

**JOINT BASE MCGUIRE-DIX-LAKEHURST, N.J.** -- Soldiers from the New Jersey National Guard's 2nd Battalion, 113th Infantry Regiment, out of Riverdale, N.J., conducted training March 22-24, at ranges here.

The Soldiers took part in mortar firing training, M16 and M4 rifle qualification and squad live-fire exercises.

"At any given time there is a unit ready to deploy, so this training ensures our readiness for future deployments," said 1st Lt. Roque Rodriguez, the training officer for the 113th Inf.

Distance plays a major factor in determining why the unit trains here as the ranges are located less than 100 miles from Riverdale.

"Traveling to upstate New York or Virginia would cut into the time we have to train because we only have these Soldiers for 48 hours," Rodriguez said. "This is the best place for us and it's the best resource we have."

The executive officer of the 113th Inf., 1st Lt Patrick Moore, from Fanwood, N.J., is in charge of certifying Soldiers on the squad live-fire range and echoed Rodriguez's remarks.

"We appreciate everything the base does to accommodate us," said Moore. "The range control guys who come out here in the field do their best for us. It's a very professional environment."

The joint base ranges also allow units to tackle multiple aspects of training during a single weekend.

"The ranges here provide us with a wide variety of uses," Rodriguez said. "We're able to execute our individual training, such as weapons qualification, and conduct collective training, such as the squad live-fire certification."

The weekend's training was designed to get the greatest results with the least impact on those involved.

"These Soldiers all have full-time jobs, so we want to maximize their time," Rodriguez said. "If we had to leave the area to train we would need these Soldiers for longer, costing the government more, and potentially inconveniencing employers. By using these ranges we are saving time and money and using that time to actually train."

The unit is also aware of the noise generated by deployment training, specifically from mortar round firing, noise which can impact surrounding areas.

"The noise is an inconvenience, but is necessary to maintain the readiness of the force," Rodiguez said.

Residents may hear more noise than usual coming from the ranges and may experience possible ground shaking during training activities. It is important to note that noise from the ranges may travel farther during overcast weather conditions.

Joint Base McGuire-Dix-Lakehurst works hard to minimize the impact training has on its surrounding communities and is committed to remaining good neighbors.





The DMAVA cafeteria is now OPEN

3 AM to 2:30 PM during work days



Sgt. 1st Class Christophe Hoenge, left and Staff Sgt. Russell Huth, right, were presented the Military Outstanding Volunteer Service Medal March 27, 2013 at the Joint Training and Training Development Center in Joint Base McGuire-Dix-Lakehurst, N.J. Hoenge distinguished himself through outstanding volunteer service over the last five years with the Lakehurst-Manchester Soccer Association and Manchester Little League in Ocean County, NJ. Hoenge volunteered at his children's school to help teachers by reading stories to the class, aided with the set-up and conduct of class parties, and acted as a volunteer assistant teacher's aide. Huth's work with the Fairless Hills Athletic Association since 2006 has helped provided activities for hundreds of children in Falls Township, Bucks County, PA. Huth acted as the principal organizer and coordinator for a fundraising event for a friend and neighbor who was unemployed and whose daughter was diagnosed with cancer. (Photo by Kryn P. Westhoven, NJDMAVA/PA)





# ECBC Technical Director Congratulates NJ Guard Unit

Joseph D. Wienand, technical director for the Edgewood Chemical Biological Center, presented a certificate of completion and his personal coin to the 21st Civil Support Team for Weapons of Mass Destruction Mach 22 after concluding the week-long ECBC Chemical, Biological, Radiological and Nuclear (CBRN) Training Course at Aberdeen Proving Ground, Md.

Wienand also thanked the members of the unit for their service to the nation and the critical role they play in its defense.

Lt. Col. Timothy Metcalf, commander of the unit, accepted the training certificate for the 17-member unit.

Metcalf said what he really likes about the course is that ECBC tailored it to the team's specific needs. Some of the soldiers took this course a couple of years ago and for them it was a refresher course; for others in the unit, it was the first intermediate level of CBRN training and it took the training to a higher level of preparedness.

The 21st is part of the New Jersey National Guard and is headquartered out of Joint Base McGuire-Dix-Lakehurst.





WHO: Children of all NJNG AGR and Technicians, contractors & DMAVA employees (between the ages of 8 & 18 years old)

**WHAT:** The 2013 Take Our Daughters and Sons To Work Day

WHEN: Thursday, April 25<sup>th</sup> 0800 – 1600 hours

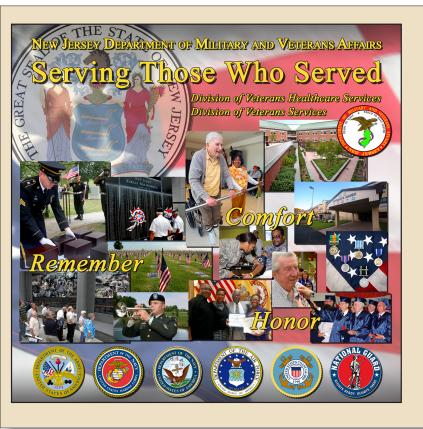
WHERE: Building 3650 Drill Floor

POC for this event is SFC Danielle Corbin-Green @ 609 562 0625









# New Jersey Department of Military & Veterans Affairs Veterans Outreach Campaign

#### LIVINGSTON MALL

April \*9, 10 & 11

\* Medal Ceremony at 11:00a.m. on Tuesday, April 9
 Kiosk hours 10 a.m. – 8 p.m.

 112 Eisenhower Parkway, Livingston, NJ 07039
 (Essex County)

### **CHERRY HILL MALL**

June \*4, 5 & 6

\* Medal Ceremony at 11:00a.m. on Tuesday, June 4 Kiosk hours 10 a.m. – 8p.m. 200 Route 38, Cherry Hill, NJ 08002 (Camden County)



Aeronautical engineering students from Lehigh University stand in front of a 177th Fighter Wing F-16C Fighting Falcon during a base tour on April 3, 2013. (Air National Guard photo by Tech. Sgt. Matt Hecht/Released)

# FORMER ANG UNIT MEMBER, ASTRONAUT VISITS THE 177TH

Story by Tech. Sqt. Matt Hecht, 177th FW/PA

Aeronautical engineering seniors from Lehigh University, Pa., toured the 177th Fighter Wing compound April 3.

Accompanying the students was their professor, Dr. Terry Hart, a former 177th unit member and space shuttle astronaut.

Hart and his students got to check out an F-16C Fighting Falcon static display, and were also given a tour of the engine repair shop and aircrew flight equipment areas.

Hart began his career with the Air Force Reserve, but transitioned to the New Jersey National Guard flying the F-106 in 1973. By 1978 Hart had been accepted into the NASA Astronaut program, and was Ascent and Orbit capsule communicator - the person who communicates directly with the shuttle from Mission Control - for Space Transportation System-1, STS-2, STS-3 and STS-7.

In 1984, Hart flew as a mission specialist on STS-41C Challenger and logged 168 hours in space. That mission was notable for retrieving and repairing the Solar Maximum Satellite, as well as flying with Cinema 360 and IMAX Camera Systems.

Hart retired in 1990 from the Air National Guard as a lieutenant colonel and has been a professor of aeronautical engineering for seven years at Lehigh University, his alma mater.

**DMAVA Highlights** is published weekly by the Public Affairs Office of the New Jersey Department of Military and Veterans Affairs. The views and opinions expressed herein are not necessarily those of the Department of Defense, the Army, the Air Force, the National Guard, Veterans Affairs or the state of New Jersey. Letters may be sent to: NJDMAVA, DMAVA Highlights, Public Affairs Office, PO Box 340, Trenton NJ 08625-0340. e-mail at pao@njdmava.state.nj.us.

### MILITARY APPRECIATION NIGHT

APR 26 7:00pm

#### Children 2-12 ONLY \$12

(Excludes Gold Circle and VIP seats)

#### 3 Ways To Buy Tickets

- At Tobyhanna Army Depot ONE STOP
- At Box Office w/ Valid Military ID (active, reserve forces, retired)
- Online using code "USA6" at

(\$.50 Township Tax Will Be Added. Additional Service Charges May Apply)









MOHEGAN SUN ARENA AT CASET PLAZA

Warm weather is right around the corner so it is time to refresh our memories on some things to get ready to re Be safe while you ride and have a great riding season

**APRIL 25-28** Thu @ 7 PM; Fri @ 7 PM 1 PM & 5 PM; Sun @ 1 PM Seats \$80, \$40, \$25

Before You Ride: Read the owner's manual, as it will give you many specifics that you will find helpful in understanding and maintaining your bike:

- Check the tires these are the most important parts of your bike. Check the surface of the tires for cuts and foreign objects. Check the tire pressure with a good gauge. Avoid gauges at gas stations as often they've been overused and may not be accurate.
- Check the controls cables are strong and rarely break, but check for kinks or stiffness.
- Check your lights, turn signals, horn, and mirrors.

  Check the oil, fuel, and if your bike is liquid-cooled, the
- Make sure that the side stand and center stand fold up and stay up. Check your brakes as you roll off to make sure they work.

On the Road: A good reminder for safe riding in traffic:

- Search around you for potential hazards
- turning cars, etc.

  Execute the proper action to avoid the hazard.

  Make sure other drivers see you by keeping your
  headlamps on (even during the day), wearing bright
  clothes, and always signaling your intentions.

- Motorcycle Awareness

  - aware of your presence or to make them aware of what they are doing (dozing, drifting, deting to close, etc.). Position your blike where it can be seen. Don't put yourse behind a large truck or in a vehicle's billind spot. Make sure you can see others and that they can see you, as much as possible. Keep your eyes moving. If they are locked on one thing, you may not notice a potential hazard Never let your eyes focus on an object for more than two seconds.
  - seconds.

    When you're riding in traffic, at speeds under 40 mph, keep a two-second gap between you and the car in front of you. When you're out on the open road, at higher speeds, the gap should be three to four seconds or more, depending

  - gap should be three to four seconds or more, depending on your speed. Intersections are particularly dangerous. Always check for traffic coming from the side and from behind. Make sure no one is taligating.

    Be smart while passing:

    O You should be two (or more) seconds behind the vehicle you want to pass.

    Always make sure you turn and check your blind spot with your head.

    Some new guidelines while night riding:

    Dusk is actually the most dangerous time to ride, when people's eyes are adjusting from daylight to headlights.
  - - of you becomes even more important as it gets darker.

      Wear a clear face shield without scratches. A scratch can create light refractions that might

confuse you.

Motorcycle courses begin 9 April 2013. Please visit 
https://afkm.wpafb.af.mil/community/views/home.aspx?Filter=2 https://afkm.wpa 5618 to register.

Playground Satety
Despite cold temperatures, children still spend time outside on playgrounds swinging, climbing, and just having
fun. Now that spring is here and temperatures are on the rise, the use of playgrounds will increase as well as the
potential of playground injuries. Each year, more than 200,000 kids are treated in hospital ERS for playgroundrelated nijuries. Many of these incidents could have been prevented with proper supervision. You can
make the playground entertaining and safe for your kids by checking equipment for potential hazards and potential of playglocity of these incidents related injuries. Many of these incidents related injuries, many of these incidents related injuries, many play since the playground state of the playgrou

Playgrounds offer outdoor entertainment for children of all ages. Teaching kids how to play safely is important; if they know the rules of the playground, they're less likely to get hurt.

## New Jersey Department of Military and Veterans Affairs

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