

AACT-NOW Activities!

AACT-NOW has a lot happening this summer!
Join us for support, learning, and fun!

AACT-NOW Recovery Support Group



Monday, July 28
6:30pm-8pm

**Scan the QR code or
click the link below!**



Date: July 28, Every 4th Monday
Time: 6:30pm - 8pm EST
Location: Virtual

AACT-NOW is back with our Recovery Support Group meetings! This is a free, online support group for individuals dealing with a mental health condition. With us, you can receive resources, information, support and understanding.

Price: FREE

[Register Here](#)



NAMI New Jersey
National Alliance on Mental Illness



**MULTICULTURAL
PANEL DISCUSSION:
STIGMA ACROSS CULTURES**

Wednesday, July 30, 2025
12pm-1:30pm

Via Zoom - [Register Here](#)



Multicultural Panel Discussion: "Stigma Across Cultures"

Date: Wednesday, July 30
Time: 12pm-1:30pm EST
Location: Virtual

Join NAMI NJ for a Multicultural Panel Discussion titled "Stigma Across Cultures"! This is an hour long discussion followed by a Q&A. Attendees will learn more about what stigma looks like in other cultures, and how to best support individuals and families from other cultures as they fight to end the stigma.

Price: FREE

[Register Here](#)



3rd Annual NAMI New Jersey Multicultural Summer Celebration!

Saturday, August 16, 2025

10:00 AM to 3:00 PM

Thompson Park in Monroe Township, Grove 4AB

Register here: <https://tinyurl.com/mpxtxrs3>



Annual NAMI NJ Multicultural Celebration

Date: Saturday, August 16

Time: 10am-3pm EST

Location: Thompson Park Grove 4AB, Monroe Twp. NJ

Join us for a day of fun and summer celebration!

Price: \$7

[Register Here](https://tinyurl.com/mpxtxrs3)

Keep Up with Us!

View Our NAMI NJ Calendar!

To keep up with all of our upcoming events, visit our calendar! This will include information for Family Support Groups, NAMI events and presentations, NAMI Basics, and more!

[Click Here](#)

Find Your Local NAMI



NAMI NJ has local affiliates across the state. If you or a loved one are looking for support and resources that are within your local area, consider reaching out to your local NAMI affiliate.

Find Your Local
Affiliate



AACT-NOW is an exciting initiative of NAMI New Jersey to connect with NJ's African-American families affected by mental illness, the faith community and mental health professionals to provide culturally competent education, support and advocacy. AACT-NOW goals are to dispel the misconceptions surrounding mental illness and to create an anti-stigma environment for those seeking treatment.

**Disclaimer: the information contained in this e-newsletter is provided strictly for information purposes only and should not be construed as an endorsement or referral of services.*

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visit our website by [clicking here!](#)

We welcome donations to support our work in the community!

Donate!



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