

Legend

- On-road & Off-road Routes**
- State Bicycle Tour Route
 - High Point to Cape May and East Coast Greenway Routes
 - Bike lanes
 - Multi-use bike trails (major trails)
 - Multi-use trails can either be paved or crushed stone.
- On-road Bicycle Suitability**
- Most Suitable
 - Moderately Suitable
 - Least Suitable
- Road Types**
- Roads in New Jersey shown in white are unrated.
- Arterial
 - Collector
 - Local
 - Commuter Rail
 - Road closed
 - Emergency
 - Interchange
 - Limit Access
 - No Bikes, Unrated Road
 - None
- Bicycle Route Symbols**
- Bicycle route trail designation
 - Bicycle route trail start point
 - Downward indicating short steep incline
 - Downward indicating long gradual incline
- Other Features**
- Point of Interest
 - College or University
 - Public Camping
 - No Bikes
 - Major Airport
 - Light house
 - Major Bus Terminal
 - Ferry Terminal
 - Interstate
 - State Parkway
 - US
 - State
 - County
- COUNTY Municipality Place

Using The Map

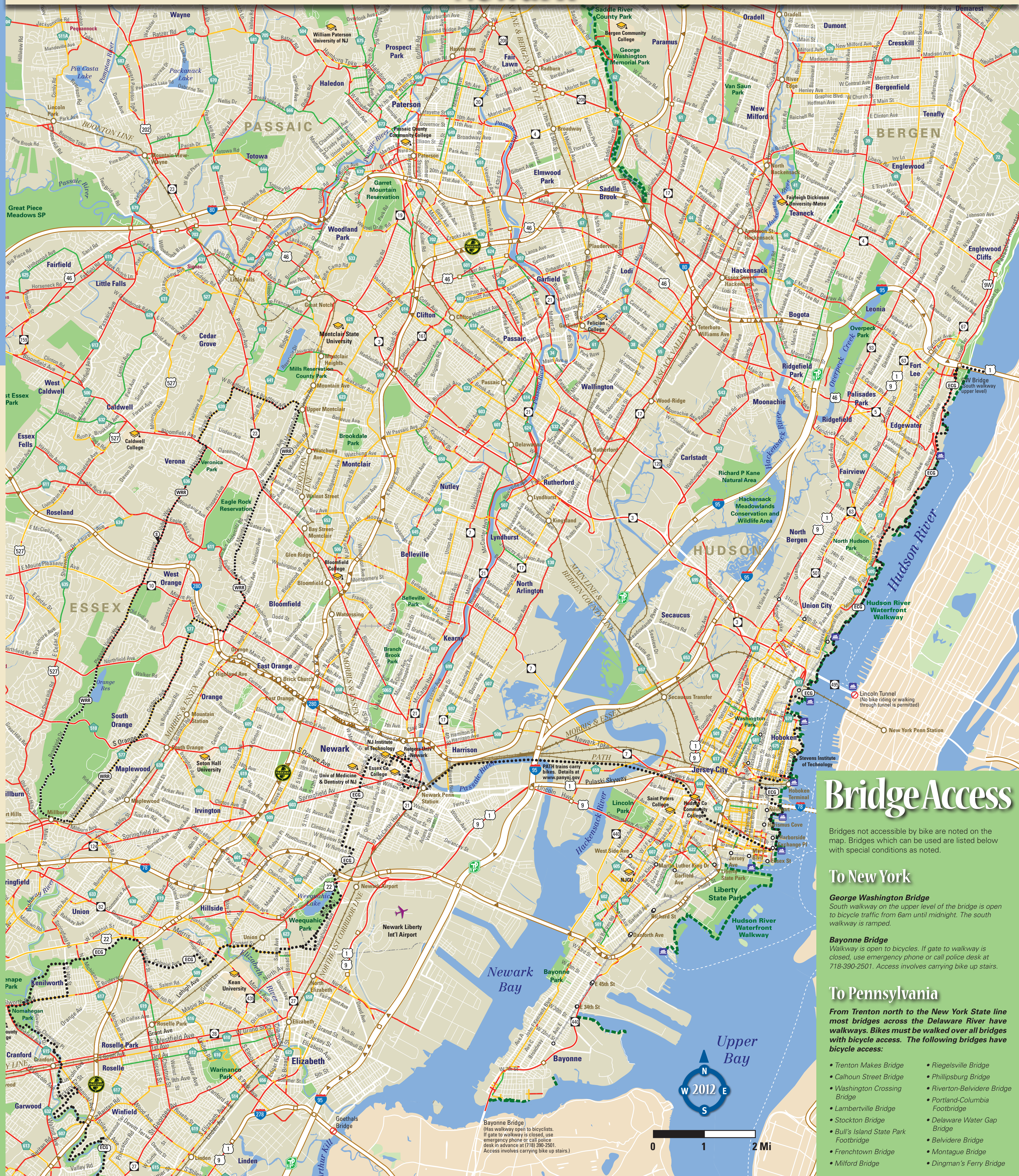
This Map and Resource Guide provides a wealth of information for bicyclists. This includes information on the suitability of many of the state's roadways (mostly "through" roads) for bicycling. The ratings are based on traffic volumes, traffic speeds, outside travel lane width, the availability of a paved shoulder, presence of parking and land use. Local access/residential streets have not been rated. However, with their low traffic volumes and speeds, they are generally suitable for bicycling. Also, roadways for which adequate data was not available were not rated.

The suitability measures are geared to an average or typical adult bicyclist. They are intended to provide guidance on the level of comfort or challenge a bicyclist might experience on a given roadway. The suitability ratings pertain to the roadway links and not the intersections. The ratings should not be considered a measure of safety. Ultimately, the level of comfort or challenge, or even the safety associated with riding on a given section of roadway is in large part dependent on the competence, confidence and judgment of the bicyclist. The suitability of a roadway for bicycling can also be related to the purpose of the trip (touring, commuting, etc.).

The user should keep in mind that road conditions continually change: pavements deteriorate, roads are resurfaced and reconstructed, increased development may lead to increased traffic. The suitability ratings provided on this map were effective at the time of the publication of the map. The State of New Jersey has published this map to aid the cyclist and takes no responsibility for user's safety or fitness of the suggested routes. Ride carefully.

Email comments to: BIKEPED@dot.state.nj.gov

Newark



New Jersey Bicycle Map & Resource Guide

Online Bicycle Resources

The usefulness of the *New Jersey Bicycle Map & Resource Guide* is enhanced when used in conjunction with other maps and publications. Please visit the following web sites for current bicycling information. These resources are continually updated and contribute to the fullest use of this map.

NJDOT's Bicycling webpage
www.njdot.nj.gov/commuter/bike
 provides the most current information on trails, contact information for local bicycling clubs and organizations, laws and regulations.

NJDOT's Construction Updates webpage
www.njdot.nj.gov/commuter/roads
 includes a current listing of roadway construction activities and road closures on New Jersey State highways. Construction notices and traffic advisories can be found on www.511nj.org

State of New Jersey, Division of Travel and Tourism
www.visitnj.org
 offers a listing of camping sites, attractions, and events.

The New Jersey Bicycle and Pedestrian Resource Center
www.njbikeped.org
 assists public officials, transportation and health professionals, and the public in creating a safer and more accessible walking and bicycling environment through primary research, education and dissemination of information about best practices in policy and design.

New Jersey Bicycle Manual
www.njdot.nj.gov/commuter/bike/pdf/bicycling-manual.pdf
 Riding a bicycle requires you to be responsible for your actions, for your safety and for the safety of others. The purpose of this manual is to provide information required by bicyclists to ride on roadways with other traffic. Topics covered include Quick Maintenance Checks, Traffic Basics, Sharing the Road, Parking your Bike, Riding at Night & in Rain and Snow, Riding with Others, and Traffic Signals, Signs and Road Markings.

Suggested Bicycle Tours



NJDOT publishes several long distance bicycle tour guides, including the **East Coast Greenway Multi-use Trail Guide** and the **238-mile High Point to Cape May Bike Route**. In addition, NJDOT has developed a series of tour guides for bicyclists that capitalize on the geographic diversity of the State. Downloadable directions for all 18 tour guides for bicyclists are available on NJDOT's Bicycling webpage.

- ECG East Coast Greenway Multi-use Trail Guide
- HP-CM High Point to Cape May Bike Route
- AA Allamuchy Allegory Ride, Warren and Sussex Counties
- BM Battle of Monmouth Ride, Monmouth County
- BCB Burlington County Bikeways, Burlington County
- CC Campgaw Caper, Bergen County
- D&R D&R Canal Towpath Ride, Mercer County
- GS Great Swamp Ride, Morris and Somerset Counties
- GL Greenwood Lake Ride, Passaic County
- LCB Last Covered Bridge Ride, Mercer and Hunterdon Counties
- NS North Shore and More, Monmouth County
- OM Old Mine Road Ride, Warren and Sussex Counties
- RV Round Valley Roundabout, Hunterdon County
- 3ES Three Easy Scenic Rides, Somerset and Burlington Counties
- WRR Washington Rock and Roll Tour, Essex County

Bikes on Transit

Combining a bicycle trip with public transportation offers timesaving mobility options. It's particularly good for long commutes, hilly areas, and bad weather. Folding bicycles provide flexibility for traveling during peak commute hours.

NJ TRANSIT www.njtransit.com
 Trains: Space is available for two bikes per car during off-peak hours and weekends. Folding bikes are welcome at all times.

Buses: Bicycles are permitted at all times on buses with bike racks on the front or with underfloor luggage compartments on a first-come, first-served basis. NJ TRANSIT is phasing in bike racks on all local NJ TRANSIT buses.

Hudson Bergen Light Rail and Newark City Subway: Bicycles can be carried on-board during weekday off-peak hours only and all day on Saturday, Sunday, and state holidays.

Port Authority www.panynj.gov
 PATH: Bicycles can be carried on-board during weekday off-peak hours. Folding bicycles are permitted on PATH at all times. There is a limit of two bicycles per railcar.

Port Authority Buses: Bikes are not permitted in luggage bays during peak hours.

New York Waterway Ferry Company
www.nywaterway.com
 There is a \$1.00-\$1.25 surcharge to riders who bring their bikes on ferries between New Jersey and New York.

Bicycle Laws

Bicycling in New Jersey is regulated under Title 39 of the Motor Vehicles and Traffic Regulation laws. Every person riding a bicycle on a roadway is granted all the rights and subject to all of the duties of the motor vehicle driver. A parent may be held responsible for the child's violation of any traffic law.

Ride as near to the right roadside as practicable exercising due care when passing a standing vehicle or one proceeding in the same direction.

Ride in the same direction as vehicular traffic.
 Anyone under 17 years of age that rides a bicycle or is a passenger on a bicycle, or is towed as a passenger by a bicycle must wear a safety helmet.

When in use at nighttime every bicycle shall be equipped with a front headlamp emitting a white light and a rear lamp emitting a red light visible from a distance of at least 500 feet.

A bicycle must be equipped with a bell or other audible device that can be heard at least 100 feet away, but not a siren or whistle.

A bicycle must be equipped with a brake that can make wheels skid while stopping on dry, level, clean pavement.

A bicyclist may move left under any of the following conditions: 1) To make a left turn from a left turn lane or pocket; 2) To avoid debris, drains, or other hazardous conditions on the road; 3) To pass a slower moving vehicle; 4) To occupy any available lane when traveling at the same speed as other traffic; 5) To travel no more than two abreast when traffic is not impeded, but otherwise ride in single file.

Bridge Access

Bridges not accessible by bike are noted on the map. Bridges which can be used are listed below with special conditions as noted.

To New York

- George Washington Bridge**
 South walkway on the upper level of the bridge is open to bicycle traffic from 6am until midnight. The south walkway is ramped.
- Bayonne Bridge**
 Walkway is open to bicycles. If gate to walkway is closed, use emergency phone or call police desk at 718-390-2501. Access involves carrying bike up stairs.

To Pennsylvania

- From Trenton north to the New York State line most bridges across the Delaware River have walkways. Bikes must be walked over all bridges with bicycle access. The following bridges have bicycle access:
- Trenton Makes Bridge
 - Calhoun Street Bridge
 - Washington Crossing Bridge
 - Lambertville Bridge
 - Stockton Bridge
 - Bull's Island State Park Footbridge
 - Frenchtown Bridge
 - Milford Bridge
 - Riegelsville Bridge
 - Phillipsburg Bridge
 - Riverton-Belvidere Bridge
 - Portland-Columbia Footbridge
 - Delaware Water Gap Bridge
 - Belvidere Bridge
 - Montague Bridge
 - Dingman's Ferry Bridge

Welcome

New Jersey is proud to promote bicycling for both day-to-day transportation and for recreation. **The New Jersey Bicycle Map and Resource Guide** provides bicyclists with the information needed to help make bicycling a convenient and enjoyable travel option. The map includes state bicycle touring routes, elevation, on-road bicycle facilities and a measure of bicycle suitability as well as cultural, historic, recreational and other points of interest.

This map represents the State's commitment to encourage safe bicycling opportunities throughout the state. It reinforces the New Jersey Department of Transportation's support for bicycling and the Complete Streets philosophy, and its goal to make New Jersey a sustainable, livable, walkable and bikeable community.

I hope this map will inspire two-wheeled exploration of our beautiful and diverse state.

James S. Simpson
 Commissioner -
 New Jersey Department of Transportation

More information on bicycling for both commuting and recreation can be found at:
www.njdot.nj.gov/commuter/bike