

NAMI Signature Programs

Gain strength, share hope, and find your community. Free NAMI programs designed for your unique journey — whether supporting family, parenting, or personal healing. You are not alone. Sign up today.



A free presentation that provides a personal perspective of mental health conditions.

A free seminar that informs people who have loved ones with a mental health condition how to best support them.



A hands-on advocacy training program that helps people living with mental illness, friends and family transform their passion and lived experience into skillful grassroots advocacy.

A free, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery.

NAMI In Our Own Voice



NAMI Atlantic Cape May presents an online presentation:

Tuesday, May 19, 2026 at 7:00 p.m. ET

[Join Meeting](#)

Thursday, June 18, 2026

7:00 p.m. - 8:30 p.m. ET

[Register](#)



Wednesday, May 20, 2026 (in Spanish)

7:00 p.m. - 8:00 p.m. ET

[Learn more](#)

Register

NAMI Smarts



Contacting & Meeting Your Policymaker

Wednesday, June 3, 2026

6:00 p.m. - 8:00 p.m. ET

[Learn more](#)

Register

NAMI Family & Friends



NAMI Gloucester County is hosting on:

Tuesday, May 19, 2026

6:30 p.m. - 8:00 p.m.

Location: Rowan College SJ, 1400 Tanyard Road, Sewell, NJ 08080
(Rastelli Business Corp Center, Room 502)

Register

[Download flyer](#)

Monday, June 8, 2026

6:30 p.m. - 8:00 p.m. ET

Register

NAMI Peer-to-Peer

Every Thursday, August 27 – October 15, 2026
6:30 p.m. to 9:00 p.m. ET
Via Zoom

[Register](#)

Space is limited. [Download flyer](#)

Every Thursday, October 1 – November 19, 2026
6:30 p.m. to 9:00 p.m. ET
Conducted in Spanish

[Register](#)

The registration deadline is September 17 and space is limited.
Download flyer in [English](#) | [Spanish](#)



NAMI NJ 2026 Annual Conference

Join us at the NAMI NJ 2026 Annual Conference on June 12 & 13, as we advance mental health together.

[Visit our Website](#)

Our programs are free to the community.

SUPPORT NAMI NJ

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