



Office of Diversity, Equity, Inclusion and Belonging

OCTOBER 2025 – DEIB CALENDAR

Additional Observances



October encompasses various themes, observances, and celebrations that traverse diverse cultural backgrounds, heritages, traditions, and historical events. To consistently broaden our understanding and exposure to global experiences, here are additional inclusion days to explore for the month of October.

Monthly Observances

- [Filipino American History Month](#)
- [Aids Awareness Month](#)
- [Blindness Awareness Month](#)
- [Breast Cancer Awareness Month](#)
- [Emotional Awareness Month](#)
- [Global Diversity Awareness Month](#)
- [LGBTQ History Month](#)
- [National Audiology Awareness Month](#)
- [National Depression Education and Awareness Month](#)
- [National Disability Employment Awareness Month](#)
- [Vegetarian Month](#)
- [National Domestic Violence Awareness Month](#)
- [National Indigenous Peoples Month](#)
- [Italian-American Heritage Month](#)
- [German-American Heritage Month](#)
- [Polish-American Heritage Month](#)

Observances by the Day

October 1st

- [International Coffee Day](#)
- [World Vegetarian Day](#)

October 2nd

- [International Day of Non-Violence](#)

October 3rd

- [National Unity Day](#)

October 5th

- [National Military Podcast Day](#)
- [Mental Illness Awareness Week](#)
 - October 5th – 11th

October 9th

- National Depression Screening Day

October 10th

- World Inclusion Day
- World Mental Health Day

October 11th

- National Coming Out Day

October 12th

- National Day of Respect for Cultural Diversity
- Anti-Poverty Week
 - October 12th – 18th
- Hoshana Rabbah

October 13th

- Navy Birthday
- Indigenous People's Day
- International Day of Respect for Cultural Diversity
- National Native American Day

October 15th

- Day of Unity

October 17th

- Women in Military Service for America Memorial Anniversary
- National Mammography Day

October 18th

- National Prayer Day
- National Speak Up for Victims of Sexual Abuse Day

October 19th

- LGBT Center Awareness Day
- World Humanitarian Action Day

October 22nd

- International Stutter Awareness Day
- National Scar Appreciation Day

October 24th

- Disarmament Week
 - October 24th – October 30th

October 26th

- National Day of the Deployed

October 27th

- National Mentoring Day
- Navy Day

October 29th

- National Indigenous People's Thanksgiving Day

October 31st

- Halloween