



**DON'T WORRY  
YOU'RE COVERED!**

[mysickdays.nj.gov](https://mysickdays.nj.gov)

## NJ Workers

Now have the right to paid sick time. Full-time, part-time and temporary workers are eligible under the law.

Use sick time to care for yourself or a family member – the definition of family is generous:

- for physical/mental illness or wellness care
- to cope with domestic or sexual violence
- to attend a meeting at your child's school

Workers earn **1 hour of sick leave** for **every 30 hours they work**, up to 40 hours per year.

It's against the law for your employer to punish you for using sick leave you've earned, or to make you find a replacement for your shift. Your employer may not ask for documentation unless it's more than 3 days in a row.

Workers can use their paid sick leave **starting Feb. 26, 2019**.

To learn more, visit [mysickdays.nj.gov](https://mysickdays.nj.gov)

For information on other rights and benefits, visit [nj.gov/labor](https://nj.gov/labor)



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