



## J ull y 2024

Mental Health Matters



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Nental Health Matters     Social Wellness Month     National Minority Mental Health Awareness Month	2 Thurgood Marshall's Birthday	3	Independence Day	Frida Kahlo's Birthday	6	7
8	9	10	11	12	13	NON-BINARY PEOPLES DAY Learn more here.
Developmental  Disability  Professionals Day	16	17	International Nelson  Mandela Day	19	20	21
22	23	Amelia Earhart Day	National Hire a Veteran Day	26	27	Buffalo Soldiers Day
29	30	31				