said they drive their own vehicle, 41% relied primarily on walking or rolling, 28% used public transit, and 24% depended on community shuttles or paratransit. The current public transit system remains insufficient for low-income residents who must travel to Trenton or Plainsboro for FQHC services or specialized medical care. While existing programs offer paratransit for those with disabilities, the general population relies on a system of local buses and non-emergency medical transportation (NEMT)[12]. For a family dealing with an acute but non-emergency illness, limited schedules and delays can result in missed appointments and worsened health outcomes.

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[11] Murthy, Vivek H. *Our Epidemic of Loneliness and Isolation: The U.S. Surgeon General's Advisory on the Healing Effects of Social Connection and Community*. U.S. Department of Health and Human Services, Office of the Surgeon General, 2023, hhs.gov/sites/default/files/surgeon-general-social-connection-advisory.pdf.

[12] Medicaid and CHIP Payment and Access Commission (MACPAC). "Non-Emergency Medical Transportation." *Report to Congress on Medicaid and CHIP*, MACPAC, June 2020, macpac.gov/subtopic/non-emergency-medical-transportation.

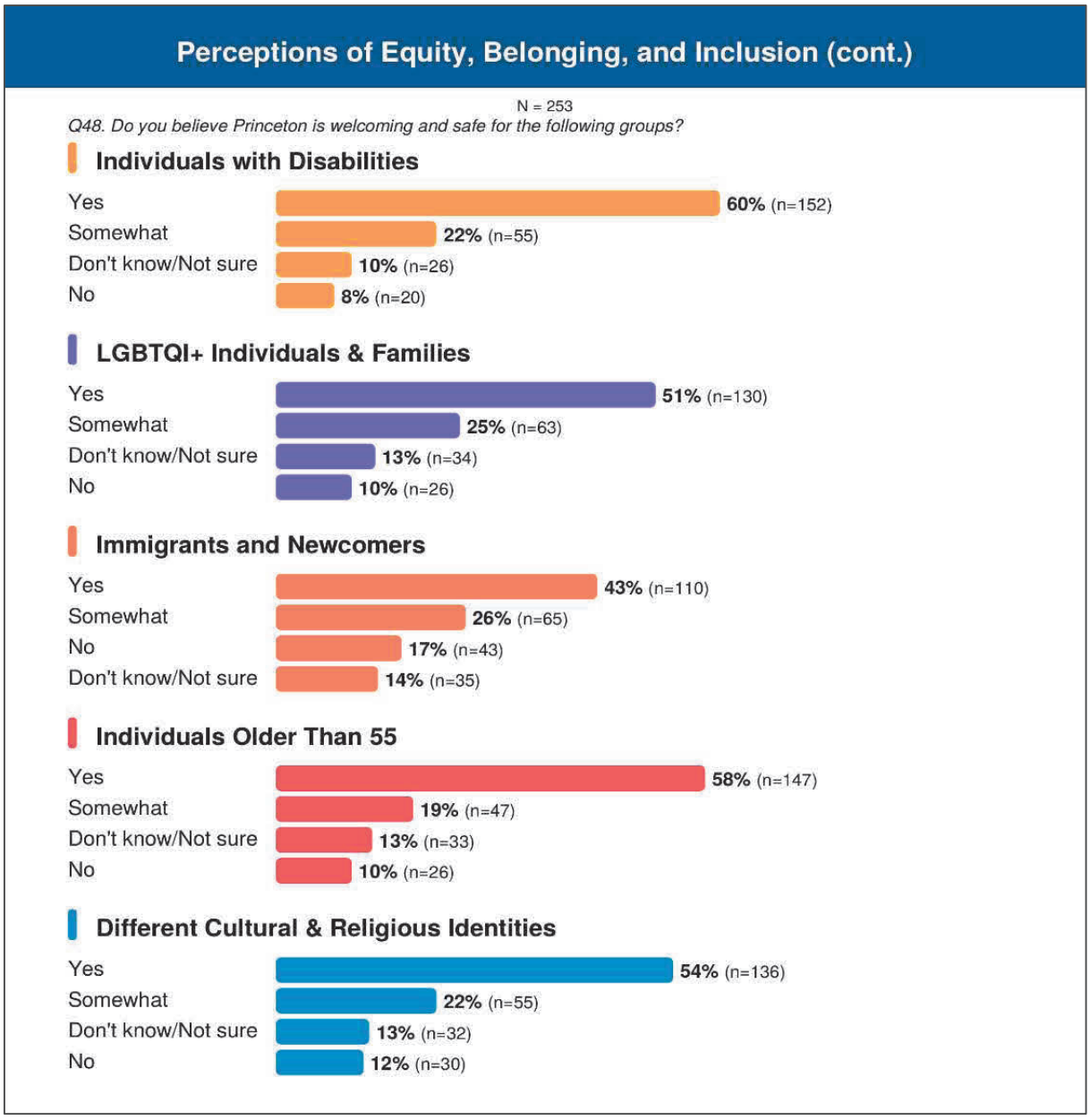
Internet access presents a significant equity gap: 12% of respondents had no internet access at home, and 14% report unreliable or limited access. Taken together, those are 26% of respondents who cannot fully participate in a digital society where services, job applications, telehealth, school communications, and civic engagement are increasingly available and accessible online. Among youth and young adults, this inequity increases. Among the 42 young people aged 14 to 24 who participated in the needs assessment survey, about a quarter (24%) said they have no internet at home. Another 10% reported unreliable access, meaning roughly a third of young respondents faced meaningful digital barriers. For a population that is navigating education, job applications, and service enrollment, this is a significant structural disadvantage. The digital divide has also emerged as a form of healthcare inequity. As providers increasingly rely on virtual platforms and patient portals for scheduling and telehealth, the 9% of Mercer County households that lacked a computer as of 2021 and the 36% of residents who speak a language other than English at home are at a distinct disadvantage.[13] Access to healthcare now requires not just insurance, but technological literacy and reliable internet connectivity, which many households cannot consistently afford[14].



[13] Campos-Castillo, Celeste, and Steven Ewoodzie. "Racial and Ethnic Disparities in Self-Reported Telehealth Use During the COVID-19 Pandemic: A Secondary Analysis of a US Survey of Internet Users from Late March 2020." *Journal of the American Medical Informatics Association*, vol. 28, no. 1, 2021, pp. 119–125, doi:10.1093/jamia/ocaa169

[14] Pew Research Center. Mobile Technology and Home Broadband 2021. Pew Research Center, 3 June 2021, pewresearch.org/internet/2021/06/03/mobile-technology-and-home-broadband-2021

Respondents were also asked whether Princeton is welcoming to various groups. Approximately 60% percent said the community is welcoming for people with disabilities, 58% said the same for people over 55 years old, 54% for people with different cultural and religious identities, 52% said it is welcoming to LGBTQI+ individuals, and 44% felt the community is welcoming to immigrants and newcomers.

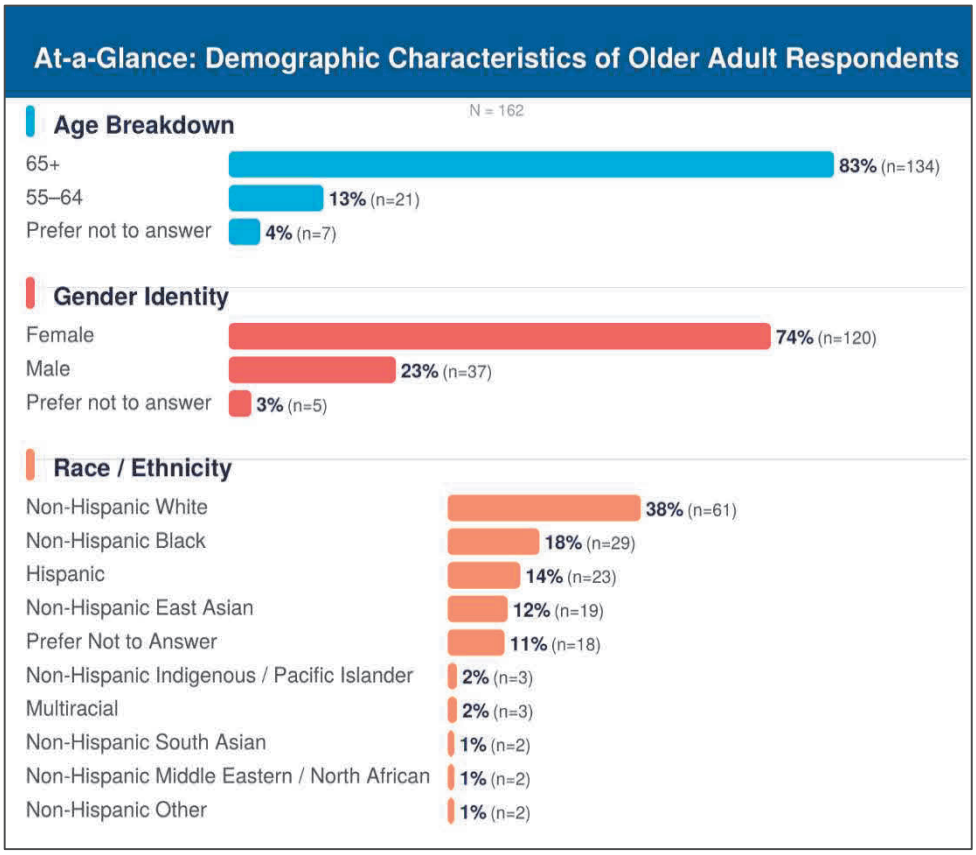


3.NEEDS OF OLDER ADULTS

Princeton's older adult population, made up of residents aged 55 and older, represents one of the municipality's most diverse and rapidly growing demographic constituencies. This chapter synthesizes findings from the survey and listening sessions through the lens of the World Health Organization Age-Friendly Cities framework, an evidence-informed approach for assessing how well communities support older residents[15].

3.1 A Portrait of Princeton's Older Residents

The needs assessment was completed by 162 older adult respondents, of whom 113 (70%) identified as low-to-moderate income (LMI) and 49 (30%) did not identify as LMI [16]. Women constituted 74% of respondents, consistent with national demographic patterns. About 28% of all respondents were widowed, 24% were married or in a civil union, and 22% were divorced. About 38% of older adults identified as Non-Hispanic White, 18% as Black or African American, 14% as Hispanic or Latino, and 12% as East Asian, with other backgrounds including Indigenous or Pacific Islander, South Asian, Middle Eastern, and multiracial. While 77% spoke English at home, 14% spoke Spanish, 12% speak Chinese or Mandarin, and additional households speak Russian (6%), French (4%), and Creole (3%). These demographics inform service planning and outreach.

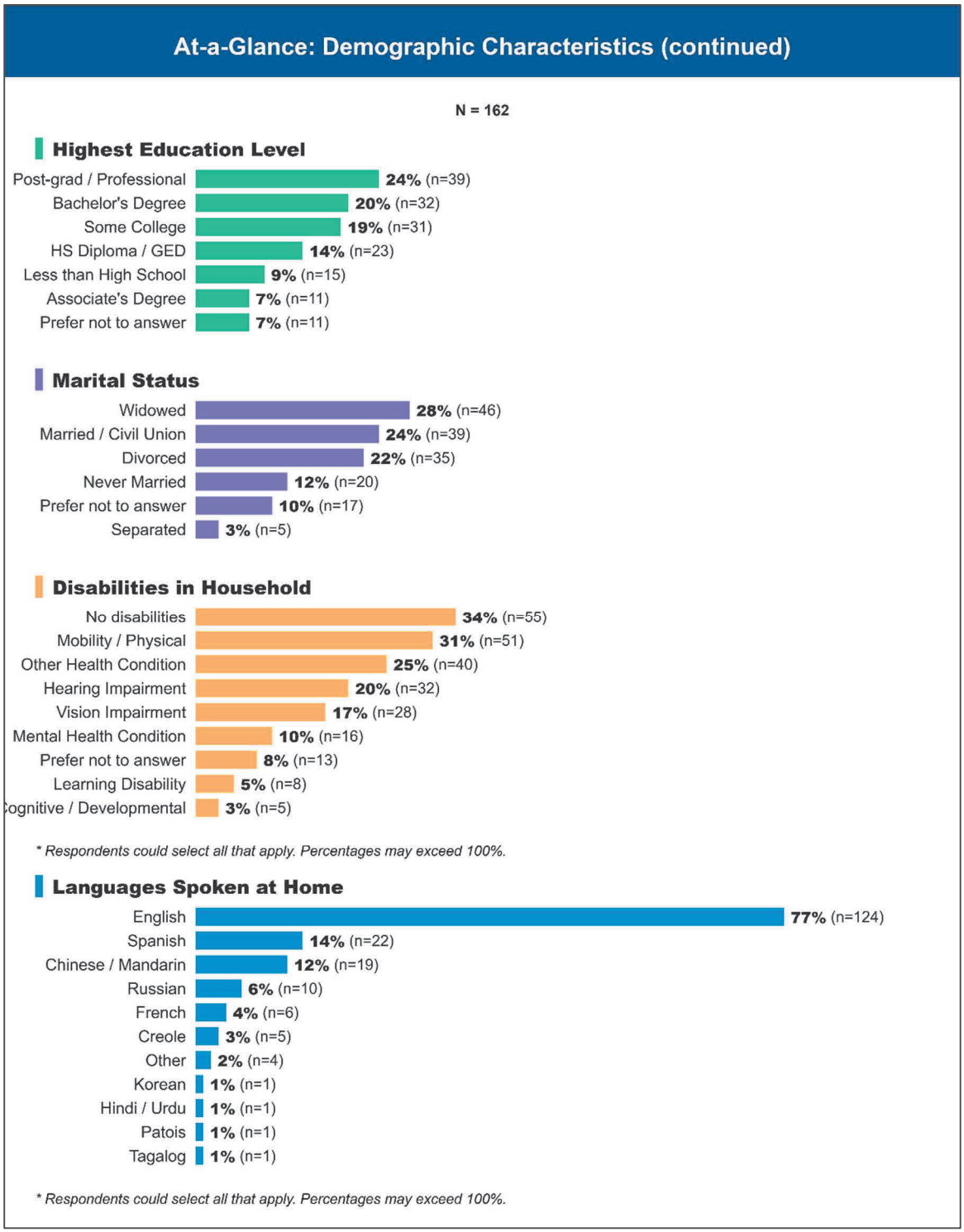


More than half (66%) of older adults indicated some form of disability, highlighting the importance of intentional service design and delivery. About a third reported mobility or physical disability, 20% a

[15] World Health Organization. "Age-Friendly Cities Framework." WHO Global Network for Age-friendly Cities and Communities, 2007, extranet.who.int/agefriendlyworld/age-friendly-cities-framework/.

[16] New Jersey Housing and Mortgage Finance Agency. "UHAC 2025 Affordable Housing Regional Income Limits by Household Size." *Affordable Housing Professionals of New Jersey*, 5 May 2025, www.ahpnj.org/member_docs/UHAC_Income_Limits.pdf.

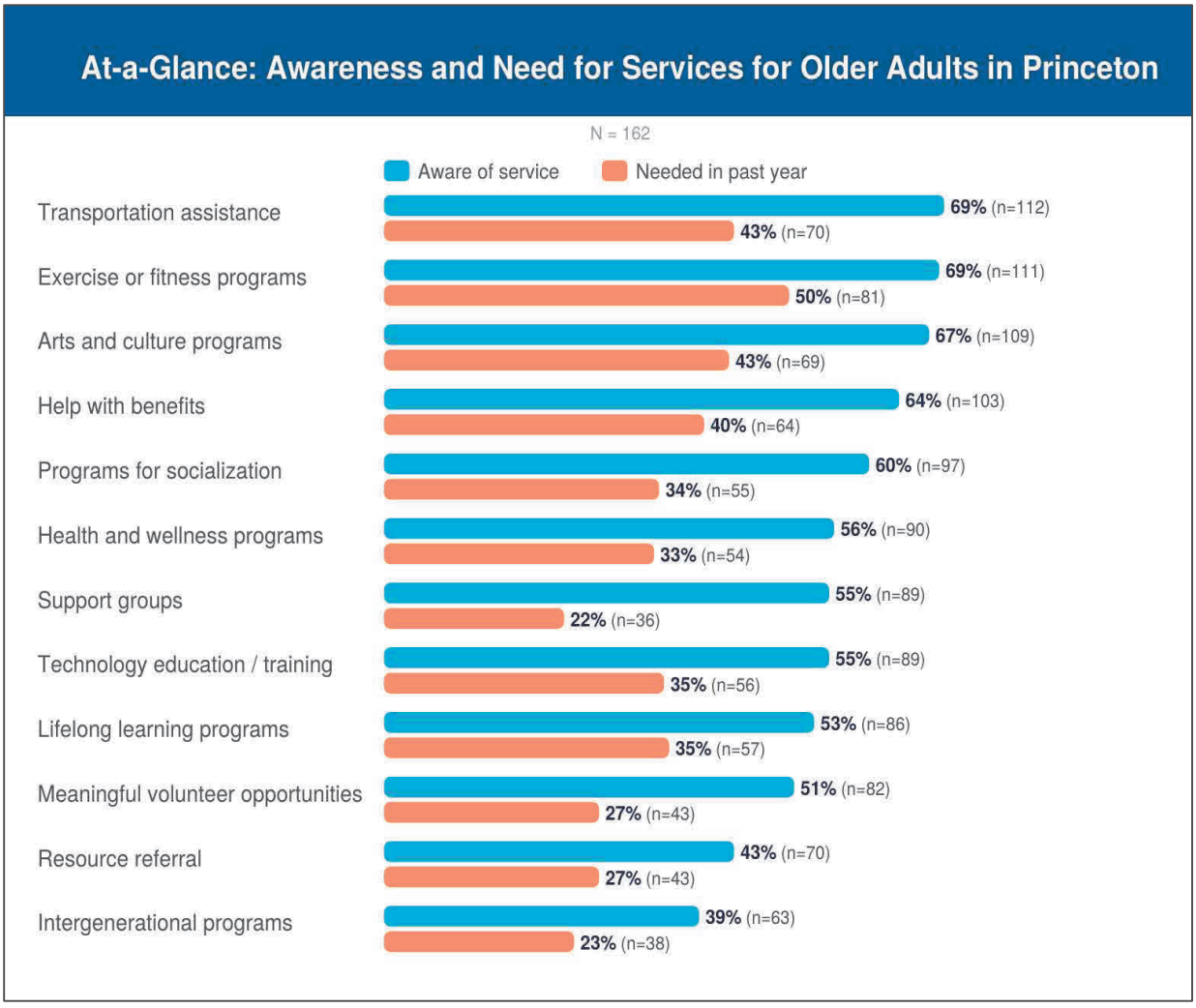
hearing impairment, 17% a vision impairment, 10% a mental health condition, and 25% another chronic health condition (arthritis, diabetes, cardiovascular disease). About 34% indicated no disability. For this population, physical access, medical stability, and adaptive supports are crucial elements of wellbeing.



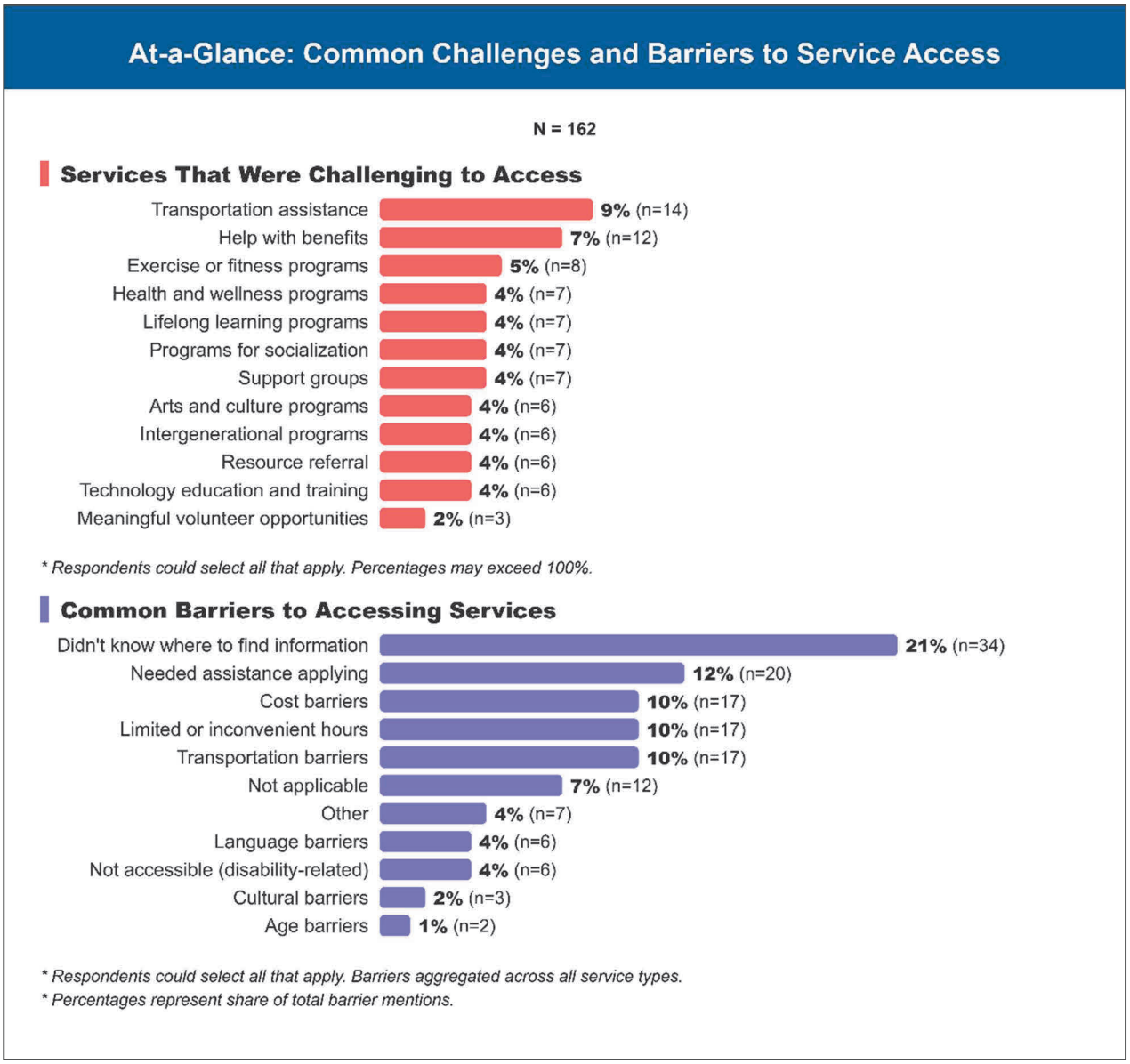
3.2 Service Needs and Barriers

Older adults in Princeton demonstrated strong awareness of visible, day-to-day community programs. Over two-thirds of respondents were aware of transportation assistance (69%) and exercise or fitness programs (69%), followed closely by arts and culture programs (67%) and help navigating benefits like Medicare, Social Security, and food assistance (64%). Awareness was notably lower for specialized services, with only 43% knowing about resource referral services and just 39% aware of intergenerational engagement programs.

> *"If there's something going on that I have to be here (Center for Modern Aging Princeton) to meet the bus at say eight o'clock, I can't make it. I would have to walk 2.2 miles, which takes me over an hour. So then I would have to leave at six thirty in the morning to walk here."*
>
> **— Listening session participant, LMI older adult**



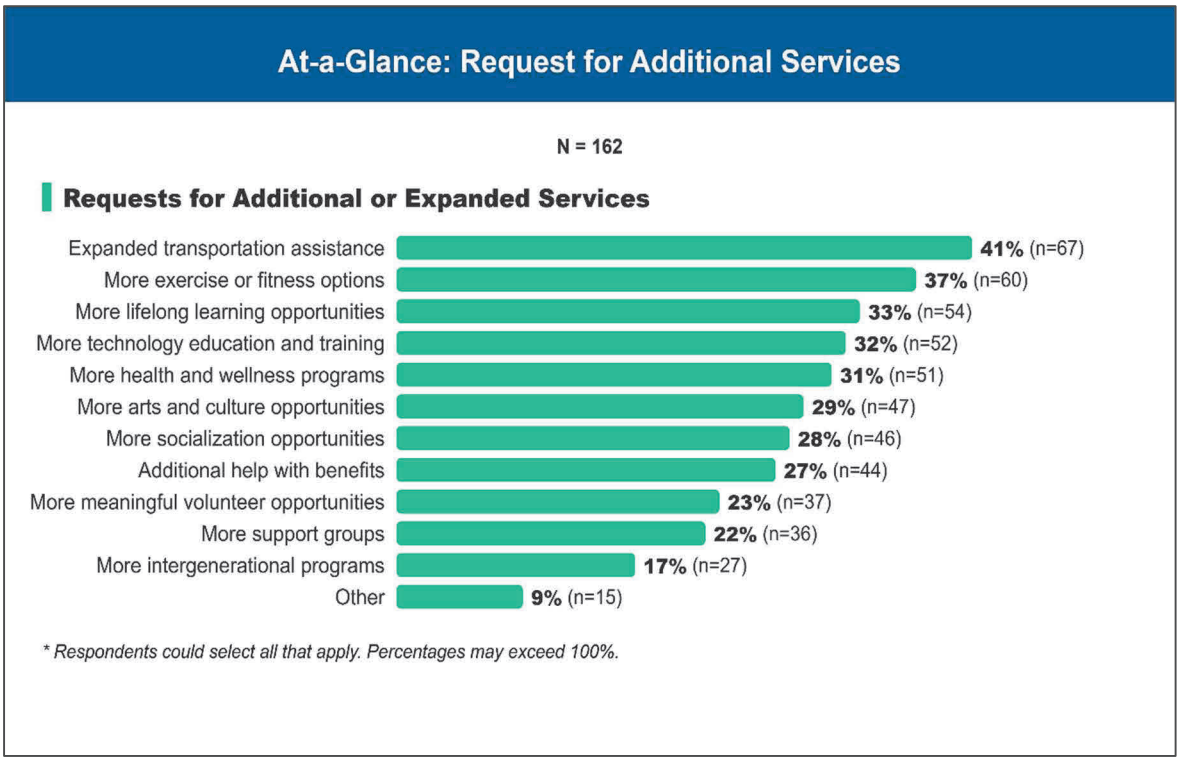
The services older adults needed over the past year closely align with their areas of highest awareness. Half of the respondents reported needing exercise or fitness programs. About 43% of older adults said they needed transportation assistance, 43% said they needed arts and culture programs, and 40% said they needed help with benefits in the past year. Support groups and intergenerational programs were needed by fewer than a quarter of respondents (22% and 23%, respectively).



While 78% of respondents did not report challenges accessing services they needed, about one in five older adults (22%) said they faced difficulty accessing needed services in the past year. Transportation assistance was the most challenging service to access for 9% of respondents. About 7% of respondents said they had difficulty getting help with navigating benefits such as Medicare, Social Security, and food assistance. Exercise or fitness programs were challenging to access for about 5% of the respondents. Less than 4% of respondents cited difficulty with accessing other services, including meaningful volunteer opportunities, arts and culture programs, resource referrals, intergenerational engagement, and technology education.

The most common barrier to accessing services was not knowing where to find information, cited by 21% of respondents, especially for transportation assistance, technology education, and benefits help. Other frequently cited obstacles included needing help applying for services cited by 12% of respondents, and cost, transportation challenges or limited or inconvenient hours reported by 10% of older adults. Less than 5% of respondents indicated language, cultural, or age barriers to accessing services for older adults.

Older adults also shared which programs and services they would like to see more of in the future. Transportation was the most requested service by 41% of the older adult respondents, followed by exercise and fitness options requested by 37% and more lifelong learning opportunities requested by 33% of respondents.



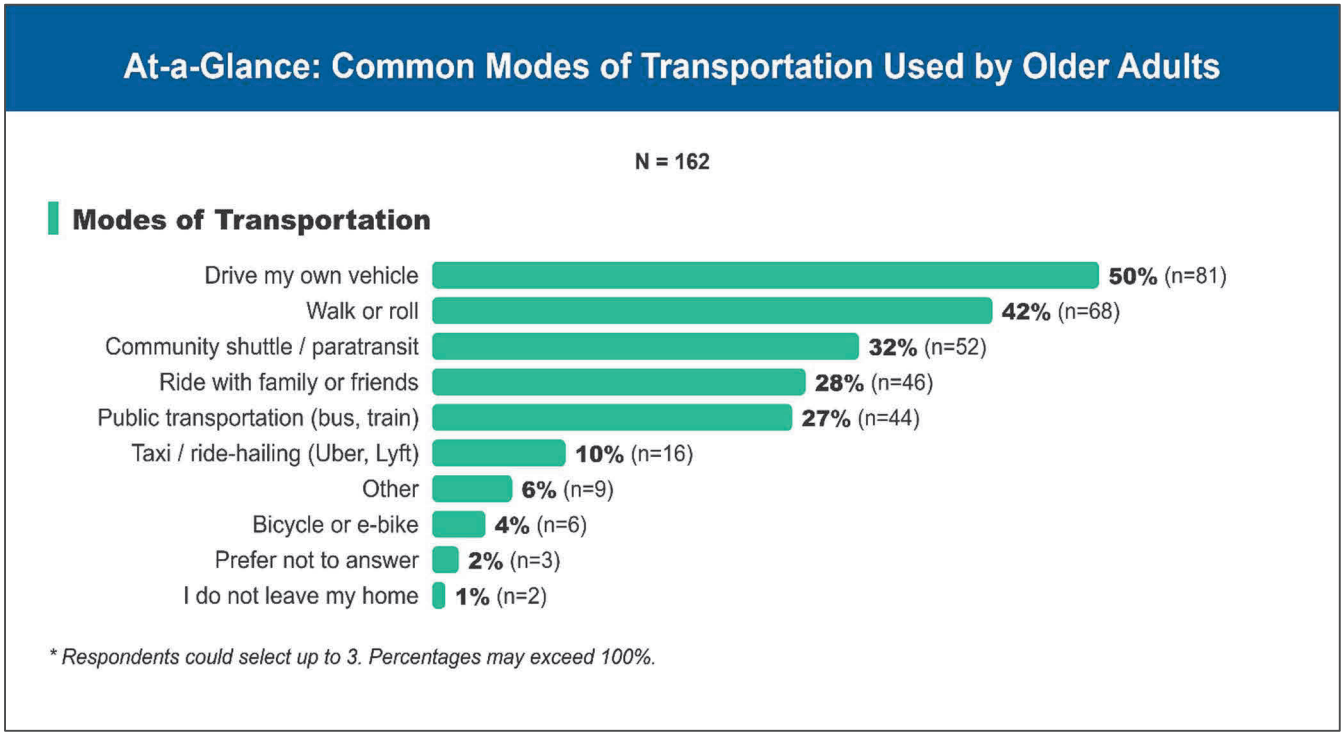
Transportation Gap

Nine percent of older adults reported difficulty accessing transportation assistance when they needed it in the past year. Several LMI older adults described having stopped driving at night and finding themselves dependent on a transportation service which requires advance booking, operates only 8am–5pm, and does not allow mid-route stops. A 90-year-old non-LMI participant described a driver declining to stop at the library on the way to her destination. Another resident pointed out that existing bus routes and times prevented her from being able to engage in necessary programs and services.

> *Transportation is the biggest thing. [Local service] needs two-day advance notice, which is not enough for us. We need 'day-of' transportation."*
>
> **— Survey respondent**

The data also reflects variation between the transportation use and experiences of LMI and non-LMI older adults. More LMI respondents reported using community shuttles (35%) or public transportation (35%) as their primary transportation mode for day-to-day living compared with their non-LMI peers: 10% of non-LMI

older adults said they relied on public transport and 25% on community shuttles. About 60% of the non-LMI respondents indicated they used their own vehicles compared with 46% of LMI older adults. During listening sessions, most non-LMI older participants indicated that they are shifting away from driving themselves. Older adult respondents across all income levels shared the need for same-day paratransit booking, evening and weekend service, multi-stop flexibility, free or subsidized shuttle service, and enforcement of pedestrian crosswalk laws near senior housing.



Health, Housing, and Economic Opportunity[17]

Half of all older adult respondents (50%) indicated that they needed exercise and fitness programs in the past year. A small number of respondents had difficulty accessing these services (5%), citing cost, scheduling, or geographic barriers to being able to use these programs. About 30% of LMI older adults said they skip or delay medical care due to high out-of-pocket costs. Across income levels, multiple listening session and survey respondents expressed a need for increased information about available health services, as well as mobile medical services that would be more easily accessible for those with transportation or mobility limitations. In listening sessions, non-LMI older adults also highlighted the lack of intermediate healthcare options for seniors facing urgent but non-critical health issues, which they said led to unnecessarily expensive and stressful hospital visits.

> *"It would be great if you had medical services or mental health services that came here like the dental [local health provider] so that my sons can actually use them. Something like a mobile van and is on site."*
>
> — **Survey respondent**

[17] Survey data on health, housing, employment, and income needs are from LMI older adult respondents.

Among LMI older adults, 84% said they rent their homes, and 77% said they live in subsidized or affordable housing. About 9% indicated they were behind on their rent, mortgage, homeowner's association (HOA), or utility payments. In listening sessions and open-ended responses on the survey, some LMI older residents described a challenging relationship with their property management authority. For example, two participants discussed closed door policies requiring appointments for in-person visits, phone calls that went unanswered, and one participant talked about a rent payment lost in a drop box that triggered eviction proceedings. Another participant said she missed the direct support and access to a social worker who had previously served her housing development five days a week. Listening session participants highlighted the challenges of limited mobility, literacy, or digital access that make it difficult to navigate paperwork and complex systems.

Nearly half or 46% of the LMI older adults were retired, while about 10% worked for pay and 9% were disabled and unable to work. Social Security retirement benefits were the most common income source for 44% of the LMI older adults, followed by Social Security disability/SSI (17%), pension income (14%), and wages (13%), with 2% reporting no income at all. About 55% respondents indicated they do not need financial literacy assistance, though 8% expressed needs around budgeting and credit improvement, 6% requested assistance with tax preparation, and 4% asked for help with credit card management.

Food and Nutrition[18]

Among the LMI older adults surveyed in Princeton, roughly 28% experienced worry about food running out and nearly 17% reported actually cutting or skipping meals due to insufficient funds, indicating a meaningful level of food insecurity in this population. Nearly half (49%) relied on food assistance programs like SNAP, food pantries, or community kitchens, and among those users, the vast majority (84%) accessed these services at least once or twice a month, with 40% doing so weekly or more. These patterns suggest that while most respondents are not at the most acute level of food insecurity, a substantial share depends heavily and regularly on community food resources to meet basic nutritional needs. This underscores the importance of sustaining and expanding accessible, consistent food assistance infrastructure, particularly frequent-access options like weekly pantries and delivery services rather than treating food support as an occasional or emergency intervention.

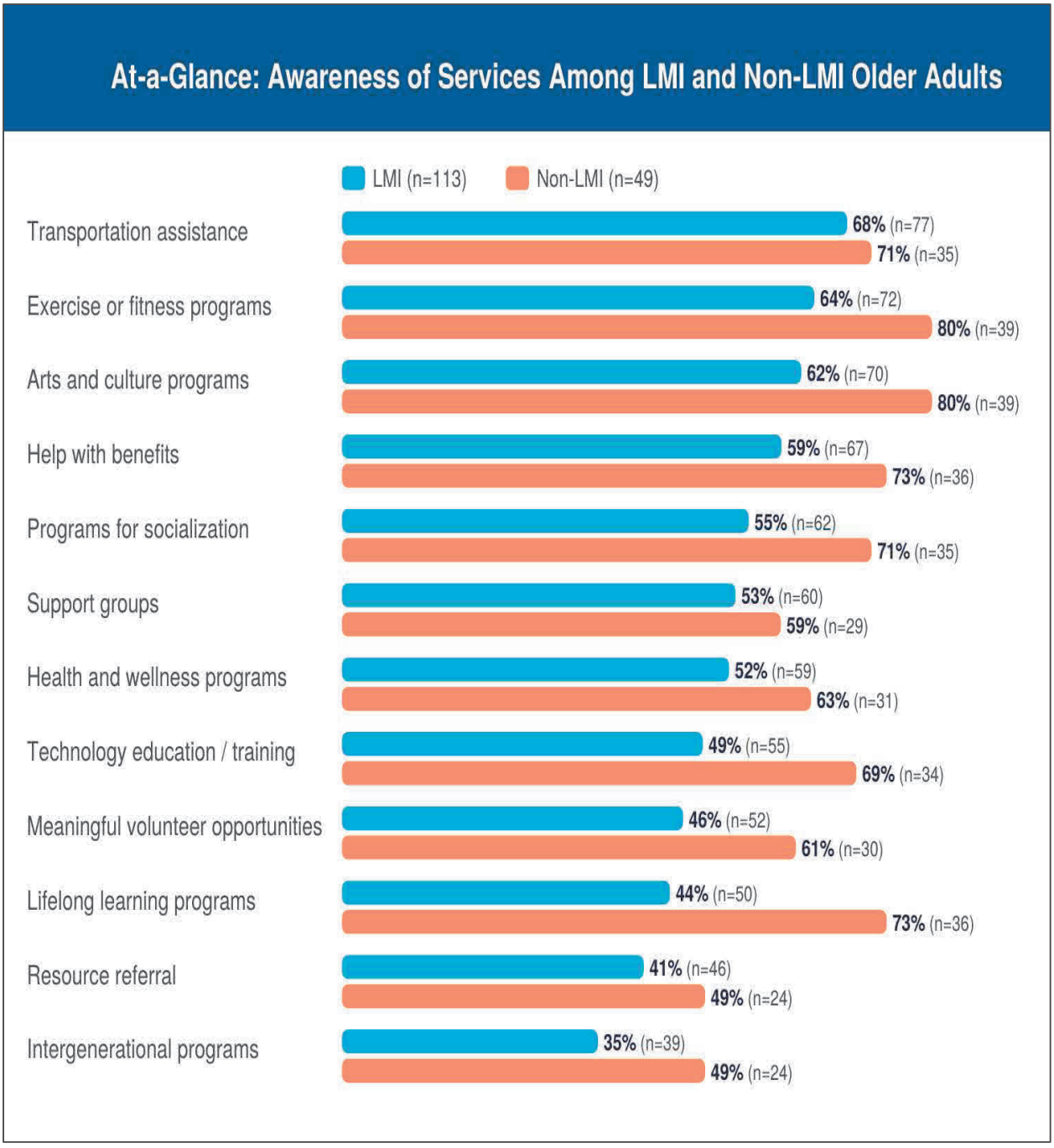
Awareness and Needs Based on Income

Non-LMI older adults reported higher awareness about existing services than LMI older adults across every service category, such as lifelong learning (73% non-LMI vs. 44% LMI), technology education (69% non-LMI vs. 49% LMI), resource referrals (49% non-LMI vs. 41% LMI), and arts and culture programs (80% non-LMI vs. 62% LMI). The gap in awareness was smaller for transportation assistance (71% non-LMI vs. 68% LMI) and support groups (59% non-LMI vs. 53% LMI) across the two groups.

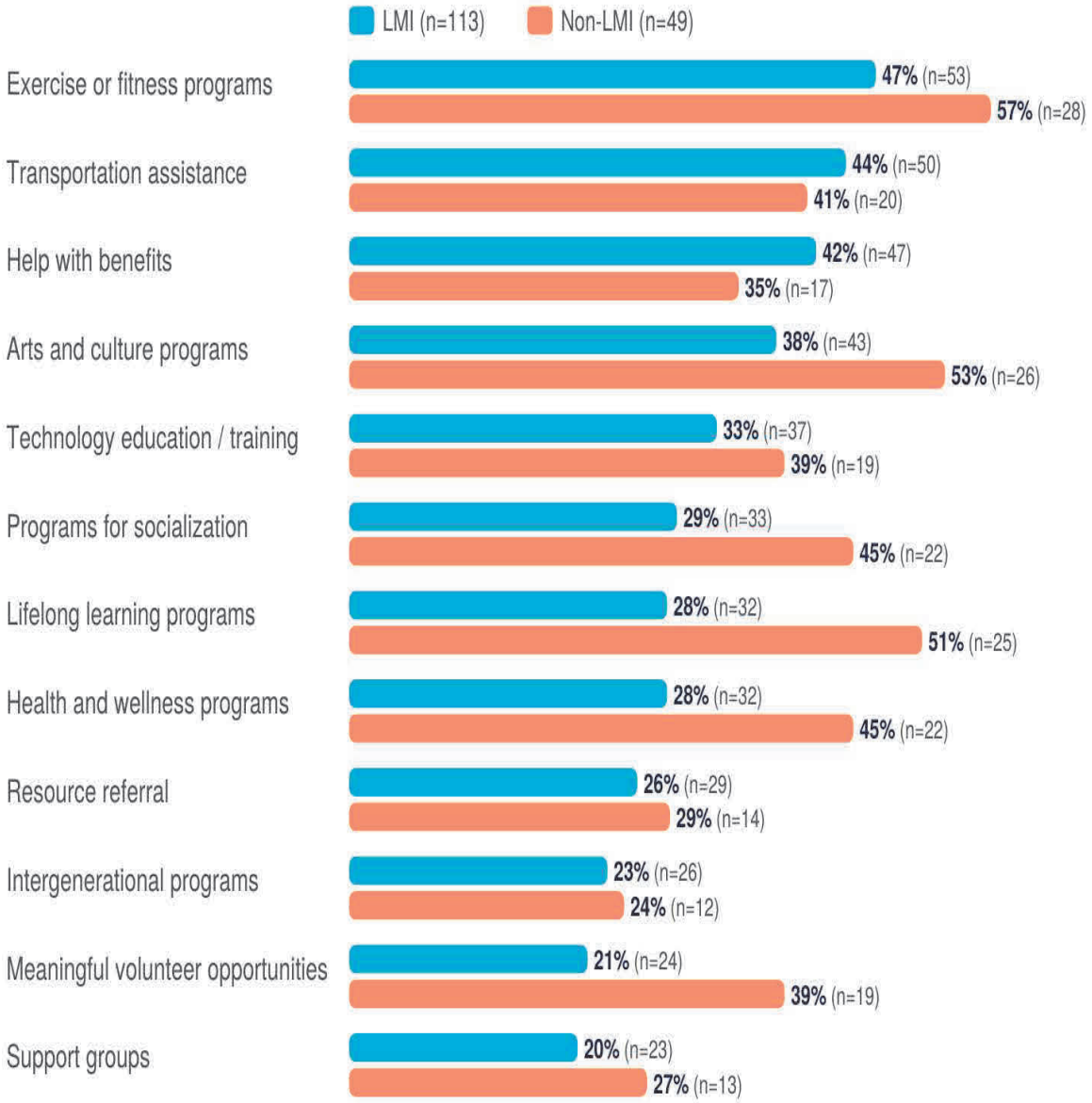
In terms of services needed in the past year, exercise and fitness programming, health and wellness, and social connection emerged as high-need areas across both income groups. More LMI older adults said they need help with benefits such as Medicare, Social Security, and food assistance (42% LMI vs. 35% non-LMI). Slightly more LMI compared with non-LMI older adults reported the need for transportation assistance (44% LMI vs. 41% non-LMI), while the need for intergenerational engagement programs was similar across both groups (23% LMI vs. 24% non-LMI). Non-LMI older adults reported higher need for most other services,

[18] Survey data on food and nutrition needs are from LMI older adult respondents.

including lifelong learning, meaningful volunteer opportunities, health and wellness programs, and socialization programs.

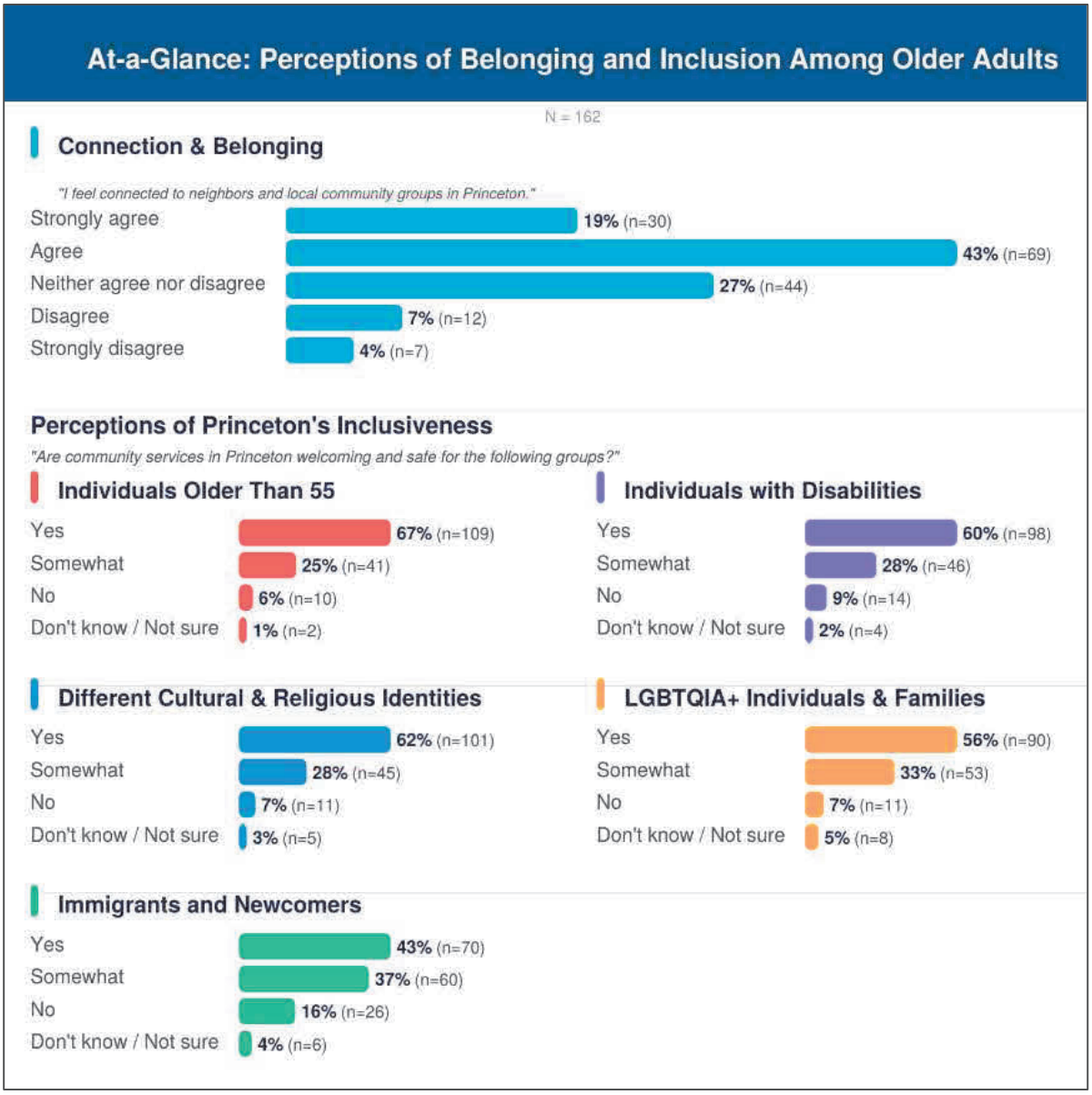


At-a-Glance: Need for Services Among LMI and Non-LMI Older Adults



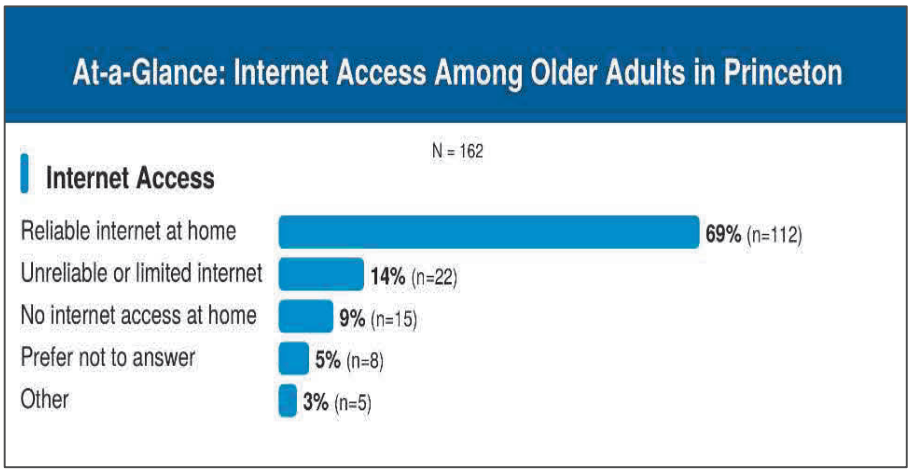
3.3. Engagement, Social Connection, and the Digital Divide Among Older Adults

Most older adult respondents agreed (43%) or strongly agreed (18%) that they feel connected to neighbors and local community groups, reflecting Princeton's active civic infrastructure. However, eleven percent disagreed or strongly disagreed. Social isolation among older adults is a growing national concern. Research finds that loneliness is associated with a 26 to 29% increase in mortality risk, comparable to smoking or obesity[19].



[19] Cigna Corporation. The Loneliness Epidemic Persists: A Post-Pandemic Look at the State of Loneliness among U.S. Adults. 2021

Technology presents both a barrier and an opportunity. About 32% of respondents said they need technological education, and nearly a quarter are without access to reliable internet (including 9 % with no home internet at all and 14% with unreliable or limited access). Across all income levels, access to or learning new technologies may be more challenging for seniors who contend with lack of reliable (or no) internet connection at home.



3.4 Princeton's Livability Profile

The WHO Age-Friendly Cities framework identifies eight interconnected domains that shape quality of life for older residents[20]. The table below maps Princeton's 2025 older adult survey findings onto each domain, showing where the community is a strength, where significant gaps remain, and where barriers persist even amid programming assets.

WHO Age-Friendly Domain	Key Findings in Princeton
Housing	Nearly three quarters of older adults with lower incomes lived in subsidized or affordable housing and over 80% rented their homes. About 9% of LMI older adults said they were a month or more late on rent, mortgage, HOA, or utility payment.
Outdoor Spaces and Buildings	About 65% of LMI older adults said they were aware of public parks and spaces, and 32% said they needed to access them over the past year. There were no reported barriers to accessing parks and public spaces. Over forty percent of all older adults said they rely on walking or rolling to destinations. About 31% reported mobility disabilities across both LMI and non-LMI groups.
Transportation	Transportation assistance was the most requested expansion program (41%). Listening session and survey respondents cited challenges such as limited hours and routes that affect their access to healthcare, food, and social connection.
Communication and Information	Approximately 14% of older adults had unreliable internet and 9% had no home internet access, restricting their ability to use essential online services.

[20] World Health Organization. “Age-Friendly Cities Framework.” WHO Global Network for Age-friendly Cities and Communities, 2007, extranet.who.int/agefriendlyworld/age-friendly-cities-framework/.

Community and Healthcare	About 30% of LMI older adults said they skip or delay medical care due to high out-of-pocket costs. Food insecurity was also significant among those with lower income. Across income levels, the most reported service need is for exercise and fitness programs.
Social Participation	About 34% of older adult respondents specifically cited a need for socialization programs in the past year, and 28% requested additional programs and opportunities for socialization in the future.
Civic Participation and Employment	Older adults indicated they need productive engagement, including 33% who said they needed lifelong learning and 27% needed volunteer opportunities.
Respect and Social Inclusion	About 67% older adults felt Princeton is welcoming and safe for those aged 55+, and individuals with different cultural and religious identities. However, perceptions about Princeton's inclusivity for immigrants or newcomers and for LGBTQI+ individuals were less certain. About 38% of older respondents also felt neutral (27%) or disconnected (11%) from neighbors and local community groups,

Princeton's existing assets, institutional infrastructure, and community commitment have made it a thriving Age-Friendly community. Addressing the needs identified in this assessment will continue to build, strengthen, and expand these assets, systems, and services to further improve livability for Princeton's older adults and residents of all ages.

> *"I am able to participate in a lot of what Princeton has to offer. My concern is for older adults who are not aware of all that is offered in Princeton or those that are aware but cannot get to activities because they don't have transportation"*
> **— Survey respondent**

4. RECOMMENDATIONS

4.1 Community Strengths

Any accounting of Princeton's service landscape should begin with its considerable assets. Princeton benefits from a strong network of municipal departments, nonprofit organizations, community-based providers, faith communities, healthcare organizations, schools, institutional partners, and volunteers. Together, these organizations and individuals provide a broad range of support, including food assistance, housing and utility assistance, service navigation, community programming, transportation support, mentorship, and referrals.

The municipality has a steadfast human services infrastructure, with the Princeton Human Services Department frequently praised in listening sessions for its responsiveness, warmth, and ability to connect residents with resources across agencies. Residents describe being followed up on, guided through complex applications, and treated with dignity.

> *"Pues el transporte gratis está de maravilla. Nos estuvieron llamando a los que necesitaban lentes...hubo dentistas para sacarse dientes o hacerse limpieza gratis...esos programas me convienen. Los regalos de Navidad para los niños...eso es una alegría para ellos y para mí por el ahorro. La seguridad en Princeton es muy buena...yo nunca salgo, pero escucho que el transporte está muy bueno. Me gustaría vivir aquí porque hay seguridad y ayuda."*
>
> *Well, the free transportation is wonderful. They were calling those of us who needed glasses...there were dentists available to extract teeth or do cleanings for free... those programs are so convenient for me. The Christmas gifts for the children...that's a joy for them and for me because of the savings. The safety in Princeton is very good... I never go out, but I hear that the transportation is very good... I like to live here because there is security and assistance.*
>
> — **Listening session participant**

Community and faith-based organizations, schools, healthcare providers, Princeton Public Library, Princeton Police Department, Princeton University, CMAP, and other partners also play an important role in supporting individuals and families seeking assistance, information, and community connection. Princeton also benefits from an engaged network of residents and volunteers who contribute their time, skills, and lived experiences through food programs, youth activities, community events, outreach efforts, faith communities, boards and commissions, and support for older adults. These informal and formal networks form a strong foundation upon which future planning efforts can be built.

4.2 Key Opportunities and Recommendations

The assessment identified several opportunities for targeted collaboration, outreach, and coordination to further strengthen Princeton's existing service network and improve the well-being of LMI residents. Guided by community input, the recommendations below build upon the findings presented throughout this report while recognizing that many needs, including housing, transportation, communication, digital access, caregiving, affordability, and social connection, are interconnected and affect residents across age groups and income levels.

Opportunity 1: Strengthen Community Coordination, Navigation, and Community Voice

One of the clearest findings of the assessment is that many residents often encounter challenges navigating available services and identifying where to begin when help is needed. Continued collaboration among Human Services, CMAP, schools, healthcare providers, Princeton Public Library, housing partners, food providers, youth-serving organizations, public safety entities, faith-based groups, and other community coalitions may help strengthen referral pathways, improve coordination, and reduce duplication of effort. These efforts could elevate mental health awareness, reduce stigma around seeking support, and connect residents to referral and service navigation in a more visible, accessible, and approachable way.

- Continue regular communication and coordination among service providers via the Housing Stability Coalition (HSC) and the Food Insecurity Task Force (FITF).
- Expand opportunities for navigation support, particularly for residents who may need assistance completing applications, scheduling appointments, gathering documentation, or following up on referrals.
- Leverage volunteers, and community navigators to complement existing service navigation efforts and help connect residents to available resources.
- Establish mechanisms for residents and community partners to share continuous feedback about emerging needs and service gaps.
- Support ongoing engagement between residents, CARES, community partners, and municipal departments to ensure that community experiences, service barriers, and emerging needs continue to inform planning, resource allocation, and awareness efforts.

Opportunity 2: Expand Outreach, Awareness, and Access to Services

Residents may be unaware of available support, unsure where to begin, or reluctant to seek help through formal systems. Princeton can strengthen outreach through recurring information sessions, neighborhood-based clinics, educational events, and on-site navigation in places residents already know and use.

- Host neighborhood-based clinics and on-site navigation at housing developments and community spaces with mobile and satellite health, dental, social services (e.g. MCBOSS, Zufall, NJMVC Mobile Units)
- Continue information sessions, educational workshops, and outreach activities in trusted community settings.
- Continue partnering with schools, Princeton Public Library, CMAP, housing communities, community organizations, and faith-based institutions to share information and resources.
- Expand current social services directory into a centralized resource hub ~~directory~~ that is easy to navigate, multilingual, regularly updated, and available in both digital and print formats.
- Support volunteer-led outreach efforts, community ambassadors, and peer-to-peer resource sharing that help extend information into trusted community settings.
- Utilize outreach not just for service delivery but to build community through social connection and reduce isolation among residents.
- Sustain and expand a robust case management approach to support hands-on troubleshooting of barriers throughout the service process and across multiple sectors.

Opportunity 3: Improve Transportation Awareness and Coordination

Transportation barriers affect daily needs, healthcare access, employment, caregiving, and social participation. Princeton can make existing transportation options easier to understand while continuing coordinated, nonpartisan discussions with providers and decision-makers about documented service gaps.

- Explore bus stop kiosk solutions to centralize transportation information, including available transit services, schedules, routes, and eligibility requirements, improving visibility and access for residents
- Include transportation resources within community resource guides, outreach materials, and referral systems.
- Support ongoing enhancements by gathering specific resident feedback regarding transportation availability, accessibility, affordability, flexibility, and scheduling.
- Continue conversations among transportation providers, municipal departments, CMAP, and community organizations regarding documented transportation needs and opportunities for improvement.
- Explore opportunities for community-based and volunteer-supported approaches that complement existing transportation resources, where appropriate.

Opportunity 4: Promote Affordability

The assessment found that housing costs, healthcare expenses, food insecurity, digital access, transportation needs, and financial pressures are interconnected challenges that affect many residents. While these issues vary across households, findings suggest opportunities to strengthen supports that improve both short-term stability and long-term wellbeing.

- Expand practical financial education related to budgeting, credit, taxes, and household financial planning.
- Continue efforts that promote digital inclusion through technology access, affordable internet information, digital literacy support, and non-digital alternatives when appropriate.
- Continue promotion of Community Solar alongside Sustainable Princeton.
- Provide navigation and case management support for residents who need assistance completing applications, gathering documentation, or accessing multiple services.
- Strengthen awareness of affordable housing opportunities, eligibility requirements, tenant resources, and housing-related support.
- Explore housing, affordability, and economic mobility strategies that may benefit older adults, caregivers, missing middle households, and LMI residents seeking greater housing flexibility.
- Develop and expand broader workforce development, lifelong learning, mentorship programs, and Age-Friendly employment policies.

4.3 Implementation and Accountability

Implementation of these recommendations will depend on continued and deeper collaboration among municipal departments, community organizations, institutional partners, and residents. Many of the strengths identified throughout this assessment are rooted in partnerships, and future progress will likely rely on coordinated community efforts as well as opportunities for regular resident input.

Priority Area	Lead Organization
Service Coordination	Human Services Department, CMAP, community organizations, trained volunteers
Outreach and Awareness	Human Services Department, CARES, schools, Princeton Public Library, community organizations, community ambassadors and trained volunteers
Transportation and Mobility	Municipal Departments, CMAP, transportation providers, community partners
Housing, Affordability, and Economic Wellbeing	CARES, Human Services Department, Office of Affordable Housing, housing organizations, community partners
Community Engagement	Residents, volunteers, CARES, Municipal Departments, CMAP, faith communities, housing partners, community organizations

4.4 Limitations

This needs assessment reflects the insights and perspectives of low- to moderate-income residents and older adults who participated in the survey and listening sessions. Because the survey used purposive, place-based sampling to reach underrepresented groups, the findings are not statistically generalizable to all Princeton residents. The 2025 questionnaire also differs in several ways from the 2014 instrument, which limits the ability to make direct comparisons across all indicators. In addition, self-reported data may be subject to recall bias or underreporting, particularly on sensitive topics such as income, immigration, or health status. Finally, the findings represent a point in time and should be interpreted within the context of changing community, economic, and policy conditions. These limitations do not diminish the value of the data but provide important context for interpreting them.

4.5 Conclusion

The Princeton Community Needs Assessment 2025 highlights a community with both considerable strengths and ongoing challenges. Residents benefit from an engaged network of municipal departments, community organizations, institutional partners, and volunteers whose collective efforts contribute to Princeton's strong social support system. Yet, barriers related to awareness, affordability, housing, transportation, digital access, and service navigation continue to impact many households.

The findings presented in this report point to the importance of pairing service availability with stronger outreach, increased visibility and communication with community members, clearer pathways to assistance, and more sustained support for residents with specialized and complex needs. Ultimately, the assessment suggests that some of Princeton's greatest opportunities lie not only in expanding services, but also in making existing services easier to find, easier to understand, and easier to access. These findings are intended to inform future planning, strengthen coordination, and support continued community conversation. While needs will continue to evolve, Princeton's existing partnerships, community assets, and commitment to resident wellbeing provide a strong foundation for addressing future challenges. By continuing to build upon existing strengths, partnerships and civic engagement, Princeton can support a more connected, informed, and accessible community for residents of all incomes and ages.

APPENDIX A: PRINCETON COMMUNITY NEEDS ASSESSMENT 2025

Princeton's Human Services Department and the Center for Modern Aging are conducting a needs assessment to better understand the needs of the community. We aim to learn what types of services Princeton residents need and use, and what can be improved. The information that we collect will be used to plan and deliver the best possible services to our community.

IMPORTANT NOTES

- This is a voluntary survey for Princeton residents. Your decision to participate has no effect on any services received by you or your family.
- You are eligible to take the survey if you live in the Municipality of Princeton (e.g. if you pay taxes in Princeton)
- The survey may take up to 25 or 30 minutes to complete.
- All the information that you provide is strictly CONFIDENTIAL AND ANONYMOUS.
- Please complete this survey one time per household.
- Princeton residents who complete the full survey will receive a $15 gift card as a thank you for their time. We are grateful for your help!

PROCEED TO SCREENING QUESTIONS ON THE NEXT PAGE TO CONFIRM ELIGIBILITY

1. Are you a resident of the Municipality of Princeton?
1. Yes
2. No

2. How many people reside in your household (including yourself, any children under 18, and other adults)? Your household is the number of people who are in your family unit where you live, or the number of people for whom you are responsible.
1. 1
2. 2
3. 3
4. 4
5. 5
6. 6
7. 7
8. 8
9. 9 or more

3. In the past year, was your household income before taxes about ${piping_text} or less?
1. Yes, my income was LESS than this amount
2. No, my income was MORE than this amount

4. Are you 55 years or older?
1. Yes
2. No

Community Services Overview

This section asks about a variety of community needs and services in Princeton.

5. Are you aware of any of the following services available to Princeton residents? (Mark one for each row. Scroll down to complete all rows).

	Yes	No
Housing assistance (e.g. emergency shelter, transitional housing);	❑	❑
Housing stability (e.g. rental assistance, security deposit, etc.)	❑	❑
Help with utilities (heating, electricity, internet)	❑	❑
Affordable medical care (subsidized health services, help with medical bills, etc.)	❑	❑
Veterans assistance	❑	❑
Mental health treatment or crisis counseling	❑	❑
Substance abuse treatment or counseling	❑	❑
Services for older adults (transportation assistance, home-based services, etc.)	❑	❑
Youth services (e.g. educational programs, internships, recreational camps, etc.)	❑	❑
Transportation assistance	❑	❑
Assistance with childcare	❑	❑
Food assistance (food banks, pantries, etc.)	❑	❑
Legal assistance	❑	❑
Job assistance (e.g. career counseling, coaching, etc.)	❑	❑
Financial assistance (e.g. TANF, car repair, funeral assistance)	❑	❑
Public parks and gathering spaces	❑	❑
Community education (ESL, technology, financial)	❑	❑

6. Did your household need any of the following services in the past year? (Mark one per row. Scroll down to complete all rows).

	Yes	No
Housing assistance (e.g. emergency shelter, transitional housing);	❑	❑
Housing stability (e.g. rental assistance, security deposit, etc.)	❑	❑
Help with utilities (heating, electricity, internet)	❑	❑
Affordable medical care (e.g. low cost healthcare, help with medical bills, etc.)	❑	❑
Veterans assistance	❑	❑
Mental health treatment or crisis counseling	❑	❑
Substance abuse treatment or counseling	❑	❑
Services for older adults (e.g. transportation assistance, home-based services, etc.)	❑	❑
Youth services (e.g. summer programs, internships, recreational camps, etc.)	❑	❑
Transportation assistance	❑	❑
Assistance with childcare	❑	❑
Food assistance (food banks, pantries, etc.)	❑	❑
Legal assistance	❑	❑
Job assistance	❑	❑
Financial assistance (e.g. TANF, car repair, funeral assistance)	❑	❑
Public parks and gathering spaces	❑	❑

Community education (e.g. ESL, technology, financial)	❑	❑

7. Did you have difficulty accessing any of the services you needed?
1. Yes
2. No
3. Not applicable (Did not need any services)

8. Which services were difficult to access? (Mark all that apply)
1. Housing assistance (e.g. emergency shelter, transitional housing);
2. Housing stability (e.g. rental assistance, security deposit, etc.)
3. Help with utilities (heating, electricity, internet)
4. Affordable medical care (e.g. low cost health services, help with medical bills, etc.)
5. Veterans assistance
6. Mental health treatment or crisis counseling
7. Substance abuse treatment or counseling
8. Services for older adults (e.g. transportation assistance, home-based services, etc.)
9. Youth services (e.g. summer programs, internships, recreational camps, etc.)
10. Transportation assistance
11. Assistance with childcare
12. Food assistance (food banks, pantries, etc.)
13. Legal assistance
14. Job assistance
15. Financial assistance (e.g. TANF, car repair, funeral assistance, etc.)
16. Public parks and gathering spaces
17. Community education (e.g. ESL, technology, financial)

9. For any services you or your household found difficult to access, please tell us the reasons that may have made it difficult. (Mark all that apply)

	Limited c inconver ent hours	Cost barriers	Transpor ation barriers	Language barriers	Cultural barriers	Age barriers	Not accessible (e.g. visio impairmen , hearir impairmen , handicap)	Did nc know where te get informati n	Needed assistanc te applyin	Other	Not applicab e
Housing assistance (e.g. emergenc shelter, transitional housing);	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Housing stability (e.g. rent assistance, security deposit, etc.)	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Help with utilities (heating, electricit internet)	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Affordable medical care (e.g. low cos health services, help with medic bills, etc.)	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Veterans assistance	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Mental health treatment or cris counseling	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Substance abuse treatment c counseling	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Services for older adult (transportation assistance, home based services, etc.)	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑

Youth services (e.g. summe programs, internships, recreationa camps, etc.)	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Transportation assistance	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Assistance with childcare	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Food assistance (e.g. food bank pantries, etc.)	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Legal assistance	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Job assistance	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Financial assistance (e.g. TANF, ca repair, funeral assistance)	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Public parks and gathering spaces	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Community education (e.g. ESL technology, financial)	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑

10. How would you rate the Princeton community on providing each of the following services? (Mark one response per row. Scroll down to complete all rows).

	Don't know about this service	Poor	Fair	Good	Very good	Excellent	Not applicable
Housing assistance (e.g. emergency shelte transitional housing);	❑	❑	❑	❑	❑	❑	❑
Housing stability (e.g. rental assistance, securit deposit, etc.)	❑	❑	❑	❑	❑	❑	❑
Help with utilities (heating, electricity, internet)	❑	❑	❑	❑	❑	❑	❑
Affordable medical care (e.g. low cost healt services, help with medical bills, etc.)	❑	❑	❑	❑	❑	❑	❑
Veterans assistance	❑	❑	❑	❑	❑	❑	❑
Mental health treatment or crisis counseling	❑	❑	❑	❑	❑	❑	❑
Substance abuse treatment or counseling	❑	❑	❑	❑	❑	❑	❑
Services for older adults (e.g. transportatio assistance, home-based services, etc.)	❑	❑	❑	❑	❑	❑	❑
Youth services (e.g. educational programs internships, recreational camps, etc.)	❑	❑	❑	❑	❑	❑	❑
Transportation assistance	❑	❑	❑	❑	❑	❑	❑
Assistance with childcare	❑	❑	❑	❑	❑	❑	❑
Food assistance (e.g. food banks, pantries, etc.)	❑	❑	❑	❑	❑	❑	❑
Legal assistance	❑	❑	❑	❑	❑	❑	❑
Job assistance (e.g. career counseling, coachin etc.)	❑	❑	❑	❑	❑	❑	❑
Financial assistance (e.g. TANF, car repair, funera assistance)	❑	❑	❑	❑	❑	❑	❑
Public parks and gathering spaces	❑	❑	❑	❑	❑	❑	❑
Community education (e.g. ESL, technolog financial)	❑	❑	❑	❑	❑	❑	❑

Food and Nutrition Needs

This section will ask you to share your experiences with food-related needs, assistance, and challenges.

11. In the past year, were you ever worried that food would run out before you got money to buy more?
1. Yes
2. No

12. In the past year, did you or any household member ever cut the size of their meals or skip meals because there wasn't enough money for food?
1. Yes
2. No

13. In the past year, did you or your household rely on food assistance such as SNAP, local food pantries and/or community kitchens to fulfill your food needs?
1. Yes
2. No

14. In the past year, how frequently have you or anyone in your household used food assistance services in the community such as food pantries, community kitchens, or free food delivery services?
1. Never
2. Once or twice over the year
3. Less than once a month
4. Once or twice a month
5. About once a week or more

15. Do you have suggestions for improving food-related assistance or services in Princeton? Please share using the space below.

Medical and Dental Needs

This section will ask you about your medical, dental, and insurance needs and challenges, and perceptions about existing services.

16. Please select the status that best represents your household?
1. My entire household is fully insured
2. Some people in my household have insurance and others do not
3. No one in my household has health insurance
4. Don't know

17. For any household members who do have health insurance, please select the type of insurance (Mark all that apply):
1. Private insurance
2. Medicaid/NJ Family Care
3. Medicare
4. Other:
5. Not applicable

18. If anyone in your household is uninsured, where do you access healthcare services when needed? (Mark all that apply)
1. Hospital
2. Urgent care
3. Doctor's office
4. Community-based providers (e.g. Zufall, Henry J. Austin, Capital Health)
5. Government providers (e.g. CDBG Free Vision and Dental)

6. Pharmacy or drugstore
7. Do not get any medical care
8. Other

19. In the past year, have you or anyone in your household received a medical or dental bill you could not pay?
1. Yes
2. No
3. Prefer not to say

20. Have you ever delayed or skipped medical care, dental care, tests, or prescriptions because of cost?
1. Yes
2. No
3. Prefer not to say
4. Don't know

21. Do you have suggestions for improving health-related assistance or services in Princeton? Please share using the space below.

Housing Needs

This section will ask you about your housing needs and challenges, and perceptions about existing services.

22. What type of housing do you live in? (Mark one)
1. House
2. Apartment
3. Townhouse
4. Mobile home
5. Rented room in a house or apartment
6. Assisted living or 55+ living facility
7. I do not have stable housing
8. Not sure
9. Other

23. In the past year, have any of the following affected your housing situation? (Mark all that apply)
1. Drugs/alcohol
2. HIV/AIDS
3. Pregnancy
4. Mental illness
5. Domestic violence
6. Disability (e.g. physical, mental, vision/hearing loss, etc.)
7. Lost job or reduction in hours
8. Inadequate housing conditions (safety/cleanliness)
9. Eviction
10. Family break-up or loss
11. Immigration or displacement status
12. Unable to pay rent/mortgage
13. Temporary living situation ended
14. Medical problems
15. Poor credit rating

16. Discharged from institution/jail
17. Other
18. None

24. In the past year, did you live in any of the following? (Mark all that apply)
1. Subsidized or affordable housing
2. Transitional or emergency housing
3. Shared space with family or friends
4. Market rate housing
5. None of the above

25. Do you own or rent your home? (Mark one)
1. I own
2. I rent
3. Neither

26. Are you one or more months behind on your rent, mortgage, HOA (Homeowner's Association), or utility payments? (Mark one)
1. Yes
2. No
3. Don't know
4. Not applicable

27. If you have suggestions for improving housing-related assistance or services in Princeton, please share using the space below.

Employment and Income Needs

This section asks you about your job-related and income needs, and perceptions about existing services in Princeton.

28. What is your employment situation (mark all that apply)?
1. Working for pay
2. Unemployed
3. Looking for work
4. Student
5. Retired
6. Disabled and unable to work
7. Self-employed
8. Stay at home/not looking for paid work
9. Other (Please specify)

29. Including yourself, how many people in each of the following age-groups are in your household? If no people in a specific age group, enter 0.

	Number of people i household
Children under 18	❑
Adults between 18 to 54 years	❑
Adults 55 years or older	❑

30. Here is a list of common sources of household income. Have any of these been a source of income for you or anyone in your household during the past year? (Mark all that apply)

1. Wages or income from employment
2. VA benefits
3. Social security retirement benefits
4. Social security disability or death benefits (SSD/SSI)
5. Relatives, friends, partners
6. TANF/GA (Welfare Assistance)
7. Child support
8. Pension
9. Investment income
10. Other income
11. No income

31. In the past year, what was your approximate monthly household income from all sources (ballpark estimates are fine)?

1. Click here to enter income per month
2. Prefer not to say

32. Do you need help or guidance on any of the following financial topics (Mark all that apply)?

1. Tax preparation
2. Applying for mortgage/refinance
3. Managing credit cards
4. Improving credit score and budgeting
5. Other
6. I do not need help or guidance on financial literacy topics

33. If you have suggestions for improving job-related assistance or services in Princeton, please add them using the space below.

Legal and Safety Needs

This section asks you about your legal and safety needs and challenges, and perceptions about existing services in Princeton.

34. In the past year, have you needed any legal assistance related to the following issues or something else?

1. Trouble with landlord/eviction
2. Unsafe housing conditions
3. Appealing public benefits (e.g. TANF, Medicaid, SNAP, Social Security, etc.)
4. Immigration status or documentation
5. Family/domestic violence
6. Child custody or child support issues
7. Discrimination
8. Employment or wage disputes
9. Consumer protection issues (e.g. Bankruptcies, mortgage foreclosures, debt collection, etc.)
10. I have not needed legal assistance in the past year
11. Prefer not to say
12. Other

35. In the past year, have you or anyone in your household experienced any of the following safety issues? (Mark all that apply)

1. Robbery
2. Assault
3. Discrimination
4. Bullying or child abuse
5. Drug-related incidents
6. Gang violence
7. Alcohol-related incidents
8. None of the above

36. How comfortable do you feel interacting with local police officers in Princeton?
1. Extremely uncomfortable
2. Uncomfortable
3. A mix of comfortable and uncomfortable
4. Comfortable
5. Extremely comfortable
6. I prefer not to say

37. How much do you trust Princeton police to act in the best interest of your community?
1. I don't trust them at all
2. I somewhat trust them
3. I completely trust them
4. I prefer not to say

38. If you have any suggestions for improving legal services or safety services or assistance in Princeton, please share them using the space below.

Needs of Older Adults (55 years or over)

This section will ask you about services for older adults in Princeton, and your needs and challenges.

39. Are you aware of any of the following programs and services for older adults in Princeton? (Mark one per row. Scroll down to complete all rows.)

	Yes	No
Lifelong learning/educational programs	❑	❑
Meaningful volunteer opportunities	❑	❑
Transportation assistance	❑	❑
Help with benefits (e.g., Medicare, Social Security, Food assistance)	❑	❑
Programs for socialization and connection	❑	❑
Support groups (e.g., caregivers, grief, chronic illness)	❑	❑
Intergenerational engagement programs (youth and older adults together)	❑	❑
Health and wellness programs (e.g., screenings, nutrition workshops)	❑	❑
Resource Referral for yourself or parents/siblings/others	❑	❑
Exercise or fitness programs	❑	❑
Arts and culture programs	❑	❑
Technology education and training	❑	❑

40. In the past year, did you or someone in your household need any of the following programs or services for older adults? (Mark one per row. Scroll down to complete all rows.)

	Yes	No
Lifelong learning/educational programs	❑	❑
Meaningful volunteer opportunities	❑	❑
Transportation assistance	❑	❑
Help with benefits (e.g., Medicare, Social Security, Food Assistance)	❑	❑
Programs for socialization and connection	❑	❑
Support groups (e.g., caregivers, grief, chronic illness)	❑	❑
Intergenerational engagement programs (youth and older adults together)	❑	❑
Health and wellness programs (e.g., screenings, nutrition workshops)	❑	❑
Resource Referral for yourself or parents/siblings/others	❑	❑
Exercise or fitness programs	❑	❑
Arts and culture programs	❑	❑
Technology education and training	❑	❑

41. In the past year, did you or anyone in your household have difficulty accessing any of the services you needed?
1. Yes
2. No

42. Which services did you or your household have difficulty accessing? (Mark all that apply)
1. Lifelong learning/educational programs
2. Meaningful volunteer opportunities
3. Transportation assistance
4. Help with benefits (e.g., Medicare, Social Security, Food Assistance)
5. Programs for socialization and connection
6. Support groups (e.g., caregivers, grief, chronic illness)
7. Intergenerational engagement programs (youth and older adults together)
8. Health and wellness programs (e.g., screenings, nutrition workshops)
9. Resource Referral for yourself or parents/siblings/others
10. Exercise or fitness programs
11. Arts and culture programs
12. Technology education and training
13. I or members of my household did not have trouble accessing any of the services we needed
14. My household did not need any of these services

43. Why did you have difficulty accessing the services you needed? (Mark all that apply)

	Limited c inconver ent hours	Cost barriers	Transpor ation barriers	Language barriers	Cultural barriers	Age barriers	Not accessib e (e.g vision impairme nt, hearin impairme nt, handicap	Didn't know where te find informati n	Needed assistanc te applyin	Other	Not applicabl e
Lifelong learning/educationa programs	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑

Meaningful volunteer opportunities	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Transportation assistance	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Help with benefits (e.g., Medicare Social Security, Food assistance	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Programs for socialization and connection	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Support groups (e.g., caregivers, grief chronic illness)	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Intergenerational engagement programs (youth and older adult together)	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Health and wellness programs (e.g. screenings, nutrition workshops)	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Resource Referral for yourself o parents/siblings/others	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Exercise or fitness programs	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Arts and culture programs	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑
Technology education and training	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑	❑

44. What types of additional programs, services, or resources for older adults would you like to see in Princeton? (Mark all that apply)

1. More lifelong learning opportunities
2. More meaningful volunteer opportunities
3. Expanded transportation assistance
4. Additional help with benefits and entitlements
5. More socialization opportunities
6. More support groups
7. More intergenerational programs
8. More health and wellness programs
9. More exercise or fitness options
10. More arts and culture opportunities
11. More technology education and training
12. Other
13. None of the above

45. If you have any suggestions for improving programs, services, and resources for older adults in Princeton, please share them using the space below.

Accessibility and Equity

This section asks about your perceptions about the accessibility and inclusivity of services and programs in Princeton.

46. Which best describes your access to the internet where you live?

1. My internet access at home is reliable
2. My internet access at home is unreliable or limited
3. I have no internet access at home
4. Prefer not to answer

5. Other

47. In the past year, what three types of transportation have you most often relied on to get around your community for things like going to the doctor, visiting friends, shopping for groceries, etc.? (Select up to 3)
1. Walk or roll (on foot, wheelchair, mobility scooter)
2. Drive my own vehicle
3. Ride with family or friends
4. Taxi or ride-hailing service (e.g., Uber, Lyft)
5. Community shuttle or paratransit (e.g. Municipal bus, Tiger Transit, etc.)
6. Public transportation (bus, train)
7. Bicycle or e-bike
8. I do not leave my home
9. Prefer not to answer
10. Other

48. To what extent do you agree: 'I feel connected to neighbors and local community groups in Princeton.'
1. Strongly disagree
2. Disagree
3. Neither agree nor disagree
4. Agree
5. Strongly agree

49. In your opinion, are community services in Princeton welcoming and safe for the following groups?

	No	Somewhat	Yes	Don't know/No sure
Individuals with disabilities	❑	❑	❑	❑
Individuals of all gender identities and sexual orientations, includin LGBTQI+ individuals and families	❑	❑	❑	❑
Individuals with undocumented, refugee, or asylee legal status	❑	❑	❑	❑
Individuals who are older than 55 years	❑	❑	❑	❑
Individuals with different cultural and religious identities	❑	❑	❑	❑

50. If you selected "no" or "somewhat" for any of the above groups, please explain why using the space below.

Demographics

This final section asks for some basic demographic information about you to help us better plan community-based services in Princeton.

51. What is your age group?
1. 18–24
2. 25–34
3. 35–44
4. 45–54
5. 55–64
6. 65+

7. Prefer not to answer
8. 14 - 17

52. Are you Hispanic or Latino, or of Spanish origin?
1. Yes
2. No
3. Prefer not to say

53. Which of the following best describes your race? (Mark all that apply)
1. White
2. Black or African-American
3. Indigenous American or Alaskan Native
4. Pacific Islander
5. Middle Eastern or North African
6. South Asian
7. East Asian
8. Hawaiian or Pacific Islander
9. Prefer to self-describe: _____
10. Prefer not to answer

54. What is your gender identity?
1. Female
2. Male
3. Nonbinary
4. Prefer to self-describe
5. Prefer not to answer

55. What is your marital status?
1. Married or in a civil union
2. Widowed
3. Divorced
4. Separated
5. Never married
6. Prefer not to answer

56. What is your highest level of education?
1. Less than high school
2. High school diploma or GED
3. Some college
4. Two-year or Associate's degree
5. Four-Year or Bachelor's Degree
6. Post-graduate or Professional Degree
7. Prefer not to answer

57. Do you or anyone in your household have any of the following disabilities? (Mark all that apply)
1. Mobility or physical disability (e.g., difficulty walking, climbing stairs)
2. Hearing impairment (e.g., deafness, significant hearing loss)
3. Vision impairment (e.g., blindness, low vision)
4. Cognitive or developmental disability (e.g., intellectual disability, autism spectrum)
5. Learning disability (e.g., dyslexia, processing disorder)
6. Mental health condition (e.g., depression, anxiety, bipolar disorder)
7. Other health condition (e.g., arthritis, diabetes)

8. None of the above
9. Prefer not to answer

58. What language do you speak at home? (Mark all that apply)

1. English
2. Spanish
3. Chinese/Mandarin
4. Korean
5. Japanese
6. Hindi/Urdu
7. Arabic
8. French
9. Russian
10. Patois
11. Creole
12. Tagalog
13. Other

59. We encourage you to share any other concerns or needs with Princeton's Human Services Department or the Center for Modern Aging in the space provided below.

APPENDIX B:
PHS AND CMAP SERVICES

The services and programs offered and supported by the **Princeton Human Services Department** are listed as follows:

Public Application Assistance and Community Resource Navigation: The Princeton Human Services Department will assist Princeton residents with applying for General Assistance, NJ Supplemental Nutrition Assistance Program (SNAP) Benefits, Women, Infants, and Children (WIC), and Medicaid. These programs are administered through Mercer County.

Youth Development Programs: Corner House, a drug and alcohol counseling center, opened its doors in 1972 but it was in the early 1990's that Corner House, the municipality, Mercer County and Princeton Medical Center observed a rise in drug and alcohol use by youth. Corner House established 8 evidenced based leadership and prevention youth program in the early 1990's and they remain today. Today these 8 programs not only address drug and alcohol prevention but intentionally are designed to foster leadership, civic engagement, healthy living and academic success. Starting in 2024, the youth programs formerly under Corner House, transitioned under Princeton Human Services.

Summer Youth Employment Program (SYEP): The Summer Youth Employment Program (SYEP) is an 8-week employment program for youth enrolled in a Princeton district middle or high school and eligible to apply for working papers. Participants household income cannot exceed 400% of the 2026 Federal Poverty Level. The program offers entry-level work experience, job readiness training, and career development training to all applicants. Workforce opportunities include childcare, government and clerical/administrative within the municipality, at Princeton University and in local community organizations such as Arm in Arm, YWCA, and the Princeton Public Library.

Food Insecurity Task Force (FITF): The Princeton Food Insecurity Task Force represents a coalition of diverse food providers, ranging from local governmental departments, non-profit organizations to community based groups, all united by a shared commitment to combating food insecurity. The task force is coordinated by Human Services and meets on a monthly basis to discuss trends, address gaps, and collaborate to address needs in the community. A comprehensive food calendar and resource guide is maintained for the Princeton and the Greater Mercer County Area.

Housing Stability Coalition (HSC): The Princeton Housing Stability Coalition is a collaborative network of housing and homelessness prevention partners working together to keep residents stably housed. Coalition members meet on a bi-weekly basis for case conference, share resources, and coordinate services to identify solutions and prevent homelessness for qualifying applicants. A Community-Wide Intake allows for a coordinated intake system between groups to effectively assist Princeton residents in a housing emergency which can include facing eviction due to non-payment, help with utilities due to shut off notice, assistance with rent or security deposit.

Backpack and School Supply Drive: The Princeton Human Services partners with local organizations, businesses, and residents to equip students with essential school supplies. Our reach serves students from Pre-K through 8th grade, distributing over 250 backpacks filled with supplies every year. Thanks to the generous support of municipal leaders, community partners, and donors, Princeton students began the school year prepared and supported.

Holiday Gift Drive: Princeton Human Services partners with municipal employees, local businesses, and private donors to bring holiday joy to Princeton families. This program supports Princeton children up to age 12 by providing one to two gifts per child (up to $75 total) and invites donors to contribute grocery store gift cards to help families cover essential needs during the holiday season. During distribution, families are welcomed into a festive environment with hot cocoa and photos with Santa, creating a joyful and inclusive holiday experience for children and caregivers alike

No or Low-Cost Health Services: The Princeton Human Services Department works with Princeton Health Department to connect Princeton residents who are uninsured or underinsured with free and reduced-cost healthcare options. Services include referrals to free dental and vision programs, support with NJ FamilyCare (Medicaid) enrollment, and guidance through the Healthcare Roadmap to navigate available care. Additional referrals include children's health clinics (0-18), mental and behavioral health services, free STI/STD testing, and Women, Infants and Children (WIC) nutrition services, provided through partnerships with local and regional organizations.

Immigration, Legal, and Wage Theft Support: Princeton Human Services partners with local agencies to support residents impacted by immigration through wage theft assistance, legal service referrals, and rights-based education. The department provides notary services, conducts intake and serves as a liaison with the Princeton Police Department, shares Know Your Rights resources from the New Jersey Office of New Americans, and connects residents to trusted legal, food, and financial support services.

Community Building: Princeton Human Services fosters community building through year-round outreach that brings residents together and connects them to local resources. This includes leading Welcoming Week and participating in community gatherings such as neighborhood block parties, community BBQs, Community Night Out, Wheels Rodeo, cultural festivals, school events, and resource fairs. Through tabling, workshops, and on-site engagement, staff provide information, referrals, and direct support while building relationships across diverse populations, helping create a more inclusive, connected, and welcoming Princeton community.

Emergency Housing Services: Princeton Human Services provides Emergency Housing Services offering temporary hotel and motel stays for verified Princeton residents who are at risk of or currently experiencing homelessness. This resource serves as a critical bridge, connecting residents to homelessness prevention providers with the goal of securing a stable, affordable, and permanent housing solution.

The **Center for Modern Aging Princeton (CMAP)** serves as one of the community's most important assets for older adults and their families by providing programs and services that promote lifelong learning, social engagement, volunteerism, caregiver support, technology education, health and wellness, and community connection. The services and programs offered and supported by CMAP are listed below.

These include:

Third Act Volunteer Corps: AmeriCorps-sponsored volunteer initiative connecting older adults with meaningful volunteer opportunities throughout the Greater Princeton region, including community organizations, schools, civic initiatives, and CMAP programs.

Technology Literacy and Digital Inclusion: CMAP operates the Donald & Nancy Light Technology Literacy Lab, providing technology education, digital literacy training, one-on-one support, and expanded access to technology resources. Through a partnership with Interfaith Caregivers of Haddonfield and support from Parker Health Group, technology programming is being expanded through both centralized and satellite learning sites.

Silver Century Insights: Online platform featuring curated content, commentary, resources, and age-positive perspectives on aging and caregiving.

Caregiver Support Services: Information, education, consultation, support groups, and resources for family caregivers.

Crosstown Transportation Service: Door-to-door transportation service provided through a partnership between CMAP, RideProvide, and the Greater Mercer Transportation Management Authority.

Health and Wellness Programs: Programs supporting healthy aging, wellness, exercise, and social wellbeing.

Evergreen Forum: Peer-led lifelong learning opportunities that support intellectual engagement and community connection.

Bilingual Programs and Outreach: Programs designed to improve access to information and services for diverse populations.

Lifelong Learning Programs: Educational opportunities, lectures, workshops, and enrichment programs

that support continued engagement throughout life.

APPENDIX C: PRINCETON SOCIAL SERVICE RESOURCE DIRECTORY

MUNICIPALITY OF PRINCETON

Princeton Social Service Resource Directory

Princeton Human Services Department

1 Monument Drive
Princeton, NJ 08540

p. (609)-688-2055

humservices@princetonnj.gov
www.princetonnj.gov

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To the Reader:

This Princeton Social Services Resource Directory was created as a reference tool in order to collaborate all local services available to Princeton residents, in and around the community. This handbook is meant to provide an easy, accessible guide to information and resources that will improve the quality of life and help access resources not previously known.

The Princeton Human Services Department advocates for residents by delivering critical services, youth programs, and family support to help disadvantaged people overcome obstacles and thrive.

The Princeton Human Services Department coordinates and administers programs and services to the various population groups in need. The scope of services supported and provided by the Human Services Department includes programs that assist residents with limited income and resources in the areas of financial assistance, employment, housing, and emergency assistance. The department also serves the community as an information and referral source for residents in need of various services.

This Princeton Social Services Resource Guide is not exhaustive of all the programs but is a continuing work of progress, being updated and changed constantly. For any updates, or to add your organization to the guide, please email all changes and additions to the Human Services Department *humanservices@princetonnj.gov.*

About This Directory

This guide contains basic information to help you settle in Princeton and find what you and your family need for everyday life. It also summarizes important information about agencies and organizations that provide documents or essential services you may need.

General Information

1.1 Map of Princeton



1.2 Hotlines and Help Lines

In an emergency, call 911.

For non-emergencies, call NJ Statewide Hotline: 211, Princeton Human Services at 609-688-2055, or Mercer County Human Services Department at 609-989-6526.

The organizations below are listed in alphabetical order by: countywide/local (L), statewide (S), national (N).

Organization/Description	L/S/N	Contact Information	Availability
Abuse & Family Violence Assistance			
Domestic & Sexual Abuse	L	609-394-9000	www.younitynj.org/
Child Abuse/Neglect	S	1-877-NJ-ABUSE (652-2873). 1-800-835-5510 (TTY)	https://www.nj.gov/dcf/stay-connected/get-involved/educational-materials.shtml
NJ Domestic Violence	S	1-800-572-SAFE (7233) 1-877-294-4356 TTY	https://www.nj.gov/dcf/divisions-offices/dow/
Domestic Violence	N	1-800-799SAFE (7233) Text START to 88788 Website has Live and AI Chats	www.thehotline.org
Child Abuse	N	1-800-4ACHILD (422-4453) Live Chat Available at 2nd link	www.childhelp.org/hotline https://humantraffickinghotline.org/en
Human Trafficking	N	1-888-373-7888 or Text HELP to BeFree (233733)	www.humantraffickinghotline.org
Victims of Abuse, Crime, and Violence	N	1-800-621-HOPE (4673)	www.safehorizon.org
Rape, Abuse & Incest	N	1-800-656-HOPE (4673) LIVE CHAT: Text HOPE (4673) to 64673 OR find on Website	www.rainn.org
Addictions & Substance Abuse Assistance			
Addiction & Substance Abuse Help	S	211 or 1-877-652-1148 For TTY: Dial 711-877-652-1148 ALSO HAS LIVE CHATS Text Your Zip Code to 898-211 or find on Website	www.nj211.org
Addiction & Substance Abuse Help	S	1-844-REACHNJ (732-2465) Text: 1-800-426-2537	www.reachnj.gov
Smoking Cessation	S	1-866-NJ-STOPS (657-8677)	www.njquitline.org

Gambling Help	N	1-800-GAMBLER (426-2537)	www.800gambler.org
Substance Abuse & Mental Health Help	N	1-800- 662-HELP (4357)	www.samhsa.gov
Adolescents & Young Adult Assistance			
Anchor House	L	609-396-8329	www.anchorhousenj.org
NJ Youth & Young Adult Hotline	S	1-888-222-2228 Can text same #	www.2ndfloor.org
National Youth & Young Adult Hotline	N	1-800-448-3000 or Text VOICE to 20121 Email hotline@boystown.org For Grad/Post-grad: 1-800-472-3457	www.boystown.org/hotline
Child Abuse Helpline	N	1-800-4-A-CHILD (422-4453)	www.childhelp.org
Homeless & At-risk Youth Hotline	S	1-877-652-7624	https://www.nj.gov/njyrs/housing/adolescent-hub
Runaway & Homeless Youth Help	N	1-800-RUNAWAY (786-2929) Text Available Click 2nd link for Live Chat	www.1800runaway.org https://na0messaging.icarol.com/ConsumerRegistration.aspx?org=64382&pid=254&cc=en-US
Crisis Assistance & Suicide Prevention			
Mercer County Crisis Help	L	Call/text 988 or chat www.chat.988lifeline.org 609-737-3300 (9 a.m. to 5 p.m., Monday through Friday) 609-737-2000 (Reassurance for seniors 60+)	www.contactofmercer.org
Crisis Call Center	S	Call/text 988 or chat www.chat.988lifeline.org SPANISH: 1-888-628-9454 TTY: Dial 711-988	https://naminj.org/crisis-info/
Crisis Text Line	N	Text HOME to 741741 WhatsApp: +1 (443) 787-7678	www.crisistextline.org
988 LIFELINE (Formerly Suicide Prevention Lifeline)	N	Call/text 988 or chat on website: www.chat.988lifeline.org	www.988Lifeline.org
Veteran's Crisis Line	N	Call 988 (press 1)/Text 838255 or chat www.chat.988lifeline.org	www.veteranscrisisline.net
Disaster Assistance			

Red Cross Emergency Disaster Help	S	609-951-8550	www.redcross.org/local/new-jersey
Salvation Army Emergency Assistance	L	609-599-9373 8007287825 Trenton	www.salvationarmy.org/new-jersey/trenton/
Disaster Distress Helpline	N	Call/Text 1-800-985-5990	www.samhsa.gov/find-help/disaster-distress-helpline
FEMA Helpline	N	1-800-621-FEMA (3362) TO GET ASSISTANCE: https://www.disasterassistance.gov/get-assistance/find-assistance	www.disasterassistance.gov
Homeless Assistance			
Homeless Hotline	S	609-468-8296	http://www.nj.gov/humanservices/dfd/programs/ssh/ssh_hotlines0915.pdf
Law Enforcement/Crime Victim Assistance			
Princeton Police Department	L	609-921-2100	https://www.princetonnj.gov/363/Police-Department
NJ Homeland Security	S	To Report Suspicious Activity: 1-866-4-SAFE-NJ (472-3365) EMAIL: tips@njohsp.gov	www.njhomelandsecurity.gov http://njohsp.gov/threat-landscape/report-suspicious-activity/suspicious-activity-reporting-form
NJ State Police	S	609-882-2000	www.njsp.org
Safe Horizon Crime Victims Hotline	N	1-800-621-HOPE (4673)	www.safehorizon.org/hotlines
Medical Assistance			
Birthright International Crisis Pregnancy Helpline	S	1-800-328-3838	www.birthright.org
NJ AIDS/STD Hotline	S	1-800-624-2377 Text: 973-339-0712	www.njhivstdline.org
Anonymous Newborn Relinquishment	S	877-839-2339	https://www.njsafehaven.org
American Pregnancy Helpline	N	1-800-672-2296	www.americanpregnancy.org
National AIDS Hotline	S/N	1-800-624-2377 1-800-CDC-INFO (232-4636)	www.ryanwhite.hrsa.gov/hiv-care/hotlines
National Poison Control Center Hotline	N	1-800-222-1222 webPOISONCONTROL: Your Online Poison Control	www.poison.org www.njpies.org
Mental Health Assistance			
Mercer County Mental Illness Help	L	609-799-8994 ext.17	https://namimercer.org

NJ Mental Health Hotline	S	1-866-202-HELP (4357)	www.njmentalhealthcares.org
Substance Abuse & Mental Health Help	N	Resources1-800- 662-HELP (4357) 988- Emergency lifeline	www.samhsa.gov
Parental and Family Assistance			
NJ Anonymous Parents & Family	S	1-800-THE-KIDS (843-5437)	http://paofnj.org/ www.nj.gov/njparentlink/health/before/
NJ Family Healthline	S	1-800-328-3838	https://nj.gov/health/fhs/primarycare/family-health-line/
NJ Women's Hotline	S	1-800-322-8092	www.nj.gov/dcf/women/hotlines
National Parent's Helpline	N	1-855-4AParent (427-2736)	www.nationalparentyouthhelpline.org

1.3 Princeton Municipal Offices

1 Monument Drive	
Affordable Housing	609-688-2029
Animal Control	609-924-2728
Emergency Management	609-497-7632
Health and Registrar of Vital Statistics	609-497-7608
Human Services	609-688-2055
Center for Modern Aging-Suzanne Patterson Center	609-751-9699

400 Witherspoon Street	
Administration	609-924-5176
Building & Construction	609-921-7078
Engineering	609-921-7077
Finance	609-924-9183
Fire Safety & Housing Inspection	609-497-7646
Mayor & Council	609-924-5176
Municipal Clerk	609-924-5704
Municipal Court	609-924-5042
Planning	609-924-5366
Police Department	609-921-2100
Public Works & Infrastructure	609-688-2566
Tax Assessor	609-924-1084
Tax Collection	609-924-1058
Zoning	609-921-1359
Access Princeton	609-924-4141

380 Witherspoon Street	
Information Technology	609-688-2037
Recreation	609-921-9480

For more information, call 609-924-4141 or visit www.princetonnj.gov.

Abuse, Addiction & Mental Health Services

2.1 Abuse, Addiction & Mental Health Services (Princeton)

All Access Mental Health (AAMH) is a private, non- profit community based behavioral health care agency serving the greater Mercer County community. They provide a variety of counseling and mental health services including individual and family therapy, anger management, bilingual counseling, and rehab programs. AAMH can provide services to you based on your income, family size and insurance coverage-a sliding scale fee. They also participate in many insurance companies' behavioral health care networks and accept Medicare and Medicaid.

819 Alexander Road, Princeton, NJ 08540
Phone: (609) 452-2088
Email: info@aamh.org
Web: http://www.aamh.org

Center at 353 (formerly known as Trinity Counseling Service) offers individual, couples and family therapy as well as bereavement and caregiver counseling. Trinity Counseling Services also provides high quality interventions in the lives of underserved children to improve school readiness and success from the earliest stages of life through the Childhood Intervention Initiative (CII). This facility accepts most major insurance plans and sessions are offered on a sliding scale. Temporary financial assistance is available for those who can't afford to pay for counseling. No bilingual counselors.

353 Nassau St., Princeton, NJ 08540
Phone: (609) 924-0060
Web: https://www.centerat353.org

GoodGrief provides unlimited and free support to children, teens, young adults, and families after the death of a mother, father, sister, or brother through peer support programs, education, and advocacy.

5 Mapleton Rd, Princeton, NJ 08540
Phone: (609) 498-6674
Web: www.good-grief.org

38 Elm St, Morristown, NJ 07960
Phone: (908) 522-1999
Web: www.good-grief.org

Jewish Family and Children's Service (JFCS): The Clinical Department of Jewish Family & Children's Service of Greater Mercer County provides individualized and compassionate therapy to individuals, couples and families residing in the greater Mercer County community. They serve children, adolescents, adults, and older adults. JFCS accepts Medicare and most major insurance plans. Sliding fees may be available to the client based on their ability to pay. This facility offers multilingual counseling.

707 Alexander Rd, Suite 102, Princeton, NJ 08540

Phone: (609) 987-8100
Web: http://www.jfcsonline.org/

Princeton House Behavioral Health provides both inpatient and outpatient mental health services with customized programs for men, women, children, adolescents, older adults, and first responders. Programs include detox and addiction recovery, trauma therapy, emotional regulation, and a variety of psychiatric services like group and individual therapy, medication management, family intervention, psychoeducation groups, and expressive therapies like yoga, art, and writing. Princeton House accepts most major insurance plans and offers financial assistance to those who qualify. For more information, please review their Financial Assistance Policy.

1000 Herrontown Rd., Princeton, NJ 08540 / 905 Herrontown Rd. Princeton NJ 08540
Phone: (609) 613-4780
Inpatient Phone: (888) 437-1610 (Option 1)
Outpatient Phone: (888) 437-1610 (Option 2)
Web: http://www.princetonhouse.org

2.2 Abuse, Addiction & Mental Health Services (Central NJ)

Anchor House provides care for children, youth and young adults between the ages of 12 through 21 who have suffered abuse, neglect, and/or homelessness. Their programs are organized by age and provide emergency respite, transitional living, and outreach services. Runaway and homeless youth have walk-in access to the program 24 hours a day, 365 days a year. This facility can be reached at any time via the phone number listed below.

482 Centre Street Trenton, NJ 08611
Phone: (609) 396-8329
Email: info@anchorhousenj.org
Web: https://www.anchorhousenj.org

Carrier Clinic is one of the largest independent, non-profit behavioral healthcare facilities in New Jersey. They specialize in psychiatric and substance abuse addiction treatment by providing both inpatient and outpatient mental health services as well as addiction recovery and detox programs. Carrier Clinic also has a listing of free programs and support groups for children and adults.

252 County Road 601, Belle Mead, NJ, 08502
Phone: 1 (800) 933-3579
Web: https://carrierclinic.org/programs/

Catholic Charities of Trenton provides counseling and mental health services for individuals and families dealing with emotional distress, domestic violence,

behavioral problems, mental illness, and substance abuse issues, regardless of religion. Services are offered in Spanish and English. Medicaid accepted and sliding scale provided. For more information on services and locations see the fact sheet here. A closer location may be available to you.
Programs are location specific. To find out which location to visit, call 1 (800) 360-7711.

383 West State Street, Trenton, NJ 08607-1423
Phone: (800) 360-7711
Web: www.catholiccharitiestrenton.org/

Capital Health provides comprehensive, quality healthcare services to improve and sustain the health status of the residents primarily in Central New Jersey. The Emergency Mental Health Services include walk-in crisis counseling, emergency screening assessments, nursing evaluations, assistance with hospitalizations, as well as information and referrals to outpatient mental health services. Capital Health is comprised of two hospitals (Regional Medical Center in Trenton and Capital Health Medical Center – Hopewell), the Hamilton outpatient facility, and various primary and specialty care practices across the region. Please visit their website for a full list of medical services.

Hotlines: (609) 396-HELP (4357)
Web: https://www.capitalhealth.org

750 Brunswick Avenue
Trenton, NJ 08638
Phone: (609) 394-6000

One Capital Way
Pennington, NJ 08534
Phone: 1 (800) 637-2374

1445 Whitehorse Mercerville Rd, Hamilton, NJ 08619
Phone: (609) 588-5050

Princeton Center for MindBody Healing is a boutique therapy practice oriented towards holistic healing and continuous growth. They offer traditional outpatient services for individuals, couples, and families. They offer sliding scale fees for clients.

245C Nassau Street Princeton, NJ 08540
Phone: (609) 375-8727
Email: info@princetonmindbody.com
Web: https://princetonmindbody.com

Younity (Formerly Womanspace) is a county-wide service aimed at offering support and services to victims of domestic violence or sexual assault. Younity offers a hotline as well as a safe house, housing assistance, comprehensive counseling, legal advocacy, and more. Please visit their website for a full list of services offered.

24/Hr Hotline: 609-394-9000
Phone: 609-394-0136
Web: www.younitynj.org

Affordable and Subsidized Housing

3.1 Short-Term Emergency Housing & Homeless Assistance

Contact Princeton Human Services for assistance with emergency housing at 609-688-2055.

Housing Initiatives of Princeton provides temporary living arrangements for families and individuals who are facing homelessness for 12-24 months. They provide case management, financial advice, educational support, and budgeting assistance. Eligibility determined by application, in-person interview, background check, and income verification.

33 Mercer St., Princeton, NJ 08540
Phone: (609) 921-2328 or 609-497-4533
Email: info@housinginitiativesofprinceton.org
Web: www.housinginitiativesofprinceton.org/
If you need emergency shelter after hours, contact the NJ Homeless Hotline at 609-468-8296.

Anchor House provides 24-hour shelter for homeless youth ages 18-21 throughout New Jersey. This facility works with homeless runaways, abused children and youth to provide transitional housing, emergency foster care, and outreach counseling to those at risk of dropping out of school. Anchor House helps provide food, clothing, medical and dental care, life skills, and educational preparation.

482 Centre Street, Trenton, NJ 08611
Phone: (609) 396-8329
Web: www.anchorhousenj.org

Arm In Arm (previously *Crisis Ministry of Mercer County*) provides assistance for those who are homeless or at risk of eviction, foreclosure, or utility shutoff. The organization offers food pantries with fresh, frozen, and non-perishable items to low-income people across Mercer County. Personal care products such as shampoo, soap, and toothpaste are available. Work training programs are provided as well.

Phone: (609) 396-9355
Email: info@arminarm.org
Web: http://arminarm.org/

61 Nassau Street
Princeton, NJ 08542

142 E. Hanover Street
Trenton, NJ 08609

Escher SRO Project provides subsidized transitional and permanent housing, as well as social services, to people in need of secure housing. This is an affordable

option for the homebound and disabled, low-income residents, retirees, veterans, and those discharged from hospitals and other institutions.

50 Escher Street, Trenton, NJ 08609
Phone Number: (609) 392-4599 x1
Website: www.eschersro.com/

HomeFront helps families who are at risk of homelessness and food insecurity become self-sufficient. HomeFront offers various programs that provide food, housing, parenting skills, employment assistance, childcare programs, education, and career counseling.

1880 Princeton Ave., Lawrenceville, NJ 08648
Phone: (609) 989-9417
Email: homefront@homefrontnj.org
Web: www.homefrontnj.org

Homeless Hotline is provided through the Mercer County Board of Social Services and provides emergency referrals and assistance for homeless individuals in need of short-term shelter.

200 Woolverton St, Trenton, NJ, 08650
Phone: (609) 989-4320
Email: **mcboss@mcboss.org**
Web: http://www.mcboss.org

Oaks Integrated Care offers a multitude of professional services from child and adult counseling to housing stability programs. Services are offered throughout New Jersey and are offered to all Mercer County residents. Fees are based on a sliding scale to accommodate individuals and families with limited means.

1911 Princeton Avenue, Lawrenceville, NJ 08648
Telephone: 609-583-1900
Web: www.oaksintcare.org

Rescue Mission of Trenton provides the only emergency shelter in Mercer County, licensed by the Department of Community Affairs (DCA), serving single men and women. The emergency shelter is open from 4 PM – 8 AM daily and is located at 89 Ewing Street, Trenton, NJ 08609. They also offer services for those in need of addiction rehabilitation and residential or outpatient emergency services. Under the Emergency Services Program, the Rescue Mission also operates a weekend soup kitchen every Sunday and the fifth Saturday of the month. Transitional housing is available on a limited basis.

98 Carroll Street, Trenton, NJ 08609
Phone: (609) 695-1436
Web: http://www.rescuemissionoftrenton.org/

3.3 Long-Term Affordable Housing (Princeton)

3.3.1 Sales

Affordable Housing Purchase Program provides Princeton properties for sale. For more information, call (609) 688-2029. Occasionally, Habitat for Humanity also offers local properties for sale. For more information, call (609) 252-9292.

One Monument Drive, Princeton, NJ 08540
Phone: (609) 688-2029
Email: affordablehousing@princetonnj.gov
Web: https://princetonnj.gov/173/Affordable-Housing

3.3.2 Rentals

Princeton Community Housing (PCH) provides and manages safe, high quality and affordable rental apartments for very low-, low- and moderate-income residents; PCH also manages the Princeton Rentals Program (scattered units in Princeton).

1000 Herrontown Rd., STE 201
Princeton, NJ 08540
Phone: (609) 924-3822
Web: https://www.princetoncommunityhousing.org/

Elm Court, an affiliate of PCH, provides 88 low-income units to persons 62 years or older and mobility impaired (no age restriction); households pay rent at 30% of their gross annual income; residents are provided with planned activities and have transportation to churches, supermarkets, and food pantries and a daily congregate program.

300 Elm Road, Princeton, NJ 08540
Phone: (609) 921-0929
Web: https://www.princetoncommunityhousing.org/communities/elm-court

Griggs Farm, an affiliate of PCH, provides 70 low- and moderate-income rental units; rent is calculated at 30% of gross annual income.

205 Griggs Dr, Princeton, NJ 08540
Phone: (609) 924-3822
Web: https://www.pchhomes.org/griggs-farm

Harriet Bryan House, an affiliate of PCH, provides 67 very low-income units for people 62 years and older; rent is calculated at 30% of gross annual income.

310 Elm Road, Princeton, NJ 08540
Phone: (609) 683-8858
Web: https://www.princetoncommunityhousing.org/communities/harriet-bryan-house

Princeton Community Village, an affiliate of PCH, provides 238 low- and moderate-income units; one-bedroom units in Holly House; two-, three- and four-bedroom units are also available.

1 Holly House Office, Princeton, NJ 08540
Phone: (609) 921-1686
Web: https://www.princetoncommunityhousing.org/communities/princeton-community-village

3.3.3 Assisted Living

Serenade at Princeton is a privately owned assisted living facility in Princeton that provides individualized care plans for older adults. Their services allow aging adults to pursue their interests, nurture friendships and explore their talents.

775 Mt. Lucas Road, Princeton, NJ 08540
Phone: (609) 430-4000
Web: https://www.brandycare.com/our-communities/serenade-at-princeton/

3.4 Affordable Housing Programs (Mercer County)

3.4.1 Mercer County Housing Programs

Mercer County Housing and Community Development Office offers assistance to low- and moderate-income families and individuals through the programs listed below. (Income and property restrictions apply).

- *First Time Homebuyer Program (FTHB)*: Down payment and closing cost assistance
- *Low Income Home Energy Assistance Program (LIHEAP)/Universal Service Fund (USF)*: Utility cost assistance
- *Residential Rehabilitation Program*: Code violations and safety improvement assistance
- *Veterans Residence*: Veterans rental housing
- *Weatherization Assistance Program (WAP)*: Energy conservation improvements

640 South Broad Street, Trenton, NJ 08611
Phone: 609-337-0933 | Email: housing@mercercounty.org
Web: https://www.mercercounty.org/departments/housing-community-development/housing-and-community-development-programs

Mercer County Affordable Housing Veterans Residence provides rental units for low-income veterans. The rental property is located at 2280 Hamilton Ave., Hamilton, NJ 08619. For more information, visit:

For eligibility and requirements, download the PDF handbook at:
https://www.mercercounty.org/home/showpublisheddocument/16734/637146796405330000
To view the application, download a PDF copy at:
https://www.mercercounty.org/home/showpublisheddocument/980/636057414341770000

For more information, contact the Mercer County Affordable Housing Program at:

640 South Broad Street, Trenton, NJ 08611
Phone: (609) 989-6120, Fax (609) 393-2143
Web: https://www.mercercounty.org/departments/veteran-services

3.4.2 Municipality-Specific Housing Programs

In Alphabetical Order by Municipality

Ewing: The *Township of Ewing* coordinates its affordable housing program in collaboration with Piazza & Associates. They provide both home sales and rental units for low and moderate-income households.

Princeton Forrestal Village
201 Rockingham Row Princeton, NJ 08540
Phone: (609) 786-1100 x300, Fax: (609) 786-1105
Email: info@HousingQuest.com
Web: www.piazzanj.com/affordable-housing/

Hamilton: *Hamilton Township* coordinates its affordable housing program in collaboration with Piazza & Associates. They provide both home sales and rental units for low and moderate-income households.

Princeton Forrestal Village
201 Rockingham Row Princeton, NJ 08540
Phone: (609) 786-1100 x300, Fax: (609) 786-1105
Email: info@HousingQuest.com
Web: www.piazzanj.com/affordable-housing/

Hamilton: *Hamilton Township Housing and Urban Development Office* provides information regarding Community Development Block Grant Program (i.e. housing rehabilitation), rental assistance (Housing Choice Voucher Program), and affordable housing.

2090 Greenwood Avenue, P.O. Box 00150 Hamilton, NJ 08650
Phone: (609) 890-3677, Fax: (609) 890-3525
Web: https://www.hamiltonnj.com/Housing

Hopewell Township: *The Township of Hopewell* affordable housing program provides both for sale homes and rental units. Hopewell's Affordable Unit **Purchases** are managed by Princeton Community Housing Development Corporation.

1000 Herrontown Rd., STE 201, Princeton, NJ 08540
Phone: (609) 924-3822, ext. 5
Web: https://www.princetoncommunityhousing.org/communities/hopewell-township-affordable-sales-program
Hopewell's Affordable Unit **Rentals** are available through the management company in your desired community

- **Birchwood at Hopewell:** 609-737-6538 or visit www.ingerman.com
- **Freedom Village:** 609-730-4825 or visit www.projectfreedom.org
- **Hopewell Parc:** email homesbyTLC@HomeFrontnj.org
- **Woodmont at Hopewell:** 609-664-2769 ext. 5 or visit www.affordablehomenewjersey.com

Hopewell Borough: *Hopewell Borough* provides affordable housing in accordance with COAH. Contact the affordable housing liaison for more information.

88 East Broad Street, Hopewell, NJ 08525
Phone: (609) 466-2636, Fax: (609) 466-8511
Email: Michele.hovan@hopewellboro-nj.us
Web: https://www.hopewellboro-nj.us/government/departments/

Hightstown Housing Authority serves low-income residents of the Borough of Hightstown and the surrounding areas.

131 Rogers Avenue, Hightstown, NJ 08520
Phone: (609) 448-2268, Fax: (609) 426-9440
Email: Chelsea@hightstownhousing.onmicrosoft.com
Web: www.hightstownhousing.org/default.aspx

Lawrence Township: *Lawrence Township* works in partnership with Piazza & Associates to provide affordable housing for both purchasers and renters. Lawrence Township also offers a Home Improvement Program for those who meet low-moderate income eligibility criteria.

2207 Lawrence Road, P.O. Box 6006, Lawrence Township, NJ 08648
Phone: (609) 844-7005, Fax: (609) 896-0412
Email: ssnook@lawrencetwp.com
Web: https://www.lawrencetwp.com/departments/AffordableHousingBoard

Pennington Borough has limited affordable housing properties, which are advertised through the New Jersey Housing Resource Center at www.nj.gov/njhrc/find-housing/.

For more information, contact the Affordable Housing Liaison:

30 North Main Street, Pennington, NJ 08534-0095
Phone: (609) 737-0276
Web: www.nj.gov/njhrc/find-housing/ or www.penningtonboro.org

Princeton Housing Authority (PHA) is a government corporation that provides housing for low-income families in Princeton while promoting self-sufficiency. PHA owns and manages 236 apartments for families, seniors, and disabled residents in addition to five developments in Princeton. Units may have income requirements.

179 Spruce Circle, Princeton, NJ 08540
Phone: (609) 924-3448
Web: www.princetonhousing.org/

Robbinsville Township: *Robbinsville Township* provides affordable housing for both sale and rent. For more information, contact the Municipal Housing Liaison/Administrative Agent, Gail Pfister.

2298 Route 33, Robbinsville, NJ 08691
Phone: (609) 259-3600 ext. 1134
Email: gailp@robbinsville.net
Web: www.robbinsville-twp.org/departments/affordable_housing/index.php

Trenton Housing Authority (THA) provides affordable housing for Trenton residents. For a listing of affordable rental properties in the City of Trenton, visit www.tha-nj.org/tha-properties/. For Trenton Housing Authority eligibility requirements, visit www.tha-nj.org/tha-and-hud-eligibility-requirements/.

875 New Willow Street, Trenton, NJ 08638
Phone: (609) 278-5000
Email: administration@tha-nj.org
Web: www.tha-nj.org/

West Windsor: The *Township of West Windsor* affordable housing programs are coordinated in collaboration with Piazza & Associates. Sales and rentals are available for low- and moderate-income households.

Princeton Forrestal Village
201 Rockingham Row, Princeton, NJ 08540
Phone: (609) 786-1100 x300, Fax: (609) 786-1105
Email: Info@HousingQuest.com
Web: www.piazza-and-associates.com/afhousing.php?pa=wwtwp

3.5 Affordable Housing Program (New Jersey)

New Jersey Housing Resource Center is a searchable, interactive online housing registry of available units and properties in New Jersey. Searches can be specific, including affordable rental and for-sale housing, as well as housing with accessibility features.

Phone: 1-877-428-8844
Web: http://nj.gov/njhrc/

State of New Jersey Housing Assistance Program administers the Homelessness Prevention Program (HPP), the Housing Choice Voucher Section 8 Program (Section 8), and the State Rental Assistance Program (SRAP). For more information, contact the Mercer County field office.

171 Jersey Ave, Building 5, Trenton, NJ 08608

Phone: (609) 292-8537, Fax: (609) 989-1528

Web:	NJ Housing Programs	www.nj.gov/dca/divisions/dhcr/offices
	NJ Housing Resource Center	www.nj.gov/njhrc
	NJ Housing & Mortgage Finance	www.njhousing.gov
	NJ Guide to Affordable Housing	www.nj.gov/dca/codes/publications/guide.shtml

3.6 Affordable Housing: HUD Subsidized (New Jersey)

The Department of Housing and Urban Development provides a listing of subsidized apartments and public housing/housing choice vouchers (Section 8). To find low-income HUD housing, facing foreclosure, need help paying utility bills, paying off an FHA loan, or need information on lead-based paint, visit: https://www.hud.gov/helping-americans#Homeownership

State Contact Information	Local Contact Information
State of NJ Department of Community Affairs Division of Housing and Community Resources 101 South Broad Street, PO Box 800, Trenton, NJ 08625-0800 Phone: 609-292-4080 Email: customer.service@dca.nj.gov Web: https://www.nj.gov/dca//dhcr/index.shtml	Division of Housing Production Chief Department of Housing & Economic Development 319 East State Street, Trenton, NJ 08608-1809 Phone: (609) 989-3518, Fax: (609) 989-4243 Web: https://www.trentonnj.org/204/Housing-Economic-Development

Crisis & Emergency Assistance Programs

4.1 Crisis and Emergency Assistance Programs

If you are experiencing a life-threatening emergency, call 911. For non-life-threatening emergencies, contact Princeton Human Services at (609) 688-2055. See also the Hotlines and Helplines section in this guide for more crisis phone numbers and resources.

Arm In Arm (previously *Crisis Ministry of Mercer County*) has three food pantries which provide a variety of shelf-stable foods and fresh foods such as produce, protein and other baked goods. This organization provides emergency financial assistance programs for rent, security deposits and utility assistance. Arm In Arm also offers health screenings and provides personal care products. For more information on services, hours, and locations please see the website listed below.

Main Phone: (609) 396-9355 | Email: info@arminarm.org
Web: http://arminarm.org/

Nassau Presbyterian Church
61 Nassau Street, Princeton, NJ 08542
(609) 396-9355

Crisis Ministry of Princeton and Trenton
142 E. Hanover Street, Trenton, NJ 08608
(609) 396-9355

Mercer County Department of Human Services provides information and resources regarding emergency assistance.

640 South Broad Street, P.O. Box 8068, Trenton, NJ 08650
Phone: (609) 989-6526
Web: https://www.mercercounty.org/departments/human-services

Rescue Mission of Trenton provides the only emergency shelter in Mercer County, licensed by the Department of Community Affairs (DCA), serving single men and women. The emergency shelter is open from 4 PM – 8 AM daily and is located at 89 Ewing Street, Trenton, NJ 08609. They also offer services for those in need of addiction rehabilitation and residential or outpatient emergency services. Under the Emergency Services Program, the Rescue Mission also operates a weekend soup kitchen every Sunday and the fifth Saturday of the month. Transitional housing is available on a limited basis.

98 Carroll Street, Trenton, NJ 08609
Phone: (609) 695-1436
Web: http://www.rescuemissionoftrenton.org/

Education & Child Care

5.1 Adult Education

Computer Learning Center at Ewing aims at teaching computer skills to mature adults and occasionally, other marginalized groups. Located in the Ewing Township Senior and Community Center, classes are offered on PCs, iPads, and Apple computers at a rate of $5 per session.

999 Lower Ferry Road, Ewing, NJ 08628
Phone: (609) 883-1199 ext. 6204 or (609) 882-5086
Web: https://ewingnj.org/hcc

Literacy New Jersey offers free adult literacy services available in eight counties. Their volunteers provide help with reading, writing, math skills, and conversational English. They also have additional classes in citizenship preparation and digital literacy.

1 N. Johnston Ave. Suite A204 Hamilton, NJ 08609
Phone: (609) 587-6027 x100
Email: jkrish@literacynj.org
Web: https://literacynj.org/

Mercer County Community College (MCCC) provides free tuition to seniors 65+ who qualify, depending on availability. However, students are responsible for non-tuition costs (e.g., books, supplies, lab fees, etc.). In addition to academic year programs, MCCC also offers summer and winter courses, which are 6 weeks in duration.

Phone: (609) 586-4800
Website: https://www.mccc.edu

West Windsor Campus
1200 Old Trenton Road
West Windsor, NJ 08550

James Kerney Campus
102 N. Broad Street
Trenton, NJ 08608

Mercer County Technical School's *Adult Learning* offers courses to increase skill and knowledge, provide training for new employment or career change, to broaden employment opportunities, and help students meet state licensing requirements.

Assunpink Center 1085 Old Trenton Road, Trenton NJ, 08690
Phone: (609) 586-5144
Web: https://mctspsa.org/

Mercer County Technical School's *Health Science Academy* provides students with hands-on clinical experiences in their program area and assists in obtaining licensure and/or state certifications.

Assunpink Center 1085 Old Trenton Road, Trenton, NJ 08690
Phone: (609) 586-5144
Web: https://www.mcts.edu/academics/health-science-academy

Mercer Street Friends' *Adult Education Program* works with adult residents of New Jersey, ages 16 and older that are looking to obtain a NJ high school diploma, career guidance, and assistance in renewing math, reading and writing skills. The program is free to participants and is located at 222 North Hermitage Avenue, Trenton. Please visit the link below for hours of operation and program details.

151 Mercer Street, Trenton, NJ 08611
Phone: (609) 396-1506
Email: **Info@mercerstreetfriends.org**
Web: https://mercerstreetfriends.org/programs/adult-basic-education/

New Jersey Career Services *Adult Education and Literacy Training* provide adult education and literacy programs in reading, writing, math, communication, GED test prep, English as a Second Language (ESL), computers, citizenship, job readiness, occupational training, and employment. Contact the phone number listed below for more information on classes offered, fees, and schedules.

26 Yard Avenue, , Trenton, New Jersey 08625 |Phone: (609) 989-6523
Web: https://nj.gov/labor/career-services/education-training/adult-education/

The Osher Lifelong Learning Institute at Rutgers University (OLLI-RU) is for individuals over 50 looking for an opportunity to expand their horizons, learn in an engaging environment, and meet new friends. OLLI-RU offers noncredit education that is friendly and informal with no tests and no grades. You can find registration information at the link found below.

3 Rutgers Plaza, New Brunswick, NJ 08901
Phone: (848) 932-OLLI (6554)
Email: olliru@docs.rutgers.edu
Web: http://olliru.rutgers.edu

Princeton Adult School provides a variety of lectures and discussion series, as well as classes in the visual and creative arts, music, gastronomy, sewing and needlework, computers and media, outdoor recreation, health and wellness, languages, and games. Classes are offered either in-person or online. Some scholarship opportunities are available (primarily for ESL students). Classes at Princeton Adult School are open to anyone 18 years of age or older. There are no residency requirements or citizenship requirements. Financial aid is available upon request.

P.O. Box 701, Princeton, NJ 08542
Phone: (609) 683-1101
Email: info@princetonadultschool.org
Web: www.princetonadultschool.org/

Princeton University Community Auditing Program (CAP) enables members of the community, high school graduates ages 18 and above, to audit, or sit in on, University lectures on a non-credit basis for $200 per course unless otherwise noted. Fees and restrictions apply. No class credit or certificates are provided.

600 Alexander Road, Suite 1-1A, Princeton, NJ 08540
Phone: (609) 258-3204
Email: pucap@princeton.edu
Web: https://community.princeton.edu/community-auditing

Princeton YWCA *English as a Second Language (ESL),* offers courses ranging from everyday survival to job search skills, and strong partnerships with other local organizations, help students integrate into everyday life.

59 Paul Robeson Place, Princeton, NJ 08540
Phone: 609-285-8304
Email: eluo@ywcaprinceton.org
Web: https://www.ywcaprinceton.org/esl

SeniorLearn (formerly SeniorNet) provides online book clubs and discussion groups (free) as well as Latin classes (small fee) for seniors. They offer monthly specific and title discussions, op-ed discussions, discussions of general book genres, and games based on books and literature. Internet connection and basic computer skills required.

Web: https://seniorlearn.com/

Trenton Area Soup Kitchen's (TASK) Education and Employment Programs offer training in a wide range of subjects, from reading and writing to computer skills to

culinary arts. They can help students obtain a high school equivalency diploma, enroll in a career training program, gain U.S. citizenship, get a driver's permit or enter the workforce. TASK works with volunteer tutors to provide one-on-one and group education, free of charge. Tutoring sessions are available in-person and virtually upon request.

72 ½ Escher Street, Trenton, NJ 08609
Phone: (609) 695-5456 x121
Email: adulted@trentonsoupkitchen.org
Web: https://trentonsoupkitchen.org/adult-education/

5.2 After School Programs

McCarter Theatre Center's *After School Programs and Summer Camp* foster the development of social skills, self-confidence, teamwork, commitment, empathy, and the courage to take risks in a safe environment through the art of theater. Programs are offered to children and adolescents in all grade levels. Registration fees vary based on individual classes. The financial aid application can be found here.

91 University Place, Princeton, NJ 08540
Phone: (609) 258-ARTS (2787)
Email: education@mccarter.org
Web: https://www.mccarter.org/classes (after school) or
https://www.mccarter.org/summercamp (summer camp)

Princeton Public Library offers *Homework Help* every Monday through Thursday, when Princeton Public Schools are in session, starting in October through May. Registration is *not* required and there is no cost. For more information on hours and specific room locations, please see the website listed below. They also offer Storytime & Read Alouds from the Library's Virtual Storyroom. Each Tuesday and Thursday.

65 Witherspoon Street, Princeton, NJ 08542
Phone: (609) 924-9529
Web: https://princetonlibrary.org/kids-and-teens/

Princeton Family YMCA: *AfterSchool* is an after-school program that provides academic enrichment, homework help, snacks, crafts and activities, as well as sports and fitness for local elementary school students. Financial assistance is available to families who meet qualifying guidelines. Registration and additional information can be found at the following link.

Web: https://www.gscymca.org/child-care-camps/school-age-child-care/

Princeton Young Achievers is an after-school program for Princeton residents that provides academic support, enrichment activities, and English assistance for children who are eligible for free and reduced lunch or reside in an affordable housing community.

59 Paul Robeson Place, STE 1, Princeton, NJ 08540
Phone: (609) 497-YMCA (9622)
Web: https://www.gscymca.org/programs/enrichment-education/princeton-young-achievers/

5.3 Art & Theatre Education Programs

Arts Council of Princeton offers a wide range of classes, workshops, and camp programs for children and adults throughout the year. The Arts Council also presents a diverse array of music, theater, and dance performances for the public.

102 Witherspoon Street, Princeton, NJ 08542
Phone: (609) 924-8777
Web: http://artscouncilofprinceton.org/

Artworks offers creative individuals of all ages to express themselves in various classes, workshops, and events. Whether you're a seasoned professional, looking to learn the basics of visual art, or just have some fun.

19 Everett Alley, Trenton, NJ 08611
Phone: (609) 394-9436
Web: https://artworkstrenton.org/education/

McCarter Theatre Center offers over 200 performances of theater, dance, music, and special events each year. They also offer classes, summer camps, family performances that involve the entire family, and relaxed performances for individuals with autism, learning differences, or other sensory and communication needs.

91 University Place, Princeton, NJ 08540
Phone: (609) 258-ARTS (2787)
Web: https://www.mccarter.org/adultclasses

West Windsor Arts believes there is an artist inside everyone and provides meaningful and engaging art experiences that are open to all communities. Their classes run in sequential sessions starting with the Fall and followed by Winter and Spring. Students of all ages are encouraged to continue each session in order to build skill, enjoyment, and growth as the year progresses as well as receive their CiFA certification. West Windsor Arts offer scholarships that are open to students of all ages, children, adults and seniors. Adults are encouraged to prioritize their own artistic journey and passion and apply for their scholarship. West Windsor Arts chooses applicants based on financial need, interest in arts participation, and willingness to contribute to success in the program. To apply for a scholarship, click here.

952 Alexander Road, Princeton Junction, NJ 08550
Phone: (609) 716-1931
Email: info@westwindsorarts.org

Web: https://westwindsorarts.org/

5.4 College Prep & Youth Enrichment Programs (Princeton)

Princeton Youth Development Programs:

Academic Success Today (AST) Program is a year-round program that provides Princeton middle school students with academic support and guidance. The program matches at-risk students at John Witherspoon Middle School, with mentors who are volunteers from Princeton University and the Princeton community. The positive relationship between the student and the mentor is the basis for this program. They meet weekly and go on outings such as: Meet Your Mentor event, Camp Night, and an award ceremony at the end of the year. In the summer, students can participate in the following camps: Princeton University's sports camps, iD Tech Camps, and the Princeton Recreation Department Camp

Advocacy for Youth Program (AYP) is a weekly program for male and female students in 9th and 10th grade. The primary purpose is to help students have a smooth and successful academic and social transition into high school. Weekly meetings focus on setting and achieving individual goals, developing life skills, advocating for oneself, and improving study skills. Tutoring assistance is provided. The program also aims to increase the students' involvement in the community through participation in community service opportunities and employment options.

Princeton Student Board (PSB) is a board of high school seniors representing all four Princeton private and public schools; Princeton Day School, Princeton High School, the Hun School, and Stuart Country Day School. The board brings a student's perspective to all agency activities and programs. Human Services youth program members serve on selected Municipal Boards to provide a student perspective.

Growing Up Accepted as an Individual in America (GAIA I & II) is program of high school students in the public and private schools in Princeton aimed at stopping hate, promoting peace, combating bullying, and learning acceptance of others. All GAIA I members are juniors in high school who provide workshops on inclusion, bullying and diversity to 2nd grade students in the Princeton Public Schools. GAIA II students, who are juniors and seniors in high school, create skits to perform for middle school students about diversity and acceptance of others.

Princeton Youth Program (PYP) is a program for 11th and 12 grade male students who attend Princeton High School. The goal of PYP is to help students transition successfully out of high school and into the next phase of their lives by exploring their interests, career, and educational options. We emphasize personal, social and academic growth. PYP meets weekly as a group, and students also meet for

individual check-in sessions with the program facilitation. Students take a career assessment at the beginning of the academic year to help clarify their strengths and interests. Free tutoring and SAT preparation sessions are offered.

Teen Advisory Group (TAG) is a peer leadership program comprised of 22 high school juniors representing the public and private schools in Princeton. The students meet weekly with a trained program facilitator for educational sessions. They create presentations for middle and high school students on the risks and consequences of alcohol, tobacco, and other drug use, abuse, and addiction.

World of Work for Youth (WOWY) is a weekly program for females in 11th and 12th grade. The primary focus is to assist students in identifying their post-high schools plans through career exposure, higher education exploration, and developing the life skills necessary to successfully achieve their goals. Through weekly meetings, guest speakers, college campus visits, workshops, employment, community service and one on one sessions held with the coordinator, students will gain an understanding of the connection between education achievement and future success. Students receive academic support through free tutoring and individual SAT preparation sessions. Students will also participate in community service and employment opportunities.

For all **Princeton Youth Development Programs**, please refer to the information provided below:

1 Monument Drive, Princeton, NJ 08540
Phone: (609) 924-8018
Web: www.princetonnj.gov/1490/Princeton-Youth-Development-Programs

New Jersey Higher Education Student Assistance Authority, HESAA is the only New Jersey state agency with the sole mission of providing students and families with financial and informational resources for students to pursue their education beyond high school.
The Outreach & Communications team is dedicated to supporting the students and families of New Jersey by providing various financial aid workshops, seminars, and training. Champions of student success from high schools, colleges, employers, and community-based organizations can request HESAA's support by clicking here. HESAA provides a wide range of financial literacy, financial aid, and student loan information. Most publications are available in both English and Spanish and can be downloaded here.

4 Quakerbridge Plaza, Trenton, NJ 08619
Phone: 609-584-4480 *or* 800-792-8670
Email: CustomerCare@hesaa.org
Web: https://www.hesaa.org/

Isles Youth Institute (YouthBuild) helps combat Trenton's high dropout and low employment rates by preparing at-risk youth (ages 16-24) for work, higher education, and self-reliance. Isles provides academic instruction, vocational training, case management, job development, life skills, a mentoring program, and an extended evening program. An application to this program can be found here.

10 Wood St., Trenton NJ 08618
Phone: (609) 341-4700
Web: https://isles.org/

Mercer Community College Youth Corps/ New Jersey Youth Corps is a year-round, voluntary program that engages young adults (ages 16 to 25) in full-time community service, training, and educational activities. Designed to help youths by providing GED prep classes, career counseling, job training, and help enrolling in post-secondary education. Eligible students must have a birth certificate and social security card (signed). Each potential student must complete an application in person and be interviewed by a staff member.

6 Esther Ave., Ewing, NJ 08618
Phone: (609) 570-3153
Email: Ashley Johnson johnsoas@mccc.edu or Darius Dove doved@mccc.edu
Web: http://www.mccc.edu/community_youth_jkc_corps.shtml

PACE Center has numerous programs offering youth academic and literacy support, including:

Community House After School Academy (CHASA) is a middle school program where students participate in daily workshops designed to help them build and improve their academic skills in language arts, math, writing and science.

Community House After School Enrichment (CHASE) is a Community House project focused on enabling low income, minority, and first-generation high school students in the Princeton community to overcome the education gap.

Community House SAT Prep provides volunteers who teach Math and English as well as one-on-one tutoring to help high school students develop standardized test-taking skills.

Community House STEAM Summer Camp offers a hands-on curriculum in science, technology, engineering, the arts and math to students in the Princeton community so that they can enhance their knowledge and skills in the STEAM area while discovering a love for science and the arts.

Crossings encourages middle school students to examine issues surrounding diversity, including culture, ethnicity, race, education, gender identity, and religious beliefs.

Generation One helps students navigate the high school experience and prepare to launch into college by providing mentoring, academic tutoring, subject-specific study circles, writing workshops, field trips, college tours and other activities.

For all **PACE Center Programs**, please refer to the information provided below:

201 Frist Campus Center, Princeton, NJ 08544
Phone: (609) 258-7260
Email: pace@princeton.edu
Web: https://pace.princeton.edu/get-involved/pace-programs

PUPP- Princeton University Preparatory Program is a rigorous, academic and cultural enrichment program that supports high-achieving, low-income high school students in the four partnering high schools in the Mercer County, NJ region area: Ewing High School, Lawrence High School, Nottingham High School (Hamilton, NJ) and Trenton Central High School by offering courses in the arts, college preparation, math, science, writing and literature. The tuition-free program prepares participants for admission to and success within colleges and universities.

Emma Bloomberg Center for Access and Opportunity-Princeton University
36 University Pl., Suite 350, Princeton, NJ 08540
Phone: (609) 258-3337
Email: pupp@princeton.edu
Web: www.princeton.edu/pupp/

Princeton Family YMCA

Committed and Faithful Princetonians is a Princeton-based group created to help young people ages 11-18 achieve academic, social and personal goals and overcome obstacles in a safe, uplifting environment.

The *7th Grade Initiative* gives kids an opportunity to learn, grow and thrive by sharing healthy, confidence-building activities and programs in a safe setting. Launched as a collective effort among New Jersey YMCAs in 2008, the 7th Grade Initiative encourages teens to maintain and/or adopt healthy lifestyles at an age when they are beginning to make their own choice regarding health and wellness. The Princeton Family YMCA offers rising seventh graders free YMCA membership as part of the 7th Grade Initiative. Membership includes access to the YMCA including a pool, gymnasium, wellness center featuring cardio and strength equipment, and group exercise classes designed just for youth.

Latinos en Progreso is a partnership between the Princeton Family YMCA and Princeton Public Schools to provide activities and opportunities for Latino youth, ages 11 to 18, and their family members. The group focuses on developing personal goals, finding support from one another, learning about leading healthy lifestyles, and connecting more to the school and the larger community.

Y Scholars is an extracurricular, educational, and team mentoring program that supports underrepresented youth in 5th - 12th grades. It features leadership training, career exploration, character and values development, service-learning opportunities, and support for the college application process. For more information about specific dates and membership information, please call the number below.

For all **Princeton Family YMCA Programs**, please refer to the information provided below:

59 Paul Robeson Place, Princeton, STE 1, NJ 08540
Phone: (609) 497-9622
Web: http://princetonymca.org/

United Way of Greater Mercer County promotes community development through education, access to healthcare, and financial stability. Their education programs offer reading readiness, child literacy improvement, youth development, and teen enrichment. United Way of Greater Mercer County also offers income tax assistance, FAFSA help, credit counseling, debt management, and budgeting education. Services are provided to all Mercer County residents.

3444 Quaker Bridge Rd, Building 3, Suite 101, Hamilton, NJ 08619
Phone: (609) 896-1912
Email: info@uwgmc.org
Web: https://www.uwgmc.org/

5.5 Summer Youth Enrichment Programs (Princeton area)

Arts Council of Princeton offers a wide range of camps with the goal of making art experiences meaningful. Camp programs are offered for ages 5-16. Led by professional artist educators, campers will be guided along the way to achieve individual creative goals while fostering group collaborations in a supportive environment.

102 Witherspoon Street, Princeton, NJ 08540
Phone: (609) 924-8777
Email: info@artscouncilofprinceton.org
Web: https://artscouncilofprinceton.org/classes/

McCarter Theatre Center offers over 200 performances of theater, dance, music, and special events each year. They also offer classes, summer camps, family performances that involve the entire family, and relaxed performances for individuals with autism, learning differences, or other sensory and communication needs.

91 University Place, Princeton, NJ 08540
Phone: (609) 258-2787

Web: https://www.mccarter.org/summercamp

Princeton Recreation Department offers various summer programs to youth including: traditional summer day camps, sports-based summer camps, teen travel camp (grade 6-10), skateboard camp, and youth track camp. Every Thursday in August at the Community Park Pool, *The Red Umbrella* offers children and parents one hour of story time with new and used books to take home.

380 Witherspoon Street, Princeton, NJ 08540
Phone: (609) 921-9480
Web: www.princetonrecreation.com

Princeton University Sports Camps offer sports-specific camps for young athletes. Today, Princeton University hosts over 70 sports camps and clinics annually. All camps are held on the beautiful and historic campus. Overnight campers reside in the University dormitories and enjoy meals in various dining facilities around campus.

Jadwin Gym / Faculty Road, Princeton, NJ 08544
Phone: (609) 258-3369
Email: camps@princeton.edu
Web: www.princetonsportscamps.com

Princeton Family YMCA *Summer Day Camps* include: traditional summer camps, sports-based camps, specialized camp programs, specialty cooking camps, specialty science camps, specialty nature camps, and specialty artistic camps. Financial assistance is available for families who can demonstrate verifiable need on a first come first served basis.

59 Paul Robeson Place, Princeton, NJ 08540
Phone: (609) 497-9622
Web: https://www.gscymca.org/child-care-camps/princeton-camp/

Princeton YWCA *Summer Enrichment Programs at YWCA Princeton* are suitable for children between the ages of 2.5 – 8 years old, and children between the ages of 4-8 years old can participate in the Express YOURSELF and Robotics Enrichment Programs throughout the summer!

59 Paul Robeson Place, Princeton, NJ 08540
Phone: (609) 497-2100
Web: https://www.ywcaprinceton.org/summer-enrichment-programs

The Watershed Institute (*formerly Stony Brook Millstone Watershed Arboretum)* offers a summer camp where campers enjoy a spirited mix of nature, science, play and community. With their 950-acre Watershed Nature Reserve as a natural setting, children explore, engage, and experience the wild world around them.

31 Titus Mill Rd, Pennington, NJ 08534
Phone: (609) 737-3735

Email: camp@thewatershed.org
Web: www.thewatershed.org/camp/

West Windsor Arts offers full-day visual and performing arts Summer Arts camps, as well as Spring Break and Fall Arts camps to get creative and inspired. Camps are held Monday-Friday. West Windsor Arts chooses applicants based on financial need, interest in arts participation, and willingness to contribute to success in the program. To apply for a scholarship, click here.

952 Alexander Road, Princeton Junction, NJ 08550
Phone: (609) 716-1931
Email: info@westwindsorarts.org *or* kirsten@westwindsorarts.org (for camp inquiries)
Web: https://westwindsorarts.org/camps/

5.6 Early Education, Nurseries & Preschool Programs

Cherry Hill Nursery School (CHNS) is a cooperative school owned and operated by the parents of currently enrolled students. While providing quality education to children ages 1 to 5, CHNS allows parents to become engaged in their child's education through active participation and observation. The staff is dedicated to preparing children for early academic achievement and facilitating the development of cognitive, social, and behavioral skills. Parents can apply here and must pay a registration fee. For additional questions, email the registrar or call using the information listed below.

50 Cherry Hill Road, Princeton, NJ 08540
Email: administration@cherryhillnurseryschool.org
Phone: (609) 921-0489
Web: http://cherryhillnurseryschool.org/

Crossroads Nursery School offers a traditional, child-centered, developmentally oriented program for children ages 3 months to 5 years. For most children, the day is broken into three parts and includes: 1) indoor period where they can interact with art material, books, puzzles, etc., 2) snack time followed by a period of rest and reading, and 3) outdoor play to exercise muscles. Please send an email to the address below with your child's name, date of birth, parent contact information and for preschool-age children, your desired schedule (1pm, 3:30pm or 5:30pm pick-up). They will have information on space availability for new families in mid-March. Click here for more information on tuition and class times.

225 Olden Lane, Princeton, NJ 08540
Email: crossroads@ias.edu
Phone: (609) 951-4699
Web: https://crossroads.ias.edu/

Alexander Princeton KinderCare provides childcare and early education programs for children 6 weeks to 6 years old at five locations throughout Mercer County (Hamilton, Lawrenceville, Robbinsville, Ewing, and West Windsor). They also have a summer camp/enrichment program for 5- to 9-year-olds. Lakewood is affiliated with Robert Wood Johnson Health System. An estimated tuition can be calculated here.

707 Alexander Road, Princeton, NJ 08540
Phone: (609) 987-0977
Web: https://www.kindercare.com/our-centers/princeton/nj/302033

Mercer Street Friends Preschool provides free, early childhood education. Each classroom focuses on a thematic area such as music, art, drama, and technology. Enrollment is managed through the Early Childhood Department of the Trenton Board of Education at (609) 656-4900 (ext. 5667) and https://www.trentonk12.org/.

151 Mercer Street, Trenton, NJ 08611
Preschool Phone: (609) 656-5220 *or* (609) 396-1506
Email: info@mercerstreetfriends.org
Web: www.mercerstreetfriends.org/preschool

Nassau Nursery School is a cooperative non-profit and non-sectarian school located within Trinity Church. It has a 2 ½ year old, 3 ½ year old, and junior kindergarten program that nurtures child's emotional, physical, social, and cognitive growth. Fees can be found on their tuition page here.

33 Mercer Street, Princeton, NJ 08540
Phone: (609) 924-0566
Email: nassaunursery@yahoo.com
Web: www.nassaunursery.org

Princeton Community Family Learning Center's *Club School* offers affordable, early education to children from 18 months to 5 years of age. Teachers use a Scholastic-based curriculum to design their lesson plans in a way that fosters emotional, behavioral, and intellectual growth. They offer flexible billing terms and operate year-round. Click here to see the various billing options.

16 All Saints' Road, Princeton, NJ 08540
Phone: (609) 454-3637 *or* 609-558-7694
Email: lori.musa.pcflc@gmail.com
Web: http://www.princetoncflc.com/

Princeton Nursery School is an educational preschool and childcare facility for children between ages 2½ to 5, providing affordable services for low-income families. Spanish speaking staff are available in all classrooms. For more information on application deadlines and services offered, please visit the website below. For tuition assistance, click here.

78 Leigh Ave, Princeton, NJ 8540

Phone: (609) 921-8606
Email: info@princetonnurseryschool.org
Web: www.princetonnurseryschool.org

Princeton YWCA *The Burke Foundation Early Childhood Center at YWCA Princeton* is an educational childcare program for children ages 8 weeks to 6 years old. A bilingual Spanish/English program and multi-cultural English immersion program are also available. Financial aid is available to those who meet eligibility requirements. Click here to apply.

59 Paul Robeson Place, Princeton, NJ 08540
Phone: (609) 497-2100
Web: https://www.ywcaprinceton.org/childcare-princeton

Puerto Rican Community Center provides a bilingual program for children three to five years old. This service is **only** for Trenton residents. This organization offers an English and Spanish speaking teacher in every classroom, bilingual Family Workers, bilingual receptionist, bilingual Director and Administrator.

223 Perry Street, Trenton, NJ 08618
Phone: (609) 392-8787
Web: www.prcc1975.org/

UNow offers affordable, full-day nursery school programs for children three months to five years old. Programs are available during the school year and summer. Financial aid is available to those who meet eligibility requirements.

185 Broadmead, Princeton, NJ 08540
Phone: (609) 258-7280 *or* (609) 258-9600
Email: unow@princeton.edu
Web: https://unow.princeton.edu/

5.7 Language & ESL Classes

The English School provides low-cost, high quality English language instruction to non-native speakers of English in Mercer County. The English School offers 5 levels of English classes as well as individual and small group tutoring. They also offer additional programs for preschoolers, students, and adults.

The Lawrence Road Presbyterian Church
1039 Lawrence Road, Lawrenceville, NJ 08648
Phone: (609) 540-0451
Email: info@theenglishschoollrpc.com
Web: http://www.theenglishschoollrpc.com/

El Centro of Catholic Charities is a program in partnership with the Pace Center for Civic Engagement that provides English classes for adults in Princeton and Trenton regardless of race, gender, or religious affiliation. *El Centro: Trenton* classes take

place Monday through Friday from 5:30pm to 7:00pm at Catholic Charities, Diocese of Trenton. *El Centro: Campus* classes take place at Princeton University on Friday mornings from 9:00-10:00 AM and Saturday afternoons from 2:00-3:30 PM. They offer both a beginner and an advanced class.

383 West State Street
Trenton, NJ 08607-1423
PACE Phone: (609) 258-7260
El Centro Phone: (609) 394-2056
ESL El Centro Web:
https://www.catholiccharitiestrenton.org/services/children-families/
El Centro Web: www.catholiccharitiestrenton.org/locations/el-centro

Mercer County Community College (MCCC) offers English language training programs and English as a Second Language (ESL) for credit and non-credit. For a full course list, please click here.

Nassau Christian Center's *English as a Second Language* program reaches out to internationals in the Princeton community by providing ESL classes free of charge. The class meets during the academic year and includes beginner, intermediate, and advanced English, grammar, writing, reading, conversation and introduction to American culture. Please contact the church office for dates and more information.

26 Nassau St, Princeton, NJ 08542
Phone: (609) 921-0981
Email: worship@nassauchristian.org
Web: http://nassauchristian.org/portfolio/esl/

West Windsor Campus
1200 Old Trenton Road
West Windsor, NJ 08550
Phone: (609) 570-3438
www.mccc.edu/programs_english

James Kerney Campus
102 N. Broad Street
Trenton, NJ 08608
Phone: (609) 570-3185
https://www.mccc.edu/welcome_kerney.shtml

Princeton Adult School offers an English as a Second Language program with multi-skill and conversation classes. They offer beginner, intermediate, and advanced classes for Princeton residents.

Phone: (609) 683-1101 Email: info@princetonadultschool.org
Web: http://www.ssreg.com/princeton/classes/classes.asp?catID=304

Princeton Public Library offers free, walk-in English conversation classes. Classes are open to the public. The library also offers story time in a variety of languages, as well as many language learning materials and resources. Online programs are available through the library and include Mango Languages, Muzzy Languages, and Rosetta Stone.

65 Witherspoon Street, Princeton, NJ 08542

Phone: (609) 924-9529
Web: https://princetonlibrary.org/events/english-language-instruction/

Princeton YWCA offers over 40 ESL classes to those with a variety of language abilities and backgrounds. Classes are available year-round with sessions starting in September, January and July. Short-term classes are also offered at various times during the year. All participants must be YWCA members.

59 Paul Robeson Place, Princeton, NJ 08540
Phone for English Speakers: (609) 497-2100, ext. 306
Phone for Spanish Speakers: (609) 497-2100, ext. 338
Phone for Chinese Speakers (609) 497-2100 ext. 329
Web: https://www.ywcaprinceton.org/esl

SeniorLearn (formerly SeniorNet) provides Latin classes for seniors. SeniorLearn students consistently earn first place in the National Latin Exam. Internet connection and basic computer skills required.

Web: https://seniorlearn.com/

5.8 Literacy Programs

Cotsen Children's Library offers a variety of literacy for children ages 3-17. The children's library also engages in activities and events to promote literacy in children throughout the community. All programs are free and open to the public. Some programs require registration, while others are on a first-come, first-served basis.

Cotsen Children's Library, Princeton University
1 Washington Rd, Princeton, NJ 08544
Phone: (609) 258-1148
Web: www.princeton.edu/cotsen/gallery-programs/our-programs

Literacy New Jersey offers free adult literacy services available in eight counties. Volunteers provide help with reading, writing, math skills, and conversational English. They also have classes in citizenship preparation and digital literacy.

1 N. Johnston Ave., Suite A204, Hamilton, NJ 08609
Phone: (609) 587-6027
Web: https://literacynj.org/

Princeton Public Library has a variety of story times, book clubs, and reading groups for children to adults in English, Spanish (Letra Pequeña, Gente y Cuentos, and Cuentos en Español), Brazilian Portuguese, Chinese, French, German, Italian, Japanese, and Russian.

For young children: https://princetonlibrary.org/kids-and-teens/kids/
For teens: https://princetonlibrary.org/kids-and-teens/teens/

For adults: https://princetonlibrary.org/books-and-more/
65 Witherspoon Street, Princeton, NJ 08542
Phone: (609) 924-9529
Web: www.princetonlibrary.org

5.9 School-age Prevention and Intervention Programs

Princeton Youth Development Program provides treatment and prevention programs for individuals and families facing substance abuse and co-occurring disorders. They also offer leadership programs for high school students to develop peer education, facilitation, and leadership development skills.

1 Monument Drive, Princeton, NJ 08542
Phone: (609) 924-8018
Web: https://www.princetonnj.gov/1490/Princeton-Youth-Development-Programs

HiTOPS teaches an age-appropriate, medically accurate sexual health education to reduce rates of HIV, STIs and unplanned pregnancies. They also address issues of dating violence, sexual assault and gender identity, while striving to reduce incidences of self-harm, physical assault, harassment, and bullying, with particular attention to LGBTQ+ youth. They provide training for teachers, as well as peer education and support groups for students.

300 Witherspoon St, Princeton, NJ 08542
Phone: (609) 683-5155 *or* (609) 453-2555
Web: www.hitops.org

Kidsbridge Tolerance Center is dedicated to providing imaginative, hands-on exhibits and programs that focus on bullying prevention; tolerance & diversity appreciation; empowerment & positive self- and group-esteem; peaceful conflict resolution & respect for all persons; sensitivity for persons with disabilities, addressing gender and LGBT issues; creating a support team; and youth grassroots activism. Programs are available to children and adolescents. Please click here to view the Kidsbridge newsletter.

635 S Clinton Ave, Trenton, NJ
Phone: (609) 695-6274
Email: info@chsofnj.org
Website: https://chsofnj.org/services/school-based-services/kidsbridge/

PEI Kids Education helps young children and their families overcome the trauma of sexual abuse, gang activity, foster care, bullying, etc. They provide intervention services, prevention education, support services, workshops, and support groups.

231 Lawrence Road, Lawrenceville, New Jersey 08648
Phone number: (609) 695-3739
Email: information@peikids.org

Web: www.peikids.org

5.10 Schools: Independent & Developmental Programs

5.10.1 Community, Independent & Nonprofit Schools

Christina Seix Academy is an independent school serving children with single parents. It offers pre-K to 8th grade, with an optional boarding school for 4th through 8th grade. A full scholarship is provided to each student which covers tuition, books, meals, uniforms, transportation etc.

1550 Stuyvesant Ave, Trenton, NJ 08618
Phone: (609) 643-0400
Email: info@christinaseixacademy.org
Web: www.christinaseixacademy.org

Luis Munoz Rivera Community Middle School is a partnership with Mercer Street Friends and the Trenton Board of Education. This unique school program provides a multitude of physical, emotional, and social services and programs for students and families that address non-academic barriers to learning. To view Community School brochure, please click here.

151 Mercer Street, Trenton, NJ 08611
Phone: (609) 396-1506
Email: Info@mercerstreetfriends.org
Web: https://mercerstreetfriends.org/programs/community-schools-initiative/

Mercer County Technical Schools (MCTS)
Part Time Programs: These programs allow high school students to gain greater academic opportunities through hands-on experience in a variety of technical fields.

Career Prep Program is an opportunity for high school seniors to enroll tuition-free in up to 13 credit hours at Mercer County Community College. Participants will receive transferable college credits. To learn more, visit: https://www.mcts.edu/career-prep-courses/

Shared Time Program offers a variety of industry and business programs for junior and seniors including: architecture, automotive, carpentry, cosmetology, criminal science, culinary arts, electrical construction, HVAC, graphic design, landscape design and much more. Students "share time" (split their day) between their high school and the technical school. To learn more, visit: https://www.mcts.edu/academics/shared-time

Full Time Programs: The academies are 4-year programs that allow students to earn college credit and work towards industry credentials while in high school.

Academy of Culinary Arts prepares students for careers in the culinary industry. To learn more, visit: https://www.mcts.edu/academics/culinary-arts-academy.

Health Science Academy prepares students for careers in the health, medical, and biological sciences. To learn more, visit: https://www.mcts.edu/academics/health-science-academy.

STEM Academy prepares students for careers in science, technology, engineering, and math. To learn more, visit: https://www.mcts.edu/academics/stem-academy. Please click here to view course description

For all **MCTS Programs**, please refer to the information provided below:
1085 Old Trenton Road, Trenton, NJ 08690
Phone: (609) 586-5144 *or* (609) 586-2129
Web: www.mcts.edu

5.10.2 Developmental & Specialty Learning Programs

Eden Autism offers early intervention programs for infants and toddlers, individualized education for children 3 to 21 years old, employment training and placement for adults, as well as group residences. They also provide evaluations, assessments, in-home services, resources and support for parents.

2 Merwick Road, Princeton, NJ 08540
Phone: (609) 987-0099
Web: www.edenautism.org

Laurel School Princeton targets the strengths and talents of children in first through eighth grade who have dyslexia. The Laurel School Princeton Campus also serves the surrounding areas of Central NJ and Easter PA. Financial aid is available for families who qualify.

800 North Road, Pennington, NJ 08534
Phone: (609) 566-6000
Email: info@laurelschoolprinceton.org
Web: www.laurelschoolprinceton.org

Learning Ally is a nonprofit school that helps children with dyslexia, visual impairment, and blindness to succeed academically. For more information on reading programs, student empowerment programs and community partnerships, please click here.

20 Roszel Road, Princeton, NJ 08540
Phone: (609) 452-0606 or 1 (800) 221-4792
Web: https://www.learningally.org/

Princeton Child Development Institute provides treatment, education, and mentoring for children and adults with autism ages 2 to 21. For adults they offer a life skills program and a family-focused group home. PCDI provides an Early Intervention Program for children aged 28 months and younger and an educational program for students aged 3 to 21. Enrollment depends on many factors, including diagnosis and the needs of the referred children. However, referrals are always welcome from parents, physicians and school district personnel.

300 Cold Soil Road, Princeton, NJ 08540
Phone: (609) 924-6280
Email: info@pcdi.org
Web: http://www.pcdi.org/

Katzenbach New Jersey's School for the Deaf serves students 16 months to 21 years old and provides a residential program for students who live too far to commute. They also partner with Mercer County Vocational Technology School to provide support services to high school students with hearing impairments. **For enrollment inquiries, please email enrollment@mksd.org**

320 Sullivan Way, Trenton, NJ 08628
Phone: (609) 530-3112 *or* (609) 530-3100
VP: (609) 643-5670
TTY: (609) 530-9035
Web: https://www.nj.gov/education/mksd/

Employment

6.1 Adult Employment

All Access Mental Health (AAMH) *Supported Employment Program* emphasizes the development of work force skills, provides vocational assessment and counseling, resume assistance, job placement, job coaching during employment, and long-term services for individuals with mental health challenges to successfully maintain employment.

819 Alexander Road, Princeton, New Jersey 08540
Phone: (609) 452-2088
Email: info@aamh.org
Web: www.aamh.org

Catholic Charities *Supported Employment Program* helps people who have a mental illness assess their aptitudes and abilities, set realistic goals, and make informed choices regarding employment.

383 West State Street, Trenton, NJ 08607-1423
Phone: (609) 267-9339 ext. 2825 *or* (800) 360-7711
Web: https://www.catholiccharitiestrenton.org/services/mental-health/

Princeton Integrated Behavioral Health

Provides access to mental health and substance use treatment services and can connect individuals to additional services offered by the agency, including food, clothing, housing and comprehensive outpatient mental health care. Services are available to Princeton residents 12 and older. No referrals are needed. Medicaid and all insurance plans accepted. We also accept individuals with no insurance. Learn more here.

Monument Drive, Princeton, NJ 08540
Phone: 800-360-7711
Web: https://www.catholiccharitiestrenton.org/pibh/

Dress for Success empowers women to achieve economic independence by providing a network of support, professional attire and the development tools to help women thrive in work and in life. Client services include suiting, leadership building, employment retention, job training, and career coaching.

3131 Princeton Pike-Building 6-Suite 101, Lawrenceville, NJ 08648
Phone: (609) 896-4112
Email: info@dressforsuccess.org
Web: https://centralnj.dressforsuccess.org

Eden Autism's Employment Program was founded in 1983 to provide employment services for adults with autism. Help provide and arrange secure, center-based work, supported employment, and competitive jobs. Eden W.E.R.C.'s programming focuses on improving communication and language skills, encouraging social and emotional development, and addressing activities of daily living.

2 Merwick Road, Princeton, NJ 08540
Phone: (609) 987-0099
Web: https://edenautism.org/services/eden-adult-day-services/

El Centro of Catholic Charities is a program that provides job training and employment assistance to the Spanish-speaking community in New Jersey.

383 West State Street. Trenton, NJ 08607-1423
Phone: (609) 394-2056
Web: www.catholiccharitiestrenton.org/locations/el-centro

Mercer County Hispanic Association has a community resource center that provides training and assists clients in obtaining and/or accessing better employment opportunities via education and training.

231 Bakers Basin Road, Unit No.5 Lawrence Township, New Jersey 08648
Phone: (609) 578-4246
Web: https://njmecha.org/

Mercer County One Stop provides community members with job search help, resume writing, interviewing assistance, academic and skills assessment, career counseling, use of computers and fax machines, and job training. The office also has a staff dedicated to serving Veterans. For more information contact Eddie Roberts, Jr., Director, at the email listed below.

26 Yard Avenue, Trenton, NJ 08650
Phone: (609) 989-6523
Email: OTES@mercercounty.org
Web: http://www.mercercounty.org/departments/one-stop-career-center

Mercer Street Friends *Work Experience Program/Education Directly Related to Employment Program (CWEP/EDRTE)* assists adults receiving public to enhance and improve their job readiness skills. Each participant is guided through the process of identifying vocational interests, strengths, and potential barriers to employment. Pre-employment education can include adult reading, writing, and math instruction; computer training; job preparedness and job search assistance. During the 16-week program, participants are assigned internships within Mercer Street Friends in order to gain workplace experience in various areas.

222 North Hermitage Avenue Trenton, NJ 08618
Phone: **609-278-6902**
Web: https://mercerstreetfriends.org/programs/adult-basic-education/

New Jersey Community College Consortium *The New Jersey College Promise Program* is the State's commitment to creating an affordable pathway to a college degree. It consists of two life-changing programs used in tandem: the Community College Opportunity Grant (CCOG) and the Garden State Guarantee (GSG) that promise transparent, predictable pricing for up to four years of college here in New Jersey. Based on your income, your degree may be tuition-free!

330 West State Street, Trenton, NJ 08618
Phone: (609) 392-3434
Web: https://www.njcommunitycolleges.org/ccog/

6.2 Youth Employment

Mercer County One Stop Career Center has two youth programs:
Youth Summer Jobs Initiative is for youth ages 16 to 21 who are in school or who have finished school and are seeking summer employment.
Youth Career Connection is for young adults ages 18 to 21-year-olds and seeks to connect them with jobs and career training.

For more information on **Mercer County One Stop,** please see the information below.

26 Yard Avenue, Trenton, NJ 08650
Phone: (609) 989-6523

Web: Mercer County One Stop Career Center

New Jersey Department of Labor and Workforce Development *for Young Workers* provide employment services to youth including, but not limited to, the following: information on obtaining working papers; child labor laws and worker's protection; skillset building; and resume writing guidance.

Department of Labor, 1 John Fitch Plz, Trenton, NJ 08611
Phone: (609) 292-2305
Web: https://nj.gov/labor/youngworkers/

Summer Youth Employment Program is offered by Princeton Human Services and provides employment opportunities to Princeton youth ages 14-17. Students learn resume writing skills, interviewing techniques, and gain valuable experience while expanding their professional network.

One Monument Drive, Princeton, NJ 08542
Phone: (609)-688- 2055
Web: www.princetonnj.gov/755/Summer-Youth-Employment-Program

Food Resources

7.1 Emergency Food Resources

7.1.1 Meals & Pantries Calendar

Princeton/Trenton Area Food Resources

PRINCETON			PRINCETON/TRENTON			
HOT MEAL			**PANTRY**			
	Princeton Kindness Food Project	**Princeton United Methodist Church (Cornerstone)***	**Homefront**	**Arm In Arm**	**Jewish Family & Children Services***	**Bentley Community Svcs (Each family pays a nominal monthly service fee of $85.00 per month, seniors and individuals $60.00)**
Monday	CLOSED	CLOSED	11am-2pm	Princeton:11am-4pm Trenton: 9:30am-12pm	*Our on-site pantry is open twice a week for scheduled pickups, by appointment only.	ONCE PER WEEK "Shop" for food

Tuesday	3:15pm-4:30pm (or until food trays are gone)	CLOSED	3pm-6pm	Princeton:1pm-7pm	-	ONCE PER WEEK "Shop" for food
Wednesday	CLOSED	5pm-6:30pm	CLOSED	11am-4pm Trenton: 9:30am-12pm	-	ONCE PER WEEK "Shop" for food
Thursday	CLOSED	CLOSED	11am-2pm	CLOSED	-	ONCE PER WEEK "Shop" for food
Friday	CLOSED	CLOSED	CLOSED	CLOSED	-	ONCE PER WEEK "Shop" for food
Saturday & Sunday	CLOSED	CLOSED	CLOSED	CLOSED	-	CLOSED

7.1.2 Meals Listing

Princeton Kindness Food Project: Free Food Trays
Days/Hours: Tuesday: 3:15 p.m. - 4:30 p.m.
Locations:
Princeton Family YMCA
59 Paul Robeson Place, Princeton, NJ 08540

The Clubhouse
100 Redding Circle, Princeton, NJ 08540
Phone: (609) 924-1640
Email: prfoodproject@gmail.com
Web: https://princetonkindness.wordpress.com/

Princeton United Methodist Church: *Cornerstone Community Kitchen* (Hot Meal)
Days/Times: Wednesday: 5:00 p.m. – 6:30 p.m.
Location: 7 Vandeventer Ave., Princeton, New Jersey 08542
Phone: (609) 924-2613
Email: cck@princetonumc.org
Web: https://www.princetoncornerstone.com/

Share My Meals Princeton: Healthy Meal Delivery
Location: 120 John Street, Princeton, NJ 08542

Phone: (609) 283 2450
Email: info@sharemymeals.org
Web: https://sharemymeals.org

7.1.3 Pantries Listing

Arm In Arm (Food Pantry): For additional information on food services please click here.
Phone: (609) 396-9355
Email: info@arminarm.org
Web: http://arminarm.org

Trenton (3 Locations)
Location: 48 Hudson St., Trenton, NJ 08609 **Monday and Wednesday: 9:30AM to 12PM**
Location: 123 East Hanover St., Trenton, NJ 08608 (Buses: 603, 604, 606 & 607)
Tuesdays at 9:30 AM to 12 PM
Location: 2751 Brunswick Pike, Lawrence Township 08648 (Mercer County Library)
Mondays at 2 PM to 4 PM

Princeton (1 Location)
Days/Times: **Monday and Wednesday: 11 AM to 4 PM Tuesday: 1 PM to 7 PM**
Location: 61 Nassau Street, Princeton, NJ 08542 (Buses: 605 & 606)
Jewish Family & Children Services (Food Pantry): on-site pantry is open twice a week for scheduled pickups, by appointment only. To schedule an appointment, click here.
Location: 707 Alexander Rd. Suite 102, Princeton, New Jersey
Phone: 609-987-8100 ext.237 to schedule appointment
Español: Llámanos al 609-987-8100 Ext 205
Web: https://www.jfcsonline.org/foodprograms/

Princeton Mobile Food Pantry The mission of the Princeton Mobile Food Pantry, Inc. is to provide food and other support to underserved members of the Princeton, NJ community.
Location: 237 North Harrison Street, Princeton, NJ 08540
Email: info@pmfpantry.org
Web: https://www.pmfpantry.org

7.2 Food Resources (Princeton)

Contact the Department of Human Services in Princeton for food assistance. The following organizations provide meals in Princeton on the days and times listed in the chart.

Arm In Arm (previously *Crisis Ministry of Mercer County*) has three food pantries which provide a variety of shelf-stable foods and fresh foods such as produce, protein and other baked goods. This facility also offers education on healthy foods and how to make grocery shopping cheaper and efficient. Arm In Arm also offers health screenings and provides personal care products.
In Princeton: Nassau Presbyterian Church

61 Nassau St.
In Trenton: 123 E. Hanover St. and 48 Hudson St.
Phone: (609) 396-9355
Web: https://arminarm.org/preventing-hunger/
Pantry: Days/Times: **Monday and Wednesday: 11 AM to 4 PM Tuesday: 1 PM to 7 PM**
Location: 61 Nassau Street, Princeton, NJ 08542

Cornerstone Community Kitchen - the Cornerstone Community Kitchen (CCK) offers a free and nutritious meal every week, even on holidays. Volunteers from the community serve the meal from 5:00 p.m. to 6:30 p.m. on Wednesdays. In partnership with the Trenton Area Soup Kitchen (TASK), this ministry of Princeton United Methodist Church (PUMC) now serves more than 100 people each week. Some come for the food, while some for the fellowship and friendly atmosphere. All are welcome, no questions asked.

Princeton United Methodist Church
7 Vandeventer Avenue, Princeton, New Jersey 08542
Phone: (609) 924-2613
Web: https://www.princetoncornerstone.com/
Day/Time: Wednesday, 5:00 – 6:30PM

Jewish Family and Children's Service – Pantries · JFCS stocks a Kosher food pantry and freezer, which is available by appointment for those in need of food. On-site pantry is open twice a week for scheduled pickups, by appointment only. To schedule an appointment, click here.

Location: 707 Alexander Rd. Suite 102, Princeton, New Jersey
Phone: 609-987-8100 ext.237 to schedule appointment
Español: Llámanos al 609-987-8100 Ext 205
Web: https://www.jfcsonline.org/foodprograms/

Kosher Meals on Wheels - The Kosher Meals on Wheels program is a community lifeline that provides meals to homebound seniors and disabled individuals throughout Northern New Jersey Counties providing nutritionally balanced meals each week. Will deliver meals for people that are homebound.

707 Alexander Road, Princeton, New Jersey 08540
Phone: (609) 987-8100
Email: info@jfcsnnj.org
Web: https://www.jfcsonline.org/foodprograms/

Princeton Kindness Food Project was inspired by the "kindness fridges" of India and Dubai, where community members in need have access to a communal fridge stocked with local donations. The community fridge is supplied with food from the Trenton Area Soup Kitchen (TASK). Individuals are provided prepared and packaged food trays that include labels with expiration dates, ingredients, etc. Those in need can take packaged food from the refrigerator and bring those food trays to their homes, every Tuesday from 3:15 p.m. to 4:30 p.m.

59 Paul Robeson Pl., Princeton, NJ 08540

Phone: (609) 924-1640
Email: prfoodproject@gmail.com
Web: https://princetonkindness.wordpress.com/

Princeton Mobile Food Pantry The mission of the Princeton Mobile Food Pantry, Inc. is to provide food and other support to underserved members of the Princeton, NJ community.

237 North Harrison Street, Princeton, NJ 08540
Email: info@pmfpantry.org
Web: https://www.pmfpantry.org

SHUPP (**Send Hunger Packing Princeton)** has been created to assist children in Princeton with families who are in need of financial support by providing them with weekend food throughout the school district. This program is a partnership between Princeton Human Services and Mercer Street Friends.

1 Monument Hall, Princeton, NJ 08540 | Web: http://www.shupprinceton.org/
Phone: (609) 285-3233 | Email: info@SHUPPrinceton.org

7.3 Food Resources (Mercer County)

Mercer Street Friends is a human service agency that provides assistance to the Mercer County Representatives. They help provide food, and preschool, as well as youth, adult, and parenting programs. The Parenting Program helps families who want to learn parenting skills, how to maintain warm and stable parent-child relationships, and health care routines. Parents are invited to learn and practice a variety of strategies that can be used to take care of themselves and create a safe environment for their children.

Food Bank: 3 Graphics Drive, Ewing, NJ 08628
Phone: (609) 406-0503 *or* (609) 396-1506
Email: Info@mercerstreetfriends.org
Web: http://mercerstreetfriends.org/

Mount Carmel Guild provides emergency food assistance to nearly 8,000 families per year. They also provide food and gifts for Easter, Thanksgiving and Christmas. This program is offered to families who do not earn enough to afford basic necessities such as food and shelter. For services, hours and eligibility requirements, click here.

73 North Clinton Avenue, Trenton, NJ 08609
Phone: (609) 392-5159
Email: information@mtcarmelguild.org
Web: www.mtcarmelguild.org/

SNAP: Supplemental Nutrition Assistance Program (Food Stamps) will provide coupons for purchasing food only for Mercer County residents. A person is eligible depending on one's income, housing, and other resources. Seniors cannot have more than $3,000 in

liquid assets. Check the website provided for a chart of income eligibility. Princeton residents can apply at the Human Services Department located at 1 Monument Drive.

Web: http://www.nj.gov/humanservices/dfd/programs/njsnap/

Phone: 1 (800) 221-5689 *or* (609) 637-4915 SNAP Toll-Free INFO #: 1-800-221-5689 For Case Info: 609-259-5170

Trenton Area Soup Kitchen (TASK) – A private organization that works with volunteers, churches, and businesses to provide assistance to low-income families and individuals. TASK has also conducted a SERVING MEALS program located at the Princeton Site: Dinner is served Wednesdays from 5:00 p.m. to 6:30 p.m. at the Princeton United Methodist Church. For additional community meal sites, click here. They have programs such as serving meals, computer classes, adult tutoring, etc.

72 ½ Escher Street, Trenton, New Jersey 08609 | Phone: (609) 695-5456 ext. 102 or TTY: 800-852- 7899 | Web: www.trentonsoupkitchen.org/meal-service/

7.4 Food Resources (Central NJ)

Bentley Community Services - Participant families come to the BCS food co-operative pantry facility to shop weekly and pick up food provisions, basic needs products and other essential items.

Distribution facility: 3562 Route 27, #106, Kendall Park, NJ 08824

Phone: (908) 227-0684

Email: dorothy@bentleycommunityservices.org *or*
brant@bentleycommunityservices.org

Web: https://bentleycommunityservices.org

Former Inmate Re-Entry Resources

8.1 Legal Assistance for Former Inmates

American Civil Liberties Union (ACLU) of New Jersey deals with cases involving violations of civil liberties such as freedom of speech or censorship, illegal discrimination, police brutality, criminal and juvenile justice, privacy, student and youth rights, and inhumane jail and prison conditions. You can file a complaint in English and Spanish here.

P.O. Box 32159, Newark, NJ 07102
Phone: (973) 642-2084
Email: info@aclu-nj.org
Web: www.aclu-nj.org

Centurion Ministries is a nonprofit with a national network of attorneys and forensic experts who assist those who have been wrongly convicted. They also assist clients, once they are freed, with reintegration.

1000 Herrontown Rd, Princeton, NJ 08540
Phone: (609) 921-0334
Email: info@centurion.org
Web: www.centurionministries.org

Criminal Record Repository can help you obtain a copy of your criminal record history so you can check and correct any information. Some arrests and convictions can be expunged from your record.

State Section of Identification, Records and Identification Bureau
New Jersey State Police
P.O. Box 7068, West Trenton, NJ 08628
Phone: (609) 882-2000, ext. 2918
Email: CIU@gw.njsp.org | Website: http://www.njsp.org/criminal-history-records/#instruct

Last Resort Exoneration Project at Seton Hall University School of Law offers free investigative and legal services to innocent residents of New Jersey who have been falsely convicted of a crime.

Seton Hall University School of Law
One Newark Center, Newark, NJ 07102
Phone: (973) 642-8087 or (973) 761-9000 ext. 8087
Email: lesley.risinger@shu.edu
Web: http://law.shu.edu/exoneration-project/index.cfm

8.2 Reintegration Assistance for Former Inmates and Juveniles

Catholic Charities Milepost Program (*formerly the Juvenile Intervention Program*) provides treatment and support services for high-risk children and youth who have demonstrated sexually assaultive or potentially assaultive behavior.

1670 Whitehorse-Hamilton Square Rd, Hamilton, NJ 08619
Phone: (609) 586-4123
Web: https://www.catholiccharitiestrenton.org/locations/mercer-county

Mercer County One Stop Career Center provides employment training and job search assistance as well as helping with driver's license restoration. Former inmates also have access to the *Workforce Learning Link*, which provides adult learners with instruction in reading, writing, math, communication, financial literacy, job search, employability, and life skills.

26 Yard Avenue, Trenton, NJ 08650
Phone: (609) 989-6523
Email: OTES@mercercounty.org
Web: http://www.mercercounty.org/departments/one-stop-career-center

The Mercer County Smart Book: A Resource Guide for Returning Home is an invaluable resource for individuals transitioning back into the community after incarceration or preparing for release. It includes a post-release checklist along with practical guidance on

securing employment, addressing record-clearing processes, and applying for various support services.

Web: https://www.princetonnj.gov/DocumentCenter/View/19133

NeighborCorps Reentry Services provides free, supportive services that help inmates transition back into society and find work. NeighborCorps will visit individuals while they are in jail and help provide support for their family members.

19 S. 2nd Avenue, Highland Park, NJ 08904
Phone: (732) 675-1452
Email: NeighborCorps@gmail.com *or* Austin at austin.neighborcorps@gmail.com
Web: http://neighborcorpsreentry.org/participants

New Jersey Association on Correction is a non-profit organization that provides residential re-entry programming; HIV/AIDS discharge planning, domestic violence safe shelters and non-residential support services; subsidized permanent housing program; residential housing for HIV/AIDS infected men; permanent housing for formerly incarcerated, homeless and disabled women; and self-sufficiency and employment programming. Their residential facility in Mercer County is Clinton House, a 40-bed residential pre-release program in Trenton for adult males.

986 South Broad Street, Trenton, NJ 08611
Phone: (609) 396-8900
Web: https://njaconline.org/

New Jersey Department of Corrections Office of Transitional Services has programs to help former inmates transition back into society by connecting them with social services, anger management, family reunification, and obtaining employment.

Whittlesey Rd., P.O. Box 863, Trenton, NJ 08625
Phone: (609) 826-5632
Web: https://www.nj.gov/corrections/pages/ots.html

The New Jersey State Parole Board's Division of Community Programs develops, coordinates, and manages a range of treatment and support services for individuals on parole. Programs include Community Resource Centers, the Reentry Substance Abuse Program (RESAP), Stages to Enhance Parolee Success (STEPS) residential programs, and the Mutual Agreement Program, all designed to support successful reentry and community integration.

Web: https://www.nj.gov/parole/functions/community-programs/

Oaks Integrated provides jail diversion and correctional case management to divert nonviolent mental health clients from the jail system in Burlington, Camden, and Mercer counties to appropriate mental health services. They also offer supportive housing, homelessness prevention, and family support services.

770 Woodlane Road, Mount Holly, NJ, 08060
Phone: 1 (800) 963-3377 *or* (609) 267-5928
Web: https://oaksintcare.org/services/adult-services/adult-support/

Volunteers of America's Correctional and Re-Entry Services provides halfway houses and work-release programs, day reporting, diversion and pre-trial services, residential treatment, case management, family support services, dispute resolution, and mediation services to reduce the risk of re-offending.

Volunteers of America Delaware Valley
531 Market Street, Camden, NJ 08102
Phone: (856) 854-4660
Email: info@voadv.org
Web: https://www.voadv.org/services/reentryservices/

Health Services

9.1 Health Services

Contact the Department of Human Services in Princeton for assistance in seeking health services.

Capital Health provides comprehensive, quality healthcare services to improve and sustain the health status of the residents primarily in Central New Jersey. For more information on locations and services offered, please see Capital Health in *Abuse, Addiction & Mental Health Services (Central NJ)*

300 Witherspoon Street, Suite 103 Princeton, NJ 08542
Phone: 609-303-4600

Center for Modern Aging Princeton *(formerly Princeton Senior Resource Center)* offers various health screenings, health fairs and flu/pneumonia vaccines as well as organized events for senior citizens.

45 Stockton Street, Princeton, New Jersey 08540 (The Suzanne Patterson Building)
Phone: (609) 751-9699
Email: info@cmaprinceton.org
Web: www.cmaprinceton.org/

Henry J. Austin Health Center FQHC provides quality, community-based, affordable, accessible primary health care and dental services in a culturally sensitive manner with respect and dignity.

321 North Warren Street, Trenton, New Jersey 08618
Phone: (609) 278-5900
Email: info@henryjaustin.org
Web: www.henryjaustin.org

Lawrence Rehabilitation Hospital provides physical rehabilitation on both an inpatient and outpatient basis. Services include physical and occupational therapy, speech therapy, therapeutic recreation, as well as social and psychological services. Uninsured patients are generally given financial assistance and underinsured patients may be eligible for payment using a sliding scale based on their income.

2381 Lawrenceville Road, Lawrenceville, NJ 08648
Phone: (609) 896-9500
Email: admissions@lawrencerehabhospital.com
Web: https://lawrencerehabhospital.com/

Medina Health Center offers quality health services, focusing on specialty healthcare, to uninsured members of the community at no cost. This facility specializes in cardiology, endocrinology, infectious diseases, podiatry, psychotherapy/mental health counseling, urology, and much more. Eligible clients must be uninsured and over 18 years old. Patients must first be seen by a Primary Care Provider. For more information, please contact their Patient Care Navigator, Judith Hamilton.

828 N Olden Ave., Suite #2, Trenton, NJ 08638
Phone: (609) 323-5159
Email: pcn@medincahealthcare.org
Web: http://medinahealthcare.org/

Mercer Street Friends Family Centered Services includes targeted outreach to engage participants for services/activities such as pregnancy testing, health insurance enrollment, various health screenings, referrals, parenting support, Safe Sleep education, the distribution of personal care items, and more.

151 Mercer Street, Trenton, New Jersey 08611
Phone: (609) 396-1506
Web: https://mercerstreetfriends.org/programs/family-centered-services/

Mercer Street Friends Healthy Families TIP Program is a home visiting program that works with women who are pregnant or have a child up to 14 days old and who are living in the West and East wards of the city of Trenton and Mercer County who are receiving TANF benefits. Parent Child Center works with women who live in the West Ward of the City of Trenton who are pregnant or have children under the age of 5 and it provides services that include pregnancy testing, case management developmental screening etc.

151 Mercer Street, Trenton, New Jersey 08611
Phone: (609) 396-1506
Web: https://mercerstreetfriends.org/programs/home-visiting-services/

Merwick Care Center offers short-term rehabilitation, and short-term care services (medical and surgical recovery, physical and occupational therapy, speech therapy, orthopedic care, cardiac care, IV therapy/Total, Parenteral Nutrition, wound care management, hemo-dialysis outpatient program) along with their long-term care services (Skilled nursing care, palliative care, pain management, respite care, hospice care). They accept Medicare and most major health insurance plans.

100 Plainsboro Rd, Plainsboro, New Jersey 08536
Phone: (609) 759-6000
Web: https://merwickrehab.com/

Penn Medicine-Princeton Health comprehensive healthcare system in New Jersey. Their full continuum of care includes acute care hospital services, behavioral healthcare, acute rehabilitation, home care, hospice care, ambulatory surgery, and fitness and wellness services.

1 Plainsboro Road, Plainsboro, NJ 08536
Phone: (609) 853-7000 | Web: https://www.princetonhcs.org/

Planned Parenthood delivers information on reproductive health care, sex education to women, men, and young people worldwide.

Web: https://www.plannedparenthood.org/planned-parenthood-northern-central-southern-new-jersey

Location: Trenton
437 East State Street, Trenton, NJ 08608

Phone: (609) 337-1275

Web: https://www.plannedparenthood.org/new-jersey/trenton

Location: Hamilton
2279 State Highway 33, Golden Crest Corporate Center, Suite 510, Hamilton Square, New Jersey 08690
Phone: (833) 377-8474
Web: https://www.plannedparenthood.org/health-center/new-jersey/hamilton-square

Princeton YWCA *Breast Cancer Resource Center* provides free programs to help woman through the entire breast cancer journey. They offer support groups, a wig and prosthesis boutique, a mind/body wellness program, and an education outreach program. Participants do NOT need to be a member of YWCA Princeton to utilize these services.

59 Paul Robeson Place, Princeton, NJ 08540
Phone: (609) 497-2100
Web: https://www.ywcaprinceton.org/bcrc

Senior Care Services of Greater Princeton engages volunteers to assist home-bound seniors to age gracefully in place and to preserve their independence by providing transportation, food shopping and friendly visits. Services are free of charge.

P.O. Box 1517, Princeton, New Jersey 08542
Phone: (609) 921-8888
Email: info@seniorcareservicesgp.org
Web: https://seniorcareservicesgp.org/

Penn Medicine-Princeton Health
One Plainsboro Road, Plainsboro, New Jersey 08536
Phone: (609) 853-7000
Website: https://www.princetonhcs.org/

Women, Infant and Children (WIC) provides supplemental nutritious foods to pregnant, breastfeeding and postpartum women, infants and children up to the age of five. WIC services include nutrition education and counseling, breastfeeding promotion and support, immunization screening and health care referrals. For hours and locations, click here.

1440 Parkside Avenue, Ewing, NJ 08638
Phone: (609) 498-7755 | Email: info@chsofnj.org
Office Hours: Monday - Friday 9:00 a.m. - 5:00 pm
Web: https://chsofnj.org/services/maternal-child-health-family-success-centers/chsofnj-mercer-county-wic-program/

Zufall Health provides access to quality, affordable and culturally responsive health care to people and communities who experience barriers to care.

1 Plainsboro Road, Plainsboro, NJ 08536
Phone: (609) 853-7600
Web: https://www.zufallhealth.org/

Legal Services and Immigration

10.1 Legal Services and Immigration (Princeton)

Contact the Department of Human Services in Princeton for assistance in legal services, immigration or seeking help.

Centurion Ministries is a nonprofit in Princeton that is committed to freeing the innocent in prison. Over the past thirty-five years Centurion has freed fifty men and three women who were wrongly incarcerated, factually innocent, and collectively served 1083 years in maximum security prisons for crimes they did not commit.

1000 Herrontown Road, Princeton, New Jersey 08540
Phone: (609) 921-0334
Email: info@centurion.org
Web: https://centurion.org/

Latin American Legal Defense & Education Fund (LALDEF) is a nonprofit organization formed to defend the civil rights of Latin Americans, and facilitate their access to health care and education, as well as to advance cross-cultural understanding in the Mercer County regional area.

714-716 S. Clinton Avenue, Trenton, NJ 08611
Phone: (609) 688-0881
Email: info@laldef.org
Web: www.laldef.org

Princeton Public Library provides citizenship classes and an "Ask a Lawyer" program which is co-sponsored by the library, the Latin American Task Force, Princeton Housing Authority and the Mercer County Bar Association. Visit the events page to view upcoming dates.

65 Witherspoon Street, Princeton, NJ 08542
Phone: (609) 924-9529
Web: www.princetonlibrary.org

10.2 Legal Services and Immigration (Mercer County)

Central Jersey Legal Services is a nonprofit law firm that offers free legal help in civil (non-criminal) cases for low-income residents of Mercer, Middlesex and Union Counties. They provide information, advice, and representation to individuals who have a legal problem but cannot afford an attorney.

198 West State Street, Trenton, NJ 08608
Phone: (609) 695-6249
Web: http://centraljerseylegalservices.org

Community Health Law Project (CHLP) represents the elderly and disabled who are unable to afford the services of private attorneys. CHLP attorneys, social service advocates and volunteers serve vulnerable people who are in crisis and at risk of losing their homes, their health care and other essential components of their lives. CHLP also has a Civil Rights and Fair Housing Litigation which resulted in over 3,000 apartments and condominiums in New Jersey.

3635 Quakerbridge Road, Suite 14, Hamilton, NJ 08619
Phone: (609) 392-5553
Email: Trenton@chlp.org
Web: www.chlp.org

Community Justice Center provides legal assistance for disabled, low-income people and veterans, including help for veterans obtaining social security benefits.

310 W. State St., Trenton, New Jersey 08618
Phone: (609) 218-5120
Web: www.nj-communityjusticecenter.org/

El Centro of Catholic Charities provides Legal assistance specializing in Deferred Action for Childhood Arrivals (DACA), Naturalization/Citizenship, Temporary Protected Status (TPS), U Visas, etc.

327 S. Broad St. Trenton, NJ 08608
Phone: (609) 394-2056
Web: https://www.catholiccharitiestrenton.org/locations/el-centro/

Mercer County Hispanic Association (MECHA) is a private non-profit organization that is dedicated in provided services to the Latino population of Mercer County. The organization and its individuals are dedicated in providing, advocating, and access services to assist the Latino Community.

231 Bakers Basin Road, Unit No.5, Lawrence Township, NJ 08648
Phone: (609) 587-4246 or (609)-578-4249

Web: https://njmecha.org

Mercer County Legal Services Project for the Elderly provides legal advice and/or representation in fee collection matters: power of attorney, wills for small estates, Social Security and Medicare issues, consumer issues, tenants' rights, divorces, property issues.

198 West State Street, Trenton, NJ 08608
Phone: (609) 695-6249
Web: https://www.mercercounty.org/departments/county-connection

New Jersey Office of New Americans was created to better serve the diverse immigrant communities that call New Jersey home.

P.O. Box 0700, 222 South Warren Street, Trenton, NJ 08625
Email: ona@dhs.nj.gov

Victim/Witness Advocacy Program is a program run by Mercer County Prosecutor's Office who assists people who are victims of violent crimes. They serve as a liaison for people needing assistance who are victims of crime and want compensation.

209 South Broad Street, Third Floor, Trenton, NJ 08608
Phone: (609) 989-6351
Victims of domestic violence, call (609) 989-6810
Web: https://mercercountyprosecutor.com/victim-witness-services/

Senior Services

11.1 Alzheimer and Memory Care Services

Oaks Integrated Senior Well-Being Program
The Senior Well-Being Program offers a series of interactive workshops, presentations and supports groups to adults ages 60 and older and caregivers on a variety of topics related to mental health and wellness. The program also provides short-term assessment, consultation and referrals for older adults or caregivers who may need to access mental health or other resources.

770 Woodlane Road, Mount Holly, NJ, 08060
Phone: 1 (800) 963-3377 *or* (609) 267-5928
Web: https://oaksintcare.org/services/adult-services/adult-support/

Project Lifesaver - Outfits eligible residents suffering from Alzheimer's disease or other illnesses that may cause wandering with tracking bracelets. The bracelet transmits a signal to a radio receiver in the event that the wearer becomes lost.

Phone: (877) 580-LIFE (5433)
Web: http://www.projectlifesaver.org/

Safe Return Program for Wanderers - A Program of the Alzheimer's Association and MedicAlert. There is a fee for the bracelet plus an annual fee. MedicAlert + Alzheimer's Association Safe Return is a 24-hour nationwide emergency response service for

individuals with Alzheimer's or a related dementia who wander or have a medical emergency. They provide 24-hour assistance, no matter when or where the person is reported missing.

Phone: (888) 572-8566 to register for the program
24/7 Helpline: 1 (800) 272-3900
Web: https://www.alz.org/help-support/caregiving/safety/medicalert-with-24-7-wandering-support

11.2 Senior & Assisted Living Facilities (Mercer County)

Contact the Department of Human Services in Princeton for information and assistance regarding senior housing and assisted living facilities.

Serenade at Princeton is a senior living facility that offers 24-hour personal care, luxury apartments, weekly cleaning services, and assistance for individuals with Alzheimer's as well as seniors who are temporarily recovering from surgery.

775 Mt. Lucas Road, Princeton, NJ 08540
Phone: (609) 454-6368
Email: info@brandycare.com
Web: https://www.brandycare.com/our-communities/serenade-at-princeton/

Greenwood House for Jewish Aged offers rehabilitation services, skilled nursing, assisted living, homecare services, and hospice care based on Jewish traditions and values, and are available to those of all faiths. They also provide Kosher "Meals on Wheels" to local seniors outside of the facility who are homebound, chronically ill, convalescent, or disabled.

53 Walter St,
Ewing, NJ, 08628
Phone: (609) 756-2974
Web: www.greenwoodhouse.org

The Meadows at Lawrence is a senior living center with two forms of housing: *St. Mary's Assisted and Residential Living* offers its residents private apartments with nursing assistance from independent to comprehensive care, and *St. Joseph's Skilled Nursing Center* that is dedicated to providing long-term, 24-hour clinical services alongside St. Lawrence Rehabilitation Center (a nonprofit physical rehabilitation hospital). This nursing center assigns permanent care and residential living.

1 Bishops' Drive
Lawrenceville, NJ 08648
Phone: (609) 913-3298 *or* (800) 960-4524 *Guest Services*
Email: admissions@meadowsatlawrence.com
Web: https://meadowsatlawrence.com/

11.3 Senior Education and Enrichment Programs

Evergreen Forum is a program of the Center for Modern Aging Princeton that provides small discussion groups on a variety of books and topics. A small fee applies, but financial assistance is available.

45 Stockton Street, Princeton, NJ 08540
Phone: (609) 751-9699
Email: info@cmaprinceton.org
Web: https://cmaprinceton.org/evergreen-forum/

Osher Lifelong Learning Institute at Rutgers University (OLLI-RU) is for individuals over 50 to learn in an engaging environment. OLLI-RU offers noncredit education that is friendly and informal with no tests and no grades.

3 Rutgers Plaza, New Brunswick, NJ 08901
Phone: (848) 932-OLLI (6554)
Email: olliru@docs.rutgers.edu
Web: http://olliru.rutgers.edu

Let's Talk in English! is a program of the Princeton Senior Resource Center to facilitate English conversation. Speakers of other languages meet weekly to discuss a pre-selected topic.

179 Spruce Circle, Princeton, NJ 08540
Phone: (609) 252-2362
Web: https://cmaprinceton.org/bilingual/

Center for Modern Aging Princeton is the "go-to-place" for aging adults and their families to find support, guidance, and educational programs to help navigate life transitions. Some programs include social and recreational activities, health and fitness classes, educational and enrichment programs, retirement planning and re-employment programs, and volunteer activities. There is no paid membership required and it is open to all in the greater Princeton area.

45 Stockton Street, Princeton, NJ 08540
Phone: (609) 751-9699
Email: info@cmaprinceton.org
Web: https://cmaprinceton.org/

SeniorLearn (formerly SeniorNet) provides online book clubs and Latin learning opportunities for seniors. Internet connection required. SeniorLearn students consistently earn first place in the National Latin Exam.

Web: https://seniorlearn.com/

11.4 Senior Centers (Mercer County)

Senior Centers are a focal point in the community providing a wealth of information to seniors. Services provided include information and referral, counseling, program activities social and educational. Hours vary. For information, visit https://cmaprinceton.org/

Senior Center	Address	Phone
Center for Modern Aging Princeton, Suzanne Patterson Building	45 Stockton Street, Princeton, NJ 08540	609-751-9699
Center For Modern Aging Princeton, The Nancy S. Klath Center for Lifelong Learning	101 Poor Farm Road, Building B Princeton, NJ 08540	609-751-9699
E.C.H.O, Inc.	471 Parkway, Trenton, NJ 08618	609-695-4151
Ewing Senior and Community Center (ESCC)	999 Lower Ferry Rd, Ewing, NJ 08628	609-883-1776
Hamilton Township Senior Center	409 Cypress Lane, Hamilton, NJ 08619	609-890-3686
Lawrence Township Senior Center	30 Darrah Lane, Lawrenceville, NJ 08648	609-844-7048
Plainsboro Senior Center	641 Plainsboro Road, Plainsboro, NJ 08536	609-799-0909
West Windsor Senior Center	271 Clarksville Road, West Windsor NJ 08550	609-799-9068

Transportation

12.1 Transportation

***Contact the Department of Human Services in Princeton for assistance in transportation.*

Access Link offers people with disabilities paratransit service which is comparable to the local bus service. Mini-buses and wheelchair-accessible vans are used. Each person must be certified at one of the NJ Transit Access Link certifying agencies.

Phone: (973) 491-4224
Web: https://www.njtransit.com/accessibility/access-link-ada-paratransit

Free Bus Service provides midday transportation around Princeton on a fixed route. This service is provided to the community free of charge and is open to people of all ages and abilities. Click here for the commuter bus schedule.

Phone: (609) 452-1491
Web: https://www.princetonnj.gov/578/Getting-Around-Princeton

Mercer County TRADE supports eligible county residents who require transportation to maintain their health, improve their financial status, utilize various public and private programs and services (medical, therapeutic, recreational) and access other needed

community resources. TRADE also provides non-emergency transportation to residents of Mercer County who are elderly and to people with disabilities.
Transportation Resources to Aid the Disadvantaged and Elderly

300 Scotch Road, Trenton, NJ 08628
Phone: (609) 530-1971
Web: https://www.mercercounty.org/departments/human-services/aging-disability-resource-connection/trade-division

RideProvide *a program of Greater Mercer TMA* is a community based non-profit transportation service for seniors 65 and over and visually impaired adults residing in Mercer County, Plainsboro and the southern portion of Montgomery NJ. RideProvide helps members maintain their independence and reduces isolation by providing a safe, reliable transportation option.

RideProvide's caring and professional drivers offer door-to-door transportation in the comfort of a private vehicle, on weekdays, throughout our service area. Our goal is to offer ease, mobility and comfort for our members.

15 Roszel Rd. South, Suite 101, Princeton, NJ 08540
Phone: (609) 452-5140
Email: info@rideprovide.org
Web: https://rideprovide.org/

NJ Transit Bus System - There are several buses including No. 606 (to Hamilton Marketplace and to Princeton), and 605 (to Princeton/Montgomery and to Quaker Bridge Mall). 606 Schedule
and 605 Schedule.

MYBUS: The "mybus" service indicates the times that the next 3-6 buses are scheduled to arrive at a particular bus stop. NJ Transit has assigned each NJ transit bus stop a unique 5 digit number. The bus stop number is printed on a metal sign on the bus stop pole. MyBus can be used either by texting or calling NJ Transit.

Web: https://www.njtransit.com/my-bus-to
New Jersey Transit:
Web:https://www.njtransit.com/busto Phone: (973) 275-5555

TigerTransit is a free shuttle operated by Princeton University. The buses are available to anyone and offer transportation around the campus and throughout downtown Princeton. Please see the website below for a detailed map of each route.

Web: https://transportation.princeton.edu/getting-around/tigertransit

Veteran's Assistance Programs

13.1 Veterans Services Guides

- New Jersey Veterans and Families Resource Guide
  https://www.nj.gov/military/assets/documents
- New Jersey Veterans Benefits Guide
  https://www.nj.gov/military/assets/documents/benefitsguide.pdf
- Trenton Vet Center Services Guide
  https://www.hamiltonnj.com/DocumentCenter/View/1406/Trenton-Veteran-Center-Services-Guide-PDF?bidId=
- Veterans Benefits Administrator - Advantages A - Z Guide Link

13.2 Reintegration Assistance for Veterans

Community Hope provides homeless prevention programs, case management, and temporary financial assistance to low-income veterans and veteran families in Bergen, Burlington, Essex, Hudson, Hunterdon, Mercer, Middlesex, Monmouth, Morris, Ocean, Passaic, Somerset, Sussex, Union and Warren County. For referrals to the Supportive Services for Veteran Families Program, homeless and at-risk veterans and veteran families can contact the 24-hour Referral Hotline at (855) 483-8466.

959 Route 46 East, Suite 402, Parsippany, NJ 07054
Phone: (973) 463-9600
Email: ssvf@communityhope-nj.org
Web: https://www.communityhope-nj.org/supportive-services-for-veterans-families.php

Department of Military and Veteran Affairs-NJ is a portal to assist New Jersey's Veterans in obtaining the information they need to access benefits and services more efficiently and effectively.

101 Eggerts Crossing Road, Lawrenceville, NJ 08648
Phone: (888) 865-8387
Email: vbb@dmava.nj.gov
Web for Military: https://www.nj.gov/military/
Web for Veterans: https://www.nj.gov/dva/

Mercer County Affordable Housing Veterans Residence provides rental units for low-income veterans. The rental property is located at 2280 Hamilton Ave., Hamilton, NJ 08619. For more information, visit:

For eligibility and requirements, download the PDF handbook at:
https://www.mercercounty.org/home/showdocument?id=982
To view the application, download a PDF copy at:
https://www.mercercounty.org/home/showdocument?id=980
For more information, contact the Mercer County Affordable Housing Program at:
640 South Broad Street, Trenton, NJ 08611

Phone: (609) 989-6858
Fax (609) 989-0306
Email: housing@mercercounty.org
Web: https://www.mercercounty.org/departments/veteran-housing

Mercer County Community College (MCCC) has a Veteran's Resource Center to ensure that veteran, military, and dependent students are successful at MCCC.
Military and Veterans Lounge, West Windsor Campus
1200 Old Trenton Road, Room SC200, West Windsor, NJ 08550
Phone: (609) 586-4800
Email: vets@mccc.edu
Website: www.mccc.edu/student_services_veterans.shtml

Mercer County Office of Veteran Services provides resources and referrals including medical transportation, readjustment counseling, affordable housing, and a veteran's clinic.
Joyce McDade Administration Building, 209 S. Broad St., Trenton, NJ 08611
Phone: (609) 989-6120
Web: http://www.mercercounty.org/departments/veteran-services

Mercer County One-Stop Career Center has dedicated staff to help veterans find and prepare for employment. Services include employment counseling and training, resume and cover letter review, interview assistance, and information on federal programs for veterans.
Mercer County Administration Building
26 Yard Avenue, Building 4, Trenton, New Jersey 08625-0954
Phone: (609) 292-0620
Web: https://www.nj.gov/labor/career-services/special-services/veterans/

Trenton Vet Center provides individual, group and marriage counseling; screenings; referrals; and employment assistance. All services provided to veterans and their families are at no cost. Please see the website below for center hours and additional contact information.
934 Parkway Ave. Suite 201, Ewing, NJ 08618
Phone: (609) 882-5744
Web: https://www.va.gov/directory/guide/facility.asp?ID=5094

APPENDIX D: PRINCETON HEALTHCARE ROADMAP

HEALTHCARE ROADMAP:

Your Guide to Navigating Healthcare Resources



Free/low-cost health services for people who are under/uninsured.

MUNICIPALITY OF PRINCETON

Princeton Health Department
(609) 497-7608

English / Español

Revised November 2025

LIBRO DE ATENCIÓN MÉDICA:

Su guía para manejarse por los recursos de atención médica



Servicios de salud gratuitos/de bajo costo para personas con seguro insuficiente/no seguro.

MUNICIPALITY OF PRINCETON

Departamento de salud de Princeton
(609) 497-7608

English / Español

Revisado noviembre de 2025

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TERMINOLOGY

Dental care
To help a patient have clean and healthy mouth, teeth, and gums.

Family planning
Services that help families on their decision to have or not have children by giving education, counseling, and birth control options.

Mental/behavioral health care
To take care of people with mental health challenges and drug and alcohol addictions.

Primary care
To help a patient take care of their entire body by giving check-ups, caring for sicknesses, teaching how to live a healthy life, and sending patients to other doctors, nurses, clinics, and hospitals for extra care.

Preventive care
To stop sicknesses like the flu from happening to a patient. It often includes shots, testing, and check-ups.

Reproductive health care
To support the health of a person's body parts that create children.

Specialty care
To take care of a patient with specific health problems. For example, a skin doctor (also known as a dermatologist) can help a patient with a rash.

Definition words and phrases were found on the CDC's Everyday Words for Public Health Communication index: https://tools.cdc.gov/ewapi/termsearch.html

TERMINOLOGÍA

Atención dental
Ayudar a un paciente a tener la boca, los dientes, y las encías limpios y sanos.

Planificación familiar
Servicios que ayudan a las familias en su decisión de tener o no tener hijos al brindar educación, asesoramiento, y opciones del métodos anticonceptivos.

Atención mental/conductal
Atender a personas con problemas de salud mental y addiciones a las drogas y el alcohol.

Atención primaria
Ayudar a un paciente a cuidar de todo su cuerpo realizando chequeos, cuidando a enfermedades, enseñando a vivir una vida saludable, y enviando pacientes a otros médicos, enfermeras, clínicas, y hospitales para más cuidado.

Atención preventiva
Para evitar que enfermedades como la gripe le sucedan a un paciente. A menudo incluye inyecciones, pruebas, y chequeos.

Atención de salud reproductiva
Para apoyar la salud de las partes del cuerpo de una persona que crean los niños.

Atención especializada
Para atender a un paciente con problemas salud específicos. Por ejemplo, un médico de la piel puede ayudar a un paciente con un sarpullido.

Se encontraron las palabras y frases de deficinicón en el índice de CDC's Everyday Words for Public Health Communication: https://tools.cdc.gov/ewapi/termsearch.html

COVERAGE AND INSURACE OPTIONS

NJ FAMILY CARE

(INCLUDES: CHIP, MEDICAID, AND MEDICAID EXPANSION)

NJ Family Care is a health insurance program for NJ residents of any age who qualify for free or low-cost healthcare coverage. The type of care and insurance options depend on age, household income, and family size. Children under 19 years old are eligible, regardless of their immigration status. To learn more, call **1-800-701-0710** or **click here to visit the NJ Family Care website**.

Click Here to Apply Online
or Scan the QR Code

MEDICARE

Medicare is a health insurance program that is for people who are 65 years old and older or younger people who are on dialysis or have a disability. To learn more, call **1-800-633-4227** or **click here to visit the Medicare website.**

Click Here to Enroll Online
or Scan the QR Code

PRIVATE INSURANCE

Families and individuals can buy healthcare coverage called a private insurance plan. In some cases, people are eligible to enroll in private insurance plans through their employer or it can be purchased using NJ's Health Insurance Marketplace.

Click Here to Access the Online Marketplace
or Scan the QR Code

OPCIONES DE COBERTURA Y SEGURO

NJ FAMILY CARE

(INCLUYE: CHIP, MEDICAID, Y LA EXPANSIÓN DE MEDICAID)

NJ Family Care es un programa de seguro médico para los residentes de NJ de algún edad quien calificado a atención médica gratuita o costo reducido. El tipo de atención y opciones de seguro depende de la edad, ingreso de hogar, y número de personas en su hogar. Los niños menores de 19 años son elegibles, independientemente de su estatus migratorio. Para obtener más información, llame al **1-800-701-0710** o **haga clic aquí para visitar el sitio web de NJ Family Care.**

Haga clic aquí para aplicar en línea
o escanee el código de QR

MEDICARE

Medicare es un programa de seguro médico disponible para personas mayores de 65 años o menores que se someten a diálisis o tienen una discapacidad. Para obtener más información, llame al **1-800-633-4227** or **haga clic aquí para visitar el sitio web de Medicare.**

Haga clic aquí para aplicar en línea
o escanee el código de QR

SEGURO PRIVADO

Familias y individuos pueden comprar cobertura de atención médica llamada un plan de seguro privado. En algunos casos, las personas son elegibles para inscribirse en planes de seguro privados a través de su empleador o se pueden comprar a través del Mercado de Seguros Médicos de NJ.

Haga clic aquí para acceder al mercado en línea
o escanee el código de QR

TRANSPORTATION

MERCER COUNTY MOBILITY GUIDE

COMMUNITY TRANSPORTATION OPTIONS

There are several community-led programs in Mercer County that provide flexible and accessible transportation services that help people stay independent, participate in their communities, and access vital public services and employment. These programs include school-sponsored services, non-emergency medical transportation, shuttles for seniors and people with disabilities, and others.

Click Here to View the Guide
or Scan the QR Code

GETTING AROUND PRINCETON

PRINCETON TRANSPORTATION OPTIONS

Princeton offers a free municipal bus, bike paths, and a train station.

Click Here to View the Guide
or Scan the QR Code

TIGERTRANSIT

Princeton University's TigerTransit bus service provides safe, convenient, and reliable transportation throughout the Princeton campus and surrounding community. There are TigerTransit stops located near most major academic and administrative buildings, commuter parking lots, and housing facilities.

Click Here to View the Guide
or Scan the QR Code

TRANSPORTE

CONDADO DE MERCER GUÍA DE MOVILIDAD

SERVICIOS DE TRANSPORTE COMUNITARIO

Hay varios programas dirigidos por la comunidad en el Condado de Mercer que proporcionan servicios de transporte flexibles y accesibles que ayudan a las personas a mantenerse independientes, participar en sus comunidades y acceder a servicios públicos vitales y empleo. Estos programas incluyen servicios patrocinados por la escuela, transporte médico no de emergencia, transporte para personas mayores y personas con discapacidades, y otros.

Haga clic aquí para aplicar en línea
o escanee el código de QR

CÓMO MOVERSE POR PRINCETON

OPCIONES DE TRANSPORTE EN PRINCETON

Transporte de Princeton Princeton ofrece un autobús municipal gratuito, carriles para bicicletas y una estación de tren.

Haga clic aquí para aplicar en línea
o escanee el código de QR

TIGERTRANSIT

El servicio de autobús TigerTransit de la Universidad de Princeton proporciona transporte seguro, conveniente y confiable en todo el campus de Princeton y la comunidad circundante. Hay paradas de TigerTransit ubicadas cerca de la mayoría de los principales edificios académicos y administrativos, estacionamientos de cercanías e instalaciones de vivienda.

Haga clic aquí para aplicar en línea
o escanee el código de QR

Dental Care



Atención dental



Princeton Free Dental Program

SERVICES PROVIDED

1 oral examination / 1 prophylaxis (teeth cleaning) / 1 fluoride application / 1 x-ray / No more than 8 composites (cavity fillings) and/or non-surgical tooth extractions

ELIGIBILITY AND APPOINTMENTS

Participants must be extremely low, low, or moderate income and be a Princeton resident. To apply for the program please visit the Princeton Human Services office at 1 Monument Drive, Princeton, NJ 08540 to complete an application.

COST

Included services are free and provided at no cost to the program participant. However, the Municipality of Princeton is not responsible for the cost of any services outside of those listed above.

LOCATION AND HOURS

Only participants accepted into the program will be notified of the location and hours of the dental care office. The office is located in Princeton.

Click Here to Learn More Information
or Scan the QR Code

609-688-2055 **humanservices@princetonnj.gov** **1 Monument Drive Princeton, NJ 08540**

Programa gratuita de la atención dental de Princeton

SERVICIOS INCLUIDOS

1 examinación oral / 1 limpieza oral / 1 aplicación de flúor / 1 radiografía / No más de 8 de empastes de cavidades y/o extracciones dentales no quirúrgicos

ELEGIBILIDAD Y REGISTRACIÓN

Los participantes deben tener ingresos extremadamente bajos, bajos o moderados y ser residentes de Princeton. Para solicitar el programa, visite la oficina de Servicios Humanos y Vivienda Asequible de Princeton en 1 Monument Drive, Princeton, NJ 08540 para completar una solicitud.

COSTO

Los servicios están cubiertos por el programa sin costo alguno para usted. La municipalidad de Princeton no es responsable del costo de ningún servicio que no se enumeran arriba.

LUGAR Y HORAS

Los participantes aceptados del programa serán notificados de la ubicación del proveedor de atención dental. La oficina está ubicada en Princeton.

Haga clic aquí para obtener más información
o escanee el código de QR

609-688-2055 **humanservices@princetonnj.gov** **1 Monument Drive Princeton, NJ 08540**

KinderSmile

Community Oral Health Center

SERVICES PROVIDED

Education / Prophylaxis (teeth cleaning) / Fluoride application / Diagnostic oral examination / Caries (cavities) Risk Assessment / X-rays / Sealants

ELIGIBILITY AND APPOINTMENTS

To schedule an appointment, call 973-744-7003 or email trenton@kindersmile.org. KinderSmile Community Oral Health Center in Trenton accepts pediatric and adult patients without insurance as well as patients with Medicaid, NJ Family Care, or private insurance.

COST

KinderSmile Community Oral Health Center in Trenton has affordable fees for service and offer a dental savings payment plan for uninsured patients.

HOURS

- Monday / Wednesday: 9 am - 6 pm
- Tuesday / Thursday: 9 am - 5 pm
- Friday: 8 am - 5 pm
- Some Saturdays: 9 am - 2 pm (call for details)

Click Here to Learn More Information
or Scan the QR Code

973-744-7003

trenton@kindersmile.org

101 N. Broad Street,
Trenton, NJ 08608
Entrance on
E. Hanover St.

KinderSmile

Community Oral Health Center

SERVICIOS INCLUIDOS

Educación / Profilaxis (limpieza dental) / Aplicación de fluoruro / Examen bucal de diagnóstico / Evaluación del riesgo de caries / Radiografía Dental / Selladores / Empastes de cavidades / Extracciones dentales / Pulpotomía / Implantes dentales / Puentes / Dentaduras postizas / Ajustes de aparatos

ELEGIBILIDAD Y REGISTRACIÓN

KinderSmile Community Oral Health Center en Trenton acepta pacientes adultos y pediátricos sin seguro médico, así como pacientes con Medicaid, NJ Family Care, o seguro privado. Para hacer una cita, llame al 973-744-7003 o envié un correo electrónico a trenton@kindersmile.org.

COSTO

KinderSmile Community Oral Health Center en Trenton tiene costos asequibles para el servicio y ofrece un plan de pago de ahorros dentales para pacientes sin seguro.

LUGAR Y HORAS

- lunes / miércoles: 9 am - 6 pm
- martes / jueves: 9 am - 5 pm
- viernes: 8 am - 5 pm
- algunos sábados: 9 am - 2 pm (llame por teléfono para los detalles)

Haga clic aquí para obtener más información
o escanee el código de QR

973-744-7003

trenton@kindersmile.org

101 N. Broad Street,
Trenton, NJ 08608
Entrance on
E. Hanover St.

Zufall Health - Plainsboro

Dental Clinic

SERVICES PROVIDED

Preventive care for adults and children / Exams / Fillings / Crowns / Dentures / Extractions

ELIGIBILITY AND APPOINTMENTS

To schedule an appointment, call 609-853-7600. At the time of the appointment, patients must complete a registration form and provide photo identification, proof of address, and proof of income. Zufall Health accepts patients without insurance as well as patients or with insurance, including Medicaid, Medicare, or private insurance.

COST

Zufall Health Center uses an income and family size-based sliding scale fee discount program to offer affordable access to care. Fees for dental services typically range from $40 to $100. Patients with insurance will pay the co-pay indicated on their insurance card. Insured patients may also participate in the sliding fee discount program if their co-pay is higher than the fee on the sliding fee discount schedule. No patient will be denied services due to inability to pay.

HOURS

- Monday: 8 am - 4 pm
- Tuesday / Thursday: 8:30 am - 4 pm
- Wednesday: 8 am - 5 pm
- Friday: 9 am 5 pm

Click Here to Learn More Information
or Scan the QR Code

609-853-7600

info@zufallhealth.org

1 Plainsboro Rd,
Plainsboro Township,
NJ 08536

Zufall Health - Plainsboro

la clínica dental

SERVICIOS INCLUIDOS
Cuidados preventivos para adultos y niños / Exámenes / Empastes / Coronas / Dentaduras postizas / Extracciones

ELEGIBILIDAD Y REGISTRACIÓN
Para programar una cita, llame al 609-853-7600. En el momento de la cita, los pacientes deben completar un formulario de registro y proporcionar una identificación con foto, comprobante de domicilio y comprobante de ingresos. Zufall Health acepta pacientes sin seguro, así como pacientes o con seguro, incluidos Medicaid, Medicare o seguro privado.

COSTO
Zufall Health Center utiliza un programa de descuento de tarifas de escala móvil basado en los ingresos y el tamaño de la familia para ofrecer acceso asequible a la atención. Las tarifas de los servicios dentales suelen oscilar entre $40 y $100. Los pacientes con seguro pagarán el copago indicado en su tarjeta de seguro. Los pacientes asegurados también pueden participar en el programa de descuento de tarifa variable si su copago es más alto que la tarifa en el programa de descuento de tarifa variable. A ningún paciente se le negarán los servicios debido a la incapacidad de pago.

LUGAR Y HORAS
- lunes: 8 am - 4 pm
- martes / jueves: 8:30 am - 4 pm
- miércoles: 8 am - 5 pm
- viernes: 9 am 5 pm

Haga clic aquí para obtener más información
o escanee el código de QR

609-853-7600

info@zufallhealth.org

1 Plainsboro Rd,
Plainsboro Township,
NJ 08536

Maternal, Infant, and Reproductive Health



Salud materna, infantil, y reproductiva



Hamilton Township Division of Health

Sexually Transmitted Infection (STI) Testing & Treatment Clinic

SERVICES PROVIDED
STI testing / STI screening / STI treatment / HIV testing

ELIGIBILITY AND APPOINTMENTS
Walk-in, no appointment needed. To be seen in the clinic you must live in one of the following towns, please bring a photo ID or proof of address with you:

- Hamilton
- Lawrence
- Ewing
- East Windsor
- Hightstown
- Robbinsville
- West Windsor
- Princeton
- Pennington
- Hopewell Township
- Hopewell Borough

COST
The services provided are free to eligible participants.

HOURS

- Tuesdays: 9 am - 12 pm and 3 pm - 5:30 pm

Click Here to Learn More Information
or Scan the QR Code

609-890-3647

N/A

2100 Greenwood Ave,
Hamilton,
NJ 08609

Hamilton Township Division of Health

Clínica de pruebas y tratamiento de ITS

SERVICIOS INCLUIDOS
Prueba de ITS / Detección de ITS / Tratamiento de ITS / Prueba de VIH

ELEGIBILIDAD Y REGISTRACIÓN
No se necesita una cita previa. Para recibirle en la clínica, usted debe vivir en unas de las siguientes municipalidades. Por favor traiga una ID con foto o prueba de dirección con usted:

- Hamilton
- Lawrence
- Ewing
- East Windsor
- Hightstown
- Robbinsville
- West Windsor
- Princeton
- Pennington
- Hopewell Township
- Hopewell Borough

COSTO
Los servicios proporcionados son gratuitos para los participantes elegibles.

HORAS

- martes: 9 am - 12 pm & 3 pm - 5:30 pm

Haga clic aquí para obtener más información
o escaneé el código de QR

609-890-3647

N/A

2100 Greenwood Ave,
Hamilton,
NJ 08609

Planned Parenthood

Multiple Locations

SERVICES PROVIDED

Abortion / Birth Control / HIV Services / Men's Health Care / Morning-After Pills / Pregnancy Test and Services / STD Testing / Treatment and Vaccines / Women's Health Care

ELIGIBILITY AND APPOINTMENTS

To schedule an appointment, **click here to book an appointment online** or scan the QR code:

Planned Parenthood accepts Medicaid and private insurance.

COST

Co-pays depend on the type of insurance. Low- and no-cost services are also available.

LOCATION AND HOURS

Planned Parenthood has locations in Mercer County including Hamilton and Trenton. Telehealth appointments are also available.

Hamilton Health Center:

- Monday / Wednesday: 7 am - 8 pm
- Friday: 7 am - 1:30 pm

Trenton Health Center:

- Monday: 9 am - 5 pm
- Tuesday / Thursday: 9 am - 4 pm
- Wednesday: 10 am - 6 pm
- Friday: 9 am - 1:30 pm
- Saturday: 8 am - 4 pm

Click Here to Learn More Information
or Scan the QR Code

833-365-7526 | ***N/A*** | **Locations vary**

Planned Parenthood

Varias Ubicaciones

SERVICIOS INCLUIDOS

Aborto / Control de la natalidad / Servicios de VIH / Atención médica para hombres / Píldoras del día después / Pruebas y servicios de embarazo / Pruebas de ETS / Tratamiento y vacunas / Atención médica para mujeres

ELEGIBILIDAD Y REGISTRACIÓN

Para programar una cita, **haga clic aquí para programar una cita en línea** o escaneé el código de QR: Planned Parenthood acepta Medicaid y seguros privados.

COSTO

Los copagos dependen del tipo de seguro. También hay servicios de bajo costo y sin costo disponibles.

LUGAR Y HORAS

Planned Parenthood tiene ubicaciones en el condado de Mercer, incluyendo Hamilton y Trenton. Las citas de telesalud también están disponibles.

Hamilton Health Center:

- lunes / miércoles: 7 am - 8 pm
- viernes: 7 am - 1:30 pm

Trenton Health Center:

- lunes: 9 am - 5 pm
- martes / jueves: 9 am - 4 pm
- miércoles: 10 am - 6 pm
- viernes: 9 am - 1:30 pm
- sábado: 8 am - 4 pm

Haga clic aquí para obtener más información
o escaneé el código de QR

833-365-7526

N/A

las ubicaciones varían

Women, Infant, & Children (WIC) Clinic

Princeton Location

SERVICES PROVIDED

Breastfeeding education and support / Cash assistance checks for nutritious foods / Health care referrals / Immunization screening / Nutrition education

ELIGIBILITY AND APPOINTMENTS

To schedule an appointment, call 609-498-7755 or text 609-731-0186. Applicants must live in New Jersey, meet income guidelines, and meet one of the following categories:

- Pregnant women (up to six weeks after delivery)
- Postpartum (up to six months after delivery)
- Breastfeeding (up to one year if you continue breastfeeding)
- Children under five years old
- Infants

COST

The services provided are free to eligible participants.

HOURS

- Third Friday of every month: 8:30 am - 4:30 pm

Click Here to Learn More Information
or Scan the QR Code

609-498-7755

N/A

Community Room
400 Witherspoon Street
Princeton, NJ 08540

Women, Infant, & Children (WIC) Clinic

Ubicación de Princeton

SERVICIOS INCLUIDOS
Educación sobre la lactancia materna / cheques para comida nutritiva / referencias para atención médica gratuita o costo reducido / las inmunizaciones / educación de nutrición

ELEGIBILIDAD Y REGISTRACIÓN
Para programar una cita, llame al 609-498-7755 o envía un mensaje de texto al 609-731-0186. Los solicitantes deben vivir en New Jersey, cumplir con los requisitos de ingresos, y cumplir con una de las siguientes categorías:

- Mujeres embarazadas (hasta seis semanas después del parto)
- Posparto (hasta seis meses después del parto)
- Amamantamiento (hasta un año si continúa amamantando)
- Niños y niñas menores de cinco años
- Bebés

COSTO
Los servicios proporcionados son gratuitos para los participantes elegibles.

HORAS

- Tercer viernes de cada mes: 8:30 am - 4:30 pm

Haga clic aquí para obtener más información
o escaneé el código de QR

833-365-7526

N/A

Community Room
400 Witherspoon Street
Princeton, NJ 08540

Zufall Health - Plainsboro

Medical Clinic

SERVICES PROVIDED

Well-woman visits / Gynecological exam / Breast and cervical cancer screening / Pregnancy testing and reproductive health / Family planning counseling / Reproductive exams and counseling for teens / Prenatal patient navigation / Lactation consultation / Treatment of menopause symptoms / Breast health patient navigation / Discount Pharmacy Program / Contraceptive counseling and services to assist in preventing unintended pregnancies, and planning and spacing births / Preventive health exams / Affordable contraceptives / Emergency contraceptives / Basic infertility services / Sexually Transmitted Infection (STI) screening and treatment / Prenatal and postnatal care and case management

ELIGIBILITY AND APPOINTMENTS

To schedule an appointment, call 609-853-7600. At the time of the appointment, patients must complete a registration form and provide photo identification, proof of address, and proof of income. Zufall Health accepts patients without insurance as well as patients or with insurance, including Medicaid, Medicaid, or private insurance. *While it is strongly recommended that minors (ages 13 – 17) speak to their parents or guardians about these important decisions, minors can legally access confidential family planning services without their parent or guardian's permission.*

COST

Zufall Health Center uses an income and family size-based sliding scale fee discount program to offer affordable access to care. Fees for dental services typically range from $25 to $80. Patients with insurance will pay the co-pay indicated on their insurance card. Insured patients may also participate in the sliding fee discount program if their co-pay is higher than the fee on the sliding fee discount schedule. No patient will be denied services due to inability to pay. Patient representatives can assist with Medicaid application at time of appointment based on eligibility criteria.

HOURS

- Monday / Tuesday / Thursday / Friday: 8 am - 5 pm
- Wednesday: 8:30 am - 4 pm
- First and third Saturday of each month: 8 am - 12:30 pm

Click Here to Learn More Information
or Scan the QR Code

609-853-7600

info@zufallhealth.org

1 Plainsboro Rd,
Plainsboro Township,
NJ 08536

Zufall Health - Plainsboro

la clínica médica

SERVICIOS INCLUIDOS

Visitas de bienestar de la mujer / examen ginecológico / detección de cáncer de mama y cuello uterino / pruebas de embarazo y salud reproductiva / asesoramiento sobre planificación familiar / exámenes reproductivos y asesoramiento para adolescentes / navegación prenatal para pacientes / consulta de lactancia / tratamiento de los síntomas de la menopausia / navegación de pacientes con salud mamaria / programa de farmacia con descuento / asesoramiento y servicios anticonceptivos para ayudar a prevenir embarazos no deseados y planificar y espaciar los nacimientos / exámenes de salud preventivos / anticonceptivos asequibles / anticonceptivos de emergencia / servicios básicos de infertilidad / detección y tratamiento de infecciones de transmisión sexual (ITS) / Atención prenatal y posnatal y manejo de casos

ELEGIBILIDAD Y REGISTRACIÓN

Para programar una cita, llame al 609-853-7600. En el momento de la cita, los pacientes deben completar un formulario de registro y proporcionar una identificación con foto, comprobante de domicilio y comprobante de ingresos. Zufall Health acepta pacientes sin seguro, así como pacientes o con seguro, incluidos Medicaid, Medicaid o seguro privado. *Si bien se recomienda encarecidamente que los menores (de 13 a 17 años) hablen con sus padres o tutores sobre estas importantes decisiones, los menores pueden acceder legalmente a servicios confidenciales de planificación familiar sin el permiso de sus padres o tutores.*

COSTO

Zufall Health Center utiliza un programa de descuento de tarifas de escala móvil basado en los ingresos y el tamaño de la familia para ofrecer acceso asequible a la atención. Las tarifas de los servicios dentales suelen oscilar entre $25 y $80. Los pacientes con seguro pagarán el copago indicado en su tarjeta de seguro. Los pacientes asegurados también pueden participar en el programa de descuento de tarifa variable si su copago es más alto que la tarifa en el programa de descuento de tarifa variable. A ningún paciente se le negarán los servicios debido a la incapacidad de pago. Los representantes de los pacientes pueden ayudar con la solicitud de Medicaid en el momento de la cita según los criterios de elegibilidad.

HORAS

- lunes / martes / jueves / viernes: 8 am - 5 pm
- miércoles: 8:30 am - 4 pm
- primer y tercer sábado de cada mes: 8 am - 12:30 pm

Haga clic aquí para obtener más información
o escanee el código de QR

609-853-7600

info@zufallhealth.org

1 Plainsboro Rd,
Plainsboro Township,
NJ 08536

Mental/Behavioral Health and Addiction Services



Servicios de salud mental/conductual y adicciones



All Access Mental Health

SERVICES PROVIDED
Behavioral health home / Care management services / Family member services / Outpatient services including psychotherapy, counseling, & psychiatric services / Partial care services

ELIGIBILITY AND APPOINTMENTS
To schedule an appointment, call 609-452-2088. AAMH provides a full range of mental and behavioral health care services to children, adolescents, adults and seniors. Walk-ins are accepted; appointments are not required.

COST
AAMH accepts Medicaid for outpatient services and behavioral health home programs. Medicaid and Medicare are accepted for the Partial Care program.

HOURS
- Monday - Friday: 8 am - 4:30 pm

Click Here to Learn More Information
or Scan the QR Code

609-452-2088

info@aamh.org

819 Alexander Road,
Princeton, NJ 08540

All Access Mental Health

SERVICIOS INCLUIDOS
Hogar de salud conductual / servicios de gestión de la atención / Servicios para miembros de la familia / servicios ambulatorios incluyendo psicoterapia, consejería y servicios psiquiátricos / servicios de atención parcial

ELEGIBILIDAD Y REGISTRACIÓN
Para programar una cita, llame al 609-452-2088. AAMH brinda una gama completa de servicios de atención de salud mental y conductual para niños, adolescentes, adultos y personas mayores. Se aceptan visitas sin cita previa; No se requieren citas.

COSTO
AAMH acepta Medicaid para servicios ambulatorios y programas de salud conductual en el hogar. Se aceptan Medicaid y Medicare para el programa de atención parcial.

HORAS
- lunes - viernes: 8 am - 4:30 pm

Haga clic aquí para obtener más información
o escanee el código de QR

609-452-2088

info@aamh.org

819 Alexander Road,
Princeton, NJ 08540

Princeton Integrated Behavioral Health

Catholic Charities Diocese of Trenton

SERVICES PROVIDED

Mental Health Services / Substance-use Treatment and Referrals / Virtual Exam Rooms for those needing access to primary care or other specialty services / Medication Management / Medication Assisted Treatment / Group and Individual Counseling / Emergency Food Pantry / Rapid Re-housing Assessments

ELIGIBILITY AND APPOINTMENTS

To schedule an appointment, call 609-924-8018. Services are available to individuals 12 and older. No appointments are needed. Medicaid and all insurance plans accepted. Individuals with no insurance are also accepted.

COST

Co-pays depend on the type of insurance.

HOURS

- Monday / Tuesday / Thursday / Friday: 8:30 am - 5 pm
- Wednesday: 8:30 am - 8 pm

Click Here to Learn More Information
or Scan the QR Code

609-924-8018

N/A

Lower Level
1 Monument Drive
Princeton, NJ 08540

Princeton Integrated Behavioral Health

Catholic Charities Diocese of Trenton

SERVICIOS INCLUIDOS

Servicios de salud mental / Tratamiento y referencias por uso de sustancias / Salas de examen virtuales para aquellos que necesitan acceso a atención primaria u otros servicios especializados / Administración de medicamentos / Tratamiento asistido por medicamentos / Asesoramiento grupal e individual / Despensa de alimentos de emergencia / Evaluaciones rápidas de realojamiento

ELEGIBILIDAD Y REGISTRACIÓN

Para programar una cita, llame al 609-924-8018. Los servicios están disponibles para personas mayores de 12 años. No se necesitan citas. Se aceptan Medicaid y todos los planes de seguro. También se aceptan personas sin seguro.

COSTO

Los copagos dependen del tipo de seguro.

HORAS

- lunes / martes / jueves / viernes: 8:30 am - 5 pm
- miércoles: 8:30 am - 8 pm

Haga clic aquí para obtener más información
o escaneé el código de QR

609-924-8018

N/A

Lower Level
1 Monument Drive
Princeton, NJ 08540

Pharmacy and Medication Assistance



Asistencia de farmacia y medicamentos



Good Neighbor Pharmacy

Free Vitamin Program

SERVICES PROVIDED

PreNatal Tablets / Children's Chewables Multivitamin Tablets / Century Adult Formula Multivitamin Tablets / Century Mature Formula Multivitamin Tablets

ELIGIBILITY AND APPOINTMENTS

A free 30-day supply of vitamins is available to everyone.

COST

No cost.

LOCATION AND HOURS

The Good Neighbor Pharmacy Free Vitamin Program partners with local pharmacies to provide free vitamins and has locations in Mercer County including Hopewell, Lawrenceville, Hamilton, East Windsor, and Trenton. **Click here to find a nearby participating pharmacy** or scan the QR code:

Click Here to Learn More Information
or Scan the QR Code

N/A **N/A** **Locations vary**

Good Neighbor Pharmacy

Programa de vitaminas gratuitas

SERVICIOS INCLUIDOS
Tabletas PreNatales / Tabletas Multivitamínicas Masticables para Niños / Tabletas Multivitamínicas Century Adult Formula / Tabletas Multivitamínicas Century Mature Formula

ELEGIBILIDAD Y REGISTRACIÓN
Un suministro gratuito de vitaminas para 30 días está disponible para todos.

COSTO
No costo.

LUGAR Y HORAS
Se asocia con farmacias locales para proporcionar vitaminas gratuitas y tiene ubicaciones en el condado de Mercer, incluidas Hopewell, Lawrenceville, Hamilton, East Windsor y Trenton.
Haga clic aquí para encontrar una farmacia participante cercana o escaneé el código de QR:

Haga clic aquí para obtener más información
o escanee el código de QR

N/A

N/A

Las ubicaciones varían

Primary Care



Atención primaria



Henry J. Austin Health Centers

Trenton Locations

SERVICES PROVIDED

Adult Health Care / Centering Families Program / Pediatric Care / Women's Health Care / Dental Care / Behavioral Health & Social Services / Chiropractic Care / Nutrition Services / Pharmacy Services / Podiatry Services / HIV Counseling & Testing / HIV and Hepatitis C Treatment / Senior Health & Disease Prevention Program / Chronic Care Management / Asthma Improves with Management (AIM) Program

ELIGIBILITY AND APPOINTMENTS

To schedule an appointment, call 609-278-5900 or email info@henryjaustin.org. Henry J. Austin Health Center is a non-hospital-based ambulatory care provider in Trenton, NJ.

COST

Henry J. Austin Health Center (HJAHC) collects co-pays, deductibles, and sliding scale fees at the time of your visit. HJAHC has patient discount or sliding scale programs that may provide financial support for patients that meet certain criteria based on family size and gross household income. No patient will be denied services due to inability to pay.

HOURS

Henry J. Austin has several locations throughout Trenton.

Click Here to Learn More Information
or Scan the QR Code

609-278-5900 **info@henryjaustin.org** **Multiple Locations**

Henry J. Austin Health Centers

Ubicaciones en Trenton

SERVICIOS INCLUIDOS

Atención médica para adultos / Programa Centering Families / Atención pediátrica / Atención médica para mujeres / Atención dental / Salud conductual y servicios sociales / Atención quiropráctica / Servicios de nutrición / Servicios de farmacia / Servicios de podología / Asesoramiento y pruebas de VIH / Tratamiento del VIH y la hepatitis C / Programa de prevención de enfermedades y salud para personas mayores / Manejo de atención crónica / Programa de mejora del asma con el manejo (AIM)

ELEGIBILIDAD Y REGISTRACIÓN

Para programar una cita, llame al 609-278-5900 o envíe un correo electrónico a info@henryjaustin.org. Henry J. Austin Health Center es un proveedor de atención ambulatoria no hospitalaria en Trenton, NJ.

COSTO

Henry J. Austin Health Center (HJAHC) recoge los copagos, deducibles, y tarifas de escala móvil en el momento de su visita. Hay programas de descuento para pacientes o programas de escala móvil que pueden proporcionar apoyo financiero a los pacientes que cumplan con ciertos requisitos dependiendo del tamaño de su familia y sus ingresos. A ningún paciente se le negarán los servicios debido a la incapacidad de pago.

HORAS

Henry J. Austin tiene varias ubicaciones en Trenton.

Haga clic aquí para obtener más información
o escanee el código de QR

609-278-5900 **info@henryjaustin.org** **Varias ubicaciones**

Zufall Health - Plainsboro
Medical Clinic

SERVICES PROVIDED

Check-ups / Treatment of illness and injury / Management of chronic illness including diabetes, hypertension, and asthma / Preventive care / Cancer screening / Diagnostic services / Routine lab tests /Testing and treatment for sexually transmitted infections / HIV testing and counseling / Health education and counseling / Referrals to specialists / Discount Pharmacy Program

ELIGIBILITY AND APPOINTMENTS

To schedule an appointment, call 609-853-7600. At the time of the appointment, patients must complete a registration form and provide photo identification, proof of address, and proof of income. Zufall Health accepts patients without insurance as well as patients or with insurance, including Medicaid, Medicaid, or private insurance.

COST

Zufall Health Center uses an income and family size-based sliding scale fee discount program to offer affordable access to care. Fees for dental services typically range from $25 to $80. Patients with insurance will pay the co-pay indicated on their insurance card. Insured patients may also participate in the sliding fee discount program if their co-pay is higher than the fee on the sliding fee discount schedule. No patient will be denied services due to inability to pay. Patient representatives can assist with Medicaid application at time of appointment based on eligibility criteria.

HOURS

- Monday / Tuesday / Thursday / Friday: 8 am - 5 pm
- Tuesday / Thursday: 8:30 am - 4 pm
- First and third Saturday of each month: 8 am - 12:30 pm

Click Here to Learn More Information
or Scan the QR Code

609-853-7600

info@zufallhealth.org

1 Plainsboro Rd,
Plainsboro Township,
NJ 08536

Zufall Health - Plainsboro

La clínica médica

SERVICIOS INCLUIDOS

Chequeos / Tratamiento de enfermedades y lesiones / Manejo de enfermedades crónicas, incluidas diabetes, hipertensión y asma / Atención preventiva / Detección de cáncer / Servicios de diagnóstico / Pruebas de laboratorio de rutina / Pruebas y tratamiento de infecciones de transmisión sexual / Pruebas y asesoramiento sobre el VIH / Educación y asesoramiento para la salud / Referencias a especialistas / Programa de farmacia con descuento

ELEGIBILIDAD Y REGISTRACIÓN

Para programar una cita, llame al 609-853-7600. En el momento de la cita, los pacientes deben completar un formulario de registro y proporcionar una identificación con foto, comprobante de domicilio y comprobante de ingresos. Zufall Health acepta pacientes sin seguro, así como pacientes o con seguro, incluidos Medicaid, Medicaid o seguro privado. *Si bien se recomienda encarecidamente que los menores (de 13 a 17 años) hablen con sus padres o tutores sobre estas importantes decisiones, los menores pueden acceder legalmente a servicios confidenciales de planificación familiar sin el permiso de sus padres o tutores.*

COST0

Zufall Health Center utiliza un programa de descuento de tarifas de escala móvil basado en los ingresos y el tamaño de la familia para ofrecer acceso asequible a la atención. Las tarifas de los servicios dentales suelen oscilar entre $25 y $80. Los pacientes con seguro pagarán el copago indicado en su tarjeta de seguro. Los pacientes asegurados también pueden participar en el programa de descuento de tarifa variable si su copago es más alto que la tarifa en el programa de descuento de tarifa variable. A ningún paciente se le negarán los servicios debido a la incapacidad de pago. Los representantes de los pacientes pueden ayudar con la solicitud de Medicaid en el momento de la cita según los criterios de elegibilidad.

HORAS

- lunes / martes / jueves / viernes: 8 am - 5 pm
- miércoles: 8:30 am - 4 pm
- primer y tercer sábado de cada mes: 8 am - 12:30 pm

Haga clic aquí para obtener más información
o escanee el código de QR

609-853-7600

info@zufallhealth.org

1 Plainsboro Rd,
Plainsboro Township,
NJ 08536

Preventive Care



Atención preventiva



Capital Health - Princeton

Princeton Child Health Conferences

SERVICES PROVIDED

Developmental Screenings / Physical Exams / Immunizations / Routine Tests (Tuberculosis (TB) tests, vision, and hearing assessments) / Counsel regarding growth, development, nutrition, and safety

ELIGIBILITY AND APPOINTMENTS

To schedule an appointment, call 609-303-4599. Services are available to children that live or attend school in Princeton and are uninsured or underinsured. Princeton Public School district assists families in scheduling an appointment.

If you experience issues with scheduling an appointment, contact the Princeton Health Department. Call 609-497-7608 or email healthdepartment@princetonnj.gov

COST

The services provided are free to local children (ages 0-18) without insurance or with insufficient insurance through the Princeton Child Health Conferences.

HOURS

- Monday / Thursday / Friday: 8 am - 4 pm
- Tuesday / Wednesday: 8 am - 7 pm

Click Here to Learn More Information
or Scan the QR Code

609-303-4599

N/A

300 Witherspoon Street, Princeton, NJ 08542

Capital Health - Princeton

las Conferencias de Salud Infantil de Princeton

SERVICIOS INCLUIDOS
Exámenes de desarrollo / Exámenes físicos / Vacunas / Pruebas de rutina (Pruebas de tuberculosis (TB), evaluaciones de la vista y la audición) / Asesoramiento sobre crecimiento, desarrollo, nutrición, y seguridad

ELEGIBILIDAD Y REGISTRACIÓN
Para programar una cita, llame al (609) 303-4599. Los servicios están disponibles para los niños que viven o asisten a la escuela en Princeton y no tienen seguro o tienen un seguro insuficiente. El distrito de Escuelas Públicas de Princeton ayuda a las familias a programar una cita.

Si tiene problemas para programar una cita, comuníquese con el Departamento de Salud de Princeton. Llame al 609-497-7608 o envíe un correo electrónico a healthdepartment@princetonnj.gov

COSTO
Los servicios proporcionados son gratuitos para los niños locales (de 0 a 18 años) sin seguro o con seguro insuficiente a través de las Conferencias de Salud Infantil de Princeton.

HORAS
- lunes / jueves / viernes: 8 am - 4 pm
- martes / miércoles: 8 am - 7 pm

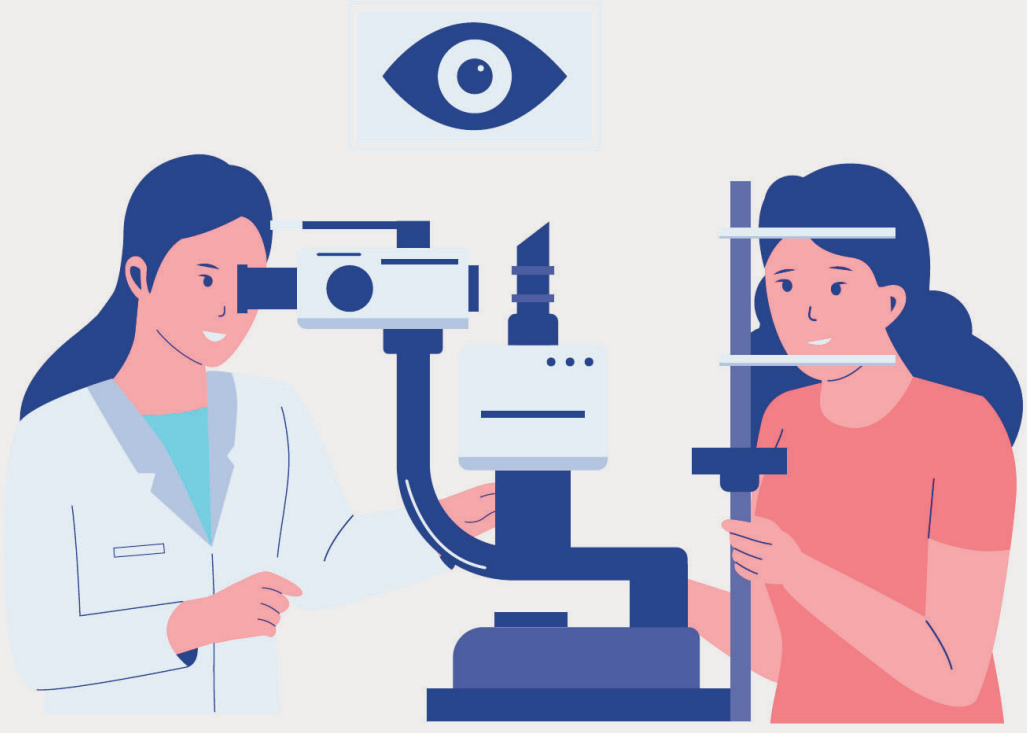
Haga clic aquí para obtener más información
o escanee el código de QR

609-303-4599

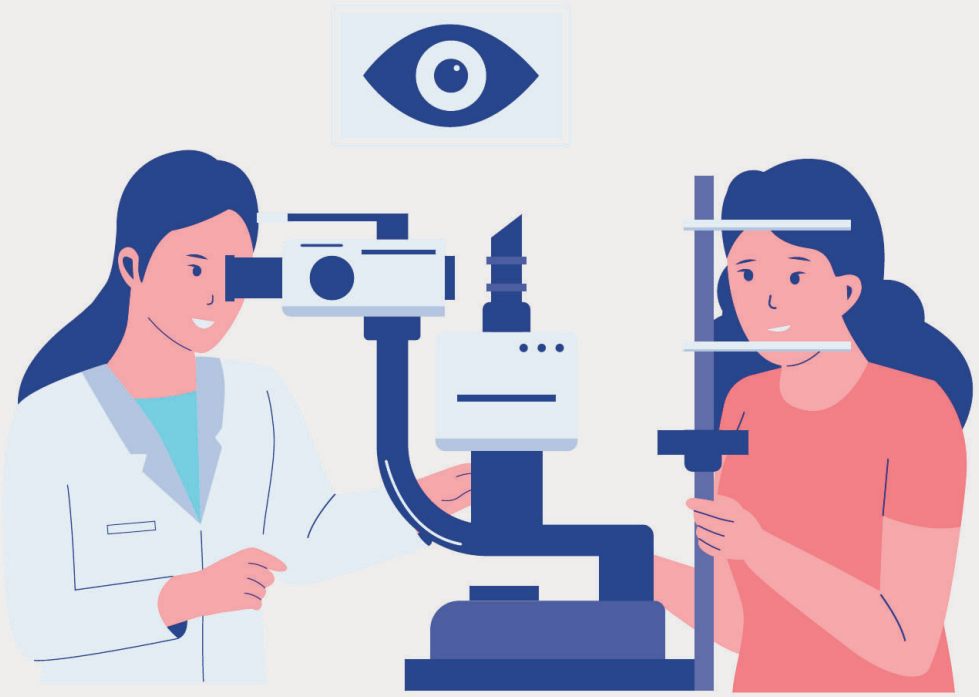
N/A

300 Witherspoon Street, Princeton, NJ 08542

Vision Care



Atención de la visión



Princeton Free Vision Program

SERVICES PROVIDED
1 eye exam / 1 prescription eye glasses

ELIGIBILITY AND APPOINTMENTS
Participants must be extremely low, low, or moderate income and be a Princeton resident. To apply for the program please visit the Princeton Human Services office at 1 Monument Drive, Princeton, NJ 08540 to complete an application.

COST
Included services are free and provided at no cost to the program participant. However, the Municipality of Princeton is not responsible for the cost of any services outside of those listed above.

LOCATION AND HOURS
Only participants accepted into the program will be notified of the location and hours of the vision care provider.

Click Here to Learn More Information
or Scan the QR Code

609-688-2055 **humanservices@princetonnj.gov** **1 Monument Drive Princeton, NJ 08540**

Programa gratuita de la atención visión de Princeton

SERVICIOS INCLUIDOS
1 examen ocular / 1 gafas prescritas

ELEGIBILIDAD Y REGISTRACIÓN
Los participantes deben tener ingresos extremadamente bajos, bajos o moderados y ser residentes de Princeton. Para solicitar el programa, visite la oficina de Servicios Humanos y Vivienda Asequible de Princeton en 1 Monument Drive, Princeton, NJ 08540 para completar una solicitud.

COSTO
Los servicios están cubiertos por el programa sin costo alguno para usted. La municipalidad de Princeton no es responsable del costo de ningún servicio que no se enumeran arriba.

LUGAR Y HORAS
Los participantes aceptados del programa serán notificados de la ubicación del proveedor de atención visión. La oficina está ubicada en Princeton.

Haga clic aquí para obtener más información
o escanee el código de QR

609-688-2055 **humanservices@princetonnj.gov** **1 Monument Drive**
Princeton, NJ 08540