



HAS YOUR VISION SUDDENLY CHANGED?

Are you having difficulty performing everyday tasks?
Do you need to connect with others who have similar vision loss experiences?
Do you **ASPIRE** to re-gain your independence?

Let the New Jersey Department of Human Services' Commission for the Blind and Visually Impaired's **ASPIRE** program guide you.

Assistive Support Program for Independence, Renewal, and Education (ASPIRE) are peer led support groups for those who have shared experiences with vision loss. While attending **ASPIRE**, you can learn tips and techniques, experience social outings, and enjoy various speakers.

For more information contact:
1-877-685-8878 or AskCBVI@dhs.nj.gov or visit www.cbvi.nj.gov

We have over 60 support groups across New Jersey covering all 21 counties.

