



Stress-Busting Program for Family Caregivers

New Jersey Contact List

STATEWIDE

Horizon NJ Health

Contact: Moraima Diaz, 609-480-4494 or Moraima_Diaz@horizonblue.com

Lisa Barnes, 973-803-1843 or lisa_barnes@horizonblue.com

NJ Department of Human Services, Division of Aging Services

Contact: Andrew Biederman, 609-438-4797 or Andrew.Biederman@dhs.nj.gov

Heather Taylor, 609-438-4798 or Heather.Taylor@dhs.nj.gov

CAMDEN

Camden County Department of Health and Human Services

Contact: Erin Small-Gabriel, 856-374-2582

GLOUCESTER

Gloucester County Senior Services

Contact: Pat Raggio or Paula Settar, 856-468-1742

MORRIS

NORWESCAP

Contact: Lanet Harvey Rivera, 973-784-4900 x2908

SALEM

Salem County Office on Aging and Disabilities

Contact: Michele Drummond or Serena Reed, 856-339-8622

SUSSEX

Sussex County Division of Senior Services

Contact: Lorraine Hentz, 973-579-0555 x1226

UNION

Catholic Charities of the Archdiocese of Newark

Contact: Margaret McGroary, 908-497-4011 or Joan O'Connell, 201-259-9139

For more information or additional help about finding a caregiver workshop or trainings in your area, please contact the New Jersey Division of Aging Services at 609-438-4798 or 4797.