

# NJWELL Health Screening Just Got Easier

## At-Home Test Now Available

You may not be able to visit your doctor to complete the required NJWELL health screening. However, you can now complete your NJWELL health screening using a free home test kit.

You can record your glucose and lipid levels, blood pressure, height, weight and waist measurement using the materials in the kit from the comfort of your home. No contact with your doctor or lab is required.

### Get the Kit

Simply visit **my.Questforhealth.com** to request an At-Home Test Kit.

1. Create an account if you're a first-time user, or, if your information has changed since your last visit. *NJWELL* is the registration key.
2. The kit will be mailed to you with everything you need, including instructions and a postage-paid envelope to safely return it to Quest Diagnostics for processing.
3. If you have already downloaded a Physician Results Form or made an appointment with Quest Patient Service Center, but have not yet completed the NJWELL Health Screening, you must first cancel your Physician Results Form "order" or Patient Service Center appointment before selecting the At-Home Test option.

Questions about At-Home Test Kit? Call Quest at **1-855-623-9355**.