

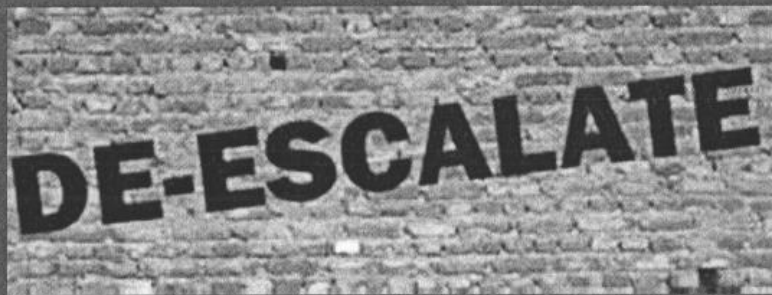
**CLEAR INSTITUTE
PRESENTS**



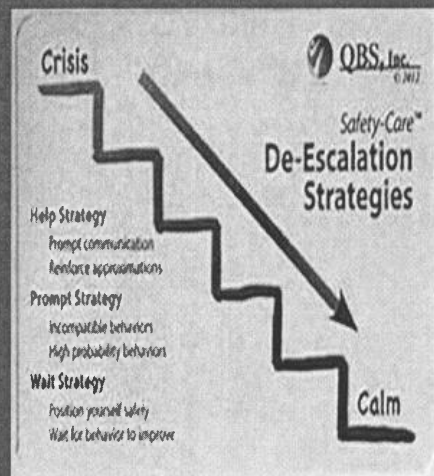
**Cultural Diversity, De-
Escalation, & Bias Crime
Reporting**

Part II

Law Enforcement and De-Escalation



De-Escalation



A Quick Review of The L.E.A.P. S Model

L.E.A.P.S.

- Listen
- Empathize
- Ask
- Paraphrase
- Summarize



3

De-Escalation Concept “Be quick but don’t hurry.”

- Allows you time to look for tactical indicators of potential threats.
 - Bulges
 - Locked elbow or elbow rise
 - Failure to comply with orders...hands to waist band or pockets
- Allows time for backup to arrive.



4

De-Escalation Concept

“Be quick but don’t hurry.”

- Quick
 - Use cover as tactical advantage.
 - Use tactical communication skills to slow down escalation to buy time; gain tactical advantage; get additional resources.
 - Attempt to safely de-escalate but place yourself in position to use force if necessary.
- Hurry
 - We become reckless.
 - Officer creates jeopardy.
 - Through actions, Officer may escalate situation in attempt to gain control.
 - Starts to argue with suspect: General rule, if you are arguing, you have lost control.

5

The Importance of De-Escalation Techniques.

- De-escalation techniques allow officers to recognize the underlying causes of escalation.
- De-escalation allows officers to defuse these causes before a confrontation gets out-of-hand.
- There are numerous benefits to de-escalation training:
 - minimizes danger to the officer and the public;
 - improves relations with the community;
 - decreases the need for arrests
 - improves information flow from citizens.



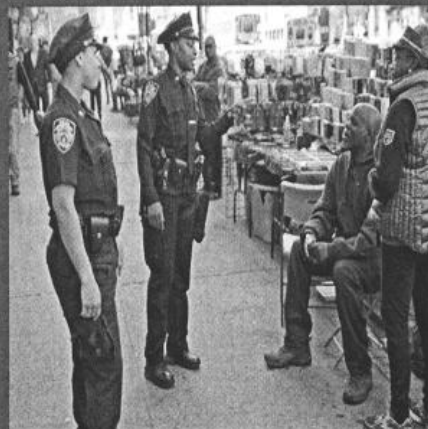
The Importance of De-Escalation Techniques.

- Every encounter with citizens is different.
- In some cases, de-escalating a situation involves separating fighting parties, while in others all that is required is a calm conversation.
- Others require physical intervention.
- By learning general approaches and techniques to avoid escalation and de-escalate any arising tense encounters, outcomes may be improved drastically.
- **A calm, reasonable approach to communication is the key to de-escalation.**



The Importance of De-Escalation Techniques

- Having a foundational approach is not enough.
- We will talk about some potential methods to de-escalate confrontational encounters.



The Importance of De- Escalation Techniques

- **OUR MISSION**
- Our primary mission is to prepare you for encounters with civilians by discussing and demonstrating approaches and techniques to de-escalation in law enforcement.
- De-escalation requires a calm demeanor and understanding of the situation and your surroundings.

Personal Development

Self-Assessment.

Take Care of Yourself

- Regular exercise and healthy diet. Avoid excessive alcohol consumption.
- Maintain proper work-life balance. Activate social supports regularly. Don't isolate!

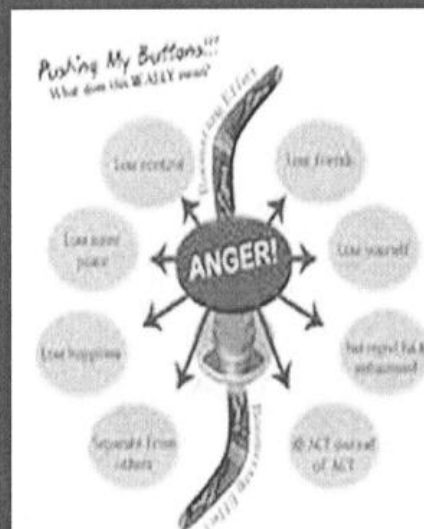
Am I prepared to deal with public today?

- Sick and personal time is available for those periods of time when you need it.
- Make sure you are ready to put your life on hold and be fully present for those you serve.

Self-Assessment.

What are my own "button" or issues?

- Issues in your own personal life can cloud your objectivity and/or increase the possibility of being emotionally reactive when those issues are present in the citizens you serve.



Weaknesses.

Are you easily angered?

- Emotion is a major factor for escalation.
- Controlling one's anger or impatience is key to de-escalating any confrontation.



Reactive v. Responsible

- Reacting impulsively leads to poor decision-making and is a limiting factor for de-escalation.

impulsive (adj.)

motivated by emotion rather than thought; spontaneous actions based on desires, whims or inclinations

Weaknesses.

Over-Reliance on Physical Solutions

- Physical intervention is sometimes required for de-escalation, but should not be relied on primarily. First, try calmly talking with all parties during a possible confrontation.

