


Food Assistance Available to Adults 60 and Over



	<p>You can get \$95 or more every month in benefits to help you purchase food</p>	<p>Apply online at MyNJHelps.gov</p> <p>You can have a friend or family member (authorized representative) submit an application on your behalf either online or in person. Visit njsnap.gov to find contact information for your county</p>
<p>Senior Farmer's Market Nutrition Program</p>	<p>You can get \$30 to use at a participating farmers market to purchase fresh fruits and vegetables</p>	<p>Apply for any of these 3 programs, by contacting your County Office on Aging www.state.nj.us/humanservices/doas/home/saaaa.html or calling the Aging and Disability Resource Connection (ADRC) at (877) 222-3737</p>
<p>Congregate Nutrition Services</p>	<p>You can get free lunch in a senior or community center</p>	
<p>Home-Delivered Nutrition Services</p>	<p>You can get meals delivered to your home, if needed</p>	
<p>Commodity Supplemental Food Program</p>	<p>You can get a monthly Food Package with nutritious foods</p>	<p>Apply for this program by contacting the CSFP Office at (609) 292-9560 or visit www.nj.gov/health/fhs/wic/senior-nutrition/commodity-supplementa/foodbanks.shtml</p>

*Program eligibility and rules apply

**For additional information on food resources, including food pantries:
Call 2-1-1 or text your zip code to 898-211**



State of New Jersey
Phil Murphy, Governor | Sheila Oliver, Lt. Governor



Department of Human Services
Sarah Adelman, Commissioner