## A Nursing Home May Not Be The Only Option

"I have the whole apartment to myself. Family and friends can visit me in my home. I am so happy to be independent!"

- Betsy, Middlesex County, moved home October 2009

If you, or someone you love, are living in a nursing home because you think it's the only option, the I Choose Home NJ program may be able to help!



## What Is I Choose Home - NJ (ICH-NJ)?

I Choose Home – NJ (also known as Money Follows the Person) is a Federal program with two main goals:

- to move people from nursing homes and developmental centers to the community with proper supports and services.
- to invest Medicaid dollars saved back into home- and community-based services.

## Services May Include:

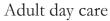


Home health aides

Transportation



Meal delivery





Home modifications

Emergency response system



A team including the individual, family members, social workers, discharge planners and others, meets to decide what services are necessary.

The team develops an individualized plan of care, including important case management services.

## Who Is Eligible?

NJ residents may be eligible if they:

- Have lived 90+ days in a nursing home or developmental center;
- Are interested in moving back to the community; and
- Are eligible for Medicaid at least one (1) day prior to leaving the facility.

Contact Us: 1-855- HOME-005 (4663)

www.IChooseHome.NJ.gov

