



**DON'T WORRY
YOU'RE COVERED!**

mysickdays.nj.gov

NJ Workers

Now have the right to paid sick time. Full-time, part-time and temporary workers are eligible under the law.

Use sick time to care for yourself or a family member – the definition of family is generous:

- for physical/mental illness or wellness care
- to get the COVID-19 vaccine and/or recover from side effects
- to cope with domestic or sexual violence
- to attend a meeting at your child's school

Workers earn **1 hour of sick leave** for **every 30 hours they work**, up to 40 hours per year.

It's against the law for your employer to punish you for using sick leave you've earned, or to make you find a replacement for your shift. Your employer may not ask for documentation unless it's more than 3 days in a row.

To learn more, visit mysickdays.nj.gov

For information on other rights and benefits, visit nj.gov/labor



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