GET HELP BUYING GROCERIES

If you recently lost your job and need help with buying groceries, NJ SNAP *is here to help. Visit NJHelps.org to apply.*

NJ SNAP provides money directly to your household on an electronic benefits card each month and is accepted at most food retailers such as grocery stores and bodegas.

Visit NJHelps.org to learn more about NJ SNAP food assistance and to apply. You can also apply by phone by calling your local board of social services or by downloading and mailing an application to your local board of social services.

NJ SNAP has made some important changes to better serve you during the current COVID-19 public health emergency. Here is what you need to know:

You can apply online, by phone or mail at your local county board of social services. A list can be found at **https://www.nj.gov/humanservices/njsnap/home/cbss.shtml**.

A hard copy signature for your application and an interview are no longer required to apply for food assistance during this emergency.

For existing NJ SNAP recipients

In May, all NJ SNAP households are receiving the maximum benefits for their family size.

+6 If your case is due to be re-certified in May, your case has been granted a six-month extension period and your case will not be closed and you will continue to receive your benefits.

During the current public health emergency, your case will not be closed if you are unable to participate in a work activity.

State of New Jersey
Phil Murphy, Governor | Sheila Oliver, Lt. Governor

Department of Human Services
Carole Johnson, Commissioner