

## **Resident Experience Program**

The Resident Experience Program fosters person-centered care and the dignity and well-being of people living in long-term care facilities. Staff members known as Resident Experience Investigators (REIs) strive to protect residents' rights and ensure that they enjoy opportunities to engage in structured, meaningful leisure time and can access services — hair and nail care, for example that boost their self-image.

REIs make unannounced visits to long-term care facilities — such as nursing homes, state-run veterans' homes, state psychiatric hospitals, residential health care facilities, and assisted living residences — to interact directly with residents. With consent, REIs advocate on residents' behalf and work with facility staff and administration to resolve issues.



New Jersey Office of the Long-Term Care Ombudsman P.O. Box 852 Trenton, NJ 08625-0852

(877) 582-6995 In an emergency, please call 911 The LTCO is not a first responder.

> Fax (609) 943-3479

Email ombudsman@ltco.nj.gov

> Website www.nj.gov/ltco



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Long-Term Care Ombudsman Resident Experience Program

**New Jersey** 

Engaging Residents Where They Live



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# What We Do

The Resident Experience Program is an evolution of the Social Isolation Project, which was launched during the COVID-19 emergency to address depression, loneliness, anxiety, and cognitive issues many residents experienced after being cut off from family, friends, advocates, and regular activities.

Resident Experience Investigators (REIs) visit long-term care facilities quarterly — or more frequently, if warranted, based on complaints or resident input. REIs:

- Communicate directly with residents about ongoing quality-of-life and care issues and, with residents' consent, address them with the facility staff.
- Ensure that residents themselves and staff understand the rights of residents in longterm care.
- Assist staff from the state Department of Health and other entities involved in the Mission Critical Teams sent to help nursing homes that are struggling to meet quality standards.
- Monitor compliance with the LGBTQ and HIV-positive Bill of Rights.





How We Do It—A Typical Visit While inside long-term care facilities, the REI will...

#### **Make Sensory Observations**

- Are there strong or offensive odors?
- Is it noisy inside the building?
  - Music or other broadcasts through overhead speakers?
  - > Loud voices in common areas?
- Do the common areas and bedrooms receive plenty of natural light?
- Are there plants and other homelike touches in the common areas?

#### **Evaluate Patient-Staff Interaction**

- Are residents always treated with dignity and respect?
- Do staff members respond promptly to call bells?
- Do staff members knock before entering a resident's room?
- Are staff members appropriately attentive to residents who need assistance during meals?
- Are employee nametags worn so they are visible to visitors and residents, especially those who are visually impaired?

#### **Reinforce Residents' Rights**

- Are residents free to receive visitors despite ongoing health outbreaks?
- Does the facility have a resident council that is empowered to operate free of facility interference?
- Do residents have access to group and individual outings and activities?
- Are posters on display informing residents how to report concerns to the Long-Term Care Ombudsman?

### **Observe Residents' Living Conditions**

- Are the bedrooms in good condition?
  - Large enough to accommodate the resident's mobility needs?
  - > Seating for visitors?
  - Private closets?
- Can residents go outside when they want, whatever the weather, or enjoy time in indoor areas with ample natural light?
- Do residents have the capability to speak on the phone privately?
- Are residents groomed in a way that is to their individual liking?