

NJ American Indian Commission Newsletter

www.nj.gov/state/njcaia.shtml



September 2024



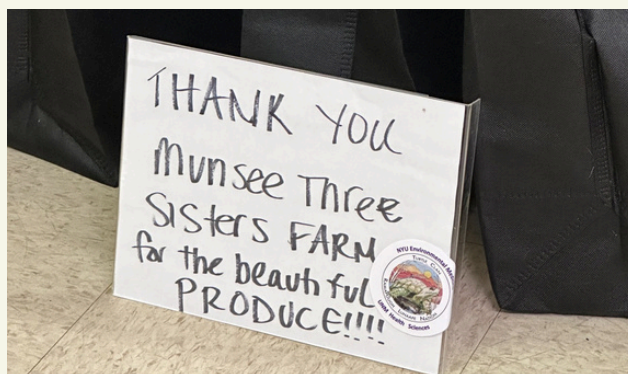
Ramapough Munsee Three Sisters Farm

The Munsee Three Sisters Farm distributed various produce to members of the Ramapough tribe. Thank you to all who came out to show their support and stock up on some fresh ingredients for their next tasty home cooked meal!

Top News

New Discussion Group: Introducing Our SUD Talks with Prevention Specialist Shannan Henry!

This group will have its next meeting on Wednesday, September 25th. Visit the commission website for more info!



Produce Appreciation

Commission News

September 2024

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COOKING CLASSES
YOU ARE INVITED TO OUR RAMAPOUGH-NYU
HEALTH ALLIANCE FREE, FUN-FILLED COOKING
CLASSES WITH CHEF SANDY MURZIN

**WELLNESS SHARING
CIRCLE ON
WEDNESDAYS**

9/18
9/25
10/16
10/23
10/30

6:30PM-
8:00PM

**CHURCH OF THE GOOD
SHEPHERD**

80 MARGARET KING AVE,
RINGWOOD, NJ 07456

FOR QUESTIONS CONTACT JILL AQUINO VIA EMAIL

What's Cooking?

The Ramapough – NYU Health Alliance are hosting nutritional cooking classes during their Wellness Sharing Circles this fall.

Ramapough members and their friends have fun with chef sandy cooking healthy and nutritious foods. Everyone had extra to bring home with their recipes. The event was hosted by Church of the Good Shephard in Ringwood, NJ.

Info Contact:

Jill.Aquino@nyulangone.org

Our Current Projects

Intertribal Youth Conference

- The commission is organizing an Intertribal Youth Conference on Saturday, November 23rd.

SUD Narcan Training

- The Rutgers Medical School offers 6 virtual trainings per month and will ship you a free Narcan kit upon completion of your training. Registration details can be found online!

**Substance
Use
Disorder
Talks**
w/ SHANNAN HENRY



**Guest Speaker
Juan Rodriguez**



SUD Talks - September 25th

Juan Rodriguez is a Certified Alcohol and Drug Counselor and a living testament to resilience and redemption. The commission is happy to welcome Juan as our next guest speaker on SUD Talks. Juan offers tailored substance abuse counseling and shares his powerful story as an engaging public speaker, motivating individuals to embrace change and break free from addiction, even in the face of incarceration.



Upcoming Community Events

9/26 - 10:00am: The New Jersey Commission on American Indian Affairs will hold a public meeting on Thursday, September 26, 2024, at 10:00 A.M. Meeting Topics to include: Commission newsletter; updates on COVID and Substance Use Disorder; planning a youth conference; and tribal updates. Meeting information can be found on our website.

9/28 - 10:00am to 5:00pm: The Synod-Wide Indigenous Mission Day will be focused on building repairs, relationship building, and a cultural experience with the Indigenous Churches within our Synod. For additional information or questions, please contact the Synod Administrative Coordinator, Rev. Dr. Nichol Burris via email: nichol.burris@synodne.org or via telephone (315) 460-5282. **(116 6th ST Hillburn, NY 10931)**

10/6 - 11:00am to 3:00pm: First Lady Tammy Murphy invites you to attend the Vineland Family Festival! Join us for free food, music, giveaways, support services and more! For more info go to bit.ly/vinelandfamilyfestival.

10/12 - 10:00am to 12:00pm: The Ramapough Lenape Community is holding a FLU, HI DOSE FLU, and MODERNA COVID BOOSTER clinic at **189 Stag Hill Rd. Mahwah, NJ 07430.**

Future exhibits-

Claudis Ocello, President of Museum Partners, is working with NJ State Archives on an exhibit to be housed at the NJ State Museum in 2026 around the 250th anniversary of the American Revolution and would like to include voices from NJ Tribal communities.

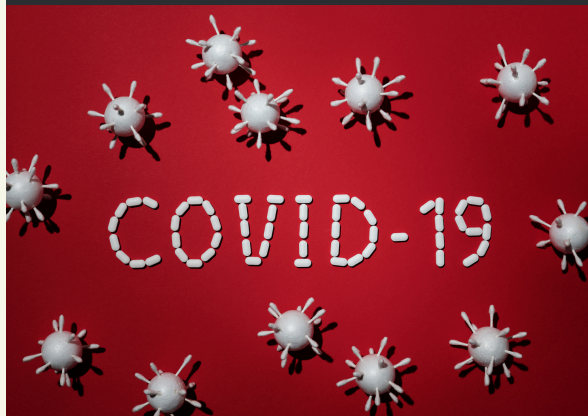
Health News

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Coalition Connection

Calling all Salem and Cumberland county residents! The Southwest Council is holding its next quarterly tri-county coalition meeting on Friday, October 11th, at 12:00pm. Join for an informational session on the Drug Monitoring Initiative by NJ State Police. Lunch will also be served! To register use this QR Code:



Events On COVID-19

- The Nanticoke Coordinator is planning a health fair for fall gathering on 10/19 with various health vendors COVID and SUD Education.
- According to the Ramapough Tribal Coordinator, there will be Flu Vaccination Clinic on the 10/12/24



COVID-19 Tribal Coordinators

The Commission on American Indian Affairs has a number of resources related to COVID-19. This also includes our wonderful Tribal coordinators! If you ever have any COVID related concerns, here is who to contact:

Emmanuel Ogedegbe

- emmanuel.ogedegbe@sos.nj.gov

Tony Powell

- ramapoughcovidcoord@yahoo.com

Sherry Caputo

- nllcovidcoord@yahoo.com



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Recommended Read!

With this issue of our newsletter we continue our segment on recommended reads! This month's recommendation comes to us from Edith Pierce:

"The Absolutely True Diary of a Part-Time Indian was written by Native American author Sherman Alexie. This read is recommended for adults and young adults. This autobiographic narrative tells the conflict and journey of a 14 year old named JR, who transfers to an all white and rich highschool, 20 miles away from his troubled Tribal community, to better his life. JR navigates the conflict of self-identity and fitting in his tribal community."



Our Contact

Lewis Fragoso

- lewis.fragoso@sos.nj.gov

Shannan Henry

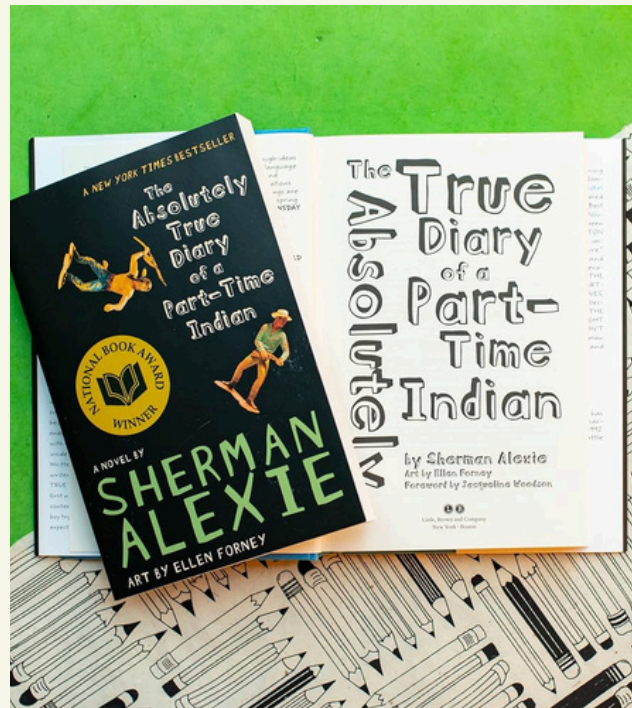
- shannan.henry@sos.nj.gov

Patricia Osterhoudt

- patricia.osterhoudt@sos.nj.gov

Emmanuel Ogedegbe

- emmanuel.ogedegbe@sos.nj.gov



Month of Awareness

SEPTEMBER IS
NATIONAL SUICIDE
PREVENTION MONTH

IT'S A TIME TO RAISE
AWARENESS ABOUT
SUICIDE PREVENTION
AND SHARE
MESSAGES OF HOPE

HOW YOU CAN HELP IF SOMEONE
IS AT RISK?

#1 Call or text 988 or chat 988lifeline.org

#2 Learn how to get support for mental
health, drug, and alcohol issues, visit
FindSupport.gov

#3 To locate treatment facilities or
providers, visit FindTreatment.gov or call
SAMHSA's National Helpline at 800-662-
[HELP \(4357\)](https://HELP4357)

#4 Educate yourself and others about
suicide prevention

IF YOU THINK YOU
KNOW SOMEONE WHO
IS SUICIDAL, REACH OUT FOR HELP.
IF YOU OR SOMEONE YOU KNOW
IS STRUGGLING OR IN CRISIS, HELP
IS AVAILABLE!

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